Conejo Valley Unitarian Universalist Fellowship April 26, 2015



and Note

What's Happening This Week?

Sunday, April 26

8am Chalice Players Rehearsal 9:15 & 11am Worship Service 10:25am Children's Choir Reh 12:20pm LCC Meeting 12:15pm Dharma Workshop 5pm Newcomer AA meeting

Monday, April 27

7pm Escalating Inequality 7pm Women's Evening Group

Tuesday, April 28

9:45am Gardenia Group 7pm Chalice Circle 4Tu

Wednesday April 29

6pm OverEaters Anon 7pm New UU Class 7:30pm Meditation Group

Thursday, April 30

7pm Sapphire Covenant Group

7:30pm Choir Rehearsal

Friday, May 1

Saturday, May 2 9:30am Citizen's Climate Lobby

Sunday, May 3

9:15 & 11am Worship Service 10am General Fun Pancake Breakfast

10:25am Children's Choir Reh. 10:30am Writing to Prisoners / Solitary

12:15 Membership Committee 2pm Gaming Afternoon 5pm Newcomer AA meeting

Chalice Players Presents:

"Perspectives on Mental Health: A Comedy of Fears" Sunday April 26th Written and Directed by LeAnn Walters, Ph.D., the new UU member hopes her montage of scenes and music will entertain as well as educate the congregation about mental illness confronting people in all walks of life. A free certification program, Mental Health First Aid, will be offered at the Fellowship in early May.



Minister's Office Schedule

Rev. Anne will be available for appointments this week on Wednesday, April 29th, from 4:00-7:00 p.m. Please e-mail her: minister@cvuuf.org or call the office to make an appointment.



Read the book and join us for a lively discussion the 2nd Monday B of the month at 7:30pm @ Youth Lounge. For more info contact

805 492 4401 or Arlene Candy Gantka Bloom 805 300 -9173

May -Case Histories by Kate Atkinson June- Dead Wake by Eric Larson July- All the Light We Cannot See by Tony Doerr

Conejo Valley **Unitarian Universalist Fellowship**

3331 Old Conejo Road, Newbury Park 805-492-8751 cvuuf.org on the web www.facebook.com/CVUUF Sunday Services: 9:15 and 11:00, Fellowship in-between. Children's Religious Ed. during the 9:15 service Childcare is provided during the 11:00 am service. Visitors are always welcome! Office Hours: Wed, Fri 9:00-1:00



Thinking About Becoming a

Member?

Whether you've been attending Conejo Valley

Unitarian Universalist Fellowship for a few weeks or a few years, if you're ready to deepen your experience by becoming a member, we're ready to welcome you. We welcome people of all beliefs, ethnic backgrounds, sexual orientations, and physical abilities.

We encourage you to attend our New UU Class Wednesday April 29, 7-9:30pm. In a small group setting you will spend time with our minister covering the historical roots of our denomination, our beliefs and principles, and personal spiritual journeys. Contact Annie Barker 805.415.4918 or Annie@barker.nu

Calling all **Artists!**



Do you have some art to show, share and display? We have space; we've enjoyed the art of Michael Pittas and Betty Simons and are looking for more. Contact Annie Barker at anniezbarker@gmail.com, or pick up an agreement from Jessica in the office. Space is available beginning April 12th.

If you'd like to have your announcement included in News and Notes, send info to: NewsandNotes@cvuuf.org The deadline is Tuesday evening. News and Notes is now available on-line.

Upcoming Events

Manna Needs:

Pancake Mix Boxed Potatoes
Toothpaste Deodorant Small Drinks
Mac & Cheese

Mac & Cheese
Crackers and Cookies
Pasta Sauce
Canned Stew
Canned Chili
Your help is greatly
appreciated!



Hospitality Team

Lynne Herron, Aggie Henry, Mary Partenfelder, Riley & Valerie Neel

Sound & Lighting TeamPaul Chavez & Rick Barton

Ushers

Jo Ann Van Reenan, Dalila Sarkaran, Thelma Williams, Christina Houlberg

Mark your calendar & Join us:

June 7, 2015 (schedule below)

"With deep gratitude we will say farewell to our beloved DRE, Justine Fischer, as she ventures on to a full-time volunteer position as the President of the California PTA. Please join us in celebration of Justine's 14 years as our Director of Religious Education."

Looking for a way to get involved?

Neighborhood Networks needs a coordinator, someone to convene



quarterly meetings of the 6 neighborhood leaders, coordinate Dot-Neighborhood Sundays, and correspond between meetings as needs arise in our beloved community. Contact Annie Barker at anniezbarker@gmail.com to get more information. Thanks!

Ventura County Behavioral Health is providing free Mental Health First Aid certification training at the CVUUF.

- Learn risk factors and warning signs for mental health problems
- Learn a 5-step action plan to assess a crisis situation
- Learn the realities and prevalence of various mental health disorders in the U.S.
- Learn how to access appropriate professional, peer, social, and self-help resources for someone with a mental health problem.

The training will be in the Sanctuary on May 4, 6 and May 11 from 7 to 9:30 p.m. Please reserve your spot by e-mailing LeAnn Walters at mhfacvuuf@gmail.com

NOTE: You must attend all three sessions to become certified. The training is brought to us via VCBH through proposition 63 funding. It is free to us as a church based organization as long as we have a minimum of 15 registered attendees. The instructors are certified to train on Mental Health First Aid and those who pass the certification training will be certified in MHFA

Caring Community



Our grateful, caring thoughts are with these:

The Hess family reports that Lorella's father, Chuck Thomas is home after a 4 week hospital stay; The Olsens mourn the loss of Chris' cousin; Gratitude for the many talents in our fellowship.

If you are in need of pastoral care, a listening ear, a ride to church or care while you're ill our pastoral care team and neighborhood networks are here to help. Call the office for more information. E-mail: pastoralcare@cvuuf.org or Neighborhood@cvuuf.org to reach your neighborhood leaders.

General Fun! Pancake Breakfast Fundraiser.



Between Services May 3, 2015.

Staff Office Hours

Rev. Anne Felton Hines

Consulting Minister minister@cvuuf.org

Justine Fischer

Director of Religious Education 805-492-8751 Dre@cvuuf.org by appointment

Jessica Lesko

Office Administrator 805-492-8751 admin@cvuuf.org 2nd & 4th Sun 10-2, Wed & Fri 9-1

Gregory Whitmore

Music Director 805-492-8751 choirdirector@cvuuf.org by appointment

June 7th Special Service:

9:15am Worship Service— Bridging Ceremony for all youth. 10:15am— Special Presentation to Justine from the Congregation 10:45am Celebration in Fellowship Hall (only one worship service at 9:15am)



Unitarian Universalist Justice Arizona (UUJAZ) is seeking a Justice Coordinator to join our staff team! UUJAZ focuses its

relationship-based justice work on nurturing congregational justice ministries, connecting congregations and activists across the state, and building bridges at the state legislature that allow our progressive values to be heard and have impact over the long haul. If you feel passionate about a variety of justice issues, if you have technological skills, if you enjoy working collaboratively, we encourage you to contact us! Visit our website www.uujaz.org to see the job description and to discover how to apply.

Want More? Visit cyuuf.org and click on the link for monthly newsletter.



NEWS AND NOTES