Conejo Valley Unitarian Universalist Fellowship May 3, 2015



What's Happening This Week?

Sunday, May 3

9:15 & 11am Worship Service 10am General Fun Pancake Breakfast

10:25am Children's Choir Reh. 10:30am Writing to Prisoners /

12:15 Membership Committee 2pm Gaming Afternoon 5pm Newcomer AA meeting

Monday, May 4

6:30pm Finance Committee 7pm Mental Health First Aid Training

7:15pm Opal Covenant Group

Tuesday, May 5

6pm Free Meal Commitment

Wednesday May 6

6pm OverEaters Anon 7pm Mental Health First Aid Training 7:30pm Meditation Group

Thursday, May 7

9:45am Jonquil Women's 7pm Special Board Meeting 7:30pm Choir Rehearsal

Friday, May 8

Saturday, May 9

1pm Church Financials Workshop 2:30pm Emerald Covenant Grp 7pm Movie Group

Sunday, May 10

9:15 & 11am Worship Service 10:25am Children's Choir Reh 12:15pm neighborhood Leaders Meeting 5pm Movie Group 3 5pm Newcomer AA meeting

Minister's Office Schedule

Rev. Anne will be available for appointments this week on Thursday, May 7th, from 3:00-7:00 p.m. Please e-mail her: minister@cvuuf.org or call the office to make an appointment.



Read the book and join us for a lively discussion the 2nd Monday of the month at 7:30pm @ Youth Lounge. For more info contact 805 492 4401 Candy Gantka

or Arlene Bloom 805 300 -9173 May -Case Histories by Kate Atkinson June- Dead Wake by Eric Larson July- All the Light We Cannot See by Tony Doerr

General Fun!



Pancake

Breakfast

Fundraiser.

Today, Between Services!

The Board of Trustees and Finance Committee invite all members to a Church Financials Workshop

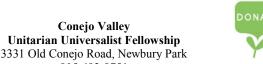
on Saturday, May 9, starting at 1:00pm in our Sanctuary. Topics will include a review of the most recent financial reports for the current fiscal year, and the draft budget currently under development for the new fiscal year that begins on July 1, 2015. The workshop is intended for any member with any level of proficiency or experience with financial reports. Questions and suggestions will be welcomed!

Calling all Artists!

Do you have some art to show, share and display? We have space; we've enjoyed the art of Michael Pittas and Betty Simons and are looking for more. Contact Annie Barker at



anniezbarker@gmail.com, or pick up an agreement from Jessica in the office. Space is available beginning April 12th.



805-492-8751 cvuuf.org on the web www.facebook.com/CVUUF Sunday Services: 9:15 and 11:00, Fellowship in-between. Children's Religious Ed. during the 9:15 service Childcare is provided during the 11:00 am service. Visitors are always welcome! Office Hours: Wed, Fri 9:00-1:00



Special Collection Today: "UUSC/UUA Nepal Earthquake Relief Fund"

If you'd like to have your announcement included in News and Notes, send info to: NewsandNotes@cvuuf.org The deadline is Tuesday evening. News and Notes is now available on-line.

Upcoming Events

Manna Needs:

Boxed Potatoes Pancake Mix Toothpaste Deodorant Small Drinks Mac & Cheese Crackers and Cookies Pasta Sauce Canned Stew Canned Chili Your help is greatly

appreciated!



Hospitality Team

Lynne Herron, Mary Martin, Phoebe Rivera, Jenny Schipae

Sound & Lighting Team Jake Holland

Ushers

Jo Ann Van Reenan, Claudia Bourgois, Pat Meredith. Bea Ornstein

Mark your calendar & Join us:

June 7, 2015 (schedule below)

"With deep gratitude we will say farewell to our beloved DRE, Justine Fischer, as she ventures on to a full-time volunteer position as the President of the California PTA. Please join us in celebration of Justine's 14 years as our Director of Religious Education.'

Looking for a way to get involved?



Neighborhood Networks needs a coordinator, someone to convene quarterly meetings of the 6 neighborhood leaders, coordinate Dot-Neighborhood Sundays, and correspond between meetings as needs arise in our beloved community.

Contact Annie Barker at anniezbarker@gmail.com to get more information. Thanks!

Once a month Usher Needed:

If you would like to volunteer once a month for the first service each fourth Sunday of the month, please contact Jo Ann Van Reenan,

vaneenanj@gmail.com or 805-382-9794. Duties include arriving at 8:45, greeting attendees and passing out Orders of service, collecting money and handing out News and Notes at the end of the service. Any questions, ask Jo Ann and thank you.



Ventura County Behavioral Health is providing free Mental Health First Aid certification training at the CVUUF.

- Learn risk factors and warning signs for mental health problems • Learn a 5step action plan to assess a crisis situation
- Learn the realities and prevalence of various mental health disorders in the U.S.
- Learn how to access appropriate professional, peer, social, and self-help resources for someone with a mental health problem. The training will be in the Sanctuary on May 4, 6 and May 11 from 7 to 9:30 p.m. Please reserve your spot by e-mailing LeAnn Walters at mhfacvuuf@gmail.com

NOTE: You must attend all three sessions to become certified. The training is brought to us via VCBH through proposition 63 funding. It is free to us as a church based organization as long as we have a minimum of 15 registered attendees. The instructors are certified to train on Mental Health First Aid and those who pass the certification training will be certified in MHFA

Staff Office Hours

Rev. Anne Felton Hines

Consulting Minister minister@cvuuf.org

Justine Fischer

Director of Religious Education 805-492-8751 Dre@cvuuf.org by appointment

Jessica Lesko

Office Administrator 805-492-8751 admin@cvuuf.org 2nd & 4th Sun 10-2, Wed & Fri 9-1

Gregory Whitmore

Music Director 805-492-8751 choirdirector@cvuuf.org by appointment

June 7th Special Service:

9:15am Worship Service-Bridging Ceremony for all youth. 10:15am - Special Presentation to Justine from the Congregation 10:45am Celebration in Fellowship Hall (only one worship service at 9:15am)

Caring Community



Our grateful, caring thoughts are with these:

Adventurers: Jon Houlberg ascending Mt Denali; Thespians: The Chalice Players; Siblings who inspire us: Glenn Martin; Vacationers: Craig Brainard & Marcv Wingard; Employed Offspring and parents who visit them: Caitie and Candy Gantka

If you are in need of pastoral care, a listening ear, a ride to church or care while you're ill our pastoral care team and neighborhood networks are here to help. Call the office for more information. Email: pastoralcare@cvuuf.org or Neighborhood@cvuuf.org to reach your neighborhood leaders.

Want More? Visit evuuf.org and click on the link for monthly newsletter.

NEWS AND NOTES