

Conejo Valley
Unitarian Universalist

Fellowship
April 5, 2015



News and Notes

What's Happening This Week?

Sunday, April 5

9:15 & 11am Worship Service
10:25am Children's Choir Reh.
10:30am Writing to Prisoners / Solitary
12:15 Dharma Workshop
12:15pm Membership Comm
2pm Gaming Afternoon
5pm Newcomer AA meeting

Monday, April 6

6:30pm Finance Committee
7pm Chalice Players Rehearsal
7:15pm Opal Covenant Group

Tuesday, April 7

6pm Free Meal Commitment

Wednesday April 8

6pm OverEaters Anon
7pm Chalice Circle 2W
7:30pm Meditation Group

Thursday, April 9

7pm Sapphire Covenant Grp
7:30pm Choir Rehearsal

Friday, April 10

Community Forum

Saturday, April 11

1pm "Re-landscaping for Drought and Sustainability"
2:30 Emerald Covenant Group
7pm Movie Group

Sunday, April 12

9:15 & 11am Worship Service
10:25am Children's Choir Reh
12:15pm Community Energy Choice
12:15pm Dharma Workshop
5pm Newcomer AA meeting



Thinking About Becoming a Member?

Whether you've been attending Conejo Valley Unitarian Universalist Fellowship for a few weeks or a few years, if you're ready to deepen your experience by becoming a member, we're ready to welcome you. We welcome people of all beliefs, ethnic backgrounds, sexual orientations, and physical abilities.

We encourage you to attend our New UU Class Wednesday April 29, 7-9:30pm. In a small group setting you will spend time with our minister covering the historical roots of our denomination, our beliefs and principles, and personal spiritual journeys. Contact Annie Barker [805.415.4918](tel:805.415.4918) or Annie@barker.nu

"On March 8th, 15 walkers from CVUUF raised \$750 for Church World Service at the annual Crop Walk. Thanks to those who walked and those who donated!"

Conejo Valley

Unitarian Universalist Fellowship
3331 Old Conejo Road, Newbury Park
805-492-8751

cvuuf.org on the web
www.facebook.com/CVUUF

Sunday Service is held at 9:15 and 11:00, with Coffee Hour in-between.

Children's Religious Education is held during the 9:15 am service.

Childcare is provided during the 11:00 am service. Visitors are always welcome!

Office Hours: Wed, Fri 9:00-1:00

New and Gently used

Books.. For ages birth to 6th grade are being collected for our Mixteco children. The books will be collected through April 19th.

Flash cards, children's puzzles and other learning items welcomed too. Please bring to the RE office or contact Justine at dre@cvuuf.org for more info



UU Men's Fellowship Spring Renewal— Our Best Intentions: Men on the Winding Road of Life April 17-19, 2015

Underlying the intentions that drive our everyday actions are deeper, more basic life intentions. Please join us in the beauty of the mountains and the safety and fellowship of our Brothers at Camp deBonneville Pines to unpack these issues and to support each other. Our Renewal weekend welcomes men of all ages, backgrounds, and diversities. And includes workshops, deep sharing, music and drumming, silence, ritual, sweat lodge, songs, laughter, and great food. More info: contact Janet at camp [909-435-6298](tel:909-435-6298)

Calling all

Artists! Do you

have some art to show, share and display? We have space; we've enjoyed the art of Michael Pittas and Betty Simons and are looking for more. Contact Annie Barker at anniezbarker@gmail.com, or pick up an agreement from Jessica in the office. Space is available beginning April 12th.

If you'd like to have your announcement included in *News and Notes*, send info to: NewsandNotes@cvuuf.org The deadline is Tuesday evening. **News and Notes is now available on-line.**



Upcoming Events

Manna Needs:

Pancake Mix Hot Cereal
 Sugar Jam/Jelly Juice
 Canned Chili
 Rice/Pasta Roni
 Mayonnaise
 Refried Beans
 Toothpaste
 Your help is greatly appreciated!



Hospitality Team

Lynne Herron, Mary Martin,
 Phoebe Rivera, Jenny Schipae

Sound & Lighting Team

Rick Barton

Ushers

Jo Ann Van Reenan, Claudia Bourgois,
 Bea Ornstein, Pat Meredith

Community Forum:

Saturday, April 11

Climate Action Team

1pm

“Re-Lanscaping for Drought and Sustainability.”

Looking for a way to get involved?

Neighborhood Networks needs a coordinator, someone to convene quarterly meetings of the 6 neighborhood leaders, coordinate Dot-Neighborhood Sundays, and correspond between meetings as needs arise in our beloved community. Contact Annie Barker at anniezbarker@gmail.com to get more information. Thanks!



Caring Community



Our grateful, caring thoughts are with these:

Visiting Cousins; Ruth Ann Cooper grieving the loss of a sister; The Dake family mourning the loss of a young friend.

If you are in need of pastoral care, a listening ear, a ride to church or care while you're ill our pastoral care team and neighborhood networks are here to help. Call the office for more information. E-mail: pastoralcare@cvuuf.org or Neighborhood@cvuuf.org to reach your neighborhood leaders.

From the Leadership Cultivation Committee.

Members of the Committee will be soliciting your opinions on candidates for the Ministerial Search Committee, Board of Directors and the Conflict Resolution Committee. Please take some time to consider potential leaders for these positions. We will be voting for 7 members of the Ministerial Search team, the group which will be screening potential candidates for our called minister, for 4 board members and for 2 new members of the Conflict Resolution team. The vote for these positions will be taken in June. On March 22nd, we will Rev. Collier in the pulpit who will describe the process we will use to select a new minister.

Thank you for your help.

Members of the LCC are : Jo Ann Van Reenan, Anne Ewell, Riley Neel, Matthew Weisman, Ashly Barth, Ellen Smith and Claudia Barton

Staff Office Hours

Rev. Anne Felton Hines
 Copnsulting Minister
minister@cvuuf.org

Justine Fischer

Director of Religious Education
 805-492-8751 Dre@cvuuf.org
 by appointment

Jessica Lesko

Office Administrator
 805-492-8751 admin@cvuuf.org
 2nd & 4th Sun 10-2, Wed & Fri 9-1

Gregory Whitmore

Music Director
 805-492-8751 choirdirector@cvuuf.org
 by appointment

Ventura County Behavioral Health is providing free Mental Health First Aid certification training at the CVUUF.

- Learn risk factors and warning signs for mental health problems, including: depression, anxiety/trauma, psychosis and psychotic disorders, substance use disorders, and self-injury.
- Learn a 5-step action plan to assess a crisis situation and select and implement appropriate interventions.
- Learn the realities and prevalence of various mental health disorders in the U.S. and the need for reduced stigma in our communities.
- Learn how to access appropriate professional, peer, social, and self-help resources for someone with a mental health problem.

The training will be in the Sanctuary on May 4, 6 and May 11 from 7 to 9:30 p.m. Please reserve your spot by e-mailing LeAnn Walters at mhfacvuuf@gmail.com

Mark your calendar:

General Fun!

Pancake Breakfast Fundraiser.



Between Services May 3, 2015

Want More? Visit cvuuf.org and click on the link for our monthly newsletter.

