

Conejo Valley
Unitarian Universalist
Fellowship
August 24, 2014



News and Notes

What's Happening This Week?

Sunday, August 24

9:15 & 11am Worship Service
12:15pm The Dharma Workshop
5pm Newcomer AA meeting
5pm Mindful Eating
6pm Newsletter Deadline

Monday, August 25

7pm Women's Evening Group
7:30pm Income Inequality-UU
Study/Action Groups

Tuesday, August 26

9:45am Gardenia Group

Wednesday, August 27

6pm OverEaters Anonymous
7pm Captains Meeting
7:30pm Meditation Group

Thursday, August 28

7:30 Choir Rehearsal

Friday, August 29

Saturday, August

Sunday, August 31

9:15 & 11am Worship Service
Special Collection

10:20am DOT Sunday

5pm Newcomer AA meeting



Mindful Eating Today at 5pm

Our next Mindful Eating Group will meet Sunday, August 24th from 5 to 7:30pm in the Fellowship Hall. Our topic will be Eating Locally. We will look at what it means to source our food locally—how do we do it, what are the challenges, triumphs, how can we help each other in the process, and what we have learned in the process of doing it.

It's a potluck meal so please bring a dish or beverage to share that is made from ingredients that come from our state of California.

For more information or questions, please contact Monika Del Bosque at: model-bosque@yahoo.com



For only \$30 you can brighten our worship service, dedicate flowers and help the church Contact: Christina Houlberg at 805-795-1956 or e-mail: clh805@gmail.com

Conejo Valley

Unitarian Universalist Fellowship

3331 Old Conejo Road, Newbury Park
805-492-8751

cvuuf.org on the web

www.facebook.com/CVUUF

Sunday Service is held at 9:15 and 11:00, with Coffee Hour in-between.

Children's Religious Education is held during the 9:15 am service.

Childcare is provided during the 11:00 am service. Visitors are always welcome!

Office Hours: Wed, Fri 9:00-1:00

Invite a Friend!



Today is our

second "Invite a Friend to Church" Sunday. Many people "church shop" in August as people are moving or thinking about the start of a new school year. We have planned both Sundays as good introductions to our Fellowship and to Unitarian Universalism.



PSWD Annual Cluster Retreat Sept. 26-28

It's that time again! Actually, we are a little late, so we really need to get moving! If you

have been on this retreat before, you know you want to go back! If you haven't been on our annual retreat to deBENNEVILLE Pines, it is something that you truly need to experience! Beautiful locale, a lake, hiking, community, food! And other wonderful programs! If you have an idea of something that you would like to share for Programming, please contact Dana with your ideas. Registration forms are available in Fellowship Hall, or you can e-mail Jake directly to have one emailed to you. Any questions Don't hesitate to ask!

Kathleen Holland-Dean; Jake Holland-Registrar
Dana Ryon—Program Coordinator

If you'd like to have your announcement included in *News and Notes*, send info to: NewsandNotes@cvuuf.org The deadline is Tuesday evening. **News and Notes is now available on-line.**

Upcoming Events



Manna Needs:

Granola/Fruit Bars
Tomato Sauce & Paste
Juice Boxes Dry Rice
Pancake Mix
Ramen Mac & Cheese

Pasta Sauce Toilet Paper
Shampoo/Conditioner

Your help is greatly appreciated!

Hospitality Team

Lynne Herron, Aggie Henry,
Mary Partenfelder, Riley & Valery Neal

Sound & Lighting Team

Rick Barton

Ushers

Craig Brainard, Don Cooper, Bea Ornstein,
Phoebe Rivera

Community Forum

September 12th, 7:30pm:

Dollar Democracy: With Liberty and Justice for Some; How to reclaim the American Dream for All.

Peter Mathews discusses his new book on Money in Politics, its negative effects on our lives, and how to change it.



Carpool to Adelanto

Thursday August 28

Join the team for a day long Detention Witness trip to visit Immigrants isolated in the Adelanto Detention Center. Group Meets at 8:15am in the parking lot. Contact Gordon Clint : ghclint@yahoo.com

Refugee assistance Opportunities:

We have set up a Refugee Fund at the PSWD for those that want to contribute money to help with the work with the refugees. Checks can be sent to the PSWD with Refugee Fund in the notes. They can be sent to PSWD @ 2052 Norma Street, Oxnard, CA 93036-2711.

These funds will be shared with the groups we are working with who are working directly with the refugees.



Auction News:



It's ***Bobby Sox & Rock 'n Roll***

This November 15th. This year we're trying something new with the boutique and going with a kitchen theme. It will include an old fashion bake sale, as well as home canned products. Start saving your kitchen donations now. Any questions? Jenny Schipae (818)414 4994 or Christina Houlberg (805) 795—1956



Got Earth?

Sunday September 7th

Our Ingathering element this year is earth. Please bring a small amount of earth back from your travels, summer visits, beach trips or home for our ritual during both services on the 7th of September.

Drop-in Book Club

Join us for lively discussion as your interest and time allow on the second Monday of every month at 7:30pm in the Youth Lounge. For additional information, contact Candy Gantka 805 492 4401 or Arlene Bloom 805 300 9173

Sept 8— "Want Not" by Jonathan Miles (fic)
October 13 "The Things They Carried" by Tim O'Brien (Short Stories)

New Women's Group:

Will meet the 3rd Tuesday, of each month at the home of Marci Wingard, Newbury Park. Call for directions. All women are welcome.

Thelma Williams 805 492-2796

Staff Office Hours

Rev. Lora Brandis

Minister
214-629-0405 minister@cvuuf.org
Tues, Wed, Fri by appointment

Justine Fischer

Director of Religious Education
805-492-8751 Dre@cvuuf.org
by appointment

Jessica Lesko

Office Administrator
805-492-8751 admin@cvuuf.org
2nd & 4th Sun 10-2, Wed & Fri 9-1

Robin Swenson

Choir Director/Accompanist
805-492-8751 choirdirector@cvuuf.org
by appointment



Caring Community

We hold in our hearts those who are healing, grieving, struggling, rejoicing, thriving!

If you are in need of pastoral care, a listening ear, a ride to church or care while you're ill our pastoral care team and neighborhood networks are here to help. Call the office for more information.

New On-line Feature:

You can now renew or change your pledge through our website. On the "Member Site" use the button on the lower left. We are ever grateful for your continuing generosity.

Women's Retreat

The CVUUF Women's retreat is scheduled for March 13-15 of next year. Carol Flanagan is willing to facilitate it but we need two women to plan and organize the weekend. Dana Ryon is willing to be a consultant on food planning. If you are interested please contact Jo Ann Van Reenan (805-382-9794 or vanrreenanj@juno.com) as we need one person to negotiate with the De Benneville staff in the near future. Thank you!

Want More?



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