



# News and Notes

## What's Happening This Week?

### Sunday, September 28

9:15 & 11am Worship Service  
10:25am Children's Choir  
Rehearsal

12:15 pm Dharma Workshop  
5pm Newcomer AA meeting

### Monday, September 29

7pm Income Inequality-UU  
Study/Action Group

### Tuesday, September 30

### Wednesday, October 1

6pm OverEaters Anonymous  
7:15pm Transitions Group  
7:30pm Meditation Group

### Thursday, October 2

9:45am Jonquil Women's Grp  
7:30 Choir Rehearsal

### Friday, October 3

### Saturday, October 4

### Sunday, October 5

9:15 & 11am Worship Service  
10:25am Children's Choir  
Rehearsal  
10:30am Writing to Prisoners in  
Solitary  
12:30pm Membership Committee  
Meeting  
2pm Gaming Afternoon  
5pm Newcomer AA meeting



### Mindful Eating - Today at 5:00pm

**Soil-Less Gardening: Lasagna Style** : Continuing our topic of "Eating Local" from last month's

group, we are going to be exploring how to eat really local—how to eat food we grow in our own yards. Marie McClain, local gardener and chair of the school garden at Bridges Charter School in Thousand Oaks will be visiting us to show us how to do drought tolerant soil-less gardening. You don't have to dig up your lawn, or build expensive wooden beds. Marie will show us how it's done just in time for fall planting (and hopefully in time for some autumn rains). Please bring a potluck dish or beverage to share.

### Time to Renew your Scrip Connections

Our church receives a percentage of the grocery purchases members make at Vons and Ralphs. Please see Jo Ann Van Reenan if you need assistance renewing your connections.



### Conejo Valley

#### Unitarian Universalist Fellowship

3331 Old Conejo Road, Newbury Park  
805-492-8751

cvuuf.org on the web

www.facebook.com/CVUUF

Sunday Service is held at 9:15 and 11:00, with Coffee Hour in-between.

Children's Religious Education is held during the 9:15 am service.

Childcare is provided during the 11:00 am service. Visitors are always welcome!

Office Hours: Wed, Fri 9:00-1:00

**CVUUF welcomes you!** Please join us on October 7th, from 7:00 to 9:30 pm at CVUUF for our New UU Class. This class is an introduction to Unitarian Universalism and CVUUF and a great preparation for membership. In a small group setting you will spend time with our minister covering the historical roots of our denomination, our beliefs and principles, and personal spiritual journeys. Please RSVP to Annie Barker [805.415.4918](tel:805.415.4918) or [membershipdirector@cvuuf.org](mailto:membershipdirector@cvuuf.org)

On January 11th, 2015 we will induct all new members who sign the book between July 2014 and January 2015 at the 9:15 service.

**Feast of Faiths** The annual Feast of Faiths, a gathering of individuals from various religions who discuss their beliefs with those of other faiths informally over dinner will be from 5-7, Sun. Oct. 19 at Camarillo United Methodist Church, 291 Anacapa Dr.



**Drop-in Book Club** Join us for lively discussion as your interest and time allow on the second Monday of the month at 7:30pm @ Youth Lounge. For more info contact

Candy Gantka 805 492 4401 or Arlene Bloom 805 300 9173

October 13 "The Things They Carried" by Tim O'Brien (Short Stories)

November 10 "The Dinner: by Herman Koch

If you'd like to have your announcement included in *News and Notes*, send info to: [NewsandNotes@cvuuf.org](mailto:NewsandNotes@cvuuf.org) The deadline is Tuesday evening. **News and Notes is now available on-line.**

## Upcoming Events

### Manna Needs:

Boxed Potatoes   Cans of White Beans  
Mayonnaise   Canned Chili  
Chicken Noodle Soup  
Cold Cereal  
Hamburger Helper  
Bottles of Juice  
Shampoo/Conditioner  
Your help is greatly appreciated!



### Hospitality Team

Lynne Herron, Aggie Henry, Mary Partenfelder, Riley & Valrie Neel

### Sound & Lighting Team

Paul Chavez

### Ushers

Jo Ann Van Reenan, Dalila Sarkaran, Thelma Williams, Christina Houlberg

### Community Forum:

#### “Move to Amend” Barnstorming Tour Sat 10/18 7:30pm

“Challenging Corporate Rule & Creating Democracy” aims to help local folks understand how they can work to abolish corporate personhood and establish a government of, by, and for the people.

### “Muses II” Saturday October 11 @ 3pm



Share your creative passions. We invite poets, musicians, singers (acapella or accompanied), storytellers, magicians, dancers, artists, jugglers...whatever! Come to perform or just enjoy the show.



### Auction News: Auction Donations Begin!

Christina Houlberg and Noreen Powers will be at the computer near the coffee table today with forms for you to fill out describing your donation to the CVUUF auction which will take place on Nov. 15th. You can fill in the forms or do the donation on-line yourself following the link on the CVUUF homepage. Log in using your phone number as it appears in the directory. Auction committee members will be taking your donation information throughout the month of October. The Auction is our biggest fun and fundraiser all year. Any questions, please email Jo Ann Van Reenan, at [vanreenanj@juno.com](mailto:vanreenanj@juno.com)



**“Coordinator Needed for Thanksgiving Potluck”** This could be you! For more information, please contact Jo Ann Van Reenan 805 382 9794 or [vanreenanj@juno.com](mailto:vanreenanj@juno.com).

### Caring Community



*Our caring thoughts are with these:*

*Alice Jordan as she grieves the loss of her father, Dwight Atkinson.*

*Merlin and Debbie Snider celebrating 40 years of joys and sorrows, together.*

*Those offered new opportunities to serve others, who accept the challenge*

If you are in need of pastoral care, a listening ear, a ride to church or care while you're ill our pastoral care team and neighborhood networks are here to help. Call the office for more information.

### Staff Office Hours

#### Rev. Lora Brandis

Minister  
214-629-0405 [minister@cvuuf.org](mailto:minister@cvuuf.org)  
Tues, Wed, Fri by appointment

#### Justine Fischer

Director of Religious Education  
805-492-8751 [Dre@cvuuf.org](mailto:Dre@cvuuf.org)  
by appointment

#### Jessica Lesko

Office Administrator  
805-492-8751 [admin@cvuuf.org](mailto:admin@cvuuf.org)  
2nd & 4th Sun 10-2, Wed & Fri 9-1

#### Robin Swenson

Choir Director/Accompanist  
805-492-8751 [choirdirector@cvuuf.org](mailto:choirdirector@cvuuf.org)  
by appointment



### CVUUF Women's Retreat 2015

The CVUUF Women's retreat is scheduled for March 13-15 of next year. The weekend is a great opportunity to renew your spirit and deepen connections with women in the congregation. Camp de Benneville Pines is a beautiful UU mountain retreat located in the San Bernardino Mountains. The group will gather for fellowship and themed discussions. There will be music, creative expression through art and personal time for hiking or other recreation. To sign up simply fill out a registration card and drop your name in the box labeled “Women's Retreat”, available in the Fellowship Hall from September 7 until October 12 at 12:15pm/ Cost is \$160 which includes meals and study materials. Jill Schlaus ([jillschlaus@gmail.com](mailto:jillschlaus@gmail.com) 805-504-5802) will be organizing the event if you have questions or need additional information.

*sign  
up  
now*

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