



Chalice Circles

Connection – Reflection – Community – Spiritual Growth

Chalice Circles offer us a safe setting in which to speak from our lives and experiences with the expectation that our words will be heard and respected.

What are Chalice Circles?

- Small groups of 8 to 10 people that meet monthly for a finite number of sessions.
- Each group has two trained facilitators.
- Each group uses the same regular format and explores the same topic.
- Each group covenants together how they will relate to each other.
- Each group does an annual service project for the church and one for the larger community.
- Chalice Circles form anew each church year to help develop wider connections over time.

The groups help develop and offer:

- A sense of community
- Connection to larger meaning and deeper feeling
- A place to belong
- A place to hear and be heard
- A place to talk about what matters most
- A place to seek meaning about life

What happens at a Chalice Circle?

Group meetings are guided by session plans developed within our congregation and by other congregations in the UUA Small Group Ministry Network. The session plans are simple:

Opening words/Chalice lighting

Check-In

Centering Reading

Reflection and Sharing

Check-Out

Closing Words

Who can join a Chalice Circle?

The Chalice Circles are open to any member or friend of the Fellowship, age 18 or older.

Where will the Chalice Circles meet?

The Chalice Circles will usually meet at the Fellowship, or at a more convenient location as determined by each group's facilitators.

"The main reason for doing this is that it will allow participants to develop deeper relationships with more members of the congregation over a period of several years. Conceivably, those who participate for five years could know as many as fifty people in the congregation quite intimately. What depth that would give to our understanding and feeling of community!" Art Vaeni, UU Minister, Olympia, WA

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Conejo Valley Unitarian Universalist Fellowship

Chalice Circles

Registration Form

Name : _____

Address: _____

Phone: _____ Email: _____

Circles will begin after January 19, 2014 and will meet monthly for six (6) months.

I am available to join one of the following **monthly** Chalice Circles (please indicate at least 2 possible times, in order of preference):

_____ 1st Wednesdays, 6:30-8:30pm

_____ 2nd Mondays, 7:15-9:15pm

_____ 2nd Wednesdays, 7-9pm

_____ 2nd Thursdays, 12:30-2:30pm

_____ 3rd Tuesdays, 7-9pm

_____ 4th Tuesdays, 7-9pm

_____ 4th Fridays, 4-6pm

I am part of a couple: Yes No My partner's name: _____

I prefer to be in a group with my partner : Yes No

I prefer to be in a group alone: Yes No

I have the following special need to be considered:

Please return your registration form to a person at the Program table in the Fellowship Hall
by January 12, 2014.

For more information, contact Carol Flanagan at ChaliceCircles@cvuuf.org.