



CVUUF News

Conejo Valley Unitarian Universalist Fellowship

A Welcoming Community to all persons regardless of their race, nationality, or sexual orientation.

Upcoming Sunday Services

In December, we study "Empathy" from Karen Armstrong's *Twelve Steps to a Compassionate Life*.

In This Issue

Rev. Lora	2
President's Message	3
RE News	4
Calendar	11

This newsletter is published online monthly by members of the Conejo Valley Unitarian Universalist Fellowship. Download your copy at www.cvuuf.org.

Deadline for articles or photos is the next to last Sunday of each month at 6pm. Submissions are to be directed to: newsletter@cvuuf.org and may be edited at the sole discretion of the editor, Liza Diniakos.

Other ways to

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information:

News & Notes

Email: newsandnotes@cvuuf.org

Weekly

e-Announcements

Fill out form at: cvuuf.org/news/announcereq

Online Calendar

Fill out form at: cvuuf.org/calendar/request

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Email: www.minister@cvuuf.org



December 1 — The Inability to Bear the Sight of Another's Sorrow — Rev.

Lora Brandis — Our first impulse may be to look away; our next might be to fix whatever we see as wrong, but as Rachel Naomi Remen points out, "Helping, fixing, and serving represent three different ways of seeing life. When you help, you see life as weak. When you fix, you see life as broken. When you serve, you see life as whole." Seeing life as whole we do not turn away, instead we respond to sorrow with service and compassion.

December 8 — Stepping Out Into Empathy — Rev. Lora Brandis — Sympathy, compassion and empathy are often used interchangeably. Sympathy is a general alignment with another's feelings. Compassion connotes a deep sympathy with another's sorrow, implying the desire to alleviate the suffering. Empathy is the ability to "walk a mile in someone else's shoes." Stepping out into empathy we leave the confines of our own suffering and enter into the life of another.

December 15 — Is There No Balm in Gilead? — Rev. Lora Brandis — The African-American spiritual "There Is a Balm in Gilead" answers the rhetorical question of the Hebrew Scripture with the hope that was found by slaves in the Christian Scriptures. The "balm in Gilead" has become a metaphor used in several works of fiction reminding us, in the words of Karen Armstrong, "of the role that art can play in expanding our sympathies."

December 22 — Rooting for Scrooge — Rev. Lora Brandis — Each Christmas season we do it. We root for Ebenezer Scrooge to be transformed into the compassionate, whole-hearted man he always becomes. Come and experience our Fellowship's abridged version of the classic "A Christmas Carol" written by Unitarian Charles Dickens, along with music from our in-house band Soulstice.

December 24 — Christmas Eve Services —

7pm, Christmas in Story and Song—

This intergenerational service features stories and songs of the season, music from the choir and lots of congregational singing.

9pm, A Christmas Meditation—

This later service will offer a quiet and reflective time. We will sit longer in the silence of the season with anticipation of the light that is always being born anew in our lives.

December 29 — In Memory: Remembering the Good — Christina Houlberg —

Our Annual end-of-year Service, we will examine how to let go and remember the good in people we lose. We light our memorial candle to honor those in our congregation who have died. Everyone is encouraged to light their own candle in honor of someone they've lost.

CVUUF Sundays on CD: Recordings of most Sunday services are available on audio CD. They may be purchased for a \$3 donation, made at time of order. All proceeds go to the Library Fund. Order yours at the Library bookcase in Social Hall and do remember to pick up the CDs you've ordered! Sunday recordings can also be heard at cvuuf.org, some can even be downloaded to your iPod.



Muusings from Reverend Lora

I remember the year my oldest daughter came home for Christmas after being away for her first semester at college. I remember her as a blur that moved quickly past my range of vision as she moved from the family room towards the back door of our house. I was doing what I always did in preparation for Christmas. I was baking our favorite cookies, the ones the girls always helped me decorate. When Sarah moved past me in what she probably thought would be a quick escape, I whined the traditional call of the abandoned-mother during the holidays, “Aren’t you going to help me decorate the cookies?” She perched momentarily on a low stool at the kitchen counter, haphazardly sprinkled red and green bits on the stamped-out likenesses of Santa, a Christmas tree, a bell and a star, and then left to visit with friends she had longed to see since the beginning of the semester. I knew in that moment that my Christmas would be changed forever.

Christmas – and the meaning I make of it – is always changing of course. For Sarah’s first Christmas, in addition to the four cookie cutters that were left over from my childhood, we had an armadillo – her father’s tribute to his Texas upbringing. For some reason I got the armadillo in the divorce, probably because it was my tradition to make cookies with the girls. I soon stopped making the armadillo cookie every year – not because I was bitter about the divorce – mostly because it was impossible to get the tail right. The tail was so slender it usually didn’t get punched out correctly and the armadillo cookie was hard to identify as anything remotely related to Texas, let alone Christmas.

When my girls were young Christmas was a chaotic scramble to celebrate with both sides of the family. Christmas Eve was reserved for their father’s family (another Texas tradition). Christmas morning was reserved for opening the gifts left under the tree by Santa and then we jammed ourselves into the car for the four hour trip to Houston to celebrate the rest of the day with my family. After the divorce I found it too difficult to make the trip by myself. After Frank and I married and combined our families Christmases became even more complicated. I was always proud of how we seamlessly moved from one Christmas event to the next. We started with Frank’s girls at his parents for Christmas Eve, after which his girls went to their mother’s and he and I went to church. My girls were, as usual, at their Dad’s and would be returned to me in the morning. By the afternoon all six of us would be together for the “traditional” Brandis-Peña-White Christmas. (White being a family name, but sometimes it would snow.)

My Christmas tradition has always been fleeting; you might even call it a “living tradition.” Like my Unitarian Universalist faith, my experience of Christmas is adaptive. We can neither ignore the past nor cling to it. Holding on to traditions that continue to deepen our understanding of ourselves and our lives, and willing to let go of the ones that no longer serve, Christmas will never be what it was from one year to the next.

Lora

Please Note: I will be out of the office December 25-January 1st, visiting my family in Texas. If you are in need of pastoral care during that time please contact one of the members of my pastoral care team: Beth Bierman, Judy Blades (our Faith Community Nurse), Erik Halseth, Carol Jones and Sandy Miller.



Jill Kitsuse-Fulton, Administrator,
admin@cvuuf.org

November & December 2013
CVUUF OFFICE HOURS

Sundays 10-2pm
Wednesdays 12-4pm
Fridays 9-1pm

Rev. Lora keeps office hours on Tuesday, Wednesday and Friday by appointment. She is off on Mondays. To reach her, please email her at minister@cvuuf.org or call her cell phone (214) 629-0405. Due to the volume of email she receives, it may take her several days to respond to an email. Rev. Lora takes an email Sabbath on Sundays and Mondays. Please feel free to call if you have a matter that needs immediate attention.

President's Message



On November 7th, Liza and I travelled to Ontario, CA to attend a talk by theologian Rev. Matthew Fox. Many UUs have been inspired by his work and writing. It was a powerful, uplifting experience to meet him and hear his message. In the Holiday spirit, this column is devoted to an article Fox published in the Winter 2011 edition of the magazine *Tikkun*.

Nineteen Ways to Heal and Transform the World, by Rev. Matthew Fox

1. Fall in love with creation. This is possible even if you're not in love with what humans do with creation. Keep practicing this love. Study nature and its evolutionary unfolding, and reflect on humans' place in the sacred story of creation's development. Make yourself vulnerable to animals and plants, stones and mountains, trees, waters, and sky.
2. Let this love affair dictate your responses to human history, which is shaped by the choices we make as communities, nations, tribes, religions, professions, and citizens. In other words, speak out and act out when what you cherish -- namely creation and its rules of justice and love -- is in jeopardy.
3. Do whatever spiritual practices develop your heart-strength so that fear never penetrates your heart or your ultimate decision-making. These practices may range from chanting to dancing, from drumming to studying, from reading scriptures to reading the mystics, from silence and solitude to group rituals that are alive, challenging, and joyful.
4. Be suspect of all institutions and those who wage power in their name. Question and learn the truth and speak that truth to power in whatever forms it needs to hear and listen. Be creative and imaginative like the prophets were (and are)!
5. Learn from those who suffer differently from you or who are different from you -- and go out of your way to meet them.
6. Live your life with as much integrity as possible given that we live, as a rule in this time in history, in toxic economic, political, media, educational, and religious environments.
7. Dare to love. Dare to fail. Dare to experiment. Dare to be happy. Dare to pray. Admire those who live lives of daring and show us the way.
8. Let love and justice be the bottom line in all your decision-making.
9. Question greed and other dangerous addictions. Question how they spill out into policies and laws and relationships that entrap the human spirit.
10. Don't criticize others without criticizing yourself.
11. Laugh a lot.
12. Seek out beauty wherever you can find it.
13. Prefer wisdom to knowledge and the truth to popularity. Study and develop critical thinking and an intellectual life. Love ideas and respect their power for good or ill.
14. Don't be afraid of solitude and silence, and question those who are.
15. Honor friendships but expect betrayals. Don't let a broken heart deter you from loving anew.
16. Reject boredom. Embrace awe and wonder.
17. Find ways to grieve and assist others to do so. Otherwise we carry a heavy burden of anger locked up inside of us, and our creativity cannot flow.
18. Dig deeply into your own soul to bring your creativity forward with all its uniqueness and bestow your deep gifts generously onto the community.
19. Above all, praise! ("Praise precedes faith," says Rabbi Abraham Heschel.) And drink in the wellsprings of gratitude and reverence that praise sets flowing.

See you on Sunday!

Willie, president@cvuuf.org



Justine Fischer,
Director of
Religious
Education
(DRE)

News From Religious Education

DECEMBER RE

As we continue with our Compassion curriculum, we will focus upon Empathy. PreK through middle school meet at 9:15 and high school at 11:00 am.

December 1 – Empathy overview

December 8 – Mother Theresa

December 15- Jewish and Christian Teachings

December 22- Holiday stories

December 29 – Focus on the resolutions for the New Year

MICOP

We will be sharing a star making craft with our Mixtec friends at the Fiesta Navedina on Saturday, December 14. If you would like to join in the celebration, please contact Justine at dre@cvuuf.org.

For information regarding Religious Education, I can most easily be reached at dre@cvuuf.org.

*Yours in faith,
Justine*

WESTMINSTER FREE CLINIC FAMILIES HOLIDAY SUPPORT Until Sunday, December 8

We are adopting six families. Please consider a gift for them this year. (See page 6).



December Birthdays

Andrew
Carlson,
Katherine
Chavez,
Mina Dake,
Tyler Rosen,
Maebby
Thuna.

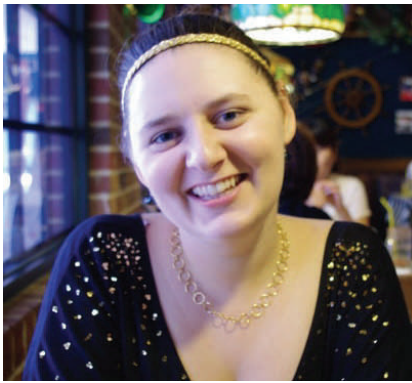
Adult Religious Education

Living Compassionately

Third Sundays 12:15-1:30pm

Ongoing until August 17, 2014

Rev. Lora and Justine will co-facilitate a study group of Karen Armstrong's *Twelve Steps to a Compassionate Life* after the second service on the third Sunday of each month. The study group is drop-in so there is no need to register. Join us as we move through all twelve steps together towards a life constantly guided by compassion.



GETTING TO KNOW...

ASHLY BARTH

Ashly is a bubbly and outgoing new member of our congregation. She was born and raised near Springfield Oregon. She attended the University of Oregon where she studied Psychology and Sociology. After graduating, Ashly's stint in Americorps allowed her to explore different areas of California, spending time in

Monterey Bay, Humbolt and San Francisco over the course of a few years.

In 2010, Ashly embarked on an adventure, traveling to South Korea to teach English. She stayed for almost two years, finding it a challenging, but ultimately rewarding, experience. When she first arrived she did not speak the language nor knew anyone there, but through her experience working in the Korean public schools and living abroad, she gained a strong sense of self and independence that she carries with her today.

Ashly grew up in a Christian family, learning Bible stories through her Bible for children. Her paternal grandparents were both strong in their Christian faith, her grandfather the son of missionaries who lived in Japan. When Ashly was a teenager, her grandparents moved closer to her and encouraged her to attend church and strengthen her faith, though she never felt a strong pull in that direction.

Ashly first came across Unitarian Universalism in college when she took an online quiz assessing what religion was a good fit for her. From there, she began researching what Unitarian Universalism was all about and looked forward to attending a congregation. After returning home from South Korea, she found herself suffering from reverse culture shock and searching for community. In May of 2013, Ashly joined our Fellowship and currently enjoys being a part of the meditation and women's groups, and being a religious educator for the middle school. She loves the welcoming and supportive people in the congregation and looks forward to exploring this year's theme of compassion.

Ashly works as a substitute teacher in the Oxnard and Port Hueneme high schools in addition to working towards becoming certified in alcohol and drug addiction counseling for high school. In her free time Ashly enjoys reading, sewing, and cooking, especially Asian cuisine. Her next to-do on her bucket list is to go scuba diving in the Belize Barrier Reef. Ashly lives by the philosophy of "Trust in the Universe," and "Follow your bliss." With that attitude, I have no doubt Ashly is well on her way to accomplishing her goals. Welcome, Ashly!

Special Collection • December 24, 2013

Minister's Discretionary Fund

The Minister's Discretionary Fund is used to assist members and friends of the congregation in meeting their basic living needs. If you are unable to attend this service and would like to contribute to the fund, please send a check to the office made out to CVUUF with Minister's discretionary fund written in the memo line. Your contributions are greatly appreciated.

3rd Annual Holiday Adoption of Westminster Free Clinic Families

Our past support of this special place in our community has been a wonderful display of compassion and generosity.

We will be collecting gift cards, gifts, personal care products, clothes and household supplies for six families. Please donate new, unwrapped items only with the Family number and age taped on the item. The clinic gladly accepts the donation of gift wrap, ribbons and bows.

Please drop off items to the RE office no later than **Sunday, December 8** immediately following the second service.

Thank you in advance for your kindness and generosity to our larger community.

Justine



Westminster Free Clinic

Patient Care • Resource & Referral • Advocacy • Counseling • Training & Education



FAMILY #	AGE	GENDER	SHIRT SIZE	SHOE SIZE	PANTS SIZE	WISH LIST
4	4	Male	S	9.5	4p	Bike, puzzle, Thomas the Tank Engine
	7	Female	M	12.5	5	Leggings, Justin Bieber Shirt, Puzzles
	9	Female	L	7.5	8	Shorts, Basketball
	11	Male	S	6	10	Wii Games
	15	Male	L	11	34	DSI Game
27	15	Male	XL	13	36	Gray Converse, target gift card
	3	Male	S	9	4	Toys, pirates
37	10	Female	L	2	10	Clothes, Bike, Barbie, Watch/Alarm
	38	Female	L	6	8	Clothes, Tennis Shoes, Purse, Jacket
	31	Male	M	6.5	34x30	Clothes, jacket
39	38	Female	XL	8	16	Purse, perfume, shoes, shirt, gift cards
	36	Male	L	9	34	
	13	Female	M	7	2	
	11	Female	S	7.5	14-Dec	
	7	Female	S	1	7	
40	9	Male	L	4	12	
	7	Female	S	1	7	
	5	Male	S	13	6	
	33	Male	XL	9	36	
	43	Female	L	8	14	
42	35	Female	S	6.5	7	Gift card
	35	Male	L	9.5	36	Gift Card
	17	Male	XXL	12	44	Gift Card
	15	Female	S	7.5	3	Gift card
	12	Male	L	3	12	Gift card



Community Forum

Friday, December 6, 2013, 7:30pm

QUEEN OF THE SUN: What are the Bees Telling Us?



In 2006 newspapers began reporting: honeybees around the world are disappearing. Nationwide beekeepers have noticed a 30-90% loss of their bee colonies. Thought to be caused by a combination of factors, Colony Collapse Disorder is causing a global bee crises. Taggart Siegel's *Queen of the Sun* is an engaging film that takes an in-depth look at the life of a honeybee colony and follows beekeepers and scientists in their struggle to save bees in natural and holistic ways.

The film will be followed by a discussion with bee expert, entomologist Anna Howell, UC Ventura County Cooperative Extension staff research associate.

This program is free but donations are gratefully accepted.

Community Forums are held at:

Conejo Valley Unitarian Universalist Fellowship, 3327 Old Conejo Road, Newbury Park
<http://forum.cvuuf.org>

CVUUF Welcomes You!

People come to our congregations in many ways:

...some research carefully, devouring every word on a congregation's website before entering the building;
...some are drawn in by a newspaper story or an event poster, and decide to come and check the congregation out;
...some have been wounded in their former faith communities and seek a community more in line with their values and theology;
...some have never belonged to any faith community, and are longing for spirituality and community;
...some seek religious education for their children and youth that teaches strong values while allowing for theological diversity;
...some want to be part of a faith community that believes social justice work is at the heart of what it means to be religious; or
...some long for worship that moves their spirits and engages both heart and mind.

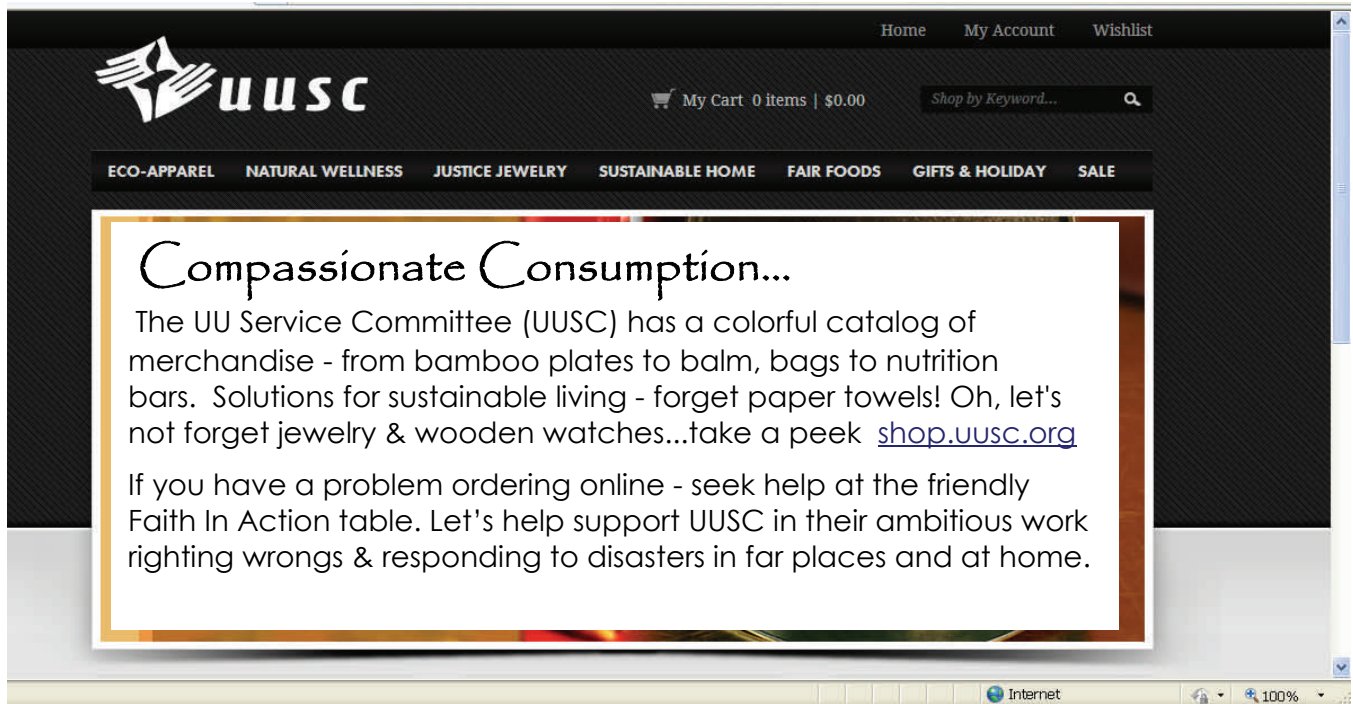
All of these people, and many more, come to the Conejo Valley Unitarian Universalist Fellowship hungry for what we offer. Whither you are new to UU, a lifelong UU, member or visitor, we welcome you. We're glad you came, and hope you will spend some time getting to know us, and getting involved in the work that we do towards our mission.

Please join us on **Thursday, December 12, 2013** from 7:00 to 9:30 pm at CVUUF for our **New UU Class**. This class is an introduction to Unitarian Universalism and CVUUF, and a great preparation for membership. In a small group setting you will spend time with our minister covering the historical roots of our denomination, our beliefs and principles, and personal spiritual journeys. Please RSVP to Annie Barker at membershipdirector@cvuuf.org.

On Sunday, January 12th, 2014, we will induct all new members who signed the book between July 2013 and January 2014.

Please join us in welcoming *Craig Brainard, Kelly Castillo, Barbara Davidson, Tracy Gogan, and Moni Seif* our latest new members.





Find Your Place in a Chalice Circle!

A special opportunity to connect more closely with others in our growing congregation is starting soon at CVUUF. Information about Chalice Circles will be distributed on Sunday, December 8th at the Program table in Fellowship Hall. The program will begin in late January/early February. Registration for our Chalice Circles begins this month.

Chalice Circles are small communities of 8 to 10 people that meet monthly for a finite number of sessions and are designed to give participants an opportunity to get to know each other while developing deeper self knowledge. By sharing life experiences in small groups lead by trained facilitators, participants will explore meaningful questions about our values and ideas of spirituality, learn together, and make a difference through service projects for the congregation and the larger community.

Every Chalice Circle will explore the same topic each month to create opportunities for congregation wide reflection. Groups will form anew each church year to help develop wider connections over time. Come share your stories!

UU GOT OPINIONS? WE WANT YOUR FEEDBACK!

The Board and Community Forum are conducting an online anonymous survey to assess how well Community Forum programs meet the needs of our membership. The survey, which takes about five minutes to complete, is available now and will be open until December 9, 2013.

There are several ways to participate. You were recently sent an email with a direct link to the survey. If you did not receive a copy of the email, you may also find a link to the survey on our website's homepage. In addition, a computer is available in Fellowship Hall on Sunday after services to take the survey.

Your responses will be used to help us plan future Community Forum events. Thank you so much for helping us better serve the needs of our congregation while we help to nurture spiritually courageous people who transform the world through justice and compassion.

The **Mid-Year Fellowship Meeting** of the Conejo Valley Unitarian Universalist Fellowship is scheduled to take place on **Sunday, January 12, starting at 10:45am.**

All members are encouraged to attend. Friends and visitors are welcome as well.

The agenda will include reports from the Minister, President, and Treasurer, and the election of the Leadership Cultivation Committee.

There will be only one worship service on that Sunday, at 9:15am

Parenting Group

The parenting discussion group is open to all parents with children in upper elementary through college.

This year, we relate the Twelve Steps to a Compassionate Life concepts to parenting, as well as discuss our weekly challenges.

Please feel welcome to join us in the adult RE room during second service after attending first service.

For more information, please contact Kathleen Holland.

"God may be in the details, but the goddess is in the questions.

Once we begin to ask them, there's no turning back."

*-Gloria Steinem, Awardee of the 2013 Presidential Medal of Freedom,
from her book [Moving Beyond Words](#)*



December 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
9:15am» Worship Service 10am» CVUUF Office Administrator hours 10:30am» Writing to Prisoners in Solitary 11am» Parent Support Group 11am» Worship Service 12:30pm» Membership Committee 2pm» Gaming Afternoon 5pm» Newcomer AA Meeting	6:30pm» Finance Committee	6pm» Feeding Hands 7:30pm» Worship Committee 7:30pm» Community Forum Planning Committee 7:30pm» Worship Committee	12pm» CVUUF Office Administrator hours 7:30pm» Transitions Group 7:30pm» Meditation Group	9:45am» Jonquil Group 7:30pm» Choir Rehearsal	9am» CVUUF Office Administrator hours 7:30pm» Community Forum	
8	9	10	11	12	13	14
9:15am» Worship Service 10am» CVUUF Office Administrator hours 11am» Parent Support Group 11am» Worship Service 12:pm» Dharma Workshop 2pm» Gaming Afternoon 5pm» Newcomer AA Meeting	7pm» Women's Evening Group	9:45am» Gardenia Group 7pm» CVUUF Board of Trustees meeting	12pm» CVUUF Office Administrator hours 7:30pm» Meditation Group	7pm» New UU class 7pm» Sapphire covenant group 7:30pm» Choir Rehearsal	9am» CVUUF Office Administrator hours	2:30pm» Emerald Covenant Group 5pm» CVUUF Winter Holiday Party 7pm» Movie Group
15	16	17	18	19	20	21
9:15am» Worship Service 10am» CVUUF Office Administrator hours 10:30am» Writing to Prisoners in Solitary 11am» Parent Support Group 11am» Worship Service 12:15pm» Living Compassionately 5pm» Movie Group 3 5pm» Newcomer AA Meeting		7pm» Music Ministry meeting	12pm» CVUUF Office Administrator hours 7:30pm» CVUUF Council meeting 7:30pm» Meditation Group	7am» Opal Covenant Group 9:45am» Jonquil Group 7pm» CVUUF Quilters & Crafters 7:30pm» Choir Rehearsal	9am» CVUUF Office Administrator hours	
22	23	24	25	26	27	28
9:15am» Worship Service 10am» CVUUF Office Administrator hours 10:30am» Writing to Prisoners in Solitary 11am» Parenting Teens Support Group 11am» Worship Service 12:15pm» Adult RE: Living Compassionately 5pm» Movie Group 3 5pm» Newcomer AA Meeting 6pm» NEWSLETTER DEADLINE	7pm» Women's Evening Group	9:45am» Gardenia Group 7pm» Christmas Eve in Story and Song 9pm» A Christmas Meditation	12pm» CVUUF Office Administrator hours 7:30pm» Meditation Group	7:30pm» Choir Rehearsal	9am» CVUUF Office Administrator hours 7:30pm» Movie Group 1	6pm» Winter Pagan Ritual
29	30	30				
9:15am» Worship Service 10am» CVUUF Office Administrator hours 11am» Parent Support Group 11am» Worship Service 5pm» Newcomer AA Meeting						

Conejo Valley Unitarian Universalist Fellowship

COVENANT OF GOOD RELATIONS

In order to assist us in fulfilling our mission to nurture spiritually courageous people who transform the world through justice and compassion, we the members and friends of the Conejo Valley Unitarian Universalist Fellowship enter into this Covenant of Good Relations.

We, the members and friends of this congregation, value:

- Opening our hearts and minds to those who have traveled journeys unlike ours and whose strengths and challenges may be different from ours.
- A welcoming space for all to speak their truth respectfully.
- The importance of deep listening and respect for each other.
- Relationships with others of all ages, and the gifts that each generation brings to our community.
- The democratic process, through which we give voice to concerns and offer our time and energy to arrive at solutions.

In the wider community, we honor our responsibilities for upholding spiritual ideals, engaging in civil discourse with those of other religious traditions, and promoting our UU values.

In my interactions with others in this congregation, I will:

- Speak honestly and directly to the person(s) with whom I have a concern, using thoughtful, compassionate language.
- Forgive the errors and shortcomings of myself and others as we contribute to our shared ministry and express gratitude for the many gifts we bring.
- Assume good intentions in those with whom I disagree and examine my own part in the disagreement.
- Listen deeply to, and actively seek resolution with those concerned before engaging the Conflict Resolution Committee, Committee on Ministry, the Council or the Board of Trustees in conflict mediation.
- Expect divergent beliefs and opinions and persist in respectful dialogue—especially in times of uncertainty—remaining open to new understandings while doing my part to sustain this Covenant.
- Respect the minister and staff's professionalism, time and privacy.
- Assume responsibility for understanding the church structure and governance model.
- Assume responsibility for keeping informed of church business.

Through this Covenant of Good Relations, it is our intention to foster healthy and productive relations within our church community as we work together to achieve our mission.



Conejo Valley Unitarian Universalist Fellowship

3327 Old Conejo Road
Newbury Park CA 91320 ([map](#))
805 492-8751
www.cvuuf.org

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Rev. Dr. Betty Stapleford, Minister Emerita

Board of Trustees 2013-2014

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David Barker, Vice President
Michael Teasdale, Secretary
Terry Hinricher, Treasurer
Laure McKinnon, Trustee At-Large
Phoebe Rivera, Trustee At-Large
Don Vernardos, Trustee At-Large



additional UU resource links:

[Unitarian Universalist Association \(UUA\)](#)

The UUA serves 1,000+ congregations in the US and the world.

[Pacific Southwest District \(PSWD\)](#)

PSWD serves 50 Pacific Southwest congregations in California, Arizona and Nevada.

Sunday Service is held at 9:15 & 11:00 am, with Coffee Hour following each service. Children's Religious Education is held during the 9:15am service. Childcare is provided and YRUU (our high school RE program) meets during the 11:00am service.

Visitors are always welcome!