

Scenario:

You are a highschool graduate who is currently attending Clemson college. Considering this app is made for both older and younger ages this fits perfectly with your current predicament. Although, you wish to get your body in the perfect condition you have trouble making time to workout for yourself. This is where the PUMP IT! Workout comes into play.

Task 1: Scroll through the numerous amount of workout programs and possible workouts to add to your workout routine

Task 2: Set each workout that you deem fit for your program and your limitations

Task 3: Set the duration of your workout and begin your workout.

Task 4: Look through others workout routines for inspiration.

Notes:

What changes would you make to your app?

1. The first change that I would make to my app prototype would showing every list of possible workouts because I created pages that can be scrolled through without adding the workouts itself yet
2. Create a section showing how to look through others workouts and one that creates a schedule for you to keep yourself motivated to workout
3. Design the app in a better way because at the moment it is kinda bland

What do you need to keep the same for your app?

1. The first thing I will definitely keep the same for my workout app is the ability to increase and lower the duration of each workouts because it allows everyone to create what it is best for them
2. Another thing I will keep the same is the pages that give a variety to the workouts that can be created
3. The last thing would be the format of the app because although it may bland it has very easy access and is very easy to use for people of all ages regardless of how good or bad they are with technology.