

**Whey Protein Isolate Facts:**

Whey protein isolate is produced by extracting the pure amino acids from milk proteins leaving behind all of the sugar (lactose), fat, and cholesterol. The result is a lactose-free protein that is the purest, cleanest, most easily absorbed protein known to man. It has the highest bio-value of any protein available. Whey protein isolate is the richest source of the 8 essential amino acids and branched-chain amino acids your body needs for growth, energy, and vibrant health.

**The Smoothie Series Formula:**

Our team of experts at Canada Whey Inc. has used a combination of unparalleled product experience and the latest technological innovations to combine quality and taste in one amazing formula. Canada Whey Smoothie Series formula has one of the highest percentages of whey protein isolate in the market today. At Canada Whey Inc., we use only cold-processing technology, which does not denature the whey protein, nor deprive it from its bioactive components.

**Suggested Use:** Mix 1 to 2 scoops in water, milk, juice or your favourite smoothie. For great-tasting smoothie recipes, please visit [canadawhey.com](http://canadawhey.com)

**Mode D'emploi:**

Ajouter 1 ou 2 mesures dans de l'eau, du lait, du jus, ou dans votre smoothie favori. Pour des recettes délicieuses, veuillez nous visiter chez [canadawhey.com](http://canadawhey.com)

**100% Whey Protein Isolate**

# CANADA WHEY

# Whey ISOLATE

## The Smoothie Series

**TASTES GREAT / Goût extraordinaire**  
**MIXES INSTANTLY / Se mélange instantanément**  
**LACTOSE AND FAT FREE / Sans lactose et sans gras**

**29 g**Protein / Serving  
Protéines / Portion**Cake Batter**

Net Wt. 907 g ( 2 lbs )

**Dietary Supplement****Nutrition Facts****Valeur nutritive**

Per 1 scoop (33 g) / Pour 1 mesure (33 g)

Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne

Calories / Calories	121
Fat / Lipides	0 g
Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
Sodium / Sodium	49 mg
Carbohydrate / Glucides	1 g
Fibre / Fibres	0 g
Sugar / Sucres	1 g
Phosphorus / Phosphore	68.4 mg
Potassium / Potassium	96 mg
Protein / Protéines	29 g
Calcium / Calcium	139 mg

**Amino Acid Profile****Profil des Acides Aminés** mg per serving / mg par portion

Alanine / Alanine	1470
Arginine / Arginine	0.596
Aspartic Acid / Acide Aspartique	4.002
Cysteine / Cystine	0.87
Glutamic Acid / Acide Glutamique	5.452
Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
Isoleucine ## / Isoleucine ##	1.627
Leucine #* / Leucine #*	3.045
Lysine * / Lysine *	2.552
Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

# branched chain amino acids (BCAA's) / acides aminés branchés

\* essential amino acids / acides aminés essentiels

Exp: 06/2013

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**100% Whey Protein Isolate**

# CANADA WHEY

# Whey ISOLATE

## The Smoothie Series

**TASTES GREAT / Goût extraordinaire**  
**MIXES INSTANTLY / Se mélange instantanément**  
**LACTOSE AND FAT FREE / Sans lactose et sans gras**

**29g**Protein / Serving  
Protéines / Portion**Blueberry**

Net Wt. 907 g ( 2 lbs )

**Dietary Supplement****Nutrition Facts****Valeur nutritive**

Per 1 scoop (33 g) / Pour 1 mesure (33 g)

Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne

Calories / Calories	121
Fat / Lipides	0 g
Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
Sodium / Sodium	49 mg
Carbohydrate / Glucides	1 g
Fibre / Fibres	0 g
Sugar / Sucres	1 g
Phosphorus / Phosphore	68.4 mg
Potassium / Potassium	96 mg
Protein / Protéines	29 g
Calcium / Calcium	139 mg

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Aspartic Acid / Acide Aspartique	4.002
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Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
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Leucine #* / Leucine #*	3.045
Lysine * / Lysine *	2.552
Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

# branched chain amino acids (BCAA's) / acides aminés branchés  
essential amino acids / acides aminés essentiels

Exp: 06/2013

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**Mode D'emploi:**

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**100% Whey Protein Isolate**

# CANADA WHEY

# Whey ISOLATE

## The Smoothie Series

TASTES GREAT / Goût extraordinaire  
MIXES INSTANTLY / Se mélange instantanément  
LACTOSE AND FAT FREE / Sans lactose et sans gras

**Strawberry Banana**

**29g**

Protein / Serving  
Protéines / Portion

Net Wt. 907 g ( 2 lbs )

Exp: 06/2013

**Dietary Supplement**

**Nutrition Facts****Valeur nutritive**

Per 1 scoop (33 g) / Pour 1 mesure (33 g)

Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne

Calories / Calories	121
Fat / Lipides	0 g
Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
Sodium / Sodium	49 mg
Carbohydrate / Glucides	1 g
Fibre / Fibres	0 g
Sugar / Sucres	1 g
Phosphorus / Phosphore	68.4 mg
Potassium / Potassium	96 mg
Protein / Protéines	29 g
Calcium / Calcium	139 mg

**Amino Acid Profile****Profil des Acides Aminés**

mg per serving / mg par portion

Alanine / Alanine	1470
Arginine / Arginine	0.596
Aspartic Acid / Acide Aspartique	4.002
Cysteine / Cystine	0.87
Glutamic Acid / Acide Glutamique	5.452
Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
Isoleucine## / Isoleucine ##	1.627
Leucine #* / Leucine #*	3.045
Lysine * / Lysine *	2.552
Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

# branched chain amino acids (BCAAs) / acides aminés branchés

\* essential amino acids / acides aminés essentiels

Ingredients: Whey Protein Isolate, Natural and Artificial Flavours, Xanthan Gum, Sucralose.  
Ingrédients: Isolat de protéine de lactosérum, arômes naturels et artificiels, gomme de xanthane, sucralose.

**Whey Protein Isolate Facts:**

Whey protein isolate is produced by extracting the pure amino acids from milk proteins leaving behind all of the sugar (lactose), fat, and cholesterol. The result is a lactose-free protein that is the purest, cleanest, most easily absorbed protein known to man. It has the highest bio-value of any protein available. Whey protein isolate is the richest source of the 8 essential amino acids and branched-chain amino acids your body needs for growth, energy, and vibrant health.

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**Mode D'emploi:**

Ajouter 1 ou 2 mesures dans de l'eau, du lait, du jus, ou dans votre smoothie favori. Pour des recettes délicieuses, veuillez nous visiter chez canadawhey.com

**100% Whey Protein Isolate**

# CANADA WHEY

# Whey ISOLATE

## The Smoothie Series

TASTES GREAT / Goût extraordinaire  
 MIXES INSTANTLY / Se mélange instantanément  
 LACTOSE AND FAT FREE / Sans lactose et sans gras

**Banana Daiquiri**

**29g**

Protein / Serving  
Protéines / Portion

Net Wt. 907 g ( 2 lbs )

**Dietary Supplement**

**Nutrition Facts****Valeur nutritive**

Per 1 scoop (33 g) / Pour 1 mesure (33 g)  
 Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 121	
Fat / Lipides 0 g	0%
Saturated / saturés 0 g	0%
+ Trans / trans 0 g	
Cholesterol / Cholestérol 4.64 mg	1%
Sodium / Sodium 49 mg	2%
Carbohydrate / Glucides 1 g	0%
Fibre / Fibres 0 g	0%
Sugar / Sucres 1 g	
Phosphorus / Phosphore 68.4 mg	7%
Potassium / Potassium 96 mg	3%
Protein / Protéines 29 g	58%
Calcium / Calcium 139 mg	14%

**Amino Acid Profile**

Profil des Acides Aminés	mg per serving / mg par portion
Alanine / Alanine	1470
Arginine / Arginine	0.596
Aspartic Acid / Acide Aspartique	4.002
Cysteine / Cystine	0.87
Glutamic Acid / Acide Glutamique	5.452
Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
Isoleucine ## / Isoleucine ##	1.627
Leucine #* / Leucine #*	3.045
Lysine * / Lysine *	2.552
Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

# branched chain amino acids (BCAAs) / acides aminés branchés

\* essential amino acids / acides aminés essentiels

Exp: 06/2013

Ingredients: Whey Protein Isolate, Natural and Artificial Flavours, Xanthan Gum, Sucralose.

Ingrédients: Isolat de protéine de lactosérum, arômes naturels et artificiels, gomme de xanthane, sucralose.

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**100% Whey Protein Isolate**

# CANADA WHEY

# Whey ISOLATE

## *The Smoothie Series*

**TASTES GREAT / Goût extraordinaire**  
**MIXES INSTANTLY / Se mélange instantanément**  
**LACTOSE AND FAT FREE / Sans lactose et sans gras**

**29g**

Protein / Serving  
Protéines / Portion

Net Wt. 907 g ( 2 lbs )

**Dietary Supplement**

**Nutrition Facts****Valeur nutritive**

Per 1 scoop (33 g) / Pour 1 mesure (33 g)  
Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne

Calories / Calories	121
Fat / Lipides	0 g
Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
Sodium / Sodium	49 mg
Carbohydrate / Glucides	1 g
Fibre / Fibres	0 g
Sugar / Sucres	1 g
Phosphorus / Phosphore	68.4 mg
Potassium / Potassium	96 mg
Protein / Protéines	29 g
Calcium / Calcium	139 mg

**Amino Acid Profile**

Profil des Acides Aminés mg per serving / mg par portion

Alanine / Alanine	1470
Arginine / Arginine	0.596
Aspartic Acid / Acide Aspartique	4.002
Cysteine / Cystine	0.87
Glutamic Acid / Acide Glutamique	5.452
Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
Isoleucine## / Isoleucine ##	1.627
Leucine #* / Leucine #*	3.045
Lysine * / Lysine *	2.552
Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

# branched chain amino acids (BCAA's) / acides aminés branchés

\* essential amino acids / acides aminés essentiels

Exp: 06/2013

Ingredients: Whey Protein Isolate, Natural and Artificial Flavours, Xanthan Gum, Sucralose.  
Ingrédients: Isoat de protéine Isolée, saveurs naturelles et artificielles, gomme de xanthane, sucralose.

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**100% Whey Protein Isolate**

# Whey ISOLATE

## *The Smoothie Series*

**TASTES GREAT / Goût extraordinaire**  
**MIXES INSTANTLY / Se mélange instantanément**  
**LACTOSE AND FAT FREE / Sans lactose et sans gras**

**29g**

 Protein / Serving  
 Protéines / Portion

*Chocolate Peanut Butter*

Net Wt. 907 g ( 2 lbs )


**Dietary Supplement**
**Nutrition Facts****Valeur nutritive**
 Per 1 scoop (33 g) / Pour 1 mesure (33 g)  
 Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne

Calories / Calories	121
Fat / Lipides	0 g
Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
Sodium / Sodium	49 mg
Carbohydrate / Glucides	1 g
Fibre / Fibres	0 g
Sugar / Sucres	1 g
Phosphorus / Phosphore	68.4 mg
Potassium / Potassium	96 mg
Protein / Protéines	29 g
Calcium / Calcium	139 mg

**Amino Acid Profile**

Profil des Acides Aminés mg per serving / mg par portion

Alanine / Alanine	1470
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Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
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Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

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\* essential amino acid / acide aminé essentiel

Exp: 06/2013

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**100% Whey Protein Isolate**

# CANADA WHEY

# Whey ISOLATE

## *The Smoothie Series*

**29g**
**Protein / Serving  
Protéines / Portion**
**Vanilla**
**Net Wt. 907 g ( 2 lbs )**
**Dietary Supplement**
**Nutrition Facts****Valeur nutritive**

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Amount	% Daily Value
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Calories / Calories	121
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Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
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Protein / Protéines	29 g
Calcium / Calcium	139 mg

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**100% Whey Protein Isolate**

# Canada Whey

# Whey ISOLATE

## *The Smoothie Series*

TASTES GREAT / Goût extraordinaire  
 MIXES INSTANTLY / Se mélange instantanément  
 LACTOSE AND FAT FREE / Sans lactose et sans gras

**29 g**

 Protein / Serving  
 Protéines / Portion

*Strawberry*

Net Wt. 907 g ( 2 lbs )



Exp: 06/2013

**Dietary Supplement**
**Nutrition Facts****Valeur nutritive**

Per 1 scoop (33 g) / Pour 1 mesure (33 g)

Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
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Valine #* / Valine #*	1.711

 # branched chain amino acids (BCAA's) / acides aminés branchés  
 \* essential amino acids / acides aminés essentiels

**Whey Protein Isolate Facts:**

Whey protein isolate is produced by extracting the pure amino acids from milk proteins leaving behind all of the sugar (lactose), fat, and cholesterol. The result is a lactose-free protein that is the purest, cleanest, most easily absorbed protein known to man. It has the highest bio-value of any protein available. Whey protein isolate is the richest source of the 8 essential amino acids and branched-chain amino acids your body needs for growth, energy, and vibrant health.

**The Smoothie Series Formula:**

Our team of experts at Canada Whey Inc. has used a combination of unparalleled product experience and the latest technological innovations to combine quality and taste in one amazing formula. Canada Whey Smoothie Series formula has one of the highest percentages of whey protein isolate in the market today. At Canada Whey Inc., we use only cold-processing technology, which does not denature the whey protein, nor deprive it from its bioactive components.

**Suggested Use:**

Mix 1 to 2 scoops in water, milk, juice or your favourite smoothie. For great-tasting smoothie recipes, please visit canadawhey.com.

**Mode D'emploi:**

Ajouter 1 ou 2 mesures dans de l'eau, du lait, du jus, ou dans votre smoothie favori. Pour des recettes délicieuses, veuillez nous visiter chez canadawhey.com.

**100% Whey Protein Isolate**


# WHEY ISOLATE

## *The Smoothie Series*

TASTES GREAT / Goût extraordinaire  
 MIXES INSTANTLY / Se mélange instantanément  
 LACTOSE AND FAT FREE / Sans lactose et sans gras

**29g**

 Protein / Serving  
 Protéines / Portion

*Chocolate*

Net Wt. 907 g ( 2 lbs )

Exp: 06/2013

**Dietary Supplement**
**Nutrition Facts****Valeur nutritive**
 Per 1 scoop (33 g) / Pour 1 mesure (33 g)  
 Servings Per Container: 28 / Portions par conteneur: 28

Amount	% Daily Value
Teneur	% valeur quotidienne

Calories / Calories	121
Fat / Lipides	0 g
Saturated / saturés	0 g
+ Trans / trans	0 g
Cholesterol / Cholestérol	4.64 mg
Sodium / Sodium	49 mg
Carbohydrate / Glucides	1 g
Fibre / Fibres	0 g
Sugar / Sucres	1 g
Phosphorus / Phosphore	68.4 mg
Potassium / Potassium	96 mg
Protein / Protéines	29 g
Calcium / Calcium	139 mg

**Amino Acid Profile**

Profil des Acides Aminés mg per serving / mg par portion

Alanine / Alanine	1470
Arginine / Arginine	0.596
Aspartic Acid / Acide Aspartique	4.002
Cysteine / Cystine	0.87
Glutamic Acid / Acide Glutamique	5.452
Glycine / Glycine	0.551
Histidine* / Histidine *	0.551
Isoleucine #* / Isoleucine #*	1.627
Leucine #* / Leucine #*	3.045
Lysine * / Lysine *	2.552
Methionine * / Méthionine *	0.754
Phenylalanine * / Phénylalanine *	1.015
Proline / Proline	1.769
Taurine / Taurine	0
Serine / Sérine	1.479
Threonine * / Thréonine *	2.088
Tryptophan * / Tryptophane *	0.696
Tyrosine / Tyrosine	0.900
Valine #* / Valine #*	1.711

# branched chain amino acids (BCAAs) / acides aminés branchés

\* essential amino acids, acides aminés essentiels

 Ingredients: Whey Protein Isolate, Natural and Artificial Flavours, Xanthan Gum, Sucralose.  
 Ingrédients: Isolat de protéine de lactosérum, arômes naturels et artificiels, gomme de xanthane, sucralose.