# Whey Protein Isolate Facts:

Whey protein isolate is produced by extracting the pure amino acids from milk proteins leaving behind all of the sugar (lactose), fat, and cholesterol. The result is a lactose-free protein that is the purest, cleanest, most easily absorbed protein known to man. It has the highest bio-value of any protein available. Whey protein isolate is the richest source of the 8 essential amino acids and branched-chain amino acids your body needs for growth, energy, and vibrant health.

## The Iso-Smoothie Formula:

Our team of experts at Vitabolics Inc. has used a combination of unparalleled product experience and the latest technological innovations to combine quality and taste in one amazing formula. Iso-Smoothie has one of the highest percentages of whey protein isolate in the market today. At Vitabolics Inc, we use only cold-processing technology, which does not denature the whey protein, nor deprive it from its bioactive components.

Suggested Use: Mix 1 to 2 scoops of Iso-Smoothie in water, milk, juice or your favourite smoothie. For great-tasting smoothie recipes, please visit vitabolics.com

# Mode D'emploi:

Ajouter 1 ou 2 mesures de Iso-Smoothie dans de l'eau, du lait, du jus, ou dans votre smoothie favori. Pour des recettes délicieuses, veuillez nous visiter chez vitabolics.com **VÍTAbolics** 

Smoothie moothie

NEW!

DIETARY SUPPLEMENT

[100% Whey Protein Isolate]

TASTES GREAT / Goût extraordinaire MIXES INSTANTILY // Se mélange instantanément LACTOSE AND FAT FREE // Sans lactose et sans gras

25g Protein/Serving Vanilla

Not Wt. 2.27 kg (5 lbs)

25 g Protéines / Portion

# **Nutrition Facts**

## Valeur nutritive

Per 1 scoop (28.4 g) / Pour 1 mesure (28.4 g)

Servings Per Container: 80 / Portions par conteneur: 80

Servings Fer Container. 607 Fort	ions par conteneur. ou
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 104	
Fat / Lipides 0 g	0%
Saturated / saturés 0g	0%
+ Trans / trans 0 g	
Cholesterol / Cholestérol 4 mg	1%
Sodium / Sodium 42 mg	2%
Carbohydrate / Glucides 1 g	0%
Fibre / Fibres 0 g	0%
Sugar / Sucres 1 g	
Phosphorus / Phosphore 59 mg	6%
Potassium / Potassium 83 mg	2%
Protein / Protéines 25 g	50%
Calcium / Calcium 120 mg	12%

#### Amino Acid Profile

Profil des Acides Aminés	mg per serving / mg par port	ion
Alanine / Alanine	1 <sup>-</sup>	189
Arginine / Arginine	4	493
Aspartic Acid / Acide Aspart	ique 26	669
Cysteine / Cystine	(	626
Glutamic Acid / Acide Glutar	mique 42	237
Glycine / Glycine	(	381
Histidine* / Hystidine *	4	471
Isoleucine #* / Isoleucine #*	16	315
Leucine #* / Leucine #*	25	512
Lysine * / Lysine *	19	974
Methionine * / Méthionine *	4	473
Phenylalanine * / Phénylala	nine *	719
Proline / Proline	17	750
Taurine / Taurine		0
Serine / Sérine	11	189
Threonine * / Thréonine *	17	794
Tryptophan * / Tryptophane	*	426
Tyrosine / Tyrosine	(	<del>3</del> 95
Valine #* / Valine #*	14	413