

PERSONAL CYBER SECURITY

FIRST STEPS

Summary Checklist



**Use this handy checklist
to track your progress:**

- I have turned on automatic updates for all my devices:**
 - Computer (desktop and laptop)
 - Mobile phone
 - Tablet
- I have activated multi-factor authentication on my most important accounts:**
 - All my online banking and financial accounts (e.g. your bank, PayPal)
 - All my email accounts (e.g. Gmail, Outlook, Hotmail, Yahoo!)
- I regularly back up my devices:**
 - Computer (desktop and laptop)
 - Mobile phone
 - Tablet
- I use unique strong passphrases on my most important accounts that aren't protected by MFA:**
 - Online banking and financial accounts
 - Email accounts
- I have secured my mobile devices:**
 - Laptop
 - Mobile phone
 - Tablet

I use cyber secure thinking every day:

- I can recognise scam messages
- I know what to do if I receive a scam message
- I know how to check if a message is a scam if I'm unsure
- I think before I click on links and attachments
- I think before I share anything on social media

I know where to get help if I'm a victim of cybercrime or a scam

