The Darkside of Red-Teaming?

Common Traps & Pitfalls
In Recent Red-Teaming

Content

- Introduction
- OSINT
- SMTP
- HTTP(S)
- C2C
- Payloads
- Reporting
- Bonus Round / Extra Time

Red-Side

Andy Davies

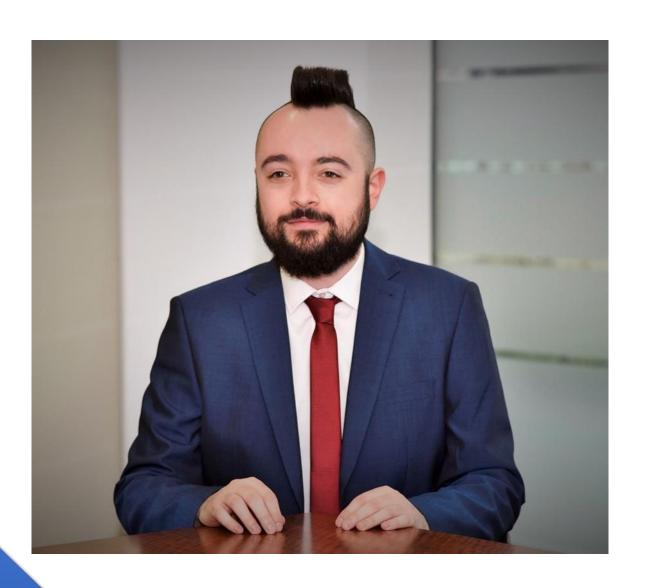
Old skool pentester from circa 2000

Developer of some popular scripts & hardware

Professional experience in infosec consulting +15 yrs

Track day addict





Blue-Side

Jon Medvenics

Young-blood Blue team generalist

Malware, Network and Incident analysis. Is currently the Cyber Incident Response lead for the Houses of Parliament.

Get's jumpy at the mention of "Bears"

Spends too much time trying to understand the Red Team just to trip them up in engagements.

ENFP







Testing from your own IP!

Who here has tested from their own IP or corporate range?

Testing from your own IP!

Who here has tested from their own IP or corporate range?

Why this is bad.....

Whois

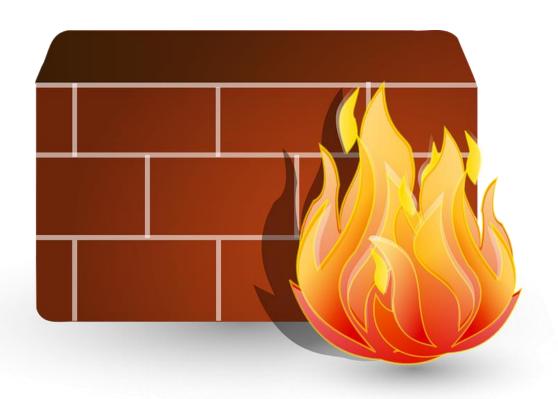
Selection of 'Whois' Commands:

```
whois 4.2.2.1
whois -h whois.geektools.com
4.2.2.1
whois -a -T inetnum <org>
```

```
> whois -h whois.pwhois.org 4.2.2.1
IP: 4.2.2.1
Origin-AS: 3356
Prefix: 4.0.0.0/9
AS-Path: 3257 3356
AS-Org-Name: Level 3 Communications, LLC
Org-Name: Level 3 Communications, Inc.
Net-Name: LVLT-ORG-4-8
Cache-Date: 1240446962
Latitude: 39.913500
Longitude: -105.093000
City: BROOMFIELD
Region: COLORADO
Country: UNITED STATES
```

https://commons.wikimedia.org/wiki/File:Pwhois_query.png

Ever heard of a Firewall?



https://pixabay.com/en/firewall-security-internet-web-29940/

Cloud Accounts?



Choosing a D0ma1n!

Why should we be careful around choosing domains?

Domains

Purchasing domains:

- Typo squatting
- Include organisation name in domain name?
- Generic domain, organisation name as subdomain?
- Expired domains.



Domains – Legalities

- DCMA digital copyright law
- RIPE/ARIN/IPNIC/AfriNIC/APNIC/LACNIC domain seizures if use similar name, or trademark infringement
- When you pay for domains/ISP through personal Credit Card you details are stored and may be passed on to authorities

Danger!



• https://commons.wikimedia.org/wiki/File:Day_296_-_West_Midlands_Police_-_Two_Person_Enforcer_(8112650465).jpg

Setting up Mail in a Day?

Who here has had 1-day to set up a mail-server/phishing server for red-teaming?

Testing from your own IP!

Who here has had 1-day to set up a mail-server/phishing server for red-teaming?

Why this is bad.....

SMTP

- Dont forget to scrub your mail headers
- Remember to set an appropriate hostname
- use multi content, plain text and html
- catch all email, you might receive mail?



SMTP – Hide your Origin, or go back to Slide 1

Postfix

define(`confRECEIVED_HEADER',`by \$j (\$v/\$Z)\$?r with \$r\$. id \$i; \$b')dnl

SMTP – Hide your Origin; Go to Jail



SMTP – SEM FRESH Blacklists

- Allow time for SEM FRESH blacklist to dissipate (5, 10, 15 30 days)
- Set up SPF/DKIM/DMARC
- Test against https://spameatingmonkey.com before delivery!



https://i2-prod.walesonline.co.uk/incoming/article9796488.ece/ALTERNATES/s615b/MH2_7829.jpg

Setting up a Phishing Site/Waterhole?

Do you use automated tooling to build websites?

HTTP(S)

- HTTrack
- Exploit Frameworks
 - Beef
 - Empire
- Domain Categorisation
- Site/C2C remember to implement SSL - its free with letsencrypt



https://en.wikipedia.org/wiki/HTTPS

HTTrack

 It will insert a comment similar to the following in the header and footer:

<!-- Mirrored from www.example.com/ by HTTrack Website Copier/3.x [XR&CO'2013], Sat, 07 Apr 2018 12:57:02 GMT -->

Beef

The Defaults:

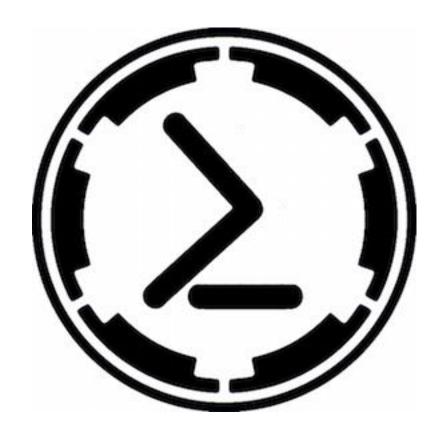
- Hook.js
- BEEFSESSION

Easily detected by any security gateway / proxy.



Empire

- Powershell exploit framework
- Similar to Metasploit
- Lots of prebuilt modules
- Handy for leveraging Windows hosts
- Known default Endpoints:
 - /admin/news.php
 - /admin/get.php
 - /login/process.php



https://www.powershellempire.com/

Domain Categories

Old Skool

Domain or IP

example.com

Host

www.example.com ftp.example.com

Getting better

Directory

example.com/directory1

File Name

example.com/puppies.jpg example.com/locky.php

Getting too clever

Query String

example.com/?sk=admin

example.com/?sk=fart

Domain Categorisation

- Bluecoat/Symantec https://sitereview.bluecoat.com/sitereview.jsp
- McAfee https://www.trustedsource.org
- Palo Alto Wildfire https://urlfiltering.paloaltonetworks.com
- Websense https://csi.forcepoint.com & <a
- Fortiguard http://www.fortiguard.com/iprep
- IBM X-force https://exchange.xforce.ibmcloud.com
- F-Secure SENSE https://www.f-secure.com/en/web/labs-global/submit-a-sample
- Checkpoint https://www.checkpoint.com/urlcat/main.htm (needs registration)
- Squid https://www.urlfilterdb.com/suggestentries/add_url.html
- https://community.opendns.com/domaintagging/
- https://www.brightcloud.com/tools/change-request-url-categorization.php
- https://archive.lightspeedsystems.com
- https://support.forcepoint.com/KBArticle?id=How-To-Submit-Uncategorized-Sites

Transport Encryption aka SSL

- No excuses!
- Promised clients/customers you'll handle their data securely
- GDPR 25th May 2018
- Free from following providers:
 - Letsencrypt
 - Comodo trial certificate (30 days)
 - ZeroSSL
 - Many more, but we are not going into this deep here!

Blue Team and the use of CC and tracking

- The Blue Team may have links to local law enforcement?
 - Or through a third party?
- How did you pay for those domains and hosting?
- Government and law enforcement bodies can request banks and financial institutions to cough up CC ownership details
- This means LEO's will have your name and card holder address!

LEO = Law Enforcement Officer

Using personal Credit Cards!



https://commons.wikimedia.org/wiki/File:Day_296_-_West_Midlands_Police_-_Two_Person_Enforcer_(8112650465).jpg

Command & Control



• https://commons.wikimedia.org/wiki/File:Virus_malware_hazard_icon.svg

C2C – From the Outside

- Don't use your corporate IP address space
 - Attempt to use proxies/redirectors in the cloud
- Don't use hacking tools in default configurations
 - Empire, Metasploit
- Don't use default/known webshells
 - At least create some form of authentication/ authorization for the shell
 - We don't want a hackergroup pivoting in off our tools
- Remember to use SSL

C2C – From the Inside

Important things to remember:

- Don't leave your hostname as Kali
- Don't immediately email the office email to debug phishing? Or test mail out capability
- Download any popular hacking tools
 - Nmap, Crackmapexec, Responder, Metasploit, Empire, Powersploit, Bloodhound, Superscan, Caine and able, etc
- Don't immediately start brute forcing accounts.
- Don't steal the IP of a nearby worker, at start attacking the network!

Payloads

- PDF
- DOC(X)
- XSL(X)
- RTF
- URL
- PS1
- ZIP





Payloads – Meta Data

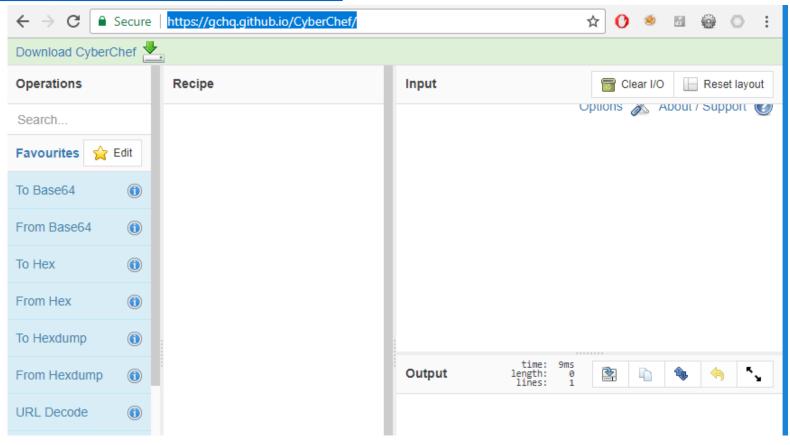
- URLs already covered domains
- EXEs/ZIPs and TAR/TGZ can leak usernames, pathnames
- DOC/XSL leak usernames, pathnames, additional files additional meta data
- Images may leak GPS co-ordinates, info about the device, ownership / copyright holder of the image

Payloads – Meta Data - Tools

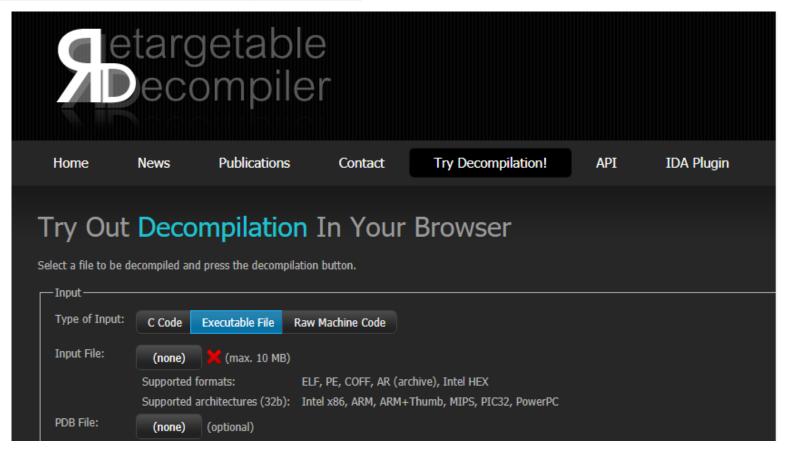
- Basic Hex editor: xxd or XIV
- http://hachoir3.readthedocs.io/
- https://github.com/hiddenillusion/AnalyzePDF
- https://zeltser.com/peepdf-malicious-pdf-analysis
- http://blog.didierstevens.com/programs/pdf-tools/
- https://github.com/ElevenPaths/FOCA

- Many security gateways have AV or signature based detection for common attack modules.
- Also companies/blue teams with mature infrastructure, may have custom analysis platforms e.g. Cuckoo
- Automated Sandboxing and analysis, or even manual analysis may mean you get spotted quickly

https://gchq.github.io/CyberChef/



https://retdec.com/decompilation/



Metasploit

- Powerful exploit framework
- Lots of prebuilt modules
- Handy for leveraging hosts
- OSINT & Recon Modules
- Most Attackers use this in the real world



https://twitter.com/msfminute

Empire/MSF – Detection & Fingerprinting

Monitoring

- 1. Endpoint (Carbon Black, Tanium, etc)
- 2. Powershell
 - 1. Script Block logging
 - 2. Module logging
 - 3. Transcript logging

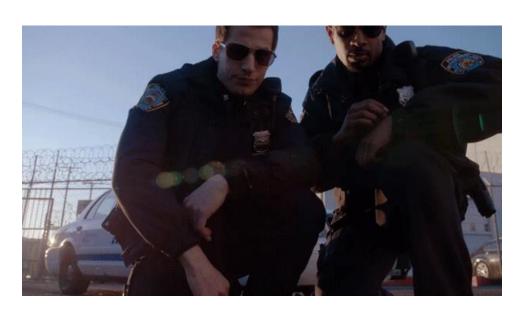
Default strings

Listener = "powershell –noP –sta –w l enc"

Stager = "/b powershell -noP -sta -w l enc"

Bonus Points for filtering by parent proc as WScript.

(It's scary how often this is forgotten)



Empire/MSF – Detection & Fingerprinting

Antivirus & IDS/IPS

All Antivirus and IDS technology (should) have the capability to detect MSF:

%COMSPEC% /b /c start /b /min powershell.exe -nop -w hidden -e aQBmACgAWwBJAG4AdABQAHQAcgBdADoAOgBTAGkAegBlACAALQ

\$ecv = [System.Runtime.InteropServices.Marshal]::GetDelegateForFunctionPointer(
(bwEq8ez kernel32.dll CreateThread), (t1P @([IntPtr], [UInt32], [IntPtr], [IntPtr], [UInt32],
[IntPtr]) ([IntPtr]))).Invoke([IntPtr]::Zero,0,\$aoOMMDM,[IntPtr]::Zero,0,[IntPtr]::Zero)
[System.Runtime.InteropServices.Marshal]::GetDelegateForFunctionPointer((bwEq8ez kernel32.dll

Empire/MSF – Detection & Fingerprinting

Antivirus Continued

All antivirus and ids technology (should) have the

capability to detect MSF:

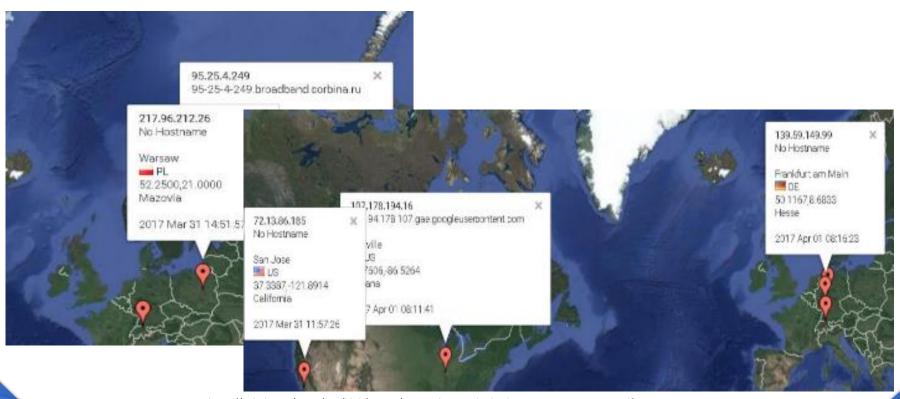

```
Clamay
dridex.bin.data: Win.Trojan.MSShellcode-7
FOUND
MSF/Sample Fingerprint
MD5(dridex.bin.msff)=
836496b1035773f98d23a097b8bc4252
SHA1(dridex.bin.msff)=
9c118ba0b74a76ad6242855bd8470b97ef92f9
76
windows/shell/reverse http
```

What happens when the blue-team identifies you?

We have two responses depending on what side you sit?

The Blue Team

VirusTotal will share your payloads!



https://github.com/yt0ng/SAS/blob/master/MNeis_dont_push_the_button_SAS2017_PUBLIC.pdf

VirusTotal will share your payloads! Other Privateers:

- 176.24.96.80
- •213.254.241.7
- •95.211.95.129 (Tor Exit Node)
- •193.226.177.0/24
- •66.102.0.0/20

And Authorities may be notified and scrambled to your location?

Leaked Payloads – The Interview



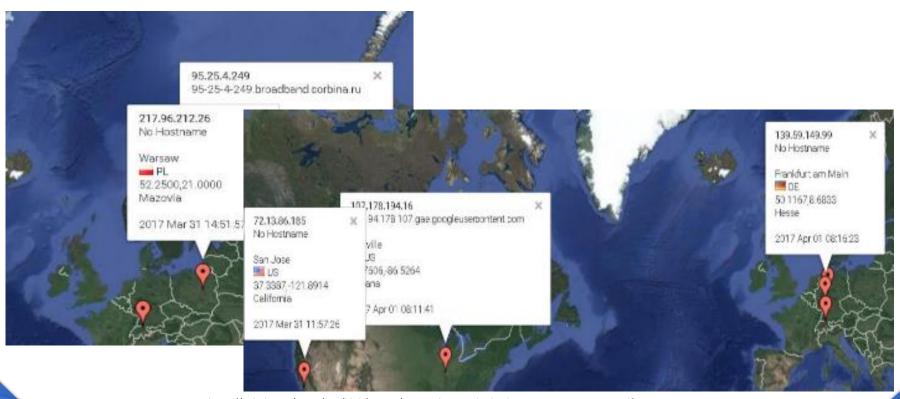
• https://commons.wikimedia.org/wiki/File:Otakuthon 2014- The Men in black taking down a thug (14850547629).jpg

We have two responses depending on what side you sit?

The Red Team

How many of you have tested your payload in VirusTotal before the RedTeam

Again... VirusTotal will share your payloads!



https://github.com/yt0ng/SAS/blob/master/MNeis_dont_push_the_button_SAS2017_PUBLIC.pdf

Use you own private system firewalled off from rest of the world!

Or use

https://nodistribute.com/

Know your shells

```
Microsoft Windows [Version 10.0.17133.1]
(c) 2018 Microsoft Corporation. All rights reserved.
```

andy@Andys-Laptop:~\$

```
SQL*Plus: Release 11.2.0.3.0 Production on Wed Jan 21 18:41:04 2015

Copyright (c) 1982, 2011, Oracle. All rights reserved.

Connected to:
Oracle Database 11g Enterprise Edition Release 11.2.0.3.0 - 64bit Production With the Partitioning option
```

Don't type whoami or dir here

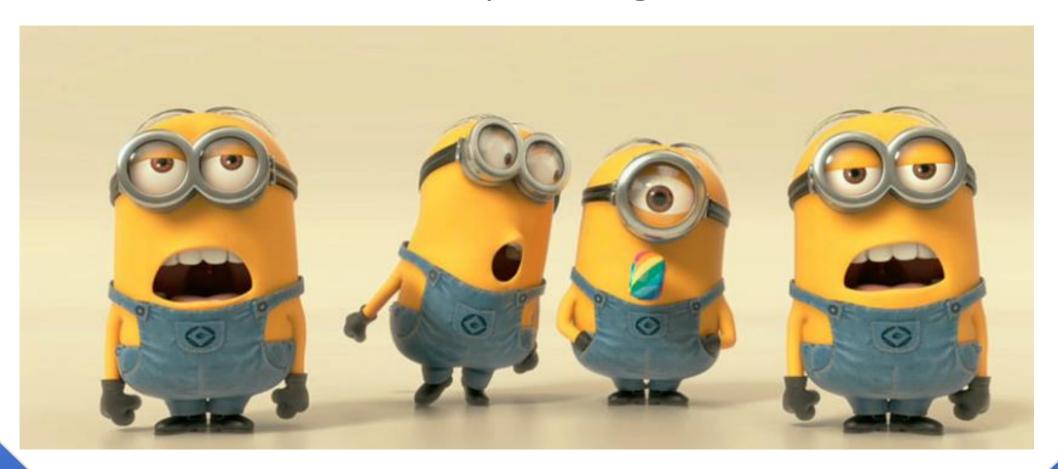
This is a database client – not a command prompt / shell!

```
SQL*Plus: Release 11.2.0.3.0 Production on Wed Jan 21 18:41:04 2015

Copyright (c) 1982, 2011, Oracle. All rights reserved.

Connected to:
Oracle Database 11g Enterprise Edition Release 11.2.0.3.0 - 64bit Production With the Partitioning option

SQL>
```



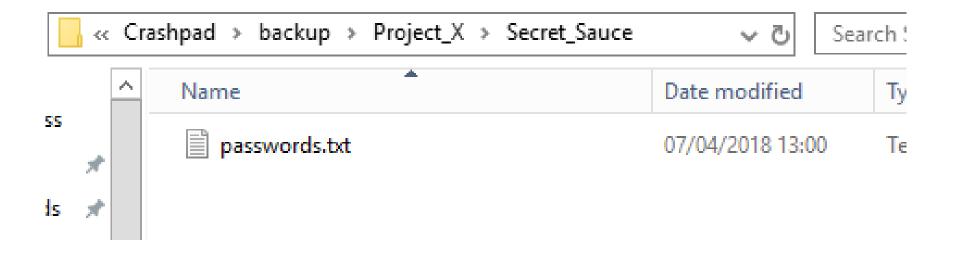
Obvious reasons why reporting is important....

- did you record suitable evidence
- is it date-time stamped!
- may get challenged on timeline / collaborate blue team logs
- stuff may get patched during engagement, cant go back
- Be prepared for 2-4 weeks reporting unless your making brilliant notes as you go along.
- Not your standard pentest report! Next Slide...

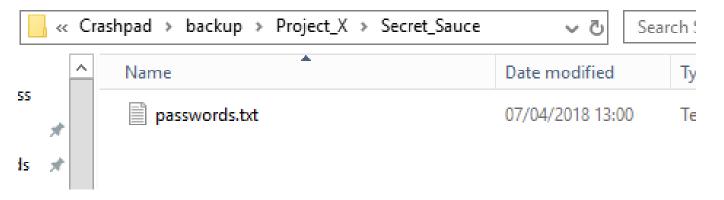
- People, Processes, Technology
- Tactical and Strategical recommendations
- Level of Skill employed: Scr1p7 K1dd13 -> 1ee7 Hax0r / Admin
- Lockheed Martin Cyber Kill Chain™
- Diamond Model Use full for modelling your kill chains

http://www.activeresponse.org/the-diamond-model/

Obvious reasons why reporting is important....



Obvious reasons why reporting is important....



What network folder did you find this file in??? You can bet it won't be there when it comes to retesting.

FULL PATHS – ALWAYS DOCUMENT FULL PATHS!!!

Reporting – Console Cheat sheet

Windows CMD

prompt \$D\$S\$T\$S\$P\$G

Becomes

[Date] [Time] [Drive & Path]>

Bash shell

export PS1='[\u@\h \W] \D{%F %T}\n\\$ '

Reporting – Console Cheat sheet

Metasploit

Change PROMPT

```
msf> setg PROMPT %T msf
PROMPT => %T msf
2015-06-12 00:11:54 +0100 msf> save
Saved configuration to: /home/<user>/.msf4/config
2015-06-12 00:11:57 +0100 msf>
```

• Log to specific file

Msf> spool /root/msf_console.log

Lastly

So you want a quick tip on red teaming...

Most Plays Come From This...



Extra Time – Some Bad Mistakes



 $https://cdn.pixabay.com/photo/2017/08/13/05/08/deadline-stopwatch-2636259_960_720.jpg$

Extra Time – Not Safe for Work

- nsa mac address
- pineapple mac addresses
- set hostname to pineapple/kali/pwned
- hack the blue team workstation of the staff member changing passwords, reset passwords after hes logged out, or moved to another server
- make everyone a domain admin, against professional code of conduct!!!!!!
- add your laptop/hackbox as a domain controller on the network, let it sync, unplug and walk away....
- insert filter dll, and reboot dc, watch passwords get sent in clear text to a http server you control
- unlock all locked accounts, to mask the fact you just DoSed 5000+ users
- change everyones (not entire company just blue team ad group) desktop wallpaper to french/italian black cockrel
- adjust the CEOs expenses
- adjust the CEOs pension
- change CEOs townhall/meeting/AGM speech thanking the red-team

FIN



https://health.mil/~/media/Images/MHS/Photos/acoustics.ashx?h=428&la=en&mw=720&w=720