



# CLOVER: ACTIVE ENGAGEMENT



## Needs

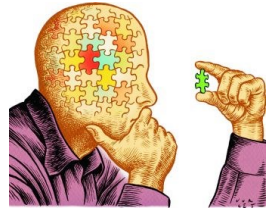
- Clear, concrete rules and instructions
- Frequent breaks
- Physical movement

Common Strengths	Common Challenges
<ul style="list-style-type: none"><li>• Energetic</li><li>• Spontaneous</li><li>• Enthusiastic</li><li>• Playful</li><li>• Able to live in the moment</li><li>• Quick to engage in action</li><li>• Eager participant</li><li>• Engages readily with others</li></ul>	<ul style="list-style-type: none"><li>• Difficulty sitting still</li><li>• Disorganized and/or forgetful</li><li>• Poor follow-through</li><li>• Easily frustrated or impatient</li><li>• Doesn't follow a clear flow of thought</li><li>• Difficulty with multiple step directions</li><li>• Derails conversation</li><li>• Impulsive</li></ul>

Dos	Don'ts
<ul style="list-style-type: none"><li>• Provide daily practices, rituals and routines that reinforce turn-taking and mind and body awareness</li><li>• Incorporate physical activity and movement</li><li>• Recognize positive behavior</li><li>• Anticipate and plan for moments when challenges might emerge</li><li>• Be consistent with rules and expectations</li></ul>	<ul style="list-style-type: none"><li>• Delay positive and negative consequences</li><li>• Be overly critical or lecture</li><li>• React in anger or irritation</li></ul>



# CLOVER: REFLECTION



## Needs

- Time and space for thinking
- Meaning-making opportunities
- Alternative outlets for expression– visual art, writing, etc.

Common Strengths	Common Challenges
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| <ul style="list-style-type: none"><li>• Astute observer</li><li>• Insightful, thoughtful</li><li>• Self aware and self analytical</li><li>• Applies logical and rational thinking</li><li>• Works independently</li><li>• Delights in knowledge</li><li>• Seeks meaning and understanding</li><li>• Engages others in thinking about ideas and concepts</li></ul> | <ul style="list-style-type: none"><li>• Perfectionist</li><li>• Deliberates to the point of inaction</li><li>• Puts others off with ideas or temperament</li><li>• Disconnected socially</li><li>• Anxious or depressed about matters beyond his/her control</li><li>• Experiences feelings of existential emptiness</li></ul> |
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Dos	Don'ts
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- |  |  |
|--|--|
| <ul style="list-style-type: none"><li>• Provide opportunities for discussion</li><li>• Model and encourage excellence over perfection</li><li>• Ask questions about the ideas that he/she has</li><li>• Help maintain perspective about the big picture and long terms goals</li></ul> | <ul style="list-style-type: none"><li>• Demand immediate responses</li><li>• Allow social isolation or bullying</li><li>• Support self-criticism</li></ul> |
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# CLOVER: ASSERTIVENESS



## Needs

- Choices and options
- Chance to negotiate and offer suggestions
- Leadership roles

Common Strengths		Common Challenges	
<ul style="list-style-type: none"><li>• Self-directed</li><li>• Decisive</li><li>• Influential</li><li>• Advocates for beliefs and convictions</li><li>• Confronts perceived injustices</li><li>• Sticks up for others</li></ul>		<ul style="list-style-type: none"><li>• Stubborn</li><li>• Confrontational</li><li>• Dismissive of others' feelings, ideas, needs</li><li>• Lies, cheats for personal gain</li><li>• Manipulative</li><li>• Engages in power struggles</li></ul>	
Dos		Don'ts	
<ul style="list-style-type: none"><li>• Acknowledge unfairness and injustice</li><li>• When in conflict<ul style="list-style-type: none"><li>• Use even tone of voice</li><li>• Be honest and realistic about what you can do</li></ul></li><li>• Provide activities that reinforce considering multiple perspectives</li></ul>		<ul style="list-style-type: none"><li>• Say, "How do you think the other person feels?" when he/she is expressing grievances.</li><li>• Blame or shame</li><li>• Make it seem like you are the good and the student is the bad one</li></ul>	



## CLOVER: BELONGING



### Needs

- Relationships with peers and adults
- Cooperative play and group work– against time or past performance vs competition
- Positive group identity

Common Strengths		Common Challenges	
<ul style="list-style-type: none"><li>• Empathic and caring</li><li>• Aware of others' feelings and needs</li><li>• Helpful</li><li>• Sociable</li><li>• Creates harmony in groups</li><li>• Navigates social circles</li></ul>		<ul style="list-style-type: none"><li>• Goes along with crowd</li><li>• Worried about being excluded</li><li>• Prone to bullying or manipulation</li><li>• Relies on affirmation and approval from others</li><li>• Lacks personal voice</li></ul>	
Dos		Don'ts	
<ul style="list-style-type: none"><li>• Use the “we” perspective– let’s figure this out together</li><li>• Use affective statements– you seem...</li><li>• Model and encourage self acceptance</li><li>• Scaffold sharing of those and ideas to the group</li></ul>		<ul style="list-style-type: none"><li>• Over-control the situation</li><li>• Try to rescue him/her by solving the problem for him/her</li><li>• Show anger, frustration or impatience</li><li>• Cold call</li></ul>	