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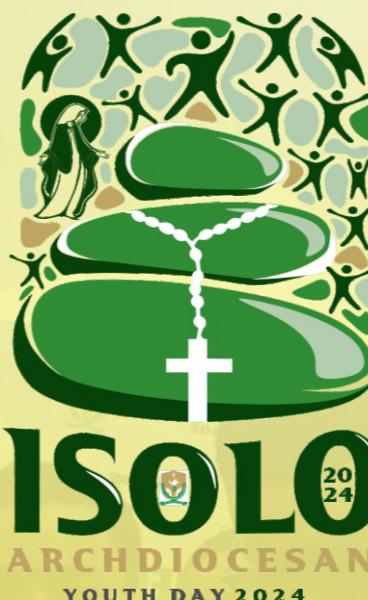
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CATHOLIC YOUTH
ORGANISATION OF NIGERIA
Archdiocese of Lagos

presents



ISOLO
2024
ARCHDIOCESAN
YOUTH DAY 2024

LAGOS ARCHDIOCESAN YOUTH DAY CELEBRATION

theme Those who hope in the Lord will run and not be weary. Isaiah 40:31

DATE: 11TH AUGUST, 2024

Venue: Chrisland College, Idimu Lagos

Time: 10am



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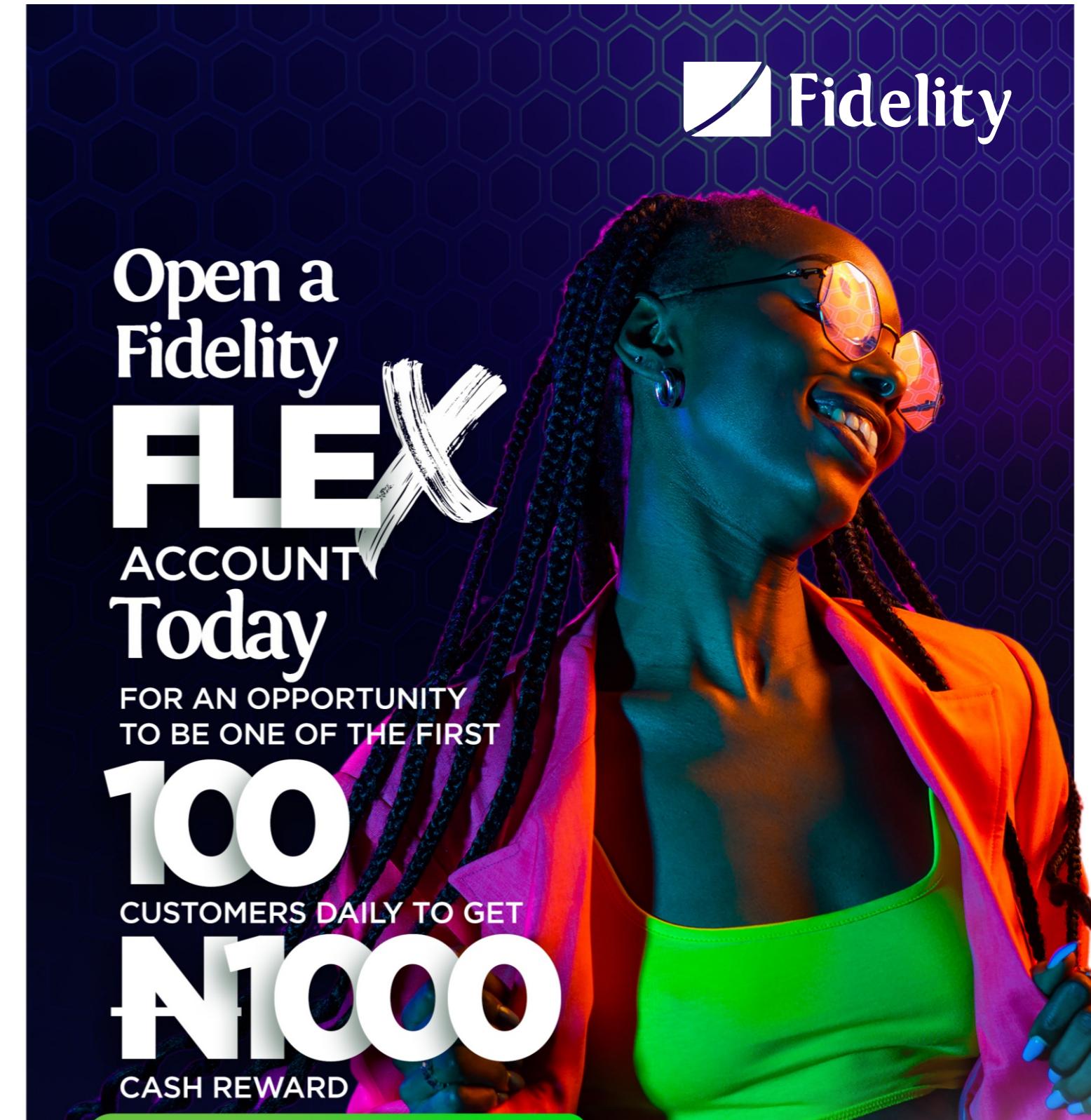
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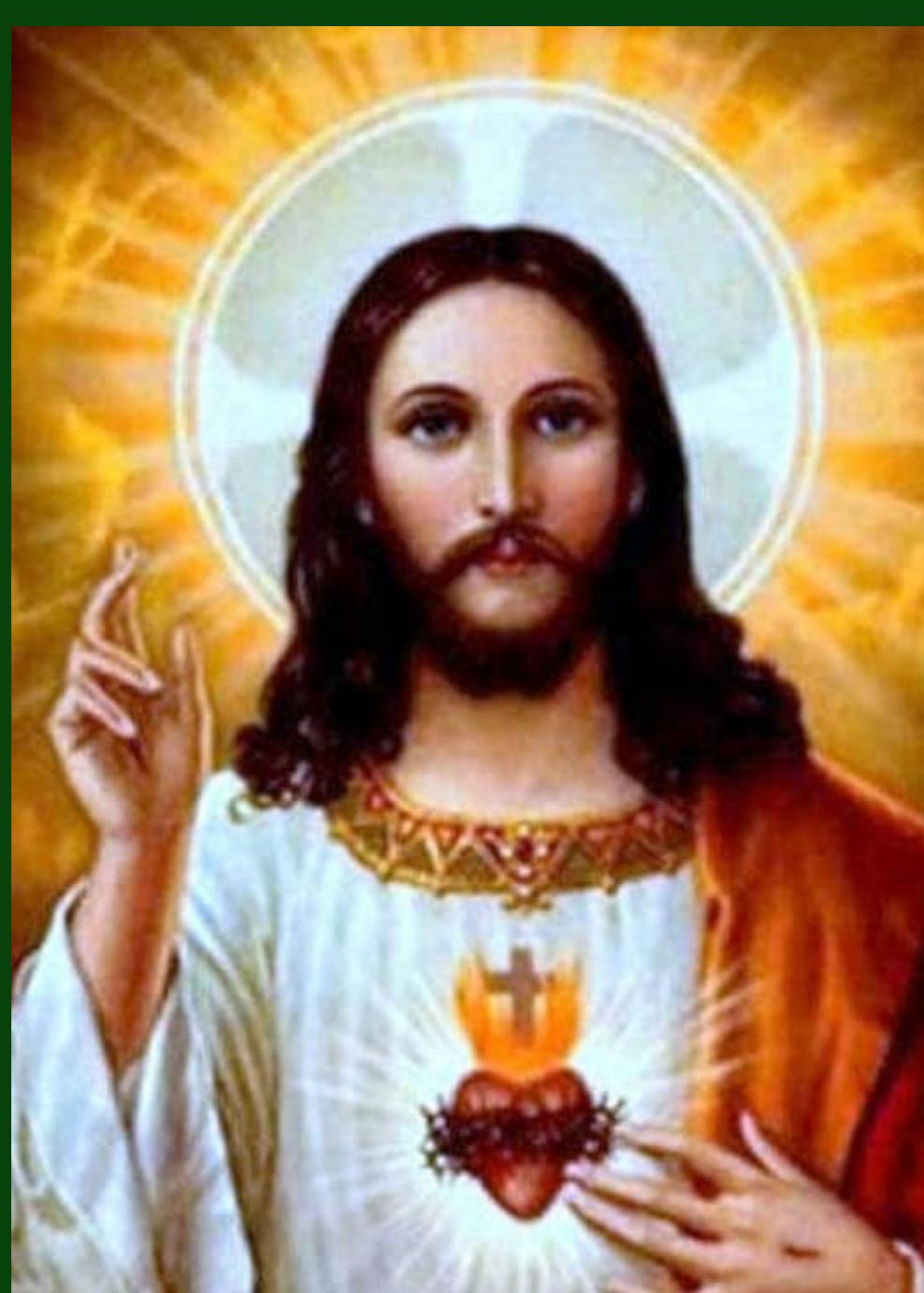
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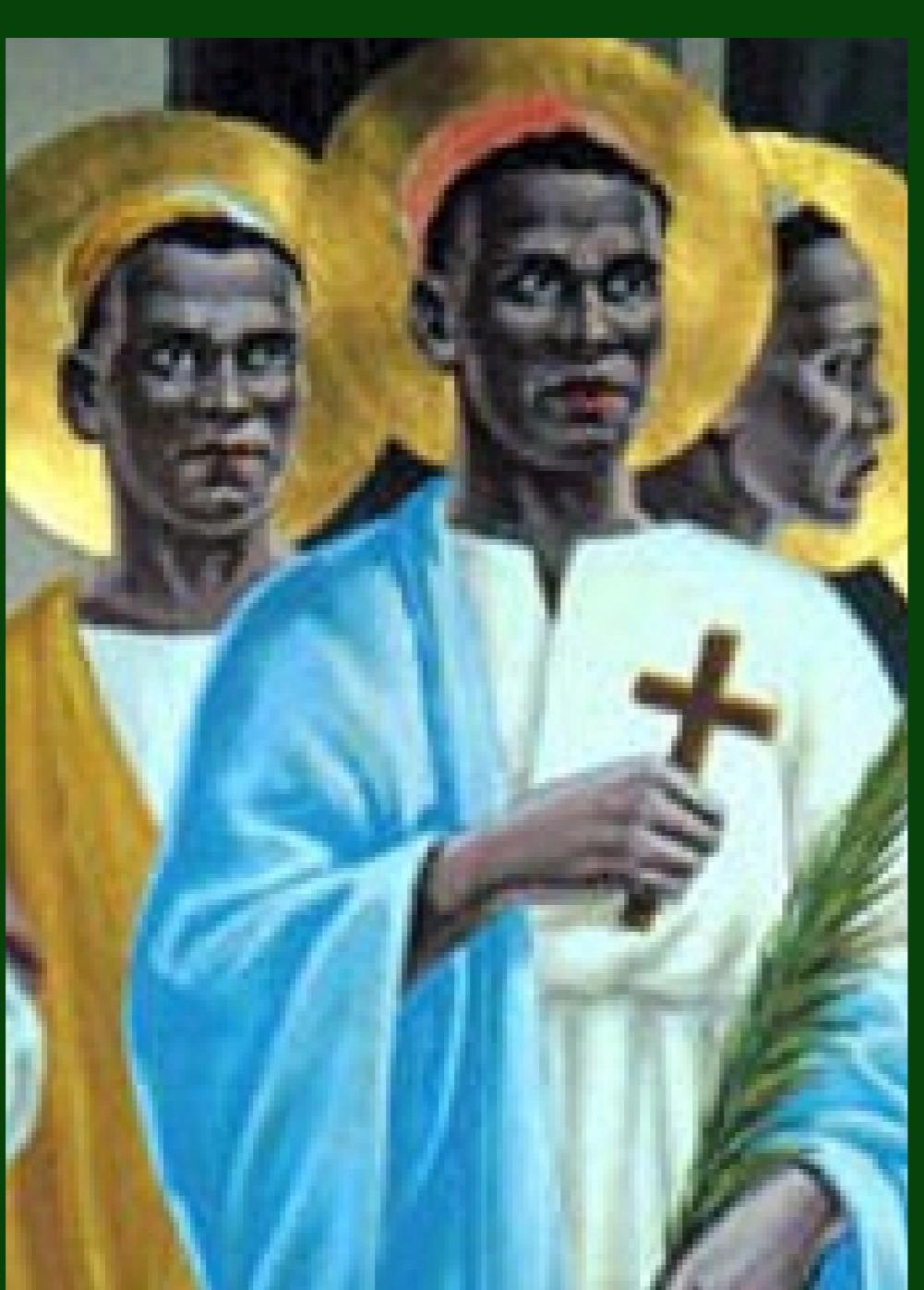
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Our Lord Jesus Christ

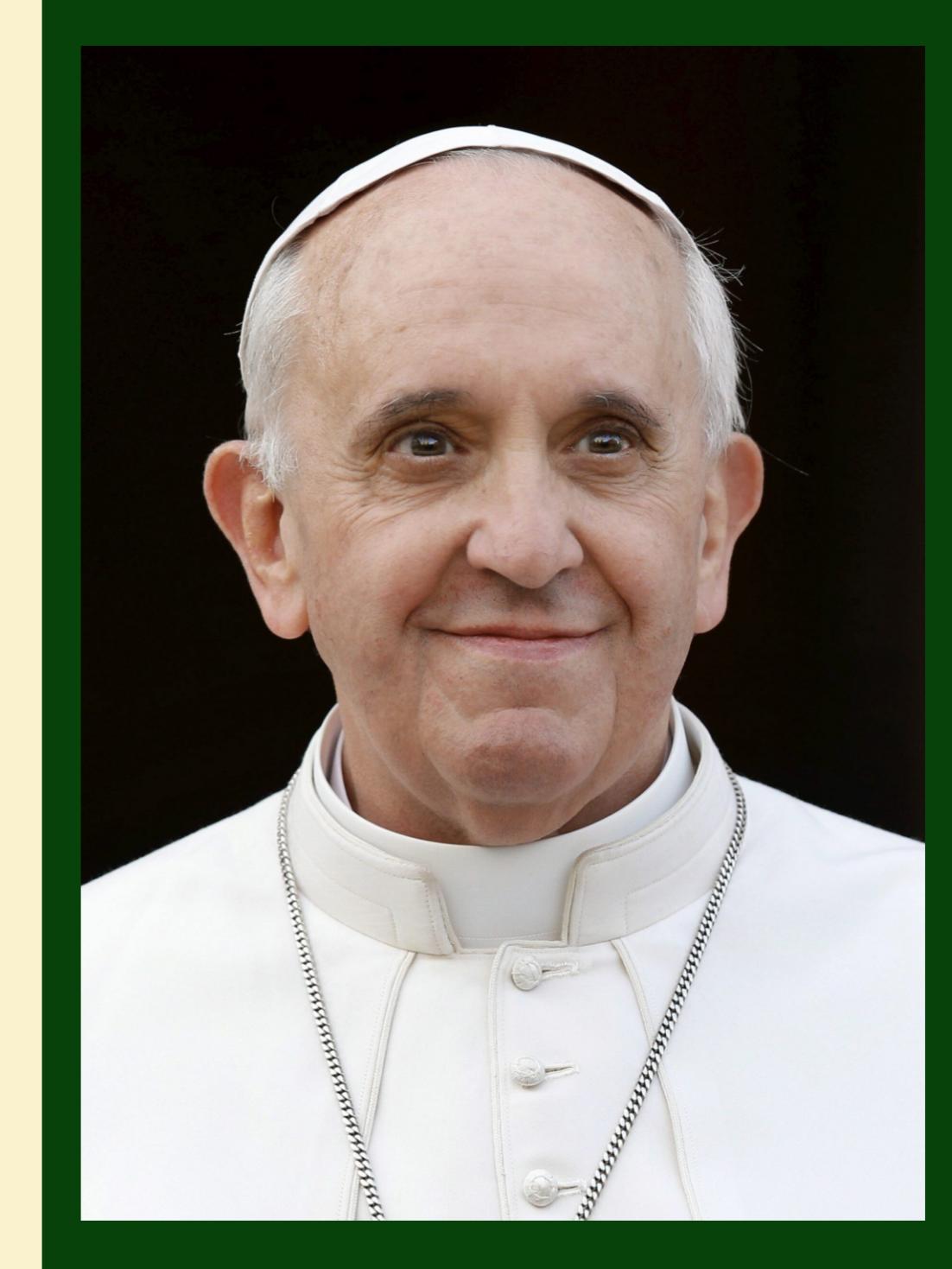


Our Blessed Virgin Mary



St. Charles Lwanga

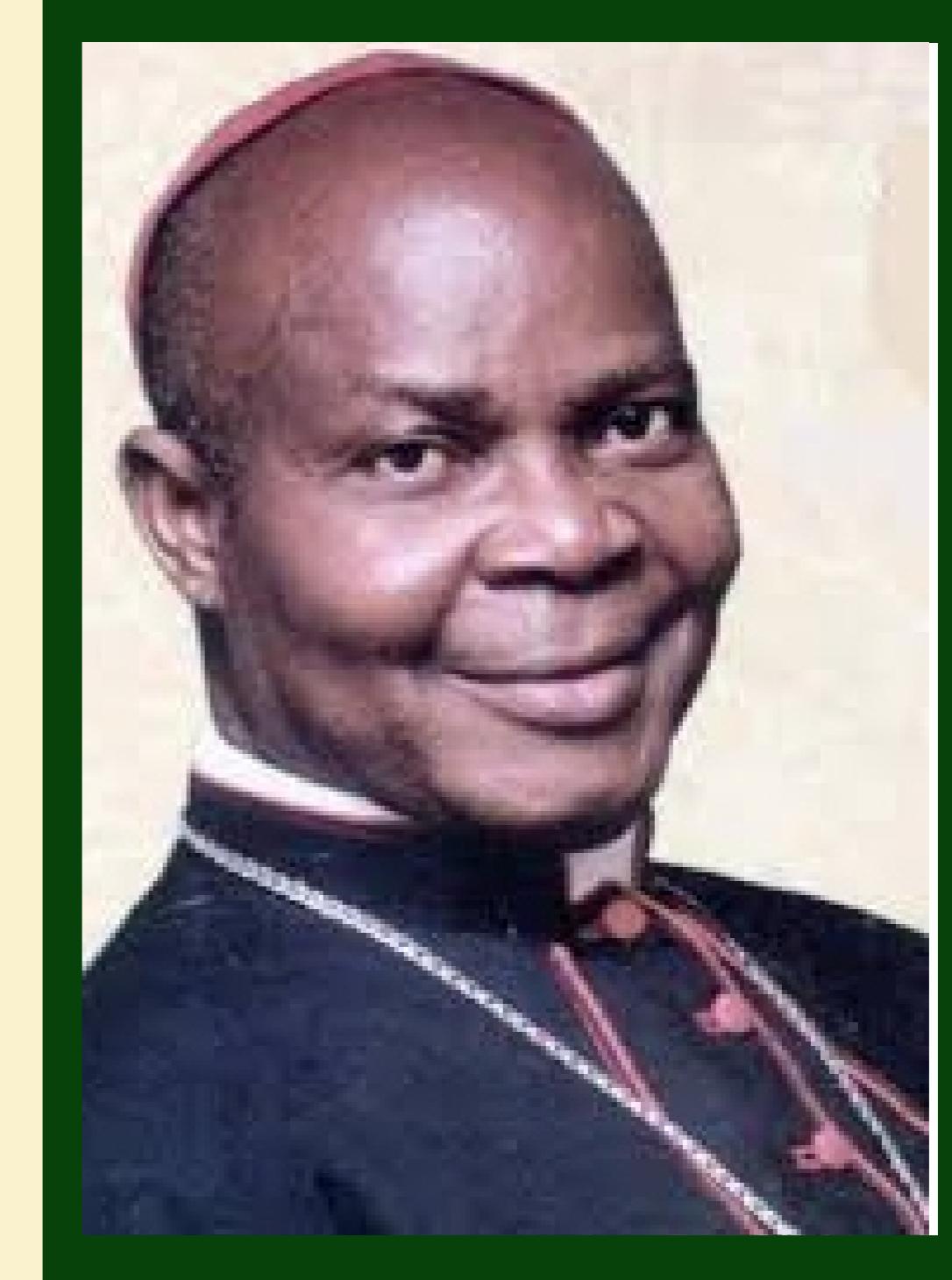
PATRON SAINT OF AFRICAN CATHOLIC YOUTHS



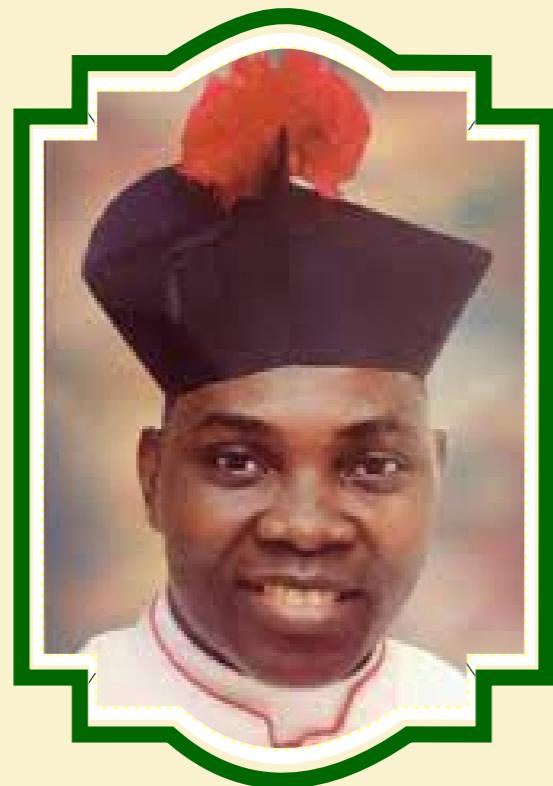
His Holiness Pope Francis



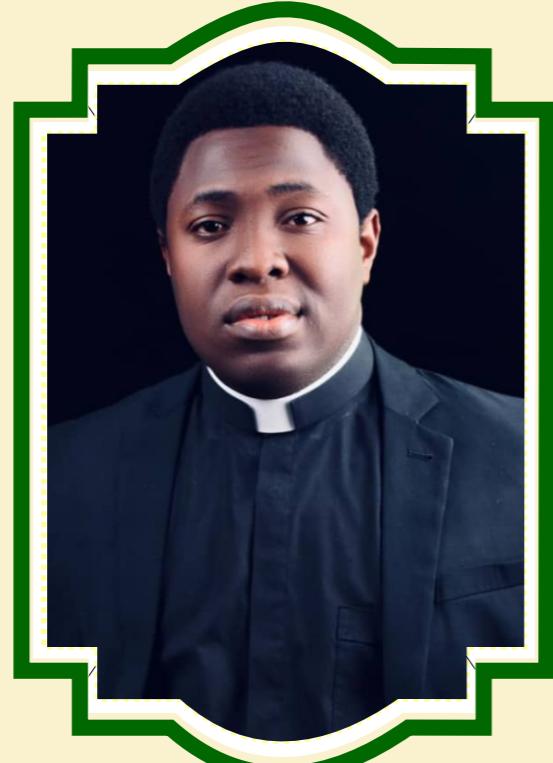
His Grace
Most. Rev. Dr. Alfred Adewale Martins
Archbishop of the Metropolitan see of Lagos



His Eminence
Anthony Cardinal Okogie
Archbishop Emeritus of the Archdiocese of Lagos



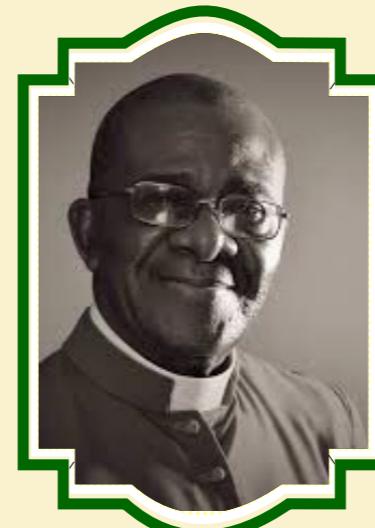
REV. MSGR. ANTHONY OBANLA
THE CHANCELLOR, ARCHDIOCESE OF LAGOS



REV. FR PAUL ARIOLE
SECRETARY TO THE ARCHBISHOP



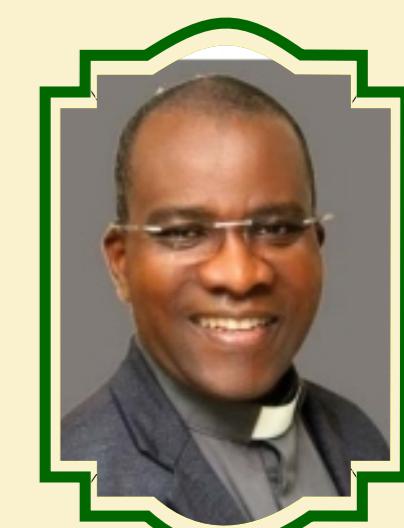
EPISCOPAL VICARS CATHOLIC ARCHDIOCESE OF LAGOS



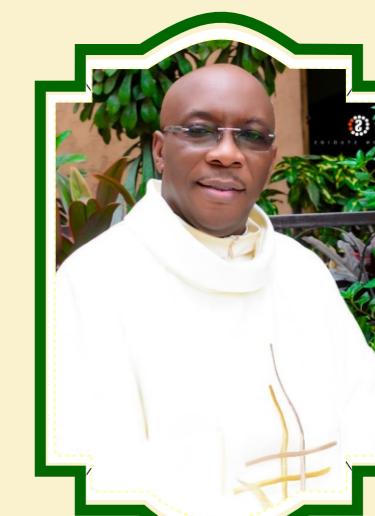
RT. REV. MSGR. J. K. ANIAGWU
VICAR GENERAL OF
THE ARCHDIOCESE OF LAGOS



VERY REV. MSGR. PASCHAL NWAEZEAPU **VERY REV. FR. ANTHONY TAIYE FADAIRO**
EPISCOPAL VICAR, LEKKI REGION AND DEAN OF LEKKI DEANERY EPISCOPAL VICAR, IKEJA REGION



VERY REV. FR. JULIUS OLAITAN
EPISCOPAL VICAR, LAGOS REGION



VERY REV. FR. FRANCIS ANYANWU
EPISCOPAL VICAR, BADAGRY REGION



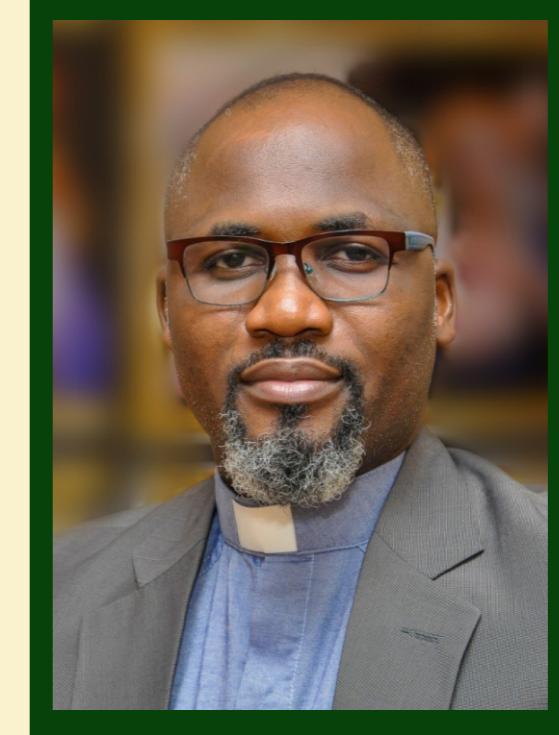
Special Guest of Honour



HIS EXCELLENCY
BABAJIDE OLUSOLA SANWO-OLU
GOVERNOR OF LAGOS STATE.



VERY REV. FR. BONIFACE IDOKO
NATIONAL YOUTH ANIMATOR



VERY REV. FR. GABRIEL ODUNAIYA
ARCHDIOCESEAN CYON CHAPLAIN



REV. FR. ANTHONY AMOSUN

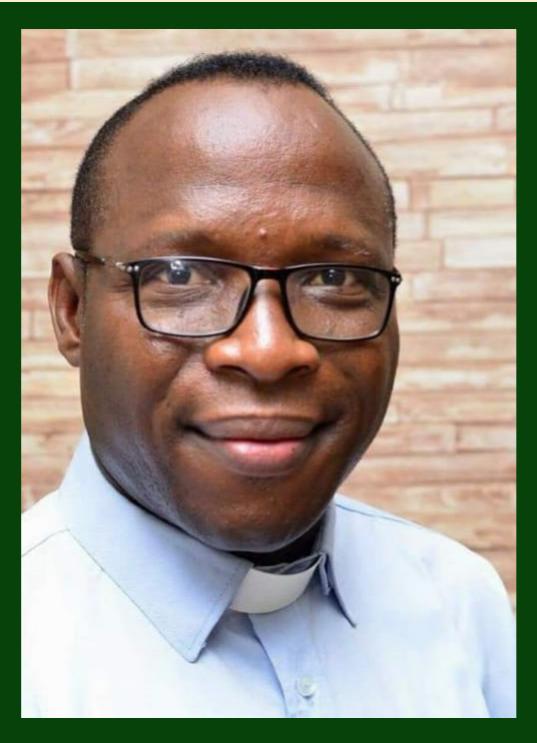


REV. FR. MARK OKOJIE



REV. FR. MATTHEW NOUGBOYE

ASSISTANT ARCHDIOCESAN CYON CHAPLAINS



VERY REV. FR. AUGUSTINE OKHUELEGBE
DEAN OF ISOLO DEANERY



REV. FR. JOSEPH O. NWOKEFORO
ISOLO DEANERY CYON CHAPLAIN



ARCHDIOCESAN CYON EXECUTIVES



VIVIAN OZIOMA IBUODINMA
VICE PRESIDENT



MARYSANDRA CHIDINMA AMAZOBI
ASST. GEN. SECRETARY



CHUKWUEMKA ANYIAM-OSIGWE
PRESIDENT



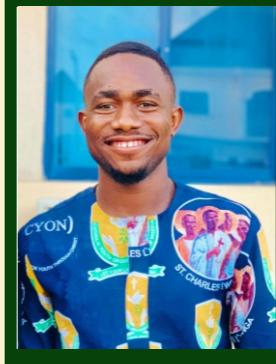
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GENERAL SECRETARY



GODWIN CHRISTOPHER OGBONA
FINANCIAL SECRETARY



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DIRECTOR OF SOCIALS 1



PETER NWOSU
DIRECTOR OF SOCIALS 2



SYLVIA A. OKPATA
FAITH FORMATOR



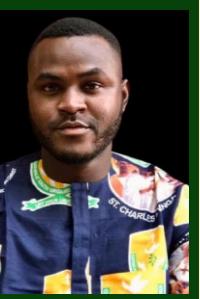
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WELFARE 1



PRINCEWILL OKONKWO
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CHIJOKE EZUGWU
EX-OFFICIO 1



PIUS ERHURUN
EX-OFFICIO 2



NATIONAL EXECUTIVE FROM LAGOS ARCHDIOCESE



ELIZABETH OJIABOR
NATIONAL VICE PRESIDENT 1

LEP EXECUTIVES FROM LAGOS ARCHDIOCESE



SUNDAY CHRISTOPHER MUSA
PRESIDENT



KAREN UCHE
GENERAL SECRETARY



TEMITOPE AJAYI
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LANRE DAVID FOLORUNSHO
DIRECTOR OF SOCIAL 1



ENI E. ENI
EX-OFFICIO 1

YOUTH GROUPS OF THE ARCHDIOCESE



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Coordinator, Propagation of Faith (POF) and Young Missionary Movement of Nigeria (YOMM) Catholic Archdiocese of Lagos.



ANYAKIE GIVAVIAN
Archdiocesan President, Young Missionary Movement of Nigeria (YOMM), Catholic Archdiocese of Lagos



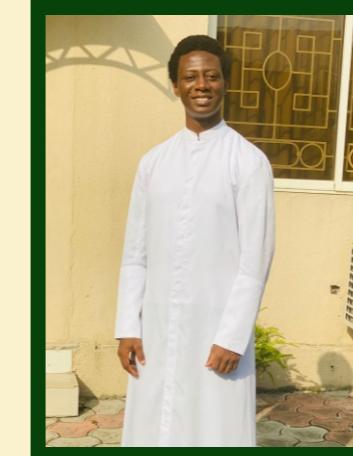
REV. FR. SAMUEL EMENEKO
CHAPLAIN YOUNG CATHOLIC STUDENTS OF NIGERIA (YCSN)



REV. FR. SIMON O. IDUH, CM
NATIONAL ASSOCIATION OF CATHOLIC CORPERS (NACC) CHAPLAIN, LAGOS STATE



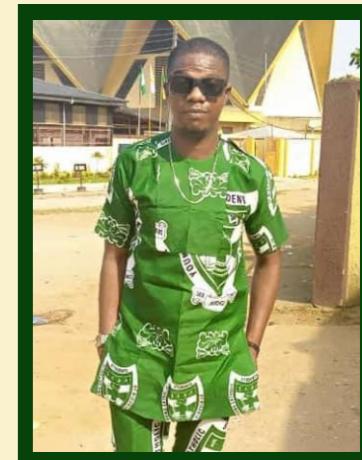
EUGENE ONYEBUCHI ORJI
NATIONAL ASSOCIATION OF CATHOLIC CORPERS (NACC) PRESIDENT LAGOS STATE



REV. FR. GABRIEL FATOYE
NFCS LAGOS ARCHDIOCESAN (LADEC) CHAPLAIN



MICHAEL ANGELO NWANGWU
NFCS LAGOS ARCHDIOCESAN COORDINATOR



CHUWUEBUKA MARIO CLEMENT.
YOUNG CATHOLIC STUDENTS OF NIGERIA (YCSN) ARCHDIOCESAN COORDINATOR



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Deanery Cordinator

Onyinye Onwuamaeze
Deanery Secretary

Leo Kadri
Public Relation Officer 1

Okenwa Prospermaria
Welfare 1

Nwabeife Emeka
Provost 2

Tobias Kingsley Ekene
Financial Secretary

Mbam Felix
Director of Social 1

Sochima Francis Onwualia
Provost 1

Francis Ezenwani
Ex Officio 1



38TH AYD COMMITTEE MEMBERS

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Blessing Achu	AYD 2024 Planning Comm. Secretary
Okereafor Joshua ekedilichukwu	Member
Divine Osakwe	Media & Publicity Team
Michael Damian Okorie	Media and Publicity Team
Francis Anyanwu	Documentation Team
Ogueri Chimobi Eustace	Finance Team Lead
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Sylvanus chukwurah uwu	Entertainment team
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Anthonia Adesuyi	Entertainment Team
Ezeude Chidinma Whitney	Entertainment Team
Oforbuike Joseph Nkwuda	Logistics
Margareth Egbuchulam	AYD Program Manager



Archdiocese of Lagos

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A KEYNOTE ADDRESS BY HIS GRACE MOST REV DR. ALFRED ADEWALE MARTINS, THE ARCHBISHOP OF LAGOS ON THE OCCASION OF 2024 ANNUAL ARCHDIOCESAN YOUTH DAY CELEBRATION AT CHRISLAND SCHOOL, ISOLO ON SUNDAY 11TH AUGUST, 2024

I send my best wishes to you on this day as we gather in the most holy name of our Lord Jesus to celebrate another Annual Archdiocesan Youth Day. May His name be praised for it is through His boundless grace and mercy that this gathering is made possible. You have chosen the topic, re-echoing the words of Prophet Isaiah "Those Who Hope in The Lord Will Run and Not Be Weary" Isaiah 40:31. This topic is appropriate with the recent happenings in our world especially among youths and young people as there is an increasing number of moral decay and neo-paganism in our society.

Hope is one of the three theological virtues alongside faith and love. Hope is a gift from God by which we firmly trust that God will give us eternal life and all means necessary to obtain it if we do what is required of us. It is a choice to trust in God's goodness and promises regardless of how blurry the way ahead is. Pope Francis once said that Hope is the virtue that allows us to look beyond the present moment, to look beyond difficulties, and to see the goodness that God has in store for us.

To cultivate Hope, first, we must be in constant communication with God our Father. Talk to him in prayer; sharing your fears, difficulties, and aspirations with Him. He is always ready to listen to you. We must also learn the art of listening to Him in His words given to us in the Scripture. Read the Bible, study it, and internalize it. God's word is full of promises and encouragement that will help you to build your hope.

Secondly, the Catechism of the Catholic Church says that the Christian community is the place where we learn to hope. So, surround yourself with people who will encourage and support you. Build relationships with people who share your values and your faith. In hope, we must ensure to guard against presumption. You must take action. Do not just sit around waiting for things to happen. Take steps towards your goals and your dreams. Trust that God will guide you and empower you. As Pope St. John Paul II once said, "Do not be afraid to take a chance on God."

So, remember that your identity is rooted in the Lord and not in the world's expectations. Your worth is not measured by social media recognition and followership but by your loyal followership to God. Your strength lies in your vulnerability and willingness to ask for help from God. Your hope is not in earthly things but in eternal life in God.

Finally, as we gather under this banner of hope, remember that our race is not in vain. The Lord beckons us onward. So, run! Run with hope, run with purpose, and run with joy. And when weariness threatens, remember Isaiah's promise: "They will run and not be weary." St. Augustine once remarked that courage is an offspring of hope. Therefore, have courage and remember that the Lord Jesus is always with you, guiding and strengthening you. On behalf of the Clergy, Religious, and Lay faithful of our Archdiocese, I wish you a fruitful celebration. May St. Charles Lwanga continue to intercede for you.

+Alfred Adewale Martins
Archbishop of Lagos



CHAPLAIN'S ADDRESS FOR THE 38TH ARCHDIOCESAN YOUTH DAY- ISOLO DEANERY

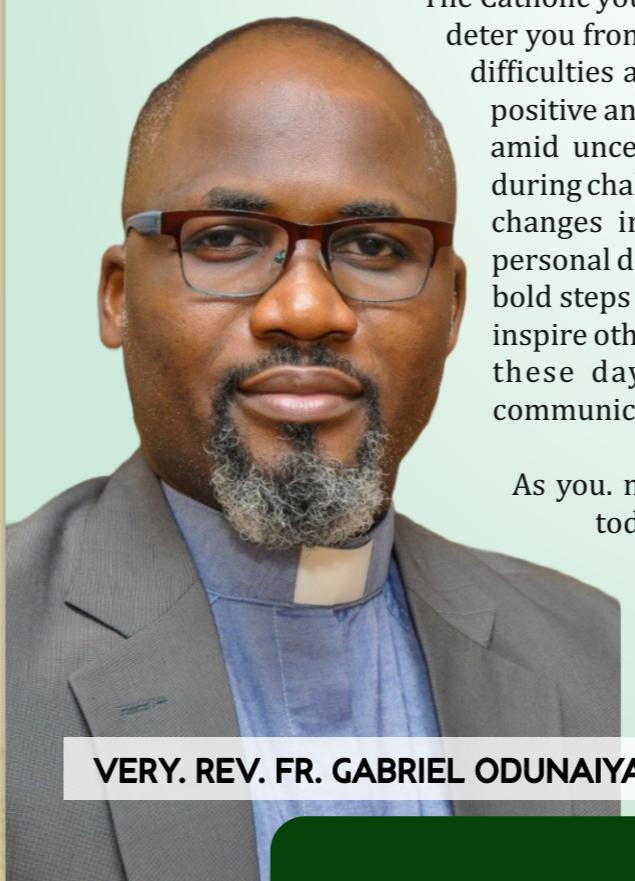
It is with immense pleasure that I welcome you all to yet another celebration of our Archdiocesan Youth Day. This is the most anticipated annual gathering of youths, spanning the entire length and breadth, nooks and crannies of the Lagos Metropolitan See.

As the vibrant energy of youth blossoms all around us, you are reminded of the boundless potential that lies within yourself. This is a time of exploration, discovery, and the pursuit of dreams. Whether it is the enthusiasm of a child learning a new skill or the determination of a young adult carving their own path, the spirit of youth is a testament to the resilience of the human spirit.

Intertwined with the essence of youth is the timeless power of love. Love, in its many forms, can transcend boundaries, unite hearts, and inspire us to reach for the extraordinary. From the tender affection shared between loved ones to the compassion that binds communities together, love is the foundation upon which you build meaningful connections and lasting legacies.

As Catholics, love is not limited to just attending Mass or other religious services; it is a love for every aspect of their faith, from the Sacraments to the teachings. The Catholic youths find joy and delight in their faith. They eagerly participate in religious activities, such as retreats, conferences, and community outreach programs. These experiences not only deepen their own understanding of their faith but also enable them to connect with others who share their beliefs.

Yet, amidst the joys and challenges of life, it is the steadfast belief in hope that sustains us. **Those who hope in the Lord will run and not be weary (Isaiah 40:31)**, you are to embrace the belief that even in the darkest of times, that the light of a better tomorrow will shine through. It is this unwavering optimism that fuels our determination, empowers us to overcome obstacles, and inspires us to create a world filled with greater kindness, understanding, and progress.



VERY. REV. FR. GABRIEL ODUNAIYA

As you, my dearest youths celebrate the Archdiocesan Youth Day today, I invite you to immerse yourself in the profound significance of youth, love, prayer and steadfastness in hope. May these themes resonate deeply within you and ignite a renewed sense of purpose, passion, and the unwavering conviction that a brighter future lies ahead.

Welcome! Eka Abo!! Nnoo!! Saanu!!!





38TH AYD ADDRESS BY CHUKWUEMKA ANYIAM-OSIGWE, PRESIDENT CYON LAGOS ARCHDIOCESE.

For God and for youth... through Christ.

It is with great joy that I welcome all the pilgrims from across the entire Archdiocese to our 38th annual Archdiocesan Youth Day (AYD).

It has been a difficult year for our nation and most especially for us young people. Many of whom have lofty hopes and ambitions which seems to be stifled by the economic realities of our nation. However, the Lord tells us in the Holy Father's exhortation to young people that we should not loose hope for "those who hope in the lord will run and not be weary" Isaiah 40:31. That said, our pilgrimage this year is a pilgrimage of HOPE. I enjoin us to network and build collaborations among ourselves especially with individuals who are doing similar activities within your respective fields of endeavour. By leveraging each other's strengths, your partnerships can help absorb some of the shocks businesses have been hit with and strive to scale building on the other's expertise. In everything, let us not forget that this is a year of prayer and as directed by our Chief Shepherd, His Grace Most Reverend Dr. Alfred Adewale Martins, let us draw nearer to the Lord in prayer and entrust our cares and anxieties to Him while submitting ourselves to His will.

We appreciate the hard work the host deanery, Isolo Deanery, has put into the preparation of this event. May God bless all our hard work.

Appreciation to the all purpose committee and the media team for their support and hard work. Appreciation to the parish presidents and their executives for the work they are doing in growing the apostolate at the parish level.

We appreciate the archdiocesan council and their respective provincial and deanery executives for their coordination and support towards the growth of the apostolate at the provincial and deanery levels.

Appreciation to our indefatigable chaplains across the entire archdiocese for their administrative support and tireless moral and spiritual guidance.

Appreciation to His Grace for his fatherly love and support towards the initiatives of the youth apostolate.

Most especially thanks be to God almighty for the grace to see this day.

May we continue to run and not be weary.

Remember to #TakePrideDaily in who you are and what you do.

Yours in the youth apostolate,
**Chukwuemeka Anyiam-Osigwe, President, CYON
Lagos Archdiocese.**



A WELCOME ADDRESS BY SAMUEL CHIMA OKORO: CYON COORDINATOR, ISOLO DEANERY ON THE OCCASION OF THE 38TH ARCHDIOCESAN YOUTH DAY (#AYD2024, #ISOLOVE2024)

His Grace, Most Rev. Dr. Alfred Adewale Martins (Archbishop of the Archdiocese of Lagos), Very Rev. Fr. Gabriel Odunaiya (Archdiocesan CYON Chaplain), Very Rev. Fr. Augustine Okuhuelegbe (Dean, Isolo Deanery/Parish Priest St. Peter's Cath. Church Ejigbo), Rev. Fr. Joseph O. Nwokeforo (CYON Chaplain, Isolo Deanery). The priests/Religious of Isolo Deanery and other Priests/Religious Present. Mr. Chukwuemeka Anyiam - Osigwe (President CYON Archdiocese of Lagos and his Executives)

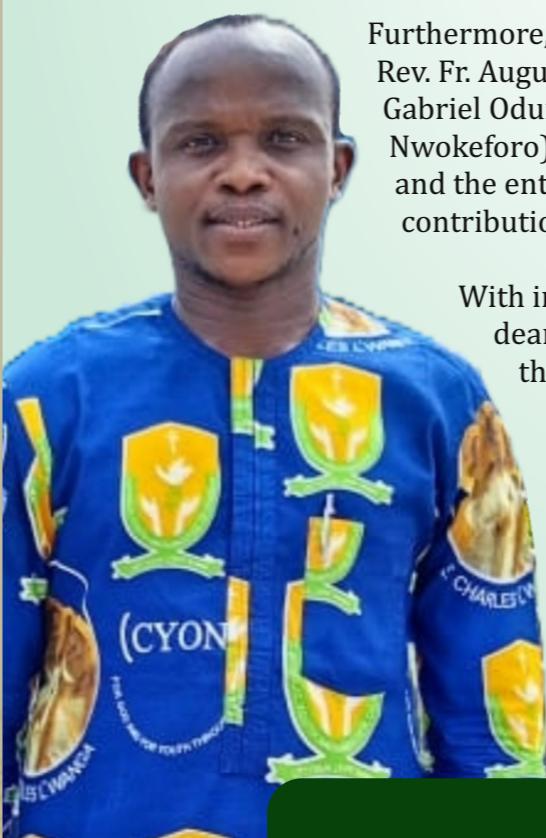
For God and For Youth.....

Through Christ.

My dear brothers and sisters in Christ. Today is the day that the Lord has made, let us all be glad and rejoice. I feel pleased to welcome you all to this August occasion, thus saying that the Almighty God is at work through the mission of the church on earth. This day, is a day of celebration in Catholic Youth organization of Nigeria(CYON) Archdiocese of Lagos. In respect of the Lagos Archdiocesan Youth Day Celebration taking place in Isolo deanery. This programme is indeed packaged with the aim of fostering hope, unity and a sense of purpose among the youths, instilling in them the confidence to envision a brighter future and contribute positively to the church and society at large.

The theme of this year's celebration is "Those Who Hope in The Lord will run and not be weary" (Isaiah 40:31) it is important to mention here that this hope which the Lord has bestowed on us His children and in which He wishes to embrace all people, is not something added on, but stands at the very heart of Christ's mission to us. Still on the theme, Hope is a feeling of expectation and desire for a particular thing to happen. Beloved in Christ, as we hope and trust in the Lord, may we not get weary but bring about shades of progress in all we do.

I sincerely appreciate all Youths in Isolo deanery and Archdiocese of Lagos as a whole. I acknowledge each and every individual efforts and contributions. It is my earnest prayer that God crown every of our efforts with success. I will also use this medium to pay tribute to all our departed CYON members in Isolo deanery, may their souls rest in peace Amen.



Furthermore, my deepest gratitude goes to the Dean of Isolo Deanery(Very Rev. Fr. Augustine Okuhuelegbe), Archdiocesan Youth Chaplain (Very Rev. Fr. Gabriel Odunaiya), Isolo Deanery Youth Chaplain(Rev. Fr. Joseph O. Nwokeforo), Assistant CYON Chaplain Isolo Deanery (Rev. Sr. Lilian Nweke) and the entire priest council of Isolo Deanery for their unquantifiable contributions and supports towards the success of today's celebration.

With immense gratitude, I welcome all our invited guests, Isolo deanery laity council, companies, sponsors and everyone present at this year's AYD tagged (Isolove2024)

In conclusion, I wish you all a pleasant stay and experience with us, as you all enjoy the ambience of this environment. May the good Lord bless all your endeavors, as I wish you all safe journey mercies back to your respective homes and deaneries/parishes in Jesus name, Amen.

Once again, I say "Unu abia la", "ekabo", " sannu de zuwa" For God and For Youth..... Through Christ.



COMMITTEE CHAIRMAN ADDRESS

Your Grace, the Archbishop, Metropolitan See of Lagos: Most Rev. Dr Alfred Adewale Martins ,

Dear Monsignoris present here today, the Dean of Isolo Deanery (Very Rev. Fr. Augustine Okhuelegbe) and distinguished Deans of our sister Deaneries here present,

The Chaplain , CYON Lagos Archiocese, Fr Gabriel Odunaiya
The Chaplain CYON Isolo Deanery, Rev. Fr. Joseph Ozor

Our beloved priest's from Isolo Deanery and religious here present,
The President CYON Lagos Archiocese,
CYON Archdiocesan Council,
Distinguished ladies and gentlemen, guests and friends here present,

For God and for youths.....
Through Christ! Ladies and Gentlemen,

Welcome to AYD Isolove 2024 Celebration! Today is all about celebrating you— your achievements, your dreams, and your incredible potentials!

We've planned an exciting lineup of events, activities, and amazing showcase, all designed to inspire and entertain you. This is your day to embrace God, connect, reconnect, and have massive fun.

Take advantage of every opportunity today. Engage with your peers, explore new interests, and remember that your voice matters. You are the future, and together, we can make a positive impact on our church & the world.

Significantly, I want to extend an undiluted appreciation to the dynamic array of team members, by whose creativity, skill and prowess, we've put up this world class version of the AYD, you all have proved yourself worthy of the selections and made us proud. May God in his magnanimity and benevolence, bless you all. Amen.

Thank you for being here, and let's make this Youth Day Celebration exponential & unforgettable!

In the spirit of Isolove. Let the celebration begin!
Leo D. Kadiri
AYD2024 Planning Team Lead



CATHOLIC YOUTH ORGANIZATION OF NIGERIA (CYON)

AGEGE DEANERY

Warmly Felicitate with



LET YOUR LIGHT SHINE

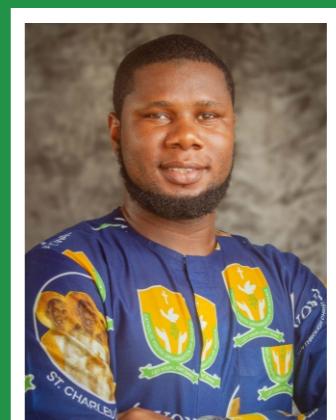
38th
AYD

LAGOS ARCHDIOCESAN YOUTH DAY CELEBRATION

We wish you all a fruitful Celebration.



REV. FR. MOSES AKAEME
DEANERY CHAPLAIN



MR BRENDAN UKAEGBU
COORDINATOR



CATHOLIC YOUTH ORGANIZATION
OF NIGERIA (CYON)
MARYLAND DEANERY

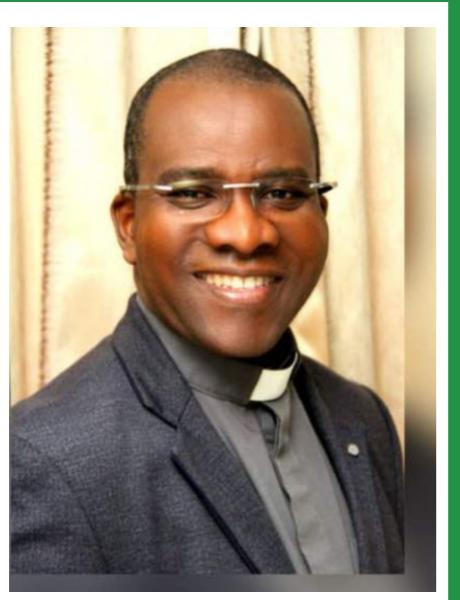
Warmly Felicitate with

His Grace,
The Archbishop of the Metropolitan See of Lagos
The Dean & Chaplain of Isolo Deanery & Isolo Deanery CYON

38th AYD

LAGOS ARCHDIOCESAN YOUTH DAY CELEBRATION

We wish you all a fruitful Celebration.



Very Rev Fr. Anthony Fadairo
VICAR



REV FR MAGNUS ONYEULOR SDV
DEANERY CHAPLAIN



MR. ALOYSIUS OKORO
COORDINATOR



DERRICK OBIDIEGWU
GENERAL SECRETARY



CATHOLIC YOUTH ORGANIZATION
OF NIGERIA (CYON)
IJEDÉ DEANERY

Warmly Felicitate with

His Grace,
The Archbishop of the Metropolitan See of Lagos
The Dean & Chaplain of Isolo Deanery & Isolo Deanery CYON

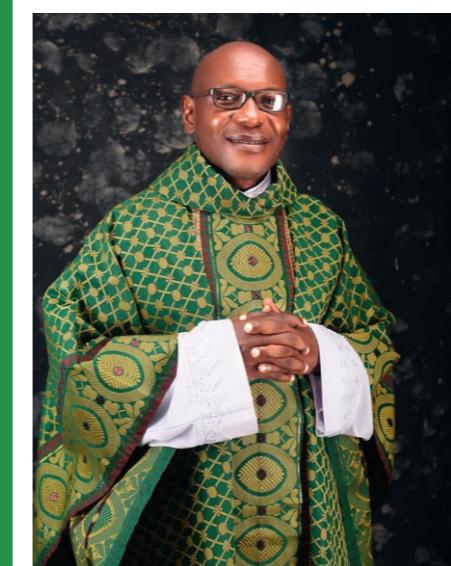
38th AYD

LAGOS ARCHDIOCESAN YOUTH DAY CELEBRATION

We wish you all a fruitful Celebration.



REV. FR. ALEX NWAODAZIE, CSSR.
DEANERY CHAPLAIN



VERY REV. FR. JOE BEN ONYIA, ESQ
DEAN



MR. EMMANUEL EKEH
COORDINATOR



JUDETHADDEUS, BLAISE UWAGU.
GENERAL SECRETARY



CATHOLIC YOUTH ORGANIZATION
OF NIGERIA (CYON)

YABA DEANERY

Warmly Felicitate with

His Grace,
The Archbishop of the Metropolitan See of Lagos
The Dean & Chaplain of Isolo Deanery & Isolo Deanery CYON

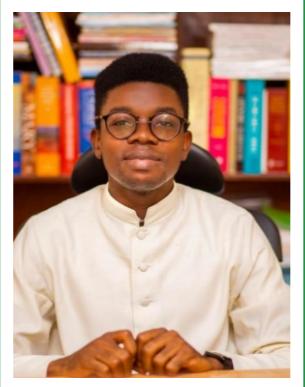
38th AYD

LAGOS ARCHDIOCESAN YOUTH DAY CELEBRATION

We wish you all a fruitful Celebration.



VERY REV FR MICHAEL-CHRISTIAN
OKONKWO
DEAN



REV FR ANDREW TOYE
DEANERY CHAPLAIN



MR. SIMON OKPE
COORDINATOR



TINA GINIKANWA
GENERAL SECRETARY



CATHOLIC YOUTH
ORGANISATION OF NIGERIA
Archdiocese of Lagos

IBA DEANERY

Warmly Felicitate with

His Grace,
The Archbishop of the Metropolitan See of Lagos
The Dean & Chaplain of Isolo Deanery & Isolo Deanery CYON

38th AYD

LAGOS ARCHDIOCESAN YOUTH DAY CELEBRATION

We wish you all a fruitful Celebration.



REV FR LEON HOUESSOU
DEANERY CHAPLAIN



VERY REV FR. SIMEON IWU
DEAN



MR PATRICK IMAEZUE
COORDINATOR



MISS EMMANUELLA OKOROCHA
GENERAL SECRETARY



CATHOLIC YOUTH ORGANIZATION
OF NIGERIA (CYON)

LEKKI DEANERY

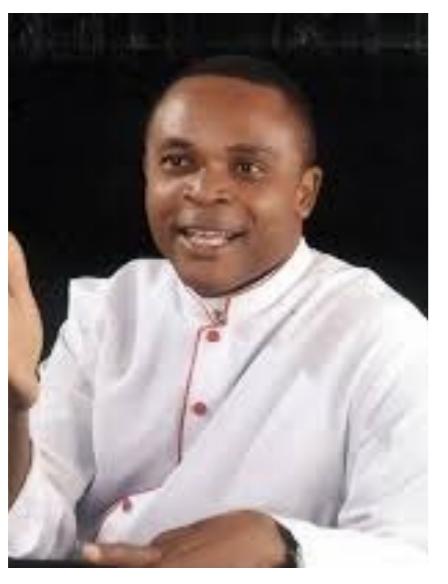
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38th AYD

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MSGR. PASCHAL NWAEZEAPUS
DEAN



MR. MISHI MOSES
COORDINATOR



ANTONIA IME
GENERAL SECRETARY



YOUNG MISSIONARY MOVEMENT OF NIGERIA (YOMM). CATHOLIC ARCHDIOCESE OF LAGOS

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His Grace,
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The Dean & Chaplain of Isolo Deanery & Isolo Deanery CYON

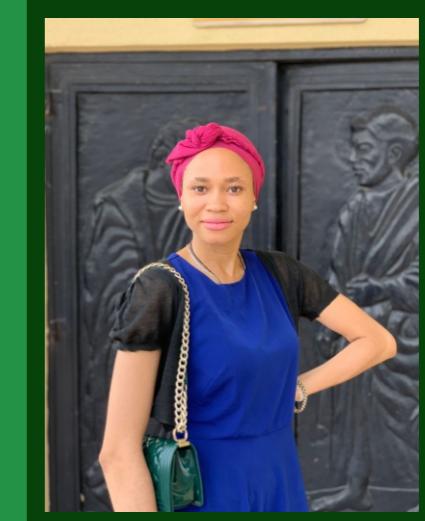
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We wish you all a fruitful Celebration.



REV. FR. SYLVESTER OLADUNJOYE
Coordinator, Propagation of Faith (POF)
and Young Missionary Movement of Nigeria (YOMM)
Catholic Archdiocese of Lagos.



ANYAKIE GIVAVIAN
Archdiocesan President, Young Missionary
Movement of Nigeria (YOMM). Catholic
Archdiocese Lagos

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PAGE 33 THE NEW CLASSROOM



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ARCHDIOCESE OF LAGOS INFORMATION

Catholic Youth Organization of Nigeria, otherwise known as CYON is the umbrella body that embraces all youthful associations/groups in the Catholic Church, whilst respecting their autonomy.

Membership of the Catholic Youth Organization of Nigeria is open to all Catholics and Catechumen between the ages of fourteen (14) and Thirty-Five (35) years.

Patron Saint: St Charles Lwanga - Patron Saint of African Youths

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BREACH OF PROMISE TO MARRY

(PERSON DON SERVE YOU BREAKFAST)

INTRODUCTION

Do you know that promising someone marriage and not fulfilling that promise, can get you sued?

If you're one of those people that go about breaking people's heart for fun, one day, you might break the heart of a person that read this article and ego shock you, when you see yourself in court, for serving somebody breakfast.

If you've been deceived with fake marriage promises, take your matter to court with your evidence.

CONCEPT AND DEFINITION

To understand this discussion better, it's crucial to define some terms:

Marriage is a legally and socially sanctioned union between a man and a woman, regulated by laws, customs, beliefs, and attitudes that define the rights and responsibilities of spouses and the status of their children.

A contract, according to Black's Law Dictionary, is an agreement between parties that creates enforceable obligations or rights. It can be written or verbal and involves promises that the law recognizes.

A promise, as defined by Black's Law Dictionary, is an assurance or commitment to act or refrain from acting in a specific manner, conveyed in a way that justifies reliance by another party.

Breach of promise, according to Black's Law Dictionary, refers to the violation of one's word or commitment, particularly in the context of a promise to marry. Under English common law, an

engagement to marry was treated like a commercial contract, allowing the innocent party to seek damages if the engagement was broken without justification.

BREACH OF PROMISE TO MARRY

In recent times, breaches of promise to marry and the rejection of marriage contracts have become significant concerns, often leading to emotional distress and varied responses from jilted partners. Most people are not aware that legal action can be taken against a party who breaches a promise to marry.

According to the Supreme Court case of **Ezeanah v. Atta (2004) LPELR – 1198 (SC)**, the two elements must be proven for a breach of promise to marry to succeed:

1. The jilted party must demonstrate to the court's satisfaction that there was a promise of marriage under the Matrimonial Causes Act, 1990, Islamic Law, or Customary Law.
2. The party who defaulted on the promise must have sincerely failed or refused to uphold the agreement to marry.

Additionally, the agreement to marry should leave no doubt about the parties' intention to marry. This can be evidenced by steps such as marriage introductions, printing of wedding invitations, or purchasing wedding items. The fact that one is in a romantic relationship with someone without clear intention to marry is not a good ground for a legal claim of breach of promise, similar to general contract law where intent to contract must be clear.



REMEDIES AVAILABLE FOR BREACH OF PROMISE TO MARRY

When a breach of promise to marry occurs, the principle of "*ubi jus ibi remedium*" applies, meaning "where there is a right, there is a remedy". The law intervenes to provide compensation to the aggrieved party for any unfairness suffered due to the breach. Remedies may include compensation for financial losses, compensatory costs, and damages for emotional and psychological distress. Importantly, while the law provides remedies, it does not enforce specific performance in matrimonial matters; courts cannot compel parties to marry each other.

In conclusion, instead of doing something that will hurt you, or hurt those that are around you, or hurt the jilting spouse, or perpetuate violence which the law does not support, sue the "promise-breaker" and make some money from him/her. Life no too hard abeg.

Isreal Agbane, Esq
St Flavius Catholic Church, Oworonshoki -Lagos. Maryland Deanery
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Online Learning and Personal Development

In today's digital age, online learning has revolutionized the way we access education. With the rise of technology, individuals can now tap into a vast array of educational resources and platforms that cater to different learning styles and preferences. This shift to online learning offers unparalleled convenience, flexibility, and a unique opportunity for personal growth and development.

The Benefits of Online Learning

1. Flexibility: Online learning allows individuals to study at their own pace, anytime, and from any location. This flexibility enables learners to

balance their educational responsibilities with other commitments, such as work or family.

2. Diverse Learning Resources: Online platforms offer a wide range of resources, including interactive modules, virtual simulations, and virtual classrooms. These resources engage learners and provide an immersive learning experience.

3. Global Access: Online learning transcends geographical boundaries, connecting learners with educators, peers, and experts worldwide. This facilitates cross-cultural learning, networking, and collaboration.

4. Self-Paced Learning: Online learning platforms enable learners to revisit and reinforce concepts as needed, allowing them to take ownership of their learning journey.

5. Continuous Improvement: Online learning encourages self-reflection, providing opportunities for continuous self-improvement through self-assessment tools and feedback mechanisms.



Personal Development Opportunities in Online Learning

1. Self-Discipline: Online learning requires learners to develop self-discipline and motivation, essential life skills that benefit many areas of life.
2. Critical Thinking: Online learning fosters critical thinking and problem-solving skills, as learners analyze information, evaluate perspectives, and make informed decisions.
3. Communication Skills: Online learning platforms provide opportunities for virtual collaboration, enhancing written and verbal communication skills.
4. Adaptability: Online learning requires learners to adapt to new technologies and platforms, developing valuable adaptability skills.
5. Global Perspective: Online learning exposes learners to diverse cultures, perspectives, and ideas, broadening their global understanding and cultural awareness.

Finally, "Online Learning" presents a transformative opportunity for personal growth and development. By leveraging its flexibility, diverse resources, and global access, learners can develop the skills and mindset necessary to succeed in the digital age. As technology continues to evolve, the future of education will likely integrate traditional and online learning, creating a dynamic, personalized learning experience for learners worldwide.

Shibigem Esther Amarachi





THE 2023 ELECTION IMPACT OF SOCIAL MEDIA ON POLITICAL CAMPAIGNS AND ELECTIONS

INTRODUCTION

The 2023 election cycle has underscored the increasingly pivotal role of social media in shaping political campaigns and influencing voter behaviour. As digital platforms continue to evolve, they serve as both a tool for engagement and a battleground for ideological conflicts, fundamentally altering how political messages are disseminated and consumed. This essay explores the multifaceted impact of social media on the 2023 election, examining its implications for campaign strategies, voter mobilization, and the overall democratic process. Drawing upon current research and historical context, this analysis provides insight into the consequences of this phenomenon for the future of political communication.

The Rise of Social Media in Political Campaigning

Social media platforms such as Twitter, Facebook, Instagram, and TikTok have transformed the landscape of political communication. In the 2023 election cycle, candidates leveraged these platforms not just for public outreach, but as central components of their campaign infrastructure. According to a report from the Pew Research Center (2022), approximately 53% of adults reported getting news about the campaign through social media. This statistic highlights the critical role that these platforms play in shaping public perception and influencing electoral outcomes.

Candidates have developed sophisticated social media strategies designed to engage voters directly, circumventing traditional media gatekeepers. As a result, political messaging has become more unfiltered and immediate. What was once a landscape dominated by television ads and newspaper endorsements has evolved into one where virality and engagement metrics dictate campaign narratives. In the 2023 election, political ads created specifically for social media garnered millions of shares and likes, demonstrating the potential for campaigns to tap into grassroots support and mobilize their bases efficiently.



Voter Mobilization and Engagement

Social media has empowered voters in unprecedented ways. Platforms enable individuals to share their opinions, engage in discussions, and mobilize peers to participate in the electoral process. The 2023 election saw a concerted effort from various organizations to use social media campaigns to drive voter turnout, particularly among young people and marginalized groups. For instance, initiatives like Rock the Vote and When We All Vote utilized targeted advertising and influencer partnerships to disseminate vital information about registration and polling locations (Patterson, 2023).

Moreover, the capability of social media to foster community and belonging cannot be understated. Hashtags such as #Vote2023 and #ElectionDay became rallying points for voters seeking to connect over shared political goals. As reported by the Knight Foundation (2022), 62% of young voters indicated that social media played a significant role in their decision-making process and willingness to vote. This heightened engagement, coupled with the low barrier to entry for participation, underscores social media's effectiveness as a mobilization tool.



Misinformation and Polarization

While social media offers numerous benefits for political engagement, it also poses significant risks related to misinformation and polarization. The rapid spread of false or misleading information during the 2023 election raised alarms among scholars, journalists, and policymakers alike. A notable instance was the dissemination of false claims regarding voter fraud which, as shown by a study conducted by the Harvard Kennedy School (2022), proliferated across multiple platforms and contributed to a climate of distrust in the electoral process.

The algorithms that govern social media content often amplify sensationalist and polarizing narratives, making it difficult for users to encounter diverse viewpoints. The 2023 election exemplified this trend, with many voters reporting increased feelings of polarization driven by their social media interactions. Research conducted by the American Political Science Review (2023) indicated that social media users were more likely to adhere to extreme partisan views, as algorithmic bias served to insulate users from opposing perspectives.

Regulation and Ethical Considerations

As the role of social media in political campaigns expands, the question of regulation has emerged as a pressing concern. The 2023 election prompted discussions about the ethical responsibilities of tech companies in regulating political content and combating misinformation. Stakeholders, including policymakers, civil society organizations, and the platforms themselves, are navigating complex challenges related to free speech, censorship, and security.

In response to growing concerns, some social media companies implemented measures to enhance transparency in political advertising and reduce the spread of misinformation. For example, platforms like Facebook introduced mandatory disclosures for political ads and promoted fact-checking initiatives (Greenwood, 2023). However, critics argue that these measures often fall short, citing persistent challenges in effectively policing content and the ample opportunities for circumventing detection.

Conclusion

The 2023 election has reaffirmed the centrality of social media in contemporary political campaigns, influencing voter engagement, mobilization, and the broader democratic discourse. While these platforms have democratized political communication and enabled greater involvement than ever before, they have also introduced significant challenges related to misinformation, polarization, and ethical governance. As we advance toward the next election cycle, it is crucial for stakeholders to develop strategies that harness the potential of social media while mitigating its risks. The ongoing evolution of technology and communication demands a proactive approach to ensure the integrity of democratic processes, fostering an informed electorate in the digital age.

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Shibigem Esther Amarachi



THE FOOTBALL LEGENDS AND WINNING OF AFRICA



Africa has well-known soccer fans and famous players hence making it a popular sport. The continent has a diverse and rich history of football, spanning for several decades and showcasing the enormous talent that the continent possesses. This work will examine some history of football in some of the major African countries like Nigeria, Morocco, Egypt, Algeria, Ghana, Gabon amongst others. We shall also look at significant contributions made by some of the notable football legends.

ALGERIA

Football in Algeria has a rich and storied history. The country's first football club was established in 1904, and the national team played its first official match in 1963. Football quickly gained popularity in Algeria, with fans flocking to stadiums to support their favorite teams.

Algerian football has produced several legendary players who have gone on to achieve success both nationally and internationally. One such player is Lekhdar Belloumi, who was known for his exceptional dribbling skills and brilliant footwork. Belloumi was a vital member of the Algerian national team that won the African Cup of Nations in 1990, and he was later named African Footballer of the Year. Other notable Algerian football legends include Rabah Madjer, Sofiane Zidane, and Djamel Zidane.

MOROCCO

Football in Morocco dates back to many years ago. The first football club was created in 1911, while the national team played its initial official match four years later. Moroccan people rapidly embraced football as their favourite game by crowding stadiums.

There are several iconic figures born out of Moroccan football who have succeeded both locally and internationally. Mustapha Dahleb is considered one of Africa's greatest ever soccer stars hailing from Morocco, he played for their national team for eight years during which time he served as captain on numerous occasions. During his successful career, he won several titles including the African Cup of Nations in 1976. Other important names among Moroccan greats include Abdelkrim Merry, Salaheddine Bassir, Noureddine Naybet.

NIGERIA

In Nigeria, football has a very long tradition, and it is deeply rooted in the culture of the country. The first football club was established in 1905 and since then, the national team has played their first official match in 1926. By the 1950s, Nigerian football had gained momentum as the national side started winning significant tournaments.



The Nigerian football team has been graced with some legendary figures who have made their mark both locally and globally. One of them is Joseph Bonfrere who was once a captain of national squad. Bonfrere was famed for his excellent management abilities which enabled him to inspire his men on to victory. He led Nigeria to win their initial Africa Cup of Nations title back in 1980 before being named African Footballer of the Year. Other notable Nigerian soccer legends are Nwankwo Kanu, Jay-Jay Okocha, and Rashidi Yekini.

EGYPT

Football in Egypt has a rich and storied history. The country's first football club was established in 1911, and the national team played its first official match in 1920. Football quickly gained popularity in Egypt, with fans flocking to stadiums to support their favorite teams.

Egypt has produced several legendary players who have gone on to achieve success both nationally and internationally. One such player is Mohamed Salah, who currently plays for Liverpool in the English Premier League. Salah's exceptional skills, athleticism, and eye for goal have earned him a reputation as one of the best footballers in the world. Other notable Egyptian football legends include Hossam Hassan, Ahmed Hassan, and Ahmed Makatab.

Currently, the top winning African players from 2000 to date

For the last two decades, African football has undergone a renaissance and as a result produced several players of exceptional skills who have had great impact in the game. In this section we'll discuss some of the top African players who have contributed significantly over the past twenty years.

From 2000 onwards, several African players became household names on the global stage. One such player is Didier Drogba who led Côte d'Ivoire to victory in Africa Cup of Nations in 2015. Drogba, a current Chelsea player in Premier League has become an icon both in Africa continent and globally for his incredible skill of leading plus scoring goals.

Another notable player is Yaya Toure who won many accolades with Manchester City FC during his time at English Premier League. His country's national team Côte d'Ivoire was also represented by him at international level. He is widely regarded as one of the best midfielders of his generation.

The Senegalese striker Sadio Mane has also been capturing headlines lately for outstanding performances on the field. Liverpool (Champions League triumph in 2019) have greatly benefited from his speed, control over ball and goal sense. He has twice been named African Player of the Year and has been pivotal to Liverpool's revival.

Furthermore, a growing list of African players continues to make their mark in world football. This includes the likes of Mohamed Salah, Pierre-Emerick Aubameyang, Riyad Mahrez, and Victor Moses who have all achieved significant success with their respective clubs.

In conclusion, football in Africa has a long and illustrious history, having produced legendary players who have achieved greatness both on and off the pitch. The passion for the game is evident across the continent, and it continues to inspire future generations of footballers. As football in Africa continues to evolve, one can expect more legendary players (with the emergence of a new generation of exceptional players), the future of African football looks brighter than ever. These players are inspiring countless young people, showcasing the immense talent that the continent has to offer.

Reference:

BY: Ms. SHIBIGEM ESTHER
General Secretary, CYON - Archdiocese of Lagos

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LOAN GIANTS

The Truth and Woes of Financial Inclusion and Inequality

In a time when a tiny number of extremely wealthy individuals and businesses control the majority of the wealth, the painful reality of financial exclusion and inequality has become increasingly evident. The wealth levels that these modern "giants"—the top 1% who control a tremendous percentage of the world's resources—have amassed are both historically high and deeply unsettling. Their opulent lifestyles, marked by vast estates, private jets, and tax havens, offer a stark contrast to the appalling circumstances that billions of people experience globally as a result of being trapped in a cycle of poverty and financial marginalisation (Oxfam International, 2019).

A fundamental divide between the wealthy and the poor, which has grown to such an extent that it is now threatening the entire foundation of our international community, is at the core of this problem. The 26 wealthiest people in the world own as much wealth as the world's poorest 3.8 billion people put together (Oxfam International, 2019). This fact should shock the conscience of every citizen. These titans have successfully manipulated the system to benefit themselves, maintaining a status quo that supports their interests at the expense of the general public, thanks to their enormous economic and political power. They have been able to restrict competition and further solidify their dominance by influencing laws, regulations, and tax laws through their lobbying efforts and political contributions (Stiglitz, 2012).

This imbalance has far-reaching and extremely destabilising effects. Lack of access to fundamental

financial services like banking, credit, and insurance has emerged as a major obstacle to economic empowerment and upward mobility in developing countries and underprivileged populations

(Demirguc-Kunt et al., 2018). Millions of people are trapped in a never-ending cycle of debt and poverty as a result of having to rely on unscrupulous lenders and check-cashing firms that demand outrageous fees (Morduch & Haley, 2002). When there is a lack of a strong financial system and reasonably priced services, those who are less fortunate are unable to break the cycle of poverty by not having access to the resources and skills they need to change their situation (Consultative Group to Assist the Poor [CGAP], 2015).

Furthermore, there are wider societal ramifications when financial inclusion is lacking. Entire communities are essentially shut out of the mainstream economy, preventing them from saving money, accumulating assets, or obtaining loans to launch enterprises. This effectively keeps them impoverished for generations to come and restricts their ability to advance (World Bank, 2020). This then has a knock-on effect on health, educational attainment, and general quality of life, resulting in a vicious cycle of disadvantage that gets harder and harder to escape. The unfortunate reality that feeds the cycle of poverty generation after generation is that children reared in homes without access to financial services are more likely to suffer from

hunger, drop out of school, and encounter obstacles to upward mobility (United Nations, 2016).

The discrimination that still exists in the financial industry is also cause for concern. Systemic prejudices related to gender, colour, immigrant status, and other characteristics still determine who is able to obtain finance and financial services. Women, in particular, confront many obstacles; according to a World Bank assessment, they make up a disproportionate share of the unbanked population worldwide (World Bank, 2014). The advancement of entire civilizations is eventually hampered by the gender gap, which not only maintains economic inequality but also undercuts initiatives to empower women and accomplish sustainable development goals (Klapper & Hess, 2019).

It is a harsh irony that millions of people continue to be denied access to the fundamental financial resources and tools that may pull them out of poverty in an era of unparalleled technological growth and global interconnectedness. Even though initiatives to increase financial literacy, microfinance programs, and mobile banking solutions have helped to accelerate efforts to promote financial inclusion in recent years, these initiatives frequently fall short in the face of the massive global financial system, which the giants have carefully built and reinforced to serve their own interests (GSMA, 2019).

The truth is that real equality and financial inclusion cannot be attained unless the fundamental tenets of this system are questioned. The ultra-wealthy people who hold disproportionate power, the too-big-to-fail banks, and the multinational businesses need to be restrained through strict regulation, progressive

taxes, and a comprehensive reorganisation of the world economy (Gilens & Page, 2014). This is a recognition that the existing system is fundamentally unjust and unsustainable rather than a call for the outright redistribution of wealth or the end of capitalism.

It is a system that encourages a race to the bottom when it comes to labour and environmental norms, places a higher priority on short-term profits than long-term sustainability, and promotes financial engineering and speculation over wise investment (Credit Suisse Research Institute, 2018). It is a system that has left billions behind while allowing the giants to amass riches and power on an unparalleled scale.

We need to shift to a more localised, decentralised, and sustainable economic model that promotes ethical business practices, empowers communities, and puts the needs of people and the environment ahead of unbridled growth and greed if we are to actually achieve financial inclusion and equality (Stiglitz, 2012). This could entail taking steps to support worker-owned cooperatives, boost local economies, and make investments in sustainable agriculture and renewable energy. It also entails making sure businesses pay their fair share of taxes and holding them responsible for their effects on society and the environment.

This shift won't be simple because the giants will surely fight any attempts to reduce their clout and influence. They will use all of their enormous resources, including their legions of attorneys and lobbyists, to uphold the status quo that has been so beneficial to them (Gilens & Page, 2014). However, we must continue because the alternative—a society in which the gap between the affluent and the poor





keeps growing—is intolerable. It is a route that eventually results in the collapse of the institutions that support our global civilization as well as additional social turmoil and environmental damage (European Union Agency for Fundamental Rights, 2020).

In the end, the fight for equality and financial inclusion is not just an economic one; it is also a moral one that goes right to the core of our humanity. It is absurd that billions of people remain in extreme poverty in a world of plenty, where innovation and technology have unlocked hitherto unrealized potential, depriving them of the means to improve their own and their families' quality of life (World Bank, 2020).

A paradigm change is required, along with a significant rearrangement of our values and priorities. Instead of supporting the idea that a small number of powerful people should hold all the wealth and power, we should embrace a more egalitarian and inclusive world where everyone has the chance to pursue their goals and become part of the mainstream economy without being constrained by institutionalised discrimination or unfair practices (Demirguc-Kunt et al., 2018).

If we have the bravery and the strength of character to stand up to the giants and demand change, this is a realistic and attainable objective rather than a utopian dream. We have tolerated a system that puts the interests of the few over the welfare of the many, profit over people, and greed over justice for far too long (Stiglitz, 2012). Because we have enabled the giants to set the conditions of our economic reality, billions of people have been left behind in a cycle of inequality and exclusion (Credit Suisse Research

Institute, 2018).

It's time to take back the reins, change the laws, and create a society where equality and financial inclusion are more than just catch phrases but rather everyone's everyday reality (European Union Agency for Fundamental Rights, 2020). Though the road ahead will not be easy, the alternative—a world where the superpowers continue to expand unbridled, accumulating ever-greater riches and power at the expense of the common people—is intolerable. It is a route that eventually results in the collapse of the institutions that support our global civilization as well as additional social turmoil and environmental damage (United Nations, 2016).

We must decide whether to follow the current course of financial exclusion and inequality or to construct a new course that will result in a future that is more egalitarian, just, and sustainable for all (Consultative Group to Assist the Poor [CGAP], 2015). Even though the giants are powerful, they are not unbeatable. Together, with unflinching resolve and a common commitment to justice, we can defeat these contemporary Goliaths and build a society in which equality and financial inclusion are the rule rather than the exception (Morduch & Haley, 2002). It is an undertaking that will call for audacious action, inspiring leadership, and a readiness to take on deeply ingrained power systems. However, it's a work we must do because it will determine our planet's future and the welfare of future generations (GSMA, 2019).

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CANCER

THE SILENT KILLER DISEASE IN NIGERIA

Cancer has emerged as a significant public health challenge worldwide, with a particularly alarming impact in developing countries such as Nigeria. Despite advancements in medical science and technology, cancer continues to be a leading cause of morbidity and mortality. Cancer is a genetic disorder. It is caused by changes in our body's chromosomes. Chromosomes and genes are interconnected. Every cell contains various structures (known as chromosomes) that it uses to carry out the instructions found in its DNA as well as other tasks such as cell division. They allow cells to perform all of these functions effectively. Every chromosome contains many genes, and their function is to carry instructions from parents to children by acting as a blueprint for building the body, carrying out cell functions, and facilitating growth and development. Each of these functions is carried out by a set of chemical letters encoded in the DNA. Errors may occur in the DNA code causing altered cell function, which eventually leads to an accumulation of damaged cells in the body, resulting in cancer. Many people believe that cancer thrives on the loss of healthy cells in the affected area of the body, but it actually grows when changes occur to the chemicals of the cell known as DNA, which is found in all living cells, including cancer cells.

Prevalence and Types of Cancer in Nigeria

According to the World Health Organization (WHO, 2019), cancer is responsible for approximately 9.6 million deaths globally, with an estimated 70% of these deaths occurring in low- and middle-income countries. Nigeria is not exempt from this trend; it is one of the countries facing a cancer epidemic. Data from the Global Cancer Observatory in 2020 indicated that Nigeria recorded over 100,000 new cancer cases and more than 70,000 cancer-related deaths annually (GLOBOCAN, 2020). Breast, cervical, and prostate cancers are the most commonly diagnosed types, reflecting the global patterns while also highlighting specific local risk factors.

The rising incidence of cancer can be attributed to various factors including urbanization, lifestyle changes, increased life expectancy, and enhanced awareness leading to better diagnostic facilities. The most common types of cancer affecting Nigerians include breast cancer, cervical cancer, prostate cancer, and liver cancer.

Breast cancer particularly stands out as the most prevalent cancer among Nigerian women, accounting for nearly 27% of all female cancers (Adebamowo et al., 2018). The late presentation of the disease remains a significant concern, with a majority of patients diagnosed at advanced stages where treatment options are limited and less effective (Akkoynlu et al., 2021). Similarly, cervical cancer poses a serious public health concern, with Nigeria having one of the highest incidences of the disease globally due to limited access to screening and vaccination. On the other hand, prostate cancer has emerged as a leading cancer in Nigerian men, influenced by both genetic and environmental factors, with disease management complicated by socioeconomic barriers.



Contributing Factors to Cancer in Nigeria

Several interconnected factors contribute to the rising cancer burden in Nigeria. Among these, genetic predisposition, lifestyle choices, and environmental influences are paramount. The increasing adoption of Western lifestyles, characterized by poor dietary habits, physical inactivity, and rising tobacco and alcohol consumption, has significantly increased the risk of various cancers (Fadeyibi et al., 2020). Moreover, the increasing prevalence of infectious diseases, such as Human Immunodeficiency Virus (HIV) and Human Papillomavirus (HPV), has been shown to correlate with higher cancer incidence (Okunronmu et al., 2019). Chronic infections such as hepatitis B and C are also implicated in liver cancer, another major concern in Nigeria (Owoeye et al., 2019).

Socioeconomic factors further exacerbate the situation. A significant portion of the Nigerian population resides in poverty, limiting access to healthcare services, including cancer screening and treatment. Many individuals are forced to rely on traditional herbal remedies due to the prohibitive costs associated with conventional medical treatments, which not only delay diagnoses but also increase the likelihood of poor or worse outcomes.

Moreover, the healthcare system in Nigeria faces numerous challenges, including inadequate infrastructure, a shortage of trained healthcare professionals, and insufficient funding for cancer care. According to a study by Akinyemiju et al. (2015), Nigeria has fewer than 20 oncologists for a population exceeding 200 million people, highlighting the disparities in cancer care accessibility.

Challenges in Diagnosis and Treatment

The challenges surrounding cancer diagnosis and treatment in Nigeria are multifaceted. Key among them is the scarcity of adequate healthcare facilities and trained healthcare personnel. Most oncology services are concentrated in urban areas, leading to inequitable access for rural populations. Most hospitals lack the necessary diagnostic tools, such as imaging equipment and pathology services, impeding early detection strategies that are crucial for improving outcomes.

Radiotherapy, for instance, is essential for managing various cancers, yet there are only a handful of radiotherapy centers in the entire country, leading to long waiting times for patients in need of such services (Okobia et al., 2016).

Additionally, the financial burden of cancer treatment is a significant barrier for many Nigerians. The inflated costs associated with chemotherapy, radiotherapy, and surgical interventions often push patients into the depths of poverty or force them to abandon treatment altogether. The absence of a robust health insurance scheme exacerbates this challenge, leaving many patients to shoulder the financial burden independently.

Misconceptions surrounding cancer further complicate the landscape. Cultural beliefs often cast the disease as a form of punishment or a taboo subject, leading to delays in diagnosis and treatment. Efforts to educate the populace about the signs and symptoms of cancer remain insufficient, limiting public engagement and understanding of the disease.

Further complicating the issue, psychological support and palliative care remain underdeveloped in the Nigerian healthcare system. Many patients face the dual burden of dealing with the physical toll of cancer and the emotional distress related to their prognosis, yet there exist minimal resources dedicated to providing psychological support as the stigma associated with cancer also acts as a barrier, with many individuals reluctant to discuss their diagnoses, resulting in isolation and delayed help-seeking for symptoms.

The Path Forward: Public Policy Health Strategies and Raising Awareness

To combat the cancer epidemic in Nigeria, it is imperative to initiate comprehensive public health policies focused on prevention, early detection, and improved treatment facilities. Education and awareness campaigns must be intensified addressing misconceptions and



emphasize the importance of early detection through screening programs, cancer risk factors, symptoms, and the importance of regular screening. Such initiatives should specifically target high-risk populations, educating them about risk factors and the importance of lifestyle modifications.

Efforts to promote vaccination against HPV can significantly reduce the incidence of cervical cancer, alongside promoting lifestyle modifications to address other preventable risk.

The establishment of cancer registries within the healthcare system is necessary to collate data on incidence, prevalence, and outcomes. This will facilitate the formulation of evidence-based policies and allow for the monitoring of cancer trends over time, thereby shaping targeted interventions.

Policy initiatives must prioritize increased funding for cancer research and the development of reliable healthcare infrastructure. Investments into training healthcare professionals, equipping facilities with modern technology are crucial steps toward improving cancer care in Nigeria and integrated care models that encompass prevention, early detection, and palliative care can significantly impact the cancer burden. Collaboration with international organizations and partnerships with philanthropic entities can help mobilize necessary resources and expertise..

In conclusion, as cancer increasingly asserts itself as a silent killer in Nigeria, the need for a multidimensional approach to combat this insidious disease becomes paramount. It necessitates an understanding of the complex interplay of several factors—biological, environmental, cultural, and socioeconomic— influencing cancer incidence and outcomes in the country and systemic healthcare challenges exacerbates the situation, rendering it essential for stakeholders to prioritize awareness, prevention, and improved access to treatment. The establishment of effective public health strategies, coupled with community engagement and education, can change the narrative surrounding cancer in Nigeria.

As the country confronts this growing health crisis, a concerted effort to improve healthcare access, increase awareness, and promote early detection will be crucial in diminishing the cancer burden, fostering a healthier and more informed populace. It is not merely a medical challenge but a societal imperative that demands immediate and sustained action.

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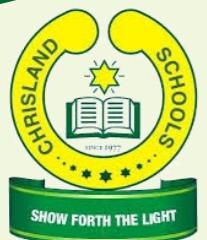
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