

# **Meal Plan Problem Statement**

## **Problem Statement:**

- Incoming students now having a meal plan have access to an absurd amount of food and need to know how to handle it in a healthy manner.

## **Who is experiencing the problem?**

- This problem goes to every student in the university but mainly freshman since they are just now dealing with it for the first time unlike higher classes.

## **What is the problem?**

- The problem is that now that the incoming students have a meal plan, they can access an ungodly amount of food that they might not have always had access to.

## **Where does the problem present itself?**

- The problem can present itself in many ways. Some examples are stress, boredom, and bad self-control.

## **Why does it matter?**

- It matters because since people can access so much food it can make people extremely unhealthy if they don't balance it right. Since students have unlimited access to food, if they're bored, stressed, etc. Students can eat pretty much whenever they want, how much they want, for as long as they want since the dining halls are buffet style and don't have a time limit of being inside them.