

## **The focus of our ChatBox and Headless Browser Automation marketing project will be focus on the following titles:**

- 1- Laser Skin treatments-
  - Hyperpigmentation
  - Laser Hair Removal
- 2- Dermal Fillers-
- 3- Semaglutide (Weight Loss Medication)
- 4- Facelift non surgical(SculptLyft)
- 5- Otoplasty non surgical(Ear Reshape)

### **Laser Skin treatments (Frequently Asked Questions)**

#### **Laser Skin Hyperpigmentation (or Age Spots) Treatment**

##### 1. What is laser skin hyperpigmentation treatment?

Laser skin hyperpigmentation treatment is a non-invasive procedure that uses laser technology to target and reduce the appearance of hyperpigmentation on the skin. Hyperpigmentation refers to darkened areas or patches of skin caused by an excess of melanin, which is the pigment responsible for skin color.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”

##### 2. How does laser skin hyperpigmentation treatment work?

During the treatment, a laser device emits a focused beam of light that is absorbed by the excess melanin in the skin. This causes the melanin to break down and gradually fade over time. The laser treatment specifically targets the pigmented areas without damaging the surrounding skin.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “how it works”

##### 3. What types of hyperpigmentation can be treated with laser?

Different types of hyperpigmentation can be effectively treated with lasers, including sunspots, age spots, melasma, and post-inflammatory hyperpigmentation. However, the suitability of laser treatment may vary depending on the individual's skin type and the severity of the hyperpigmentation.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “hyperpigmentation types”

#### 4. Is laser skin hyperpigmentation treatment safe?

Laser skin hyperpigmentation treatment is generally considered safe when performed by a trained professional. However, some potential side effects may include temporary redness, swelling, or mild discomfort in the treated area. These side effects usually subside within a few hours or days after the treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment” “safety”

#### 5. Are there any side effects of laser skin hyperpigmentation treatment?

#### 6. How many sessions of laser treatment are typically required for hyperpigmentation?

The number of laser treatment sessions required for hyperpigmentation can vary depending on factors such as the size and depth of the pigmented areas, as well as the individual's response to the treatment. Typically, multiple sessions spaced several weeks apart are necessary to achieve optimal results.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “duration”

#### 7. How long does each laser treatment session for hyperpigmentation last?

Treatments can take 5 to 30 minutes or more depending on size of the treatment area. If a topical anesthetic is necessary, you should allow 20 to 30 minutes or more for it to take effect. This is best discussed with our staff before treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “duration”

#### 8. Is laser skin hyperpigmentation treatment painful?

You may experience a slight tingling during treatment. To help manage comfort and safety, the system is equipped with a chilled sapphire tip which cools the skin before, during, and after each pulse. Depending on the level of the treatment, we may offer a topical anesthetic to help numb the skin prior to treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “pain”

#### 9. Is there any downtime or recovery period after laser treatment for hyperpigmentation?

There is no downtime with IPL treatments. Darkened brown spots or discoloration can be

covered with make-up if desired. Typically, darkening and discoloration is most evident after the first treatment and is less obvious with subsequent treatments. To avoid complications and obtain the best possible outcome, we require that you do not tan or use spray tan/self tanner 2 weeks before your treatment. Also, it is recommended that you avoid direct sun exposure for 48 hours before or after your treatment. Treatments should never be done over recently tanned skin.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “recovery”

10. Can laser skin hyperpigmentation treatment be performed on all skin types?

Laser skin hyperpigmentation treatment can be performed on various skin tones, but certain laser devices may be more suitable for specific skin types. It is important to consult with a qualified professional who can determine the most appropriate treatment option for your skin tone.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “skin type”

11. Are the results of laser skin hyperpigmentation treatment permanent?

It's important to note that laser skin hyperpigmentation treatment is a permanent solution except for hormonal related dark spots: melasma. However, new pigmentation may develop over time due to sun exposure or other factors. Therefore, it's essential to follow proper sun protection measures and skincare routines to maintain the results of the treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “results”

12. How much does laser skin hyperpigmentation treatment cost?

The cost of laser skin hyperpigmentation treatment can vary depending on factors such as the location, the provider's expertise, and the extent of the treatment required. It's best to consult with a or a qualified skincare professional to get an accurate cost estimate based on your specific needs.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “cost”

13. Are there any alternative treatments for hyperpigmentation besides laser?

Yes, topical creams, chemical peels and microneedling. However, with these options it may take longer for the dark spot to be eliminated completely.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “alternatives”

14. Can laser skin hyperpigmentation treatment be combined with other cosmetic procedures?

Yes, such as Botox, Dermal Fillers, PDO Threads and others.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “combination procedures”

15. How should I prepare for a laser skin hyperpigmentation treatment session?

Please stay away from the sun on tanning beds at least 2 weeks before the treatment. Also, do not use any facial makeup on the day of your laser treatment. Using a good SPF Sunscreen is a great way to take great care of the skin before and after any laser treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “preparation”

16. Are there any pre-existing conditions that may disqualify someone from undergoing laser treatment for hyperpigmentation?

Certain medical conditions, such as active skin infections, autoimmune disorders, or a history of keloid scarring, may affect the suitability for laser skin hyperpigmentation treatment. It is important to disclose your medical history to the healthcare provider before undergoing the treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “eligibility”, “pre-existing conditions”

17. What should I expect during a laser skin hyperpigmentation treatment session?

We will apply a clear gel to the skin on which the chilled laser handpiece will glide. Treatment progresses in stages:

1. Stage 1: Utilizing high precision beams, laser energy is delivered to distinct pigmentation, sunspots and age spots.
2. Stage 2: The same high precision beam is adjusted to match distinct vascular targets including superficial veins and cherry angiomas.
3. Stage 3: The laser is changed from a precision spot to a large spot for general background sun damage and pigmentation.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”, “sessions”

18. When will I see results?

Most patients will see results after just one treatment. These results will be evident in about 4 weeks, but it can take up to 8 weeks for the full result.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”, “results”

19. Can sun exposure affect the results of laser skin hyperpigmentation treatment?

You may be sensitive to sunlight and should apply sunscreen and other skin care products as directed by your provider.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “warnings”, “sun”

20. How can I maintain the results of laser skin hyperpigmentation treatment?

21. What is the recovery process like after laser skin hyperpigmentation treatment?

After the treatment, the skin may appear red and slightly swollen, similar to a sunburn. It is important to follow the post-treatment care instructions provided by your or skincare professional. This may include avoiding sun exposure, applying soothing creams or ointments, and avoiding harsh skincare products.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “recovery”

22. Can laser skin hyperpigmentation treatment be performed on any part of the body?

Yes, laser skin hyperpigmentation treatment can be performed on various areas of the body, including the face, neck, hands, and legs. The specific treatment area will depend on the type and location of hyperpigmentation.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “part of body”

23. How long does it take to complete a full course of laser skin hyperpigmentation treatment?

The number of treatment sessions required for optimal results can vary depending on the individual and the severity of the hyperpigmentation. Typically, a full course of treatment may consist of 3-6 sessions, with each session spaced several weeks apart.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “duration”

24. Are there any specific precautions or aftercare instructions to follow before and after laser skin hyperpigmentation treatment?

Before the treatment, it is important to avoid sun exposure and use sunscreen regularly. After the treatment, it is recommended to protect the treated area from direct sunlight and follow a gentle

skincare routine. Your healthcare provider will provide you with detailed instructions tailored to your specific needs.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “precautions”

25. Can laser skin hyperpigmentation treatment be used for all types of skin tones?

26. Can all skin pigmentation issues be treated?

We can safely treat any benign hyperpigmentation, including freckles, sunspots, age spots and café au lait birthmarks.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “eligibility”, “pigmentation types”

27. Are there any specific pre-existing medical conditions that may affect the eligibility for laser skin hyperpigmentation treatment?

28. Can laser skin hyperpigmentation treatment be performed during pregnancy or while breastfeeding?

As a precautionary measure, laser skin hyperpigmentation treatment is generally not recommended during pregnancy or while breastfeeding. It is important to consult with a healthcare professional to discuss the potential risks and suitable alternatives for addressing hyperpigmentation during this time.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “eligibility”, “pregnancy”, “breastfeeding”

30. Am I a good candidate for laser pigmentation removal?

A complimentary consultation is required prior to treatment to ensure that you are a good candidate. Patients presenting with raised pigmentation or a history of skin cancer are not candidates for pigmentation removal.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “eligibility”

31. Can all areas of the body be treated?

Any area of the body can be treated safely and effectively. Our most common treatment areas include face, neck, chest, arms and hands.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “parts of body”

### 32. How many treatments will I need and how often?

Your treatment plan will depend on many factors such as the location, depth, size and type of pigmentation. Some lesions will require several treatments for optimal results, where some can be resolved in a single treatment. On average, patients will need 2-3 sessions for complete removal. Subsequent treatments can be scheduled for four weeks after your treatment.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “duration”

### 33. How often can treatments be performed?

The frequency of your pigmentation removal appointments will be based on clinical judgment. For most patients, treatment will be performed every 4 – 8 weeks.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “duration”

### 34. How can I get the best results from pigmentation removal?

We strongly recommend that our patients ‘protect their investment’ by using a high-quality, chemical-free sunblock on a daily basis, rain or shine, summer or winter. Hats are also highly recommended in the summer months. Appropriate protection from damaging UV rays can prevent the recurrence of the hyperpigmentation. For patients that are predisposed to hyperpigmentation, we recommend supplementing your skin care routine with Chemical Peels and Microneedling along with a routine of medical grade skin care products. Pigmentation removal relies on the lymphatic system to help with the elimination of the treated pigment. As a patient, we suggest daily moderate exercise, such as walking, will also increase circulation and support the lymphatic system.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”

### 35. What can I expect to experience after my treatment? Is there any downtime?

After treatments, patients typically experience temporary discoloration or reddening of the skin around the treatment site. Make-up can be applied immediately after treatment. Because this laser technology is so gentle on the skin, many of our patients receive treatment just prior to work or during their lunch hour. The PicoWay laser is the most advanced in the world and features faster, shorter duration pulses. This means that the skin absorbs less heat, which allows for a more comfortable procedure with less downtime when compared to less advanced laser technologies.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”, “downtime”

### 36. Does the skin need to burn in order to see sun damage?

It is a common misconception that the skin needs to burn in order to see sun damage, however this is not true...

There are two types of UV rays which affect the skin:

- UVB rays are responsible for epidermal damage, resulting in sunburn. These rays are obtained from direct sun exposure and cannot penetrate through glass. When the skin peels after a sunburn, this is the body attempting to remove damaged skin cells before they become cancerous.
- UVA rays are the main contributor towards photo-aging, penetrating deeper into the dermis, and cannot be filtered by glass. Therefore you are at risk of obtaining UVA rays when driving or even sitting inside near a window.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”, “sun”, “UV”

### 37. How does pigmentation develop?

Pigmentation develops as a response to UV-induced trauma, resulting in stimulation of melanin production. Melanin (pigment) is the skin's barrier defense to further damage. Abnormal deposition of melanin in the epidermis results in freckles. Over time, accumulative sun damage causes these sunspots to become larger, commonly referred to as ‘age spots’ or solar lentigines, as they are often seen in the later years. Actinic keratoses also often develop in later years as a result of long-term sun exposure. They are precancerous lesions of the skin, with a crusty, pink appearance, and have the potential to become malignant.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “pigmentation development”

### 38. What accelerates the appearance of aging?

Sun exposure causes free radical production, which is where oxygen molecules become unstable and seek alternative molecules to scavenge an electron in order to become whole again. This results in damage to skin cells, altering their function and DNA, impairing the skin's ability to repair itself and contributing to collagen depletion. Long-term sun damage also results in the accumulation of abnormal elastic fibers. This accelerates the appearance of aging, resulting in lines and wrinkles, enlarged pores and poor skin elasticity. Telangiectasia or superficial dilated capillaries can be the result of thinning and weakening blood vessel walls as a response to sun-induced trauma. This also contributes to facial flushing and redness.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “aging acceleration”



### 39. How do pigmentation and facial redness treatments work?

Red and brown discoloration treatments work by precisely targeting unwanted pigmented lesions:

Brown discolorations, also known as pigmentation (age spots, sun spots, etc.), are darker than the rest of the skin and absorb more laser energy than the surrounding skin.

Red discolorations, also known as vascular lesions (small veins, rosacea, cherry angiomas, etc.), are overgrown or enlarged blood vessels. Preferentially heating vessel walls causes them to weaken, fall and be absorbed by the body.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “how it works”, “facial redness”

### 40. What results are anticipated with IPL?

When treating brown/dark spots (hyperpigmentation) or melasma (larger areas of brown discoloration) there can be an immediate darkening of some of the area treated. This occurs if there is brown pigment that is superficially located in the layers of your skin. This is a sign of good things to come! This response typically resolves in 7-14 days, at which time most people will notice a slight lightening of many superficial brown spots. If the pigment is located in the deeper layers of skin, as is often the case in melasma, there may be no initial darkening of the excess pigment. To improve deeper pigment issues and brown spots, a series of treatments will be needed before you will notice normal healthy skin emerge with significantly fewer brown spots and general discoloration. It is not always possible to eliminate all spots and brownness, however, dramatic lightening and improvement is common. The IPL can also be used to treat facial, neck and chest redness. Redness can look slightly more evident and patchy after treatment. A short series of treatments is typically needed to see significant results.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”

### 41. What does the IPL treatment feel like?

The sensation of the IPL is a mild stinging sensation. A bright light will be evident even though your eyes are completely protected with IPL eye shields. Anesthetics are typically not required. Afterwards, there can be a mild “sunburn” sensation that usually goes away after 1-2 days.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “expectations”

### 42. What are the common side effects of IPL?

The most common (and expected) side effect is a darkening of the more superficial brown spots of the areas being treated. This darkening of superficial brown spots will flake off after about 7-14 days. There can also be generalized redness of the skin and redness around the brown spots

(like a halo). This can last for 48-72 hours. To avoid complications, IPL should not be done during the sunniest months of the year, or prior to or after sun exposure. We typically schedule treatments during the fall, winter and spring, avoiding summer's sunnier months.

**Keywords:** "IPL", "non-invasive surgery", "hyperpigmentation", "skin condition", "laser treatment", "expectations", "side effects"

#### 43. What is Photofacial?

Photofacial is a corrective phototherapy treatment that uses Intense Pulse Light (BBL) to target signs of aging, sun damage, and other skin conditions. This process will restore your skin to its natural beauty, making it clearer, smoother, and more vibrant.

**Keywords:** "IPL", "non-invasive surgery", "hyperpigmentation", "skin condition", "laser treatment", "What is it", "Photofacial"

#### 44. What conditions does it treat?

Photofacial treats brown pigmentation such as freckles and age spots. Photofacial also treats vascular issues such as redness, small blood vessels, and rosacea as well as aging skin, uneven skin texture, and loss of firmness.

**Keywords:** "IPL", "non-invasive surgery", "hyperpigmentation", "skin condition", "laser treatment", "expectations", "Photofacial", "conditions treated"

#### 45. How does Photofacial work?

The light energy delivered by IPL will precisely deliver laser energy to specific targets in your skin. gently heat the upper layers of your skin. The heat absorbed by the targeted areas will stimulate your skin cells to regenerate. If brown spots are the target, IPL penetrates the skin to reach the pigment. The particles of the pigment left behind will peel or slough off within 7-14 days. If redness is the target, blood vessels in the superficial layers of the skin absorb the laser energy which causes them to close. Over the course of several weeks, the body continues to absorb the destroyed vessel remnants.

**Keywords:** "IPL", "non-invasive surgery", "hyperpigmentation", "skin condition", "laser treatment", "How it works", "Photofacial"

#### 46. What does Photofacial feel like?

Patients often describe a warm popping sensation. You may experience some discomfort in more sensitive areas. A topical anesthetic is recommended.

**Keywords:** "IPL", "non-invasive surgery", "hyperpigmentation", "skin condition", "laser treatment", "Expectations", "Photofacial"

#### 47. Is there downtime associated with Photofacial?

Immediately following treatment, you can expect to see redness, and it may feel like a slight sunburn in the treated area. Depending on the aggressiveness of your treatment, you may have swelling for a day or two. Pigmentation will turn darker and will slough off in 7-14 days. You may experience some bruising with vascular treatments.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “Expectations”, “downtime”, “Photofacial”

#### 48. How many treatments will I need for Photofacial?

Your provider will personalize a treatment plan. Multiple sessions are performed every 2-6 weeks until the desired result has been achieved. Usually 3 to 4 treatments are required for full correction, although additional treatments especially for rosacea and vascular sun damage, may be required.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “Expectations”, “duration”, “Photofacial”

#### 49. BBL vs. IPL: A Quick Comparison.

BBL and IPL differ in many ways but share some basic similarities.

- Both use non-invasive light waves to rejuvenate and replenish the skin.
- Both treat skin imperfections in any area of the body.
- The treatment duration of both BBL and IPL can last anywhere from six to twelve months, depending on specific patient issues.
- The number of treatments for both procedures varies from patient to patient.
- Neither requires injections or incisions.
- Avoiding sun exposure after the treatment is important for both.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “BBL”, “BBL vs IPL”

#### 50. BBL vs. IPL: The Differences

Both BBL and IPL have made their mark as two of the most effective non surgical methods for restoring skin health.

Both treatments use light filtered at different wavelengths to treat skin conditions and restore youthful skin. BBL targets skin imperfections at the source, i.e., below the skin surface.

IPL, on the other hand, targets hemoglobin and melanin in the upper skin, eliminating hyperpigmentation spots. Today, IPL is best used to treat scarring, enlarged pores, sun spots, and dilated blood vessels.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “BBL”, “BBL vs IPL”

## 51. What Is IPL?

IPL stands for Intense Pulsed Light. IPL therapy uses a handheld device that is passed over the skin surface to deliver pulses of broad-spectrum light into the skin. It’s one of the first photo rejuvenation technologies ever invented.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “What is it”

## 52. HOW DOES IPL WORK?

IPL works by heating the top layers of the skin, which stimulates the skin cells to produce new collagen and elastin. These chemical compounds help restore the skin to its natural, youthful glow.

The target of IPL energy can be burst blood vessels, pigmented skin, or microbes that cause acne. Heat energy is directed towards the melanin and hemoglobin below the skin surface, destroying the darker particles and making the redness and inflammation less visible.

IPL is commonly used to treat:

- Dilated blood vessels
- Scarring
- Rosacea
- Sunspots
- Enlarged pores

Most people with skin care problems need 3 to 5 treatments spaced one month apart to see results, depending on the affected area of the skin and the extent of the damage.

**Keywords:** “IPL”, “non-invasive surgery”, “hyperpigmentation”, “skin condition”, “laser treatment”, “How it works” “conditions treated”

# Laser Hair Removal

## 1. What is laser hair removal?

Laser hair removal is a cosmetic procedure that uses laser technology to remove unwanted hair from different parts of the body. It is a safe and effective procedure that can provide long-lasting results.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “what is it”

## 2. How does laser hair removal work?

Laser hair removal involves the use of laser pulses. These pulses emit light into the skin that destroys the root and follicle of the hair. When the root and follicle are destroyed, hair can no longer grow. For this process to work, the hair must be targeted during an active growth phase. However, individual hairs usually grow at different rates. Therefore, it takes several treatment sessions to capture every hair in the growth phase and produce optimal results.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “how it works”

## 3. Is laser hair removal safe?

Yes. Laser hair removal is generally considered safe when performed by a trained professional. However, it is important to disclose any medical conditions, medications, or allergies you may have before undergoing the treatment. Pregnant women and individuals with certain skin conditions may not be suitable candidates for laser hair removal.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “safety”

## 4. Does Laser Hair Removal Hurt?

For most people, laser hair removal does not hurt. However, it all depends on your threshold for pain. Most people say that it feels like snapping a rubber band against the skin. But if you’re overly sensitive to pain, you may experience some minor discomfort. Fortunately, there are ways to reduce the discomfort. Prepare properly and follow a strict aftercare program. This will reduce pain and provide the most effective results.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “pain”

## 6. How many laser hair removal sessions are needed for optimal results?

Laser hair removal typically requires multiple sessions to achieve optimal results. The number of sessions needed can vary depending on factors such as hair type, color, and thickness, as well as the area being treated. On average, most individuals require 6 to 8 sessions spaced several weeks apart.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “duration of treatment”

#### 7. Are the results of laser hair removal permanent?

It is important to note that laser hair removal is not a one-time procedure. It is a gradual process that requires multiple sessions to achieve desired results. However, many individuals experience a significant reduction in hair growth after just a few sessions. Maintenance sessions may be required to maintain the desired results.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “results”, “duration of results”

#### 8. Can laser hair removal be used on all skin types?

Laser hair removal can be performed on a wide range of skin types. However, the effectiveness and safety may vary depending on the specific type of laser used and the individual's skin characteristics.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “skin types”

#### 9. How long are Laser Hair Removal treatments and how many do I need?

The answer to this question depends on the area you want treated, how much hair you have, and other relevant factors, like the contrast of color between your skin and hair. Since hair grows in cycles, it's impossible to laser away all hair at once. We typically recommend a few initial treatments to remove all of the hair from the desired area and give you the smooth skin you've been looking for. Smaller areas like the upper lip or underarms may take only a few minutes, while larger areas like the back or legs may take up to an hour.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “duration of treatment”

#### 11. Am I a good candidate for Laser Hair Removal?

Laser hair removal is generally effective for individuals with light to medium skin tones and dark hair. The laser targets the pigment in the hair follicles, so it may not be as effective on light, white, gray, or red hair. However, advancements in technology have made laser hair removal more accessible for a wider range of skin tones and hair colors.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “hair color”, “skin tones”

## 12. Which areas can be treated with Laser Hair Removal?

Even if you have sensitive skin, our laser hair treatment targets your hair follicles without damaging surrounding areas. This means we can help you say goodbye to hair in the following areas:

- Armpits
- Legs
- Bikini area
- Back
- Chest
- Upper lip
- Face

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “treatment areas”, “body areas”

## 13. How do I prepare for my Laser Hair Removal treatment?

To prepare for laser hair removal, avoid plucking, waxing, and tanning for six weeks prior to your first treatment. In the days before treatment, avoid taking medications such as blood thinners, NSAIDs, and pain relievers. Laser is more effective on untanned skin. Shaving the treatment area a day or two before the session is also advised. Take a shower and shave right before your treatment, but don't apply any lotions, moisturizers, or sunscreens to the skin.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “preparation”

## 14. What happens during laser hair removal?

During the laser hair removal procedure, you may experience a mild sensation of heat or a slight snapping or stinging feeling as the laser pulses on the skin. Most people tolerate the treatment well, but if you have concerns about discomfort, you can discuss options for numbing creams or cooling techniques with your technician.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “how it works”

## 15. What must I do after getting laser hair removal?

To avoid possible side effects, all patients need to protect their skin from the sun. After laser hair removal, you should:

- Avoid direct sunlight from hitting your treated skin.
- Not use a tanning bed, sun lamp, or any other indoor tanning equipment.
- Follow your provider after-care instructions.

Please avoid plucking or waxing the hair. It is common to experience some redness or mild irritation, which usually subsides within a few hours.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “aftercare”

#### 16. How long will the results of laser hair removal last?

Most patients remain hair free for months or even years. When some of the hair regrows, it will likely be less noticeable. To keep the area free of hair, a patient may need maintenance laser treatments to maintain the desired results.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “duration of results”

#### 17. How Much Does Laser Hair Removal Cost?

The cost of laser hair removal can vary depending on factors such as the size of the treatment area, the number of sessions required, and the location of the clinic. It is best to consult with a professional for a personalized cost estimate. The larger the area, the more time it will require. The amount of time will determine the exact price of treatment.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “cost”

#### 18. What are the possible side effects for Laser Hair Removal?

The most common side effects are minor and last 1 to 3 days. These side effects include:

- Discomfort
- Swelling
- Redness

Other possible side effects include:

- Blistering



- Herpes simplex (cold sores) outbreaks
- Infections
- Scarring
- Skin lightening or darkening

It is important to choose a reputable clinic and a trained professional to minimize these risks.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “side effects”, “risk”

#### 19. Will hair removed by laser treatment grow back?

Sometimes. Laser hair removal targets and deactivates your hair follicles, stopping new hair growth. So, most of our patients don't experience new hair growth after laser hair removal. Changes in hormones, though, can lead to increased hair production. Usually, you only need a quick touchup for more permanent results.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “duration of results”

#### 20. Which are the best lasers for Laser Hair Removal?

There are different types of lasers used for hair removal, including Alexandrite, Diode, Nd:YAG, and IPL (Intense Pulsed Light). Each type of laser has its own advantages and is suitable for different skin types and hair colors. Your technician will determine the most appropriate laser for your specific needs.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “how it works”, “laser types”, “laser options”

#### 21. What are the advantages of Laser Hair Removal vs Traditional methods?

Advantages of Laser Hair Removal: Laser hair removal offers several advantages over traditional hair removal methods such as shaving, waxing, and plucking. These include long-lasting results, reduced hair density, smoother skin, and less risk of ingrown hairs.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “advantages”, “traditional methods comparison”

#### 23. Is there downtime after Laser Hair Removal?

No. One of the benefits of laser hair removal is minimal downtime. Most individuals can resume their regular activities immediately after the treatment. However, you may experience some redness, swelling, or mild discomfort in the treated area, which usually subsides within a few hours to a day.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “downtime”

#### 24. Is Laser Hair Removal expensive?

While laser hair removal may initially seem more expensive than other hair removal methods, it can be more cost-effective in the long run. The long-lasting results mean you won't have to spend money on regular waxing appointments, razors, or other temporary hair removal products.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “cost”

#### 25. What are other uses for Laser Technology?

In addition to hair removal, lasers are also utilized for various cosmetic and medical procedures. These include laser skin rejuvenation, laser tattoo removal, laser acne treatment, and laser scar reduction. If you have other skin concerns, you can discuss with your technician if laser technology can offer suitable solutions.

**Keywords:** “laser technology for medical uses”, “laser technology procedures”, “laser treatable conditions”

#### 26. When will I see the results after having laser hair removal?

You will likely see the results immediately after treatment. The results vary from patient to patient. The color and thickness of your hair, area treated, type of laser used, and color of your skin all affect the results. You can expect a 10% to 25% reduction in hair after the first treatment. To remove the hair, most patients need 2 to 6 laser treatments. After finishing the treatments, most patients do not see any hair on the treated skin for several months or even years. When the hair regrows, there tends to be less of it. The hairs also tend to be finer and lighter in color.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “results”, “time till desired results”

#### 27. When is it safe to have another laser treatment for hair removal?

This varies from patient to patient. Removing hair often requires a series of laser treatments. Most patients can have laser hair removal once every 4 to 6 weeks. You will tell you when it is safe to have another treatment.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “repeat treatments”

28. What is the safety record for laser hair removal?

Lasers play an important role in treating many conditions that affect the skin, hair, and nails. In recent years, many advances have been made in laser medicine. One such advance is that more people can safely have laser hair removal. In the past, only people with dark hair and light skin could safely have laser hair removal. Today, laser hair removal is a treatment option for patients who have light-colored hair and light skin and patients who have dark skin. Laser hair removal must be performed very carefully in these patients.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “safety”

29. What questions to ask before having laser hair removal?

To ensure your treatment meets your expectations, ask the following questions before laser hair removal:

- Will a laser technician perform the laser hair removal?
- How many of these laser treatments has the laser technician performed on people with my skin coloring?
- How many laser treatments will I need?
- What results can I expect?
- What will I need to do before getting laser hair removal?
- What are the potential side effects?
- Do I have a higher risk for any side effects?
- May I see before-and-after photos or speak with patients you treated with laser hair removal?
- How much will the treatment cost?
- 

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “eligibility factors”

30. What kind of information does my laser technician need to know before my laser hair removal treatment?

- A tendency to scar.
- A recent tan.
- Ever had a keloid (type of raised scar).
- A tendency to get outbreaks of cold sores or genital herpes.
- Take isotretinoin (a medicine used to treat severe acne) — or are taking any other medicine, including medicine that you buy without a prescription, such as aspirin.

They also will examine your skin because the success of this procedure depends on considering a number of factors. These factors include where the unwanted hair is on the body, the color and coarseness of the hair, and where the hair is in its growth cycle.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “consultation”

### 31. How Old Do You Have to Be to Get Laser Hair Removal?

There is no specific age minimum, but it is important to wait until you’ve gone through puberty to begin laser treatments. Females should not begin treatment unless they’ve already started their menstrual cycle. Generally, fourteen is the earliest age that people should begin laser hair removal.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “expectations”, “age”

### 32. Can You Get Laser Hair Removal if You’re Pregnant?

It is best to play it safe and avoid laser hair removal while you’re pregnant. There is no evidence to suggest that it is unsafe, but there have not been long-term studies to analyze the effect of the laser on an unborn child. To protect your unborn baby, wait until after you’ve given birth to begin laser hair removal treatment.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “pregnancy”

### 33. Do You Leave a Tip After Laser Hair Removal?

As with anyone in any service industry, laser technicians always appreciate tips and gratuities. But instead of tipping a certain percentage like you would tip a waiter, tip a specific dollar amount. For example, tip \$10-\$20 on a small area, \$20-\$50 on a medium area, \$50+ on a large area.

**Keywords:** “laser hair removal”, “laser pulses”, “follicle destruction”, “hair removal procedure”, “hair roots”, “hair growing back”, “body hair removal”, “long-lasting hair removal”, “aftercare”

### 34. Can Anybody Get Laser Hair Removal?

Anyone can get laser hair removal, regardless of skin color or hair type. However, people with light skin and dark hair tend to see faster and better results than people with light hair or a darker skin tone. Any man or woman can have the treatments, though pregnant women should wait until after they've given birth to begin their sessions.

**Keywords:** "laser hair removal", "laser pulses", "follicle destruction", "hair removal procedure", "hair roots", "hair growing back", "body hair removal", "long-lasting hair removal", "eligibility"

35. What hair color does Laser Hair Removal most effectively remove?

The darker the hair follicle color the higher the absorption of laser light. Thus, delivering greater hair removal results.

**Keywords:** "laser hair removal", "laser pulses", "follicle destruction", "hair removal procedure", "body hair removal", "long-lasting hair removal", "eligibility", "best hair color"

36. What are the most popular areas for Laser Hair Removal?

Face, bikini and legs.

**Keywords:** "laser hair removal", "hair removal procedure", "body hair removal", "long-lasting hair removal", "popular body areas"

31. How long has Elite top Aesthetics been in existence?

Elite Top Aesthetics has been servicing the treasure coast for 13 years.

**Keywords:** "laser hair removal", "hair removal procedure", "body hair removal", "long-lasting hair removal", "Elite Top Aesthetics", "experience"

32. How long has laser technology been in use?

The first laser hair removal machine was introduced in 1964.

**Keywords:** "laser hair removal", "hair removal procedure", "body hair removal", "long-lasting hair removal", "laser hair removal history"

33. How is Laser Hair Removal different from electrolysis hair removal?

- Laser hair removal typically works only on light skin with dark hair. The lighter the skin and the darker the hair, the better the results. Electrolysis, though, works on all skin and hair types.
- You'll see full results from laser hair removal in just a few months. Electrolysis requires more and longer sessions, with full results seen in closer to 18 months;

those results, however, last longer and require fewer touch-ups. This is because electrolysis actually stops hair growth, while laser hair removal steadily slows growth and thins hair over time.

- Laser hair removal is a bit less painful than electrolysis. It's a rubber-band snap compared with a bee sting, and Dr. Farhang says some of the newer laser hair removal devices are even less uncomfortable.
- Laser hair removal can treat and cover larger areas at once, such as the legs and back. Electrolysis requires an electrologist to poke and target individual hair follicles, ideal for a few errant hairs, like on your eyebrows, chin, or upper lip.

**Keywords:** "laser hair removal", "hair removal procedure", "body hair removal", "long-lasting hair removal", "laser hair removal vs electrolysis hair removal"

#### 34. Is the Alexandrite laser the best choice for my skin and hair?

At Elite Top Aesthetics we use the Alexandrite laser, which is considered the gold standard in Laser Hair Removal. The Alexandrite laser has a wavelength of 755 nm, resulting in slightly shorter targeting of melanin in hair follicles in light to olive skin tones. Although not common, most irritation caused by the Alexandrite laser resolves within 20-60 minutes after the treatment is completed. The Alexandrite laser utilizes a cooling spray for a more comfortable experience as opposed to the cooling gel the diode laser utilizes (more on that below). Comparison studies showed less pain is reported with the Alexandrite laser because of this built-in dynamic cooling device (DCD) which sprays a cooling agent, called cryogen, onto the skin before each pulse of the laser is administered. Shorter treatment appointment times are also possible with the Alexandrite laser since the spot size (the size of the area treated with each laser pulse) of this laser is larger in comparison to the diode laser.

**Keywords:** "laser hair removal", "hair removal procedure", "body hair removal", "long-lasting hair removal", "laser type choice", "Alexandrite laser"

#### 36. How old do you have to be for Laser Hair Removal?

The minimum age to get a Laser Hair Removal treatment is 14 years old.

**Keywords:** "laser hair removal", "hair removal procedure", "body hair removal", "long-lasting hair removal", "eligibility", "age"

#### 37. Is there a cream I can put on my face to make the hair go away?

No. All topical products available do not work well. The best and most effective long term treatment is Laser Hair Removal.

**Keywords:** "hair removal", "face hair removal", "laser alternatives", "cream"

38. Do home laser hair removal devices deliver the same result as the Alexandrite?

Absolutely not. Home laser hair removal gadgets such as the TRIA laser or Silk'n home hair removal systems are, by necessity, low-powered devices made for home use for those with the correct skin tone and with no formal training or previous laser hair removal experience.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “laser home devices vs Alexandrite laser”, “results”

39. Will using a TRIA hair removal home device save you time?

No. When using home Laser Hair Removal systems like the TRIA home laser device, it will take a considerable amount of time. This is because the TRIA home hair removal device uses a smaller treatment head than those on professional machines like the GentleLASE© or GentleYAG©. Another reason is because professional lasers are powered by 220V, whereas systems like the TRIA run on a small battery.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “TRIA home laser device”, “TRIA vs Professional Laser Machines”, “expectations”, “results”

40. What type of results can I expect when using a Laser Hair Removal device?

A study of an FDA-approved Silk'n Laser Hair Removal home device was published by Lasers in Surgery and Medicine, a leading scientific laser journal. The ten people in the study had four to six treatments. The results demonstrated an average of 36% hair reduction four weeks after the last treatment. However, twelve weeks later the hair had mostly returned, and the amount lost was not considered statistically significant. In fact, four of the ten had a higher hair count after twelve weeks than when they started. For results that will last, consider a professional Laser Hair Removal provider like Ideal Image.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “expectations”, “results”, “quality of results”

41. What kind of treatment results can be expected from a handheld, home hair removal device compared to getting Laser Hair Removal at Elite top Aesthetics?

By necessity, home hair removal devices are low-powered devices that are designed to be safe for non-medical users with no formal training. These hand-held, battery-powered units require frequent recharging and cost several hundred dollars. Our professional lasers, on the other hand, offer specific wavelengths for both light skin and dark skin and must be operated by specially trained medical professionals. Our devices weigh over 80 pounds and are high powered, so they can be fast and effective

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “Handheld Devices vs Professional Laser Machines”, “expectations”, “results”, “Handheld Devices vs Elite Top Aesthetics”

42. What kind of laser does Elite Top Aesthetics use?

At Elite Top Aesthetics we have 2 types of lasers. Our experience in Laser Hair Removal has shown that no one laser can accommodate all skin types and colors. Dark skin types require a specific YAG laser to be safe and effective. For lighter skin types, Ideal Image uses the Alexandrite laser, which is considered the gold standard in Laser Hair Removal.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “types of lasers”, “expectations”, “results”, “Elite Top Aesthetics”

43. Who performs the Laser Hair Removal procedure?

All Laser Hair Removal treatments are performed by well-trained medical professionals with years of experience. Our laser technicians are extensively trained before performing any treatment. Additionally, a licensed medical doctor serves as a medical director to our MedSpa.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “expectations”, “who will work on me”

44. What experience does Elite Top Aesthetics have with Laser Hair Removal?

Elite Top Aesthetics is not a franchise but a boutique Medspa clinic committed to providing the best practices for Laser Hair Removal and making sure every treatment is both safe and reliable.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “expectations”, “Elite Top Aesthetics”, “experience”

45. What type of hair color and skin tone can be treated with Laser Hair Removal?

While Laser Hair Removal can be performed on virtually any skin color and hair type, hair color is the most important factor. The light emitted from the laser is attracted to the melanin, or dark pigment, in the hair follicle. This means that dark hair is treated most effectively. Treatments performed on red, blonde, and gray hair are not generally as effective, but our multiple laser modalities at each Ideal Image location allow us great versatility for accommodating the wide variance in hair and skin color.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “hair color”, “skin tone”

46. Will Laser Hair Removal for dark skin require more treatments?



Several factors determine how many laser hair removal treatments you'll need—from your hair type and thickness to the size of your treatment area. Your skin tone may influence your total number of treatments, but one complexion doesn't require more or less treatment than another. Rather, your number of treatments will rely on how effectively your individual skin type reacts to laser technology.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “skin tone”, “dark skin”

47. Is Laser Hair Removal for dark skin tones more expensive?

Pricing for laser hair removal is not dependent on skin tones. At Elite Top Aesthetics, each service we offer is customized to fit your unique needs. During your free consultation, one of our Skin, Face & Body Specialists will assess your hair type, skin type, and treatment area to determine how many laser hair removal treatments you'll need and what you can expect as an all-in price.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “skin tone”, “dark skin”, “cost”

48. How does Elite Top Aesthetics ensure Laser Hair Removal for dark skin is safe?

Elite Top Aesthetics has 13 years the #1 medspa for laser hair removal — we achieved by successfully helping individuals of all skin tones look and feel their best. During your free consultation, our licensed Medical Professionals take into account your skin tone, ethnicity, and match on the Fitzpatrick scale, to determine which laser and how many treatments you'll need to safely see results. Modern lasers, including the GentleYAG© laser, have been specifically designed to safely and effectively remove hair from dark skin tones.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “eligibility”, “skin tone”, “dark skin”, “safety”

49. Why is our FREE consultation important?

Coming in for a FREE Elite Top Aesthetics consultation is the most important step towards solving your unwanted hair problem. Together, we'll determine if you're an appropriate candidate for successful treatment. Additionally, you will learn how Laser Hair Removal works and how much it costs. Our consultants have been asked every question imaginable and are committed to handling all your concerns. Your personal information and case details will be regarded in strict confidence.

**Keywords:** “laser hair removal”, “hair removal procedure”, “body hair removal”, “long-lasting hair removal”, “Elite Top Aesthetics”, “free consultation”, “importance of consultation”, “eligibility”

## • Dermal Fillers (Frequently Asked Questions)

### 1. What are dermal fillers?

Dermal filler treatments are minimally invasive procedures that are typically performed in a healthcare professional's office. The procedure involves injecting the filler into targeted areas of the face using a fine needle or cannula. Depending on the treatment area and the individual's preference, local anesthesia or a numbing cream may be used to minimize any discomfort. The procedure usually takes around 30 minutes to an hour, and there is typically no downtime required afterward.

**Keywords:** “dermal filler treatment”, “filler substance”, “how it works”, “anesthesia”, “procedure duration”, “downtime”

### 2. How do dermal fillers work?

When filler is injected into the skin, it smooths out fine lines and wrinkles and plumps out areas which have lost volume. Essentially, dermal fillers work in place of diminished fat, collagen and elastin. Hyaluronic acid (the most common filler substance) makes a great injectable as it attracts and holds onto lots of water - this water then helps create the plumping effect underneath the skin.

**Keywords:** “dermal filler treatment”, “filler substance”, “how it works”, “anesthesia”, “procedure duration”, “downtime”, “fat”, “collagen”, “elastin”, “Hyaluronic acid”

### 3. What are the common uses of dermal fillers?

Dermal fillers are commonly used to plump up lips, enhance cheekbones, reduce the appearance of wrinkles, and restore volume to areas that have lost elasticity.

**Keywords:** “dermal filler treatment”, “eligibility”, “expectations”, “results”

### 4. Are dermal fillers safe?

While dermal fillers are generally safe, there are some precautions to consider. It is important to disclose any medical conditions, allergies, or medications to your healthcare professional before the procedure. Some common side effects of dermal fillers include redness, swelling, bruising, and tenderness at the injection site. These effects are usually temporary and can be managed with cold compresses and over-the-counter pain medication if needed. In rare cases, more serious side effects such as infection, allergic reactions, or vascular complications can occur. It is essential to follow the post-treatment instructions provided by your healthcare professional and seek medical attention if you experience any concerning symptoms.

**Keywords:** “dermal filler treatment”, “expectations”, “pain”, “downtime”, “side effects”, “eligibility”, “preparation”

## 5. How long do dermal fillers last?

The longevity of dermal fillers varies depending on the type of filler used, the treatment area, and individual factors such as metabolism and lifestyle. On average, most dermal fillers last between 6 months to 2 years. Regular maintenance treatments are required to sustain the desired results. Your healthcare professional will recommend the appropriate interval for touch-up treatments.

**Keywords:** “dermal filler treatment”, “expectations”, “duration”, “maintenance”

## 6. What are the potential side effects of dermal fillers?

After receiving filler injections, some patients have minor, temporary side effects where they were injected. You may have:

- Redness
- Swelling
- Tenderness
- Bruising (occasionally)

These side effects tend to clear within 7 to 14 days — if not earlier.

Serious side effects are more likely when the person injecting the filler does not have adequate medical training and experience. To protect your health, you should never get filler injections in a non-medical setting, such as a non-medical spa, salon, or someone’s home.

When fillers are injected in a non-medical setting or by an inexperienced provider, reports of more serious side effects increase dramatically. These side effects include:

- Lumps.
- Ridges.
- Over-filled areas.
- Allergic reaction.
- Skin discoloration.
- Infection.
- Severe swelling.

**Keywords:** “dermal filler treatment”, “expectations”, “downtime”, “side effects”, “preparation”

## 7. How much do dermal fillers cost?

The cost of dermal fillers can vary depending on factors such as the type of filler used, the amount needed, and the location of the treatment. It is best to consult with a healthcare provider for an accurate cost estimate.

**Keywords:** “dermal filler treatment”, “expectations”, “cost”

8. Are there any age restrictions for getting dermal fillers?

No. However, our recommendation is for every patient to select wisely their provider, because many of them only think about monetary gains and not the best interest of the patient.

**Keywords:** “dermal filler treatment”, “eligibility”, “expectations”, “cost”

9. Can dermal fillers be used to enhance lips?

Absolutely. It is the most effective with longer results compared to any other treatment.

**Keywords:** “dermal filler treatment”, “eligibility”, “lips”

10. How long is the recovery period after getting dermal fillers?

The recovery period after getting dermal fillers is minimal. Most people can resume their normal activities immediately after the procedure. However, some temporary side effects such as swelling, redness, or bruising may occur, but these typically resolve within a few days.

**Keywords:** “dermal filler treatment”, “expectations”, “recovery”, “downtime”

11. What are the different types of dermal fillers?

There are several types of dermal fillers available, including hyaluronic acid fillers, calcium hydroxylapatite fillers, poly-L-lactic acid fillers, and autologous fat injections. Each type has its own unique characteristics and benefits.

**Keywords:** “dermal filler treatment”, “dermal filler options”

12. Are dermal fillers reversible?

Some dermal fillers, particularly those made with hyaluronic acid, can be reversed using an enzyme called hyaluronidase. This enzyme can dissolve the filler if desired or if any complications arise.

**Keywords:** “dermal filler treatment”, “reversibility”

13. Can dermal fillers be used in combination with other cosmetic procedures?

Yes, dermal fillers can be used in combination with other cosmetic procedures such as Botox injections or laser treatments to achieve more comprehensive facial rejuvenation results. It is important to consult with a qualified healthcare provider to determine the best treatment plan for individual needs.

**Keywords:** “dermal filler treatment”, “combination with other procedures”

14. How long do the results of dermal fillers last?

The duration of results varies depending on factors such as the type of filler used, the area treated, and individual metabolic rate. Generally, the effects of dermal fillers can last from several months to a couple of years. Regular touch-up treatments are often recommended to maintain the desired results.

**Keywords:** “dermal filler treatment”, “expectations”, “results”, “duration of results”

15. What are the types of dermal fillers?

a. Hyaluronic Acid Fillers: Hyaluronic acid fillers are the most commonly used type of dermal fillers. Hyaluronic acid is a substance naturally found in the skin that helps to retain moisture and provide volume. These fillers can be used to treat wrinkles and folds, enhance lips, and restore facial volume. Some popular hyaluronic acid fillers include Juvederm, Restylane, and Belotero.

b. Calcium Hydroxylapatite Fillers: Calcium hydroxylapatite fillers are made of calcium-based microspheres suspended in a gel. They stimulate the production of collagen in the skin, providing longer-lasting results. These fillers are often used to treat deeper wrinkles and folds, such as nasolabial folds. Radiesse is a common brand of calcium hydroxylapatite filler.

c. Poly-L-Lactic Acid Fillers: Poly-L-lactic acid fillers are a biocompatible and biodegradable synthetic substance. They work by stimulating collagen production in the skin over time, resulting in gradual and natural-looking improvements. This type of filler is often used for treating deeper facial wrinkles, such as marionette lines. Sculptra is a well-known poly-L-lactic acid filler.

d. Autologous Fat Injections: Autologous fat injections, also known as fat grafting, involve transferring fat from one part of the body to another to add volume. The fat is usually harvested from areas such as the abdomen or thighs and then injected into the desired areas of the face. This technique can be used to restore facial volume and improve the appearance of wrinkles and depressions.

**Keywords:** “dermal filler treatment”, “dermal filler options”, “dermal filler types”

16. What are the best dermal fillers?

The choice of dermal filler and treatment plan should be tailored to each individual's unique needs and goals. A qualified healthcare professional will assess factors such as skin type, facial anatomy, and desired outcomes to determine the most suitable filler and technique for optimal results.

**Keywords:** “dermal filler treatment”, “dermal filler options”, “best dermal filler”

17. When will I see results after my dermal filler treatment?

The results of dermal filler treatments are usually visible immediately after the procedure, although there may be some initial swelling or bruising that can temporarily mask the full effect. As the swelling subsides, the treated areas will appear more natural and refreshed. The duration of the results can vary depending on the type of filler used and individual factors, but most fillers last between 6 months to 2 years. Repeat treatments are generally required to maintain the desired results.

**Keywords:** “dermal filler treatment”, “expectations”, “results”, “when will I see results”

18. What are the most common areas treated with dermal fillers?

Dermal fillers can be used to address a variety of cosmetic concerns and improve different areas of the face. Some common treatment areas include:

- Nasolabial Folds: These are the lines that run from the nose to the corners of the mouth. Dermal fillers can help smooth out these folds and restore a more youthful appearance.
- Lips: Dermal fillers can enhance the shape and volume of the lips, creating a fuller and more defined look.
- Cheeks: Fillers can be used to add volume and lift to the cheeks, which can help to restore a more youthful contour to the face.
- Under Eye Hollows: Dermal fillers can be used to fill in hollow areas under the eyes, reducing the appearance of dark circles and tired-looking eyes.
- Jawline: Fillers can be used to enhance and define the jawline, creating a more sculpted and youthful appearance.

**Keywords:** “dermal filler treatment”, “eligibility”, “body areas”, “common body areas”

19. What are alternative treatments to dermal fillers?

Dermal fillers are not the only option for facial rejuvenation. Other non surgical treatments, such as Botox injections, laser resurfacing, or chemical peels, Sculptra non surgical facelift, may be suitable depending on the specific concerns and goals. It is best to consult with a qualified healthcare professional to determine the most appropriate treatment plan for your needs.

**Keywords:** “dermal filler treatment”, “alternatives”

20. Do I need a consultation before getting dermal fillers?

Before undergoing a dermal filler treatment, it is important to schedule a consultation with a qualified healthcare professional who specializes in aesthetic medicine. During the consultation, the provider will assess your facial anatomy, discuss your concerns and goals, and recommend the most suitable filler type and treatment plan for you. They will take into account factors such as your age, skin condition, desired results, and budget to customize the treatment to your specific needs.

**Keywords:** “dermal filler treatment”, “eligibility”, “consultation”, “consultation necessity”

21. How does the medical provider know what kind of dermal fillers I need?

The provider will assess your facial structure, including the bone structure, skin thickness, and muscle movement. This evaluation helps them understand how the filler will interact with your specific facial anatomy and determine the appropriate injection sites.

**Keywords:** “dermal filler treatment”, “eligibility”, “consultation”, “dermal filler selection”

22. What kind of information is necessary to provide during a consultation before having dermal fillers?

You will be asked to discuss your specific concerns and the goals you want to achieve with dermal filler treatment. Whether you want to reduce wrinkles, enhance facial volume, or improve the overall appearance, understanding your goals helps the provider customize the treatment to meet your expectations.

**Keywords:** “dermal filler treatment”, “eligibility”, “consultation”, “required information”

23. How much dermal filler do I need?

The provider will evaluate the condition of your skin, including its elasticity, texture, and overall health. This assessment helps determine the appropriate type and amount of filler to use and whether additional treatments, such as skin resurfacing, may be needed to achieve optimal results.

**Keywords:** “dermal filler treatment”, “eligibility”, “consultation”, “amount of dermal filler”

24. Am I a good candidate for dermal fillers?

Your medical history is an essential consideration during the consultation. You will be asked about any past or present medical conditions, allergies, medications, or previous cosmetic procedures. Certain medical conditions or medications may affect your eligibility for dermal filler treatment, so it is important to provide accurate information.

**Keywords:** “dermal filler treatment”, “eligibility”, “pre-existing conditions”

25. What kind of budget do I need for having dermal fillers?

Your budget and lifestyle considerations will also be taken into account. The provider will discuss the cost of the treatment, including any additional treatments or touch-ups that may be required. They will also consider factors such as your work schedule, social commitments, and preferences regarding downtime and recovery.

**Keywords:** “dermal filler treatment”, “expectations”, “cost”

26. Will one treatment of dermal fillers address all my aging issues?

The provider will discuss the expected outcomes of the treatment and ensure that your expectations are realistic. They will explain the limitations of dermal fillers and discuss any potential risks or complications. It is important to have open and honest communication during the consultation to ensure that you have a clear understanding of what can be achieved with dermal fillers. Based on these factors, the healthcare professional will develop a customized treatment plan tailored to your individual needs and goals. They will explain the recommended filler type, the amount to be used, the injection technique, and any additional treatments that may be beneficial. They will also provide information about pre-treatment preparation and post-treatment care to ensure the best possible results and minimize any potential risks.

**Keywords:** “dermal filler treatment”, “expectations”, “age effects correction”, “number of treatments”

27. Do I have realistic expectations for dermal fillers treatment?

Openly discussing your concerns and goals helps ensure that your expectations are realistic. Dermal fillers can provide significant improvements, but they have limitations. By having a thorough conversation, the provider can explain what can and cannot be achieved with dermal fillers, managing your expectations and preventing disappointment.

**Keywords:** “dermal filler treatment”, “expectations”, “eligibility”, “results”

28. What determines what dermal filler is best?

The choice of which filler is best depends on your treatment goals and varies from person to person. "The location of where the filler is to be injected, how long you want it to last and existing allergies determine which type is best for the patient," adds Storey.

**Keywords:** “dermal filler treatment”, “eligibility”, “consultation”, “dermal filler selection”, “dermal filler selection criteria”

29. How long do dermal fillers last? Can they migrate?

Most dermal fillers can last anywhere from six months to two years based upon which filler is selected. Dermal fillers do not migrate to other areas.



**Keywords:** “dermal filler treatment”, “duration of results”, “filler migration”, “expectations”

30. Who should not get a filler?

- If you are allergic to any of the components in the filler
- If you are pregnant or breastfeeding
- If you take blood thinners or an immunosuppressant
- Exercise caution if you have a history of severe scarring or have a pigmentation disorder.

**Keywords:** “dermal filler treatment”, “eligibility”, “best candidates”

31. Can dermal fillers be used to correct acne scars? Can they cause cold sores?

Yes, dermal fillers can be used to correct acne scars, however, based upon the scars themselves, they may not be fully cured. An injection could cause a cold sore as the virus that causes cold sores can lay dormant in a person's body until reactivated, which can be triggered by stress or trauma.

**Keywords:** “dermal filler treatment”, “eligibility”, “acne scars treatment”, “side effects”, “expectations”, “cold sores”

32. Are dermal fillers better than Botox?

Not necessarily. Dermal fillers and Botox address similar but also different areas of concern. In some instances, a combination can work together to achieve the desired results. Because both are useful, a consultation is necessary to determine what is best for you.

**Keywords:** “dermal filler treatment”, “eligibility”, “expectations”, “alternatives”, “dermal fillers vs Botox”

33. Are dermal filler injections painful?

Dermal fillers made with hyaluronic acid are mixed with lidocaine to help ease the discomfort. Other dermal fillers do not contain any anesthetic and can be mildly painful. However, a topical anesthetic can be applied to the treatment area before injections to help ease the pain.

**Keywords:** “dermal filler treatment”, “expectations”, “pain”

35. Are dermal fillers expensive?

The cost depends on which filler is chosen and the total amount of filler used. To help you estimate the cost, discuss your specific goals and options with your healthcare provider.

**Keywords:** “dermal filler treatment”, “expectations”, “cost”

36. Can dermal fillers be removed?

Most fillers can be removed, but not all. What the filler is made of determines if they are naturally absorbed by the body or permanent. Those that can be removed are Restylane

Juvederm; and Belotero; via injection of hyaluronidase. "The fillers made of hyaluronic acid will bind and retain water molecules, so the areas treated could become a little fuller after the initial injection."

**Keywords:** "dermal filler treatment", "expectations", "removable", "reversible"

37. Where can fillers be used?

Dermal fillers are used to treat static lines (which remain on the face even when it's relaxed) and for facial contouring. Treatment areas include:

- Tear troughs (eye bags)
- Nose (liquid rhinoplasty)
- Cheeks
- Marionette lines (which extend from the corners of the mouth down to the chin)
- Nasolabial folds (lines either side of the nose)
- Lips
- Chin and jawline
- The backs of the hands
- The neck

**Keywords:** "dermal filler treatment", "expectations", "eligibility", "body parts", "body locations"

38. What are the benefits of fillers?

One of the biggest benefits of fillers is skin rejuvenation - lines and wrinkles can be filled out and the face can be sculpted with a little help from dermal fillers. There's even a treatment called the liquid facelift which uses fillers to give the face a firmer, youthful look as an alternative to a surgical facelift. Dermal filler injections can also be used to alter and define facial features like the nose, chin and jawline, as well as for treating acne scars.

**Keywords:** "dermal filler treatment", "expectations", "benefits"

39. How long does filler treatment take?

The treatment time will depend on the area being injected and how much filler is needed. But, generally, dermal filler treatments are quick, taking less than 15 minutes. For more intensive filler treatments - like the liquid facelift - the procedure can take about 30 minutes to an hour. If a numbing cream is used, you'll have to wait roughly 20 minutes for it to kick in before the treatment begins.

**Keywords:** "dermal filler treatment", "expectations", "procedure duration"

41. What's the recovery time of fillers?

There's no downtime following a filler treatment, so you'll be able to resume your plans as usual. And any side effects you encounter should clear up within a few days of your treatment.

But, you might want to clear your calendar of important events until any signs of redness, swelling and bruising have disappeared.

**Keywords:** “dermal filler treatment”, “expectations”, “recovery”, “downtime”

#### 42. How can I prepare for fillers?

A week prior to your treatment, avoid taking aspirin, ibuprofen, vitamin E and fish oil supplements as these may increase bleeding and bruising. However, if you are taking any prescribed medicines, including aspirin, do not stop taking them. Instead, chat with your practitioner or GP first. Avoiding alcohol for at least one day before your treatment is also recommended.

**Keywords:** “dermal filler treatment”, “expectations”, “preparation”

#### 43. Is there anything I should avoid after fillers?

Try not to touch the treated areas immediately after your anti-ageing treatment as this can lead to infection or interfere with the placement of filler. Exercise, alcohol and heat should be avoided for the first couple of days after the treatment and you should wait 1-2 weeks before having any other aesthetic treatments.

**Keywords:** “dermal filler treatment”, “recovery”, “aftercare”

#### 44. Who is not a suitable candidate for fillers?

You shouldn't have a filler treatment if you're pregnant or breastfeeding, if you're allergic to any of the ingredients in the filler, or if your skin is irritated or infected.

**Keywords:** “dermal filler treatment”, “eligibility”, “bad candidates”

#### 45. What happens when I get a filler?

The procedure varies with the filler you will use, the part of the body to be treated, and your medical history. Here are some general guidelines about what you can expect:

- Most filler treatments take between 15 and 30 minutes and require one office visit.
- Before getting the injections, you may need ice, an anesthetic applied to the skin, or a nerve block (an injection). This varies with the filler and area to be treated. Hands generally do not need anesthesia; lips often require a nerve block.
- You will inject the filler into the area, often giving you several injections to produce the best results.
- You may feel a stinging or burning sensation as the filler is injected.
- A few fillers require allergy testing to make sure you do not have an allergic reaction.
- If you need allergy testing, you must wait for the results from the allergy test before you can get the filler.
- If your own fat will be used as a filler, the entire treatment can often be completed in one day. You will first have a procedure called tumescent liposuction, which safely removes a small amount of fat from another area of your body. The fat removed from your body is then processed so that it can be injected into the area that needs more fullness.

**Keywords:** “dermal filler treatment”, “expectations”, “how it works”, “procedure details”

46. What must I do after getting a filler?

Most patients can return to their everyday activities after leaving the office.

To reduce any redness and swelling from the injections, you may recommend icing the area for 15 to 20 minutes before you leave.

Before you leave the office, you should be able to apply makeup.

After leaving the office, you should:

- Wait until the next day to exercise or do any other strenuous activity.
- Stay out of the sun and do not use a tanning bed or other type of indoor tanning.
- Avoid touching the treated area for three days, unless you receive instructions to massage the area.
- One filler, poly-L-lactic acid, requires you to gently massage the treated area for about 5 minutes several times a day for 1 to 2 weeks. You will tell you if you need to massage the area.

**Keywords:** “dermal filler treatment”, “expectations”, “recovery”, “aftercare”

47. Will I look natural?

To get natural-looking results, the person injecting the filler must have expertise in placing the filler. We recommend not overdoing fillers. Your results will look more natural with a conservative approach. For example, patients who have very thin lips should not get dramatically fuller lips. Creating fuller lips in these patients could be extremely unflattering because the lips might start to resemble a duck’s bill.

**Keywords:** “dermal filler treatment”, “expectations”, “results”, “natural look”

48. When is it safe to get another treatment?

If you get a temporary filler, you can usually have another treatment when the signs of aging reappear.

**Keywords:** “dermal filler treatment”, “expectations”, “safety”, “repeat treatment”

49. What is the safety record for fillers?

This is one of the safest cosmetic treatments available. For years, I have been refining the use of fillers to diminish signs of aging.

**Keywords:** “dermal filler treatment”, “expectations”, “safety”

## • Semaglutide as a Weight Loss Medication (Frequently Asked Questions)

### 1. What is Semaglutide?

Semaglutide is the most used weight loss medication in the United States today. It’s classified as a peptide (protein) originally developed to treat Diabetes Type 2. However, due to its revolutionary efficacy, it was approved in 2022 by the FDA as a weight loss medication.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “what it is”

### 2. How does Semaglutide work?

Semaglutide belongs to a class of medications called glucagon-like peptide-1 (GLP-1) receptor agonists. It works by mimicking the effects of a hormone called GLP-1, which helps regulate blood sugar levels. Semaglutide stimulates the release of insulin, reduces the production of glucagon (a hormone that increases blood sugar), and slows down the emptying of the stomach.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “how it works”, “GLP-1”

### 3. What are the common side effects of Semaglutide?

Common side effects of Semaglutide may include nausea, vomiting, diarrhea, stomach pain, decreased appetite, and constipation. These side effects are usually mild and improve over time. However, if you experience severe or persistent side effects, it is important to consult your healthcare provider.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “side effects”

### 4. How is Semaglutide administered?

Semaglutide is administered as a subcutaneous injection, which means it is injected under the skin. The medication comes in a pre-filled pen or pre-filled syringe, and the injection is typically given once a week. Your healthcare provider will provide instructions on how to properly administer the injection.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “how it works”, “administration”, “procedure details”

### 5. Who can take Semaglutide?

Semaglutide is approved for use in adults with type 2 diabetes. It is usually prescribed when other treatments, such as diet and exercise, or oral diabetes medications, have not been sufficient in controlling blood sugar levels. However, Semaglutide may not be suitable for everyone, and your healthcare provider will assess your individual circumstances before prescribing it.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”

#### 6. Is Semaglutide safe for pregnant or breastfeeding women?

The use of Semaglutide during pregnancy or breastfeeding is not recommended. It is important to discuss family planning and contraception options with your healthcare provider if you are considering Semaglutide treatment.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “pregnancy”, “breastfeeding”

#### 7. Can Semaglutide be used for children?

The safety and effectiveness of Semaglutide have not been established in pediatric populations. Semaglutide is currently approved for use in adults with type 2 diabetes.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “children”

#### 8. How long does it take for Semaglutide to start working?

#### 9. What is the recommended dosage of Semaglutide?

The recommended starting dose of Semaglutide is usually 0.25 mg once weekly. Over time, the dose can be increased to 0.5 mg once weekly and then to 1 mg once weekly, depending on the individual's response and tolerability.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration”, “dosage”

#### 10. Are there any drug interactions with Semaglutide?

#### 11. What is Semaglutide used for?

Semaglutide is used to treat type 2 diabetes but is also extremely efficient for fast weight loss.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “what is it”, “how it works”

12. How often do I need to take Semaglutide?

Semaglutide is typically taken once a week.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration”, “dosage frequency”

13. Can Semaglutide be used as a weight loss medication?

Yes, Semaglutide is also approved for use as a weight loss.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “approved medication for weight loss”

14. Are there any dietary restrictions while taking Semaglutide?

It is recommended to follow a healthy diet and exercise routine while taking Semaglutide to achieve the best results.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “dietary requirements”

15. What should I do if I miss a dose of Semaglutide?

If you miss a dose, take it as soon as you remember. However, if it is close to the time for your next dose, skip the missed dose and continue with your regular dosing schedule.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “missed dose”

16. How long does it take for Semaglutide to start working?

The exact time frame may vary from person to person, but Semaglutide generally starts working within a few days to weeks. It is important to follow your healthcare provider's instructions and continue taking Semaglutide regularly to achieve optimal results.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “time before results”

17. Are there any drug interactions with Semaglutide?

Some medications, such as certain oral diabetes medications or medications that slow down stomach emptying, may interact with Semaglutide. It is important to inform your healthcare provider about all the medications, supplements, and herbal products you are taking before starting Semaglutide to avoid potential interactions.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “drug interactions”

#### 18. What are the Semaglutide side effects?

Like any medication, Semaglutide may cause side effects. The most common side effects include nausea, vomiting, diarrhea, constipation, and abdominal pain. These side effects are usually mild and tend to improve over time. In rare cases, more serious side effects such as pancreatitis or kidney problems may occur. It is important to discuss any concerning symptoms with your healthcare provider.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “expectations”, “side effects”

#### 19. How effective is Semaglutide in controlling blood sugar levels?

Semaglutide has been shown to be highly effective in controlling blood sugar levels in people with type 2 diabetes. Clinical studies have demonstrated that Semaglutide can significantly reduce HbA1c levels (a measure of long-term blood sugar control) when compared to placebo or other diabetes medications. It has also been shown to help achieve and maintain weight loss, which is beneficial for individuals with type 2 diabetes.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “expectations”, “diabetes”, “effectiveness”

#### 20. Can Semaglutide be used with other diabetes medications?

Yes, Semaglutide can be used in combination with other diabetes medications, such as metformin, sulfonylureas, and insulin. Your healthcare provider will determine the appropriate combination therapy based on your individual needs and treatment goals.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “diabetes medication co-administration”

#### 21. Is Semaglutide only used for type 2 diabetes?

Currently, Semaglutide is primarily used for the treatment of type 2 diabetes. However, there is ongoing research and clinical trials exploring the potential use of Semaglutide for other conditions, such as obesity and non-alcoholic fatty liver disease (NAFLD).

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “type 2 diabetes”, “NAFLD”

#### 22. How long do I need to take Semaglutide?



The duration of Semaglutide treatment will depend on your individual circumstances and the recommendation of your healthcare provider. In most cases, Semaglutide is used as a long-term treatment to help manage blood sugar levels and promote overall health.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration”, “treatment duration”

### 23. Does Semaglutide have any cardiovascular benefits?

Yes, Semaglutide has demonstrated cardiovascular benefits in clinical trials. Studies have shown a reduction in the risk of major adverse cardiovascular events (such as heart attack or stroke) in individuals taking Semaglutide compared to placebo. This makes Semaglutide a valuable option for people with type 2 diabetes who also have a high risk of cardiovascular complications.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “cardiovascular effects”, “cardiovascular benefits”

### 24. Are there any contraindications or precautions for taking Semaglutide?

Semaglutide is generally well-tolerated, but there are some contraindications and precautions to consider. It should not be used in individuals with a personal or family history of medullary thyroid carcinoma (MTC) or multiple endocrine neoplasia syndrome type 2 (MEN 2). It is also not recommended for use in individuals with severe kidney impairment or a history of diabetic ketoacidosis. As with any medication, it is important to discuss your medical history and any potential contraindications with your healthcare provider before starting Semaglutide.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “contraindications”, “precautions”

### 25. How often should I inject Semaglutide?

Semaglutide is available as a once-weekly injection. It comes in pre-filled pens or pre-filled syringes, making it convenient for self-administration.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration”, “administration frequency”

### 26. Does Semaglutide have a weight loss benefit?

In addition to its blood sugar-lowering effects, Semaglutide has been found to help with weight loss. Clinical studies have shown that Semaglutide can lead to significant weight reduction in individuals with obesity or overweight. This makes it a valuable option for those with type 2 diabetes who also struggle with weight management.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “weight loss benefits”

27. What are the renal benefits by using Semaglutide?

Semaglutide has also shown potential renal benefits. Studies have indicated that it can slow the progression of diabetic kidney disease and reduce the risk of kidney failure in individuals with type 2 diabetes.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “renal effects”, “renal benefits”

28. In addition to Semaglutide what else can I do to help with diabetes type 2?

Along with Semaglutide, it is important to make lifestyle modifications to manage type 2 diabetes effectively. This may include adopting a healthy diet, regular exercise, weight management, and monitoring blood sugar levels.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “type 2 diabetes”, “additional measures”

29. How do I know Semaglutide will work?

Semaglutide has undergone extensive clinical trials to evaluate its safety and efficacy. These trials have involved thousands of participants with type 2 diabetes. The results have shown that Semaglutide effectively lowers blood sugar levels, reduces body weight, and improves overall glycemic control.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “effectiveness”

30. What other medication can be used with Semaglutide?

Semaglutide can be used alone or in combination with other diabetes medications, such as metformin, sulfonylureas, or insulin. Your healthcare provider will determine the most appropriate treatment plan based on your individual needs and medical history.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “medication co-administration”, “drug interactions”, “safety”

31. How long does Semaglutide last in my body?

Semaglutide is available as a long-acting formulation, which means it stays in the body for an extended period of time. This allows for once-weekly dosing, providing convenience and ease of use for individuals managing their diabetes.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “metabolism time”

32. Can Semaglutide cause low blood sugar (hypoglycemia)?

Semaglutide has a low risk of hypoglycemia (low blood sugar) compared to other diabetes medications, such as insulin or sulfonylureas. However, it is still important to monitor blood sugar levels regularly, especially when Semaglutide is used in combination with other diabetes medications.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “side effects”, “hypoglycemia”

33. What are some of the Semaglutide advantages compared to other medications?

Semaglutide offers the advantage of once-weekly dosing, which can improve treatment adherence compared to medications that require daily administration. Adherence to treatment is crucial for achieving optimal glycemic control and reducing the risk of diabetes-related complications.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “side effects”, “hypoglycemia”

34. What kind of resources are available for Semaglutide?

Many pharmaceutical companies provide patient support programs for individuals using Semaglutide. These programs may offer resources, educational materials, and financial assistance to help individuals access and afford their medication.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “semaglutide resources”

35. Do I always need to see a medical provider to get my Semaglutide injections?

Semaglutide is an injectable medication that is self-administered. Your healthcare provider will guide you on how to properly inject Semaglutide and provide instructions for storage and disposal of used needles.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “professional care”

36. Do I need to continue to monitor my diabetes while taking Semaglutide?

While Semaglutide can be highly effective in managing blood sugar levels and promoting weight loss, it is important to continue regular monitoring of your diabetes management. This includes regular visits to your healthcare provider for check-ups, blood tests, and adjustments to your treatment plan as needed.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “diabetes”, “diabetes monitoring”

### 37. Can I take Semaglutide if I have Renal problems?

Semaglutide should be used with caution in individuals with renal impairment. Your healthcare provider will determine the appropriate dose and frequency based on your kidney function.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “safety”, “precautions”, “renal programs”

### 38. How does Semaglutide affect appetite?

Semaglutide can have an impact on the gastrointestinal system. It may slow down the movement of food through the digestive tract, leading to a decrease in appetite and potential weight loss. However, in some cases, it can also cause gastrointestinal side effects such as nausea and vomiting. These effects are generally temporary and improve over time.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “side effects”, “how it works”, “appetite suppressant”

### 39. What is the Semaglutide cost using my insurance?

The cost of Semaglutide can vary depending on factors such as your location, insurance coverage, and dosage strength. It is recommended to check with your insurance provider to determine coverage and potential out-of-pocket costs.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration”, “insurance”, “cost”

### 40. How should I handle and store Semaglutide?

Semaglutide should be stored in a refrigerator between 36°F and 46°F (2°C and 8°C). Do not freeze the medication. Once opened, the injection pen can be stored at room temperature (up to 77°F or 25°C) for a maximum of 56 days. It is important to follow the storage instructions provided by the manufacturer.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “handling”, “storage”

### 41. Does Semaglutide interact with other medications?

Semaglutide may interact with other medications, including certain antibiotics, oral contraceptives, and medications that affect gastrointestinal motility. It is important to inform your healthcare provider about all the medications you are taking, including prescription drugs, over-the-counter medications, and herbal supplements.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “safety”, “drug interactions”

#### 42. How do I inject Semaglutide?

Semaglutide is typically administered once a week as a subcutaneous injection. The dosage may vary depending on individual needs and response to the medication. It is important to follow the dosing instructions provided by your healthcare provider and to not exceed the recommended dose.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “administration”, “administration instructions”, “injection instructions”

#### 43. Which body parts can I inject with Semaglutide?

Semaglutide is available in liquid form inside a vial and can be administered with insulin needles. It is injected under the skin in the abdomen, thigh, or upper arm. Your healthcare provider will guide you on the proper injection technique and rotation of injection sites to minimize discomfort and ensure optimal absorption.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “administration”, “administration instructions”, “injection instructions”, “injection locations”, “injection spots”

#### 44. What are the long term effects of using Semaglutide?

Semaglutide is a relatively new medication, and its long-term effects are still being studied. Long-term studies are important to assess the durability of glycemic control, cardiovascular benefits, and overall safety profile of the medication. It is important to continue regular follow-up with your healthcare provider to monitor your response to Semaglutide.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “eligibility”, “expectations”, “side effects”, “long term effects”

#### 45. What are the most common areas to inject Semaglutide?

- 1- The abdomen is a common injection site for Semaglutide. It is recommended to inject at least 2 inches away from the belly button. The injection can be done in the area between the hip and the ribcage.
- 2- Thigh: The front of the thigh is another recommended injection site. It is important to select an area that is at least 2 inches away from the knee and at least 2 inches above the knee.
- 3- Upper Arm: The upper arm, specifically the back of the arm, can also be used as an injection site for Semaglutide. It is recommended to select an area between the shoulder and the elbow.

It is important to rotate injection sites to prevent injection site reactions, such as lumps or skin thickening. By rotating the injection sites, you can ensure that each area has time to heal between injections. Your healthcare provider can provide guidance on proper injection technique and rotation of injection sites to ensure optimal absorption and minimize discomfort.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “administration”, “administration instructions”, “injection instructions”, “injection locations”, “injection spots”

46. Can I have a skin reaction with Semaglutide injections?

Preventing Injection Site Reactions: Injecting the same area repeatedly can lead to injection site reactions, such as lumps, bumps, or skin thickening. These reactions can be uncomfortable and may affect the absorption of the medication. By rotating injection sites, you give each area time to heal and reduce the risk of developing injection site reactions.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “safety”, “side effects”, “injection reactions”, “skin reactions”

47. How can Semaglutide injection be best absorbed?

Injecting into the same area repeatedly can cause a build-up of medication in that area, which can affect the absorption and effectiveness of the medication. By rotating injection sites, you allow the medication to be absorbed evenly throughout different areas of the body, ensuring consistent and optimal absorption.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “instructions”, “administration instructions”, “injection instructions”, “absorption optimization”

48. Can I inject Semaglutide in the same area all the time?

Injecting into the same area repeatedly can cause discomfort or pain due to tissue damage or irritation. By rotating injection sites, you give each area time to recover between injections, reducing the likelihood of discomfort or pain.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “instructions”, “administration instructions”, “injection instructions”, “safety”, “inject same spot”

49. What are the advantages of Elite Top Aesthetics SEMAGLUTIDE weight loss program compared to others?

Most weight loss programs require severe dieting and exercise to lose weight. With SEMAGLUTIDE NO dieting and NO exercise routine is necessary. However, the combination of both will promote faster weight loss.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “Elite Top Aesthetics”, “Elite Top Aesthetics advantages”

50. In simple terms, how does SEMAGLUTIDE work?

As SEMAGLUTIDE increases naturally insulin production it signals the brain that the stomach is full. Thus, suppressing hunger and allowing the patient to lose weight faster without depriving the body from its daily necessary nutrients.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “how it works”

51. Who is not a candidate for SEMAGLUTIDE?

- \* Pregnant/breastfeeding
- \* Personal or family history of medullary thyroid carcinoma
- \* History of multiple endocrine neoplasia syndrome
- \* History of pancreatitis
- \* End stage renal disease (on dialysis)

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “candidate evaluation”, “bad candidates”

51. How long does the SEMAGLUTIDE weight loss program last?

At Elite Top Aesthetics we offer 2 different types of programs: 1 or 3 months plan. However, the duration of the entire treatment is dependent on the overall weight loss goals and total amount expected by each patient.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “Elite Top Aesthetics”, “treatment durations”

52. How often do I need medical guidance during my SEMAGLUTIDE weight loss program?

Elite Top Aesthetics offers 1-on-1 medical guidance throughout the entire weight loss program. Every other week a phone consultation is required to increasingly identify the ideal SEMAGLUTIDE dosage while keeping track of the weight loss and minimizing any side effects if one arises.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “safety”, “consultation frequency”, “evaluation frequency”

53. When do I begin losing weight?

The appetite suppressing happens immediately once SEMAGLUTIDE medication is delivered while the weight shedding happens gradually and it may vary among patients. Some patients begin losing during the first 2 weeks and others after one month.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “results”, “time before results”

54. What if my SEMAGLUTIDE weight loss program doesn't work?

If done correctly, everyone loses weight. We have never had a case when our SEMAGLUTIDE weight loss program did not work.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “results”, “failure probability”

55. Will I gain all the weight back once I am done with my SEMAGLUTIDE weight loss program?

No. This is why we highly recommend our 3 months versus the 1-month plan. It takes 6-8 weeks to re enforce a new healthy sustainable behavior. As our patients are instructed and guided by our weight loss practitioners, it is our goal that bad habits are replaced with good habits while weight loss is sustained.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “results”, “results duration”, “results duration after treatment end”

56. How long can I safely use SEMAGLUTIDE medication?

The answer varies by practitioners, but on average, a patient can be under our SEMAGLUTIDE weight loss program for 7 months. It is recommended 1 month off to reset the body receptors and then, if it is necessary, patients can restart it. The aim, however, is to reach their ideal weight and minimize any long term usage of any medication while sustaining a natural healthy lifestyle

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “maximum duration of treatment”

57. How much weight can I lose with Semaglutide?

While every individual responds differently to medications, a medical study of 1961 participants demonstrated that in a 68-week period, participants lost an average body weight of ~15%. Furthermore, 1 out of 3 participants lost more than 20% of their baseline body weight.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “amount of weight loss”

58. Who are great candidates for Semaglutide?

- Adults with a BMI of 30 or more (obesity category).



- Adults with a BMI of 27-29 (overweight category), who also have at least one weight-related comorbid condition such as hypertension, diabetes type 2, or hyperlipidemia.
- Pediatrics, 12 years and older with a BMI in the 95th percentile or greater.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “eligibility”, “safety”, “good candidates”

59. What is the best time to administer Semaglutide?

Semaglutide can be administered weekly, at any time of day but on the same day each week, with or without meals.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “administration instructions”, “best time to administer”

60. When is Semaglutide contraindicated?

If there is a personal or family history of medullary thyroid carcinoma or Multiple Endocrine Neoplasia syndrome type 2 (MENS2) or in case of hypersensitivity to Semaglutide.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “contraindications”, “MENS2”

61. What are the most common side effects associated with Semaglutide?

The most common side effects of Semaglutide include nausea, diarrhea/constipation, feeling bloated, heartburn, belching, dizziness, vomiting, and upset stomach.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “side effects”, “expectations”, “eligibility”

62. How long does it take to receive the medication from Elite Top Aesthetics?

Semaglutide is dispensed by our contracted pharmacy. Current delivery time is 3-4 business days approximately.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “Elite Top Aesthetics”, “time to dispense”, “expectations”

63. How do I make an appointment to find out more about the Semaglutide weight loss program?

To schedule a virtual or in-office visit, you can call us at 772-337-1642.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “Elite Top Aesthetics”, “appointment”, “contact”

64. Do you accept insurance?

Unfortunately, we are not accepting insurance for the weight loss program at this time.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “Elite Top Aesthetics”, “insurance”, “medical insurance”, “medical cover”

64. How is Semaglutide taken?

Semaglutide will be prescribed as a weekly subcutaneous injection. Injections should be administered every 7 days in the abdomen at alternating locations. Semaglutide is started at a low dose that is gradually increased so it is important you use the medication exactly as directed. One injection should be administered on the same day each week. Do not increase any dose prior to 2 weeks.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration instructions”, “expectations”

65. Is Semaglutide a type of insulin?

No, Semaglutide is not a type of insulin or a substitute for insulin. Semaglutide does stimulate your pancreas to release insulin when glucose (sugar) is present. Because Semaglutide relies upon your body’s own insulin to have this effect, Semaglutide isn’t used when your pancreas can’t make insulin, such as in patients in type 1 diabetes. We are unable to prescribe to patients with DM1 (Diabetes 1) and advise insulin to be regulated by your treating physician.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “what is it”, “semaglutide vs insulin”, “DM1”

66. Is Semaglutide a stimulant similar to phentermine?

No. Semaglutide is not a stimulant and is non habit forming. Semaglutide can be taken in conjunction with an appetite suppressant such as phentermine or phendimetrazine.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “what is it”, “semaglutide vs phentermine”, “phendimetrazine”, “drug co-administration”

67. Does Semaglutide curb your appetite?

Yes, it is believed that Semaglutide can help curb your appetite though not everyone experiences a curbed appetite. In addition to slowing gastric emptying to make you feel full for longer, GLP-1 also plays a direct role in how your appetite is regulated.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “how it works”, “appetite suppressant”, “GLP-1”

68. Is Semaglutide covered by my insurance?

No. Semaglutide is not covered by insurance for people who are not diabetic type 2. Fortunately, we are able to offer our compounded medication at a very competitive, low price.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “insurance”, “medical insurance”, “medical cover”

69. Why am I not losing weight on Semaglutide?

Be patient. Some people do not experience weight loss in the first 4-8 weeks. Everyone is different. Some people do not experience weight loss until they reach a higher dose of 1.00mg or even 1.50mg. Do not increase dose prior to 2 weeks.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “no weight loss”

70. I’m not losing weight. Can I jump to a higher Semaglutide dose?

Do not increase dose prior to 2 weeks. The medication is meant to be titrated up every 4 weeks to minimize negative side effects. It is very important to stay on the recommended dosing schedule.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “no weight loss”, “administration instructions”, “higher semaglutide dose”

71. Can I stay at a particular dose of Semaglutide without increasing?

Absolutely. If you find a dose that works for you, you can stay at that dosage. Just remember never to increase prior to 4 weeks of any dose.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “no weight loss”, “administration instructions”, “higher semaglutide dose”

72. What happens if I miss a Semaglutide dose?

If you miss a dose and it has been 5-7 days past the due date of your injection, continue at current dose. If you miss a dose and it has been 8-13 days past the due date of your injection, reduce to the previous dose to minimize negative side effects.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “administration”, “administration instructions”, “safety”, “missed dose”

73. Will the Semaglutide side effects go away?

The most commonly known side effects associated with semaglutide use are gastrointestinal. However, while around 50 percent of people on semaglutide complain of mild nausea, vomiting, and constipation, it's still well tolerated in 95 percent of the patients. These side effects occur typically early on in treatment but tend to be transient and rarely result in discontinuation of therapy. Call our office as we provide solutions for constipation, nausea, and gastrointestinal side effects.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “expectations”, “safety”, “side effects”, “side effects duration”

74. What happens if I overdose on Semaglutide?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. Overdose may cause severe nausea, vomiting, or low blood sugar.

**Keywords:** “semaglutide”, “weight loss treatment” “weight loss medication”, “safety”, “safety”, “overdose”, “overdose instructions”

## • Non surgical facelift using SculptLyft (Frequently Asked Questions)

1. What is a non surgical facelift or SculptLyft?

A non-surgical facelift is the only procedure that is capable of delivering similar results to traditional facelift surgery but with No Cuts, No Scars, No Downtime, and No Complications. It was made to deliver instant results to patients that don't want surgery.

**Keywords:** “SculpLyft”, “non surgical facelift”, “what is it”, “no cuts”, “no scars”, “no downtime”

2. How does a non surgical facelift or SculptLyft work?

A suture is inserted around the temporal area to lift the SMAS correcting loose skin and the signs of aging. Only local anesthesia is used on a procedure that takes 1 hour to be completed. There are very few procedures that deliver an instant skin mechanical lift and the non surgical facelift is one of the top.

**Keywords:** “SculpLyft”, “non surgical facelift”, “how it works”, “no cuts”, “no scars”, “no downtime”, “procedure duration”

3. What are the benefits of a non surgical facelift or SculptLyft?

The benefits are: No Cuts, No Scars, 1-hour Office visit, No Downtime, No General Anesthesia, Affordable, No complications, No Pain During Procedure. One of the most impressive benefits is a total correction to the face, eyes, jaws and neck accomplished with only one procedure.

**Keywords:** “SculpLyft”, “non surgical facelift”, “how it works”, “SculpLyft vs Surgical Facelift”, “SculpLyft advantages”

#### 4. How painful is a non surgical facelift or SculpLyft?

There is absolutely no pain during a non surgical facelift or SculpLyft. Once local anesthesia is delivered, patients are very comfortable throughout the entire procedure.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “pain”

#### 5. How long does a non surgical facelift or SculpLyft last?

Total results duration are approximately between 2-3 years.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “results”, “results duration”

#### 6. Are there any side effects or risks associated with a non surgical facelift or SculpLyft?

No. The most common side effects are swelling and tenderness to touch at the treated area.

**Keywords:** “SculpLyft”, “non surgical facelift”, “safety”, “expectations”, “side effects”

#### 7. Who is a good candidate for a non surgical facelift or SculpLyft?

Any patient regardless of age with mild to moderate loose skin and signs of aging.

**Keywords:** “SculpLyft”, “non surgical facelift”, “safety”, “eligibility”, “good candidates”

#### 8. How much does a non surgical facelift cost or SculpLyft?

The procedure cost \$3,000 but that price can change at any time.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “cost”

#### 9. Are the results of a non surgical facelift or SculpLyft permanent?

No. Results are made to last 2-3 years.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “results”, “results duration”

#### 10. Can a non surgical facelift or SculpLyft be combined with other cosmetic procedures?

Yes, Absolutely. A non surgical facelift may be combined with Botox and dermal fillers.

**Keywords:** “SculpLyft”, “non surgical facelift”, “safety”, “expectations”, “combination with other procedures”

11. What are the different types of non surgical facelift available?

The term Facelift means a benefit or improvement to the aging face. But there are very few procedures that deliver a total correction with only one procedure. Other inferior procedures that can deliver a conservative **improvement are:** thread lifts, dermal fillers, Botox injections, laser treatments, and ultrasound therapy, microneedling w/ RF. SculpLyft is the only non surgical facelift procedure that has similar results to traditional facelift.

**Keywords:** “non surgical facelift”, “types of non surgical facelift”, “non surgical facelift types”

12. How long does a non surgical facelift or SculpLyft procedure take?

The non surgical facelift SculpLyft takes approximately 1 hour.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “procedure duration”

13. Is there any downtime or recovery period after a non surgical facelift or SculpLyft?

One of the advantages of non surgical facelift is that they generally involve minimal to no downtime. However, on rare occasions, the patient may present temporary swelling, redness, or bruising, which usually resolves within a few days.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “downtime”, “recovery”

14. How soon can I see the results of a non surgical facelift or SculpLyft?

The results of a non surgical facelift or SculpLyft are noticeable immediately after the procedure. However, final results may take a few days to become apparent as any swelling subsides and the treated areas settle.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “time until results”

16. Are there any age restrictions for a non surgical facelift or SculpLyft?

There are no strict age restrictions for non surgical facelift. The suitability of the procedure depends more on an individual's specific concerns, skin condition, and overall health rather than their age.

**Keywords:** “SculpLyft”, “non surgical facelift”, “eligibility”, “age”, “safety”

17. Can a non surgical facelift or SculpLyft completely replace a facelift surgery?

Yes. This answer is subjective and depends on the patient's desired result. Even though a non surgical facelift can provide excellent results, it may not be able to achieve the same level of improvement as a surgical facelift. They are both two different procedures for 2 very unique types of patients. There are patients that only want surgery and there are others that don't.

**Keywords:** "SculpLyft", "SculpLyft vs facelift surgery", "facelift procedure alternatives"

18. Are there any alternatives to a non surgical facelift or SculpLyft?

Yes. The other alternative to achieve a similar lifting result is facelift surgery. Other procedures such as laser, dermal fillers, botox, chemical peels, and topical products, may improve the face but it will not deliver similar correction.

**Keywords:** "SculpLyft", "non surgical facelift alternatives", "SculpLyft alternatives"

19. What is a thread lift?

A thread lift is a non surgical procedure that uses dissolvable sutures with tiny cones or barbs attached to them. These threads are inserted into the skin and then lifted to help improve sagging or drooping areas. The threads stimulate collagen production, providing a lifting effect. They offer limited facial correction and patients may have great discomfort during the procedure.

**Keywords:** "thread lift", "what is it"

20. How long do the results of a thread lift last?

The results of a thread lift can last anywhere from 6 months to 1 year, depending on the type of threads used and individual factors such as skin quality and lifestyle.

**Keywords:** "thread lift", "expectations", "results", "results duration"

26. What is laser treatment for non surgical facelift?

Laser treatments use focused beams of light to target specific skin concerns, such as wrinkles, sun damage, and uneven skin tone. Laser resurfacing can stimulate collagen production and improve skin texture and tightness. Even though Laser Technology is a great modality to improve skin texture, it won't dramatically lift sagging loose skin. This modality is probably not the ideal therapy if the patient is expecting instant results.

**Keywords:** "laser treatment for non surgical facelift", "what is it", "not instant results"

27. What is ultrasound therapy for non surgical facelift?

Ultrasound therapy, such as Ultherapy, uses focused ultrasound energy to stimulate collagen production deep within the skin. This technology delivers mild to moderate results to the aging skin. In addition, collagen production can take months to notice results and that can frustrate

some patients. This modality is probably not the ideal therapy if the patient is expecting instant results.

**Keywords:** “ultrasound therapy for non surgical facelift”, “what is it”, “not instant results”

28. What is radiofrequency therapy for non surgical facelift?

Radiofrequency (RF) therapy uses energy waves to heat the deep layers of the skin, stimulating collagen production and tightening the skin. This can help reduce wrinkles and improve skin laxity. This is another modality just like Ultrasound therapy that relies on collagen production to notice results, and that can take months. This modality is probably not the ideal therapy if the patient is expecting instant results.

**Keywords:** “radiofrequency therapy for non surgical facelift”, “what is it”, “not instant results”

29. How does microcurrent therapy work for non surgical facelift?

Microcurrent therapy involves the use of low-level electrical currents to stimulate the facial muscles. This can improve muscle tone, lift sagging skin, and reduce the appearance of wrinkles. This modality is probably not the ideal therapy if the patient is expecting instant results.

**Keywords:** “microcurrent therapy for non surgical facelift”, “what is it”, “not instant results”

30. What is platelet-rich plasma (PRP) therapy for non surgical facelift?

PRP therapy involves using the patient's own blood, which is processed to concentrate the platelets. The platelet-rich plasma is then injected into the skin to stimulate collagen production and promote skin rejuvenation. This therapy also doesn't deliver instant skin lifting and patients should be well educated on the final outcome before making a decision.

**Keywords:** “platelet-rich plasma therapy for non surgical facelift”, “PRP”, “what is it”, “not instant results”

31. Are there any side effects or risks associated with non surgical facelift or SculpLyft?

While non surgical facelift or SculpLyft generally have fewer risks and complications compared to surgical procedures, there are still potential side effects. These can include temporary redness, swelling, bruising, and discomfort at the treatment site. It's important to consult with a qualified professional to discuss potential risks and complications.

**Keywords:** “SculpLyft”, “non surgical facelift”, “eligibility”, “safety”, “side effects”, “risk”

32. Can anyone undergo a non surgical facelift or SculpLyft?

A non surgical facelift or SculpLyft is generally suitable for individuals who have mild to moderate signs of aging and want no surgery. A consultation with a healthcare professional is



necessary to determine if the patient's expectations can be fulfilled with SculpLyft non surgical facelift?

**Keywords:** "SculpLyft", "non surgical facelift", "eligibility", "good candidates"

33. How long is the recovery time for non surgical facelift or SculpLyft?

One of the advantages of non surgical facelift or SculpLyft is minimal to no downtime. Patients may experience redness, swelling, or bruising immediately after the procedure, but these effects generally subside within a few days. Most patients can resume their normal activities 24 hours post procedure.

**Keywords:** "SculpLyft", "non surgical facelift", "expectations", "recovery", "downtime"

34. Can non surgical facelift achieve similar results as a surgical facelift?

Similar yes, identical no. non surgical facelift or SculpLyft can provide extraordinary lifting results to the entire face, however, it may not achieve the same dramatic results as a traditional facelift surgery. Facelift surgery involves the removal of excess skin and tightening of deeper tissues, which can provide greater and longer-lasting results. However, non surgical facelift or SculpLyft can be a great alternative for those who prefer less invasive procedures and want no surgery.

**Keywords:** "SculpLyft", "SculpLyft vs facelift surgery", "facelift procedure alternatives", "expectations", "results"

36. Can dermal fillers be used in combination with non surgical facelift or SculpLyft?

Yes. Dermal fillers are injectable substances that are used to restore volume and smooth out wrinkles and lines on the face. Thus, volume replacement is a form of addressing the signs of aging. Dermal fillers are used to plump up areas that have lost volume, such as the cheeks and lips, and fill in deeper lines and wrinkles. In addition, Dermal fillers are a great option to enhance facial contours and features. Therefore, yes, dermal fillers can be combined with SculpLyft to increase facial corrections and improve facelift results.

**Keywords:** "SculpLyft", "non surgical facelift", "expectations", "dermal fillers co-administration", "safety"

40. Can non surgical facelift or SculpLyft be customized to individual needs?

Absolutely. One of the advantages of non surgical facelift or SculpLyft is the ability to be tailored to specific requests and goals. Changes to the suture placement and angularity may emphasize eyebrow, cheeks or neck facial area.

**Keywords:** "SculpLyft", "non surgical facelift", "expectations", "individual customization", "procedure customization"

41. What is laser skin therapy and can it be used to complement a non surgical facelift or SculptLyft?

Absolutely. Laser therapy uses laser energy to stimulate collagen production and improve the appearance of the skin. Different types of lasers can be used for various purposes, such as reducing wrinkles, tightening the skin, improving skin texture, and treating pigmentation issues. Laser therapy can be non-ablative (doesn't remove the outer layer of skin) or ablative (removes the outer layer of skin) depending on the desired results.

**Keywords:** “SculpLyft”, “non surgical facelift”, “laser skin therapy”, “procedures complementation”, “expectations”, “safety”

43. Does non surgical facelift or SculptLyft address loose and sagging skin?

Yes. This is its primary application. A non surgical facelift or SculptLyft can help improve loose and sagging skin immediately. However, aesthetics modalities can further be utilized to continue to fight the signs of aging such as radiofrequency therapy, ultrasound therapy, and laser therapy, by stimulating collagen production leading to skin tightening and improved elasticity.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “loose skin”, “sagging skin”, “treated conditions”

44. Are non surgical facelift or SculptLyft suitable for all skin types and ages?

Yes. A non surgical facelift can be suitable for a wide range of skin types and ages. However, the specific technique used may vary depending on the individual’s desired results. It's important to consult with a qualified professional to determine the most suitable options for your skin type, concerns, and goals.

**Keywords:** “SculpLyft”, “non surgical facelift”, “eligibility”, “skin types”, “age”

45. What are the main factors that may influence the results of a non surgical facelift or SculptLyft?

a- Skin condition: The condition of your skin plays a significant role in determining the suitability of non surgical facelift or SculptLyft. Factors such as skin laxity, elasticity, texture, and the presence of wrinkles or fine lines will be assessed. A non surgical facelift may be more effective for mild to moderate signs of aging, while severe sagging or excess skin may require a surgical approach.

b- Age: Age is another important factor to consider when determining the suitability of non surgical facelift or SculptLyft. Generally, non surgical treatment works best for individuals in their 30s to 60s, as they can help maintain or improve the appearance of the skin. However, older individuals can still benefit from non surgical facelift or SculptLyft procedure depending on their specific concerns and overall health.

c- Desired results: The specific goals and expectations of the individual play a crucial role in determining the suitability of non surgical facelift. A non surgical treatments can address various concerns such as fine lines, wrinkles, skin tightening, and volume loss. However, it's important to have realistic expectations about the outcomes that can be achieved without surgery.

d- Health and medical history: Your overall health and medical history will be considered to ensure the safety and suitability of non surgical facelift or SculpLyft. Certain medical conditions or medications may affect the treatment or increase the risk of complications. It's important to disclose any relevant information to your healthcare professional or cosmetic surgeon during the consultation.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “results”, “success factors”

46. When is the right time for a non surgical facelift or SculpLyft?

Our suggestions are as follows:

When individuals start to notice the first signs of aging, such as fine lines and loss of facial volume, non surgical treatments like dermal fillers, Botox, chemical peels, and laser resurfacing can be beneficial during this stage to prevent further aging and maintain a youthful look.

Once patients show mild to moderate signs of aging, such as deeper wrinkles and skin laxity, may become more apparent and this is when we recommend to patients a non surgical facelift or SculpLyft to improve skin tightness and reduce the appearance of wrinkles and sagging.

However, it's important to note that this is just a general guideline, and the suitability of non surgical facelift can vary depending on individual factors such as skin condition, overall health, and desired results.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “right time for procedure”

47. Is a non surgical facelift or SculpLyft procedure right for me?

If you are looking to improve the signs of aging such as loose or sagging skin, also to have more of a youthful look without any surgery: then non surgical facelift or SculpLyft is a great option.

**Keywords:** “SculpLyft”, “non surgical facelift”, “eligibility”, “good candidates”

48. What should I expect during a non surgical facelift or SculpLyft consultation?

During the first part, a medical provider will ask several questions to find out your past medical history and desired result. The second part is the anatomical examination to evaluate skin condition and overall laxity.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “consultation”

49. How should I prepare for a non surgical facelift or SculpLyft?

Non surgical procedures do not require much preparation. To minimize bruising we recommend to stop taking any blood thinners such as: aspirin, ibuprofen, omega 3, cq10, flaxseed oil, and etc.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectation”, “procedure preparation”

50. Will a non surgical facelift or SculpLyft make me look stretched?

No. One of the most visible signs of aging is a droopy or fallen face. Therefore, a non surgical facelift or SculpLyft primary objective is to correct loose and sagging skin. When the patient looks stretched the procedure is over corrected and has changed the natural face architecture.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “concerns”, “stretched look”

51. How much time off should I arrange after having a non surgical facelift or SculpLyft?

Most patients don’t require any downtime but if necessary, one day would be plenty of time required to rest and return to daily activities.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “recovery”, “downtime”

52. How long will it take to fully recover from a non surgical facelift or SculpLyft?

Most patients return to daily activities almost immediately. However, in cases where postoperative inflammation is high, 2-3 weeks is plenty of time for all the swelling or bruising to be healed.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “recovery”, “downtime”

53. Will I need someone to take me home after a non surgical facelift or SculpLyft?

No. This is an outpatient procedure and everyone drives home right after without any limitations.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “recovery”, “post-procedure requirements”

54. What kind of anesthesia is used after a non surgical facelift or SculpLyft?

Local anesthesia only.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “type of anesthesia”

55. What areas should I expect improvement in after a non surgical facelift or SculpLyft?

- Eyebrow
- Eyelid
- Tear Trough
- Cheeks
- Nasolabial Folds
- Marionette Lines
- Jowls
- Jaw Line
- Neck

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “areas of improvement”, “face parts improved”

56. What if I don’t need a non surgical facelift or SculpLyf but a necklift?

The practitioner will then customize the procedure to address and focus on the facial area most needed.

**Keywords:** “SculpLyft”, “non surgical facelift”, “selecting the right procedure”, “consultation”

57. Can I have a non surgical facelift and a non surgical eyelift at the same time?

Yes. The non surgical facelift or SculpLyft technique lifts these two different areas at the same time. In addition to:

- Tear Trough
- Cheeks
- Nasolabial Folds
- Marionette Lines
- Jowls
- Jaw Line
- Neck

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “SculpLyft and eyelift combination”

58. I have dark circles and bags under my eyes. Will a non surgical facelift or SculpLyft get rid of them?

No. A non surgical facelift or SculpLyft may partially improve the loose skin under the eye. However, 100 % percent correction to dark circles and bags under the eyes only with surgery, Blepharoplasty.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “untreatable conditions”, “eye bags”, “dark circles under eyes”

59. Will there be noticeable scars after a non surgical facelift or SculpLyft?

No. This is one of the great benefits of a non surgical facelift or SculpLyft compared to traditional facelift surgery.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “scars”

60. What will I experience right after a non surgical facelift or SculpLyft?

All patients are prescribed antibiotics and anti inflammatories, and pain meds to prevent any discomfort. They are also advised to wash their hair after 48 hours to avoid water penetration at the incision points.

**Keywords:** “SculpLyft”, “non surgical facelift”, “expectations”, “post-procedure experience”

61. What is the best age to undergo a non surgical facelift or SculpLyft?

Patients with mild to moderate loose and sagging skin are the best patients because there are less corrections necessary to deliver a perfect result.

**Keywords:** “SculpLyft”, “non surgical facelift”, “eligibility”, “age”, “best candidates”

62. How can I get my personal questions answered?

If you can't find your answers here please text us at:

<https://wa.me/message/MY4LGLD3XQHCI1>

**Keywords:** “SculpLyft”, “non surgical facelift”, “asking questions”, “Elite Top Aesthetics”, “contact us”

63. Were you specifically trained in the field of plastic surgery?

Yes. All our practitioners were trained in the field of plastic surgery.

**Keywords:** “SculpLyft”, “non surgical facelift”, “Elite Top Aesthetics”, “Elite Top Aesthetics training”

64. How many years of plastic surgery training have you had?

Approximately 15 years.

**Keywords:** “SculpLyft”, “non surgical facelift”, “Elite Top Aesthetics”, “Elite Top Aesthetics experience”

65. Do you have hospital privileges to perform a non surgical facelift or SculpLyft?

A non surgical facelift or SculpLyft procedure doesn't require a surgical setting.

**Keywords:** "SculpLyft", "non surgical facelift", "Elite Top Aesthetics", "Elite Top Aesthetics Surgical Facilities"

66. Is the office-based surgical facility accredited by a nationally- or state-recognized accrediting agency, or is it state-licensed?

Yes. We are fully accredited to perform any procedure. However, a non surgical facelift or SculpLyft doesn't require any type of surgical setting.

**Keywords:** "SculpLyft", "non surgical facelift", "Elite Top Aesthetics", "Elite Top Aesthetics Surgical Facilities", "Elite Top Aesthetics Accreditation"

67. What will be expected of me to get the best results?

Follow all instructions and follow ups, nothing else.

**Keywords:** "SculpLyft", "non surgical facelift", "advice", "optimize results"

68. How are complications handled?

Every patient leaves with the direct text access to the practitioner that performed the procedure. This is your first line of communication. Second line of communication is the clinic direct phone line and the third one is 911.

**Keywords:** "SculpLyft", "non surgical facelift", "safety", "complication handling"

69. What are my options if I am dissatisfied with the cosmetic outcome of my non surgical facelift or SculpLyft?

Please express your concerns to the practitioner who performed the procedure and also the general office. One of our staff members will schedule a visit to address any dissatisfaction.

**Keywords:** "SculpLyft", "non surgical facelift", "Elite Top Aesthetics", "results", "unsatisfied with results"

70. Do you have before-and-after photos I can look at for this procedure and what results are reasonable for me?

Yes. Please visit our Instagram page to look at our before-and-after photos:

[https://www.instagram.com/adleydasilva.pa?igsh=MWJyYzgybGt1ZzN4Mg%3D%3D&utm\\_source=qr](https://www.instagram.com/adleydasilva.pa?igsh=MWJyYzgybGt1ZzN4Mg%3D%3D&utm_source=qr)

**Keywords:** “SculpLyft”, “non surgical facelift”, “Elite Top Aesthetics”, “Before and after photos”

71. Can I have any nerve damage or facial paralysis after a non surgical facelift or SculpLyft?

No. There is no chance of cutting or damaging a nerve after a non surgical facelift or SculpLyft. This is one of the great benefits compared to traditional facelift surgery.

**Keywords:** “SculpLyft”, “non surgical facelift”, “safety”, “side effects”, “concerns”, “nerve damage”

72. Is there anything I can do to speed up the recovery after a non surgical facelift or SculpLyft?

Yes. We recommend overdose in natural products such as Arnica and Bromelain.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”

73. What is a hematoma and can I have that after a non surgical facelift or SculpLyft?

Hematoma is just a bad bruise and they are extremely rare after a non surgical facelift or SculpLyft. However, if it happens, please contact your provider or the medical office where you had it done immediately.

**Keywords:** “SculpLyft”, “non surgical facelift”, “safety”, “side effects”, “concerns”, “hematoma”, “side effects”

74. Can I play sports after a non surgical facelift or SculpLyft?

Yes. However, common sense should always be used when engaging in full body contact sports. The procedure area may be swelling and tender.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “play sports”, “safety”, “side effects”

75. The muscles in my neck feel tight after a non surgical facelift or SculpLyft, what can I do about this? Will it go away?

Nothing. The pulling sensation every week that goes by will be less and will eventually disappear.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “tight neck muscles”, “safety”, “side effects”

76. My face is very swollen after a non surgical facelift or SculpLyft, my practitioner says I do not have a hematoma, but is this swelling normal?



Yes. All patients have post inflammatory responses and some may be more severe than others.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “swollen face”, “safety”, “side effects”

77. I still have some loose skin under my neck after a non surgical facelift or SculpLyft, what can be done about this?

Please call your medical provider or the office to address any type of post procedure outcome.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “loose skin remains”, “safety”, “side effects”

78. Will I have any dressing after a non surgical facelift or SculpLyft?

No. There are no bandages or dressings after a non surgical facelift or SculpLyft.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “expectations”, “head dressing”

79. What should I be putting on the entry points after a non surgical facelift or SculpLyft?

Nothing. The entry points will be treated by your medical provider with topical Bacitracin right after the procedures and no other treatment will be necessary.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “entry points treatment”, “safety”, “side effects”

80. Would I have trouble moving parts of my face after a non surgical facelift or SculpLyft?

No. All nerves and muscles are intact because there are no cuts or incisions. Patients however feel like their face is being pulled due to the lifting of the SMAS. That pulling sensation is also felt after a traditional facelift surgery and it will subside (end) in approximately 2 weeks.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “recovery”, “safety”, “side effects”, “concerns”, “trouble moving parts of face”

81. How long will it take for bruising to go away after a non surgical facelift or SculpLyft?

Bruising after a non surgical facelift or SculpLyft is not common but if it happens, it can take approximately 1-2 weeks to go away.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “bruising”, “bruising duration”, “safety”, “side effects”

82. Would I feel any type of numbness after a non surgical facelift or SculpLyft?

No. There are no cuts or incisions so all nerve endings remain completely intact. Therefore, there is no facial numbing after a non surgical facelift or SculptLyft?

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “numbness”, “safety”, “side effects”

83. Will I need to take a day off after a non surgical facelift or SculptLyft?

Most of the swelling post procedure is inside the hairline so it is not visible. There are some cases however, depending on the amount of correction effected, where the patients may get some swelling in other locations. For these patients, we recommend one day of rest and then resuming activities right after that.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “downtime”, “post-procedure advice”

84. I still have wrinkles on my after a non surgical facelift or SculptLyft, is this normal?

A non surgical facelift or SculptLyft is not a surgical procedure, so patients with severe loose or sagging skin will not have a full correction. All the other patients should contact their medical provider and share in detail the desired outcome.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “expectations”, “not complete correction”

85. The folds below my nose (nasolabial folds) are still present after a non surgical facelift or SculptLyft, is this normal?

No. The nasolabial folds is one area that patients should expect 100% correction after a non surgical facelift or SculptLyft. Therefore, in this case, the lifting technique was not delivered effectively. Please reach out to your medical provider to address the desired outcome as soon as possible.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “nasolabial folds”, “nasolabial folds still present”, “side effects”

86. Some of my hair fell out after a non surgical facelift or SculptLyft, what should I do about this?

Most likely this is not correlated to a non surgical facelift or SculptLyft. Please pay attention to the incision points and make sure they heal correctly. If inflammation and swelling lingers, it doesn't mean you have an infection. However, reach out to your provider and share all your concerns so the proper course of action can be taken immediately. Lastly, please pay attention to your level of stress, proper nutrition, fast weight loss, hormonal changes, and other possible causes that may contribute to your hair loss.

**Keywords:** “SculpLyft”, “non surgical facelift”, “recovery”, “post-procedure advice”, “lost hair”, “hair fallout”, “side effects”

## • **Non surgical Otoplasty – Ear Reshape (Frequently Asked Questions)**

### 1. What is a non surgical Otoplasty or Ear Reshape?

A non surgical Otoplasty or Ear Reshaping procedure is the newest non-invasive form to correct the shape or position of the ears without surgery. Now patients will have the option to address issues such as prominent ears or ear asymmetry without Cuts, Scars, Downtime, and in only 1-office visit: no surgery.

### 2. Is there a non surgical procedure an alternative to traditional Otoplasty surgery?

Yes, absolutely. At Elite Top Aesthetics we offer a non surgical option (Ear Reshape) that delivers permanent results just like traditional Otoplasty surgery. The benefits of a non surgical Otoplasty or Ear Reshape are: No Cuts, No Scars, No Downtime, Affordable, PainLess Procedure, 1-Hour Office Only, and Permanent Results.

### 3. How is non surgical otoplasty or ear reshape performed?

A non surgical Otoplasty or Ear Reshape is typically performed on an outpatient basis under local anesthesia. The specific technique used will depend on the individual's unique concerns and goals. In most cases, a suture is placed strategically in the antihelix of the ear to access the cartilage. The cartilage is then reshaped or repositioned as needed to achieve the desired results. Once the reshaping is complete, the sutures are tied up to secure the new shape closer to the head. The entire procedure usually takes about 1 hour.

### 4. What is the recovery process like after non surgical Otoplasty or Ear Reshape?

After a non surgical Otoplasty or Ear Reshape, patients may experience some swelling, bruising, and discomfort in the ears. A headband may be worn for a few days to protect the ears and promote proper healing. Antibiotics, anti-inflammatory, and pain medications are dispensed to ensure a smooth transition. Most patients resume activities immediately after the procedure. It is important to follow the medical specialist post-procedure instructions, including any restrictions on activities, to ensure a smooth recovery.

### 5. Are there any risks or complications associated with non surgical Otoplasty or Ear Reshape?

As with any procedure a non surgical Otoplasty or Ear Reshape carries certain risks and potential complications. These can include infection, bruising, swelling, and tender to touch. It is important to discuss these potential risks with your medical specialist before undergoing the procedure.

6. What are the issues selecting a traditional Otoplasty vs a non surgical Otoplasty or Ear Reshape?

Traditional Otoplasty has several complexities such as: cartilage-cutting, prolonged recovery times, unnatural results, high recurrence, wound complications, and others. In comparison to a non surgical Otoplasty or Ear Reshape benefits are: extremely versatile, low complications, short recovery, no dressings, short operating time, applicable to most ear deformities, and consistent natural looking results makes this procedure extremely desirable.

7. How long does it take to see the final results of a non surgical Otoplasty or Ear Reshape?

The initial results of a non surgical Otoplasty or Ear Reshape will be visible immediately. Post inflammatory response and swelling will subside, usually within a couple of days. However, it may take a couple of weeks for the ears to fully settle into their new position and for the final results to show. It is important to consult with a qualified medical specialist to discuss your specific concerns, goals, and the best approach for achieving the desired results.

8. Who is a good candidate for a non surgical Otoplasty or Ear Reshape?

A non surgical Otoplasty or Ear Reshape is typically performed on individuals who are bothered by the appearance of their ears and desire a more balanced or proportionate look. Good candidates for non surgical Otoplasty or Ear Reshape are generally in good overall health, have realistic expectations, and are willing to follow the post care instructions.

9. What is the most common type of non surgical Otoplasty or Ear Pinning procedures?

The most common techniques are non surgical techniques that correct prominent or protruding ears by reshaping the cartilage and bringing the ears closer to the head. At Elite Top Aesthetics we call it the Ear Reshape procedure which delivers the same results.

It is important for future patients to know that Ear Reshape procedure does not reduce the size nor reconstruct the ear. Overly large, irregular shaped, congenital deformities, trauma, is a completely different procedure.

10. Can a non surgical Otoplasty or Ear Reshape be performed on children?

Yes, absolutely. The psycho emotional impact on children caused by these minor cosmetic defects has been shown to be severe, therefore, children are great candidates. A non surgical Otoplasty or Ear Reshape can be performed on children as young as 6 years old, once the ears have reached their full size. It is important to consult with a qualified medical specialist to determine the best timing for the procedure.

11. How long does a non surgical Otoplasty or Ear Reshape procedure take?

The duration of a non surgical Otoplasty or Ear Reshape procedure can vary depending on the complexity of the case. On average, it takes about 1 hour to complete.

12. Are the results of a non surgical Otoplasty or Ear Reshape permanent?

Yes. The results of a non surgical Otoplasty or Ear Reshape is permanent. Once the ears have been reshaped and repositioned, they should maintain their new appearance. However, it is important to note that the natural aging process can affect the shape and position of the ears over time.

13. How much does a non surgical Otoplasty or Ear Reshape cost?

The cost of a non surgical Otoplasty or Ear Reshape can vary depending on factors such as medical specialist experience, geographic location, and the specific techniques used. It is best to consult with a medical specialist to discuss the cost of the procedure and any associated fees. Remember, it is crucial to have a thorough consultation with a qualified medical specialist to discuss your concerns, goals, and any questions you may have about a non surgical Otoplasty or Ear Reshape. They will be able to provide personalized recommendations and guide you through the process.

14. How long is the recovery like after a non surgical Otoplasty or Ear Reshape?

After a non surgical Otoplasty or Ear Reshape procedure, patients will need to wear a headband over their ears for a few days to support the healing process and keep the ears in the desired position. There may be some discomfort, swelling, and bruising, which can be managed with pain medication prescribed by the medical specialist. It is important to follow the provider's post-procedure instructions, which may include keeping the head elevated, avoiding strenuous activities, and keeping the ears sites clean and dry. The recovery time can vary depending on the individual, but most patients can return to their normal activities within 1 to 2 days.

15. Can a non surgical Otoplasty or Ear Reshape be combined with other cosmetic procedures?

Yes, a non surgical Otoplasty or Ear Reshape can be combined with other cosmetic procedures if desired. Common procedures that are often combined with a non surgical Otoplasty or Ear Reshape include rhinoplasty (nose reshaping), blepharoplasty (eyelid surgery), and facelift. Combining procedures can help achieve a more comprehensive and harmonious facial rejuvenation.

16. What results can I expect from a non surgical Otoplasty or Ear Reshape?

A non surgical Otoplasty or Ear Reshape can significantly improve the appearance of the ears and enhance facial harmony. The specific results will vary depending on the individual's unique concerns and goals. In most cases, the ears will appear more natural, balanced, and proportionate after the procedure. The final results are typically long-lasting, although the natural aging process may affect the appearance of the ears over time.

17. Are there any potential risks or complications associated with a non surgical Otoplasty or Ear Reshape?

A non surgical Otoplasty or Ear Reshape is generally a safe procedure, but like any surgery, it carries some risks and potential complications. These can include infection, bruising, swelling, tenderness to touch, and dissatisfaction with the results. However, serious complications are rare, especially when the procedure is performed by a qualified and experienced medical specialist.

18. I had a previous traditional Otoplasty surgery and I'm unsatisfied with the results. Am I a candidate for a non surgical Otoplasty or Ear Reshape procedure?

Yes. A non-surgical Otoplasty or Ear Reshape may revise a previous Otoplasty surgery and further enhance the position of the ears by folding closer to the head.

19. What can I do to ensure the best outcome after a non surgical Otoplasty or Ear Reshape?

- a- Follow the medical specialist post-operative instructions.
- b- Keep the procedure site clean and dry.
- c- Wear a protective headband or dressing.
- d- Avoid strenuous activities.
- e- Take prescribed medications as directed.
- f- Attend follow-up appointments.

20. Why do my ears stick out?

Ears that stick out more than 2 cm from the side of the head are considered to be prominent or protruding. Protruding ears don't cause any functional problems such as hearing loss. In most people, protruding or prominent ears is congenital, caused by an underdeveloped antihelical fold. When the antihelical fold does not form correctly, it causes the helix (the outer rim of the ear) to stick out.

21. What is done to reduce the prominence of my ears?

It can be performed as early as 6 years of age when ears are almost fully grown. The procedure to correct protruding ears is usually performed through sutures placed at the antihelix reshaping the ear cartilage. The cartilage is reshaped to create an antihelical fold. This will support the ear in its new position closer to the head. This type of procedure is called a non surgical Otoplasty or Ear Reshape.

22. What type of anesthesia is used for a non surgical Otoplasty or Ear Reshape?

Local anesthesia only.

23. Is there a lot of pain after a non surgical Otoplasty or Ear Reshape?

No. Once patients take their post procedure medications, they may have tenderness but no pain. Most of the expected discomfort may happen only during the first day.

24. Where are the scars from a non surgical Otoplasty or Ear Reshape and how bad are they?

There are no scars with a non surgical Otoplasty or Ear Reshape because there are no cuts or incisions.

25. Is there a chance that my ears will stick out again after a non surgical Otoplasty or Ear Reshape?

No. The results after a non surgical Otoplasty or Ear Reshape are permanent. However, as patients continue to age, it is natural that the shape may change.

26. Is there much risk of infection with a non surgical Otoplasty or Ear Reshape?

No. A non surgical Otoplasty or Ear Reshape is the least of the procedures available that may cause an infection because it is minimally invasive.

27. Who is qualified to perform a non surgical Otoplasty or Ear Reshape?

The trained specialists that can perform a non surgical Otoplasty or Ear Reshape are: Doctors, Dentists, Physician Assistants & Nurse Practitioners.

28. My ears don't look the same. Will they be more equal after surgery?

A non surgical Otoplasty or Ear Reshape can significantly improve the appearance of the ears and enhance facial harmony. The specific results will vary depending on the individual's unique concerns and goals. In most cases, the ears will appear more natural, balanced, and proportionate after the procedure. The final results are typically long-lasting, although the natural aging process may affect the appearance of the ears over time.

29. How young is too young to have a non surgical Otoplasty or Ear Reshape?

Patients that are 5 years old or younger are still developing their ears. Therefore, they are too young to have a non surgical Otoplasty or Ear Reshape procedure.

30. Will my ears look natural after a non surgical Otoplasty or Ear Reshape?

Yes. A non surgical Otoplasty or Ear Reshape offers no cuts, no incisions, low complications and it is completed in only 1-hour office visit. Therefore, there is minimal ear manipulation, leaving the end result very natural.

31. What is an “Incisionless” Otoplasty or Ear Pinning?

It is another name for a non surgical Otoplasty or Ear Reshape. The procedure is performed without surgery and minimal complications.

32. What is the difference between a standard open Otoplasty and the “incision-less” or non surgical Otoplasty or Ear Reshape technique?

Standard Otoplasty has possible several complexities such as: cartilage-cutting, prolonged recovery times, unnatural results, high recurrence, wound complications, and others. In comparison to a non surgical Otoplasty or Ear Reshape the benefits are: extremely versatile, low complications, short recovery, no dressings, short operating time, applicable to most ear deformities, and consistent natural looking results makes this procedure extremely desirable.

33. Can the “incisionless” otoplasty or Ear Reshape accomplish everything that an open procedure does?

Yes. A non surgical Otoplasty or Ear Reshape historically has less recurrence compared to the traditional open procedure. It has less complications and it delivers permanent natural results.

34. Is recovery the same with open and “incision-less” otoplasties?

No. For incisionless otoplasty or Ear Reshape patients resume daily activities in a couple of days. For open otoplasties surgery patient recovery can take months for recovery.

35. Can you feel the permanent sutures after a non surgical Otoplasty or Ear Reshape?

No. Permanent sutures after a non surgical Otoplasty or Ear Reshape can not be seen or felt after the procedure.

36. If a suture breaks or comes out after a non surgical Otoplasty or Ear Reshape, can it be replaced?

Yes. Excessive pulling or trauma may cause one or more of these sutures to break. This might cause some of the ear prominence to reappear, necessitating additional suture intervention. This type of event is rare but there is no contraindication to resuture once again.

37. When is the best time to have a non surgical Otoplasty or Ear Reshape?

It is advised that you are in good mental and physical fitness, with good skin health. This procedure is frequently performed on children aged 6 and up. The ear is almost fully developed



by the time the child reaches the age of five. The ability to collaborate after the procedure is the deciding factor. We aim to modify the ears before any potential psychological issues arise, thus sooner is better than later. Adults who have had otoplasty surgery before or never had anything, are also great candidates, they are all exceedingly pleased with their new appearance and a short recovery.

38. What can I anticipate after a non surgical Otoplasty or Ear Reshape?

The ears must be balanced in order for them to resemble one another. They'll never be the same. In reality, one may protrude more or be longer or thinner than the other. Some of these characteristics are related to the natural ear form and a mirror image is not the main goal of a non surgical Otoplasty or Ear Reshape. In general, the result is a really attractive appearance. The projecting ears are positioned closer to the head's sides. Women and men of all ages realize that the look of prominent ears no longer holds them back. Hairstyles are changed to highlight the ears, and hats with exposed ears are now worn with pride. After the procedure, you will have a grin that will last a lifetime.

39. When will I be able to shower with a non surgical Otoplasty or Ear Reshape?

Patients can shower the next day as long as you keep your head dry. After 2 days, the ears may get wet again. To keep the swelling down, please use a headband and sleep with the head elevated.

40. Will my ears be irritated after a non surgical Otoplasty or Ear Reshape?

In most cases, there is very minor discomfort. There will be some soreness, but it should be minor and can be eased with Tylenol or a pain medicine recommended for you.

41. Is it true that I'll be taking antibiotics after a non surgical Otoplasty or Ear Reshape?

Yes, preventing an ear infection is quite important. Antibiotics will be dispensed to you after a non surgical Otoplasty or Ear Reshape and will be used for 5 days afterward.

42. Will smoking have an impact on my recovery after a non surgical Otoplasty or Ear Reshape?

Clearly, this is a question for adults: Yes, each cigarette lasts 12 hours and affects the body's blood vessels, as well as being harmful. Smoking causes the skin to heal slowly, and the issues that come with it are numerous. Even secondhand smoke in the weeks leading up to and after surgery will have a negative impact on your results. Before and after any procedure, you must come to a complete stop. Please refrain from smoking in the presence of children who are undergoing or have recently completed a non surgical Otoplasty or Ear Reshape procedure.

42. When will my first follow up visit be after a non surgical Otoplasty or Ear Reshape?

You will return to the office in 1 week, depending on the combination of procedures. There will be 2 visits to review your progress and assist your healing requirements.

#### 43. What Motivates Patients to Get Their Ears Pinned?

Motivation for a non surgical Otoplasty or Ear Reshape is more or less psychological, to be quite honest. People are made fun of when they have big ears. And that's the bottom line. You do see people in society with big ears who grow old, and they adapt, and they seem to be fine with that. Many people, especially in the childhood years, developmental years, do get made fun of at school, and that's probably the biggest motivation for fixing.

#### 44. What Happens During a Consultation for a non surgical Otoplasty or Ear Reshape?

During the consultation of otoplasty. I first ask the patient, why? What's your motivation? What brought you to this at this point in time? What's interesting is sometimes we'll see people who are much older, in their 30s, sometimes 40s, and now they decide to get their ears fixed. And you'd wonder why not when you were a child, because clearly you probably had concerns way back then. So we ask them what brings them to this point. The next question becomes what bothers you? Even though I can look at the ear and say, "Okay, here I see these problems", it's more important to know what the patient is concerned about. They might just be concerned about the fold up here. They might be concerned about the ear being too far away from the head, or both. And so we go through that so that we match their concerns with the procedure.

#### 45. What Is the Price Range Paying Out of Pocket for a surgical Otoplasty vs a non surgical Otoplasty or Ear Reshape?

The price range for a surgical otoplasty probably runs anywhere from \$5,000 up to \$8,000, depending on what part of the country you're in. A non surgical Otoplasty or Ear Reshape only costs \$3,000.

#### 46. How Safe Is a Non Surgical Otoplasty or Ear Reshape?

The safety aspects of a non surgical Otoplasty or Ear Reshape otoplasty are 100% safe. This is an incisionless non surgical procedure so it has a perfect safe record.