

- 20 pts Questions **Cognitive: (Wow, I learn?... Ok that is deep!)**
 - **Why is this week's topic important for teamwork?**
 - This week's topic is important when it comes to teamwork because individual motivation is necessary if those around us are going to be motivated. Additionally, having a firm understanding of what motivates us can help us motivate others. Since those around us can have a sense of what we might be feeling, it's important to be motivated or risk the rest of the team losing motivation.
 - **How does your experience relate to other experiences you have had?**
 - Going back to an earlier example of when I was a shift lead at a cookie shop, something that I noticed, is that if I wasn't putting in the effort, the rest of my team wouldn't be putting in the effort either. Now, of course, there were others that just weren't motivated no matter what I did, but if others saw that I was working hard and motivated, they were equally motivated and doing everything they could to meet my pace. It was a great example of individual motivation effecting team motivation.
 - **Tell me about what you taught someone? And what did they learn, that they didn't know before?**
 - All jobs depend on motivation, so when my brother didn't quite understand that his lack of motivation was influencing the rest of the team, I had to do something quick. One night, I sat down with my brother and pointed out the different behaviors of the rest of the team, and showed him how when his lack of motivation was apparent, the rest of the team would follow suit. Once he became aware of the issue, he still had some issues, so I had to take the reins and make him motivated through finding work, and jobs that'd I'd check off once he completed them. Of course, the act of accomplishing something became a motivating factor for my brother and soon he took the initiative himself to find work. Others would follow his example, and find work throughout the store to accomplish, taking the initiative upon themselves. It was a horrible experience, but it taught me a lot.
 - **If you were to write your experience as STAR story, how would you phrase it?**
 - My brother and I were both shift leads at the cookie shop, which was difficult since we are polar opposite personalities managing over the same group of people. One issue I noticed early on was that my brother thought that doing the bare minimum was all that was necessary, and others followed suit. It was obvious that I had to change my brother's perception on motivation and his attitude towards work. I started helping my brother by assigning tasks, and

making sure that they were completed. When there was very little to do, I would do my best to find something for him and the rest of the team to work on, whether it was cleaning or organizing baking supplies. As a result, my brother and the rest of the team grew closer, we were better able to manage higher workloads, and the motivation to put in our all grew.

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- **If this was a religion class, how would you relate this week's topic to the gospel?**
 - Motivation could be likened to faith. We might not have the greatest understanding of things, but despite our lack of knowledge we can look towards the Lord and have faith that everything's going to be okay. Just like in D&C 6:36, in which it says, "Look unto me in every thought; doubt not, fear not". Our faith is a motivation to continue forward in the gospel, and when our faith wavers, our motivation to continue forward wavers as well. But we can increase our motivation through scriptures, prayer, and church attendance.