



BE PRESENT

Your hot tub can provide a daily ritual in a meditative state, void of distractions. Feel the stress of the everyday melt away as you recenter yourself. It's peace and tranquility, available always.

MOVE EASIER

When you soak in a Caldera® spa, the hot water makes your muscles more pliable, which leads to greater flexibility and overall physical well-being so you can continue to do all the activities you love, longer.

FEEL BETTER

While the water's buoyancy reduces stress on joints and muscles, warm water massage increases circulation; relaxes muscles, ligaments, and tendons; and stimulates the release of endorphins, the body's natural pain reliever.

SLEEP DEEPER

A hot tub is an ideal sleeping tool, working with your body's temperature and natural rhythms. As you enter, your body temperature increases. As you exit, it begins to drop, signaling to your brain that it's time to sleep.

CONNECT

With family and friends, your hot tub provides a dedicated space that can draw you closer. Social connection is key to well-being and can positively affect your health.

