# Ph 220: Quantum Learning Theory Lecture Note 1: From Quantum Sensing to Learning

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#### Introduction

This lecture introduces the fundamentals of quantum sensing by focusing on a canonical problem: the optimal measurement of a magnetic field. This will serve as a foundation for understanding broader concepts in quantum learning.

**Q:** How can we optimally sense or learn a magnetic field?

### Problem Setup

We model the magnetic field,  $\vec{B}$ , as pointing in the  $\hat{z}$  direction, such that  $\vec{B} = B\hat{z}$ . The sensor is a qubit whose spin rotates under the influence of this field. The dynamics of this qubit sensor are described by the Hamiltonian:

$$H = B \cdot Z$$

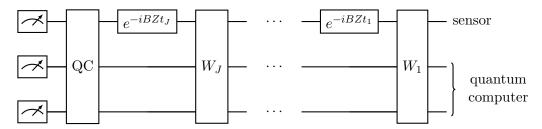
where Z is the Pauli-Z operator. For simplicity, we assume the field strength is bounded,  $|B| \leq 1$ . To determine the optimal way to learn the magnetic field B, we must first define the general class of protocols available to us.

**Q:** What is the ultimate family of protocols for learning the value of *B*?

A general sensing protocol consists of several steps:

- 1. Prepare an initial quantum state, typically involving a sensor qubit and a multi-qubit quantum computer.
- 2. Apply a unitary operation  $W_1$  to the joint system.
- 3. Let the sensor evolve under the Hamiltonian for a time  $t_1$ .
- 4. Repeat steps 2 and 3 for subsequent operations  $W_2, \ldots, W_J$  and evolution times  $t_2, \ldots, t_J$ .
- 5. Perform a final quantum computation (QC) and measure to produce an estimate  $\hat{B}$ .

This process is visualized in the quantum circuit below, drawn from right to left. The protocol begins with an initial state (far right), alternates between unitary operations  $W_j$  and free evolution, and concludes with a final computation (QC) and measurement (far left) to yield a classical estimate  $\hat{B}$ .



The final state of the n+1 qubits before the QC and measurement is given by:

$$|\psi_B\rangle = \left[\prod_{j=1}^J \left(e^{-iBZt_j} \otimes I\right) W_j\right] |0^{n+1}\rangle$$

From the measurement outcome, we compute an estimate,  $\hat{B}$ , that approximates the true value of B. The total **sensing time** is the sum of all evolution periods:  $T = \sum_{j=1}^{J} t_j$ . With this framework, we can pose a more precise question.

**Q:** What is the minimum sensing time required to learn B such that the error  $|\hat{B} - B| < \varepsilon$  with high probability?

Our roadmap to answer this question is:

- 1. Design an effective protocol that achieves a good scaling.
- 2. Prove a fundamental lower bound (LB) on the required time for any protocol.

## 1 Protocol Design: Standard Quantum Limit (SQL)

We begin with a simple protocol consisting of independent measurements:

- 1. Prepare the sensor qubit in the state  $|+\rangle = \frac{1}{\sqrt{2}}(|0\rangle + |1\rangle)$ .
- 2. Let it evolve under H = BZ for a time t. The state becomes:

$$|\psi_t\rangle = e^{-iBZt}|+\rangle = \frac{1}{\sqrt{2}}(e^{-iBt}|0\rangle + e^{iBt}|1\rangle)$$

3. Measure the qubit in the Y-basis, composed of states  $|y+\rangle = \frac{1}{\sqrt{2}}(|0\rangle + i|1\rangle)$  and  $|y-\rangle = \frac{1}{\sqrt{2}}(|0\rangle - i|1\rangle)$ .

The probabilities of the measurement outcomes are:

$$P(y+) = |\langle y + | \psi_t \rangle|^2 = \frac{1}{2} (1 + \sin(2Bt))$$

$$P(y-) = |\langle y - | \psi_t \rangle|^2 = \frac{1}{2} (1 - \sin(2Bt))$$

For simplicity, we fix the sensing time t=1/2, so the probability simplifies to  $P(y+)=\frac{1}{2}(1+\sin(B))$ . We repeat this process N times. The empirical probability,  $\hat{P}(y+)$ , is estimated by dividing the number of y+ outcomes by N.

### Analysis with Hoeffding's Inequality

Hoeffding's inequality for N i.i.d. random variables  $X_i \in [0,1]$  states:

$$\Pr\left(\left|\frac{1}{N}\sum_{i=1}^{N}X_{i} - \mathbb{E}[X]\right| \ge \varepsilon'\right) \le 2e^{-2N(\varepsilon')^{2}}$$

This bounds the error in our probability estimate. To ensure  $|\hat{P}(y+) - P(y+)| < \varepsilon'$  with failure probability at most  $\delta$ , we need  $N = O\left(\frac{\log(1/\delta)}{(\varepsilon')^2}\right)$ . Our estimate for B is found by inverting the probability:  $\hat{B} = \arcsin(2\hat{P}(y+) - 1)$ . Using the Lipschitz continuity of  $\arcsin(x)$  for x not close to  $\pm 1$ , an error  $\varepsilon'$  in the probability corresponds to a field error  $\varepsilon = O(\varepsilon')$ . To achieve a final error  $|\hat{B} - B| < \varepsilon$  with probability at least  $1 - \delta$ , the number of measurements must be:

$$N = O\left(\frac{\log(1/\delta)}{\varepsilon^2}\right)$$

This result is the **Standard Quantum Limit (SQL)**. Since each measurement uses sensing time t, the total sensing time is  $T = N \cdot t = O(1/\varepsilon^2)$  for a fixed success probability.

### 2 Protocol Design: Heisenberg Limit (HL)

To achieve a better sensing time of  $O(1/\varepsilon)$ , we use an iterative, multi-stage approach analogous to phase estimation.

**Level 1:** Run the SQL protocol to get a rough estimate. With precision  $\varepsilon_1 = 0.1$  and confidence  $1 - \delta$ , we obtain  $\hat{B}^{(1)}$  where  $\Pr[|\hat{B}^{(1)} - B| < 0.1] > 1 - \delta$ . The sensing time is  $T_1 = C \cdot \log(1/\delta)$ .

Level 2: Using this initial estimate, we amplify the phase to learn the next digit of B. We effectively evolve the system under a new Hamiltonian  $H' = 10(B - \hat{B}^{(1)})Z$ . This is achieved by applying the forward evolution  $e^{-iB(10t)}$  followed by a corrective inverse evolution  $e^{i\hat{B}^{(1)}(10t)}$ . Running the SQL protocol on this task gives an estimate  $\hat{b}^{(2)}$  for  $10(B - \hat{B}^{(1)})$ . Our new estimate for B is  $\hat{B}_{\text{new}}^{(2)} = \hat{B}^{(1)} + \frac{\hat{b}^{(2)}}{10}$  with error less than 0.01. The sensing time for this stage is  $T_2 = C \cdot 10 \cdot \log(1/\delta)$ .

**Level k:** This process is repeated. At level k, we run SQL to estimate  $10^{k-1}(B - \hat{B}_{\text{new}}^{(k-1)})$ , with a sensing time of  $T_k = C \cdot 10^{k-1} \cdot \log(1/\delta)$ .

After  $L = \lceil \log_{10}(1/\varepsilon) \rceil$  levels, the final estimate is  $\hat{B} = \hat{B}^{(1)} + \frac{\hat{b}^{(2)}}{10} + \frac{\hat{b}^{(3)}}{100} + \dots$  The final error is bounded by  $|\hat{B} - B| < 10^{-L} \approx \varepsilon$ , and the cumulative failure probability is bounded by  $L \cdot \delta$ .

The total sensing time is the sum of the times from all levels:

$$T = \sum_{k=1}^{L} T_k = C \cdot \log(1/\delta) \cdot \sum_{k=0}^{L-1} 10^k = O\left(10^L \cdot \log(1/\delta)\right) = O\left(\frac{\log(1/\delta)}{\varepsilon}\right)$$

This improved scaling is the **Heisenberg Limit** (HL).

### 3 Lower Bound

To establish a fundamental limit, we consider the task of distinguishing two nearby hypotheses:  $B = +\varepsilon$  versus  $B = -\varepsilon$ . Any protocol that learns B with precision  $\varepsilon$  must be able to distinguish these two scenarios. The distinguishability of the measurement outcome distributions is limited by the distance between the corresponding quantum states,  $|\psi_{+\varepsilon}\rangle$  and  $|\psi_{-\varepsilon}\rangle$ . The total variation distance (TVD) is bounded by the trace distance, which in turn is bounded by the Euclidean norm of the state difference:

$$\text{TVD}(\Pr(x|B = +\varepsilon), \Pr(x|B = -\varepsilon)) \le \frac{1}{2} \||\psi_{+\varepsilon}\rangle\langle\psi_{+\varepsilon}| - |\psi_{-\varepsilon}\rangle\langle\psi_{-\varepsilon}|\|_1 \le \||\psi_{+\varepsilon}\rangle - |\psi_{-\varepsilon}\rangle\|_2$$

Using a hybrid argument (telescoping sum) and the fact that unitaries preserve norms, we can bound this difference:

$$\||\psi_{+\varepsilon}\rangle - |\psi_{-\varepsilon}\rangle\|_{2} = \left\| \left( \prod_{j=1}^{J} (e^{-i\varepsilon Zt_{j}} \otimes I)W_{j} - \prod_{j=1}^{J} (e^{+i\varepsilon Zt_{j}} \otimes I)W_{j} \right) |0^{n+1}\rangle \right\|_{2}$$

$$\leq \sum_{j=1}^{J} \|e^{-i\varepsilon Zt_{j}} - e^{+i\varepsilon Zt_{j}}\|_{\infty} = \sum_{j=1}^{J} \|-2i\sin(\varepsilon Zt_{j})\|_{\infty}$$

$$\leq \sum_{j=1}^{J} 2|\sin(\varepsilon t_{j})| \leq \sum_{j=1}^{J} 2\varepsilon t_{j} = 2\varepsilon T$$

where  $T = \sum_{j} t_{j}$  is the total sensing time. For the measurement outcomes to be reliably distinguishable, the TVD must be a constant value bounded away from zero. This requires:

$$\mathrm{const} \leq \mathrm{TVD} \leq 2\varepsilon T \implies T = \Omega(1/\varepsilon).$$

This proves that any protocol, even with access to a quantum computer, must use a total sensing time of at least  $\Omega(1/\varepsilon)$ .

### 4 Conclusion

In summary:

- (A) We constructed a protocol (phase estimation) with total sensing time  $T = O(1/\varepsilon)$ .
- (B) We proved that any protocol achieving  $\varepsilon$  error requires a sensing time of  $T = \Omega(1/\varepsilon)$ .

Together, these results establish that the minimum sensing time to measure a magnetic field B to error  $\varepsilon$  is  $\Theta(1/\varepsilon)$ . At this point, we can say that we have fully understood how to optimally sense a magnetic field in an idealized setting. I hope this gives a flavor of how learning theory works.