Simpson's rule with sums.

Let h = (a - b)/N for some function f, large positive integer N, and integration limits a and b. Then,

$$A \approx \frac{h}{3} \sum_{i=0}^{N-2} \left[f(a+ih) + 4f(a+(i+1)h) + f(a+(i+2)h) \right].$$