



BURGER KING® USA Nutritionals: Core, Regional and Limited Time Offerings

OCTOBER 2014

Nutrition Facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens Please see all discussors on the last page
WHOPPER® Sandwiches													
WHOPPER® Sandwich	290	650	340	37	11	1.5	60	910	50	2	12	22	WES
w/o Mayo	268	510	200	22	8	1.5	55	790	50	2	12	22	WS
WHOPPER® Sandwich with Cheese	312	730	400	44	15	2	85	1260	51	2	13	26	MWES
w/o Mayo	314	680	330	36	18	2	95	1590	52	2	13	30	MWS
DOUBLE WHOPPER® Sandwich	375	900	510	56	19	3	115	980	50	2	12	35	WES
w/o Mayo	353	770	370	41	17	2.5	105	860	50	2	12	35	WS
DOUBLE WHOPPER® Sandwich with Cheese	421	1070	630	70	28	3.5	155	1780	52	2	14	44	MWES
w/o Mayo	376	850	420	48	21	3	130	1220	51	2	13	39	MWS
TRIPLE WHOPPER® Sandwich	455	1160	670	75	27	4	170	1050	50	2	12	49	WES
w/o Mayo	434	1020	540	60	25	4	160	930	49	2	12	48	WS
Mushroom & Swiss Bacon WHOPPER®	329	760	440	49	16	2	90	1430	48	2	10	31	MWES
w/o Mayo	307	620	300	33	14	1.5	85	1310	48	2	10	31	MWS
WHOPPER JR.® Sandwich	138	300	150	16	4.5	0.5	25	460	27	1	7	9	WES
w/o Mayo	131	240	90	10	3.5	0.5	25	410	27	1	6	10	WS
WHOPPER JR.® Sandwich with Cheese	153	350	190	21	7	1	40	640	28	1	7	12	MWES
w/o Mayo	132	280	120	13	6	0.5	40	580	27	1	7	12	MWS
FLAME BROILED BURGERS													
Big King™	198	530	280	31	11	1.5	75	790	38	2	8	19	MWES
A.1.® Ultimate Bacon Cheeseburger	301	850	460	51	22	3	140	1480	43	1	8	41	MWS
Hamburger	100	230	80	9	3	0	25	460	26	1	6	9	WS
Cheeseburger	111	270	110	12	5	0.5	35	630	27	1	7	11	MWS
Double Hamburger	128	320	140	15	6	1	45	450	26	1	6	14	WS
Double Cheeseburger	142	360	170	19	8	1	60	670	27	1	7	16	MWS
Extra Long BBQ Cheeseburger	202	590	250	28	11	1.5	70	1080	62	4	14	22	MWS¹
Bacon Cheeseburger	112	290	120	13	6	0.5	40	680	27	1	7	12	MWS
Bacon Double Cheeseburger	148	390	190	21	9	1	65	790	27	1	7	17	MWS
Double Cheeseburger	142	360	170	19	8	1	60	670	27	1	7	16	MWS
Bacon Cheeseburger Deluxe	147	290	120	14	6	0.5	40	720	28	1	7	12	MWS
King Jr.™ Cheeseburger	127	310	150	17	6	0.5	40	580	26	1	5	11	MWES

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CHICKEN, FISH, RIB and VEGGIE BURGER													
TENDERGRILL® Chicken Sandwich	209	410	140	16	2.5	0	75	830	38	2	6	31	WE
w/o Mayo	195	320	50	5	1	0	70	750	38	2	6	31	W
TENDERCRISP® Chicken Sandwich	250	640	330	36	6	0	70	1270	52	4	8	28	MWE ¹
w/o Mayo	222	460	140	16	2.5	0	60	1110	52	4	7	27	MWE ¹
Original Chicken Sandwich	218	640	320	36	6	0	70	1140	53	3	7	29	MWES ¹
w/o Mayo	190	450	140	16	2.5	0	60	980	52	3	7	28	MWS ¹
Spicy Original Chicken Sandwich	212	640	340	38	6	0.5	55	1310	57	3	7	23	WES ¹
w/o Mayo	184	460	160	17	3	0	45	1150	56	3	7	23	WS ¹
Italian Chicken Sandwich	239	550	200	22	6	0	80	1560	59	4	11	33	MWS ¹
Crispy Chicken Jr.	142	430	250	28	4.5	0	30	760	34	2	4	12	WES ¹
Spicy Crispy Chicken Jr.	142	410	220	25	4.5	0	35	850	35	2	5	12	WES ¹
Chicken Strips- 3pc	135	340	150	17	2.5	0	55	1130	26	3	0	22	WE ¹
Chicken Strips- 5pc	225	570	250	28	4.5	0.5	90	1890	44	4	0	36	WE ¹
Buffalo Chicken Strips - 3pc	163	380	180	20	3.5	0	55	1820	27	3	0	22	WES ¹
Buffalo Chicken Strips - 5pc	268	620	300	33	5	0.5	90	2920	45	4	1	37	WES ¹
Honey BBQ Chicken Strips - 3pc	178	410	150	17	3	0	55	1400	42	3	13	22	WE ¹
Honey BBQ Chicken Strips - 5pc	289	690	250	28	4.5	0.5	90	1940	72	4	25	37	WE ¹
Chicken Nuggets- 4pc	70	190	100	11	2	0	20	360	13	2	0	8	W ¹
Chicken Nuggets- 6pc	105	280	150	17	3	0	30	540	20	3	0	13	W ¹
Chicken Nuggets- 10 pc	175	470	260	29	5	0	50	890	34	5	0	21	W ¹
Chicken Nuggets- 20 pc	350	950	510	57	11	0	100	1790	67	9	0	42	W ¹
Big Fish Sandwich	198	530	250	27	4.5	0	30	1360	54	2	7	17	WESF ¹
w/o Tartar Sauce	169	350	80	9	1.5	0	15	1120	51	2	5	17	WF ¹
BK VEGGIE® Burger **	214	390	140	16	2.5	0	5	900	44	5	9	21	MWES
w/o Mayo	197	320	70	8	1	0	0	840	43	5	9	21	MWES
Kids Meals													
entrees													
Kids Oatmeal	167	170	30	3	1.5	0	5	260	32	3	12	4	M
Chicken Nuggets- 4pc	70	190	100	11	2	0	20	360	13	2	0	8	W ¹
Chicken Nuggets- 6pc	105	280	150	17	3	0	30	540	20	3	0	13	W ¹
Home-style Chicken Strips- 2pc (in some areas)	90	230	100	11	2	0	35	760	18	2	0	15	WE ¹
Hamburger	100	230	80	9	3	0	25	460	26	1	6	9	W
Cheeseburger	111	270	110	12	5	0.5	35	630	27	1	7	11	MWS
side items													
Apple Slices	58	30	0	0	0	0	0	0	7	1	6	0	NONE
Satisfries™ French Fries - Value (Salted)	87	190	70	8	1	0	0	210	28	2	0	2	NONE
beverage													
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9	M
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8	M
Capri Sun® 100% Apple Juice		80	0	0	0	0	0	25	20	0	20	0	NONE
Soft Serve Cone	100	160	35	4	2.5	0	15	130	27	0	20	4	MWS
Chocolate Chip cookie (in some areas)	38	160	70	8	4	0	10	125	24	1	15	2	MWES

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BK™ Garden Fresh Salads and SIDES													
Chicken Caesar Garden Fresh Salad with TENDERGRILL and dressing	348	450	250	27	4.5	0	95	1150	20	3	6	35	MWSF
Chicken Caesar Garden Fresh Salad with TENDERCRISP and dressing	380	650	390	43	7	0	75	1670	39	4	8	30	MWESF ¹
Side Caesar Salad and dressing	190	290	200	22	3.5	0	20	710	17	2	5	8	MWSF
Chicken BLT Garden Fresh Salad with TENDERGRILL and dressing	357	440	260	29	8	0	115	1080	11	3	5	33	MWES
Chicken BLT Garden Fresh Salad with TENDERCRISP and dressing	390	640	410	45	11	0.5	95	1610	30	4	8	28	MWES ¹
Chicken Apple & Cranberry Garden Fresh Salad with TENDERGRILL and dressing	363	480	230	26	7	0	95	480	34	4	34	28	ME
Chicken Apple & Cranberry Garden Fresh Salad with TENDERCRISP and dressing	394	680	370	42	9	0	75	1010	53	4	36	24	MWE ¹
Side Garden Salad and Avocado Ranch Dressing	169	240	200	22	5	0	30	540	6	2	2	6	ME
Ranch Crispy Chicken Wrap	137	360	180	20	6	0.5	40	970	30	2	1	15	MWE ¹
Ranch Grilled Chicken Wrap	135	310	150	16	5	0	55	770	21	1	1	19	MWE
Honey Mustard Crispy Chicken Wrap	137	380	180	20	6	0	35	900	35	2	6	15	MWE ¹
Honey Mustard Grilled Chicken Wrap	135	330	150	16	5	0	55	700	26	1	6	19	MWE
Chicken BLT Garden Fresh Salad Wrap- grilled	191	380	170	19	6	0	60	1030	33	4	3	22	MWES
Chicken BLT Garden Fresh Salad Wrap- crispy	202	470	230	26	7	0	45	1270	42	4	4	19	MWES ¹
Chicken Apple and Cranberry Garden Fresh Salad Wrap- grilled	225	400	140	16	4.5	0	45	730	48	5	20	19	MWE
Chicken Apple and Cranberry Garden Fresh Salad Wrap- crispy	212	490	210	24	6	0	35	990	53	4	18	16	MWE ¹
Chicken Caesar Garden Fresh Salad Wrap- grilled	174	340	140	16	3.5	0	45	960	33	4	3	21	MWSF
Chicken Caesar Garden Fresh Salad Wrap- crispy	191	440	210	24	4.5	0	35	1220	42	4	4	18	MWESF ¹
Ken's Citrus Caesar Dressing- packet	50	180	160	18	3.5	0	5	460	4	0	2	2	MWSF
Ken's Honey Mustard Dressing- packet	50	220	160	18	2.5	0	15	270	13	1	12	1	E
Ken's Lite Honey Balsamic- packet	50	120	70	7	1	0	0	220	14	0	11	0	NONE
Ken's Avocado Ranch Dressing- packet	50	170	150	17	3	0	15	420	4	0	3	1	ME
Ken's Apple Cider Vinaigrette- packet	50	210	160	18	2.5	0	10	115	10	0	7	0	E
Home-style Caesar Croutons- Packet	14	60	20	2	0	0	10	160	9	0	1	2	MWS
Apple Slices	58	30	0	0	0	0	0	0	7	1	6	0	NONE
Onion Rings - value	43	150	70	8	1.5	0	0	400	19	1	2	1	MW ¹
Onion Rings - small	91	320	150	16	3	0	0	840	41	3	4	3	MW ¹
Onion Rings - medium	117	410	190	21	3.5	0	0	1080	53	4	5	4	MW ¹
Onion Rings - large	142	500	230	25	4.5	0	0	1310	64	5	7	5	MW ¹
French Fries - value (Salted)	89	240	90	10	1.5	0	0	330	34	3	0	2	NONE
French Fries - small (Salted)	128	340	130	15	2.5	0	0	480	49	4	0	4	NONE
French Fries - medium (Salted)	153	410	160	18	3	0	0	570	58	4	0	4	NONE
French Fries - large (Salted)	190	500	200	22	3.5	0	0	710	72	5	0	5	NONE
Satisfries™ French Fries - Value (salted)	87	190	70	8	1	0	0	210	28	2	0	2	NONE

Satisfries™ French Fries - Small (salted)	127	270	100	11	1.5	0	0	300	41	3	0	4	NONE
Satisfries™ French Fries - Medium (salted)	157	340	120	14	2	0	0	370	51	4	0	4	NONE
Satisfries™ French Fries - Large (salted)	191	410	150	17	2.5	0	0	460	62	5	0	5	NONE
Mozzarella Sticks (4 pc)	88	280	140	15	5	0	35	650	24	2	2	11	MWES ¹
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BREAKFAST													
Quaker® Oatmeal Maple Flavor (Artificial maple flavor in Vermont only).	172	170	30	3	1.5	0	5	270	32	3	12	4	M
Sausage Breakfast Burrito	123	310	170	19	7	0	145	820	22	1	2	14	MWES ¹
Southwestern Breakfast Burrito	233	600	340	38	13	0	210	1660	43	4	4	23	MWES ¹
BK® Breakfast Muffin Sandwich Egg and Cheese	125	260	100	11	4	0	170	830	27	2	3	13	MWES
BK® Breakfast Muffin Sandwich Sausage and Cheese	124	390	210	23	9	0	55	1130	27	2	2	17	MWS ¹
BK® Breakfast Muffin Sandwich Sausage, egg and Cheese	169	430	230	26	8	0	200	1140	28	2	3	20	MWES ¹
BK® Breakfast Muffin Sandwich ham, egg and Cheese	159	310	120	13	4.5	0	185	1290	29	2	4	18	MWES
BK® Breakfast Muffin Sandwich bacon, egg and Cheese	133	300	120	14	5	0	175	990	27	2	3	15	MWES
BK™ Ultimate Breakfast Platter	511	1420	710	79	29	1	460	3020	139	5	41	36	MWES ¹
Pancake and Sausage platter	231	660	270	31	8	0	80	1020	83	1	36	13	MWES ¹
Pancakes (3) and 1 oz breakfast syrup	187	490	140	16	4	0	45	710	82	1	36	5	MWES
CROISSAN'WICH® Egg & Cheese	121	330	160	18	8	0	155	620	31	1	5	11	MWES
CROISSAN'WICH® Sausage & Cheese	112	420	240	27	11	0	45	710	31	1	4	14	MWES ¹
CROISSAN'WICH® Sausage, Egg & Cheese	165	500	290	33	12	0	190	930	32	1	5	19	MWES ¹
CROISSAN'WICH® Ham, Egg & Cheese	155	390	180	20	8	0	175	1080	33	1	7	17	MWES
CROISSAN'WICH® Bacon, Egg & Cheese	128	370	190	21	9	0	165	770	31	1	6	13	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese	273	790	510	57	21	1	380	1630	35	1	7	34	MWES ¹
DOUBLE CROISSAN'WICH™ w/ ham, Egg, & Cheese	200	480	230	26	11	0	205	1720	36	1	9	25	MWES
DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese	148	440	240	27	12	0.5	190	1070	32	1	6	17	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Bacon, Egg, & Cheese	186	580	350	39	15	0.5	215	1250	33	1	6	23	MWES ¹
DOUBLE CROISSAN'WICH™ w/ Ham, Bacon, Egg, & Cheese	177	470	240	27	12	0.5	205	1430	34	1	7	21	MWES
DOUBLE CROISSAN'WICH™ w/ Ham, Sausage, Egg, & Cheese	214	600	350	39	15	0.5	230	1580	35	1	7	27	MWES ¹
Sausage Biscuit	126	420	240	27	15	0.5	35	1090	32	1	3	13	MWS ¹
Ham, Egg, & Cheese Biscuit	180	430	210	23	15	0.5	175	1630	35	1	6	18	MWES
Sausage, Egg, & Cheese Biscuit	190	550	320	36	19	0.5	190	1480	34	1	4	20	MWES ¹
Bacon, Egg & Cheese Biscuit	161	450	240	27	16	0.5	170	1490	33	1	4	16	MWES
Country Ham and Egg Biscuit	181	440	230	26	15	0.5	190	1980	33	1	4	18	MWES
Cinnabon® Roll- One	96	300	100	11	5	0	5	280	45	2	20	6	MWS
Hash Browns - small	84	250	150	16	3.5	0	0	410	24	3	0	2	W ¹

Hash Browns - medium	168	500	290	33	7	0	0	810	48	7	0	4	W ¹
Hash Browns - large	224	670	390	44	9	0	0	1080	65	9	0	5	W ¹
French Toast Sticks (3 piece)	65	230	100	11	2	0	0	260	29	1	8	3	WS ¹
French Toast Sticks (5 piece)	109	380	160	18	3	0	0	430	49	2	13	5	WS ¹

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DESSERTS													
Dutch Apple Pie	107	340	130	14	6	0	0	310	51	1	25	3	WS
HERSHEY®'S Sundae Pie	79	310	170	19	12	0	10	220	32	1	22	3	MWS
Soft Serve Cone	100	160	35	4	2.5	0	15	130	27	0	20	4	MWS
Soft Serve Cup	95	140	35	4	2.5	0	15	125	23	0	19	4	M
Caramel Sundae	141	280	50	6	3.5	0	20	250	52	0	37	5	M
Chocolate Fudge Sundae	141	280	60	7	5	0	15	220	50	1	43	6	M
Strawberry Sundae	141	190	35	4	2.5	0	15	125	35	0	31	4	M
OREO® Sundae	204	440	110	12	7	0	25	390	77	1	57	8	MWS
Brownie Sundae	228	530	150	17	10	0	55	390	89	2	70	10	MWES
Butter Sugar Cookie	36	160	60	7	3.5	0	15	135	22	0	12	2	MWE
Carnival Cookie	36	160	60	7	3	0	10	120	22	1	14	2	MWES
Red, White & Blue Cookie	36	160	50	6	3	0	5	125	23	0	14	1	MWES
Ginger Spice Cookie	38	150	45	5	2.5	0	10	135	25	1	13	2	MWE
Chocolate Chip Cookies (2)	76	330	140	15	8	0	20	250	47	1	29	3	MWES
White Chocolate Macadamia Nut Cookies (2)	76	340	160	18	8	0	20	240	44	0	28	4	MWEST
Oatmeal Raisin Cookies (2)	76	310	120	13	8	0	20	260	46	3	26	4	MWET
Additional Options (some options are only available regionally)													
American Cheese (slice)- may vary	11	40	30	3.5	2	0	10	180	1	0	0	2	MS
Thick cut bacon	7	35	25	3	1	0	5	160	0	0	0	2	NONE
Ketchup (Packet)	10	10	0	0	0	0	0	125	3	0	2	0	NONE
Mayonnaise (Packet)	12	80	80	9	0.5	0	10	75	1	0	0	0	ES
Pickles (2)	10	0	0	0	0	0	0	100	0	0	0	0	S
Strawberry or Grape Jam (packet)	12	30	0	0	0	0	0	0	7	0	6	0	NONE
SunGlow® Butter blend - 2 pats	10	70	70	8	2.5	0	0	65	0	0	0	0	MS
Breakfast Syrup (1 oz)	41	120	0	0	0	0	0	15	30	0	18	0	NONE
Dried Fruit Topping	28	90	5	0	0	0	0	0	23	2	20	1	NONE
Barbecue Dipping Sauce (1 oz)	28	40	0	0	0	0	0	310	11	0	10	0	NONE
Ranch Dipping Sauce (1 oz)	28	140	140	15	2.5	0	10	230	1	0	1	1	ME
Buffalo Dipping Sauce (1 oz)	28	80	70	8	1.5	0	5	360	2	0	1	0	MES
Zesty Onion Ring Dipping Sauce (1 oz)	28	150	140	15	2.5	0	20	240	3	0	1	0	ES
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BEVERAGES BY CUP SIZE													
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9	M
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8	M
Smoothie: Strawberry Banana 12 fl oz		190	5	0.5	0	0	0	35	44	2	31	2	M
Smoothie: Strawberry Banana 16 fl oz		280	10	1	0	0	0	50	65	3	46	3	M
Smoothie: Strawberry Banana 20 fl oz		350	10	1	0	0	0	60	80	3	57	4	M
Smoothie: Tropical Mango- 12 fl oz		220	0	0	0	0	0	40	51	1	33	3	M

Smoothie: Tropical Mango- 16 fl oz		320	5	0	0	0	0	65	76	1	50	5	M
Smoothie: Tropical Mango- 20 fl oz		400	5	0	0	0	0	80	95	2	61	6	M
Oreo® Shake													
12 fl oz		570	160	18	12	0.5	30	350	93	1	76	9	MWS
16 fl oz		760	210	23	15	0.5	45	490	126	1	104	13	MWS
20 fl oz		970	240	27	17	0.5	55	610	166	1	137	16	MWS
Vanilla Milk Shake													
12 fl oz		550	140	16	12	0.5	40	310	91	0	81	10	MS
16 fl oz		730	180	20	15	0.5	55	430	124	0	110	14	MS
20 fl oz		930	210	23	17	0.5	65	540	163	0	146	17	MS
Chocolate Milk Shake													
12 fl oz		580	150	17	13	0.5	40	310	97	0	83	10	MS
16 fl oz		760	190	21	15	0.5	55	430	131	0	112	14	MS
20 fl oz		980	220	24	17	0.5	65	530	174	0	150	17	MS
Strawberry Milk Shake													
12 fl oz		500	140	16	12	0.5	40	320	79	0	67	10	MS
16 fl oz		660	180	20	15	0.5	55	440	107	0	92	14	MS
20 fl oz		820	210	23	17	0.5	65	550	137	0	119	17	MS

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BEVERAGES BY CUP SIZE													
Coca Cola classic®‡													
	16 fl oz	140	0	0	0	0	0	0	39	0	39	0	
	20 fl oz	190	0	0	0	0	0	0	51	0	51	0	
	30 fl oz	290	0	0	0	0	0	5	77	0	77	0	
	40 fl oz	380	0	0	0	0	0	10	102	0	102	0	
	20 fl oz bottle	240											
Diet Coke®‡													
	16 fl oz	0	0	0	0	0	0	15	0	0	0	0	
	20 fl oz	0	0	0	0	0	0	20	0	0	0	0	
	30 fl oz	0	0	0	0	0	0	25	0	0	0	0	
	40 fl oz	5	0	0	0	0	0	35	0	0	0	0	
	20 fl oz bottle												
Sprite®‡													
	16 fl oz	140	0	0	0	0	0	30	39	0	39	0	
	20 fl oz	190	0	0	0	0	0	40	51	0	51	0	
	30 fl oz	290	0	0	0	0	0	65	77	0	77	0	
	40 fl oz	380	0	0	0	0	0	85	102	0	102	0	
	20 fl oz bottle												
Dr. Pepper®‡													
	16 fl oz	140	0	0	0	0	0	35	39	0	39	0	
	20 fl oz	190	0	0	0	0	0	45	51	0	51	0	
	30 fl oz	280	0	0	0	0	0	70	77	0	77	0	
	40 fl oz	370	0	0	0	0	0	90	101	0	101	0	
Barq's® Root Beer‡													
	16 fl oz	160	0	0	0	0	0	20	46	0	46	0	
	20 fl oz	220	0	0	0	0	0	25	61	0	61	0	
	30 fl oz	320	0	0	0	0	0	35	91	0	91	0	
	40 fl oz	430	0	0	0	0	0	45	121	0	121	0	
Cherry Coke®‡													
	16 fl oz	150	0	0	0	0	0	5	42	0	42	0	
	20 fl oz	200	0	0	0	0	0	10	56	0	56	0	
	30 fl oz	300	0	0	0	0	0	15	84	0	84	0	
	40 fl oz	400	0	0	0	0	0	20	111	0	111	0	
Fanta® Orange‡													
	16 fl oz	160	0	0	0	0	0	0	42	0	42	0	
	20 fl oz	210	0	0	0	0	0	0	56	0	56	0	
	30 fl oz	310	0	0	0	0	0	0	84	0	84	0	
	40 fl oz	410	0	0	0	0	0	0	111	0	111	0	
Hi-C® Fruit Punch‡													
	16 fl oz	150	0	0	0	0	0	15	42	0	42	0	
	20 fl oz	200	0	0	0	0	0	15	55	0	55	0	
	30 fl oz	300	0	0	0	0	0	25	82	0	82	0	
	40 fl oz	400	0	0	0	0	0	35	108	0	108	0	

Nutrition facts‡

MINUTE MAID® Light Lemonade

16 fl oz
20 fl oz
30 fl oz
40 fl oz

Sweet Tea

20 fl oz
30 fl oz
40 fl oz

Unsweetened Tea

20 fl oz
30 fl oz
40 fl oz

Peach Tea

20 fl oz
30 fl oz
40 fl oz

Vault®

16 fl oz
20 fl oz
30 fl oz
40 fl oz

Frozen Coke®

16 fl oz
20 fl oz

Blue Raspberry ICEE

16 fl oz
20 fl oz
30 fl oz

Capri Sun® 100% Apple Juice	1 pouch
Minute Maid® Orange Juice	10 fl oz

Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
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5	0	0	0	0	0	0	1	0	0	0
10	0	0	0	0	0	0	1	0	0	0
10	0	0	0	0	0	5	1	0	0	0
15	0	0	0	0	0	10	2	0	0	0

120	0	0	0	0	0	0	35	0	35	0
160	0	0	0	0	0	0	49	0	49	0
240	0	0	0	0	0	0	71	0	71	0

0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0

100	0	0	0	0	0	0	23	0	23	0
130	0	0	0	0	0	0	32	0	32	0
190	0	0	0	0	0	0	47	0	47	0

160	0	0	0	0	0	15	42	0	42	0
210	0	0	0	0	0	20	56	0	56	0
310	0	0	0	0	0	30	84	0	84	0
410	0	0	0	0	0	35	111	0	111	0

90	0	0	0	0	0	10	25	0	25	0
110	0	0	0	0	0	10	31	0	31	0

120	0	0	0	0	0	10	32	0		0
160	0	0	0	0	0	15	43	0		0
210	0	0	0	0	0	15	56	0		0

80	0	0	0	0	0	25	20	0	20	0
140	0	0	0	0	0	20	33	0	30	2

Nutrition facts†		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens Please see all discipliners on the last page
Seattle's Best Coffee®													
Seattle's Best Coffee® - Decaf- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® - Decaf- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® - Regular- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® - Regular- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Iced Coffees													
Iced Coffee -Small		130	50	6	3.5	0	10	35	16	0	16	0	M
Iced Coffee - Medium		160	70	7	4.5	0	15	45	19	0	19	0	M
Iced Coffee -Large		200	90	10	6	0	20	60	25	0	25	0	M
Iced Coffee -Small- VANILLA		140	50	6	3.5	0	10	35	19	0	19	0	M
Iced Coffee - Medium-VANILLA		180	70	7	4.5	0	15	45	24	0	24	0	M
Iced Coffee -Large- VANILLA		230	90	10	6	0	20	60	31	0	31	0	M
Iced Coffee -Small- CARAMEL		140	50	6	3.5	0	10	40	19	0	19	0	M
Iced Coffee - Medium CARAMEL		170	70	7	4.5	0	15	50	23	0	23	0	M
Iced Coffee -Large- CARAMEL		230	90	10	6	0	20	60	31	0	31	0	M
Frappes													
Mocha Frappe: 12 fl oz		410	170	19	11	0	5	230	58	0	39	3	MS
Mocha Frappe: 16 fl oz		510	200	22	12	0	5	300	72	0	49	4	MS
Mocha Frappe: 20 fl oz		600	230	25	14	0	5	360	87	0	59	5	MS
Caramel Frappe: 12 fl oz		410	170	19	11	0	5	230	58	0	39	3	MS
Caramel Frappe: 16 fl oz		510	200	22	12	0	5	300	72	0	49	4	MS
Caramel Frappe: 20 fl oz		600	230	25	13	0	5	360	87	0	59	5	MS
Lattes- Nonfat and 2%, and Hot Chocolate													
Nonfat Latte- Small		120	0	0	0	0	0	170	23	0	12	4	M
Nonfat Latte- Medium		150	0	0	0	0	0	220	31	0	15	6	M
Nonfat Latte- large		190	0	0	0	0	0	270	39	0	19	7	M
Nonfat Caramel Latte- Small		220	0	0	0	0	0	170	50	0	38	4	M
Nonfat Caramel Latte- Medium		300	0	0	0	0	0	220	66	0	51	6	M
Nonfat Caramel Latte- large		370	0	0	0	0	0	280	83	0	63	7	M
Nonfat Vanilla Latte- Small		220	0	0	0	0	0	170	50	0	37	4	M
Nonfat Vanilla Latte- Medium		300	0	0	0	0	0	220	67	0	50	6	M
Nonfat Vanilla Latte- large		370	0	0	0	0	0	270	84	0	62	7	M
Nonfat Mocha Latte- Small		120	0	0	0	0	0	130	31	0	22	2	M
Nonfat Mocha Latte- Medium		160	0	0	0	0	0	170	41	0	29	3	M
Nonfat Mocha Latte- large		210	0	0	0	0	0	220	53	0	38	4	M
2% Latte- Small		140	40	4.5	4.5	0	0	190	23	0	10	2	M
2% Latte- Medium		180	50	6	6	0	0	250	31	0	12	3	M
2% Latte- large		230	60	7	7	0	0	310	39	0	16	4	M
2% Caramel Latte- Small		240	40	4.5	4.5	0	0	190	50	0	36	2	M
2% Caramel Latte- Medium		320	50	6	6	0	0	250	66	0	48	3	M
2% Caramel Latte- large		410	60	7	7	0	0	310	83	0	60	4	M
2% Vanilla Latte- Small		240	40	4.5	4.5	0	0	190	50	0	35	2	M
2% Vanilla Latte- Medium		320	50	6	6	0	0	250	67	0	47	3	M
2% Vanilla Latte- large		410	60	7	7	0	0	310	84	0	58	4	M
2% Mocha Latte- Small		160	30	3	3	0	0	130	32	0	21	1	M

2% Mocha Latte- Medium		210	35	4	4	0	0	170	42	0	28	2	M
2% Mocha Latte- large		270	45	5	5	0	0	220	55	0	36	2	M
Hot Chocolate- small		170	20	2	1.5	0	0	210	38	1	30	2	M
Hot Chocolate- medium		230	25	2.5	2	0	0	290	52	1	41	3	M
Hot Chocolate- large		290	30	3.5	2.5	0	0	350	64	2	50	3	M

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens Please see all discaliners on the last page
KING DEALS VALUE MENU													
Bacon Double Cheeseburger	148	390	190	21	9	1	65	790	27	1	7	17	MWES
Double Cheeseburger	142	360	170	19	8	1	60	670	27	1	7	16	MWS
Bacon Cheeseburger Deluxe	147	290	120	14	6	0.5	40	720	28	1	7	12	MWS
King Jr.™ Cheeseburger	127	310	150	17	6	0.5	40	580	26	1	5	11	MWES
Bacon Cheeseburger	112	290	120	13	6	0.5	40	680	27	1	7	12	MWS
Chicken Nuggets - 4pc	70	190	100	11	2	0	20	360	13	2	0	8	W¹
Crispy Chicken Jr.	142	430	250	28	4.5	0	30	760	34	2	4	12	WES¹
Spicy Crispy Chicken Jr.	142	410	220	25	4.5	0	35	850	35	2	5	12	WES¹
Rodeo Crispy Chicken Sandwich	154	410	150	17	3	0	20	870	53	2	14	12	MWS¹
Rodeo Burger	111	310	110	13	4	0.5	25	450	38	1	9	9	MWS¹
Cheeseburger	111	270	110	12	5	0.5	35	630	27	1	7	11	MWS

INGREDIENTS: (Revised 9/23/2013)	
Buns, Breads and Tortillas	
SESAME SEED BUNS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Sesame Seeds, Contains 2% or less of the following: Soybean Oil, Salt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate), Dough Conditioners (Monoglycerides, DATEM, Azodicarbonamide), Calcium Propionate (Preservative), Wheat Starch. CONTAINS: WHEAT - May contain Soy	
ARTISAN-STYLE BUN: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of each of the following: Salt, Wheat Gluten, Dough Conditioners (Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Calcium Sulfate, Enzymes), Yellow Corn Flour, Turmeric, Modified Corn Starch, Paprika, Natural and Artificial Flavors, Sodium Alginate, Polysorbate 60, Calcium Propionate (Preservative), Milled Flax Seed, Maltodextrin, Wheat Starch. CONTAINS: WHEAT	
SPECIALTY BUNS: Enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (Vitamin B1), riboflavin (vitamin B2), folic acid], water, high fructose corn syrup, sesame seeds, yeast, soybean oil, salt, wheat gluten, calcium sulfate, calcium propionate (preservative), flaxseeds, mono- and diglycerides, datem, citric acid, potassium iodate, soy lecithin. CONTAINS: WHEAT AND SOY	
TORTILLA: Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherol (antioxidant), Ascorbic Acid (antioxidant), Citric Acid (antioxidant), Guar Gum, Yeast, Cellulose Gum, Fumaric Acid (Dough Conditioner), Calcium Propionate and Sorbic Acid (To Preserve Freshness). CONTAINS: WHEAT	
ENGLISH MUFFIN: Enriched Wheat Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamine, Mononitrate, Riboflavin, Folic Acid), Water, Yeast. Contains 2% or less of: White Corn Milk, Dry Whole Milk, White Vinegar, Salt, Sugar, Butter (Cream, Salt), Soybean Oil, Calcium Propionate and Potassium Sorbate (Preservatives), White Corn Flour, Potato Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Yellow Corn Meal, Dough Conditioner (Wheat Flour, Calcium Sulfate, Enzymes, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Dextrose, Maltodextrin, Natural and Artificial Flavors, Acacia Gum, Caprylic Triglycerides. CONTAINS: WHEAT AND MILK	
BISCUIT: enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, hydrogenated palm kernel oil, buttermilk, sugar, baking soda, salt, sodium aluminum phosphate, sodium caseinate, datem, partially hydrogenated soybean and cottonseed oil*, sodium acid pyrophosphate, dextrose, wheat protein isolate, corn syrup solids, natural flavor, soy lecithin. CONTAINS: WHEAT, MILK AND SOY	
CROISSANT: Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Margarine [Palm Oil, Water, Soybean Oil, Sugar, Soybean Lecithin with Mono- and Diglycerides added, Potassium Sorbate and Citric Acid (preservatives), Beta Carotene, Vitamin A Palmitate], High Fructose Corn Syrup, Yeast, Salt, Sweet Whey, Dough Conditioner [Calcium Sulfate, Diacetyl Tartaric Acid Ester of Monoglyceride (DATEM), Ammonium Sulfate, Enzymes, Ascorbic Acid, Azodicarbonamide], Calcium Propionate, Natural and Artificial Butter Flavor, Modified Cornstarch. CONTAINS: WHEAT, MILK, EGGS AND SOY	

BEEF*, CHICKEN* and FISH:

WHOPPER® PATTIES and HAMBURGER PATTIES : 100% USDA inspected Ground Beef (Fire-Grilled).

TENDERGRILL® CHICKEN FILET (grilled): Chicken Breast Filet with Rib Meat, Water, Seasoned Oil (Soybean Oil and/or Canola Oil, Flavoring), Modified Food Starch, Seasoning [Salt, Maltodextrin, Autolyzed Yeast Extract, Flavoring, Contains less than 2% (Chicken Fat, Citric Acid, Dried Chicken, Dried Chicken Broth)], Sodium Phosphates, Dextrose.

**Beef and Chicken may be cooked on the same broiler with products containing dairy (or other allergens.)*

BREADED ORIGINAL CHICKEN PATTY (Fried): Chicken Breast with Rib Meat, Water, Salt and Monosodium Glutamate. Breaded with: Bleached Wheat Flour, Salt, Spices, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Dried Whey, Monosodium Glutamate, Yeast, Dehydrated Sweet Pepper, Onion Powder, Garlic Powder, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate). **BATTERED WITH** : Water, Bleached Wheat Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Corn Starch, Oat Flour and Natural Flavoring.

CONTAINS: MILK AND WHEAT

SPICY CHICKEN PATTY: Boneless Chicken Breasts with Rib Meat, Water, Seasoning (Salt, Monosodium Glutamate, Spice Extract, Polysorbate 80, Tricalcium Phosphate), Modified Food Starch, Sodium Phosphates, Isolated Oat Product, Potato Starch and Natural Flavor. **BREADED WITH** : Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Spice Extractive, Monosodium Glutamate, Red 40 lake, Caramel (color). **BATTERED WITH** : Water, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine mononitrate, Riboflavin, Folic Acid), Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices, Natural Flavor, Dextrose, Red 40 lake, Caramel (color). **PREDUSTED WITH** : Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Spice Extractives, Paprika Oleoresin. Breeding set in vegetable oil.

CONTAINS: WHEAT

CRISPY CHICKEN PATTY (FRIED): Uncooked Chicken Breast Pattie Fritters with Rib Meat Chicken breast with rib meat, water, salt, modified food starch, sodium phosphates, monosodium glutamate, chicken broth powder (chicken broth, salt, and flavoring), chicken flavor (gum arabic, maltodextrin, flavors, chicken powder, yeast extract, palm kernel oil, and salt). **BREADED WITH**: Bleached wheat flour, spice, salt, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate), onion powder, garlic powder, extractives of paprika. **BATTERED WITH**: Water, bleached wheat flour, modified corn starch, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate), spice, onion powder, extractives of paprika, natural flavor. **PREDUSTED WITH**: Wheat flour, modified corn starch, salt, wheat gluten, spice, onion powder, extractives of paprika. Breeding set in vegetable oil.

CONTAINS: WHEAT

TENDERCRISP® CHICKEN (Fried): Chicken Breast With Rib Meat, containing: up to 18% of a solution of Water, Seasoning (Sugar, Monosodium Glutamate, Salt, Spices, Mustard Flour, Soybean Oil), Modified Corn Starch, Sodium Phosphates. **BREADED WITH**: Bleached Wheat Flour, Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spices, Monosodium Glutamate, Nonfat Dry Milk, Dried Whey, Paprika, Extractives of Turmeric. **PREDUSTED AND BATTERED WITH**: Water, Wheat Flour, Salt, Whole Egg Solids, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Monosodium Glutamate, Dried Whey, Soybean Oil. Breeding set in Soybean Oil.

CONTAINS: MILK, EGG, WHEAT

CHICKEN NUGGETS (Fried): Chicken Breast Pattie Fritters with Rib Meat Chicken Breast with Rib Meat, Water, Flavoring [Potassium Chloride, Flavoring, Autolyzed Yeast Extract, Maltodextrin (Corn, Potato), Salt, Chicken Fat, Contains less than 2% (Chicken Broth, Citric Acid, Dextrin, Disodium Inosinate & Disodium Guanylate, Dried Chicken, Mannitol, Modified Cornstarch)], Modified Food Starch, Salt, Sodium Phosphates. **BATTERED WITH**: Water, Wheat Flour, Modified Wheat Starch, Modified Corn Starch, Salt, Sodium Gluconate, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Spices, Garlic Powder, Onion Powder, Extractives of Turmeric. **PREDUSTED WITH**: Wheat Flour, Modified Corn Starch, Wheat Gluten, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Sodium Gluconate, Onion Powder, Garlic Powder, Potassium Chloride, Spice. Breeding Set in Vegetable Oil.

CONTAINS: WHEAT

HOMESTYLE CHICKEN STRIPS: Uncooked breaded chicken tenderloins Contains up to 18% of solution of: Water, Seasoning (Salt, Maltodextrin, Modified Corn Starch, Garlic Powder, Disodium Inosinate and Disodium Guanylate, Onion Powder, Spices), Modified Food Starch and Carrageenan, Sodium Phosphates. **BREADED WITH**: Bleached Wheat Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spice, Disodium Inosinate and Disodium Guanylate. **BATTERED WITH**: Bleached Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Spice, Spice Extractive. **PREDUSTED WITH**: Wheat Flour, Salt, Egg White Solids, Wheat Gluten, Spice.

CONTAINS: WHEAT, EGG

FISH ALASKA POLLOCK, PANKO BREADED: Alaska Pollock, Water, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Bleached Wheat Flour, Yellow Corn Flour, MODIFIED FOOD STARCH, Less than 2% of each of the following: Ascorbic Acid, Garlic Powder, Leavening (Sodium Bicarbonate, SODIUM ACID PYROPHOSPHATE), Malted Barley Flour, Onion Powder, Palm Oil, Paprika Extract, Salt, Sodium Alginate, Spice, Spice extract, Yeast.

CONTAINS: FISH (Alaska Pollock) and WHEAT.

VEGGIE PATTY and SIDE ITEMS:

BK VEGGIE® BURGER PATTY: Supplied by MORNINGSTAR FARMS® - Vegetables (Mushrooms, Water Chestnuts, Onions, Carrots, Green Bell Peppers, Red Bell Peppers, Black Olives), Textured Vegetable Protein (Soy Protein Concentrate, Wheat Gluten, Water for hydration), Egg Whites, Cooked Brown Rice (Water, Brown Rice), Rolled Oats, Corn Oil, Calcium Caseinate, Soy Sauce (Water, Soybeans, Salt, Wheat), Onion Powder, Corn Starch, Salt, Hydrolyzed Corn, Soy, and Wheat Protein, Autolyzed Yeast Extract, Natural Flavors from non-meat sources, Sugar, Soy Protein Isolate, Spices, Garlic Powder, Dextrose, Jalapeño Pepper Powder, Celery Extract.

CONTAINS: MILK, EGG, WHEAT, SOY. The patty is NOT cooked on equipment with meat or poultry products. *This is not a vegan product.*

APPLE SLICES: Apple, Calcium Ascorbate (a blend of Calcium and Vitamin C to maintain freshness and color).

SATISFRIES™: Potatoes, vegetable oil (contains one or more of the following oils: canola, soybean, cottonseed, sunflower, corn), tapioca starch modified, contains 2% or less of corn starch-modified, paprika extract (color), rice flour, salt, sodium acid pyrophosphate (to maintain natural color), turmeric extract (color), xanthan gum.

FRENCH FRIES (Fried): Potatoes, Soybean Oil or Canola and Palm Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Sodium Acid Pyrophosphate added to preserve natural color.

ONION RINGS (Fried): water, bleached wheat flour, dehydrated onion, modified corn starch, yellow corn flour, sugar, gelatinized wheat starch, contains 2% or less of :salt, guar gum, methylcellulose, fructose, onion powder, food starch-modified, sodium alginate, sunflower oil, natural flavors, grill flavor (from sunflower oil), canola oil, wheat gluten, modified palm oil, sodium tripolyphosphate, whey, dextrose, garlic powder, leavening (baking soda, sodium aluminum phosphate), spice, hydroxypropylmethylcellulose, yeast extract, corn starch, sorbitol, dried yeast, calcium chloride. parfried in soybean oil. **CONTAINS WHEAT, MILK.**

SALAD TOPPINGS
<p>THREE CHEESE BLEND: Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Low - Moisture Part - Skim Mozzarella Cheese (Cultured Pasteurized Part - Skim Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose added to prevent caking, Natamycin (a Natural Mold Inhibitor).</p> <p>CONTAINS: MILK</p>
<p>BLUE CHEESE CRUMBLES: whole milk, cheese culture, salt, enzymes, penicillium roqueforti.</p> <p>CONTAINS: MILK</p>
<p>PARMESEAN CHEESE, SHAVED: pasteurized part-skim milk, cheese culture, salt, enzymes, and cellulose</p> <p>CONTAINS: MILK</p>
<p>HOMESTYLE CEASAR CROUTONS: enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), canola and/or sunflower oil, yeast, salt, 2% or less of garlic powder, high fructose corn syrup, parmesan cheese (part skim milk, cultures, salt, enzymes), spices, maltodextrin, whey, onion powder, sugar, torula yeast, natural flavors (milk), corn syrup solids, cultured whey, wheat gluten, calcium propionate (preservative), calcium peroxide, calcium sulfate, ascorbic acid, azodicarbonamide, sodium stearoyl lactylate, disodium inosinate, disodium guanylate, caramel color, soy sauce solids (wheat, soybeans, salt), tamarinds, citric acid, tbhq (to preserve freshness).</p> <p>CONTAINS: WHEAT, MILK, SOY.</p> <p>* Packaged in a facility that also processes tree nuts.</p>
<p>DRIED CRANBERRIES: Cranberries, Sugar, Sunflower Oil.</p> <p>* Packaged in a facility that also packages tree nuts.</p>
<p>APPLES: Apple, Calcium Ascorbate (a blend of Calcium and Vitamin C to maintain freshness and color)</p>
<p>RANCH DRESSING (for snack wrap): Vegetable oil (soybean and/or canola), water, buttermilk, egg yolk, distilled vinegar, contains less than 2% of: salt, monosodium glutamate, modified food starch, buttermilk solids, sugar, garlic, spice, citric acid, xanthum gum, onion, sorbic acid, natural flavor, calcium disodium EDTA to protect flavor, egg whites.</p> <p>CONATINS: MILK, EGGS</p> <p>* Produced on equipment and in a facility that also produces products containing tree nuts.</p>
<p>AVOCADO RANCH DRESSING: Soybean Oil, Water, Buttermilk, Sugar, Egg Yolk, Vinegar, Contains less than 2% of: Avocado Solids, Salt, Buttermilk Solids, Monosodium Glutamate, Modified Food Starch, Spice, Garlic, Lactic Acid, Sorbic Acid, Natural Flavor, Citric Acid, Xanthan Gum, Natural Smoke Flavor, Onion, Calcium Disodium EDTA to protect flavor.</p> <p>CONTAINS: EGGS, MILK</p>
<p>HONEY MUSTARD DRESSING (for wrap): Soybean Oil, High Fructose Corn Syrup, Dijon Mustard (Distilled Vinegar and Water, Mustard Seed, Salt, White Wine, Spices), Honey Water, Vinegar, Egg Yolk, Contains less than 2% of: Salt, Xanthan Gum, Spice, Sodium Benzoate and Calcium Disodium EDTA as preservatives.</p> <p>CONTAINS: EGGS</p>
<p>CITRUS CAESAR DRESSING: Soybean Oil, Water, Vinegar, Romano Cheese (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Cultured Milk, Salt, Enzymes), Garlic, High Fructose Corn Syrup, Lemon Juice Concentrate, Contains less than 2% of: Salt, Sugar, Orange Juice Concentrate, Lime Juice Concentrate, Garlic Juice, Hydrolyzed Soy Protein, Spices, Corn Syrup Solids, Xanthan Gum, Disodium Inosinate and Disodium Guanylate, Lactic Acid, Onion, Anchovies, Potassium Sorbate and Calcium Disodium EDTA as preservatives, Natural Flavor, Soy Sauce Solids, Tamarind.</p> <p>CONTAINS: ANCHOVY (FISH), MILK, SOY, WHEAT</p>

CONDIMENTS, SAUCES, & TOPPINGS: Dipping Sauces have ingredients listed on the package
AMERICAN CHEESE (PASTEURIZED PROCESS): Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Soy Lecithin. CONTAINS: MILK and SOY LECITHIN
PARMESAN CHEESE (PASTEURIZED PROCESS): Milk and Skim Milk, Milkfat, Sodium Citrate, Contains 2% or less of Cheese Culture, Cream, Enzymes, Salt, Sodium Phosphates, Sorbic Acid (Preservative), Soy Lecithin. CONTAINS: MILK, SOY.
SWISS CHEESE: Swiss Cheese (Cultured Milk, Salt, Enzymes), Water, Cream, Sodium Citrate, Enzyme Modified Cheese, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, and Soy Lecithin. CONTAINS: MILK and SOY LECITHIN
LETTUCE, TOMATOES, ONIONS, CARROTS, ROMAINE, RED ONIONS: US Grade #1.
BREAKFAST SYRUP: Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Modified Food Starch, Natural and Artificial Maple Flavor, Xanthan Gum, Phosphoric Acid, Cellulose Gum, Potassium Sorbate and Sorbic Acid as preservatives, Caramel Color.
JAM-GRAPE: Concord Grapes (Water, Grape Puree Concentrate), Sugar, Corn Syrup, Citric Acid, Pectin, Sodium Citrate.
JAM-STRAWBERRY: Strawberries (Strawberry Concentrate, Water), Corn Syrup, Sugar, Pectin, Citric Acid.
KETCHUP: Tomato concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring, Natural flavoring is plant in origin.
MAYONNAISE: Soybean Oil, Eggs, Water, Distilled Vinegar, Contains 2% or Less of the Following: Egg Yolks, Salt, Sugar, Lemon Juice Concentrate, Natural Flavor, Calcium Disodium EDTA Added to Protect Flavor, Dehydrated Garlic, Dehydrated Onion, Paprika or Paprika Oleoresin. CONTAINS: EGG
MUSTARD: Water, Vinegar, Mustard Seed, Salt, Turmeric.
PICKLES: Cucumbers, water, vinegar, salt, calcium chloride, 1/10 of 1% sodium benzoate (preservative), natural spice extractives, extractives of turmeric, polysorbate 80, propylene glycol and fd&c yellow #5.
TARTAR SAUCE : Soybean Oil, Sweet Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural Flavorings, Extractives of Turmeric), Water, Egg Yolks. <i>Contains less than 2%:</i> High Fructose Corn Syrup, Salt, Distilled Vinegar, Sugar, Dehydrated Onion, Lemon Juice Concentrate, Spice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (as preservatives), Phosphoric Acid, Disodium Inosinate and Disodium Guanylate, Xanthan Gum, Calcium Disodium EDTA added to protect flavor. Natural Flavors from plant sources. CONTAINS: EGG and SOY LECITHIN.
BK® BIG KING SAUCE: Soybean Oil, Water, Distilled Vinegar, Cured Cucumber, High Fructose Corn Syrup, Egg Yolks, Contains less than 2% of Sugar, Salt, Mustard Seed, Xanthan Gum, Onion*, Sodium Benzoate and Potassium Sorbate (as preservatives), Garlic*, Polysorbate 60, Propylene Glycol Alginate, Extractives of Turmeric and Paprika, Red Bell Pepper*, Autolyzed Yeast Extract, Natural & Artificial Flavors, Calcium Disodium EDTA added to protect flavor, Polysorbate 80. *Dehydrated. CONTAINS: EGG * Produced on equipment and in a facility that also produces products containing peanuts and/or tree nuts.
SWEET BABY RAY'S HONEY BARBECUE SAUCE®: High Fructose Corn Syrup, Vinegar, Tomato Paste, Honey, Modified Food Starch, Contains less than 2% of: Salt, Water, Natural Flavor, Caramel Color, Pineapple Juice Concentrate, Spices, Sodium Benzoate as a preservative, Natural Smoke Flavor, Garlic, Molasses, Corn Syrup, Sugar, Tamarind.
MUSHROOM SAUCE: Mushrooms, liquid margarine [(partially hydrogenated soybean oil, lecithin, artificial butter flavor, beta carotene (color), TBHQ and citric acid (to protect flavor), dimethylpolysiloxane (anti-foaming agent)], water, roasted garlic, salt, food starch modified, caramel color.
ITALIAN HERB MARINARA SAUCE: Water, Tomato Paste, Sugar, Contains less than 2% of Salt, Distilled Vinegar, Garlic*, Romano Cheese (Pasteurized Cultured Milk, Salt, Enzymes and Anti-Mycotic Agent), Spices, Citric Acid, Sodium Benzoate and Potassium Sorbate (As Preservative), Phosphoric Acid, Parsley*. *Dehydrated. CONTAINS: MILK
A.1.® STEAK SAUCE: Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Raisin Paste, Orange Puree, Spice, Xanthan Gum, Dried Onions, Dried Garlic, Caramel Color.

BREAKFAST:	
THICK SLICED BACON:	Cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.
EGG PATTY - FULLY COOKED:	Whole Egg, Whey, Soybean Oil, Salt, Natural and Artificial Butter Flavor, Xanthan Gum, Citric Acid, Annatto (color). CONTAINS: EGG, MILK, and SOY
HAM:	Ham cured with: Water, Dextrose, Contains 2% or less of salt, sodium lactate, sodium phosphate, natural smoke flavoring, sodium diacetate, sodium erythorbate, sodium nitrite, coated with caramel coloring.
MILD SAUSAGE:	Pork, Salt, Spices, Corn Syrup Solids, Dextrose, Monosodium Glutamate, Hydrogenated Soybean Oil, Grill Flavor (from Soybean Oil).
SPICY SAUSAGE:	Pork, Salt, Spices, Dextrose, Sugar, Monosodium Glutamate.
HASH BROWN ROUNDS (Fried):	Potatoes, Canola Oil and Palm Oil, Dehydrated Potatoes (Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Salt, Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Natural Flavoring, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. CONTAINS: WHEAT
VEGETABLE MIX (BURRITO):	Onions, Red Peppers, Green Peppers
PANCAKES:	water, enriched bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, leavening (sodium aluminum phosphate, sodium bicarbonate), egg yolks, dextrose, contains 2% or less of the following: salt, natural and artificial flavor, whey, soy lecithin, cellulose gum, xanthan gum. CONATINS: WHEAT, EGG, MILK, SOY and SOY LECITHIN
CINNABON® ROLL:	roll: enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, margarine (palm oil, water, salt, whey, monoglycerides, soy lecithin, sodium benzoate and citric acid [preservatives], artificial flavor, beta carotene, vitamin a palmitate), brown sugar, sugar, nonfat milk, yeast, high fructose corn syrup, cinnamon, modified corn starch, wheat protein isolate, vital wheat gluten, hydroxypropyl methylcellulose, salt, monoglycerides, datem, baking soda, guar gum, glucono delta-lactone, lactic acid, enzymes, ascorbic acid, propionic acid (preservative). frosting: sugar, margarine (palm oil, water, salt, vegetable monoglycerides, natural butter flavor (milk) sodium benzoate (preservative), citric acid, vitamin a palmitate, beta carotene (color), cream cheese (pasteurized milk and cream, cheese cultures, salt, stabilizers (carob bean gum and/or xanthan gum and/or guar gums), water, corn starch, corn syrup solids, cellulose gum, natural and artificial flavor, potassium sorbate (preservative), lactic acid, potassium sorbate (preservative), artificial color including yellow 5. CONTAINS: MILK, WHEAT, SOY
QUAKER® Oatmeal Maple and Brown Sugar Flavor*:	whole grain rolled oats, sugar, natural flavor, salt, calcium carbonate, guar gum, oat flour, caramel color, reduced iron, vitamin a palmitate.
Quaker® Original Oatmeal:	whole grain rolled oats, oat flour, calcium carbonate, salt, guar gum, caramel color, reduced iron, vitamin a palmitate.
FRENCH TOAST STICKS:	Bread: Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, high fructose corn syrup, yeast, may contain 2% or less of each of the following: soybean oil, wheat gluten, salt, dough conditioners (may contain one or more of the following: sodium stearoyl lactylate, calcium stearoyl-2-lactylate, calcium peroxide, calcium iodate, ascorbic acid, azodicarbonamide, enzymes), corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), glycerol monooleate, oleoresin paprika and oleoresin turmeric (coloring agents), polysorbate 60, polysorbate 80, calcium propionate (preservative), corn starch, soy lecithin, soy flour. Batter and breading: water, bleached wheat flour (enriched with niacin, iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), wheat flour, sugar, yellow corn flour, soy flour, contains 2% or less of the following: dextrose, modified corn starch, salt, lecithin, gum arabic, leavening (monocalcium phosphate, sodium bicarbonate), yeast, glycerin, natural and artificial flavor, polysorbate 80, carrageenan. Pre- Fried in soybean oil. CONTAINS: WHEAT, SOY, SOY LECITHIN

Beverages
SEATTLE'S BEST COFFEE: Roasted and ground coffee
FRAPPE BASE, CARAMEL: Caramel Flavor Base (High Fructose Corn Syrup, Non-Dairy Creamer (Refined Coconut Oil, Corn Syrup Solids, Potassium Caseinate (MILK), Sugar, Dipotassium Phosphate, Mono- & Diglycerides, Salt, Sodium Stearoyl Lactylate, Carrageenan, Sodium Silicon Aluminate, Artificial Flavor, Annatto & Turmeric), Coffee Extract, Nonfat Dry Milk, Water, Natural and Artificial Flavors, Salt, Sodium Citrate, Potassium Sorbate (as a preservative), Calcium Disodium EDTA (as a preservative), Potassium Hydroxide.), Water, Milk, Cream, Sugar, Less than 2% Mono and Diglycerides, Guar Gum, Potassium Citrate, Disodium Phosphate, Carrageenan and Locust Bean Gum. CONTAINS: MILK
FRAPPE BASE, MOCHA: Mocha Flavor Base (High Fructose Corn Syrup, Non-Dairy Creamer (Refined Coconut Oil, Corn Syrup Solids, Potassium Caseinate, Sugar, Dipotassium Phosphate, Mono- & Diglycerides, Salt, Sodium Stearoyl Lactylate, Carrageenan, Sodium Silicon Aluminate, Artificial Flavor, Annatto & Turmeric), Coffee Extract, Nonfat Dry Milk, Cocoa, Water, Natural and Artificial Flavors, Salt, Sodium Citrate, Potassium Sorbate (as a preservative), Calcium Disodium EDTA (as a preservative), Potassium Hydroxide), Water, Milk, Cream, Sugar, Contains Less than 2 % Mono and Diglycerides, Guar Gum, Potassium Citrate, Disodium Phosphate, Carageenan and Locust Bean Gum. CONTAINS: MILK
LATTE BASE NONFAT (MOCHA)- Latte powder (nonfat dry milk, maltodextrin, sugar, whey, corn syrup solids, nondairy creamer [corn syrup solids, coconut oil, sodium caseinate (milk), dipotassium phosphate, mono and diglycerides, sodium aluminosilicate], milk protein isolate, modified food starch, carboxymethylcellulose gum, natural and artificial flavors, silicon dioxide [an anticaking agent], dipotassium phosphate, salt, medium chain triglycerides), sugar, instant coffee, natural and artificial flavor. CONTAINS: MILK; manufactured on equipment that processes wheat, egg and soy
LATTE BASE 2% (MOCHA)- Latte powder (nondairy creamer [corn syrup solids,partially hydrogenated coconut oil, sodium caseinate, dipotassiumphosphate, sodium tripolyphosphate, mono and diglycerides, datem, sodium silicoaluminate (an anticaking agent), artificial flavor],maltodextrin, dairy product solids, corn syrup solids, nonfat drymilk, whey, sugar, milk protein isolate, carboxymethylcellulose gum, modified food starch, silicon dioxide [an anticaking agent], salt, natural and artificial flavors), sugar, instant coffee, natural and artificial flavor. CONTAINS: MILK; manufactured on equipment that processes wheat, egg and soy
LATTE BASE NONFAT (PLAIN, Vanilla, caramel)- Latte powder (nonfat dry milk, maltodextrin, sugar, whey, corn syrup solids, nondairy creamer [corn syrup solids, coconut oil, sodium caseinate (milk), dipotassium phosphate, mono and diglycerides, sodium aluminosilicate], milk protein isolate, modified food starch, carboxymethylcellulose gum, natural and artificial flavors, silicon dioxide [an anticaking agent], dipotassium phosphate, salt), instant coffee. CONTAINS: MILK manufactured on equipment that processes wheat, eggs and soy
LATTE BASE 2% (PLAIN, Vanilla, caramel)- Latte powder (nondairy creamer [corn syrup solids, partially hydrogenated coconut oil, sodium caseinate, dipotassium phosphate, sodium tripolyphosphate, mono and diglycerides, datem, sodium silicoaluminate (an anticaking agent), artificial flavor], maltodextrin, dairy product solids, corn syrup solids, nonfat dry milk, whey, sugar, milk protein isolate, carboxymethylcellulose gum, modified food starch, silicon dioxide [an anticaking agent], salt, natural and artificial flavors), instant coffee. CONTAINS: MILK manufactured on equipment that processes wheat, eggs and soy
CAPRISUN® 100% APPLE JUICE: Apple juice from concentrate (Water, apple juice concentrate), citric acid (for tartness), natural flavor.
FROZEN ORANGE MIX (Orange Freeze): Water, Orange juice concentrate, orange pulp, less than 1% of: natural flavors, citric acid (provides tartness), guar and karaya gums, annatto (for color). ** Prepared on equipment also used to prepare menu items containing milk
SMOOTHIE MIX - LEMONADE, MINUTE MAID (Frozen Lemonade & Strawberry Lemonade): Water, high fructose corn syrup, sugar, concentrated lemon juice, concentrated orange juice, guar and karaya gums, natural flavors. ** Prepared on equipment also used to prepare menu items containing milk
TOPPING-STRAWBERRY, FROZEN (Frozen Strawberry Lemonade): Strawberries, sugar, water, concentrated lemon juice, natural flavors, fruit and vegetable juice for color, guar gum, xanthan gum, citric acid. ** Prepared on equipment also used to prepare menu items containing milk
Iced Tea- Black tea
PEACH SYRUP for Peach iced tea- Sugar, Water, Peach Puree Concentrate, Natural Flavor, Citric Acid, Sodium Benzoate and Potassium Sorbate (preservatives), Xanthan Gum, Caramel Color, Yellow 6, Red 40.

SOFT SERVE: Milk fat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan.

CONTAINS: MILK

SMOOTHIE MIX- STRAWBERRY BANANA: Water, Cultured Skim Milk, Banana Puree, Strawberry Puree Concentrate, Sugar, Concentrated Pear Juice, Citric Acid, Vegetable Juice Color, Cranberry Seeds, Pectin, Xanthan Gum, Purple Carrot Juice Concentrate Color, Ascorbic Acid (Vitamin C), Natural and Artificial Flavor, Honey, Sodium Carboxymethylcellulose, Invert Sugar, Corn Syrup, Maltodextrin, Modified Potato Starch, Guar Gum, Beta Carotene Color.

CONTAINS: MILK

SMOOTHIE MIX- TROPICAL MANGO: Water, Cultured Skim Milk, Sugar, Concentrated Pear Juice, Apple Puree Concentrate, Mango Puree Concentrate, Pineapple Juice Concentrate, Orange Juice Concentrate, Apple Juice Concentrate, Citric Acid, Pectin, Xanthan Gum, Glycerin, Sodium Carboxymethylcellulose, Natural and Artificial Flavor, Maltodextrin, Guar Gum, Arabic, Sunflower Oil, Beta Carotene Color, Ascorbic Acid (Vitamin C), Mized Tocopherols.

CONTAINS: MILK

LOW-FAT VANILLA YOGURT: Cultured Lowfat Milk, Stabilizer (Grade A Whey Protein Concentrate, Corn Starch and Gelatin)

CONTAINS: MILK

COCA COLA® CLASSIC: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine. Natural flavors from plant sources.

DIET COKE® : Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (to protect taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Natural flavors from plant sources.

SPRITE® : High Fructose Corn Syrup and/or Sucrose, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate, Dimethylpolysiloxane. Natural flavors from plant sources.

DR PEPPER® : High Fructose Corn Syrup, Water, Caramel Color, Artificial and Natural Flavor, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), and Dimethylpolysiloxane. Natural flavors from plant sources.

Frozen- COCA COLA CLASSIC® : High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Quillalia, Yucca Extract. +Natural flavors from plant sources.

Desserts and Shakes:

DUTCH APPLE PIE: Apples, enriched flour, water, glucose-fructose, palm and soybean oil shortening, sugar, modified corn starch, palm and soybean oil, margarine, apple juice concentrate, soybean oil, salt, dextrose, silicon dioxide, xanthan gum, potassium sorbate, spices, malic acid, yeast, ascorbic acid, sodium propionate, citric acid, annatto.

CONTAINS: WHEAT AND SOY

HERSHEY'S SUNDAE PIE: Water, Sugar, Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Xanthan Gum and/or Carob Bean Gum and/or Guar Gum), Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Vegetable Shortening (Coconut Oil and Palm Kernel Oil), High Fructose Corn Syrup, Vegetable Shortening (Palm Oil and Soybean Oil), Vegetable Oil (Palm Oil, Coconut Oil and Soybean Oil), Cocoa (Natural and Processed with Alkali), contains less than 2 % of each of the following: Corn Syrup, Dextrose, Chocolate, Baking Soda, Salt, Natural and Artificial Flavors, Sodium Caseinate (A Milk Derivative), Soy Lecithin, Polysorbate 60, Modified Cellulose Gum, Colored with Beta Carotene, Cocoa Butter, Mono- and Diglycerides, Carrageenan, Polysorbate 65, Polysorbate 80, Sodium Phosphate, Corn Syrup Solids, Fructose, Maltodextrin, Malic Acid, Hydroxypropylmethylcellulose, Milk fat, Glycerol-Lacto Esters of Fatty Acids, Lactose, Xanthan Gum, Disodium Phosphate, Polyglycerol Esters, Sodium Citrate, Sorbitan Monostearate, Guar Gum, Citric Acid, Dipotassium Phosphate, Food Starch-Modified, Milk.

CONTAINS: MILK, WHEAT, SOY

*** Processed on shared equipment with Peanuts and Tree Nuts**

SOFT SERVE/SHAKE MIX: Milk fat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan.

CONTAINS: MILK

SOFT SERVE CONE: Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean Oil or Canola Oil, Modified Palm Oil, Soy Lecithin), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

CONTAINS: WHEAT, SOY

CARAMEL SUNDAE TOPPING: Corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), sugar, water, high fructose corn syrup, cream, butter, salt, mono and diglycerides, sodium bicarbonate, xanthan gum, natural flavor

CONTAINS: MILK

CHOCOLATE FUDGE TOPPING: High fructose corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), partially hydrogenated palm kernel oil, cocoa processed with alkali, water, corn starch, salt, sugar, mono & diglycerides, disodium phosphate, artificial flavor, xanthan gum and sodium alginate

CONTAINS: MILK

STRAWBERRY SUNDAE TOPPING: Strawberries, sugar, water, concentrated lemon juice, natural flavors, fruit and vegetable juice for color, guar gum, xanthan gum, citric acid

CHOCOLATE SHAKE SYRUP: High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

CONTAINS: MILK

WHIPPED TOPPING : water, high fructose corn syrup, hydrogenated palm kernel oil, sugar, dextrose, *sodium caseinate (a milk derivative), contains less than 2% of the following: soy protein concentrate, polysorbate 60, carbohydrate gum, cellulose gel, salt, natural flavor, to preserve freshness (potassium sorbate), cellulose gum, polyglycerol esters of fatty acids, xanthan gum.

CONTAINS: MILK, SOY

OREO® COOKIE CRUMBLES - Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), High Oleic Canola and/or Palm Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Cornstarch, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Vanillin - An artificial flavor, Chocolate.

CONTAINS: WHEAT, SOY

DOUBLE CHOCOLATE OREO® BROWNIE: sugar, enriched bleached and unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin b1}, riboflavin {vitamin b2}, folic acid), partially hydrogenated soybean and cottonseed oils, corn syrup, water, eggs, cocoa (processed with alkali and unprocessed), Oreo chocolate sandwich cookies (sugar, enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin b1}, riboflavin {vitamin b2}, folic acid], partially hydrogenated soybean oil, cocoa processed with alkali, high fructose corn syrup, baking soda, cornstarch, salt, soy lecithin - an emulsifier, chocolate, vanillin - an artificial flavor), emulsifiers (vegetable mono- and diglycerides, soy lecithin), artificial flavor, salt, leavening (baking soda, sodium acid pyrophosphate, calcium phosphate, calcium sulfate), high fructose corn syrup, cornstarch.

CONTAINS: WHEAT, EGG, SOY. ALLERGY INFORMATION: MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES TREE NUTS. MAY CONTAIN TREE NUTS.

CHOCOLATE SHAKE SYRUP: High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

CONTAINS: MILK

VANILLA SHAKE SYRUP: Sugar, water, natural and artificial flavor, benzoic acid and potassium sorbate (preservatives), xanthan gum

STRAWBERRY SHAKE SYRUP: Strawberries, sugar, water, concentrated lemon juice, natural flavors, citric acid, pectin, sodium benzoate and potassium sorbate (preservatives), artificial colors (red 40 and blue 1), cellulose gum

CHOCOLATE CHIP COOKIE: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Brown Sugar, Eggs, Butter, Natural and Artificial Flavor, Baking Soda, Salt.

CONTAINS: MILK, WHEAT, EGGS, AND SOYBEAN

OATMEAL RAISIN COOKIE: Enriched bleached flour (Bleached flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), rolled oats, sugar, brown sugar, margarine (palm oil, water, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), raisins, coconut, eggs, butter, invert sugar, whole milk, baking soda, artificial flavor, salt.

CONTAINS: MILK, EGGS, COCONUT, WHEAT

WHITE CHOCOLATE MACADAMIA NUT COOKIE: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Dextrose, Soy Lecithin, Artificial Flavor), Sugar, Margarine

CAKE 7" - GOLDEN VANILLA BUTTERCREME FLAVOR, COUBLE LAYER: Sugar, Vegetable Shortening (Palm and Soybean Oils, Mono and Diglycerides, Polysorbate 60, to preserve freshness (TBHQ)), Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Egg Whites, Soybean Oil, Eggs, High Fructose Corn Syrup, Contains less than 2% of the following: Rice Flour, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Natural and Artificial Flavor (Contains Milk ingredients), Modified Tapioca Starch, Soy Lecithin, Partially Hydrogenated Cottonseed and Soybean Oils, Propylene Glycol Mono and Diesters of Fats and Fatty Acids, Whey (A Milk derivative), Salt, Dextrose, Mono and Diesters of Fats and Fatty Acids, Whey (A milk derivative), Salt, Dextrose, Mono and Diglycerides, Sodium Caseinate (A milk derivative), Modified Cornstarch, Cornstarch, Cellulose Gum, Guar Gum, Carrageenan, Sodium Stearoyl Lactylate, Polysorbate 60, Colored with (Titanium Dioxide), Artificial Colors (Yellow 5, Red 3, Yellow 6, Blue 1, Yellow 5 Lake), Xanthan Gum, Corn Syrup Solids.

CONTAINS: WHEAT, EGGS, SOY, MILK

Important Information:

¹-Products that are fried in a shared fryer include but may not be limited to: Fish Filet, Pork Sausage, Crispy Chicken patty, Chicken Nuggets , Original Chicken Patty, Spicy Chicken Patty, Hash browns, French Toast Sticks, and Onion Rings. Fryer oil contains: corn, canola, soy and or/cottonseed oils.

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*Artificial maple flavor in Vermont only.

"‡": These values represent Sodium derived from ingredients other than water. The actual amount of Sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.