

BURGER KING® USA Nutritionals: Core, Regional and Limited Time Offerings November 2011

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Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	(gm) loho	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
		WHO	PPER® S	Sandv	viches	5							
WHOPPER® Sandwich	290	670	360	40	11	1	75	980	51	3	11	29	WES
w/o Mayo	268	510	200	23	9	0.5	65	840	51	3	11	28	WS
WHOPPER® Sandwich with Cheese	315	760	430	47	16	1	100	1410	53	3	11	33	MWES
w/o Mayo	294	600	270	30	14	1	85	1270	53	3	11	32	MWS
DOUBLE WHOPPER® Sandwich	373	900	510	57	19	1.5	140	1050	51	3	11	47	WES
w/o Mayo	352	740	350	39	16	1	130	910	51	3	11	47	WS
DOUBLE WHOPPER® Sandwich with Cheese w/o Mayo	398 376	990	580 420	65 47	24	1.5		1480 1340	53 53	3	11 11	52 52	MWES MWS
TRIPLE WHOPPER® Sandwich	455	1140	670	75	27	2	205	1110	51	3	11	67	WES
w/o Mayo	434	980	510	57	24	1.5	190	970	51	3	11	66	WS
TRIPLE WHOPPER® Sandwich With Cheese w/o Mayo	480 459	1230 1070	740 580	82	32 29	2	225 215	1550 1410	53 53	3	11 11	71 71	MWES MWS
Texas WHOPPER® Sandwich	327	800	460	51	18	1.5	110	1700	50	3	8	37	MWES
Texas DOUBLE WHOPPER® Sandwich	410	1040	620	69	26	2	175	1770	50	3	8	56	MWES
Texas Triple WHOPPER® Sandwich	506	1270	780	86	33	2.5	240	1840	50	3	8	76	MWS
Mustard WHOPPER® Sandwich	290	530	210	23	9	0.5	65	1080	52	3	11	29	ws
WHOPPER JR.® Sandwich	147	340	170	19	5	0.0	40	510	28	2	6	14	WES
w/o Mayo		260	90	10	4	0	35	440	28	2	6	13	WS
WHOPPER JR.® Sandwich with Cheese	159	380	210	23	8	0.5	55	730	29	2	6	16	MWES
w/o Mayo	137	300	130	14	6	0	45	710	660	1	6	16	MWS

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
		FLAME	BROILE	D BU	JRGER	S							
Hamburger	109	260	90	10	4	0	35	490	28	1	6	13	WS
Cheeseburger	121	300	130	14	6	0	45	710	28	1	6	16	MWS
Double Hamburger	146	360	160	18	8	0	70	520	28	1	6	22	WS
Double Cheeseburger	171	450	230	26	12	1	95	960	29	1	6	26	MWS
Rodeo Cheeseburger	128	350	160	17	7	0	45	600	37	2	9	16	MWS
Bacon Cheeseburger	128	330	140	16	7	0	55	830	32	1	7	18	MWS
Double Bacon Cheeseburger	183	520	280	31	14	1	105	1180	33	1	8	31	MWS
BK® Single Stacker	120	390	200	22	8	0.5	60	710	32	1	8	18	MWES
BK® Double Stacker	163	530	300	33	13	0.5	100	850	32	1	8	28	MWES
BK® Triple Stacker	213	680	400	45	19	1	145	1100	32	1	8	39	MWES
BK® Quad Stacker	262	830	510	56	25	1.5	195	1350	33	1	8	50	MWES
	СН	ICKEN,	FISH, V	EGGII	E and	KIDS							
TENDERGRILL® Chicken Sandwich	250	470	170	18	3.5	0	85	1100	40	2	7	37	WES
w/o Mayo	236	360	60	7	1.5	0	75	1010	40	2	7	37	WES
TENDERCRISP® Chicken Sandwich	264	750	400	45	8	0.5	70	1560	58	3	8	30	MWE
w/o Mayo	236	540	190	21	4	0	55	1370	57	3	8	29	MWE
Original Chicken Sandwich	218	630	350	39	7	0.5	65	1390	46	3	4	24	MWES
w/o Mayo	190	420	140	16	3.5	0	45	1210	46	3	4	24	MWS
American Original Chicken Sandwich	271	730	420	47	12	1	85	1830	49	3	5	29	MWES
Original Chicken Club Sandwich	256	690	390	43	9	0.5	75	1590	48	3	5	29	MWES
Italian Original Chicken Sandiwch	246	520	200	22	7	0	65	1670	50	3	5	32	MWES
Spicy CHICK'N CRISP® Sandwich	136	460	270	30	5	0	30	810	34	2	4	13	WES
	114	300	110	12	2.5	0	20	670	35	2	4	12	WS
w/o Mayo CHICKEN TENDERS® (4 pc)	62	190	100	11	2.3	0	25	310	10	1	0	10	W
CHICKEN TENDERS® (6 pc)	94	290	150	17	3	0	40	460	15	1	0	15	W
CHICKEN TENDERS® (8 pc)	125	380	200	22	4.5	0	50	610	20	2	0	20	W
CHICKEN TENDERS® (20 pc)	312	950	500	55	11	0	130	1530	50	5	0	51	W
Tacos (2)	174	330	200	23	8	0.5	30	750	18	5	4	14	MS
Spicy Chicken BK Wrapper™	135	360	170	19	5	0	30	1010	32	2	0	14	MWES
BK® Chicken Fries (6 pc)	85	250	130	15	2.5	0	30	820	16	1	1	14	W
BK® Chicken Fries (9 pc)	127	380	200	22	4	0	40	1220	24	2	1	21	W
BK® Chicken Fries (12 pc)	170	500	260	29	5	0	55	1630	32	3	1	28	W
Country Pork Sandwich	298	810	380	42	13	0	75	1910	78	4	10	29	WS
BK BIG FISH® Sandwich	228	590	280	31	5	0.0	45	1480	57	3	8	21	WESF
w/o Tartar Sauce	199	410	110	12	2	0	30	1240	53	3	6	21	WSF
BK VEGGIE® Burger **	209	410	150	16	2.5	0	5	1030	44	7	8	22	MWES
w/ Cheese	221	450	180	20	5	0	20	1250	44	7	8	24	MWES
w/o Mayo	198	320	70	7	1	0	0	960	43	7	8	22	MWS

Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES Bk™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 <t< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th></t<>														
BK® Fresh Apple Slices	Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
Low fat Caramel Sauce 14 45 5 0.5 0 0 0 0 35 10 0 0 5 0 M Motts* Harvest Plus Applesauce 108 50 0 0 0 0 0 0 0 0 13 1 11 10 NONE Motts* Harvest Plus Applesauce 138 50 70 8 1.5 0 0 400 19 1 2 1 1 MW Onion Rings - swall 91 320 150 16 3 0 0 0 840 19 1 2 2 1 MW Onion Rings - small 91 320 150 16 3 0 0 0 840 41 3 4 3 MW Onion Rings - medium 117 410 190 21 3.5 0 0 1080 53 4 5 5 4 MW Onion Rings - swalle (Salted) 142 500 230 25 4.5 0 0 1310 64 5 7 5 MW French Fries - value (Salted) 89 240 90 10 1.5 0 0 330 34 3 0 2 NONE French Fries - small (Salted) 128 340 130 15 2.5 0 0 480 49 1 0 4 NONE French Fries - small (Salted) 128 340 130 15 2.5 0 0 480 49 1 0 4 NONE French Fries - small (Salted) 153 410 160 18 3 0 0 5 70 58 4 0 0 4 NONE French Fries - large (Salted) 190 500 200 22 3.5 0 0 710 72 5 0 5 NONE French Fries - large (Salted) 190 500 200 22 3.5 0 0 710 72 5 0 5 NONE TENDERGRIL™ Chicken Garden Salad 306 470 240 26 8 0 80 1170 26 2 2 3 11 MWES TENDERGRIL™ Chicken Garden Salad 306 470 240 26 8 0 80 1170 26 2 3 31 MWE TENDERGRISP* Chicken Garden Salad 306 470 240 26 8 8 0 80 1170 26 2 3 3 11 MWE Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 8 M KEN'S* Ranch Dressing (2 oz) 56 120 100 11 1.5 0 0 0 440 5 0 4 0 NONE KEN'S* Ranch Dressing (2 oz) 56 190 180 20 3 0 20 5 50 2 0 0 1 1 0 M KEN'S* Ranch Dressing (2 oz) 56 270 200 23 3 0 20 550 2 0 1 1 1 MWE Garden Ormania Maple and Brown Sugar Flavor* 188 88 Na 0 100 11 1 5 5 0 5 0 5 5 0 2 5 0 1 1 1 MWE REN'S* Honey Mustard Dressing (2 oz) 56 6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 1 1 1 MWE Gardic Barmesan Croutons 14 60 20 2 0 0 0 0 100 9 70 70 72 5 5 0 M MERS'S* Honey Mustard Dressing (2 oz) 56 6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				SIDI	ES									
Motts" Harvest Plus Applesauce	BK® Fresh Apple Slices	57	25	0	0	0	0	0	0	6	1	5	0	NONE
Onion Rings - value A3 150 70 8 1.5 0 0 0 400 19 1 2 2 1 MWW Onion Rings - small A3 150 70 8 1.5 0 0 0 840 41 3 4 4 3 MW Onion Rings - small A4 10 190 21 3.5 0 0 0 840 41 3 3 4 5 4 MW Onion Rings - small A5 17 410 190 21 3.5 0 0 0 180 53 4 5 4 MW Onion Rings - large A5 17 410 190 21 3.5 0 0 0 180 53 4 5 4 MW Onion Rings - large A5 18 18 18 18 18 18 18 18 18 18 18 18 18	Low fat Caramel Sauce	14	45	5	0.5	0	0	0	35	10	0	5	0	M
Onion Rings - small Onion Rings - small Onion Rings - medium 117 410 190 21 3.5 0 0 0 180 43 4 3 4 MW Onion Rings - medium 117 410 190 21 3.5 0 0 1080 53 4 5 4 NW Onion Rings - large 128 200 230 25 4.5 0 0 1330 64 5 7 5 MW French Fries - value (Salted) 128 340 130 15 2.5 0 0 330 34 3 0 2 NONE French Fries - medium (Salted) 128 340 130 15 2.5 0 0 0 480 49 4 0 4 NONE French Fries - medium (Salted) 153 410 160 18 3 0 0 570 58 4 0 0 4 NONE French Fries - medium (Salted) 153 410 160 18 3 0 0 570 58 4 0 0 4 NONE French Fries - medium (Salted) 180 500 200 22 3.5 0 0 710 72 5 0 0 5 NONE Mozzarella Sticks (4 pc) 88 280 140 15 5 0 35 650 24 2 2 1 1 MWES TENDERGRILL™ Chicken Garden Salad 306 470 240 26 8 0 80 1170 26 2 3 3 11 MWE Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 8 M Side Salad 99 40 20 2 1 1 0 5 45 2 2 1 0 3 M KEN'S™ Light Italian Dressing (2 0z) 56 120 100 11 1, 5 0 0 440 5 0 1 1 1 ME KEN'S™ Creamy Caesar Dressing (2 0z) 56 120 100 11 1, 5 0 0 0 440 5 0 0 4 1 1 MWE SEKN'S™ Greamy Caesar Dressing (2 0z) 56 270 200 23 3 0 0 0 720 55 0 0 1 1 1 MWE SEKN'S™ Honey Mustard Dressing (2 0z) 56 270 200 23 3 0 0 0 0 120 9 0 1 1 1 MWE SERVIS™ Honey Mustard Dressing (2 0z) 56 270 200 23 3 0 0 0 0 120 9 0 1 1 1 MWE SERVIS™ Honey Mustard Dressing (2 0z) 56 270 200 23 3 0 0 0 0 120 9 0 1 1 1 MWE SERVIS™ Honey Mustard Dressing (2 0z) 56 270 200 23 3 0 0 0 0 120 9 0 1 1 1 MWE SERVIS™ Honey Mustard Dressing (2 0z) 56 270 200 23 3 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Motts'® Harvest Plus Applesauce	108	50	0	0	0	0	0	0	13	1	11	0	NONE
Onion Rings - medium 117 410 190 21 3.5 0 0 1080 53 4 5 4 MW Onion Rings - large	Onion Rings - value	43	150	70	8	1.5	0	0	400	19	1	2	1	MW
Onion Rings - large	Onion Rings - small	91	320	150	16	3	0	0	840	41	3	4	3	MW
French Fries - value (Salted)	Onion Rings - medium	117	410	190	21	3.5	0	0	1080	53	4	5	4	MW
French Fries - small (Salted) 128	Onion Rings - large	142	500	230	25	4.5	0	0	1310	64	5	7	5	MW
French Fries - medium (Salted)	French Fries - value (Salted)	89	240	90	10	1.5	0	0	330	34	3	0	2	NONE
French Fries - large (Salted) 190 500 200 22 3.5 0 0 710 72 5 0 5 NONE Mozzarella Sticks (4 pc) 88 280 140 15 5 0 35 650 24 2 2 111 MWES BK™ SALAD Collection TENDERGRILL™ Chicken Garden Salad 308 290 100 12 6 0 100 1030 8 1 2 2 38 MW TENDERGRISH™ Chicken Garden Salad 306 470 240 26 8 0 80 1170 26 2 3 31 MWE Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 8 M Side Salad 99 40 20 2 1 1 0 5 45 2 1 0 3 M KEN'S™ Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 440 5 0 4 0 NONE KEN'S™ Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 ME KEN'S™ Creamy Caesar Dressing (2 oz) 56 510 190 21 4 0 25 5 100 4 0 3 3 MWESF KEN'S™ Farere Ranch Dressing (2 oz) 56 520 0 0 0 0 0 0 0 0 0 0 3 3 MWESF KEN'S™ Free Ranch Dressing (2 oz) 56 520 0 0 0 0 120 9 0 1 1 MWESF KEN'S™ Floney Mustard Dressing (2 oz) 56 520 0 0 0 0 0 0 0 0 0 0 1 0 1 0 M KEN'S™ Broney Mustard Dressing (2 oz) 56 270 200 23 3 0 20 550 2 0 1 1 MWESF KEN'S™ Floney Mustard Dressing (2 oz) 56 270 200 23 3 0 20 550 2 0 1 1 MWESF Carlic Parmesan Croutons 14 60 20 2 0 0 0 120 9 0 1 1 MWESF BREAKFAST CQuaker® Oatmeal Maple and Brown Sugar Flavor* Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 290 55 5 29 5 MMESF ME'S Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWESF BR™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWESF Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWESF CROISSAN WICH™ Basasage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWESF DOUBLE CROISSAN WICH™ My Sausage, Egg, & Cheese 127 380 190 22 8 8 0 190 890 26 0 5 29 MWESF DOUBLE CROISSAN WICH™ My Bacon, Egg, & Cheese DOUBLE CROISSAN WICH™ My Sausage, Egg, & Cheese DO	French Fries - small (Salted)	128	340	130	15	2.5	0	0	480	49	4	0	4	NONE
Mozzarella Sticks (4 pc)	French Fries - medium (Salted)	153	410	160	18	3	0	0	570	58	4	0	4	NONE
BK™ SALAD Collection TENDERGRILL™ Chicken Garden Salad 308 299 100 12 6 0 100 1030 8 1 2 38 MW TENDERCRISP® Chicken Garden Salad 306 470 240 26 8 0 80 1170 26 2 3 31 MWE Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 8 M Side Salad (no chicken) 56 120 100 11 1.5 0 5 45 2 1 0 3 M KEN'S® Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 440 5 0 4 0 NONE KEN'S® Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 M KEN'S® Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 M KEN'S® Fat Free Ranch Dressing (2 oz) 56 50 0 0 0 0 0 0 740 15 2 5 0 M KEN'S® Ranch Dressing (2 oz) 56 60 0 0 0 0 0 0 740 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 550 15 0 14 1 E EGarlic Parmesan Croutons 14 60 20 2 0 0 0 120 9 0 1 1 MW BREAKFAST Quaker® Oatmeal Maple and Brown Sugar 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BR®Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BR™ Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Breakfast Platter 511 1450 750 84 30 1 505 5920 134 5 41 40 MWES BK™ Breakfast Platter 511 1450 750 84 30 1 505 5920 134 5 41 40 MWES BK™ Breakfast Platter 511 1450 750 84 30 1 505 5920 134 5 41 40 MWES BK™ Breakfast Platter 511 320 140 16 7 0 180 680 26 0 5 11 MWES BK™ Breakfast Platter 511 320 140 16 7 0 180 680 26 0 5 11 MWES ENOISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 5 780 26 0 3 14 MWES CROISSAN'WICH® Sausage & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® ABOON, Egg, & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN WICH™ W/Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN WICH™ W/Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	French Fries - large (Salted)	190	500	200	22	3.5	0	0	710	72	5	0	5	NONE
TENDERGRILL™ Chicken Garden Salad 308 290 100 12 6 0 100 1030 8 1 2 38 MW TENDERCRISP® Chicken Garden Salad 306 470 240 26 8 0 0 80 1170 26 2 3 3 31 MWE Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 1 8 M Side Salad 99 40 20 2 1 1 0 5 45 2 1 0 0 3 M KEN'S® Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 0 440 5 0 4 0 NONE KEN'S® Ranch Dressing (2 oz) 56 120 100 11 1.5 0 0 0 440 5 0 4 0 NONE KEN'S® Ranch Dressing (2 oz) 56 120 190 11 1.5 0 0 0 440 5 0 1 1 ME KEN'S® Creamy Caesar Dressing (2 oz) 56 210 190 21 4 0 25 610 4 0 3 3 MWES KEN'S® Tat Free Ranch Dressing (2 oz) 56 60 0 0 0 0 0 0 740 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 60 0 0 0 0 0 0 740 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 60 0 0 0 0 0 0 120 9 0 1 1 MW ERAKFAST Quaker® Oatmeal Maple and Brown Sugar Flavor® 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Ultimate Breakfast Platter 11 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Ultimate Breakfast Platter 115 320 140 16 7 0 180 680 26 0 5 11 MWES BK™ Breakfast Platter 115 320 140 16 7 0 180 680 26 0 5 11 MWES BK™ Breakfast Platter 115 320 140 16 7 0 180 680 26 0 5 11 MWES BK™ Breakfast Platter 115 320 140 16 7 0 180 680 26 0 5 11 MWES BK™ Breakfast Platter 115 320 140 16 7 0 180 680 26 0 5 11 MWES BK™ Breakfast Platter 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage, Egg & Cheese 149 350 150 17 7 0 0 200 1110 27 0 5 18 MWES DOUBLE CROISSAN'WICH® Asaon, Egg & Cheese 149 350 150 17 7 0 0 200 1110 27 0 5 18 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 149 350 150 17 7 0 0 200 1110 27 0 5 18 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 149 350 150 17 7 0 0 200 1110 27 0 5 18 MWES	Mozzarella Sticks (4 pc)	88	280	140	15	5	0	35	650	24	2	2	11	MWES
TENDERCRISP® Chicken Garden Salad 306 470 240 26 8 0 80 1170 26 2 3 3 31 MWE Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 1 8 M Side Salad 99 40 20 2 1 0 0 5 45 2 1 0 3 M KEN'S® Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 440 5 0 4 0 NONE KEN'S® Ranch Dressing (2 oz) 56 120 100 11 1.5 0 0 440 5 0 4 0 NONE KEN'S® Creamy Caesar Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 ME KEN'S® Creamy Caesar Dressing (2 oz) 56 210 190 21 4 0 25 610 4 0 3 3 MWESF KEN'S® Fat Free Ranch Dressing (2 oz) 56 60 0 0 0 0 0 0 7 40 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 60 0 0 0 0 0 0 7 40 15 2 5 0 M MKEN'S® Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 550 15 0 14 1 E Garlie Parmesan Croutons 14 60 20 2 0 0 0 0 120 9 0 1 1 MW MWESF KEN'S® Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 550 15 0 15 0 14 1 E Garlie Parmesan Croutons 14 60 20 2 0 0 0 0 120 9 0 1 1 MW MWESF KEN'S® Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 550 23 1 2 9 MWES MEAN'S® Catheal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M M M M M M M M M M M M M M M M M M			ВК™	SALAD	Colle	ction								
Garden Salad (no chicken) 184 130 70 8 5 0 25 200 6 1 1 8 M Side Salad 99 40 20 2 1 0 5 45 2 1 0 3 M KEN'S* Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 0 440 5 0 4 0 KEN'S* Ranch Dressing (2 oz) 56 120 100 11 1.5 0 0 0 20 550 2 0 1 1 ME KEN'S* Greamy Caesar Dressing (2 oz) 56 210 190 21 4 0 25 610 4 0 3 3 MWESF KEN'S* Fat Free Ranch Dressing (2 oz) 56 60 0 0 0 0 0 740 15 2 5 0 M KEN'S* Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 510 15 0 14 1 E Garlic Parmesan Croutons 14 60 20 2 0 0 0 120 9 0 1 1 MW BREAKFAST Quaker* Oatmeal Maple and Brown Sugar 175 270 40 4 1.5 0 5 290 55 5 29 5 M BA*Egg and Cheese Muffin 120 290 130 14 5 0 5 100 23 3 1 5 M BK* Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 290 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 2 5 MWE CROISSAN'WICH* Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 5 11 MWES CROISSAN'WICH* Sausage, Egg & Cheese 127 380 190 22 8 0 190 27 0 5 29 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 127 380 190 22 8 0 190 380 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 2	TENDERGRILL™ Chicken Garden Salad	308	290	100	12	6	0	100	1030	8	1	2	38	MW
Side Salad 99 40 20 2 1 1 0 5 45 2 1 0 3 M KEN'S° Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 0 440 5 0 4 0 NONE KEN'S° Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 ME KEN'S° Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 ME KEN'S° Fat Free Ranch Dressing (2 oz) 56 6 0 0 0 0 0 0 0 740 15 2 5 0 M KEN'S° Fat Free Ranch Dressing (2 oz) 56 6 0 0 0 0 0 0 0 740 15 2 5 0 M KEN'S° Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 0 20 510 15 0 14 1 E Garlic Parmesan Croutons 14 60 20 2 0 0 0 0 120 9 0 1 1 MW BREAKFAST Quaker° Oatmeal Maple and Brown Sugar Flavor* 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker° Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK° Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 292 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH° Sausage & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH° Sausage & Cheese 127 380 190 22 8 0 190 890 26 0 5 18 MWES CROISSAN'WICH° Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 11 0.5 215 190 27 0 5 18 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	TENDERCRISP® Chicken Garden Salad	306	470	240	26	8	0	80	1170	26	2	3	31	MWE
KEN'S® Light Italian Dressing (2 oz) 56 120 100 11 1.5 0 0 440 5 0 4 0 NONE KEN'S® Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 1 ME KEN'S® Creamy Caesar Dressing (2 oz) 56 210 190 21 4 0 25 610 4 0 3 3 MWESF KEN'S® Fat Free Ranch Dressing (2 oz) 56 60 0 0 0 0 0 0 740 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 60 0 0 0 0 0 0 740 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 6270 200 23 3 0 20 510 15 0 14 1 E Garlic Parmesan Croutons 14 60 20 2 0 0 0 120 9 0 1 1 1 MW BREAKFAST Quaker® Oatmeal Maple and Brown Sugar Flavor* 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK™ Ultimate Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Sausage & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ N/ Sausage, Egg & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 29 MWES DOUBLE CROISSAN'WICH™ N/ Sausage, Egg & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	Garden Salad (no chicken)	184	130	70	8	5	0	25	200	6	1	1	8	M
KEN'S® Ranch Dressing (2 oz) 56 190 180 20 3 0 20 550 2 0 1 1 1 ME KEN'S® Creamy Caesar Dressing (2 oz) 56 210 190 21 4 0 25 610 4 0 3 3 3 MWESF KEN'S® Fat Free Ranch Dressing (2 oz) 56 60 0 0 0 0 0 740 15 2 5 0 0 M KEN'S® Har Free Ranch Dressing (2 oz) 56 60 0 0 0 0 0 0 740 15 2 5 0 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 60 0 0 0 0 0 0 120 9 0 1 1 MW BREAKFAST Quaker® Oatmeal Maple and Brown Sugar Flavor* 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BR®ERG and Cheese Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 5 780 26 0 3 14 MWES CROISSAN'WICH® Sausage & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 199 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 179 490 280 31 13 0.5 215 1330 27 0 5 29 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 175 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ W/ Sausage, Egg, & Cheese 175 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	Side Salad	99	40	20	2	1	0	5	45	2	1	0	3	М
KEN'S® Creamy Caesar Dressing (2 oz) 56 210 190 21 4 0 25 610 4 0 3 3 MWESF	KEN'S® Light Italian Dressing (2 oz)	56	120	100	11	1.5	0	0	440	5	0	4	0	NONE
KEN'S® Fat Free Ranch Dressing (2 oz) 56 60 0 0 0 0 740 15 2 5 0 M KEN'S® Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 510 15 0 14 1 E Garlic Parmesan Croutons 14 60 20 2 0 0 0 120 9 0 1 1 MW BREAKFAST Quaker® Oatmeal Maple and Brown Sugar 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES Bk® Ultimate Breakfast Muffin Sandwich 93 240 100 11 4 0<	KEN'S® Ranch Dressing (2 oz)	56	190	180	20	3	0	20	550	2	0	1	1	ME
KEN'S® Honey Mustard Dressing (2 oz) 56 270 200 23 3 0 20 510 15 0 14 1 E Garlic Parmesan Croutons 14 60 20 2 0 0 0 0 120 9 0 1 1 MW BREAKFAST	KEN'S® Creamy Caesar Dressing (2 oz)	56	210	190	21	4	0	25	610	4	0	3	3	MWESF
Garlic Parmesan Croutons 14 60 20 2 0 0 0 120 9 0 1 1 MW	KEN'S® Fat Free Ranch Dressing (2 oz)	56	60	0	0	0	0	0	740	15	2	5	0	М
BREAKFAST Quaker® Oatmeal Maple and Brown Sugar Flavor* 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES Bk™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 292 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 740 266 44	KEN'S® Honey Mustard Dressing (2 oz)	56	270	200	23	3	0	20	510	15	0	14	1	Е
Quaker® Oatmeal Maple and Brown Sugar 175 270 40 4 1.5 0 5 290 55 5 29 5 M Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES Bk™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2	Garlic Parmesan Croutons	14	60	20	2	0	0	0	120	9	0	1	1	MW
Flavor*				BREAK	FAST									
Quaker® Oatmeal Original 124 140 30 3.5 1 0 5 100 23 3 1 5 M BK® Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES Bk™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 <t< td=""><td>Quaker® Oatmeal Maple and Brown Sugar</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	Quaker® Oatmeal Maple and Brown Sugar													
BK®Egg and Cheese Muffin 120 290 130 14 5 0.5 175 650 24 1 2 11 MWES BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES BK™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage,	Flavor*	175	270	40	4	1.5	0	5	290	55	5	29	5	M
BK® Kids Breakfast Muffin Sandwich 93 240 100 11 4 0 95 550 23 1 2 9 MWES Bk™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	Quaker® Oatmeal Original	124	140	30	3.5	1	0	5	100	23	3	1	5	М
BK™ Ultimate Breakfast Platter 511 1450 750 84 30 1 505 2920 134 5 41 40 MWES BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	BK®Egg and Cheese Muffin	120	290	130	14	5	0.5	175	650	24	1		11	MWES
BK™ Breakfast Platter 301 810 480 54 22 1 360 1790 57 4 5 25 MWE Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES														MWES
Enormous Omelet Sandwich 266 760 266 44 15 1 405 1840 44 2 8 35 MWES CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	Bk™ Ultimate Breakfast Platter	511	1450	750	84	30	1	505	2920	134	5	41	40	MWES
CROISSAN'WICH® Egg & Cheese 115 320 140 16 7 0 180 680 26 0 5 11 MWES CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	BK [™] Breakfast Platter	301	810	480	54	22	1	360	1790	57	4	5	25	MWE
CROISSAN'WICH® Sausage & Cheese 106 380 220 24 10 0 50 780 26 0 3 14 MWES CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	Enormous Omelet Sandwich	266	760	266	44	15	1	405	1840	44	2	8	35	MWES
CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, W/Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	CROISSAN'WICH® Egg & Cheese	115	320	140	16	7	0	180	680	26	0	5	11	MWES
CROISSAN'WICH® Sausage, Egg & Cheese 159 490 280 31 11 0.5 215 990 27 0 5 18 MWES CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, W/Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES	CROISSAN'WICH® Sausage & Cheese	106	380	220	24	10	0	50	780	26	0	3	14	MWES
CROISSAN'WICH® Ham, Egg & Cheese 149 350 150 17 7 0 200 1110 27 0 5 18 MWES CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage,		159	490		31	11	0.5	215	990		0		18	MWES
CROISSAN'WICH® Bacon, Egg & Cheese 127 380 190 22 8 0 190 890 26 0 5 15 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage,	<u> </u>		350	150		7			1110	27	0	5	18	MWES
DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Image: Company of the company of		127	380	190	22	8	0	190	890	26	0	5	15	
& Cheese 215 700 440 49 18 1 255 1510 29 0 5 29 MWES DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Image: Control of the contr														
DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Image: Control of the co	& Cheese	215	700	440	49	18	1	255	1510	29	0	5	29	MWES
Cheese 151 490 280 31 13 0.5 215 1330 27 0 5 22 MWES DOUBLE CROISSAN'WICH™ w/ Sausage, Image: Control of the control of	DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, &													
DOUBLE CROISSAN'WICH™ w/ Sausage,	Cheese	151	490	280	31	13	0.5	215	1330	27	0	5	22	MWES
Bacon, Egg, & Cheese 179 570 340 37 15 1 235 1350 28 0 5 24 MWES														
	Bacon, Egg, & Cheese	179	570	340	37	15	1	235	1350	28	0	5	24	MWES

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
DOUBLE CROISSAN'WICH™ w/ Ham, Bacon,													
Egg, & Cheese	174	470	240	26	11	0.5	220	1540	27	0	6	24	MWES
DOUBLE CROISSAN'WICH™ w/ Ham,													
Sausage, Egg, & Cheese	206	570	320	35	14	1	240	1630	28	0	6	28	MWES
Cheesy Bacon BK WRAPPER®	138	410	220	25	8	0.5	185	980	28	2	2	14	MWES
Sausage Biscuit	126	420	240	27	15	0.5	35	1090	32	1	3	13	MW
Ham, Egg, & Cheese Biscuit	164	420	200	22	15	0.5	185	1410	33	1	5	16	MWES
Sausage, Egg, & Cheese Biscuit	191	570	330	37	19	1	210	1510	34	1	4	20	MWES
Bacon, Egg & Cheese Biscuit	159	470	250	28	17	0.5	185	1420	33	1	4	17	MWES
Pancakes (3) and 1 oz breakfast syrup	187	500	170	19	4.5	0	95	700	77	1	36	7	MWES
Pancake Platter w/ Sausage & 1 oz Breakfast	224	C70	200	2.4	0		125	1010	70	4	26	1.4	BANA/EC
Syrup Hash Browns - small	231 84	670 250	300 150	34 16	9 3.5	0	125 0	1010 410	78 24	3	36 0	14 2	MWES W
Hash Browns - medium	168	500	290	33	3.3 7	0	0	810	48	7	0	4	W
Hash Browns - large	224	670	390	44	9	0	0	1080	65	9	0	5	W
Mini Blueberry Biscuits with icing (4pc)	113	390	140	15	15	0	0	830	57	1	30	5	MW
Cini-minis (4 minis)	108	400	160	18	7	0	20	380	52	2	19	7	MWE
Vanilla Icing	28	90	0	0	0	0	0	25	22	0	20	0	Т
French Toast Sticks (3 piece)	65	230	100	11	2	0	0	260	29	1	8	3	WS
French Toast Sticks (5 piece)	109	380	160	18	3	0	0	430	49	2	13	5	WS

	serving size (g)	Calories	Calories from fat	otal fat (g)	Saturated Fat (g)	rans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Fotal Sugar (g)	Protein (g)	▲ Allergens
Nutrition facts			BREAK	<u> </u>			ן ט	Š	Ĕ		<u> </u>	-B	•
French Toast Sticks Platter w/ bacon &	1,120			1	l ROD		1				l		
Breakfast Syrup	159	550	200	22	4.5	0	10	650	79	2	31	10	ws
French Toast Sticks Platter w/ sausage &	133	330	200	22	7.5	0	10	030	7.5		31	10	***
Breakfast Syrup	193	670	300	33	8	0	35	760	80	2	30	13	ws
breaklast Syrup	133	070	300	33	-	U	33	700	80		30	13	VVS
Scrambled Egg Platter w/ bacon (Scrambled Eggs, Biscuit, Hashbrowns, Bacon slices) Scrambled Egg Platter w/ sausage	270	700	380	42	19	0.5	370	1650	56	4	4	23	MWES
(Scrambled Eggs, Biscuit, Hashbrowns,													
Sausage patty)	304	810	480	53	22	1	390	1760	57	4	4	26	MWES
Biscuits (2) & Sausage Gravy Platter	334	680	310	35	28	1.5	20	2350	76	2	6	16	MW
Biscuit- w/ Chicken Fritter (Chicken Biscuit)	139	400	180	20	12	0	20	1320	39	1	3	15	MWES
Biscuit- w/ Breakfast Steak (Country Fried													
Steak)	211	650	350	38	21	0.5	205	1780	50	2	5	21	MWES
Biscuit- w/ Country Ham (1 sl) & Egg and													
cheese	183	470	240	26	16	0.5	210	2010	33	1	4	18	MWES
BK [™] Breakfast Burrito - Sausage, Egg,													
Cheese & Salsa	168	440	260	29	10	0.5	175	1120	25	1	2	20	MWES
BK™ Breakfast Burrito - Potato, Egg, Cheese,													
& Salsa	141	320	160	17	6	0	140	900	29	2	2	13	MWES
BK™ Breakfast Burrito - Bacon, Egg, Cheese,							l	0.10					
& Salsa	129	300	140	16	6	0	145	910	24	1	2	15	MWES
Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
	4.5-		DESSE	1									
Dutch Apple Pie	107	320	130	14	6	0	0	300	46	1	23	2	WS
HERSHEY®'S Sundae Pie	79	300	160	18	12	0	10	210	31	1	22	3	MWS
Soft Serve Cone	100	160	35	4	2.5	0	15	130	27	0	20	4	MWS
Soft Serve Cup Caramel Sundae	95 141	140	35 60	6	2.5 3.5	0	15 20	125 250	23 52	0	19 37	4 5	M M
	141	280	60	7	5	0	15		50	1	43	6	M
Chocolate Fudge Sundae Strawberry Sundae	141	280 190	35	4	2.5	0	15	220 125	35	0	31	4	M
Peach Granola Sundae	155	280	45	5	2.5	0	15	170	54	2	43	6	MW
OREO®Sundae	204	440	110	12	7	0	25	390	77	1	57	8	MWS
OTEO O Surrado	207	7.70	-10		- '-	-		330	,,			-	

MSP

MWES

MWES

MWEST

Mini M & M®Sundae

Chocolate Chip Cookies (2)

White Chocolate Macadamia Nut Cookies (2)

Brownie Sundae

Oatmeal Raisin Cookies (2)	76	310	120	13	8	0	20	260	46	3	26	4	MWET

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
HAVE IT YOUR W	AY® O	ptions	some o	ption	s are	only a	vailat	le regi	onally	')			
American Cheese (slice)	12	45	35	4	2.5	0	10	220	1	0	0	2	MS
Ketchup (Packet)	10	10	0	0	0	0	0	125	3	0	2	0	NONE
Mayonnaise (Packet)	12	80	80	9	0.5	0	10	75	1	0	0	0	E
Pickles (2)	10	0	0	0	0	0	0	100	0	0	0	0	S
Strawberry or Grape Jam (packet)	12	30	0	0	0	0	0	0	7	0	6	0	NONE
SunGlow® Butter blend - 2 pats	10	70	70	8	2.5	0	0	65	0	0	0	0	MS
Breakfast Syrup (1 oz)	41	120	0	0	0	0	0	15	30	0	18	0	NONE
Barbecue Dipping Sauce (1 oz)	28	40	0	0	0	0	0	310	11	0	10	0	NONE
Honey Mustard Dipping Sauce (1 oz)	28	90	60	6	1	0	10	180	8	0	7	0	E
Sweet and Sour Dipping Sauce (1 oz)	28	45	0	0	0	0	0	55	11	0	10	0	NONE
Ranch Dipping Sauce (1 oz)	28	140	130	15	2.5	0	5	230	1	0	1	1	ME
Buffalo Dipping Sauce (1 oz)	28	80	70	8	1.5	0	5	360	2	0	1	0	ME
Marinara Sauce (1 oz)	28	15	0	0	0	0	0	170	4	1	3	1	М
French Fry Sauce (1 oz)	28	90	60	7	1	0	5	250	5	0	3	0	E
Picante/Taco Sauce (0.5 oz)	28	10	0	0	0	0	0	115	2	0	1	0	NONE
Zesty Onion Ring Dipping Sauce (1 oz)	28	150	140	15	2.5	0	15	210	3	1	2	0	ES

Nutrition facts		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
		BEVE	RAGES E	BY CU	P SIZE								
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9	M
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8	M
Vanilla Milk Shake													
12 fl o	7	400	70	7	5	0	30	250	75	0	68	8	M
16 fl o	7	660	150	17	13	0	40	380	114	0	104	12	MS
24 fl o	7	850	180	20	15	0	55	480	152	0	139	15	MS
Chocolate Milk Shake													
12 fl o	z	420	70	8	5	0	30	250	81	1	70	8	M
16 fl o	z	690	160	18	14	0	40	380	121	2	107	12	MS
24 fl o	z	900	190	21	16	0	55	480	163	3	144	15	MS
Strawberry Milk Shake													
12 fl o	7	360	70	7	5	0	30	260	66	0	58	8	М
16 fl o	Z	610	150	17	13	0	40	390	102	1	91	12	MS
24 fl o	<u>z</u>	780	180	20	15	0	55	500	134	1	120	15	MS

			from		Fat				(1)	r (g)		
		Ñ		at (g)	ted	Trans Fat (g)	(Bı	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	(g) u
		Calories	Calories fat	Total fat (g)	Saturated (g)	ans F	Chol (mg)	odiun	otal C	ietar)	tal Su	Protein (g)
Nutrition facts	DEV		BY CUF			F	ט	Š	ř	Q	Ľ	<u> </u>
Coca Cola classic®‡	DEVE	INAGES	DI CUI	SIZI								
16 fl oz	İ	140	0	0	0	0	0	0	39	0	39	0
20 fl oz		190	0	0	0	0	0	0	51	0	51	0
30 fl oz		290	0	0	0	0	0	5	77	0	77	0
40 fl oz		380	0	0	0	0	0	10	102	0	102	0
Diet Coke®‡												
16 fl oz		0	0	0	0	0	0	15	0	0	0	0
20 fl oz		0	0	0	0	0	0	20	0	0	0	0
30 fl oz		0	0	0	0	0	0	25	0	0	0	0
40 fl oz		5	0	0	0	0	0	35	0	0	0	0
Sprite®‡	i					-						
16 fl oz		140	0	0	0	0	0	30	39	0	39	0
20 fl oz		190 290	0	0	0	0	0	40 65	51 77	0	51 77	0
30 fl oz 40 fl oz		380	0	0	0	0	0	85	102	0	102	0
Dr. Pepper®‡	ļ	300	U	U	U	U	U	03	102	U	102	U
16 fl oz		140	0	0	0	0	0	35	39	0	39	0
20 fl oz		190	0	0	0	0	0	45	51	0	51	0
30 fl oz		280	0	0	0	0	0	70	77	0	77	0
40 fl oz		370	0	0	0	0	0	90	101	0	101	0
Barq's® Root Beer‡	•											
16 fl oz		160	0	0	0	0	0	20	46	0	46	0
20 fl oz		220	0	0	0	0	0	25	61	0	61	0
30 fl oz		320	0	0	0	0	0	35	91	0	91	0
40 fl oz		430	0	0	0	0	0	45	121	0	121	0
Cherry Coke®‡ 16 fl oz	1	150	0	0	0	0	0	5	42	0	42	0
20 fl oz		200	0	0	0	0	0	10	56	0	56	0
30 fl oz		300	0	0	0	0	0	15	84	0	84	0
40 fl oz		400	0	0	0	0	0		111		111	
Fanta® Orange‡	ļ											
16 fl oz		160	0	0	0	0	0	0	42	0	42	0
20 fl oz		210	0	0	0	0	0	0	56	0	56	0
30 fl oz		310	0	0	0	0	0	0	84	0	84	0
40 fl oz		410	0	0	0	0	0	0	111	0	111	0
Hi-C [®] Fruit Punch‡	i											
16 fl oz		150	0	0	0	0	0	15	42	0	42	0
20 fl oz		200	0	0	0	0	0	15	55	0	55	0
30 fl oz		300	0	0	0	0	0	25	82	0	82	0
40 fl oz		400	0	0	0	0	0	35	108	0	108	0

		Calories from fat		Saturated Fat (g)	g)		(g	(g)	Dietary Fiber (g)	(g)	
	Se	es fro	Fotal fat (g)	ted F	Trans Fat (g)	(gm) lodo	Sodium (mg)	Total Carb (g)	y Fib	rotal Sugar (g)	Protein (g)
	Calories	lori	tal 1	tura	ans	ı) _{[0}	diu.	tal (etar	tal S	otei
Nutrition facts	ප	Ca	1	Sa	Tra	-S	So	<u>و</u>	Dic	Tol	Pre
MINUTE MAID® Light Lemonade‡				_		_	ı				
16 fl oz	5	0	0	0	0	0	0	1	0	0	0
20 fl oz	10	0	0	0	0	0	0	1	0	0	0
30 fl oz	10	0	0	0	0	0	5	1	0	0	0
40 fl oz	15	0	0	0	0	0	10	2	0	0	0
NESTEA® Southern Style Iced Tea‡	100	0	0	0	0	_	20	I 50	0		0
16 fl oz	180	0	0	0	0	0	20 30	50 66	0	50	0
20 fl oz	240	0	0	0	0	0	40	98	0	66	0
30 fl oz 40 fl oz	360 470	0	0	0	0	0	55	130	0	98 130	0
NESTEA® Sweetened Iced Tea‡	470	U	U	U	U	U	55	130	U	130	U
16 fl oz	90	0	0	0	0	0	20	24	0	24	0
20 fl oz	120	0	0	0	0	0	30	32	0	32	0
30 fl oz	180	0	0	0	0	0	40	48	0	40	0
40 fl oz	240	0	0	0	0	0	55	64	0	64	0
NESTEA® Unsweetened (Plain) Iced Tea‡	240	<u> </u>	U	Ū	U		33	0-7		UT	U
16 fl oz	0	0	0	0	0	0	20	0	0	0	0
20 fl oz	0	0	0	0	0	0	30	0	0	0	0
30 fl oz	0	0	0	0	0	0	40	0	0	0	0
40 fl oz	0	0	0	0	0	0	55	0	0	0	0
Vault®‡											
16 fl oz	160	0	0	0	0	0	15	42	0	42	0
20 fl oz	210	0	0	0	0	0	20	56	0	56	0
30 fl oz	310	0	0	0	0	0	30	84	0	84	0
40 fl oz	410	0	0	0	0	0	35	111	0	111	0
Gold Peak® Unsweetened Tea‡											
16 fl oz	0	0	0	0	0	0	0	0	0	0	0
20 fl oz	0	0	0	0	0	0	0	0	0	0	0
30 fl oz	0	0	0	0	0	0	0	0	0	0	0
40 fl oz	0	0	0	0	0	0	0	0	0	0	0
Gold Peak® Sweet Tea‡		1									
16 fl oz	120	0	0	0	0	0	0	31	0	31	0
20 fl oz	160	0	0	0	0	0	0	42	0	42	0
30 fl oz	240	0	0	0	0	0	0	62	0	62	0
40 fl oz	310	0	0	0	0	0	0	82	0	82	0
Gold Peak® Sweet Green Tea‡	120	0	0	_	0			1 24	_	24	0
16 fl oz	120	0	0	0	0	0	0	31	0	31	0
20 fl oz	160	0	0	0	0	0	0	42	0	42	0
30 fl oz	240	0	0	0	0	0	0	62	0	62	0
40 fl oz	310	0	0	0	0	0	0	82	0	82	0
Frozen Coke®‡ 16 fl oz	90	0	0	0	0	0	10	25	0	25	0
20 fl oz	110	0	0	0	0	0	10	31	0	31	0
			1								
Minute Maid® Apple Juice 6.67 fl oz	100	0	0	0	0	0	15	23	0	21	0
Minute Maid® Orange Juice 10 fl oz	140	0	0	0	0	0	20	33	0	30	2

Nutrition facts		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
		Seat	tle's Be	st Co	ffee®								
Seattle's Best Coffee® ‡- Decaf- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee®‡- Decaf- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee®‡- Regular- 16 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee®‡- Regular- 20 fl oz		0	0	0	0	0	0	0	0	0	0	0	NONE
Seattle's Best Coffee® Iced Vanilla (21 fl oz)		230	30	3.5	2.5	0	10	90	50	0	47	3	М
Seattle's Best Coffee® Iced Mocha (21 fl oz)	1	290	40	4.5	3	0	10	240	61	2	55	3	М
Seattle's Best Coffee® Iced Coffee (21 fl oz)		130	35	4	3	0	15	105	21	0	17	3	М
Whipped topping coffee shot		100	60	7	7	0	0	30	10	0	10	1	MS
Chocolate syrup- flavor shot		90	5	0.5	0	0	0	75	22	1	20	0	М
Vanilla syrup- flavor shot		70	0	0	0	0	0	0	17	0	17	0	М

Nutrition facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	▲ Allergens
		LIMITE	D TIME	OFFE	RING	S							
BK®Chef's Choice Burger	277	770	450	50	21	0.5	125	1820	41	2	8	39	MWES
BK TOPPERS™ Deluxe Cheeseburger	169	420	240	26	9	1	55	820	30	2	7	15	MWES
BK TOPPERS™ Western BBQ Cheeseburger	148	400	210	23	9	1	50	720	39	2	10	16	MWS
BK TOPPERS™ Mushroom and Swiss	144	410	240	27	9	1	55	850	27	1	4	16	MWES
Strawberry Swirl Cheesecake	92	300	140	16	8	0	40	250	35	0	24	3	MWES
Fanta Cherry frozen concentrated beverage													
16 fl oz		110		0	0	0	0	5	31	0	31	0	NONE
20 fl oz		140		0	0	0	0	10	40	0	40	0	NONE

INGREDIENTS: (Revised 9/07/11)

BUNS

SESAME SEED BUNS: enriched flour (wheat flour, malted barley flour or alpha amylase from aspergillus orizae, niacin, iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), ascorbic acid and folic acid), water, high fructose corn syrup or granulated sucrose or liquid succrose, vegetable oil (canola and/or soy) and/or soybean and/or cottonseed oil, yeast may contain 2% or less of the following: salt, (vital) wheat gluten, sesame seeds, yeast food (may contain one or more of the following: calcium sulfate, ammonium sulfate, moncalcium phosphate, calcium carbonate), dough conditioners (may contain one or more of the following: wheat starch, microcrystalline cellulose, sorbitol, sodium chloride, magnesium stearate, distilled monglycerides, sodium stearoyl lactylate, ascorbic acid, azodicarbonamide, [ethoxylated] mono- and diglycerides, calcium peroxide, calcium stearoyl-2-lactylate, datem, l-cysteine), enzymes, mold inhibitor (calcium propionate and/or sorbic acid), vinegar, soy flour, corn starch.

CONTAINS: WHEAT AND SOY.

BRIOCHE STYLE BUN: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of each of the following: Wheat Gluten, Salt, Dough Conditioners (Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Calcium Sulfate, Enzymes), Yellow Corn Flour, Turmeric, Modified Corn Starch, Paprika, Natural and Artificial Flavors, Sodium Alginate, Polysorbate 60, Calcium Propionate (Preservative), Wheat Starch.

CONTAINS: WHEAT

CIABATTA BUNS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar Cane Syrup, Enriched Semolina (Duram Wheat, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean oil, Contains 2% Or Less Of Each Of The Following: Wheat Gluten, Wheat Flour, High Fructose Corn Syrup, Honey, Salt, Yeast, Lactic Acid, Fumaric Acid, Artificial Flavor, Acetic Acid, Potassium Iodate, Enzymes, Calcium Propionate (To Retard Spoilage).

CONTAINS: WHEAT

SPECIALTY BUNS: enriched flour (wheat flour, malted barley flour or alpha amylase from aspergillus orizae, niacin, iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), ascorbic acid and folic acid), water, high fructose corn syrup or granulated sucrose or liquid succrose, vegetable oil (canola and/or soy) and/or soybean and/or cottonseed oil, yeast may contain 2% or less of the following: salt, (vital) wheat gluten, sesame seeds, yeast food (may contain one or more of the following: [di-] calcium sulfate, ammonium sulfate, moncalcium phosphate, calcium carbonate), dough conditioners (may contain one or more of the following: wheat starch, microcrystalline cellulose, sorbitol, sodium chloride, magnesium stearate, distilled monglycerides, sodium stearoyl lactylate, ascorbic acid, azodicarbonamide, [ethoxylated] mono- and diglycerides, calcium peroxide, calcium stearoyl-2-lactylate, datem, I-cysteine), enzymes, mold inhibitor (calcium propionate and/or sorbic acid), vinegar, soy flour, corn starch, cellulose gel, leavening (sodium acid pyrophosphate, sodium bicarbonate, diammonium phosphate).

CONTAINS: WHEAT AND SOY.

BEEF*, CHICKEN* and FISH:

WHOPPER® PATTIES and HAMBURGER PATTIES: 100% USDA inspected Ground Beef (Fire-Grilled).

SEASONED GROUND CHUCK PATTY (CHEF'S CHOICE): beef, contains less than 2% encapsulated salt, hydrogenated vegetable oil, dextrose, flavors.

TENDERGRILL® CHICKEN FILET (grilled): Caramel Color and Smoke Flavor Added Chicken Breast with Rib Meat, Water, Seasoning (Maltodextrin, Salt, Sugar, Autolyzed Yeast Extract, Garlic Powder, Spices, Natural Flavors, Onion Powder, Modified Corn Starch, Chicken Fat, Chicken Powder, Chicken Broth, Disodium Guanylate and Disodium Inosinate, Citric Acid, Partially Hydrogenated Soybean Oil, Dehydrated Garlic, and Artificial Flavors.), Modified Corn Starch, Soybean Oil, Salt, Sodium Phosphates. Glazed with: Water, Seasoning [Maltodextrin, Salt, Sugar, Methylcellulose, Autolyzed Yeast Extract, Partially Hydrogenated Sunflower Oil, Modified Potato Starch, Fructose, Partially Hydrogenated Soybean Oil, Garlic Powder, Onion Powder, Dehydrated Garlic, Spices, Modified Corn Starch, Xanthan Gum, Natural Flavors, Disodium Guanylate and Disodium Inosinate, Chicken Fat, Carmel Color, Grill Flavor (from Partially Hydrogenated Soybean and Cottonseed Oil), Chicken Powder, Chicken Broth, Turmeric, Smoke Flavor, Annatto Extract, and Artificial Flavors), Soybean Oil or Partially Hydrogenated Soybean Oil.

*Beef and Chicken may be cooked on the same broiler with products containing dairy (or other allergens.)

BREADED ORIGINAL CHICKEN PATTY (Fried): Chicken Breast with Rib Meat, Water, Salt and Monosodium Glutamate. Breaded with: Bleached Wheat Flour, Salt, Spices, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Dried Whey, Monosodium Glutamate, Yeast, Dehydrated Sweet Pepper, Onion Powder, Garlic Powder, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate). *BATTERED WITH*: Water, Bleached Wheat Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Corn Starch, Oat Flour and Natural Flavoring. Natural flavors from plant sources.

CONTAINS: MILK AND WHEAT

SPICY CHICK'N CRISP™ PATTY (Fried): Chicken Breasts with Rib Meat, Water, Salt, Monosodium Glutamate, Chicken Flavor (Sunflower Oil, Flavors, Chicken Fat, Artificial Flavors, Polysorbate 80, Chicken Powder, Chicken Broth, Partially Hydrogenated Soybean & Cottonseed Oil, Papain, and Thiamine Hydrochloride), Flavoring. Breaded with: Bleached Wheat Flour, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spice, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Garlic Powder, Extractives of Paprika, Soybean Oil. Battered with: Water, Bleached Wheat Flour, Modified Corn Starch, Salt, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Onion Powder, Dextrin, Extractives of Paprika, Yellow 6, Red 40 Lake, Natural & Artificial Flavor (Including Butter Flavor), Lactic Acid, Not more than 2% Sodium Silico Aluminate added to prevent caking. Predusted With: Wheat Flour, Modified Corn Starch, Salt, Wheat Gluten, Spice, Extractives of Paprika, Soybean Oil, Onion Powder, Less than 2% Silicon Dioxide Added to Prevent Caking. Breading Set In Vegetable Oil.

CONTAINS: WHEAT

TENDERCRISP CHICKEN (Fried): Chicken Breast With Rib Meat, containing: up to 18% of a solution of Water, Seasoning (Sugar, Monosodium Glutamate, Salt, Spices, Mustard Flour, Soybean Oil), Modified Corn Starch, Sodium Phosphates. BREADED WITH: Bleached Wheat Flour, Sugar, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spices, Monosodium Glutamate, Nonfat Dry Milk, Dried Whey, Paprika, Extractives of Turmeric. PREDUSTED AND BATTERED WITH: Water, Wheat Flour, Salt, Whole Egg Solids, Nonfat Dry Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Monosodium Glutamate, Dried Whey, Soybean Oil. Breading set in Soybean Oil.

CONTAINS: MILK, EGG, WHEAT

BK® CHICKEN FRIES (Fried): Chicken Breast with Rib Meat, Water, Seasoning [Salt, Modified Food Starch, Flavoring], Modified Potato Starch, Sodium Phosphates. BREADED WITH: Bleached Wheat Flour, Modified Wheat Starch, Rice Flour, Salt, Spices, Dextrose, Paprika, Monosodium Glutamate, Dehydrated Garlic, Dehydrated Onion, Soybean Oil, Maltodextrin, Natural Flavor, Extractives of Paprika. BATTERED WITH: Water, Bleached Wheat Flour, Corn Starch, Modified Wheat Starch, Maltodextrin, Potato Starch, Modified Food Starch, Methylcellulose, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate). PREDUSTED WITH: Bleached Wheat Flour, Modified Food Starch (corn or potato), Dextrose, Monosodium Glutamate, Salt, Maltodextrin, Corn Starch, Sugar, Soybean Oil, Paprika, Spice, Onion Powder, Extractives of Paprika, Garlic Powder, Turmeric, Natural Flavors. Breading set in Soybean Oil or Vegetable Oil. Modified Food Starch sources include corn and potato in addition to wheat as declared. Flavoring or Natural Flavors include: oil of garlic, black pepper extractive, oleoresin capsicum, oleoresin chili.

CONTAINS: WHEAT

CHICKEN TENDERS® (Fried): Uncooked Chicken Breast Pattie Fritters with Rib Meat Chicken breast with rib meat, water, flavoring [potassium chloride, flavoring, autolyzed yeast extract, maltodextrin (corn, potato), salt, chicken fat, contains less than 2% (chicken broth, citric acid, dextrin, disodium inosinate & disodium guanylate, dried chicken, mannitol, modified cornstarch)], modified food starch, salt, sodium phosphates. BREADED WITH: Bleached wheat flour, modified corn starch, salt, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, spices, garlic powder, onion powder, extractives of turmeric. BATTERED WITH: Water, wheat flour, modified wheat starch, modified corn starch, salt, sodium gluconate, leavening (sodium aluminum phosphate, sodium bicarbonate), garlic powder, spice, onion powder, potassium chloride. PREDUSTED WITH: Wheat flour, modified corn starch, wheat gluten, salt, leavening (sodium aluminum phosphate, sodium bicarbonate), sodium gluconate, onion powder, garlic powder, potassium chloride, spice. Breading set in vegetable oil.

CONTAINS: WHEAT

TACO: Filling: Water, Beef, Textured Vegetable Protein [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate and Cyanocobalamin (B12)], Taco Seasoning (White Corn Flour, Maltodextrin, Modified Tapioca Starch, Salt, Dehydrated Onion, Paprika, Spices, Chili Pepper, Garlic Powder, Sugar, Caramel Color, Citric Acid, Autolyzed Yeast, Natural Flavors, Yeast Extract, Disodium Inosinate and Disodium Guanylate. Tortilla: Water, Tortilla Flour (Stoneground Corn Masa Flour, Cellulose Gum, Mono & Diglycerides, Trace of Lime).

CONTAINS: SOY

BK BIG FISH® Filet (Fried): Wild Caught Alaskan Pollock, Bleached Wheat Flour, Water, Yellow Corn Flour, Modified Corn Starch. *Contains 2% or less of the following:* Salt, Enriched Bleached Wheat Flour (Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Onion Powder, Garlic Powder, Spice, Partially Hydrogenated Soybean Oil, Dextrose, Dried Yeast, Corn Starch, Hydroxypropyl Methylcellulose, Maltodextrin, Monoglycerides, Diglycerides, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium Aluminum Phosphate), Sodium Alginate, Paprika Extract (color), Spice Extract.

CONTAINS: FISH and WHEAT.

VEGGIE PATTY and SIDE ITEMS:

BK VEGGIE® BURGER PATTY: Supplied by MORNINGSTAR FARMS® - Vegetables (Mushrooms, Water Chestnuts, Onions, Carrots, Green Bell Peppers, Red Bell Peppers, Black Olives), Textured Vegetable Protein (Soy Protein Concentrate, Wheat Gluten, Water for hydration), Egg Whites, Cooked Brown Rice (Water, Brown Rice), Rolled Oats, Corn Oil, Calcium Caseinate, Soy Sauce (Water, Soybeans, Salt, Wheat), Onion Powder, Corn Starch, Salt, Hydrolyzed Corn, Soy, and Wheat Protein, Autolyzed Yeast Extract, Natural Flavors from non-meat sources, Sugar, Soy Protein Isolate, Spices, Garlic Powder, Dextrose, Jalapeño Pepper Powder, Celery Extract.

CONTAINS: MILK, EGG, WHEAT, SOY. The patty is NOT cooked on equipment with meat or poultry products. This is not a vegan product.

APPLE SLICES: Apple, Calcium Ascorbate (a blend of Calcium and Vitamin C to maintain freshness and color).

MOZZARELLA STICKS: part-skim mozzarella cheese (pasteurized part-skim milk, cultures, salt, enzymes), wheat flour, soybean oil, water, bleached wheat flour. contains 2% or less of each of the following: modified food starch, salt, dextrose, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), vinegar, spices, egg whites, nonfat milk, modified wheat starch, modified corn starch, corn dextrin, soy lecithin, wheat starch, garlic powder, yeast, yeast nutrients (calcium sulfate, ammonium chloride), spice extract, onion powder, sodium alginate, sodium caseinate, hydroxypropyl methylcellulose, paprika extract (color).

CONTAINS: WHEAT, MILK, EGG, SOY

FRENCH FRIES (Fried): Potatoes, Soybean Oil or Canola and Palm Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Sodium Acid Pyrophosphate added to preserve natural color.

ONION RINGS (Fried): water, bleached wheat flour, dehydrated onion, modified corn starch, yellow corn flour, sugar,gelatinized wheat starch, contains 2% or less of :salt, guar gum,methylcellulose, fructose, onion powder, food starch-modified, sodium alginate, sunflower oil, natural flavors, grill flavor (from sunflower oil), canola oil, wheat gluten, modified palm oil, sodium tripolyphosphate, whey, dextrose, garlic powder, leavening (baking soda, sodium aluminum phosphate), spice, hydroxypropylmethylcellulose, yeast extract, corn starch, sorbitol, dried yeast, calcium chloride. parfried in soybean oil. CONTAINS WHEAT, MILK.

SALAD TOPPINGS

THREE CHEESE BLEND: Mild Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Low - Moisture Part - Skim Mozzarella Cheese (Cultured Pasteurized Part - Skim Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose added to prevent caking, Natamycin (a Natural Mold Inhibitor).

CONTAINS: MILK

GARLIC PARMESAN CROUTONS: Enriched Flour (Wheat Flour, Barley Malt, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean Oil, Water, Yeast, High Fructose Corn Syrup. Contains 2% Or Less Of The Following: Salt, Wheat Gluten, Corn Syrup Solids, Whey, Romano From Cow's Milk And Parmesan Cheeses (Part Skim Milk, Cultures, Salt, Enzymes), Autolyzed Yeast Extract, Cheese Powder (Cheddar Cheese [Milk, Cultures, Salt, Enzymes], Whey Protein Concentrate, Maltodextrin, Natural Flavor, Disodium Phosphate, Blue Cheese [Milk, Cultures, Salt, Enzymes], Nonfat Milk, Citric Acid), Garlic, Calcium Propionate (Preservative), Parsley, Dough Conditioners (May Contain One Or More Of The Following: Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Calcium Sulfate, Calcium Iodate, Ascorbic Acid), Cultured Nonfat Milk, Natural And Artificial Flavor, Cultured Whey, Citric Acid, Annatto And Turmeric (Color) And TBHQ (To Preserve Freshness).

CONTAINS: MILK and WHEAT.

Salad Dressing and ready to use salad Ingredients are listed on the package.

CONDIMENTS, SAUCES, & TOPPINGS: Dipping Sauces have ingredients listed on the package

AMERICAN CHEESE (PASTEURIZED PROCESS): Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Lecithin. Artificial Colors may consist of one or more of the following: Annatto Extract, Beta-Apo-8'-Carotenal, Beta-Carotene, Canthaxanthin, Paprika Oleoresin, Tumeric Oleoresin.

LETTUCE, TOMATOES, ONIONS, CARROTS, ROMAINE, RED ONIONS: US Grade #1.

BREAKFAST SYRUP: corn syrup, high fructose corn syrup, water, contains less than 2% of natural and artificial maple flavor, salt, potassium sorbate as a preservative, caramel color, citric acid, ammoniated glycyrrhizin

JAM-GRAPE: Concord Grapes (Water, Grape Puree Concentrate), Sugar, Corn Syrup, Citric Acid, Pectin, Sodium Citrate.

JAM-STRAWBERRY: Strawberries (Strawberry Concentrate, Water), Corn Syrup, Sugar, Pectin, Citric Acid.

KETCHUP: Tomato concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring, Natural flavoring is plant in origin.

MAYONNAISE: Soybean Oil, Eggs, Water, Distilled Vinegar. Contains 2% or less of the following: Egg Yolks, Salt, Sugar, Lemon Juice Concentrate, Natural Flavor, Calcium Disodium EDTA added to protect flavor, Dehydrated Garlic, Dehydrated Onion, Paprika or Paprika Oleoresin. Natural flavors from plant sources.

CONTAINS: EGG

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric.

PICKLES: Cucumbers, Water, Vinegar, Salt, Calcium Chloride or 1/10 of 1% Sodium Benzoate as a preservative, Alum and/or Propylene Glycol, Polysorbate 80, Natural Flavors+, Yellow #5, Turmeric Oleoresin, Blue #1, Soy Lecithin. Natural flavors from plant sources.

CONTAINS: SOY LECITHIN

TARTAR SAUCE: Soybean Oil, Sweet Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural Flavorings, Extractives of Turmeric), Water, Egg Yolks. *Contains less than 2%*: High Fructose Corn Syrup, Salt, Distilled Vinegar, Sugar, Dehydrated Onion, Lemon Juice Concentrate, Spice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (as preservatives), Phosphoric Acid, Disodium Inosinate and Disodium Guanylate, Xanthan Gum, Calcium Disodium EDTA added to protect flavor. Natural Flavors from plant sources.

CONTAINS: EGG and SOY LECITHIN.

SMOKY CHEESE SAUCE: soybean oil, water, egg yolks, contains less than 2% of salt, cheese powder (cheddar cheese [pasteurized milk, cheese cultures, salt, enzymes], whey, maltodextrin, natural & artificial flavors, butter [cream, salt], salt, buttermilk, disodium phosphate, autolyzed yeast extract), natural flavors (includes autolyzed yeast extract), distilled vinegar, sugar, lactic acid, cultured cream, polysorbate 60, cream*(cream, non-fat milk, soy lecithin), phosphoric acid, sodium benzoate and potassium sorbate (as preservatives), maltodextrin, xanthan gum, autolyzed yeast extract, propylene glycol alginate, milk fat, natural extractives of annatto seed, artificial color, whey*, calcium disodium edta added to protect flavor, yellow #5, onion*. *dehydrated

CONTAINS: MILK, EGG, SOY

BK® GRILLER SAUCE: Soybean Oil, Buttermilk (Cultured Lowfat Milk, Nonfat Dry Milk, Food Starch-Modified, Salt, Mono- and Diglycerides, Sodium Citrate, Calcium Sulfate, Locust Bean Gum, Polysorbate 80, Carrageenan, Vitamin A Palmitate, Vitamin D), Garlic, Garlic Base (Roasted Garlic, Salt, Maltodextrin [from corn], Natural Flavorings, Corn Starch, Canola Oil, Sesame Oil), Egg Yolks, Water, Natural Fatty Beef Flavor*, Distilled Vinegar, Prime Rib Type Flavor *, Contains Less Than 2% Reduced Lactose Whey (milk derivative), Torula Yeast, Soy Sauce (Water, Wheat, Soybeans, Salt and Less than 0.10% Sodium Benzoate as a preservative), Black Pepper, Salt, Monosodium Glutamate, Sodium Acid Sulfate, Xanthan Gum, Phosphoric Acid, Propylene Glycol Alginate, Natural Extractives of Black Pepper, Potassium Sorbate and Sodium Benzoate as preservatives, Calcium Disodium EDTA added to protect flavor.

CONTAINS: EGG, MILK, WHEAT, SOY

BK® SPICY BBQ SAUCE (Sweet Baby Rays): High Fructose Corn Syrup, Vinegar, Water, Tomato Paste, Modified Food Starch, Contains less than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel, Jalapeno Pepper, Sodium Benzoate as a preservative, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor.

BK® STACKER SAUCE: Soybean Oil, Sweet Relish(Cured Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate And Potassium Sorbate (Preservatives), Natural Flavorings, Calcium Chloride, Polysorbate 80, Turmeric), Sugar, Water, Distilled Vinegar, Tomato Paste, Egg Yolk. Contains Less Than 2%: Salt, Dehydrated Onion, Xanthan Gum, Sodium Benzoate And Potassium Sorbate As Preservatives, Natural Flavors, Propylene Glycol Alginate, Polysorbate 60, Caramel Color, Oleoresins Paprika And Turmeric (Color), Canola Oil, Calcium Disodium EDTA Added To Protect Flavor. Natural Flavors from plant sources.

CONTAINS: EGG.

BREAKFAST:

BACON: Fully Cooked Bacon. Cured with Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

HARDWOOD SMOKED BACON: Bacon cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite

LIQUID EGG MIX: Whole Eggs, Whey, Soybean Oil. Contains 2% or less of the following: Salt, Natural and Artificial Butter Flavor (soybean oil, butter oil, natural & artificial flavoring), Xanthan Gum, Citric Acid, Annatto (Color).

CONTAINS: EGG and MILK

EGG OMELET: Whole Egg, Whey, Soybean Oil, Salt, Natural and Artificial Butter Flavor, Xanthan Gum, Citric Acid, Annatto (Color).

CONTAINS: EGG and MILK

SOUTHWEST POTATOES: Potatoes (Potatoes, Partially Hydrogenated Soybean and Cottonseed Oils, and Soybean Oils, Dextrose, Disodium Dihydrogen Pyrophosphate [to Maintain Natural Color]), onion, green pepper, red pepper, soybean oil, seasoning (salt, spices, garlic powder, paprika, onion powder, maltodextrin, natural flavors, dehydrated bell pepper).

HAM: Ham Cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Smoke. Sensitive Ingredients: Nitrite

SAUSAGE (Fried):Pork, Salt, Spices, Corn Syrup Solids, Dextrose, Monosodium Glutamate, Hydrogenated Soybean Oil, Flavor [Maltodextrin, Grill Flavor (from Soybean Oil), Modified Corn Starch, Corn Syrup Solids].

HASH BROWN ROUNDS (Fried): potatoes, soybean oil, dehydrated potato flakes (potatoes, mono and diglycerides, sodium acid pyrophosphate, citric acid), salt, corn flour, enriched wheat flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), natural flavoring, disodium dihydrogen pyrophosphate (to promote color retention), dextrose.

CONTAINS: WHEAT

ENGLISH MUFFIN: enriched wheat flour (wheat flour, niacin, ferrous sulfate, thiamine, riboflavin, folic acid), water, yeast. contains 2% or less of: salt, vinegar, vegetable oil shortening (contains one or more of the following: soybean oil, partially hydrogenated soybean and/or cottonseed oil), white corn flour, white corn meal, dextrose, calcium propionate and potassium sorbate (preservatives), mono & diglycerides, sugar, wheat gluten, potato starch, yeast food (monocalcium phosphate, calcium sulfate, ammonium sulfate), malted barley flour.

CONTAINS: WHEAT

BISCUIT: enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, hydrogenated palm kernel oil, buttermilk, sugar, baking soda, salt, sodium aluminum phosphate, sodium caseinate, datem, partially hydrogenated soybean and cottonseed oil*, sodium acid pyrophosphate, dextrose, wheat protein isolate, corn syrup solids, natural flavor.

CONTAINS: WHEAT AND MILK

CROISSANT: enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), skim milk, margarine [palm oil, water, salt, mono- and diglycerides, soy lecithin, sodium benzoate (preservative), artifical flavor, beta-carotene (color), vitamin a palmitate], high fructose corn syrup, yeast. contains 2% or less of each of the following: salt, egg yolks, corn syrup, water, mono- and diglycerides, maltodextrin, sugar, natural and artificial flavors, wheat gluten, calcium propionate (preservative), sodium caseinate, whey proteins, soy lecithin, soy flour.

CONTAINS: WHEAT, MILK, EGGS AND SOY

PANCAKES: water, enriched flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, eggs, leavening (sodium aluminum phosphate, sodium bicarbonate), artificial flavors, dextrose, contains 2% or less of the following: salt, dry whole milk, soy lecithin, xanthan gum, guar

CONATINS: WHEAT, EGG, MILK, SOY LECITHIN

CINI-MINIS: enriched flour bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, palm, canola and soybean oils, sugar, high fructose corn syrup, dextrose, cinnamon, dried nonfat milk, dried whole eggs (contains sodium silicoaluminate), molasses, vital wheat gluten, yeast, salt, modified tapioca starch, mono and diglycerides, acetylated tartaric acid esters of mono- and diglycerides (datem), sodium aluminum phosphate, baking soda, artificial color, natural and artificial flavor, l-cysteine hydrochloride, tbhq (preservative), ascorbic acid, azodicarbonamide.

CONTAINS: WHEAT, MILK, EGG

Flour Tortilla: Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherol (antioxidant), Ascorbic Acid (antioxidant), Citric Acid (antioxidant), Guar Gum, Yeast, Cellulose Gum, Fumaric Acid (Dough Conditioner), Calcium Propionate and Sorbic Acid (To Preserve Freshness).

CONTAINS: WHEAT

QUAKER® Oatmeal Maple and Brown Sugar Flavor*: whole grain rolled oats, sugar, natural flavor, salt, calcium carbonate, guar gum, oat flour, caramel color, reduced iron, vitamin a palmitate.

Quaker® Original Oatmeal: whole grain rolled oats, oat flour, calcium carbonate, salt, guar gum, caramel color, reduced iron, vitamin a palmitate.

VANILLA ICING: Liquid sugar, icing sugar, glucose, sugar, water, sorbitol, propylene glycol, salt, natural and artifical flavour, titanium dioxide, xanthan gum, canola oil, potassium sorbate, agar, cellulose gum, phosphoric acid, ascorbyl palmitate, tocopherols, citric acide. OR powdered sugar, water, corn maltodextrin, high fructose corn syrup, coconut oil, contains 2% or less of: dextrose, vegetable glycerine (soybean oil, corn oil, sunflower oil), donut glaze (tapioca dextrin, gum arabic, agar), salt, sodium alginate, natural & artificial vanilla flavor (propylene glycol, ethyl alcohol, natural and artificial flavors, water), potassium sorbate as a preservative, agar, titanium dioxide, phosphoric acid.

CONTAINS: COCONUT

FRENCH TOAST STICKS: Bread: Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, high fructose corn syrup, yeast, may contain 2% or less of each of the following: soybean oil, wheat gluten, salt, dough conditioners (may contain one or more of the following: sodium stearoyl lactylate, calcium stearoyl-2-lactylate, calcium peroxide, calcium iodate, ascorbic acid, azodicarbonamide, enzymes), corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), glycerol monooleate, oleoresin paprika and oleoresin turmeric (coloring agents), polysorbate 60, polysorbate 80, calcium propionate (preservative), corn starch, soy lecithin, soy flour. Batter and breading: water, bleached wheat flour (enriched with niacin, iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), wheat flour, sugar, yellow corn flour, soy flour, contains 2% or less of the following: dextrose, modified corn starch, salt, lecithin, gum arabic, leavening (monocalcium phosphate, sodium bicarbonate), yeast, glycerine, natural and artificial flavor,

polysorbate 80, carrageenan. Pre- Fried in soybean oil.

CONTAINS: WHEAT, SOY, SOY LECITHIN

Beverages

SEATTLE'S BEST COFFEE: Roasted and ground coffee

COCA COLA® CLASSIC: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine. Natural flavors from plant sources.

DIET COKE®: Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (to protect taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Natural flavors from plant sources.

SPRITE®: High Fructose Corn Syrup and/or Sucrose, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate, Dimethylpolysiloxane. Natural flavors from plant sources.

DR PEPPER®: High Fructose Corn Syrup, Water, Caramel Color, Artificial and Natural Flavor, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), and Dimethylpolysiloxane. Natural flavors from plant sources.

Frozen- COCA COLA CLASSIC®: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Quillalia, Yucca Extract. +Natural flavors from plant sources.

Desserts and Shakes:

DUTCH APPLE PIE: Apples, enriched flour, water, glucose-fructose, palm and soybean oil shortening, sugar, modified corn starch, palm and soybean oil, margarine, apple juice concentrate, soybean oil, salt, dextrose, silicon dioxide, xanthan gum, potassium sorbate, spices, malic acid, yeast, ascorbic acid, sodium propionate, citric acid, annatto.

CONTAINS: WHEAT AND SOY

HERSHEY'S SUNDAE PIE: Water, Sugar, Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Xanthan Gum and/or Carob Bean Gum and/or Guar Gum), Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Vegetable Shortening (Coconut Oil and Palm Kernel Oil), High Fructose Corn Syrup, Vegetable Shortening (Palm Oil and Soybean Oil), Vegetable Oil (Palm Oil, Coconut Oil and Soybean Oil), Cocoa (Natural and Processed with Alkali), contains less than 2 % of each of the following:, Corn Syrup, Dextrose, Chocolate, Baking Soda, Salt, Natural and Artificial Flavors, Sodium Caseinate (A Milk Derivative), Soy Lecithin, Polysorbate 60, Modified Cellulose Gum, Colored with Beta Carotene, Cocoa Butter, Mono- and Diglycerides, Carrageenan, Polysorbate 65, Polysorbate 80, Sodium Phosphate, Corn Syrup Solids, Fructose, Maltodextrin, Malic Acid, Hydroxypropylmethylcellulose, Milkfat, Glyceryl-Lacto Esters of Fatty Acids, Lactose, Xanthan Gum, Disodium Phosphate, Polyglycerol Esters, Sodium Citrate, Sorbitan Monostearate, Guar Gum, Citric Acid, Dipotassium Phosphate, Food Starch-Modified, Milk.

CONTAINS: MILK, WHEAT, SOY

SOFT SERVE/SHAKE MIX: Milkfat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan.

CONTAINS: MILK

SOFT SERVE CONE: Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean Oil or Canola Oil, Modified Palm Oil, Soy Lecithin), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

CONTAINS: WHEAT, SOY

CARAMEL SUNDAE TOPPING: Corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), sugar, water, high fructose corn syrup, cream, butter, salt, mono and diglycerides, sodium bicarbonate, xanthan gum, natural flavor

CONTAINS: MILK

CHOCOLATE FUDGE TOPPING: High fructose corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), partially hydrogenated palm kernel oil, cocoa processed with alkali, water, corn starch, salt, sugar, mono & diglycerides, disodium phosphate, artificial flavor, xanthan gum and sodium alginate CONTAINS: MILK

STRAWBERRY SUNDAE TOPPING: Strawberries, sugar, water, concentrated lemon juice, natural flavors, fruit and vegetable juice for color, guar gum, xanthan gum, citric acid

PEACH TOPPING: Peaches, Sugar, Dextrose, Water, Citric Acid, Pectin (Pectin, Sodium Diphosphate, Calcium Orthophosphate), Lemon Juice Concentrate, Salt, Turmeric Extract (Propylene Glycol, Extractives of Turmeric), Natural Flavor, Ascorbic Acid, Annatto.

GRANOLA: whole rolled oats, sugar, wheat flakes, corn syrup, honey, canola oil, whey (milk), molasses, tocopherols (antioxidant), natural flavor. **CONTAINS: WHEAT, MILK**

CHOCOLATE FUDGE TOPPING: High fructose corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), partially hydrogenated palm kernel oil, cocoa processed with alkali, water, corn starch, salt, sugar, mono & diglycerides, disodium phosphate, artificial flavor, xanthan gum and sodium alginate CONTAINS: MILK

CHOCOLATE SHAKE SYRUP: High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

CONTAINS: MILK

WHIPPED TOPPING: water, high fructose corn syrup, hydrogenated palm kernel oil, sugar, dextrose, *sodium caseinate (a milk derivative), contains less than 2% of the following: soy protein concentrate, polysorbate 60, carbohydrate gum, cellulose gel, salt, natural flavor, to preserve freshness (potassium sorbate), cellulose gum, polyglycerol esters of fatty acids, xanthan gum.

CONTAINS: MILK, SOY

GRANOLA: whole rolled oats, sugar, wheat flakes, corn syrup, honey, canola oil, whey (milk), molasses, tocopherols (antioxidant), natural flavor. **CONTAINS:**

MLK AND WHEAT

OREO COOKIE CRUMBLES - Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Palm And/Or High Oleic Canola And/Or Soybean Oil, Cocoa (Processed With Alkali), High Fructose Corn Syrup, Baking Soda, Cornstarch, Salt, Soy Lecithin (Emulsifier), Vanillin - An Artificial Flavor. Chocolate.

CONTAINS: WHEAT AND SOY

M & Ms PIECES: Milk chocolate (sugar, chocolate, skim milk, cocoa butter, lactose, milkfat, soy lecithin, salt, artificial flavors), sugar, less than 2% - cornstarch, corn syrup, coloring (includes yellow 5 lake, red 40 lake, blue 1 lake, yellow 6 lake, blue 2 lake, yellow 5, red 40, blue 1, yellow 6, blue 2), dextrin. product is kosher "m&m's" candies may contain peanuts / made on equipment that also processes peanuts.

CONTAINS: MILK and SOY, MAY CONTAIN PEANUTS.

DOUBLE CHOCOLATE OREO BROWNIE: Sugar, enriched bleached and unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin b1}, riboflavin {vitamin b2}, folic acid), partially hydrogenated soybean and cottonseed oils, corn syrup, water, eggs, cocoa (processed with alkali and unprocessed), oreo chocolate sandwich cookies (sugar, enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin b1}, riboflavin {vitamin b2}, folic acid], partially hydrogenated soybean oil, cocoa processed with alkali, high fructose corn syrup, baking soda, cornstarch, salt, soy lecithin - an emulsifier, chocolate, vanillin - an artificial flavor), emulsifiers (vegetable mono- and diglycerides, soy lecithin), artificial flavor, salt, leavening (baking soda, sodium acid pyrophosphate, calcium phosphate, calcium sulfate), high fructose corn syrup, cornstarch.

CONTAINS: WHEAT, EGG, SOY. ALLERGY INFORMATION: MANUFACTURED ON EQUIPMENT THAT ALSO PROCESSES TREE NUTS. MAY CONTAIN TREE NUTS.

CHOCOLATE SHAKE SYRUP: High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

CONTAINS: MILK

VANILLA SHAKE SYRUP: Sugar, water, natural and artificial flavor, benzoic acid and potassium sorbate (preservatives), xanthan gum

STRAWBERRY SHAKE SYRUP: Strawberries, sugar, water, concentrated lemon juice, natural flavors, citric acid, pectin, sodium benzoate and potassium sorbate (preservatives), artificial colors (red 40 and blue 1), cellulose gum

CHOCOLATE CHIP COOKIE: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Brown Sugar, Eggs, Butter, Natural and Artificial Flavor, Baking Soda, Salt.

CONTAINS: MILK, WHEAT, EGGS, AND SOYBEAN

OATMEAL RAISIN COOKIE: Enriched bleached flour (Bleached flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), rolled oats, sugar, brown sugar, margarine (palm oil, water, salt, mono- adn diglycerides, natural flavor, vitamin A palmitate, beta carotene), raisins, coconut, eggs, butter, invert sugar, whole milk, bakin soda, artificial flavor, salt.

CONTAINS: MILK, EGGS, COCONUT, WHEAT

WHITE CHOCOLATE MACADAMIA NUT COOKIE: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Dextrose, Soy Lecithin, Artificial Flavor), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Brown Sugar, Macadamia Nuts, Eggs, Butter, Natural and Artificial Flavor, Baking Soda, Salt.

CONATINS: MILK, WHEAT, EGGS, SOYBEANS, AND MACADAMIA NUTS

Important Information:

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*Artificial maple flavor in Vermont only.

**Burger King Corporation makes no claim that the BK VEGGIE® Burger or any other of its products meets the requirements of a vegan or vegetarian diet. The patty is cooked in the microwave.

•The sodium content of French Fries may vary based on level added after cooking. To reduce sodium, HAVE IT YOUR WAY® and order your french fries without salt.

"‡": These values represent Sodium derived from ingredients other than water. The actual amount of Sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.

Products that are fried in a shared fryer include but may not be limited to: BK BIG FISH® Filet, Pork Sausage, TENDERCRISP® Chicken patty, CHICKEN TENDERS®, BK® Chicken Fries, Original Chicken Patty, Spick CHICK'N CRISP® Patty, Hash browns, French Toast Sticks, Funnel cake sticks and Onion Rings. French Fries are cooked in a fryer designated for French Fries only. Frier oil contains: corn, canola, soy and or/cottonseed oils.

Allergen Key:

M: MILK W: WHEAT

E: EGG

S: Soy or soy lecithin

P: Peanut T: Tree nut F: Fish

NONE: Contians none of the above

allergens

▲ Please note:

This information provided by Burger King Corporation regarding our food is as complete as possible at the time of this publication. The information on this list is reported to us by our suppliers and is based on Burger King Corporation's standard product formulations. Variations may occur depending on the supplier and on product assembly on a restaurant-by-restaurant basis. Product formulations may change periodically, we continue to update this list to reflect changes that occur in our products.

From time to time, restaurants may test or feature products containing dairy (or other allergens) which will be cooked in the same broiler with beef and chicken products. At those times, it is possible that small amounts of milk protein (or other allergens) may be present on beef and chicken patties. Burger King Corporation, its franchisees, and employees, do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Please always consult your healthcare practitioner for questions regarding your diet. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.bk.com on a regular basis to obtain the most up-to-date information about our food before

you order. If you have specific questions about our menu, call:

Burger King Consumer Relations Department:

(305) 378-3535 (Monday-Friday 9 a.m.-5 p.m. ET)

or mail inquiries:

Burger King Corporate Office

Attn: Consumer Relations Department

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