

Parkour/Freerunning

I have been doing parkour and freerunning since my freshman year of high school. This is my favorite form of expression as I am able to choose the routes I want to take and choose how I want to approach them. This is my favorite past time as well as my favorite way to discipline and exercise my body.

To the right is a picture of a jump I made at Memorial Park in Pasadena.



Here is a front shot of a jump I made at the same park.



Here is a vault I performed over a railing at a park in San Diego.

