

## April 27, 2024

### *Book Sale*



Hello spring! Hello book sale! Check out the deals at our Clemens Mill, Hespeler, Preston, and Queen's Square locations. Items are \$0.50 each or three (3) for \$1.00. You can also purchase a cloth Idea Exchange bag for \$5.00 and fill it yourself. Available items may include adult and children's books, magazines, CDs, and DVDs. Prices for select unusual items may differ and will be priced accordingly. All items are available AS IS. Please pay for all materials at the member services desk. Teachers, Daycare Providers, and Community Agencies: Speak to staff for discount. AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Book Sales —TAGS: —

### *Introduction to Digital Embroidery*



In this class, we will go through the basics of using the Makerspace embroidery machine. You'll learn to upload designs, hoop your fabric, thread the machine, and more. We'll also share common mistakes or errors you may receive and how to resolve them. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Maker Programs —TAGS: —Technology —Sewing —Makerspace —Embroidery —DIY —

### *Get Twisted: the Art of Pretzel Making!*



Join our pretzel making class and twist your way to deliciousness! It's a fun and dough-filled experience that you won't want to miss! Pretzels will be baked in our historic bake oven and you'll take dough home with you to impress your friends! Ages 10+, children must be accompanied by an adult participant.

### *Practice Your English: Queen's Square*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

### *Pokémon Allegiance*



Pokémon fans unite! Join fellow Pokémon enthusiasts for an hour of trading, gaming, and crafting. Please note: Participants are responsible for their own trades. Idea Exchange is not liable for any trades deemed unfair. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —School Aged —Pokemon —Pokémon —Gaming —Fan Week —Crafting —

## April 28, 2024

### *Undergrowth*



April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition Undergrowth, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: Undergrowth AGE GROUP: —Cambridge

Art Galleries —EVENT TYPE: —Exhibitions + Openings  
—TAGS: —Exhibitions —Arts —

### *Book Sale*



Hello spring! Hello book sale! Check out the deals at our Clemens Mill, Hespeler, Preston, and Queen's Square locations. Items are \$0.50 each or three (3) for \$1.00. You can also purchase a cloth Idea Exchange bag for \$5.00 and fill it yourself. Available items may include adult and children's books, magazines, CDs, and DVDs. Prices for select unusual items may differ and will be priced accordingly. All items are available AS IS. Please pay for all materials at the member services desk. Teachers, Daycare Providers, and Community Agencies: Speak to staff for discount. AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Book Sales —TAGS: — —

### *SOLD OUT - Tea by the Grand at McDougall Cottage*



Grab a friend, or two (or more) and join us for one of McDougall Cottage's ever-popular Teas by the Grand. We'll be serving up our classic Cottage Tea, complete with cucumber and cream cheese tea sandwiches, smoked salmon cream cheese pinwheels, scones with preserves and whipped cream, shortbread and more! What could be better than a chat and a nosh in a cozy 165 year old stone cottage followed by a leisurely stroll through our enchanting heritage garden? Please note: If you have questions regarding dietary restrictions please contact us before purchase at [mcdougall@regionofwaterloo.ca](mailto:mcdougall@regionofwaterloo.ca). Gluten-free options are only available at our specialty gluten-free teas. Check our website for upcoming dates or please email us. To assist staff with event set-up: If the members of your party are purchasing tickets individually, rather than under one reservation please email us in advance of the tea, so we can be sure to seat all the members of your party together [mcdougall@regionofwaterloo.ca](mailto:mcdougall@regionofwaterloo.ca) Ch

**April 29, 2024**

### *Undergrowth*



April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition Undergrowth, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: Undergrowth AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Totstime*



Dance, sing, rhyme, and craft with your tot. Enjoy stories, songs, and movement—an excellent program for meeting other children and caregivers in your community. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

### *Explore on the Floor*



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

### *Explore on the Floor*



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH CHILD attending the program. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please

only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker

### *Kindergarten Connections*



Get ready for Kindergarten! Complete a registration for EACH CHILD attending the program. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

### *The SWAG Club*



Snacks with arts and games! Hang out with a cool group of like-minded peeps and bring out your creative side. Every week has a different theme featuring unique take-home projects or games in a chill atmosphere. Grab your friends and join us for The SWAG Club! Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —Games —Crafts —

### *Afternoon Craft Club*



Enjoy games, activities, crafts, and yummy snacks. Get crafty with a new project each week after school. Accessibility If

you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Games —Crafts —

### *Knit 'n' Chat Meet-Up*



Share your ideas and creations with fellow knitters. Whether you're an expert, or just starting out, everyone is welcome to participate or just have some friendly conversation. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Meet-Up —Knitting —

### *INSPIRE*



Group activities focused on friendship building and empathy. We'll be focusing on the power of empathy and developing that superpower within us. Group activities focus on friendship building, what empathy is, how can we show empathy, barriers to showing empathy, bullying etc. The groups are highly interactive through the use of cooperative games, video clips, and group activities that create an environment that promotes building self-confidence, developing communication skills, making new friends, and of course, having some fun. This program is facilitated by Women's Crisis Services. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a

### *Advanced Photography*



You've really gotten into SLR photography and would like to take it to the next level? Join us for a four-week course learning the tricks and magic of SLR photography. We will work on

the exciting subjects of advanced portraiture with an introduction to studio lights, low light photography special effects, and photojournalism. This course will teach the mental process of image craft – using your camera as the tool to bring your vision to life. It is recommended that students master the techniques of the Basic and Intermediate courses before attempting this course. A separate flash unit and tripod will be needed for many of the lessons. As always, film or digital SLRs are welcome. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If

## April 30, 2024

### *Undergrowth*



April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition *Undergrowth*, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: *Undergrowth* AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Stories and Stretches*



Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun! Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

### *STEAM Friends*



Read along with stories and have fun playing together in a safe and supported environment for 2SLGBTQIA+ youth, families, and allies. This program is generously funded by a grant from the Lyle S. Hallman Foundation. In collaboration with SPECTRUM, Waterloo Region's Rainbow Community

Space. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —Stem —Steam —Queer —2SLGBTQIA+ —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH CHILD attending the program. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Baby and Parent —Baby —

### *STEAM Storytime*



Twinkle, twinkle, little star, how I wonder what you are... Songs, rhymes, stories, and fun learning activities that inspire curious little minds to explore STEAM (science, technology, engineering, art, and math) and more. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —School Aged —Preschool —

### *Art Cart*



Drop in to create a unique craft! Colour a drawing, make a collage, build a sculpture! Try something new each time you visit the Cambridge Art Gallery Education Art Cart. Presented by CAGE. AGE GROUP: —Kids —Cambridge Art Galleries —EVENT TYPE: —Programs + Work-

shops —TAGS: —Arts —

*Shake, Rattle, and Read*

Come shake, rattle, and read with us! Complete a registration for EACH CHILD attending the program. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

*Sensory Break*

We welcome families to join us for an hour of sensory exploration. Whether you need to move your body, or rest in a calming environment, this is a great opportunity to explore sensory toys and activities. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

*Kindergarten Connections*

Get ready for Kindergarten! Complete a registration for EACH CHILD attending the program. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

*Totstime*

Dance, sing, rhyme, and craft with your tot. Enjoy stories, songs, and movement—an excellent program for meeting other children and caregivers in your community. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby

*Let's Talk Newcomer Youth Program**Old Post Office: Creative Collages*

Design and create stunning unique collages and learn how to digitize them! Learn how to layer paper to make your collages come to life and finalize it with a digital scan of your work. Please bring a USB stick if you would like to take home a digital copy. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Tech Training —Collage —Arts —

*Ukulele Spring Concert*

The first blooms of spring always make my heart sing. Welcome spring with an upbeat concert preformed by the Queen's Square ukulele meet-up group. Seating is on a first-come first-serve basis. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —Adults —EVENT TYPE: —Special Events —Live Performances —TAGS: —Music —Instruments —

*Practice Your English: Hespeler*

Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics, featuring group activities and one-on-

one or one-on-two practice in a fun and helpful environment. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

## May 01, 2024

### *Undergrowth*



April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition Undergrowth, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: Undergrowth AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Sensory Tales*



All the senses are celebrated in this inclusive sensory experience. Join us for an immersive sensory story time filled with adventure. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

### *Totstime*



Dance, sing, rhyme, and craft with your tot. Enjoy stories, songs, and movement—an excellent program for meeting other children and caregivers in your community. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH CHILD attending the program. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Baby and Parent —Baby —

### *Hespeler Knitting Circle*



Share your ideas and creations with fellow knitters. Whether you're an expert, or just starting out, everyone is welcome to participate, or just have some friendly conversation. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Knitting —Arts —

### *Totstime*



Dance, sing, rhyme, and craft with your tot. Enjoy stories, songs, and movement—an excellent program for meeting other children and caregivers in your community. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

### *Art Cart: Fan Week*



Drop in to create a unique craft! Inspired by Fan Week create a super cool craft based on your favourite characters. Presented by CAGE:AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Fan Week —Crafts —Arts —

### *Music n' Motion*



A high-energy dance party where we will move our bodies and create musical-themed crafts. Complete a registration for EACH CHILD attending the program. We will sing, dance, read a story, and then make an instrument using household objects. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Music —Arts —

### *Explore on the Floor*



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

### *Kindergarten Connections*



Get ready for Kindergarten! Complete a registration for EACH CHILD attending the program. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending

the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

### *Community Desk: Welcome Kinbridge!*



Are you a newcomer trying to get ready for the Canadian workforce? Kinbridge is here to help. Kinbridge's Newcomer Employment Outreach offers support with resume and cover letter writing, interview preparation, job search advice, and integrating into the Canadian workplace. Drop in or contact Lily Magnus to book an appointment for referrals to workshops and training. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Resume —Jobs —Interviews —Employment —Cover Letter —Community —Careers —

### *The 4pm Project*



Come and explore, create, and share with crafts, robotics, comics, and more. Build, paint, draw, and construct something with new ideas and activities every week. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —School Aged —Crafts —

### *Paws for Reading*



Join a class of therapy dogs at for the ultimate read-

ing practice program. Complete a registration for EACH CHILD attending the program. Children learn about therapy dogs from volunteers, then get to read to the doggies. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Dogs —Animals —

### *Explore Your Future: Career Expo in Cambridge*



Caregivers: did you know that you are the most significant influencer of your children's career choices? When they start asking questions you can't answer, visit local experts who can, at Explore Your Future! Explore Your Future helps caregivers, students and educators to better understand opportunities for work and learning here in Waterloo Region. Over 50 exhibitors will showcase careers and answer your questions, including: In addition to exhibitors, info sessions will be offered on high interest topics such as: Thanks to the generosity of our sponsors and exhibitors, Explore Your Future is free to the public. To avoid lineups at the door and to be eligible to win prizes, register in advance! Registration is required so that we can communicate important details to attendees in advance, and track overall participation for our funders.

### *Board Game Café*



From cards to Catan, this is a warm and friendly atmosphere for fans of low-tech table games. Try new games or bring your favourites with you. From deep strategy to goofy fun, all interest levels are welcome. Snacks and drinks are provided. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Table Top Games —Games —Gamer —Fan Week —Board Games —

### *Practice Your English: Clemens Mill*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

### *Photographers Spring Meet-Up*



Join us at our seasonal meet up for photography enthusiasts. Come to a night of socializing and chatting about all things photography as we get our cameras out for spring. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Photography —Arts —

### *Fibre Arts Meet-Up*



Join other fibre arts enthusiasts as you work on your own project in a social environment. Share ideas and tips with like-minded folks related to knit, crochet, embroidery, macrame, sewing, and other fibre arts for a weekly social meet-up. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Fibre —Crafts —Arts —



# May 02, 2024

## *Undergrowth*



April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition Undergrowth, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: Undergrowth AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

## *EMC SW Ont In-Person Session Member Networking - Ontario's Health Safety Prevention Policy*



EMC Canada, in conjunction with the City of Cambridge, Economic Development is pleased bring you this event for Manufacturing Companies. At this session we will be joined by Dr Joel Moody, Chief Prevention Office and Assistant Deputy Minister Ontario Ministry of Labour, Immigration, Training and Skills Development on May 2nd, 2024. Dr Moody will be speaking to the group about Ontario's Health and Safety Prevention Strategy. As the strategy unfolds over the next five years, it will offer Ontario workplaces these benefits and more. The event will include an opportunity to network with your peers and learn more about how EMC can provide support and resources to help you establish and maintain a healthy, safe and productive manufacturing facility. Agenda 8:30 am - Networking and continental breakfast 9:00 am - Ontario's Health and Safety Prevention Strategy Dr Joel Moody 10:30 am - EMC Health and Safety Support and Resources/Networking 12:00 - End Use this link to RSVP! <https://emccanada.org/events>

## *Time for Twos and Threes*



Bring your tot for some late-morning fun. Complete a registration for EACH CHILD attending the program. Join us for fun and engaging stories, songs, and activities for 2 and 3-year-olds and their caregiver each week. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —Singing —Preschool —Music —

GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —Singing —Preschool —Music —

## *Time for Twos and Threes*



Bring your tot for some late-morning fun. Complete a registration for EACH CHILD attending the program. Join us for fun and engaging stories, songs, and activities for 2 and 3-year-olds and their caregiver each week. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —Singing —Preschool —Music —

## *Explore on the Floor*



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

## *Shake, Rattle, and Read*



Come shake, rattle, and read with us! Complete a registration for EACH CHILD attending the program. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —Singing —Preschool —Music —

Workshops —TAGS: —Preschool —Baby —

### *Shake, Rattle, and Read*



Come shake, rattle, and read with us! Complete a registration for EACH CHILD attending the program. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

### *Art Cart: Fan Week*



Drop in to create a unique craft! Inspired by Fan Week create a super cool craft based on your favourite characters. Presented by CAGE: AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Fan Week —Crafts —Arts —

### *Stories and Stretches*



Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun! Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

### *Homeschool Makers*



An interactive opportunity to explore a wide range of maker equipment. From innovative technologies to traditional art forms, explore something new each week. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please

add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Maker Programs —TAGS: —School Aged —Makerspace —Arts —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH CHILD attending the program. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker

### *Practice Your English: Virtual*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

### *SPECTRUM Cambridge Transgender Peer Support Group*



Join SPECTRUM for a discussion and to meet other local gender-diverse folks. Funded by a grant from the Cambridge and North Dumfries Community Foundation, the bi-weekly Cambridge Transgender Peer Support Group is an informal, discussion-based, drop-in program. This group is a space for adults that identify within the trans/gender variant umbrella. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you

are attending a registered program with a support person, please add your support worker as a guest when you sign up.COST: FreeAGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —SPECTRUM —Queer —Pride —2SLGBTQIA+ —

### *Pyjama Tales*



Wear your pajamas and bring a stuffie to this evening storytime for families. Wear your pajamas and bring a stuffie to this evening storytime for families. Hear a bedtime story, sing songs, and make a craft to take home. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up.COST: FreeAGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —School Aged —Preschool —

### *Retro Gaming*



Gaming fun with a retro twist! Everyone who loves board games, video games, and having fun is welcome to join us to play a variety of retro games. This program is presented in partnership with OPERANDi Gaming Community. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up.COST: FreeAGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Video Games —Retro Gaming —Gaming —Gamer —Fan Week —Board Games —

### *Ukulele Meet-Up*



Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) be-

fore the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up.COST: FreeAGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Music —Meet-Up —Instruments —

### *Creative Cosplay*



Learn about different cosplay resources and gain some inspiration in how you could utilize our Makerspace tools to complete your look! Whether you're a beginner or a well-seasoned cosplayer, the Makerspace has many resources for character creation! Learn about the space and socialize with other creators during Fan Week! Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up.COST: FreeAGE GROUP: —Teens —Adults —EVENT TYPE: —Maker Programs —TAGS: —Tween —Makerspace —Fan Week —Cosplay —

### *Crafty Kids*



Get crafty! Get inspired by a story and then explore your creativity with unique crafts and art projects each week, fun for all ages. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up.COST: FreeAGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Crafts —Crafting —Arts —

## **May 03, 2024**

### *Undergrowth*



April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition Undergrowth, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange

- Preston.Explore: UndergrowthAGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Preschool Picassos*



Draw out your child's inner Picasso with amazing art projects. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

### *Explore on the Floor*



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

### *The Imagination Station*



Let your imagination run wild! From playing dress-up, to flying in a make-believe airplane, children will have the opportunity to explore themselves and the world around them. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —

—Preschool —

### *The Unseen Photos of the Great Flood of '74*



On exhibit from Friday, May 3 to Thursday, May 9. From the floor to ceiling glass walls in the Riverview Room, look out and compare the river today with photographs of the raging water during the 1974 flood. Photo credit: Courtesy of City of Cambridge Archives. Also consider, joining us on Saturday, May 4 when the Old Post Office will host a talk by Ken DePodesta and Tom Smith about flood protections after this disastrous flood, as well as a display of more images and video of this historic event. Additional events will be happening on May 4 at Civic Square (50 Dickson St.) and around downtown Galt including: Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add

### *Preschool Picassos*



Draw out your child's inner Picasso with amazing art projects. Complete a registration for EACH CHILD attending the program. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

### *Connections 50+ Queen's Square*



Connect with other adults while enjoying concerts, crafting, chats, and more. This older adult-focused program features a variety of entertaining activities such as local musicians, guest speakers, art activities, and much more. COST: Free AGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Seniors —Concert —Community —Arts —

*Art Cart: Fan Week*

Drop in to create a unique craft! Inspired by Fan Week create a super cool craft based on your favourite characters. Presented by CAGE:AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Fan Week —Crafts —Arts —

*STEAM Storytime*

Twinkle, twinkle, little star, how I wonder what you are... Songs, rhymes, stories, and fun learning activities that inspire curious little minds to explore STEAM (science, technology, engineering, art, and math) and more. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —School Aged —Preschool —

*Community Desk: Welcome John Howard Society*

Staff from John Howard Society's Cambridge Career Connections will be onsite to provide support and resources to job seekers. Drop in to meet with Employment Coordinators from Cambridge Career Connections to learn about FREE services to support job seekers in the Cambridge Community. Employment Coordinators will be able to provide resume and cover letter writing resources, interview and job search tips, and links to job leads and employment opportunities. Cambridge Career Connections is an Employment Ontario Service Provider, providing Employment Services, Youth Job Connection, and Better Jobs Ontario programs. This program is happening on a rotating basis at four Idea Exchange locations: Clemens Mill, Hespeler, Preston, and Queen's Square. Check our calendar of events for dates, times, and locations. This program is a partnership of Idea Exchange, and John Howard Society in Cambridge. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we

**May 04, 2024***Undergrowth*

April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition Undergrowth, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: Undergrowth AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

*Cambridge Farmers' Market*

The Cambridge Farmers' Market is open year round 7am-1pm. We have something for everyone! Hot-prepared foods, meats, seafood, cheese, chutneys, pies, confections, preserves and seasonal vegetables.

*The Unseen Photos of the Great Flood of '74*

On exhibit from Friday, May 3 to Thursday, May 9. From the floor to ceiling glass walls in the Riverview Room, look out and compare the river today with photographs of the raging water during the 1974 flood. Photo credit: Courtesy of City of Cambridge Archives. Also consider, joining us on Saturday, May 4 when the Old Post Office will host a talk by Ken DePodesta and Tom Smith about flood protections after this disastrous flood, as well as a display of more images and video of this historic event. Additional events will be happening on May 4 at Civic Square (50 Dickson St.) and around downtown Galt including: Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add

*The Great Flood of '74, Cambridge's watershed moment*

In May 1974 floodwaters ravaged the Galt core of the new City of Cambridge causing considerable damage. It was a watershed moment for the new city and shaped the community into what we see today. On May 4, the Fire Hall Museum Education Centre will mark the 50th anniversary of the flood with an event featuring a new exhibit, fire trucks, the city's

new water rescue boat, various kiosks and a walk flowing from Civic Square through the flood zone to the Old Post Office Idea Exchange, where there will be a presentation on the flood protection and parks that's been installed in the wake of the flood.

### *The Great Flood of '74*



Reminisce and enjoy a fascinating display of video and images commemorating the 50th anniversary of the 1974 flood. Explore and re-live the fascinating events, images, and videos surrounding Cambridge's great flood of 1974. Images and videos of this historic event will be on display 10am to 11am and noon to 2pm. At 11am join Ken DePodesta and Tom Smith, who, after the 1974 flood, were instrumental in helping to guide the planning and integration of flood protection with open space development along the Grand River through Cambridge. Additional events will be happening at Cambridge City Hall and around downtown Galt including: This event is presented in partnership with Cambridge Fire Hall Museum and the City of Cambridge Archives. Photo courtesy of the City of Cambridge Archives. Accessibility: If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language inte

### *Superhero Stay and Play*



Calling all superheroes! Unite with children and other caregivers while they explore superhero stations throughout the children's area. Accessibility: If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids— EVENT TYPE: —Programs + Workshops— TAGS: —Stem—Steam—School Aged—Preschool—Fan Week—

### *Galactic Stay and Play*



Star Wars-themed activities for younglings of all ages. A long time ago in a galaxy far far away...there was crafts, games, a photo booth, and more to celebrate May the 4th. Accessibility: If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program

date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids— EVENT TYPE: —Special Events— TAGS: —Games—Fan Week—Crafts—

### *May the Fourth - Galactic Celebration*



In a galaxy not too far away, join us in celebrating May the Fourth in an EPIC way! RSVP at Eventbrite May 4th Talk - Stargazing in a Galaxy Far, Far Away: Exploring the Science of Stars. In this talk, we will take a journey through the birth, life, and death of stars as well as different types of stars found in the universe. We will explore why we often say, 'We are stardust', and how we have the dead stars to thank for our existence. We will end by taking a closer look at the nearest star - the Sun! Bio: Dr. Parshati Patel is an astrophysicist turned science communicator, educator, author, and artist based in London, Ontario, Canada. She earned her MSc and PhD in Astronomy, Planetary Science, and Exploration from Western University. During her graduate studies, she researched young, massive stars and the disks surrounding them using both observational data and computer modeling. These disks of dust and gas are a hub for planet formation, so studying the disks allows us to understand how st

### *After the Flood of '74*



Hear from Ken DePodesta and Tom Smith who were instrumental in the development of the Living Levee and flood protections in Cambridge after the 1974 flood. Ken DePodesta and Tom Smith will share stories of working together after the flood to plan and integrate flood protection with open space development along the Grand River through Cambridge. Images and videos about the 1974 flood will be on display 10am to 11am and noon to 2pm. A Photo Exhibit of unseen photos is also on display during Old Post Office open hours starting Friday, May 3 to Thursday, May 9. Additional events will be happening at Cambridge City Hall and around downtown Galt including: This event is presented in partnership with Cambridge Fire Hall Museum and the City of Cambridge Archives. Photo courtesy of the City of Cambridge Archives. Accessibility: If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you req

### *Creative Cards*



Create your own personalized card! Make a unique card from the heart using stickers, stamps and gel pens! All ages

welcome. Presented by CAGE: Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Kids —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Fan Week —Crafts —Arts —

### *Jane's Walk: Remembering the Flood of '74: Building the Living Levee*



Forever etched in the memories of long-time Cambridge residents is the Great Flood of '74... On May 17th of that year, the spring melt and weeks of rainy weather had caused the water levels in the Grand River to rise to record levels; there was little that could be done as the water poured over the banks and into Cambridge, overwhelming Galt and communities further south. It was the worst flash flooding in twenty years, causing nearly \$34 million in damage. In the aftermath of that historic flood, and to reduce the risk of future flooding, the Cambridge Living Levee was constructed along the river to protect Galt's historic downtown core. Plan to join McDougall Cottage staff on Saturday, May 4th for an enlightening half-hour Jane's Walk. We'll travel the path of the levee to explore this excellent example of human adaptation to flooding hazards, and learn how the levee continues to preserve the community around us. The Jane's Walks will leave from McDougall Cottage Historic Site (

### *Fan Week Music*



Fan week piano concert in the foyer. Morphy Music performs fan music from past and present. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Live Performances —TAGS: —Piano —Music —Fan Week —

### *Practice Your English: Queen's Square*



Meet new friends, learn about your community, share

your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

### *Pokémon @mon Allegiance*



Pokémon fans unite! Join fellow Pokémon enthusiasts for an hour of trading, gaming, and crafting. Please note: Participants are responsible for their own trades. Idea Exchange is not liable for any trades deemed unfair. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —School Aged —Pokemon —Pokémon —Gaming —Fan Week —Crafting —

### *Jane's Walk: Remembering the Flood of '74: Building the Living Levee*



Forever etched in the memories of long-time Cambridge residents is the Great Flood of '74... On May 17th of that year, the spring melt and weeks of rainy weather had caused the water levels in the Grand River to rise to record levels; there was little that could be done as the water poured over the banks and into Cambridge, overwhelming Galt and communities further south. It was the worst flash flooding in twenty years, causing nearly \$34 million in damage. In the aftermath of that historic flood, and to reduce the risk of future flooding, the Cambridge Living Levee was constructed along the river to protect Galt's historic downtown core. Plan to join McDougall Cottage staff on Saturday, May 4th for an enlightening half-hour Jane's Walk. We'll travel the path of the levee to explore this excellent example of human adaptation to flooding hazards, and learn how the levee continues to preserve the community around us. The Jane's Walks will leave from McDougall Cottage Historic Site (

*Queer Craft Circle: Cartooning*

LGBTQ2S+ identifying individuals are invited to explore a different creative project each month in a fun and safe space. Join us for this fun, casual program. Together we will explore a new creative project with a guest artist each month. Registration is limited to 25 LGBTQ+ identifying people in Waterloo Region. This month Trevor Waurechen will offer a crash-course on simplified anatomy for comics, with tricks to modify these methods to account for stylization and abstract/cartoon forms. This program is offered in collaboration with Spectrum, Waterloo Region's Rainbow Community. You can learn more about Spectrum by visiting [www.ourspectrum.com](http://www.ourspectrum.com). Accessibility: If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program

**May 05, 2024***Undergrowth*

April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition *Undergrowth*, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: *Undergrowth* AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

*Colours of India*

Ken Seiling Museum partnered with Sakhi Group is presenting 'Colours of India' event. Come and enjoy this event where you can witness diverse dance performances, colourful attire, children's corner, from different states of India and also take opportunity to know more about different associations in our region. Whether you're an aficionado of Indian culture or simply curious to explore its vibrancy, the *Colours of India* event promises an unforgettable experience. Don't miss this chance to celebrate spring with joy, dance, and a kaleidoscope of colours! This event is FREE

*The Unseen Photos of the Great Flood of '74*

On exhibit from Friday, May 3 to Thursday, May 9. From the floor to ceiling glass walls in the Riverview Room, look out and compare the river today with photographs of the raging water during the 1974 flood. Photo credit: Courtesy of City of Cambridge Archives. Also consider, joining us on Saturday, May 4 when the Old Post Office will host a talk by Ken DePodesta and Tom Smith about flood protections after this disastrous flood, as well as a display of more images and video of this historic event. Additional events will be happening on May 4 at Civic Square (50 Dickson St.) and around downtown Galt including: Accessibility: If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add

*Book Launch: Letters from the Club*

On Bereaved Mother's Day, join us for the book launch and hear from some of the mothers who contributed to the book *Letters from the Club: Wisdom from mothers who grieve*. Authors of the letters in the book will speak about the importance of writing their stories. About the Book: After the loss of her two sons, June Anderson felt a strong commitment to bring mothers together to share their experiences of the loss of a child. On the back cover of the book June writes, "I promise although this journey has no roadmap, there are those who can help. Sometimes I believe that there is an invisible silver thread that joins mothers that have lost children. We meet in the most usual places. When we meet, we know." Three years in the making, *Letters from the Club* is a collection of heart-wrenching stories, and has been described as a lifeline for mothers that mourn the loss of a child. In this beautiful anthology, 32 mothers talk about their devastating experience of loss, presented through individual

**May 06, 2024***Undergrowth*

April 6 - June 22, 2024 Curated by Karly Boileau In Mere Phantom's latest exhibition *Undergrowth*, the gallery, garden, and library converge in a display of shadow and light. Imagination runs free as we think about the worlds existing beneath our feet in this immersive environment created by the artistic duo for Cambridge Art Galleries, Idea Exchange - Preston. Explore: *Undergrowth* AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —



*Totstime*

Dance, sing, rhyme, and craft with your tot. Enjoy stories, songs, and movement—an excellent program for meeting other children and caregivers in your community. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

*The Unseen Photos of the Great Flood of '74*

On exhibit from Friday, May 3 to Thursday, May 9. From the floor to ceiling glass walls in the Riverview Room, look out and compare the river today with photographs of the raging water during the 1974 flood. Photo credit: Courtesy of City of Cambridge Archives. Also consider, joining us on Saturday, May 4 when the Old Post Office will host a talk by Ken DePodesta and Tom Smith about flood protections after this disastrous flood, as well as a display of more images and video of this historic event. Additional events will be happening on May 4 at Civic Square (50 Dickson St.) and around downtown Galt including: Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add

*Explore on the Floor*

Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

*Explore on the Floor*

Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

*Baby Connections*

Get ready for some circle time fun! Complete a registration for EACH CHILD attending the program. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker

*Kindergarten Connections*

Get ready for Kindergarten! Complete a registration for EACH CHILD attending the program. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

*The SWAG Club*

Snacks with arts and games! Hang out with a cool group of like-minded peeps and bring out your creative side. Every week has a different theme featuring unique take-home projects or games in a chill atmosphere. Grab your friends and join us for The SWAG Club! Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Teens —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —Games —Crafts —

### *Afternoon Craft Club*



Enjoy games, activities, crafts, and yummy snacks. Get crafty with a new project each week after school. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Games —Crafts —

### *Knit 'n' Chat Meet-Up*



Share your ideas and creations with fellow knitters. Whether you're an expert, or just starting out, everyone is welcome to participate or just have some friendly conversation. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a guest when you sign up. COST: Free AGE GROUP: —Adults

—EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Meet-Up —Knitting —

### *INSPIRE*



Group activities focused on friendship building and empathy. We'll be focusing on the power of empathy and developing that superpower within us. Group activities focus on friendship building, what empathy is, how can we show empathy, barriers to showing empathy, bullying etc. The groups are highly interactive through the use of cooperative games, video clips, and group activities that create an environment that promotes building self-confidence, developing communication skills, making new friends, and of course, having some fun. This program is facilitated by Women's Crisis Services. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If you are attending a registered program with a support person, please add your support worker as a

### *Advanced Photography*



You've really gotten into SLR photography and would like to take it to the next level? Join us for a four-week course learning the tricks and magic of SLR photography. We will work on the exciting subjects of advanced portraiture with an introduction to studio lights, low light photography special effects, and photojournalism. This course will teach the mental process of image craft – using your camera as the tool to bring your vision to life. It is recommended that students master the techniques of the Basic and Intermediate courses before attempting this course. A separate flash unit and tripod will be needed for many of the lessons. As always, film or digital SLRs are welcome. Accessibility If you require an accessibility accommodation for this program or event, please tell us how we can meet your needs as soon as possible so arrangements can be organized. If you require a sign language interpreter, please let us know at least two-weeks (10 working weekdays) before the program date. If