

February 10, 2024

Accessibility and the Parks Master Plan



A Parks Master Plan Public Information Centre will be at the Galt Arena Gardens (98 Shade St.) on Saturday, February 10, 2024 from 9 am to 12 noon to gather input specifically on accessibility and inclusion aspects of our parks like accessible playgrounds, best practices, examples from other municipalities, amenities, etc. Information on draft accessibility standards and a series of questions will be provided in order to gather feedback.

SOLD OUT - Valentine Candy Making Party



Step back in time and experience the warmth and charm of a heritage kitchen with our Valentine Candy Making Party. Enjoy time with your Valentine around the fire and join in an old fashioned candy making party. Learn to make sweet treats like marshmallows, maple cream fudge, and participate in an old-fashioned taffy candy pull. Take home a box of your treats and end the experience around the open fire making popcorn and drinking hot cocoa. This is an adults only event. Bring a date, a friend, or make new friends at this fun hands on workshop. Whether you're an aspiring cook, history enthusiast, or simply seeking a unique culinary experience, our workshop offers a sweet taste of the past. Registration required. Presenter: Carolyn Blackstock. Information for Museum Members: Region of Waterloo Museums Member pricing: 10

Cricut Maker Basics



Learn the basics of our Cricut Maker. Learn to design a custom t-shirt or make beautiful cards and party decorations for any occasion with the Cricut Maker. COST: Free. AGE GROUP: —Teens —Adults —EVENT TYPE: —Maker Programs —TAGS: —Technology —Tech Training —Makerspace —Maker —Cricut —

Mead Making Workshop



Mead you look! Created for people looking to expand

their drink-making skills, choose the honey profiles you want to build your own individual version of a Mead. Take home around 3.8 litres of your very own mead, to impress and share with friends and family! This workshop is 19+. All equipment and supplies are included. During this four-hour class, you will: Presenter: This workshop is brought to you by Backed By Bees and Ken Seiling Waterloo Region Museum. Located in Burlington, ON, Backed By Bees believes that the natural world teaches us much. As beekeepers and meadmakers, they are always learning to improve their craft. Backed By Bees responsibly keeps bees and offers raw honey, honey soda, sustainable honey wine, mead, and other honey-based products to the surrounding areas. Visit <https://backedbybees.com/> for more information. Information for Museum Members: Region of Waterloo Museums Member pricing: 10

Card Making



Make a unique hand made card. Carve your own stamp and use a variety of makers to make a meaningful card to give to loved ones. All ages welcome! AGE GROUP: —Teens —Kids —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

Practice Your English



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics, featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. COST: Free. AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

Pokémon Allegiance



Pokémon fans unite! Join fellow Pokémon enthusiasts for an hour of trading, gaming, and crafting. Please note: Participants are responsible for their own trades. Idea Exchange is not liable for any trades deemed unfair. COST: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —School Aged —Pokémon —Pokémon —Gaming —Crafting —

Mario Kart Tournament

Test your driving skills against your competitors in Mario Kart on our big screen. Players will be split into two categories: Ages 6 – 12 and Ages 13 – 18. Winners in each category will receive a prize. Please be sure to arrive on time in order to sign up for this event. Late arrivals are not guaranteed a spot to race. COST: Free AGE GROUP: —Teens —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Video Games —Mario Kart —Games Tournament —Games —Gamer —

Galentine's Day at Schneider Haus

No matter what your love life looks like, you always have your Galentines! Gather up your gals and pals and head on down to Schneider Haus for an evening of celebrating friendship! Learn to twist yourself the perfect pretzel and choose to make yours either salty or sweet. While they bake, learn how to make bath bombs perfect for a night of self-care and make/swap Galentines with your friends. Finish off your night enjoying your perfect pretzel with speciality spreads, our exclusive mocktails, and good company! XOXO Schneider Haus-Price:\$25 plus HST and Eventbrite fees 1-hour timeslots at 6:30 pm, 7:30 pm, 8:30 pm Register on EventBrite

February 11, 2024*DÃ@rives*

December 9, 2023 to March 17, 2024 Curated by Alix Voz Aware that movement is self-constructed, Torres is attentive to the forks in our paths and direction changes that shape our contemporary way of life. The installation creates a space of questioning about a reality in which displacement invokes both the fragility and the adaptability of the human being. At the intersection of art and architecture, or rather a product of their synergy, Dérives manifests as a space of freedom paving the way for limitless possibilities. This project materializes as an immersive and organically designed architectural ensemble, beckoning visitors to explore its depths and take ownership of the space itself. Conscient que le mouvement est aussi une construction de soi, Torres est attentif aux bifurcations et aux changements de direction qui façonnent notre mode de vie contemporain. L'installations créent des espaces d'interrogations sur une réalité dans laquelle le déplacement appelle la fragilité ainsi que

Repeating Granadas

January 20 to April 21, 2024 Curated by Karly Boileau "By sending our voices, visuals and visions outward into the world, we alter the walls and make them a framework for new windows and doors" - Gloria Anzaldúa Surrounded by glints of silver and gold, rich browns, patterns, and allegory, Michelle Peraza's solo exhibition, Repeating Granadas presents artwork in the form of site-specific installations, painting, and drawing as a means to process the ambiguity and complexity of being LatinX. "Enviando nuestras voces, visuales y visiones al exterior en el mundo, nosotros alteramos las paredes y hacemos los marcos para nuevas ventanas y puertas" - Gloria Anzaldúa Rodeada de destellos de plata y oro, abundante color café, patrones, y alegoría, la exhibición individual de Michelle Peraza, Repeating Granadas, presenta su trabajo artístico en forma de instalación en un sitio específico, pinturas, y dibujos como una manera de procesar la ambigüedad y complejidad de ser LatinX. Explore Repeating Gran

RHYTHM AND BLUES CAMBRIDGE - HAIR JOY: CELEBRATING OUR KINKS, OUR COILS, OUR CURLS

If you live in the KW region and have been struggling with or wanting to learn more about taking care of your child's or your own curly and afro-textured hair, then this is the workshop for you! We are very happy to present this workshop in partnership with Sassy Beauty Salon, Black Girl Excellence and the Kinbridge Community Association to help the families in the KW region take care of, honour and celebrate their natural hair. Sassy Miller owner of Sassy Beauty Salon will be facilitating our first hair workshop focusing on protecting your hair. Join us for an empowering hair event dedicated to protecting and celebrating your beautiful kinks and coils. Learn the art of roller setting techniques and other protective style methods that promote hair health and vitality. Our second Hair Workshop will be hands-on as we invite you to get creative. You will have the chance to work with your own mannequins and create a beautiful hairstyle. Use whatever techniques you have learned or already know

SOLD OUT - Valentine's Day "Death By Chocolate" Tea by The Grand

McDougall Cottage's mouth-watering "Death by Chocolate" Tea by the Grand makes its return, just in time for Valentine's Day! Grab a special someone, or two, and head down to McDougall Cottage for an indulgent tea experience featuring one of the most beloved flavours of all time, chocolate. We'll be serving decadent chocolate treats and drinks, alongside a couple of McDougall Tea classics, like cucumber and cream-cheese sandwiches, and bottomless tea, of course. If you and

your valentine or pal-entine have a sweet tooth, this event is for you! Please note: Reservations are required and space is limited, so reserve your spot now! Museum members receive a 10

February 12, 2024

DÃ©rives



December 9, 2023 to March 17, 2024 Curated by Alix VozAware that movement is self-constructed, Torres is attentive to the forks in our paths and direction changes that shape our contemporary way of life. The installation creates a space of questioning about a reality in which displacement invokes both the fragility and the adaptability of the human being. At the intersection of art and architecture, or rather a product of their synergy, DÃ©rives manifests as a space of freedom paving the way for limitless possibilities. This project materializes as an immersive and organically designed architectural ensemble, beckoning visitors to explore its depths and take ownership of the space itself. Conscient que le mouvement est aussi une construction de soi, Torres est attentif aux bifurcations et aux changements de direction qui faonnent notre mode de vie contemporain. L'installations cr ent des espaces d'interrogations sur une r alit  dans laquelle le d placement appelle la fragilit  ainsi que

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Totsttime



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excel-

lent program for meeting other children and caregivers in your community. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

Library Settlement Program



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a "first stop" for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

Shake, Rattle, and Read



Come shake, rattle, and read with us! Complete a registration for EACH CHILD attending the program. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

Explore on the Floor



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

Computers for Beginners



Get started using a computer in this fun, hands-on class geared towards beginners. Learn how computers work, what they're used for, and practice using a keyboard and mouse. This event is part of our "Computers for Beginners" series. Register for all four, or just the ones that catch your interest. Monday, January, 22: Start Using Computers Monday, January 29: Start Browsing the Internet Monday, February 5: Start Using Email Monday, February 12: Explore the Virtual Library Devices provided or bring your laptop. For help registering, please contact Idea Exchange - Queen's Square at 519-621-0460. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Technology —Tech Training —

Time for Twos and Threes



Bring your tot for some late-morning fun. Complete a registration for EACH CHILD attending the program. Join us for fun and engaging stories, songs, and activities for 2 and 3-year-olds and their caregiver each week. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

Sensory Tales



All the senses are celebrated in this inclusive sensory experience. Join us for an immersive sensory story time filled with adventure. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

Kindergarten Connections



Get ready for Kindergarten! Complete a registration for EACH CHILD attending the program. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

Knit 'n' Chat Meet-Up



Share your ideas and creations with fellow knit-

ters. Whether you're an expert, or just starting out, everyone is welcome to participate or just have some friendly conversation. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Meet-Up —Knitting —

Art and Wellness



Enjoy a creative evening in the Gallery Studio with a focus on improving mental health. During this evening you will be led through a fun activity resulting in an artwork and deeper sense of wellbeing. February 12 with Ali Burke In this interactive arts-based workshop participants will have an opportunity to create their own 'tree of life'. Through art and writing, you will explore themes of identity, personal and cultural history, skills and strengths, gifts, and hopes for the future. The tree of life concept has been developed by practitioners of Narrative Therapy and is used around the world to support individuals and communities to step into a 'riverbank' perspective to see themselves and their experiences differently. Ali Burke is a Registered Social Worker and Psychotherapist with over 14 years experience, she currently has a private practice in Cambridge, Ontario. Her work is grounded in the theories of Narrative Therapy, which sees people as having many skills, competencies, belief

INSPIRE



Group activities focused on friendship building and empathy. We'll be focusing on the power of empathy and developing that superpower within us. Group activities focus on friendship building, what empathy is, how can we show empathy, barriers to showing empathy, bullying etc. The groups are highly interactive through the use of cooperative games, video clips, and group activities that create an environment that promotes building self confidence, developing communication skills, making new friends, and of course, having some fun. This program is facilitated by Women's Crisis Services. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —School Aged —Arts —

February 13, 2024

DÃ@rives



December 9, 2023 to March 17, 2024 Curated by Alix Voz Aware that movement is self-constructed, Torres is attentive to the forks in our paths and direction changes that shape our contemporary way of life. The installation creates a space of questioning about a reality in which displacement invokes

both the fragility and the adaptability of the human being. At the intersection of art and architecture, or rather a product of their synergy, *Dérives* manifests as a space of freedom paving the way for limitless possibilities. This project materializes as an immersive and organically designed architectural ensemble, beckoning visitors to explore its depths and take ownership of the space itself. Conscient que le mouvement est aussi une construction de soi, Torres est attentif aux bifurcations et aux changements de direction qui façonnent notre mode de vie contemporain. L'installations créent des espaces d'interrogations sur une réalité dans laquelle le déplacement appelle la fragilité ainsi que

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Preschool Picassos



Draw out your child’s inner Picasso with amazing art projects. Complete a registration for EACH CHILD attending the program. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

Totstime



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. COST: Free AGE GROUP: —Kids —EVENT

TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

Stories and Stretches



Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun! COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

Art Cart



Drop in to create a unique craft! Colour a drawing, make a collage, build a sculpture! Try something new each time you visit the Cambridge Art Gallery Education Art Cart. AGE GROUP: —Kids —Cambridge Art Galleries —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

Explore on the Floor



Let’s Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

Kindergarten Connections



Get ready for Kindergarten! Complete a registration for EACH CHILD attending the program. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

Sensory Break



We welcome families to join us for an hour of sensory exploration. Whether you need to move your body, or rest in a calming environment, this is a great opportunity to explore sensory toys and activities. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

Valentine's Dessert Music Jam



Tuesday February 13 2:00 to 4:00 PM Valentine's Dessert Music Jam On Tuesday February 13 from 2 to 4 pm, the Ted Wake 50+ Centre will be hosting a Valentine's Dessert and Music Jam. Enjoy a social afternoon with old and new friends. There will be various desserts and you can sing your heart out with the music jam guitar players and musicians. There are a few seats left. Hurry up and register!! Ted Wake Centre Fee: \$6.00 At the Johnson Centre – 31 Kribs St Info: 519-740-4681 ext. 4460 and www.cambridge.ca/50news

Baby and Me



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH CHILD attending the program. Get ready for some circle time fun. Learn new songs and rhymes, share stories, and meet other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Baby and Parent —Baby —

The Art of Math



Have you ever wondered how art and math are related? Each week we will take a look at a new math concept, take part in games and activities, and create a math-based art project. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Arts —

Totstime



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excel-

lent program for meeting other children and caregivers in your community. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

Focus on Leadership



Become a leader in your community and share your unique perspective. Focus on Leadership is designed to provide training for racialized women interested in becoming leaders of tomorrow. Our training will focus on how to become a board member and increase networking abilities to gain access to employment opportunities focusing on team-building, problem-solving, and decision-making. As board members, you will be able to apply these skills to bring about change in the community. The topics covered are: 1. Types of Boards: Governance vs. Operations 2. Board Responsibilities 3. Committees and Working Groups 4. What to Expect Once on a Board 5. Mid-Point Review and Evaluation 6. Leadership Primer / Communication 7. Decision Making 8. Teamwork About Focus For Ethnic Women Focus For Ethnic Women supports women in the Waterloo Region by providing a nurturing, culturally-sensitive environment that builds self-esteem, social networks, employment-related skills, and connections to meaningful employment. COST:

Simple Machines



Each week we will create a different simple machine. Explore levers, pulleys, wheels, and gears in this fun and interactive STEAM (science, technology, engineering, art, and math) based craft program. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Crafts —

Engineering Science Quest



Engineering Science Quest (ESQ) returns this winter bringing fun hands-on STEM activities for Youth. Explore your engineering side and explore different topics like circuitry and robotics. Session 1: Tuesday, January 16: Creating Pixel Pets Create pixel pets Woof, Meow, and Squawk! This is your chance to play around with Micro:bits. Session 2: Tuesday, February 13: Battle of the Bots Engineer and design your own bot and challenge a friend in an epic battle. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Technology —Stem —Steam —School Aged —

Ukulele Meet-Up



Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. COST: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Music —Meet-Up —Instruments —

Basic Licensing Class with Cambridge Amateur Radio



Get your basic Amateur Radio license in this 10-week session! Join members of the Cambridge Amateur Radio club in a 10-week series of classes that will prepare you to obtain your basic Amateur Radio license. The exam will be completed in the last class and is included in the cost of the series. Amateur Radio (ham radio) is a popular hobby and service that brings people, electronics, and communication together. People use amateur radio to talk across town, around the world, or even into space, all without the internet or cell phones. It's fun, social, educational, and can be a lifeline during times of need. This program runs weekly on Tuesday evenings from January 23 to March 26. Registration is now closed. COST: \$20 plus HST to cover print material provided and the exam. AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —License —Ham Radio —

Practice Your English



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics, featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. COST: Free AGE GROUP: —Newcomers —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

PJ Tales Under the Rainbow



We are happy to host PJ Tales Under the Rainbow. Read along with stories, make crafts, and have fun playing together in a safe and supported environment for 2SLGBTQIA+ youth, families, and allies. This program is generously funded by a grant from the Lyle S. Hallman Foundation. In collaboration

with SPECTRUM, Waterloo Region's Rainbow Community Space. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SPECTRUM —School Aged —Queer —Preschool —2SLGBTQIA+ —

February 14, 2024

DÃ@rives



December 9, 2023 to March 17, 2024 Curated by Alix VozAware that movement is self-constructed, Torres is attentive to the forks in our paths and direction changes that shape our contemporary way of life. The installation creates a space of questioning about a reality in which displacement invokes both the fragility and the adaptability of the human being. At the intersection of art and architecture, or rather a product of their synergy, Dérives manifests as a space of freedom paving the way for limitless possibilities. This project materializes as an immersive and organically designed architectural ensemble, beckoning visitors to explore its depths and take ownership of the space itself. Conscient que le mouvement est aussi une construction de soi, Torres est attentif aux bifurcations et aux changements de direction qui façonnent notre mode de vie contemporain. L'installations créent des espaces d'interrogations sur une réalité dans laquelle le déplacement appelle la fragilité ainsi que

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Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement ac-

tivities, and fun! COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

Explore on the Floor



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

Little Learners



Join us on Wednesdays from 10 to 11 a.m., February 14 to March 20, 2024, for Little Learners! This parent-and-child program is designed for children ages two to four, to help get ready for Kindergarten. Little Learners offers space for children to participate in a variety of activities, crafts, and on-site excursions. There is a mix of free and structured activities, which allow children to explore and create in their own ways! Cost is \$5.00 + HST per child and one accompanying adult is free. For any extra adults, regular admission fees apply. If any participants would like to stay after the program to visit the museum, regular admission fees apply. This is a drop-in program, no pre-registration required. Region of Waterloo Museums Member pricing: 10

Music n' Motion



A high-energy dance party where we will move our bodies and create musical-themed crafts. Complete a registration for EACH CHILD attending the program. We will sing, dance, read a story, and then make an instrument using household objects. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Music —

Explore on the Floor



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

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Move and Groove



Get ready to move and groove! Complete a registration for EACH CHILD attending the program. We will practice jumping, crawling, balancing, dancing, and more at this station-based gross motor program. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

Community Desk: Welcome Kinbridge!



Are you a newcomer trying to get ready for the Canadian workforce? Kinbridge is here to help. Kinbridge's Newcomer Employment Outreach offers support with resume and cover letter writing, interview preparation, job search advice, and integrating into the Canadian workplace. Drop in or contact Lily Magnus to book an appointment for referrals to workshops and training. COST: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Resume —Jobs —Interviews —Employment —Cover Letter —Community —Careers —

Baby and Me



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH CHILD attending the program. Get ready for some circle time fun. Learn new songs and rhymes, share stories, and meet other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Baby and Parent —Baby —

Around the World

Grab your passports and boarding passes as we travel to a different country every week. We will play games, read stories, and create crafts that are from different countries around the world. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —School Aged —Games —Crafts —

Practice Your English

Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics, featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. For this program you are welcome to bring children aged 3+ with you to play and engage with our volunteers in the children's program room. Children 3 and under must remain with their parents in the program. COST: Free AGE GROUP: —Newcomers —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —

Fibre Arts Meet-Up

Join other fibre arts enthusiasts as you work on your own project in a social environment. Share ideas and tips with like-minded folks related to knit, crochet, embroidery, macrame, sewing, and other fibre arts for a weekly social meet-up. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Meet Up —Fibre —Crafts —Arts —

Mixed Up Masterpieces

No rules, no pressure, lots of glitter, and lots of fun. Disasterpieces are the name of the game as we explore our creative side through recycled items, destroyed dolls, wreck-it journals, and more. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —School Aged —Crafts —Arts —

February 15, 2024

DÃ@rives

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Time for Twos and Threes

Bring your tot for some late-morning fun. Complete a registration for EACH CHILD attending the program. Join us for fun and engaging stories, songs, and activities for 2 and 3-year-olds and their caregiver each week. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

Library Settlement Program



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a “first stop” for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA’s Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

ble experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Baby and Parent —Baby —

Totstime



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby and Parent —Baby —

Homeschool Makers



An interactive opportunity to explore a wide range of maker equipment. From innovative technologies to traditional art forms, explore something new each week. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Technology —Arts —

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The SWAG Club



Snacks with arts and games! Hang out with a cool group of like-minded peeps and bring out your creative side. Every week has a different theme featuring unique take-home projects or games in a chill atmosphere. Grab your friends and join us for The SWAG Club! COST: Free AGE GROUP: —Teens —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —Games —Arts —

Stories and Stretches



Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun! COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

Practice Your English



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Baby and Me



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH CHILD attending the program. Get ready for some circle time fun. Learn new songs and rhymes, share stories, and meet other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH CHILD attending the program. This will help us provide the best possi-

Pyjama Tales



Wear your pajamas and bring a stuffie to this evening storytime for families. Wear your pajamas and bring a stuffie to this evening storytime for families. Hear a bedtime story, sing songs, and make a craft to take home. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —School Aged —Preschool —

Bad Paint Night



Create a beautifully bad artwork, all fun and no pressure! All craft materials provided. AGE GROUP: —Teens —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

Kindness Rocks



Sing, dance, and practice self-confidence. It's time to sing and dance together to celebrate love! This music-based program encourages self-confidence as your little one practices new skills. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Singing —School Aged —Preschool —Music —Dancing —

Next in Soldering: Pocket FM Radio



Learn to solder a simple pocket FM stereo radio. Learn about basic electrical components in this two-week program. Apply your knowledge to complete a project you can take home. Participants must provide a signed waiver to participate in this program. COST: \$5.00 per registrant plus HST. This charge is to cover the cost of materials supplied. AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Soldering —Maker —DIY —

Ukulele Meet-Up



Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. COST: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Mu-

sic —Meet Up —Concert —

Queer Reading Circle



Join us for our monthly dive into 2SLGBTQ+ narratives! The Queer Reading Circle offers a welcoming space for 2SLGBTQ+ identifying individuals to connect and explore diverse materials related to the queer community. During the initial half-hour of our meet-up, we'll engage in a lively talk about recently enjoyed books or any other media. This is followed by a group reading and discussion of poetry, short stories, and more. No need to prepare in advance, as reading materials are provided. Feel free to join us on the third Thursday of every month at Idea Exchange's Queer Reading Circle! COST: Free AGE GROUP: —Adults —EVENT TYPE: —Book Clubs —TAGS: —Queer —2SLGBTQIA+ —

February 16, 2024

DÃ©rives



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Explore on the Floor



Let’s Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

The Imagination Station



Let your imagination run wild! From playing dress-up, to flying in a make-believe airplane, children will have the opportunity to explore themselves and the world around them. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

Dough Rae Me



Learn how to make different sensory doughs using everyday ingredients. Complete a registration for EACH CHILD attending the program. Learn how to make different sensory doughs using everyday ingredients. Interaction through songs and self-expression activities will have you returning each week. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —School Aged —Preschool —

Music Therapy Mornings



Explore music through songwriting, instruments, and collaborative improvisation in this expressive music program. Join Hailey, a certified music therapist from Axon Music Therapy, for an interactive and engaging music program. Participants may also share favourite artists or songs and discuss them with the group. Bring along your dancing shoes too as movement will be incorporated for a variety of abilities. No experience is required and instruments will be provided. COST: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Music —Dancing —Arts —

Connections 50+



Connect with other adults while enjoying concerts, crafting, chats, and more. This entertaining, older adult-focused program features local musicians, guest speakers, art activities, and much more. Lights snacks and refreshments served. January 19: Musical performance and activity January 26: Connections 50+ presents Cambridge Third Age Learning with Tom Woodcock and Tamara Jarvis February 2: Workshop with artist, Kari Mullin February 9: Musical performance and activity February 16: Activities Cambridge Art Galleries February 23: Connections 50+ presents Cambridge Third Age Learning with Prof. Kerstin Dautenhahn March 1: Axon Music Therapy March 22: Connections 50+

presents Cambridge Third Age Learning with Dr. Jennifer Tunncliffe
 COST: FreeAGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —Live Performances —Lectures + Talks —TAGS: —Seniors —CTAL —Concert —Arts —

Preschool Picassos



Draw out your child's inner Picasso with amazing art projects. Complete a registration for EACH CHILD attending the program. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: FreeAGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

Shake, Rattle, and Read



Come shake, rattle, and read with us! Complete a registration for EACH CHILD attending the program. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH CHILD attending the program. This will help us provide the best possible experience. COST: FreeAGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

Cultivating Self-Love through Mindfulness



In honour of February being the month of love, we are celebrating the most important form of love, self-love, through a three-week Metta Meditation (loving-kindness meditation) series led by award-winning Mental Health Advocate / Educator and fourth generation Meditation Practitioner, Iman Grewal. In this "Self-Love Through Mindfulness" series, participants will be guided and introduced to a loving-kindness meditation practice, in combination with a BodyScan meditation, and a self-guided practice for anyone beginning the journey of mindfulness to seasoned practitioners. This series will help folks start a practice and build on their existing practice. Lets cultivate self-love and self-compassion for a healthier you in 2024 and beyond. Pre-registration required. Space is limited. Tickets are non-refundable. Information for Museum Members Region of Waterloo Museums Member pricing: 10

Teen Trivia



From hit TV shows to professional sports, we will put your knowledge to the test. New themes weekly, and prizes to be won! COST: FreeAGE GROUP: —Teens —EVENT TYPE: —Programs + Workshops —TAGS: —Trivia —

Career and Job Support



Staff from John Howard Society's Cambridge Career Connections will be onsite to provide support and resources to job seekers. Drop in to meet with Employment Coordinators from Cambridge Career Connections to learn about FREE services to support job seekers in the Cambridge Community. Employment Coordinators will be able to provide resume and cover letter writing resources, interview and job search tips, and links to job leads and employment opportunities. Cambridge Career Connections is an Employment Ontario Service Provider, providing Employment Services, Youth Job Connection, and Better Jobs Ontario programs. This program is happening on a rotating basis at four Idea Exchange locations: Clemens Mill, Hespeler, Preston, and Queen's Square. Check our calendar of events for dates, times, and locations. This program is a partnership of Idea Exchange, and John Howard Society in Cambridge. COST: FreeAGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Resume —Jobs —Employment

KWMP Presents Joseph and the Amazing Technicolor Dreamcoat: The Concert Event



Joseph and the Amazing Technicolor Dreamcoat Music by Tim Rice and Lyrics by Andrew Lloyd Webber. Enjoy this beloved musical presented in concert by Kitchener-Waterloo Musical Productions. Featuring Kitchener's Grand Philharmonic Children's Choir. SYNOPSIS "Sha la la, Joseph, you're doing fine! You and your dreamcoat, ahead of your time!" One of the most enduring shows of all time, Joseph and the Amazing Technicolor Dreamcoat is a reimagining of the Biblical story of Joseph, his father Jacob, eleven brothers and the coat of many colors. Told entirely through song with the help of a main character Narrator, the musical follows preferred son Joseph. After being sold into slavery by his brothers, he ingratiates himself with Egyptian noble Potiphar, but ends up in jail after refusing the amorous advances of Potiphar's wife. While imprisoned, Joseph discovers his ability to interpret dreams, and soon finds himself in front of the mighty, but troubled, Elvis-inspired, Pharaoh. Joseph's solution to

February 17, 2024

DÃ@rives



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Cambridge Farmers' Market



The Cambridge Farmers' Market is open year round 7am-1pm. We have something for everyone! Hot-prepared foods, meats, seafood, cheese, chutneys, pies, confections, preserves and seasonal vegetables.

Family Candy Making Party



This event is sold out, please check out our March Old Fashioned Candy Making Party Step back in time and experience the warmth and charm of a heritage kitchen with our Family Candy Making Party. Enjoy time with your family around the fire and join in an old fashioned candy making party. Learn to make sweet treats like marshmallows, maple cream fudge, and participate in an old-fashioned taffy candy pull. Take home a box of your treats and end the experience around the open fire making popcorn and drinking hot cocoa. This event is open to adults with children. Children must be eight years old or older and have an adult with them. Create new family memories at this fun hands on workshop. Whether you're an aspiring cook, history enthusiast, or simply seeking a unique culinary experience, our workshop offers a sweet taste of the past. Registration required. Presenter: Carolyn Blackstock Pricing: Adult (18+) - \$35+ HST Child between (8 and 17 years) - \$20 + HST Information for Museum Members Region o

2024 Mayor's Winter Levee



Hey City of Cambridge, it's that time of year again! Please join us for the 2024 Mayor's Winter Levee where we will be celebrating CbridgeLove with Food Trucks, Music, Family Entertainment, and activities, both indoor and out.

The Bees and The Birds - Family Day Weekend



Come join us this family day weekend for a fun-filled Bees and Birds Extravaganza! Get up close and see what the buzz is all about from a local Bee Keeper. Explore our trails while searching for wild Turkeys, Red-Bellied Wood Peckers, and Red-Tailed Hawks with guided and self-guided tours. Create your own pollinator friendly crafts and projects to take home for your own garden. Saturday, February 17 1 to 3 p.m. - Bee Talk with Dave 3 to 4 p.m. - Seed Bomb making Sunday, February 18 1:30 to 3 p.m. - Birdwatching hike with Susan 11 a.m. to 1 p.m. - Treats for Tweets 1:30 to 3:30 p.m. - Mini pot painting and planting Monday, February 19 11 a.m., 1 p.m. and 3 p.m. - Wild Ontario - Register on Eventbrite 12 to 1 p.m. - Bee Baths 2 to 3 p.m. - Treats for Tweets

Family Day Winter Carnival Weekend!



Celebrate Family Day at Schneider Haus with our winter carnival theme all weekend long! Enjoy outdoor games, an obstacle course, a winter scavenger hunt, snow painting, snow science and snow sculpting! (We're really hoping for snow!). Once you've chilled with your family, come on inside to warm up at our hot chocolate bar and explore the historic house that

housed six generations of the Schneider family. *On Monday afternoon only* enjoy live music in the historic house with the Tea for Three Trio, who play traditional folk music from England, Scotland and Canada. Catch their set at 1 p.m. or 2:15 p.m., they're sure to delight even the youngest of listeners! We can't wait to celebrate with your family this long weekend!

RHYTHM AND BLUES CAMBRIDGE: THE BLACK LOVE TREATMENT



Rhythm Blues Cambridge is a grassroots community association with a mandate to provide a safe and engaging space to empower, inform, and inspire the Black community. Our programs and events are designed to promote and appreciate the Black experience. We are a women-led group that is working tirelessly to make Cambridge a place where all Black families feel empowered and connected with our rich and diverse history. For Black History Month 2024, we are hosting our Black Love Day event on Saturday, February 17th at Cambridge Community Players, formerly Galt Little Theatre. This is a fitting space for our event as this was originally the home of the first Black Baptist church in Galt, organised in 1876. Black Love Day has been celebrated for the past 30 years with a singular purpose, to demonstrate love, forgiveness, and acceptance among Black people. During the afternoon of February 17th, we will be celebrating with special guest and Grammy Nominated Yasus Asfari, a dub poet, author, and r

Colour Pencils Workshop



Learn how to layer colours in pencil crayon to create various effects. Under-painting is an important step in many artworks, used to create a specific overall tone. Learn how colours can interact when used together to make an impact in your art work. This workshop is offered in conjunction with Michelle Peraza's solo exhibition, Repeating Granadas. AGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

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Pokémon Allegiance



Pokémon fans unite! Join fellow Pokémon enthusiasts for an hour of trading, gaming, and crafting. Please note: Participants are responsible for their own trades. Idea Exchange is not liable for any trades deemed unfair. COST: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —School Aged —Pokémon —Pokémon —Gaming —Crafting —

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Kinderconcerts featuring Performers from the former KW Symphony



Kinderconcerts bring the symphony to life through interactive performances for children. Enjoy stories and works by great composers. Introduce your children to timeless fairy tales, classical music, and the experience of live performance. Kinderconcerts are enriching hands-on experiences with audience participation highly encouraged! This performance will be approximately 30min.

Cookies and Kids Theater - Spin Cycle



Laugh out loud during this comedy variety show with a unique combination of fantastic skills, a two-person juggling number with split-second timing, a stilt ballet, plate spinning, a comedy ballroom dance routine, unicycles, and much, much more! Great two-person variety routines the likes of which haven't been seen since the golden age of vaudeville! Show starts at 1:30 pm- doors open at 1 pm Tickets \$5 each - available online or in person at any City of Cambridge Recreation Centre (activity code: 47079).

KWMP Presents Joseph and the Amazing Technicolor Dreamcoat: The Concert Event



Joseph and the Amazing Technicolor Dreamcoat Music by Tim Rice and Lyrics by Andrew Lloyd Webber Enjoy this beloved musical presented in concert by Kitchener-Waterloo Musical Productions. Featuring Kitchener's Grand Philharmonic Children's Choir. SYNOPSIS "Sha la la, Joseph, you're doing fine! You and your dreamcoat, ahead of your time!" One of the most enduring shows of all time, Joseph and the Amazing Technicolor Dreamcoat is a reimagining of the Biblical story of Joseph, his father Jacob, eleven brothers and the coat of many colors. Told entirely through song with the help of a main character Narrator, the musical follows preferred son Joseph. After being sold into slavery by his brothers, he ingratiates himself with Egyptian noble Potiphar, but ends up in jail after refusing the amorous advances of Potiphar's wife. While imprisoned, Joseph discovers his ability to interpret dreams, and soon finds himself in front of the mighty, but troubled, Elvis-inspired, Pharaoh. Joseph's solution to

February 19, 2024

Family Day Closure



All Idea Exchange locations will be closed for Family Day on February 19. Though our buildings are closed, you can access our online resources such as eBooks, audiobook, magazines, movies, and educational materials at any time. If you are not currently a member, sign-up for a free online membership to start borrowing digital materials and accessing online resources. Items can be renewed online or over the telephone (519-740-3000) while we are closed. You can also visit the Cambridge Art Galleries online to view the Fibre Art Collection digitally. AGE GROUP: —Teens —Newcomers —Kids —Cambridge Art Galleries —Adults —EVENT TYPE: —Special Events —TAGS: — —

Free Family Day activities



Check out our free programming for fun with the whole family at the City of Cambridge on Monday, February 19, 2024! More information on various free drop in activities including swimming, skating, family fitness, sports, and art. Please plan ahead and arrive early as capacity is limited and can fill quickly. Learn more on our Family Day page.

Family Day Fun Day at McDougall Cottage!



"Family" is a delightful word because it can mean whatever you want it to mean. Families come in all shapes and sizes and traditional, or not, all are equally wonderful because "Family is what you make it". Regardless of how you define your family unit, one of the best things you can do to strengthen those important connections is to spend time together. On Monday, February 19th (Family Day) the McDougall's would like to invite you and your gang to stop by the Cottage for some FAMILY DAY FUN! Drop in anytime between 11 a.m. and 3:30 p.m. to join us for some games, goodies, crafts and other entertaining activities that celebrate those who know us best, care about us the most and sometimes drive us the craziest. As a special treat, our good friend, up-cycler/re-purposer extraordinaire, Jen of Green Gables, will be on hand to show us all how we can have fun, let our creative juices flow and help to protect the environment all at the same time when she guides us in creating one-of-a-kind Nature

The Bees and The Birds - Family Day Weekend



Come join us this family day weekend for a fun-filled Bees and Birds Extravaganza! Get up close and see what the buzz is all about from a local Bee Keeper. Explore our trails while searching for wild Turkeys, Red-Bellied Wood Peckers, and Red-Tailed Hawks with guided and self-guided tours. Create your own pollinator friendly crafts and projects to take home for your own garden. Saturday, February 17 to 3 p.m. - Bee Talk with Dave 3 to 4 p.m. - Seed Bomb making Sunday, February 18 1:30 to 3 p.m. - Birdwatching hike with Susan 11 a.m. to 1 p.m. - Treats for Tweets 1:30 to 3:30 p.m. - Mini pot painting and planting Monday, February 19 11 a.m., 1 p.m. and 3 p.m. - Wild Ontario - Register on Eventbrite 12 to 1 p.m. - Bee Baths 2 to 3 p.m. - Treats for Tweets

Close Encounters with Birds of Prey - Wild Ontario



Get up close with local birds of prey. Join Wild Ontario at 11 a.m., 1 p.m. or 3 p.m. and learn about our impact on natural habitats and wildlife. Wild Ontario provides a permanent home for some very special birds. These birds come to them because they cannot survive in the wild, usually as a result of a negative encounter with humans. Wild Ontario works hard to provide them with a happy, healthy life, and they serve an important purpose in helping to teach about science and foster connections to nature. This event is included with general admission which gets you access to our exhibits including Bees! Tickets are also available for purchase the day of the event at the museum. Space is limited, pre-registration is encouraged. (all rates plus HST and eventbrite fees) Information for member: Please enter your 8-digit membership number plus BIRD (i.e. 12345678BIRD) to receive free admission. Please note your membership must be current at the time of purchase. Please note there are no refunds, ex

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Family Day Winter Carnival Weekend!

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