

## October 15, 2023

### *Ta'rikh: Islamic Cultural Heritage Celebration*



Asalaamu Alaikum (Peace Be Upon You)! Celebrate Islamic History Month this October, by experiencing the vibrancy, diversity, and innovation of Islamic cultural heritage! Join us for a free, two day celebration of Islamic cultural heritage, featuring exhibitors, food, vendors, performances, and speakers! This year the theme of Islamic History Month is "Celebrating Muslim Women in the Arts and Sciences." We'll be celebrating the great contributions Islam has had to arts and culture as a whole, and also give credit to some of the most important inventions, historical and modern, that come from Islam. Explore little known facts about Islamic history and culture and discover how vast and diverse it is. Our schedule of events recognizes the past, present, and future contributions by Muslim women in the fields of art and science. Join us for ongoing activities Saturday and Sunday. You must register for workshops in advance. 2 to 3 p.m. Saturday and Sunday - Traditional Persian and Arabic Calligraphy

### *Traditional Persian and Arabic Calligraphy with Ati Zar*



Join Ati Zar for an immersive workshop at Ken Seiling Waterloo Region Museum. In this unique experience, participants will discover the art's history, cultural context, and the transformative power of calligraphy. Ati's workshops are not just about learning the art; they're an exploration of the beauty, heritage, and creativity that calligraphy brings to life. Whether you're an aspiring artist, a lover of culture, or simply curious about the magic of calligraphy, this workshop is your opportunity to unlock the secrets of this captivating art form. Come, join us for an inspiring journey into the world of calligraphy with Ati Zar Artisan and take home your own calligraphic creation. All supplies are provided during the workshop. Only 15 spots available per day. Register now

## October 16, 2023

### *Outerwhere*



September 30 to December 17, 2023. Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange

is on view at our Preston gallery. Explore Outerwhere. About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Cotton Exchange*



September 30 to November 26, 2023. Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange. About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Cambridgelicious*



This fall, have a deliciously local experience at the first ever Cambridgelicious, taking place from October 13 - 22, 2023.

### *Preschool Picassos*



Draw out your child's inner Picasso with amazing art projects. Complete a registration for EACH PERSON attending the event. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

### *Totsttime*



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —BabyAndParent —Baby —

### *Library Settlement Program*



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a “first stop” for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA’s Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

### *Explore on the Floor*



Let’s Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Science Literacy Week —Preschool —

### *Sense-ational*



Explore a different sense each week. Let’s learn about the five senses of the human body. Each week we will explore a different sense through stories, songs, and activities. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —Preschool —

### *Baby and Me*



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH PERSON attending the event. Get ready for some circle time fun! Learn new songs and rhymes, share stories, and meet other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

### *Art and Wellness*



Enjoy a creative evening in the Gallery Studio with a focus on improving mental health. A professional artist and clinical therapist will be present to lead you through a fun activity resulting in an artwork and deeper sense of wellbeing. This program is offered in partnership with Porchlight: Counselling and Addiction Services. You can learn more about Porchlight at [porchlightcnd.org](http://porchlightcnd.org) AGE GROUP: —Teens —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —MentalHealth —Arts —

### *Basic Photography*



Learn the basics of photography. Learn to take the best possible photographs no matter what camera you use with local photographer Jason Gennings. This course will help develop your photography skills by taking you through basic concepts such as focus, exposure, shutter speed, aperture, and camera care. Participants will need to bring their own camera to each class. Please note there is no class on October 9. Cost: Free AGE GROUP: —Teens —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —workshop —photography —Arts —

## **October 17, 2023**

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*Cambridgelicious*

This fall, have a deliciously local experience at the first ever Cambridgelicious, taking place from October 13 - 22, 2023.

*Stories and Stretches*

Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —Preschool —

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*Totstime*

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*Shake, Rattle, and Read*

Come shake, rattle, and read with us! Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH PERSON attending the event. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

*Explore on the Floor*

Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —Preschool —

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*Art Cart*

Drop in to create a unique craft! Colour a drawing, make a collage, build a sculpture! Try something new each time you visit the Art Cart! AGE GROUP: —Kids —Cambridge Art Galleries —EVENT TYPE: —Programs + Workshops —TAGS: —CultureDays —Arts —

### *Homeschool Heroes*



Calling all heroes! In this one-of-a-kind program, we will take a look at everything super about heroes. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —

### *Kindergarten Connection*



Get ready for Kindergarten! Complete a registration for EACH PERSON attending the event. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

### *Cambridge Career Connections*



Meet Cambridge Career Connections online for workshops on topics related to job searching and career development. All workshops are virtual, drop-in, and no registration is required. Join the program at the scheduled time on Zoom. September 19: Meet and Greet Discover how the Cambridge Career Connections employment team is able to assist Cambridge residents with their employment and job search needs. Learn about our pre-employment supports and how you can access these free services. In addition, you will learn about the wide variety of programs and supports Idea Exchange offers and how they inspire our community through reading, arts, innovation, and learning. September 26: Resume Development In the Resume Development workshop, participants will explore various resume styles including the structure and content of both chronological and functional resumes, while determining what style is appropriate. Participants will also learn resume “Do’s and Don’ts” as well as what should be included in

### *Teen Chess Club*



Fall teen drop-in chess club. Have fun playing the world’s most popular board game with friends. Boards and pieces will be provided. Cost: Free AGE GROUP: —Teens —EVENT TYPE: —Programs + Workshops —TAGS: —ScienceLiteracyWeek —Chess —BoardGames —

### *Families Under the Rainbow*



We are happy to host Families Under the Rainbow In collaboration with SPECTRUM, Waterloo Region’s Rainbow Community Space. Read along with stories, make crafts, and have fun playing together in a safe and supported environment for 2SLGBTQ+ youth, families, and allies. This program is generously funded by a grant from the Lyle S. Hallman Foundation. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SPECTRUM —SchoolAged —Queer —Preschool —CultureDays —2SLGBTQ+ —

### *Focus on Leadership*



Become a leader in your community and share your unique perspective. Focus on Leadership is designed to provide training for racialized women interested in becoming leaders of tomorrow. Our training will focus on how to become a board member and increase networking abilities to gain access to employment opportunities focusing on team-building, problem-solving, and decision-making. As board members, you will be able to apply these skills to bring about change in the community. The topics covered are: 1. Types of Boards: Governance vs. Operations 2. Board Responsibilities 3. Committees and Working Groups 4. What to Expect Once on a Board 5. Mid-Point Review and Evaluation 6. Leadership Primer / Communication 7. Decision Making 8. Teamwork About Focus For Ethnic Women Focus For Ethnic Women supports women in the Waterloo Region by providing a nurturing, culturally-sensitive environment that builds self-esteem, social networks, employment-related skills, and connections to meaningful employment. Cost:

### *Ukulele Meet-Up*



Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. Cost: Free AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Music —MeetUp —CultureDays —

### *Fibre Arts Lab*



Learn how to make an Amish Toothbrush Rug while creating a lovely coaster. You'll learn all the necessary steps to make a full size rug while making a lovely coaster during this session. All supplies will be provided, however please bring your own pair of scissors. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Makerspace —Maker —FibreArts —Fibre —Crafts —Arts —

### *Practice Your English Hespeler*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —LearnEnglish —Language —ESL —Conversation —Circles —

### *Pyjama Tales*



Wear your pyjamas and bring a stuffie to this evening's storytime for families. Hear a bedtime story, sing songs, and make a craft to take home. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —SchoolAged —Preschool —

### *UnBook Club*



With no set book to read, this club is about great conversation and good fun. Meet new people, get awesome recommendations, and chat about what you've been reading, watching, or listening to. Note: This event is held at a different restaurant in Cambridge each time. Members can buy their own food and drink but the club is free. AGE GROUP: —Adults —EVENT TYPE: —Book Clubs —TAGS: —Community —BookReview —

## October 18, 2023

*Outerwhere*



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### *Cambridgelicious*



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### *Reading Rewards, Contests, Missions, and more*



Use your skills to win prizes, solve puzzles, and have fun. Participate on your own or with your best pals. Designing creative pumpkins is easy and fun for you or with your family and friends! Decorate a pumpkin with paint, jewels, glitter, or anything else you can think of. Submit a photo of your creation between October 18 and November 1 for a chance to win a prize. Pumpkins can be decorated or carved or both. There are great prizes to be won. Pumpkins will be judged for their artistry, originality, and overall wow factor. All contest participants carving their pumpkins are encouraged to observe the following safety tips: Register at ReadSquared to participate. Cost: Free AGE GROUP: —Teens

—Kids —Adults —EVENT TYPE: —Self-Guided —TAGS:  
—SchoolAged —ReadSquared —Halloween —Crafts —

### *Totsttime*



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —BabyAndParent —Baby —

### *STEAM Storytime*



Twinkle, twinkle, little star, how I wonder what you are... Songs, rhymes, stories, and fun learning activities that inspire curious little minds to explore STEAM (science, technology, engineering, art, and math) and more. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —SchoolAged —Preschool —

### *Messy STEAM*



Explore the messy side of STEAM. Dress for the mess and get hands-on with fun STEAM (science, technology, engineering, art, and math) experiments and art projects. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —SchoolAged —

### *Hespeler Knitting Circle Meet Up*



Share your ideas and creations with fellow knitters. Whether you're an expert, or just starting out, everyone is welcome to participate, or just have some friendly conversation. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Knitting —

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### *Baby and Me*



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH CHILD attending the event. Get ready for some circle time fun. Learn new songs and rhymes, share stories, and meet other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH CHILD attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

### *Art Lab*



Imagine, explore, and discover. Complete a registration for EACH PERSON attending the event. Science meets art in this hands-on program. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Arts —

*Kindergarten Connection*

Get ready for Kindergarten! Complete a registration for EACH PERSON attending the event. Children will learn fundamental skills while having fun and meeting new friends. Materials are made for each child registered. Please only register if you are available for all five weeks of the session. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

*Pokémon Allegiance*

Gotta catch 'em all! Unite with other fans for trading, gaming, and crafting. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Pokémon —Gaming —Crafting —

*Silly Science*

An afternoon full of silly science experiments. Join library staff each week as we try different science experiments. Prepare to get messy and have fun! Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Science —

*Practice Your English for Families*

Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Children are welcome to join you for this meeting, and activities will be available to keep them busy while you learn. Cost: Free AGE GROUP: —Teens —Newcomers —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —Circles —

*Mud and Microbes*

Create your own microbial sculpture with bio artist Nicole Clouston. Using mud from the Grand River, we will create living sculptures that become more colourful over time. During this workshop, we will consider how lively the world around us is, even in unexpected places. Learn how to take care of a microbial sculpture. AGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

*Fibre Arts Meet Up*

Calling all knit, crochet, embroidery, macrame, sewing, and other fibre arts enthusiasts for a weekly social meet-up. Join other fibre arts practitioners as you work on your own project in a social environment. Share ideas, enthusiasm, and tips with other like-minded folks. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —MeetUp —Fibre —CultureDays —Crafts —Arts —

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*Baby Connections*

Get ready for some circle time fun! Complete a registration for EACH PERSON attending the event. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

*Stories and Stretches*

Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement ac-

tivities, and fun! Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —Preschool —

*Kindness Rocks*

Sing, dance, and practice self-confidence. It's time to sing and dance together to celebrate love! This music-based program encourages self-confidence as your little one practices new skills. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Singing —SchoolAged —Preschool —Music —Dancing —

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*Dough Rae Me*

Learn how to make different sensory doughs using everyday ingredients. Complete a registration for EACH PERSON attending the event. Learn how to make different sensory doughs using everyday ingredients. Interaction through songs and self-expression activities will have you returning each week. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT



TYPE: —Programs + Workshops —TAGS: —Stem —Steam  
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### *Launch of Waterloo Region’s 2023 Vital Signs Report*



Waterloo Region Community Foundation has worked with local experts and consultants to research and create Waterloo Region’s 2023 Vital Signs® Report focused on Affordable Housing. Please join them on Thursday, October 19, 2023 at 1:00 pm for a webinar where they will present the report, key findings and discuss opportunities for its use in our community. All attendees will receive a link to the full report after the session.

### *The SWAG Club*



Snacks with arts and games! Join William weekly for creativity and fun. Hang out with a cool group of like-minded peeps and bring out your creative side. Every week has a different theme featuring unique take-home projects or games in a chill atmosphere. Grab your friends and join us for The SWAG Club! Cost: Free AGE GROUP: —Teens —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —Arts —

### *Practice Your English Online*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —LearnEnglish —Language —ESL —Conversation —Circles —

### *Ultimate Makers 2.0*



Take your maker skills to the next level. From innovative technologies to traditional art forms, explore something new each week. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —TechTraining —ScienceLiteracyWeek —SchoolAged —

### *SPECTRUM Cambridge Transgender Peer Support Group*



Join SPECTRUM for a discussion and to meet other local gender-diverse folks. Funded by a grant from the Cambridge and North Dumfries Community Foundation, the bi-weekly Cambridge Transgender Peer Support Group is an informal, discussion-based, drop-in program. This group is a space for adults that identify within the trans/gender variant umbrella. AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —SPECTRUM —Pride —2SLGBTQ+ —adult —

### *Retro Game Night*



Gaming fun with a retro twist! Everyone who loves board games, video games, and having fun is welcome to join us to play a variety of retro games. This program is presented in partnership with OPERANDi Gaming Community. Cost: FreeAGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —VideoGames —RetroGaming —Gaming —Gamer —BoardGames —

### *Queer Craft Circle*



LGBTQ2S+ identifying individuals are invited to explore a different creative project each month in a fun and safe space. Join us for this fun, casual program. Together we will explore a new creative project with a guest artist each month. Registration is limited to 2SLGBTQ+ identifying people in Waterloo Region. This month we are exploring creative mending with Alisa McDonald. No experience is necessary and all materials are provided. Participants can choose to bring an item of clothing to embellish and mend or practice different techniques on fabric samples provided. About the instructor: Alisa McDonald's woven weirdos live in the ironic pop-culture paradise of a Queer GenX Feminist. Her work is a tactile fruit salad with a soupçon of the esoteric. She has exhibited and performed both nationally and internationally and her work has been featured in publications such as: The New York Times, Harper's Bazaar Japan, Nylon Magazine and Giant Robot Magazine. She was awarded the 2020 Best of Cr

### *Next in Soldering*



Take on a bigger project while learning the basics of soldering. Learn about circuits and soldering by creating a small Bluetooth speaker. All supplies included. Cost: FreeAGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —TechTraining —Technology —Soldering —Makerspace —Maker —

### *MMMMunsch! Storytime*



All Robert Munsch stories! Play, sing, dance, and craft all around your favourite Robert Munsch stories! Cost: FreeAGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —

### *Ukulele Meet Up*



Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. Cost: FreeAGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Music —MeetUp —

### *Queer Reading Circle*



An evening exploring 2SLGBTQ+ literature through the lens of our queerness. The Queer Reading Circle lets 2SLGBTQ+ identifying participants socialize and engage in materials about and by the queer community, with no need to prepare in advance. Materials will be provided and read as a group before we dive into a good discussion. Oh, and there will be snacks! Formerly known as the Queer Literary and Social Circle, our Queer Reading Circle now meets on the third Thursday of every month. This program is offered in partnership with SPECTRUM, Waterloo Region's Rainbow Community Space. Cost: FreeAGE GROUP: —Adults —EVENT TYPE: —Book Clubs —TAGS: —Queer —CultureDays —2SLGBTQ+ —

### *SOLD OUT - Bloody Berlin Walking Tour*



Join Schneider Haus staff for an evening walk through the back alleys and side streets of downtown Kitchener as we talk about some of the scary, sexy, or just plain weird characters that have called our town home. Murders, executions, grave robbing, shootouts, villainous doctors, and even pandemics of the past. Come learn a little more about Bloody Berlin... if you dare! Admission: \$31 per person plus HST. Advance ticket purchase is required for this event, there will be no tickets sold at the door. Membership discount applies. No refunds. Information about Event: Suitable for ages 16 and up. Event runs rain or shine. This event takes place entirely outdoors and there will be no access to washrooms. The Historic Haus and galleries will be closed. Participants should dress for the weather and bring a flashlight (if possible). Please note: This approximately 90-minute walking tour will begin and end at Schneider Haus National Historic Site. The tour may include hills, stairs and uneven terrain.

**October 20, 2023**

*Outerwhere*



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### *Cotton Exchange*



September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange. About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

### *Cambridgelicious*



This fall, have a deliciously local experience at the first ever Cambridgelicious, taking place from October 13 - 22, 2023.

### *Reading Rewards, Contests, Missions, and more*



Use your skills to win prizes, solve puzzles, and have fun. Participate on your own or with your best pals. Designing creative pumpkins is easy and fun for you or with your family and friends! Decorate a pumpkin with paint, jewels, glitter, or anything else you can think of. Submit a photo of your creation between October 18 and November 1 for a chance to win a prize. Pumpkins can be decorated or carved or both. There are great prizes to be won. Pumpkins will be judged for their artistry, originality, and overall wow factor. All contest participants carving their pumpkins are encouraged to observe the following safety tips: Register at ReadSquared to participate. Cost: Free AGE GROUP: —Teens

—Kids —Adults —EVENT TYPE: —Self-Guided —TAGS: —SchoolAged —ReadSquared —Halloween —Crafts —

### *Library Settlement Program*



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a "first stop" for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and in person.

### *Shake, Rattle, and Read*



Come shake, rattle, and read with us! Complete a registration for EACH PERSON attending the event. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

### *Time for Twos and Threes*



Bring your tot for some late-morning fun. Join us for fun and engaging stories, songs, and activities for 2 and 3-year-olds and their caregiver each week. Complete a registration for EACH PERSON attending the event. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

### *Preschool Picassos*



Draw out your child's inner Picasso with amazing art

projects. Complete a registration for EACH PERSON attending the event. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

### *Connections 50+*



Connect with other adults while enjoying concerts, crafting, chats, and more. This entertaining, senior-focused program features local musicians, guest speakers, and art activities with Cambridge Art Galleries staff, and much more. Lights snacks and refreshments served. September 15: Handpan drums and colouring! September 22: Arts and Crafts with the Gallery (Culture Days event) September 29: Afri-nanas of Cambridge and quilting craft (Culture Days event) October 6: Listen and draw! (Culture Days event) October 13: Art and Crafts with the Gallery (Culture Days event) October 20: Exploring instruments and group music with Axon Music Therapy October 27: Halloween party! November 3: Art and Crafts with the Gallery November 10: Remembrance November 17: Guest artist November 24: Card making with the Gallery Cost: Free AGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —Live Performances —TAGS: —Seniors —CultureDays —Concert —Arts —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH PERSON attending the event. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

### *Career and Job Support*



Staff from John Howard Society's Cambridge Career Connections will be onsite to provide support and resources to job seekers. Drop in to meet with Employment Coordinators

from Cambridge Career Connections to learn about FREE services to support job seekers in the Cambridge Community. Employment Coordinators will be able to provide resume and cover letter writing resources, interview and job search tips, and links to job leads and employment opportunities. Cambridge Career Connections is an Employment Ontario Service Provider, providing Employment Services, Youth Job Connection, and Better Jobs Ontario programs. This program is happening on a rotating basis at four Idea Exchange locations: Clemens Mill, Hespeler, Preston, and Queen's Square. Check our calendar of events for dates, times, and locations. This program is a partnership of Idea Exchange, and John Howard Society in Cambridge. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —resume —jobs —employment

### *SOLD OUT "Dark Side of Galt" Walking Tours - Fall Series*



Put on your comfy walking shoes and join us as we take a summer stroll through the past, exploring stories of disasters, hauntings and other unsavoury events that make up part of Galt's dark history. Please note: Tours begin at 6:30pm and 7:00pm sharp and run for approximately 90-minutes, departing from, and finishing up at McDougall Cottage. The tours may include hills, stairs and uneven terrain. Participants should dress for the weather. Phones are recommended, but not required, to access photos of the sites we are visiting. No washroom facilities available during tour. Ages 14 + only. Pre-registration is required and space is limited, so register early! Capacity is limited to 15 participants per walk. This event is non-refundable. Cost: \$15 per person, plus HST. Additional Eventbrite fees may apply. Museum Members receive a 10

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**October 21, 2023**

*Outerwhere*

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September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

*Cambridge Farmers' Market*

Ask yourself a few simple questions... Our hope is that you answered, "Yes," to all of the above questions, and that's what we love about food: It is a common bond we all share, a single thread that when talked about, brings to mind all sorts of stories and experiences that we can share. Farmers' markets are a centre of commerce and socializing, a venue for combining old with new and a place for new ideas to be explored and celebrated. The Cambridge Farmers' Market (CFM) is our community food hub. It is where residents gather to talk about food and community happenings. It's where awareness is built and the beginnings of change takes place. The CFM dates back to the 1830s with the current market building holding its seat on Dickson Street since 1887. The presence of the market in conjunction with other civic structures, the Town Halls, is an English tradition that is as relevant today as it was when the market was built. The CFM building's continued use as a market is unique in Ontario. While

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*Gardening with Bob: Pruning Trees and Shrubs Workshop*

Learn the principles and methods of basic tree and shrub pruning in this hands-on workshop. Under the instruction of Bob Wildfong, our Heritage Gardener, you will prune young trees, shrubs and vines. Learn how to shape and train woody plants, repair damaged branches, revitalize thin growth, and stimulate foliage, flower and fruit development. Registration required. Presenter Biography Bob Wildfong is the Horticultural Teacher/Interpreter at the Ken Seiling Waterloo Region Museum and Doon Heritage Village, as well as the Executive Director of Seeds of Diversity, Canada's national seed saving organization, and the chair of Pollinator Partnership Canada / Bee City Canada, a research and advocacy organization that protects pollinators and their habitats. He enjoys mixing science, history, and storytelling to draw connections between the past, present, and future as we all learn crucial lessons about the sustainability of our food system and the natural ecosystems that support it. Register to

*Introduction to Large Format Printing*

Calling all photographers and designers. Get to know the

24" large format printer in our Makerspace. Learn to import your photos and designs, set up an artboard, and look at the many settings and paper types it offers. Cost: Free  
AGE GROUP: —Teens —Adults —EVENT TYPE: —Maker Programs —TAGS: —TechTraining —Technology —Printing —Makerspace —Maker —

### *Fun-Filled Fall Family Fiesta!*



All are welcome to join us for an awesome day of games, crafts, treats and more at McDOUGALL COTTAGE'S FUN-FILLED FALL FAMILY FIESTA! We'll be celebrating our favourite season with fall frolics and Halloween hilarity! There'll be GAMES – roll, toss and giggle your way through a game of pumpkin bowling, or the skeleton hand ring-toss - CRAFTS – bring out you inner artist to create an adorable pumpkin gnome or glow-stick broom to grace your fall table and TREATS - No tricks here! Every kid, or kid at heart, who joins us, will be gifted a special treat! It's going to be FALL-TASTIC! Costumes are encouraged, but if costumes aren't for you, that's just fine too! Although dogs are not permitted entry to the Cottage, any costumed canines that stop by to say hello will also receive a free treat! And don't forget to check out our current exhibit Resiliency – Shared Stories of Strength and Survival! Whether you're an early bird or an owl, there'll be plenty of time to play, create, and explore - Drop

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### *The Grand River Quilt Project*



Create a unique quilt square to become a part of the larger Grand River Quilt. There are no rules for creating a square aside from a final size of 10 x 10 inches. Any approach is welcome (sewing, painting, applique, felting etc), and we encourage experimentation and creativity. The most important thing is that each square should tell your story or depict your relationship to the river. Rather than a traditional rectangular quilt, each of your squares will be tied together to create the shape of the river and be displayed with a map of the Grand River watershed identifying where each square came from. We will also display a matching "quilt" of your stories about each square. AGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

### *Practice Your English Queen's Square*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free  
AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —LearnEnglish —Language —ESL —Conversation —Circles —

### *Carnegie Libraries in Ontario*



Discover the rich history of the Hespeler library and the renowned Carnegie Library initiative. What is a "Carnegie library" and why was one built in Hespeler? Join historian Dr. Matthew Griffis as he tells the story of Carnegie libraries and how they impacted the development of public libraries in Ontario in the early 20th century. Drawing on years of research, Griffis will explain why Carnegie libraries were built in some locations but not others, why some Carnegie libraries shared architectural similarities while others seemed more unique, and why some Carnegie libraries have survived over a century of service while others have been closed or demolished. The presentation will include many images of library buildings from across Canada, the United States, and the United Kingdom. About our Speaker Matthew Griffis received his PhD in library and information science from Western University in 2013. He specialized in the study of libraries as places, particularly the origins and development

### *Chilling Candlelit Evenings*



Our Chilling Candlelit Evenings are sure to give you a thrill! Visitors will get to experience Schneider Haus in a whole

new light, at night! Visitors will have the opportunity to tour through what some claim as the most haunted house in Kitchener and decide whether the ghost stories are true! You can expect to hear about chilling historic events that took place in the town of Berlin, funeral practices, charming, as well as some stories from visitors who claim to have had supernatural experiences. On October 7th! Connect with Psychic Medium Diana of Waning Moon Readings. Diana has been connected to the spirit world since she was a child, but embraced fully tapping in when she was in her 30's. Diana will be doing one card pulls for guests during our evening tours and have a variety of products for sale! On October 14th and 21st! Connect with local spiritual medium Angelina who runs The Angelic Alchemist! Angelina will be doing one card pulls for guests during our evening tour! Afterwards

## October 22, 2023

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### *Library Settlement Program*



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### *Preschool Picassos*



Draw out your child’s inner Picasso with amazing art projects. Complete a registration for EACH CHILD attending the event. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH CHILD attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

### *Stories and Stretches*



Stretch it out and get your body moving. Enjoy this unique program with its combination of stories, movement activities, and fun! Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —Preschool —

### *Shake, Rattle, and Read*



Come shake, rattle, and read with us! Complete a registration for EACH CHILD attending the event. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH CHILD attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

### *Explore on the Floor*



Let’s Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH CHILD attending the event. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby’s first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

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Bring your tot for some late-morning fun. Complete a



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### *Re-Storying Our Lives With Ali Burke*



Guided by a registered therapist, learn to creatively express your thoughts and emotions through art journaling exercises. We make meaning of our lives through the storying of experience, at times these stories can be problem-saturated, with the problems stealing focus. Through art and writing participants will have the opportunity to explore their relationships with a 'problem' in their lives, the history of it, what supports it, and what influences it. About the instructor: Ali Burke is a Registered Social Worker and Psychotherapist with over 14 years experience, she currently has a private practice in Cambridge, Ontario. Her work is grounded in the theories of Narrative Therapy, which sees people as having many skills, competencies, beliefs, values, commitments and abilities that will assist them to change their relationship with problems in their lives. She integrates mindfulness, cognitive behavioural therapy, and emotion focused therapy into her work. AGE GROUP: —Teens —Cambri

## October 24, 2023

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Use your skills to win prizes, solve puzzles, and have fun. Participate on your own or with your best pals. Designing creative pumpkins is easy and fun for you or with your family and friends! Decorate a pumpkin with paint, jewels, glitter, or anything else you can think of. Submit a photo of your creation between October 18 and November 1 for a chance to win a prize. Pumpkins can be decorated or carved or both. There are great prizes to be won. Pumpkins will be judged for their artistry, originality, and overall wow factor. All contest participants carving their pumpkins are encouraged to observe the following safety tips: Register at ReadSquared to participate. Cost: Free AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Self-Guided —TAGS: —School Aged —ReadSquared —Halloween —Crafts —

### *Library Settlement Program*



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a "first stop" for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

### *Totsttime*



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. Cost: Free AGE GROUP: —Kids —EVENT

TYPE: —Programs + Workshops —TAGS: —Preschool  
—BabyAndParent —Baby —

### *Baby Connections*



Get ready for some circle time fun! Complete a registration for EACH CHILD attending the event. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH CHILD attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

### *Art Cart*



Drop in to create a unique craft! Colour a drawing, make a collage, build a sculpture! Try something new each time you visit the Art Cart! AGE GROUP: —Kids —Cambridge Art Galleries —EVENT TYPE: —Programs + Workshops —TAGS: —CultureDays —Arts —

### *Explore on the Floor*



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —

### *Kindergarten Connections*



Get ready for Kindergarten! Complete a registration for EACH CHILD attending the event. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH CHILD attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

### *Apple, Pumpkin and Music Jam*



On Tuesday October 24th from 2:00 PM-4:00 PM, the Ted Wake 50+ Centre will be hosting an Apple, Pumpkin and Music Jam. Enjoy a social afternoon with old and new friends. Enjoy apple and pumpkin desserts and sing with the music jam guitar players and musicians. Please register by Friday, October 20. Ted Wake Centre Fee: \$6.00 At the Johnson Centre – 31 Kribbs St Info: 519-740-4681 ext. 4460 and Recreation and Programs - 50+ - City of Cambridge

### *Cambridge Career Connections*



Meet Cambridge Career Connections online for workshops on topics related to job searching and career development. All workshops are virtual, drop-in, and no registration is required. Join the program at the scheduled time on Zoom. September 19: Meet and Greet Discover how the Cambridge Career Connections employment team is able to assist Cambridge residents with their employment and job search needs. Learn about our pre-employment supports and how you can access these free services. In addition, you will learn about the wide variety of programs and supports Idea Exchange offers and how they inspire our community through reading, arts, innovation, and learning. September 26: Resume Development In the Resume Development workshop, participants will explore various resume styles including the structure and content of both chronological and functional resumes, while determining what style is appropriate. Participants will also learn resume "Do's and Don'ts" as well as what should be included in

### *Families Under the Rainbow*



We are happy to host Families Under the Rainbow In collaboration with SPECTRUM, Waterloo Region's Rainbow Community Space! Read along with stories, make crafts, and have fun playing together in a safe and supported environment for 2SLGBTQ+ youth, families, and allies. This program is generously funded by a grant from the Lyle S. Hallman Foundation. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SPECTRUM —SchoolAged —Preschool —2SLGBTQ+ —

### *Paws for Reading*



Children read to a Lion's club service dogs and then have fun playing games with a reading pal. Complete a registration for EACH PERSON attending the event. It is fur-r-real! Join

a class of therapy dogs at for the ultimate reading practice program. Children learn about therapy dogs from volunteers then get to read to the doggies. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —

### *Engineering Science Quest*



Engineering Science Quest (ESQ) is returning to Idea Exchange - The Old Post Office this Fall and will bring fun, hands-on STEM activities for Youth. Put your engineering hats on and explore different topics like coding, circuitry, and robotics. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —ScienceLiteracyWeek —Science —Robotics —Engineering —Coding —Circuitry —

### *Focus on Leadership*



Become a leader in your community and share your unique perspective. Focus on Leadership is designed to provide training for racialized women interested in becoming leaders of tomorrow. Our training will focus on how to become a board member and increase networking abilities to gain access to employment opportunities focusing on team-building, problem-solving, and decision-making. As board members, you will be able to apply these skills to bring about change in the commu-

nity. The topics covered are: 1. Types of Boards: Governance vs. Operations 2. Board Responsibilities 3. Committees and Working Groups 4. What to Expect Once on a Board 5. Mid-Point Review and Evaluation 6. Leadership Primer / Communication 7. Decision Making 8. Teamwork About Focus For Ethnic Women Focus For Ethnic Women supports women in the Waterloo Region by providing a nurturing, culturally-sensitive environment that builds self-esteem, social networks, employment-related skills, and connections to meaningful employment. Cost:

### *Ukulele Fall Concert*



Join us for a fall-inspired concert along the river. Celebrate a fabulous fall with a Ukelele concert in the River Room. Cost: Free. AGE GROUP: —Kids —Adults —EVENT TYPE: —Live Performances —TAGS: —Ukulele —Music —Concert —

### *Practice Your English Hespeler*



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free. AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —LearnEnglish —Language —ESL —Conversation —Circles —