

October 08, 2023

Thanksgiving Closure



All Idea Exchange locations will be closed October 8th and 9th for Thanksgiving. Though our buildings are closed, you can access our online resources such as eBooks, audiobook, magazines, movies, and educational materials at any time. If you are not currently a member, sign-up for a free online membership to start borrowing digital materials and accessing online resources. Items can be renewed online or over the telephone (519-740-3000) while we are closed. You can also visit the Cambridge Art Galleries online to view the Fibre Art Collection digitally. AGE GROUP: —Teens —Newcomers —Kids —Cambridge Art Galleries —Adults —EVENT TYPE: —Special Events —TAGS: —thanksgiving —

October 09, 2023

Thanksgiving Closure



All Idea Exchange locations will be closed October 8th and 9th for Thanksgiving. Though our buildings are closed, you can access our online resources such as eBooks, audiobook, magazines, movies, and educational materials at any time. If you are not currently a member, sign-up for a free online membership to start borrowing digital materials and accessing online resources. Items can be renewed online or over the telephone (519-740-3000) while we are closed. You can also visit the Cambridge Art Galleries online to view the Fibre Art Collection digitally. AGE GROUP: —Teens —Newcomers —Kids —Cambridge Art Galleries —Adults —EVENT TYPE: —Special Events —TAGS: —thanksgiving —

October 10, 2023

Outerwhere



September 30 to December 17, 2023 Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange is on view at our Preston gallery. Explore Outerwhere About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Ex-

hibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange



September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Stories and Stretches



Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

Library Settlement Program



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a "first stop" for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

Totstime

Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —BabyAndParent —Baby —

Shake, Rattle, and Read

Come shake, rattle, and read with us! Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH PERSON attending the event. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

Explore on the Floor

Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —Preschool —

Social Insurance Number Clinic

A Client Service Specialist from Service Canada will be onsite to provide support and resources to the public. Service Canada will be in your community for drop-in service to help you apply for your Social Insurance Number as well as to answer your questions on/help you apply for our other programs and services, including SIN card applications, Employment Insurance, as well as the Canada Pension Plan. Some services may require primary and secondary identification. Visit Canada.ca for a complete list of acceptable primary and secondary documents. Service Canada provides Canadians with a single point of access to a wide range of government services and benefits through the Internet, by telephone, in-person, or by mail. This is a partnership between Service Canada and Idea Exchange. Drop in anytime 10:00 am and 4:00 pm. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Special Events —Programs + Workshops —TAGS: —SIN Card —Service Canada —Employment Insurance —Canada

Pension Plan —Appl

Explore on the Floor

Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —Preschool —

Art Cart

Drop in to create a unique craft! Colour a drawing, make a collage, build a sculpture! Try something new each time you visit the Art Cart! AGE GROUP: —Kids —Cambridge Art Galleries —EVENT TYPE: —Programs + Workshops —TAGS: —CultureDays —Arts —

Homeschool Heroes

Calling all heroes! In this one-of-a-kind program, we will take a look at everything super about heroes. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —

Kindergarten Connection

Get ready for Kindergarten! Complete a registration for EACH PERSON attending the event. Children will learn fundamental skills while having fun and meeting new friends. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

Cambridge Career Connections

Meet Cambridge Career Connections online for workshops on topics related to job searching and career development. All workshops are virtual, drop-in, and no registration is required.

Join the program at the scheduled time on Zoom. September 19: Meet and Greet Discover how the Cambridge Career Connections employment team is able to assist Cambridge residents with their employment and job search needs. Learn about our pre-employment supports and how you can access these free services. In addition, you will learn about the wide variety of programs and supports Idea Exchange offers and how they inspire our community through reading, arts, innovation, and learning. September 26: Resume Development In the Resume Development workshop, participants will explore various resume styles including the structure and content of both chronological and functional resumes, while determining what style is appropriate. Participants will also learn resume "Do's and Don'ts" as well as what should be included in

Teen Chess Club



Fall teen drop-in chess club. Have fun playing the world's most popular board game with friends. Boards and pieces will be provided. Cost: Free AGE GROUP: —Teens —EVENT TYPE: —Programs + Workshops —TAGS: —Science Literacy Week —Chess —Board Games —

Families Under the Rainbow



We are happy to host Families Under the Rainbow in collaboration with SPECTRUM, Waterloo Region's Rainbow Community Space. Read along with stories, make crafts, and have fun playing together in a safe and supported environment for 2SLGBTQ+ youth, families, and allies. This program is generously funded by a grant from the Lyle S. Hallman Foundation. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SPECTRUM —School Aged —Queer —Preschool —Culture Days —2SLGBTQ+ —

Focus on Leadership



Become a leader in your community and share your unique perspective. Focus on Leadership is designed to provide training for racialized women interested in becoming leaders of tomorrow. Our training will focus on how to become a board member and increase networking abilities to gain access to employment opportunities focusing on team-building, problem-solving, and decision-making. As board members, you will be able to apply these skills to bring about change in the community. The topics covered are: 1. Types of Boards: Governance vs. Operations 2. Board Responsibilities 3. Committees and Working Groups 4. What to Expect Once on a Board 5. Mid-Point Review and Evaluation 6. Leadership Primer / Communication 7. Decision Making 8. Teamwork About Focus For

Ethnic Women Focus For Ethnic Women supports women in the Waterloo Region by providing a nurturing, culturally-sensitive environment that builds self-esteem, social networks, employment-related skills, and connections to meaningful employment. Cost:

Ukulele Meet-Up



Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. Cost: Free AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Music —Meet Up —Culture Days —

Practice Your English Hespeler



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —Circles —

Pyjama Tales



Wear your pyjamas and bring a stuffie to this evening's storytime for families. Hear a bedtime story, sing songs, and make a craft to take home. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —School Aged —Preschool —

October 11, 2023

Outerwhere



September 30 to December 17, 2023 Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange is on view at our Preston gallery. Explore Outerwhere About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, pho-

tography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange



September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Totstime



Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —BabyAndParent —Baby —

STEAM Storytime



Twinkle, twinkle, little star, how I wonder what you are... Songs, rhymes, stories, and fun learning activities that inspire curious little minds to explore STEAM (science, technology, engineering, art, and math) and more. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —SchoolAged —Preschool —

Messy STEAM



Explore the messy side of STEAM. Dress for the mess and get hands-on with fun STEAM (science, technology, engineering, art, and math) experiments and art projects. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —SchoolAged —

Hespeler Knitting Circle Meet Up



Share your ideas and creations with fellow knitters. Whether you're an expert, or just starting out, everyone is welcome to participate, or just have some friendly conversation. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Knitting —

Library Settlement Program



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a “first stop” for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

Explore on the Floor



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —Preschool —

Baby and Me



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH CHILD attending the event. Get ready for some circle time fun. Learn new songs and rhymes, share stories, and meet other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH CHILD at-

tending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

2023 Cambridge Oktoberfest Lunch



Join us at Cambridge City Hall for the Mayor's 2023 Cambridge Oktoberfest Lunch! Enjoy free sausages, bavarian music, keg tapping and fun!

Art Lab



Imagine, explore, and discover. Complete a registration for EACH PERSON attending the event. Science meets art in this hands-on program. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Arts —

Kindergarten Connection



Get ready for Kindergarten! Complete a registration for EACH PERSON attending the event. Children will learn fundamental skills while having fun and meeting new friends. Materials are made for each child registered. Please only register if you are available for all five weeks of the session. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Kindergarten —

Pokémon Allegiance



Gotta catch 'em all! Unite with other fans for trading, gaming, and crafting. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Pokémon —Gaming —Crafting —

Silly Science



An afternoon full of silly science experiments. Join library staff each week as we try different science experiments. Prepare to get messy and have fun! Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Science —

Practice Your English for Families



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Children are welcome to join you for this meeting, and activities will be available to keep them busy while you learn. Cost: Free AGE GROUP: —Teens —Newcomers —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —LearnEnglish —Language —ESL —Conversation —Circles —

The Old Post Office: A Historic Past, an Innovative Future



City of Cambridge Information and Archives Analyst Dan Schmalz shares stories of the Galt Post Office building. Dan takes a look at the role this building has played in our community from its early days as a post office to its present as a digital learning space. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —Lectures + Talks —TAGS: —OPO5 —History —Heritage —Community —

Fibre Arts Meet Up



Calling all knit, crochet, embroidery, macrame, sewing, and other fibre arts enthusiasts for a weekly social meet-up. Join other fibre arts practitioners as you work on your own project in a social environment. Share ideas, enthusiasm, and tips with other like-minded folks. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —MeetUp —Fibre —CultureDays —Crafts —Arts —

Colourblock Reverse Glass Painting



Create an easy linework and colourblock art piece on a glass frame. Use a permanent marker and acrylic paints to create an easy linework and colour block art piece on a glass frame. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —FineArt —CultureDays —Crafts —Arts —

October 12, 2023

Outerwhere



September 30 to December 17, 2023 Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange is on view at our Preston gallery. Explore Outerwhere About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange



September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Baby Connections



Get ready for some circle time fun! Complete a registration for EACH PERSON attending the event. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH PERSON

attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

CTAL: Tutankhamun â The Sensational Discovery (Part 2)



Join us in for an exciting lecture about Egyptomania! With Sherine El Sabae. 2022 marked the history of Egyptology with the November 4th centenary of the discovery of the intact tomb of King Tutankhamun by Howard Carter and Lord Carnarvon in 192. This discovery still captures the public imagination. In part 1, Sherine El Sebaie followed the footsteps of the excavators leading to the discovery and explored the unique contents of the tomb. But don't worry if you missed it. This lecture, Part 2, will explore the aftermath of the opening of the chamber and its impact on Egyptomania. Dr. Sherine El Sebaie is a Ph.D. candidate at the University of Toronto. About our Speaker: Sherine El Sebaie Sherine El Sabaie specializes in ancient Egyptian religion and languages with a particular interest in the history of archeology, tourism, and cultural heritage. Born and raised in Cairo, Egypt, Sherine El Sebaie got a B.Sc. from Helwan University. She then pursued graduate studies in Egyptology at the Univers

Stories and Stretches



Stretch it out and get your body moving. Come enjoy this unique program with its combination of stories, movement activities, and fun! Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —SchoolAged —Preschool —

Kindness Rocks



Sing, dance, and practice self-confidence. It's time to sing and dance together to celebrate love! This music-based program encourages self-confidence as your little one practices new skills. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Singing —SchoolAged —Preschool —Music —Dancing —

Explore on the Floor



Let's Play! Let your little one play, discover, and explore in

a variety of fun-filled, hands-on learning activity centers. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —ScienceLiteracyWeek —Preschool —

Baby Connections



Get ready for some circle time fun! Please register with child's name. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

Dough Rae Me



Learn how to make different sensory doughs using everyday ingredients. Complete a registration for EACH PERSON attending the event. Learn how to make different sensory doughs using everyday ingredients. Interaction through songs and self-expression activities will have you returning each week. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —SchoolAged —Preschool —

Library Settlement Program



As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a "first stop" for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library

Services and referrals. Services available virtually, over the phone, and

Preschool Picassos



Draw out your child's inner Picasso with amazing art projects. Complete a registration for EACH PERSON attending the event. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

The SWAG Club



Snacks with arts and games! Join William weekly for creativity and fun. Hang out with a cool group of like-minded peeps and bring out your creative side. Every week has a different theme featuring unique take-home projects or games in a chill atmosphere. Grab your friends and join us for The SWAG Club! Cost: Free. AGE GROUP: —Teens —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Tween —Arts —

Practice Your English Online



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free. AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —LearnEnglish —Language —ESL —Conversation —Circles —

Ultimate Makers 2.0



Take your maker skills to the next level. From innovative technologies to traditional art forms, explore something new each week. Cost: Free. AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —TechTraining —ScienceLiteracyWeek —SchoolAged —

Bad Paint Night

Create a beautifully bad artwork, all fun and no pressure! All painting materials provided! Dress for mess. AGE GROUP: —Teens —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

Next in Soldering

Take on a bigger project while learning the basics of soldering. Learn about circuits and soldering by creating a small Bluetooth speaker. All supplies included. Cost: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Programs + Workshops —Maker Programs —TAGS: —Tech Training —Technology —Soldering —Makerspace —Maker —

MMMMunsch! Storytime

All Robert Munsch stories! Play, sing, dance, and craft all around your favourite Robert Munsch stories! Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Storytime —

Ukulele Meet Up

Enjoy singing and smiling while strumming your ukulele with this casual group. All skill levels are welcome. If needed, you can borrow a ukulele with your Idea Exchange membership. Cost: Free AGE GROUP: —Teens —Kids —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Ukulele —Music —MeetUp —

October 13, 2023*Outerwhere*

September 30 to December 17, 2023 Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange is on view at our Preston gallery. Explore Outerwhere About the Artist: Meera Sethi is a contemporary Canadian visual

artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange

September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere is on view at our Queen's Square gallery. Explore Cotton Exchange About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cambridgelicious

This fall, have a deliciously local experience at the first ever Cambridgelicious, taking place from October 13 - 22, 2023.

Library Settlement Program

As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a "first stop" for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and in person.

Old Post Office Book Club



Meet monthly to discuss a pre-selected title, share thoughts, and learn more about the books we love. Fall Book Titles: Pick up a copy of the next month's book from the Old Post Office starting the 2nd Friday of the month prior. September's book will be available starting August 11. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Book Clubs —TAGS: —bookclubs —

Shake, Rattle, and Read



Come shake, rattle, and read with us! Complete a registration for EACH PERSON attending the event. Explore fun, active, and hands-on activities with your little one. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —Baby —

Time for Twos and Threes



Bring your tot for some late-morning fun. Join us for fun and engaging stories, songs, and activities for 2 and 3-year-olds and their caregiver each week. Complete a registration for EACH PERSON attending the event. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —

Preschool Picassos



Draw out your child's inner Picasso with amazing art projects. Complete a registration for EACH PERSON attending the event. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

Connections 50+



Connect with other adults while enjoying concerts, crafting, chats, and more. This entertaining, senior-focused program features local musicians, guest speakers, and art activities with Cambridge Art Galleries staff, and much more. Lights snacks and refreshments served. September 15: Handpan drums and colouring! September 22: Arts and Crafts with the Gallery (Culture Days event) September 29: Afri-nanas of Cambridge and quilting craft (Culture Days event) October 6: Listen and draw! (Culture Days event) October 13: Art and Crafts with the Gallery (Culture Days event) October 20: Exploring instruments and group music with Axon Music Therapy October 27: Halloween party! November 3: Art and Crafts with the Gallery November 10: Remembrance November 17: Guest artist November 24: Card making with the Gallery Cost: Free AGE GROUP: —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —Live Performances —TAGS: —Seniors —CultureDays —Concert —Arts —

Baby Connections



Get ready for some circle time fun! Complete a registration for EACH PERSON attending the event. Learn new songs and rhymes, share stories, and meet other caregivers, all while your little one is discovering the exciting world around them. Baby Connections is a free community program that provides each family with a take-home kit of resources. Please only register once in your baby's first year. This program features giveaways for babies that are the same in each session. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —BabyAndParent —Baby —

Take Charge: Chronic Disease



How-to workshop for living with chronic disease. Take Charge! is a workshop that helps people with any chronic or ongoing health conditions such as diabetes, heart disease, stroke, anxiety, pain, depression, or arthritis to better manage their symptoms. Meet other people who share similar challenges with their health and find new ways to deal with these challenges. The workshop teaches skills for living a healthy life. Some of the topics you will learn about are: AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —MentalHealth —Health —

Career and Job Support



Staff from John Howard Society's Cambridge Career Con-

nections will be onsite to provide support and resources to job seekers. Drop in to meet with Employment Coordinators from Cambridge Career Connections to learn about FREE services to support job seekers in the Cambridge Community. Employment Coordinators will be able to provide resume and cover letter writing resources, interview and job search tips, and links to job leads and employment opportunities. Cambridge Career Connections is an Employment Ontario Service Provider, providing Employment Services, Youth Job Connection, and Better Jobs Ontario programs. This program is happening on a rotating basis at four Idea Exchange locations: Clemens Mill, Hespeler, Preston, and Queen's Square. Check our calendar of events for dates, times, and locations. This program is a partnership of Idea Exchange, and John Howard Society in Cambridge. Cost: Free AGE GROUP: —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —resume —jobs —employment

Bejeweled: A Crafty Dance Party



Join us for an evening of creativity and celebration. Inspired by Taylor Swift, get ready to groove to the beats of our live DJ as we transform the lobby into a vibrant dance floor. But that's not all – we're taking the party to the next level with on-site crafts. Unleash your inner artist and bring your own denim – we'll provide the materials to add a touch of sparkle and dazzle to your look for the night. Let loose, dance to your heart's content, and let your creativity shine! Cost: Free AGE GROUP: —Teens —Adults —EVENT TYPE: —Special Events —TAGS: —Crafts —

October 14, 2023

Outerwhere



September 30 to December 17, 2023 Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange is on view at our Preston gallery. Explore Outerwhere About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange



September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Outerwhere

is on view at our Queen's Square gallery. Explore Cotton Exchange About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cambridge Farmers' Market



Ask yourself a few simple questions... Our hope is that you answered, "Yes," to all of the above questions, and that's what we love about food: It is a common bond we all share, a single thread that when talked about, brings to mind all sorts of stories and experiences that we can share. Farmers' markets are a centre of commerce and socializing, a venue for combining old with new and a place for new ideas to be explored and celebrated. The Cambridge Farmers' Market (CFM) is our community food hub. It is where residents gather to talk about food and community happenings. It's where awareness is built and the beginnings of change takes place. The CFM dates back to the 1830s with the current market building holding its seat on Dickson Street since 1887. The presence of the market in conjunction with other civic structures, the Town Halls, is an English tradition that is as relevant today as it was when the market was built. The CFM building's continued use as a market is unique in Ontario. While

Cambridgelicious



This fall, have a deliciously local experience at the first ever Cambridgelicious, taking place from October 13 - 22, 2023.

Islamic Heritage Month Celebration



Join us for a day of art, food and culture, warmly shared by our Islamic neighbors. Try some traditional Islamic treats, learn about wedding customs from across the globe, get beautified with henna, or have a photo in our photo booth. There is lots to do for the whole family! This event is in partnership with the Muslim Women of Cambridge. Cost: Free AGE GROUP: —Teens —Newcomers —Kids —Adults —EVENT TYPE: —Special Events —Self-Guided —TAGS: —Community —

Doggie Yoga with Autism Dog Services



Appealing to all yoga levels, participants will be instructed by local certified yoga instructor Gwyn Rafuse-Smith of Karmic Yoga, while being surrounded by Autism Dog Services service dogs in training. Participants can bring their own yoga mat, towel and bottled water. Tickets are \$20 and all proceeds will benefit Autism Dog Services.

Walk A Mile In The Shoes in support of YWCA Cambridge



Walk A Mile in Their Shoes is an annual fundraising event for people of all ages, gender identities and abilities to increase awareness of the impacts of gender-based violence, while raising much-needed funds to support YWCA Cambridge's GBV prevention work. We're on a mission to not only end gender-based violence, but prevent it before it can happen. That's why we work tirelessly to provide free, community-based violence prevention programming to youth across Cambridge, North Dumfries and beyond. Mark your calendars and walk in solidarity with survivors of violence. Together we have the ability to make our community a safer space for all and put an end to gender-based violence.

Pet Rocks: Ghosts and Ghouls



Create a spooky pet ghost or ghouls to haunt your house during Halloween! Dress for mess. AGE GROUP: —Kids —Cambridge Art Galleries —EVENT TYPE: —Programs + Workshops —TAGS: —Arts —

TREEmendous Cambridge Walking Tours - Preston



TREEmendous Cambridge Walking Tours - Preston Join Cambridge City Green volunteers and Aaron Boonstra, Arborist with Reep Green Solutions, on a walking tour of the TREEmendous Cambridge street trees. Learn about Cambridge City Green's new tool, "TREEmendous Cambridge" which lets you Aaron Boonstra will lead three walks to see the various large trees along Cambridge streets and talk about urban forestry issues. Cambridge City Green volunteers will demonstrate the TREEmendous Cambridge tool along the way. Preston - Saturday October 14th 2-3:30 pm - park / meet at 932 Dover St. S. (parking is very limited and you may have to park on-street). Walk will be approximately 2km, half on stonedust trail (Bob McMullen trail), half on City sidewalks

through the neighbourhood. Limited to 20 people - register at this Eventbrite link. Rain or shine, but in case of thunderstorm the walk will be cancelled.

TREEmendous Cambridge Walking Tours



TREEmendous Cambridge Walking Tours Join Cambridge City Green volunteers and Aaron Boonstra, Arborist with Reep Green Solutions, on a walking tour of the TREEmendous Cambridge street trees. Learn about Cambridge City Green's new tool, "TREEmendous Cambridge" which lets you Aaron Boonstra will lead a walk to see the various street trees and talk about urban forestry issues. Cambridge City Green volunteers will demonstrate the TREEmendous Cambridge tool along the way. Saturday October 14th 2-3:30 pm (Preston) - park / meet at 932 Dover St. S. (parking is very limited and may have to be on-street). Walk will be approximately 2km, half on stonedust trail (Bob McMullen trail), half on City sidewalks through the neighbourhood. Register at the EVENTBRITE LINK PLEASE NOTE: Walking tours are limited to 20 persons. Participants must register at the EVENTBRITE LINKS. Rain or shine, but in case of thunderstorm the walk will be cancelled.

Practice Your English Queen's Square



Meet new friends, learn about your community, share your culture and customs, and practice your English. Join us for casual conversation and connection led by experienced and friendly Idea Exchange volunteers. These weekly sessions cover various topics featuring group activities and one-on-one or one-on-two practice in a fun and helpful environment. Cost: Free AGE GROUP: —Newcomers —EVENT TYPE: —Programs + Workshops —TAGS: —Learn English —Language —ESL —Conversation —Circles —

October 15, 2023

Outerwhere



September 30 to December 17, 2023 Outerwhere is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition Cotton Exchange is on view at our Preston gallery. Explore Outerwhere About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange

September 30 to November 26, 2023 Cotton Exchange is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition *Outerwhere* is on view at our Queen's Square gallery. Explore Cotton Exchange. About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cambridgeliicious

This fall, have a deliciously local experience at the first ever Cambridgeliicious, taking place from October 13 - 22, 2023.

October 16, 2023*Outerwhere*

September 30 to December 17, 2023 *Outerwhere* is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition *Cotton Exchange* is on view at our Preston gallery. Explore *Outerwhere*. About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

Cotton Exchange

September 30 to November 26, 2023 *Cotton Exchange* is one of two exhibitions featuring the work of contemporary Canadian artist, Meera Sethi. Sethi's exhibition *Outerwhere* is on view at our Queen's Square gallery. Explore *Cotton Exchange*. About the Artist: Meera Sethi is a contemporary Canadian visual artist with an interdisciplinary, intuitive, and research-based practice that moves between painting, drawing, fibre, photography, illustration, performance, and social practice. AGE GROUP: —Cambridge Art Galleries —EVENT TYPE: —Exhibitions + Openings —TAGS: —Exhibitions —Arts —

—Arts —

Cambridgeliicious

This fall, have a deliciously local experience at the first ever Cambridgeliicious, taking place from October 13 - 22, 2023.

Preschool Picassos

Draw out your child's inner Picasso with amazing art projects. Complete a registration for EACH PERSON attending the event. Each week, you and your child will use imagination and fun art supplies to explore and create. Please dress to get messy. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Preschool —Arts —

Totstime

Dance, sing, rhyme, and craft with your tot. Enjoy this half-hour program of story, song, and movement—an excellent program for meeting other children and caregivers in your community. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Preschool —BabyAndParent —Baby —

Library Settlement Program

As a primary settlement agency in Cambridge, YMCA Immigrant Services acts as a “first stop” for newcomers. Through the YMCA Library Settlement Partnerships (LSP), our Settlement Workers are located within the libraries to continue to support newcomer and immigrant needs. Our Settlement Workers can provide support with citizenship, housing, education, English language assessments, connecting with community resources, and much more. Through our collaboration with Idea Exchange, together we are working to foster a smooth transition into the Cambridge community. The Library Settlement Partnership program is a partnership of Idea Exchange, the YMCA's Immigrant Services Program, and Immigration, Refugees, and Citizenship Canada (IRCC). Services Offered: Virtual settlement support to newcomers. Information Sessions relevant to newcomer needs in collaboration

with Idea Exchange. LSP staff provide orientation to Library Services and referrals. Services available virtually, over the phone, and

Explore on the Floor



Let's Play! Let your little one play, discover, and explore in a variety of fun-filled, hands-on learning activity centers. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Stem —Steam —Science Literacy Week —Preschool —

Sense-ational



Explore a different sense each week. Let's learn about the five senses of the human body. Each week we will explore a different sense through stories, songs, and activities. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —School Aged —Preschool —

Baby and Me



Learn new songs and rhymes, share stories, and meet other parents and babies. Complete a registration for EACH PERSON attending the event. Get ready for some circle time fun! Learn new songs and rhymes, share stories, and meet

other caregivers as your little one discovers the exciting world around them. Complete a registration for EACH PERSON attending the event. This will help us provide the best possible experience. Cost: Free AGE GROUP: —Kids —EVENT TYPE: —Programs + Workshops —TAGS: —Baby And Parent —Baby —

Art and Wellness



Enjoy a creative evening in the Gallery Studio with a focus on improving mental health. A professional artist and clinical therapist will be present to lead you through a fun activity resulting in an artwork and deeper sense of wellbeing. This program is offered in partnership with Porchlight: Counselling and Addiction Services. You can learn more about Porchlight at porchlightcnd.org AGE GROUP: —Teens —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —Mental Health —Arts —

Basic Photography



Learn the basics of photography. Learn to take the best possible photographs no matter what camera you use with local photographer Jason Gennings. This course will help develop your photography skills by taking you through basic concepts such as focus, exposure, shutter speed, aperture, and camera care. Participants will need to bring their own camera to each class. Please note there is no class on October 9. Cost: Free AGE GROUP: —Teens —Cambridge Art Galleries —Adults —EVENT TYPE: —Programs + Workshops —TAGS: —workshop —photography —Arts —