

Deep Run Roots by Vivian Howard

Summer Reading Assignment

For this book, you need to read:

1. The Introduction pp. 1-16
2. The beginning of each chapter:
 - a. Ground Corn pp. 21-23
 - b. Eggs pp. 45-48
 - c. Turnips pp. 65-67
 - d. Watermelon pp. 83-85
 - e. Oysters pp. 103-108
 - f. Pecans pp. 127-131
 - g. Beans & Peas pp. 149-152
 - h. Figs pp. 173-177
 - i. Blueberries pp. 193-197
 - j. Sweet Corn pp. 217-219
 - k. Cucumbers pp. 239-241
 - l. Tomatoes pp. 258-261
 - m. Rice pp. 285-289
 - n. Sweet Potatoes pp. 308-311
 - o. Summer Squash - pp. 335-337
 - p. Sausage pp. 357-361
 - q. Peanuts pp. 381-382
 - r. Okra pp. 399-400
 - s. Collards pp. 417-423
 - t. Peaches pp. 442-443
 - u. Rutabagas pp. 467-469
 - v. Apples pp. 482-485
 - w. Beets pp. 507-508
 - x. Muscadine grapes pp. 527-511

After reading, follow the steps below - you can check them off as you go;

1. ____ Pick an ingredient that interests you
2. ____ Read the directions to most of the recipes in that section and peruse the recipes for ones that you might prepare
3. ____ Pick 1-2 dishes to make from that section (or one can be from another section)
4. ____ Plan when and how you will make one of them by arranging to get the ingredients, figuring out what equipment you will need, making arrangements with your parents or guardians to use the kitchen and prepare people to share in your dish
5. ____ Take a picture of your dish and send to amy@camelotacademy.org
6. ____ Write your story of the production of the food you ate. Things you might write about might include:
 - a. Why you chose the ingredient and why you chose the recipe - things that appealed to you
 - b. Any history about the ingredient from your own life or your families
 - c. Anything from the book that you found interesting about the ingredients or recipe or that may have influenced your choice
 - d. The story of you making it - what was it like to purchase and select the ingredients and follow the directions
 - e. Mistakes you made, obstacles you faced
 - f. How it turned out and the opinion of people with whom you shared it
7. ____ Make the same recipe or pick a new one to make for Parent Orientation day on Monday, August 26. Again, you need to plan when and how you will acquire the necessary ingredients and plan time to prepare the dish. Deliver the dish to the school with a serving utensil on August 26 so parents and teachers can enjoy it as they come for Parent Orientation.! (NOTE: if this is not possible, you can make another dish on another day at home and take a picture of it)