STICKERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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REFLECTION

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JANUARY 1

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STICKERS

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JANUARY 2

MOOD:







TODO:

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JANUARY 3

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JANUARY 4

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NOTES:

THE SETBACKS ARE JUST REDIRECTING ME TO SOMETHING BIGGER AND BETTER.

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JANUARY 5

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NOTES:

TODAY AND EVERYDAY I RELEASE ALL THE NEGATIVITY.

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JANUARY 6

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NOTES:

I MAKE PEACE WITH WHAT I CAN'T CONTROL.

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JANUARY 7

MOOD:







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NOTES:

I MAKE PEACE WITH MY PAST AND I AM READY TO RECEIVE THE GOOD THAT COMES MY WAY.

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JANUARY 8

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NOTES:

I AM THANKFUL FOR ALL I HAVE AND ALL I WILL ACCOMPLISH.

STICKERS

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JANUARY 9

MOOD:







TODO:

NOTES:

I AM A MAGNET FOR POSITIVITY AND BLESSINGS.

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JANUARY 10

MOOD:







TODO:

NOTES:

I FORGIVE MYSELF.

STICKERS

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JANUARY 11

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NOTES:

I BELIEVE IN MYSELF AND ALL OF MY ABILITIES.

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JANUARY 12

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NOTES:

I AM STRONG AND I AM POWERFUL.

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JANUARY 13







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NOTES:

I DESERVE TO BE HAPPY.

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JANUARY 14

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NOTES:

I AM ENOUGH.

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JANUARY 15

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NOTES:

I AM BRAVE AND I WILL GO AFTER WHAT MAKES ME HAPPY.

STICKERS

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JANUARY 16

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JANUARY 17

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JANUARY 18

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I DESERVE SELF-CARE.

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JANUARY 19

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NOTES:

I WILL TRUST THE TIMING OF MY LIFE AND BE GRATEFUL FOR THE GOOD THAT IS TO COME.

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JANUARY 20

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STICKERS

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JANUARY 21

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NOTES:

I ATTRACT OPPORTUNITY.

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JANUARY 22

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NOTES:

I LOVE MY BODY.

STICKERS

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JANUARY 23

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NOTES:

I AM DETERMINED TO SUCCEED.

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JANUARY 24

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NOTES:

I CHOOSE TO BE OPTIMISTIC.

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JANUARY 25

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NOTES:

I KNOW WHO I AM AND I KNOW WHAT I DESERVE.

JANUARY 26

MOOD:







TODO:

NOTES:

I AM RESILIENT.

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JANUARY 27

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JANUARY 28

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JANUARY 29

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NOTES:

I NO LONGER FEAR THE UNKNOWN.

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JANUARY 30







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NOTES:

I CHOOSE TO FOCUS ONLY ON WHAT I CAN CONTROL.

STICKERS

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JANUARY 31

MOOD:







NOTES:

I AM ENOUGH.

STICKERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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REFLECTION

SPENT: EARNED:

FEBRUARY 1

MOOD:







TODO:

NOTES:

I AM RESILIENT ENOUGH TO TAKE ON EVERY OBSTACLE THAT STANDS IN MY WAY.

STICKERS

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FEBRUARY 2

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NOTES:

MY PAST DOES NOT DEFINE MY FUTURE.

STICKERS

FEBRUARY 3

MOOD:







TODO:

NOTES:

I CHOOSE TO BE FEARLESS TODAY AND EVERYDAY.

STICKERS

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FEBRUARY 4

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NOTES:

I CHOOSE TO STEP OUTSIDE OF MY COMFORT ZONE AND DO THE UNTHINKABLE.

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FEBRUARY 5

MOOD:







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NOTES:

I TRUST MYSELF, I TRUST MY INTUITION, I TRUST MY JUDGEMENT AND I WILL MAKE THE BEST CHOICES FOR ME.

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FEBRUARY 6

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NOTES:

DONE IS BETTER THAN PERFECT.

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FEBRUARY 7

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FEBRUARY 8

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NOTES:

STICKERS

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FEBRUARY 9

MOOD:







TODO:

NOTES:

I RELEASE ALL DOUBTS AND INSECURITIES ABOUT MYSELF.

STICKERS

FEBRUARY 10

MOOD:







TODO:

NOTES:

TODAY I CHOOSE TO MAKE MYSELF HAPPY.

STICKERS

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FEBRUARY 11

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NOTES:

I HAVE THE COURAGE TO BE THE HAPPIEST, HEALTHIEST AND MOST SUCCESSFUL VERSION OF MYSELF.

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FEBRUARY 12

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STICKERS

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FEBRUARY 13

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FEBRUARY 14

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NOTES:

I HAVE THE POWER TO CREATE THE LIFE I DESIRE.

STICKERS

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FEBRUARY 15

MOOD:







TODO:

NOTES:

TODAY I LET GO OF ANYTHING THAT DOESN'T ADD TO MY HAPPINESS AND GOALS.

FEBRUARY 16

MOOD:







TODO:

NOTES:

I AM ALLOWED TO SAY NO TO OTHERS AND YES TO MYSELF.

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FEBRUARY 17

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NOTES:

ALL THAT I NEED COMES TO ME AT THE RIGHT TIME.

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FEBRUARY 18

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FEBRUARY 19

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NOTES:

I AM TALENTED AND INTELLIGENT.

AUGUST

STICKERS

FEBRUARY 20

MOOD:







TODO:

NOTES:

MY POSSIBILITIES ARE ENDLESS.

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FEBRUARY 21

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NOTES:

I AM DOING MY BEST.

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FEBRUARY 22

MOOD:







TODO:

NOTES:

I BELIEVE IN MY ABILITY TO GO AFTER MY DREAMS AND SUCCEED.

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FEBRUARY 23

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NOTES:

I AM LOVED.

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FEBRUARY 24

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NOTES:

I HAVE A PURPOSE.

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FEBRUARY 25

MOOD:







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NOTES:

MY COURAGE AND STRENGTH ARE MORE POWERFUL THAN MY DOUBTS.

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FEBRUARY 26

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NOTES:

MY GOALS ARE ATTAINABLE.

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STICKERS

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FEBRUARY 27

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STICKERS

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FEBRUARY 28

MOOD:







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NOTES:

I AM GRATEFUL TO BE ALIVE.

MAY

STICKERS

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FEBRUARY 29

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NOTES:

I TRUST MY INTUITION AND I ALWAYS MAKE WISE DECISIONS.

STICKERS

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REFLECTION

SPENT: EARNED:

STICKERS

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NOTES:

I AM MOTIVATED.

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NOTES:

MY GRATEFUL HEART IS A MAGNET THAT ATTRACTS EVERYTHING I DESIRE.

MAY

STICKERS

MARCH 3

MOOD:







TODO:

NOTES:

I BREATHE IN COURAGE AND EXHALE DOUBT.

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MARCH 4

MOOD:







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NOTES:

THERE ARE NO LIMITS TO THE AMOUNT OF MONEY I CAN MAKE.

STICKERS

MARCH 5

MOOD:







TODO:

NOTES:

I AM CONFIDENT.

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MARCH 6

MOOD:







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NOTES:

I AM LIMITLESS.

STICKERS

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STICKERS

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STICKERS

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MARCH 9

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TODO:

NOTES:

I AM IN CONTROL.

MARCH 10

MOOD:







TODO:

NOTES:

I AM PROUD OF WHO I AM.

STICKERS

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MARCH 11

MOOD:







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NOTES:

I ALLOW NEW BEGINNINGS IN MY LIFE.

MARCH 12

MOOD:







TODO:

NOTES:

I FORGIVE MYSELF FOR HAVING A BAD DAY.

JUNE

STICKERS

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MARCH 13

MOOD:







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NOTES:

I HAVE THE ABILITY TO SOLVE EVERY PROBLEM I FACE.

STICKERS

MARCH 14

MOOD:







TODO:

NOTES:

EVERYDAY I AM BECOMING WEALTHIER.

STICKERS

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MARCH 15







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MARCH 17

MOOD:







TODO:

NOTES:

I AM STRONGER THAN MY EXCUSES.

STICKERS

MARCH 18

MOOD:







TODO:

STICKERS

MARCH 19

MOOD:







TODO:

NOTES:

I BELIEVE IN THE WOMAN I AM BECOMING.

STICKERS

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MARCH 20

MOOD:







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NOTES:

I AM UNAFFECTED BY THE JUDGEMENT OF OTHERS.

STICKERS

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MARCH 21

MOOD:







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NOTES:

I AM HEALTHY AND HAPPY.

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MARCH 22

MOOD:







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NOTES:

I AM VALUABLE.

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MARCH 23

MOOD:







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NOTES:

MONEY MAKING OPPORTUNITIES ARE ALWAYS COMING MY WAY.

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MARCH 25

MOOD:







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NOTES:

I AM WORTHY OF LOVE AND HAPPINESS.

MARCH 26

MOOD:







TODO:

NOTES:

I AM CREATIVE AND I WILL CREATE THE BEST LIFE FOR ME.

STICKERS

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MARCH 27

MOOD:







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NOTES:

I AM GRATEFUL FOR ALL THAT I HAVE.

STICKERS

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MARCH 28

MOOD:







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NOTES:

I DON'T FAIL, I LEARN.

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MARCH 29

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NOTES:

I WILL ACHIEVE THE GOALS I SET.

STICKERS

MARCH 30

MOOD:







TODO:

NOTES:

I TAKE ACTION TOWARDS MY GOALS EVERYDAY.

STICKERS

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MOOD:







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STICKERS

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REFLECTION

SPENT: EARNED:

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NOTES:

I AM KIND AND I AM PATIENT.

STICKERS

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APRIL 6

MOOD:







TODO:

NOTES:

I AM PREPARED FOR NEW CHALLENGES.

STICKERS

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NOTES:

I ATTRACT THE LOVE I DESIRE.

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APRIL 8

MOOD:







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NOTES:

I HAVE THE POWER TO CREATE CHANGE.

STICKERS

APRIL 9

MOOD:







TODO:

NOTES:

I CHOOSE WHAT I BECOME

JULY

STICKERS

APRIL 10

MOOD:







TODO:

STICKERS

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APRIL 11

MOOD:







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NOTES:

I AM CAPABLE OF ACHIEVING ANYTHING I SET MY MIND TO.

AUGUST

APRIL 12

MOOD:







TODO:

NOTES:

I AM WORTHY OF INCREASING MY INCOME.

STICKERS

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APRIL 13

MOOD:







TODO:

NOTES:

THE SETBACKS ARE JUST REDIRECTING ME TO SOMETHING BIGGER AND BETTER.

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APRIL 14

MOOD:







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NOTES:

TODAY AND EVERYDAY I RELEASE ALL THE NEGATIVITY.

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APRIL 15

MOOD:







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NOTES:

I MAKE PEACE WITH WHAT I CAN'T CONTROL.

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NOTES:

I MAKE PEACE WITH MY PAST AND I AM READY TO RECEIVE THE GOOD THAT COMES MY WAY.

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NOTES:

APRIL 18

MOOD:







TODO:

NOTES:

I AM A MAGNET FOR POSITIVITY AND BLESSINGS.

STICKERS

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APRIL 19

MOOD:







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NOTES:

I FORGIVE MYSELF.

STICKERS

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APRIL 20

MOOD:







TODO:

NOTES:

I BELIEVE IN MYSELF AND ALL OF MY ABILITIES.

STICKERS

APRIL 21

MOOD:







TODO:

NOTES:

I AM STRONG AND I AM POWERFUL.

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APRIL 22

MOOD:







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NOTES:

I DESERVE TO BE HAPPY.

APRIL 23

MOOD:







TODO:

NOTES:

I AM ENOUGH.

STICKERS

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APRIL 24

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NOTES:

I AM BRAVE AND I WILL GO AFTER WHAT MAKES ME HAPPY.

APRIL 25

MOOD:







TODO:

NOTES:

I AM PROUD OF WHO I AM AND ALL THAT I HAVE AND WILL ACCOMPLISH.

MAY

JULY

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APRIL 26

MOOD:







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NOTES:

STICKERS

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APRIL 27

MOOD:







TODO:

NOTES:

I DESERVE SELF-CARE.

STICKERS

APRIL 28

MOOD:







TODO:

NOTES:

I WILL TRUST THE TIMING OF MY LIFE AND BE GRATEFUL FOR THE GOOD THAT IS TO COME.

STICKERS

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APRIL 29

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NOTES:

STICKERS

APRIL 30

MOOD:







TODO:

NOTES:

I ATTRACT OPPORTUNITY.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

GOALS

REFLECTION

SPENT: EARNED:

STICKERS

MAY 1

MOOD:







TODO:

NOTES:

I LOVE MY BODY.

STICKERS

MAY 2

MOOD:







TODO:

NOTES:

I AM DETERMINED TO SUCCEED.

STICKERS

MAY 3

MOOD:







TODO:

NOTES:

I CHOOSE TO BE OPTIMISTIC.

STICKERS

MAY 4

MOOD:







TODO:

NOTES:

I KNOW WHO I AM AND I KNOW WHAT I DESERVE.

STICKERS

MAY 5

MOOD:







TODO:

NOTES:

I AM RESILIENT.

MAY

STICKERS

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NOTES:

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STICKERS

TUESDAY

MAY 7

MOOD:







TODO:

NOTES:

I ACCEPT THE GOOD THINGS THAT ARE COMING MY WAY.

STICKERS

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MOOD:







TODO:

NOTES:

I NO LONGER FEAR THE UNKNOWN.

STICKERS

THURSDAY

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MAY9

MOOD:







TODO:

NOTES:

I CHOOSE TO FOCUS ONLY ON WHAT I CAN CONTROL.

STICKERS

MAY 10

MOOD:







TODO:

NOTES:

I AM ENOUGH.

STICKERS

MAY 11

MOOD:







TODO:

NOTES:

I AM RESILIENT ENOUGH TO TAKE ON EVERY OBSTACLE THAT STANDS IN MY WAY.

STICKERS

MAY 12

MOOD:







TODO:

NOTES:

JULY

STICKERS

MAY 13

MOOD:







TODO:

NOTES:

STICKERS

MAY 14

MOOD:







TODO:

NOTES:

I CHOOSE TO STEP OUTSIDE OF MY COMFORT ZONE AND DO THE UNTHINKABLE.

MAY

STICKERS

MAY 15

MOOD:







TODO:

NOTES:

I TRUST MYSELF, I TRUST MY INTUITION, I TRUST MY JUDGEMENT AND I WILL MAKE THE BEST CHOICES FOR ME.

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NOTES:

MAY

STICKERS

MAY 17

MOOD:







TODO:

NOTES:

I WILL ACCOMPLISH ANYTHING I FOCUS ON.

STICKERS

MAY 18

MOOD:







TODO:

NOTES:

I AM A POSITIVE PERSON WHO ATTRACTS POSITIVITY.

MAY 19

MOOD:







TODO:

NOTES:

I RELEASE ALL DOUBTS AND INSECURITIES ABOUT MYSELF.

STICKERS

MAY 20

MOOD:







TODO:

NOTES:

TODAY I CHOOSE TO MAKE MYSELF HAPPY.

STICKERS

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NOTES:

I HAVE THE COURAGE TO BE THE HAPPIEST, HEALTHIEST AND MOST SUCCESSFUL VERSION OF MYSELF.

MARCH

AUGUST

STICKERS

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MAY 22

MOOD:







TODO:

NOTES:

I WILL ATTRACT WHAT BELONGS TO ME.

STICKERS

MAY 23

MOOD:







TODO:

NOTES:

I AM A MONEY MAGNET.

MAY 24

MOOD:







TODO:

NOTES:

I HAVE THE POWER TO CREATE THE LIFE I DESIRE.

STICKERS

MAY 25

MOOD:







TODO:

NOTES:

TODAY I LET GO OF ANYTHING THAT DOESN'T ADD TO MY HAPPINESS AND GOALS.

MAY 26

MOOD:







TODO:

NOTES:

I AM ALLOWED TO SAY NO TO OTHERS AND YES TO MYSELF.

MAY 27

MOOD:







TODO:

NOTES:

ALL THAT I NEED COMES TO ME AT THE RIGHT TIME.

STICKERS

MAY 28

MOOD:







TODO:

NOTES:

I WILL NOT COMPARE MYSELF TO OTHERS.

STICKERS

MAY 29

MOOD:







TODO:

NOTES:

I AM TALENTED AND INTELLIGENT.

JULY

STICKERS

MAY 30

MOOD:







TODO:

NOTES:

MY POSSIBILITIES ARE ENDLESS.

STICKERS

MAY 31

MOOD:







TODO:

NOTES:

I AM DOING MY BEST.

STICKERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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17	18	19	20	21	22	23
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REFLECTION

SPENT: EARNED:

STICKERS

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JUNE 1

MOOD:







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NOTES:

I BELIEVE IN MY ABILITY TO GO AFTER MY DREAMS AND SUCCEED.

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JUNE 2

MOOD:







TODO:

NOTES:

I AM LOVED.

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NOTES:

I HAVE A PURPOSE.

STICKERS

JUNE 4

MOOD:







TODO:

NOTES:

MY COURAGE AND STRENGTH ARE MORE POWERFUL THAN MY DOUBTS.

STICKERS

JUNE 5

MOOD:







TODO:

NOTES:

MY GOALS ARE ATTAINABLE.

JUNE 6

MOOD:







TODO:

NOTES:

I CHOOSE TO LIVE MY LIFE TO THE FULLEST.

STICKERS

FRIDAY

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JUNE 7

MOOD:







TODO:

NOTES:

I AM GRATEFUL TO BE ALIVE.

STICKERS

JUNE 8

MOOD:







TODO:

NOTES:

I TRUST MY INTUITION AND I ALWAYS MAKE WISE DECISIONS.

STICKERS

JUNE 9

MOOD:







TODO:

NOTES:

I AM MOTIVATED.

STICKERS

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JUNE 10

MOOD:







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NOTES:

MY GRATEFUL HEART IS A MAGNET THAT ATTRACTS EVERYTHING I DESIRE.

JUNE 11

MOOD:







TODO:

NOTES:

I BREATHE IN COURAGE AND EXHALE DOUBT.

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JUNE 12

MOOD:







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NOTES:

THERE ARE NO LIMITS TO THE AMOUNT OF MONEY I CAN MAKE.

MAY

STICKERS

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JUNE 13

MOOD:







TODO:

NOTES:

I AM CONFIDENT.

STICKERS

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JUNE 14

MOOD:







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NOTES:

I AM LIMITLESS.

MAY

STICKERS

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JUNE 15

MOOD:







TODO:

NOTES:

I AM ALWAYS GROWING AND READY TO LEARN.

AUGUST

JUNE 16

MOOD:







TODO:

NOTES:

TODAY I HAVE THE POWER TO ACCOMPLISH EVERYTHING I NEED TO DO.

STICKERS

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JUNE 17

MOOD:







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NOTES:

I AM IN CONTROL.

MAY

TUESDAY

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JUNE 18

MOOD:







TODO:

NOTES:

I AM PROUD OF WHO I AM.

STICKERS

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JUNE 19

MOOD:







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NOTES:

STICKERS

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JUNE 20

MOOD:







TODO:

NOTES:

I FORGIVE MYSELF FOR HAVING A BAD DAY.

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JUNE 21

MOOD:







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NOTES:

I HAVE THE ABILITY TO SOLVE EVERY PROBLEM I FACE.

JUNE 22

MOOD:







TODO:

NOTES:

EVERYDAY I AM BECOMING WEALTHIER.

STICKERS

JUNE 23

MOOD:







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JUNE 24

MOOD:







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NOTES:

EVERY OBSTACLE IS AN OPPORTUNITY TO GROW.

JULY

STICKERS

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JUNE 25

MOOD:







TODO:

NOTES:

I AM STRONGER THAN MY EXCUSES.

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JUNE 26

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NOTES:

GOOD THINGS ARE GOING TO HAPPEN.

STICKERS

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JUNE 27

MOOD:







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JUNE 28

MOOD:







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NOTES:

I AM UNAFFECTED BY THE JUDGEMENT OF OTHERS.

STICKERS

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JUNE 29

MOOD:







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NOTES:

I AM HEALTHY AND HAPPY.

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JUNE 30

MOOD:







TODO:

NOTES:

I AM VALUABLE.

STICKERS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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29	30	31				

GOALS

REFLECTION

SPENT: EARNED:

STICKERS

JULY 1

MOOD:







TODO:

NOTES:

MONEY MAKING OPPORTUNITIES ARE ALWAYS COMING MY WAY.

JULY

JULY 2

MOOD:







TODO:

NOTES:

I AM READY TO MANIFEST ABUNDANCE.

JULY 3

MOOD:







TODO:

NOTES:

I AM WORTHY OF LOVE AND HAPPINESS.

STICKERS

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JULY 4

MOOD:







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NOTES:

I AM CREATIVE AND I WILL CREATE THE BEST LIFE FOR ME.

JULY 5

MOOD:







TODO:

NOTES:

I AM GRATEFUL FOR ALL THAT I HAVE.

MAY

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JULY 6

MOOD:







TODO:

NOTES:

I DON'T FAIL, I LEARN.

STICKERS

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JULY 7

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JULY 8

MOOD:







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NOTES:

I TAKE ACTION TOWARDS MY GOALS EVERYDAY.

STICKERS

JULY9

MOOD:







TODO:

NOTES:

I AM WORTHY OF MY GOALS AND DREAMS.

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JULY 10

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NOTES:

I AM KIND AND I AM PATIENT.

STICKERS

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JULY 11

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JULY 12

MOOD:







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NOTES:

I CHOOSE TO SEE THE BRIGHT SIDE.

STICKERS

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JULY 13

MOOD:







TODO:

NOTES:

I CHOOSE TO LET GO OF ALL MY ANGER.

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JULY 14

MOOD:







TODO:

STICKERS

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JULY 15

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JULY 16

MOOD:







TODO:

NOTES:

I ATTRACT THE LOVE I DESIRE.

MAY

STICKERS

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JULY 17

MOOD:







TODO:

NOTES:

I HAVE THE POWER TO CREATE CHANGE.

STICKERS

JULY 18

MOOD:







TODO:

NOTES:

I CHOOSE WHAT I BECOME

JULY 19

MOOD:







TODO:

NOTES:

TODAY AND EVERYDAY I CHOOSE TO BE HAPPY

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JULY 20

MOOD:







TODO:

NOTES:

I AM CAPABLE OF ACHIEVING ANYTHING I SET MY MIND TO.

STICKERS

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JULY 21

MOOD:







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JULY 22

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JULY 23

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NOTES:

TODAY AND EVERYDAY I RELEASE ALL THE NEGATIVITY.

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JULY 24

MOOD:







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NOTES:

I MAKE PEACE WITH WHAT I CAN'T CONTROL.

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JULY 25

MOOD:







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NOTES:

I MAKE PEACE WITH MY PAST AND I AM READY TO RECEIVE THE GOOD THAT COMES MY WAY.

JULY 26

MOOD:







TODO:

NOTES:

I AM THANKFUL FOR ALL I HAVE AND ALL I WILL ACCOMPLISH.

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JULY 27

MOOD:







TODO:

NOTES:

I AM A MAGNET FOR POSITIVITY AND BLESSINGS.

STICKERS

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JULY 28

MOOD:







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NOTES:

I FORGIVE MYSELF.

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JULY 29

MOOD:







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NOTES:

I BELIEVE IN MYSELF AND ALL OF MY ABILITIES.

STICKERS

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JULY 30

MOOD:







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JULY 31

MOOD:







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NOTES:

I DESERVE TO BE HAPPY.

STICKERS

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REFLECTION

SPENT: EARNED:

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AUGUST 1

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NOTES:

I AM ENOUGH.

AUGUST 2

MOOD:







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AUGUST 3

MOOD:







TODO:

NOTES:

I AM PROUD OF WHO I AM AND ALL THAT I HAVE AND WILL ACCOMPLISH.

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STICKERS

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AUGUST 5

MOOD:







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NOTES:

I DESERVE SELF-CARE.

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AUGUST 6

MOOD:







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AUGUST 7

MOOD:	6







TODO:

NOTES:

I AM BEAUTIFUL AND I LOVE ALL ASPECTS OF ME AND WHO I AM.

STICKERS

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AUGUST 8

MOOD:







TODO:

NOTES:

I ATTRACT OPPORTUNITY.

STICKERS

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AUGUST 9

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NOTES:

I LOVE MY BODY.

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AUGUST 10

MOOD:







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AUGUST 11

MOOD:







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NOTES:

I CHOOSE TO BE OPTIMISTIC.

STICKERS

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AUGUST 12

MOOD:







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NOTES:

I KNOW WHO I AM AND I KNOW WHAT I DESERVE.

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AUGUST 13

MOOD:







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NOTES:

I AM RESILIENT.

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AUGUST 14

MOOD:







STICKERS

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AUGUST 15

MOOD:







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NOTES:

I ACCEPT THE GOOD THINGS THAT ARE COMING MY WAY.

MAY

STICKERS

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AUGUST 16

MOOD:







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NOTES:

I NO LONGER FEAR THE UNKNOWN.

STICKERS

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AUGUST 17

MOOD:







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NOTES:

I CHOOSE TO FOCUS ONLY ON WHAT I CAN CONTROL.

STICKERS

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AUGUST 18

MOOD:







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NOTES:

I AM ENOUGH.

STICKERS

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AUGUST 19

MOOD:







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NOTES:

I AM RESILIENT ENOUGH TO TAKE ON EVERY OBSTACLE THAT STANDS IN MY WAY.

AUGUST

STICKERS

AUGUST 20

MOOD:







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AUGUST 21

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AUGUST 22

MOOD:







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I CHOOSE TO STEP OUTSIDE OF MY COMFORT ZONE AND DO THE UNTHINKABLE.

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AUGUST 23

MOOD:







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NOTES:

I TRUST MYSELF, I TRUST MY INTUITION, I TRUST MY JUDGEMENT AND I WILL MAKE THE BEST CHOICES FOR ME.

STICKERS

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AUGUST 24

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DONE IS BETTER THAN PERFECT.

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AUGUST 25

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NOTES:

I WILL ACCOMPLISH ANYTHING I FOCUS ON.

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AUGUST 26

MOOD:







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NOTES:

I AM A POSITIVE PERSON WHO ATTRACTS POSITIVITY.

MAY

STICKERS

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AUGUST 27

MOOD:







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STICKERS

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AUGUST 28

MOOD:







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NOTES:

TODAY I CHOOSE TO MAKE MYSELF HAPPY.

STICKERS

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AUGUST 29

MOOD:







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NOTES:

I HAVE THE COURAGE TO BE THE HAPPIEST, HEALTHIEST AND MOST

STICKERS

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AUGUST 30

MOOD:







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STICKERS

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AUGUST 31

MOOD:







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NOTES:

I AM A MONEY MAGNET.

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REFLECTION

STICKERS

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SEPTEMBER 1

MOOD:







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NOTES:

I HAVE THE POWER TO CREATE THE LIFE I DESIRE.

AUGUST

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SEPTEMBER 2

MOOD:







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NOTES:

TODAY I LET GO OF ANYTHING THAT DOESN'T ADD TO MY HAPPINESS AND GOALS.

STICKERS

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SEPTEMBER 3

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JULY

SEPTEMBER 4

MOOD:







TODO:

NOTES:

ALL THAT I NEED COMES TO ME AT THE RIGHT TIME.

STICKERS

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SEPTEMBER 5

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SEPTEMBER 6

MOOD:







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NOTES:

I AM TALENTED AND INTELLIGENT.

STICKERS

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SEPTEMBER 7

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STICKERS

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SEPTEMBER 8

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NOTES:

I AM DOING MY BEST.

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SEPTEMBER 9

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SEPTEMBER 10

MOOD:







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NOTES:

I AM LOVED.

STICKERS

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SEPTEMBER 11

MOOD:







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NOTES:

I HAVE A PURPOSE.

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SEPTEMBER 12

MOOD:







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NOTES:

MY COURAGE AND STRENGTH ARE MORE POWERFUL THAN MY DOUBTS.

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SEPTEMBER 13

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NOTES:

MY GOALS ARE ATTAINABLE.

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SEPTEMBER 14

MOOD:







TODO:

NOTES:

I CHOOSE TO LIVE MY LIFE TO THE FULLEST.

AUGUST

STICKERS

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SEPTEMBER 15

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SEPTEMBER 16

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SEPTEMBER 17

MOOD:







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NOTES:

I AM MOTIVATED.

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SEPTEMBER 18

MOOD:







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SEPTEMBER 19

MOOD:







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NOTES:

I BREATHE IN COURAGE AND EXHALE DOUBT.

STICKERS

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SEPTEMBER 20

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NOTES:

THERE ARE NO LIMITS TO THE AMOUNT OF MONEY I CAN MAKE.

STICKERS

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SEPTEMBER 21

MOOD:







TODO:

NOTES:

I AM CONFIDENT.

AUGUST

STICKERS

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SEPTEMBER 22

MOOD:







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NOTES:

I AM LIMITLESS.

AUGUST

SEPTEMBER 23

MOOD:







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SEPTEMBER 24

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JULY

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SEPTEMBER 25

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NOTES:

I AM IN CONTROL.

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SEPTEMBER 26

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STICKERS

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SEPTEMBER 27

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SEPTEMBER 28

MOOD:







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STICKERS

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SEPTEMBER 29

MOOD:







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NOTES:

I HAVE THE ABILITY TO SOLVE EVERY PROBLEM I FACE.

SEPTEMBER 30

MOOD:







TODO:

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REFLECTION

SPENT: EARNED: STICKERS

STICKERS

OCTOBER 1

MOOD:







TODO:

NOTES:

I AM IN ALIGNMENT WITH MY SOUL PURPOSE.

AUGUST

STICKERS

OCTOBER 2

MOOD:







TODO:

NOTES:

EVERY OBSTACLE IS AN OPPORTUNITY TO GROW.

STICKERS

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OCTOBER 3

MOOD:







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NOTES:

I AM STRONGER THAN MY EXCUSES.

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OCTOBER 4

MOOD:







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NOTES:

GOOD THINGS ARE GOING TO HAPPEN.

STICKERS

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OCTOBER 5

MOOD:







TODO:

STICKERS

OCTOBER 6

MOOD:







TODO:

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OCTOBER 7

MOOD:







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NOTES:

I AM HEALTHY AND HAPPY.

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OCTOBER 8

MOOD:







TODO:

NOTES:

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OCTOBER 9

MOOD:







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OCTOBER 10

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OCTOBER 11

MOOD:







TODO:

NOTES:

I AM WORTHY OF LOVE AND HAPPINESS.

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OCTOBER 12

MOOD:







TODO:

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NOTES:

I AM CREATIVE AND I WILL CREATE THE BEST LIFE FOR ME.

STICKERS

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OCTOBER 13

MOOD:







TODO:

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NOTES:

I AM GRATEFUL FOR ALL THAT I HAVE.

STICKERS

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OCTOBER 14

MOOD:







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NOTES:

I DON'T FAIL, I LEARN.

AUGUST

STICKERS

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OCTOBER 15

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OCTOBER 16

MOOD:







TODO:

NOTES:

I TAKE ACTION TOWARDS MY GOALS EVERYDAY.

OCTOBER 17

MOOD:







TODO:

NOTES:

I AM WORTHY OF MY GOALS AND DREAMS.

STICKERS

OCTOBER 18

MOOD:







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OCTOBER 19

MOOD:







TODO:

NOTES:

I AM MANIFESTING MY DREAM LIFE.

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OCTOBER 20

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NOTES:

I CHOOSE TO SEE THE BRIGHT SIDE.

STICKERS

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OCTOBER 21







NOTES:

I CHOOSE TO LET GO OF ALL MY ANGER.

STICKERS

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OCTOBER 22

MOOD:







TODO:

AUGUST

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OCTOBER 23

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OCTOBER 24

MOOD:







TODO:

NOTES:

I ATTRACT THE LOVE I DESIRE.

OCTOBER 25

MOOD:







TODO:

NOTES:

I HAVE THE POWER TO CREATE CHANGE.

STICKERS

OCTOBER 26

MOOD:







TODO:

NOTES:

I CHOOSE WHAT I BECOME

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OCTOBER 27

MOOD:







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STICKERS

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OCTOBER 28

MOOD:







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NOTES:

I AM CAPABLE OF ACHIEVING ANYTHING I SET MY MIND TO.

STICKERS

OCTOBER 29

MOOD:







TODO:

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OCTOBER 30

MOOD:







TODO:

NOTES:

THE SETBACKS ARE JUST REDIRECTING ME TO SOMETHING BIGGER AND BETTER.

STICKERS

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OCTOBER 31

MOOD:







TODO:

NOTES:

TODAY AND EVERYDAY I RELEASE ALL THE NEGATIVITY.

STICKERS

NOVEMBER

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REFLECTION

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NOVEMBER 1

MOOD:







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NOTES:

I MAKE PEACE WITH WHAT I CAN'T CONTROL.

STICKERS

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NOVEMBER 2

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STICKERS

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NOVEMBER 3

MOOD:







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NOVEMBER 5

MOOD:







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NOTES:

I FORGIVE MYSELF.

STICKERS

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NOVEMBER 6

MOOD:







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NOTES:

I BELIEVE IN MYSELF AND ALL OF MY ABILITIES.

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NOVEMBER 7

MOOD:







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NOTES:

I AM STRONG AND I AM POWERFUL.

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NOVEMBER 8

MOOD:







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NOTES:

I DESERVE TO BE HAPPY.

STICKERS

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NOVEMBER 9

MOOD:







TODO:

NOTES:

I AM ENOUGH.

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NOVEMBER 10

MOOD:







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NOTES:

I AM BRAVE AND I WILL GO AFTER WHAT MAKES ME HAPPY.

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NOVEMBER 11

MOOD:







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NOTES:

STICKERS

NOVEMBER 12

MOOD:







TODO:

NOTES:

TODAY IS GOING TO BE THE BEST DAY.

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NOVEMBER 13

MOOD:







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NOTES:

I DESERVE SELF-CARE.

MAY

STICKERS

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NOVEMBER 14

MOOD:







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NOTES:

I WILL TRUST THE TIMING OF MY LIFE AND BE GRATEFUL FOR THE GOOD THAT IS TO COME.

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NOVEMBER 15

MOOD:







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NOVEMBER 16

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NOTES:

STICKERS

SUNDAY

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NOVEMBER 17

MOOD:







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NOTES:

I LOVE MY BODY.

STICKERS

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NOVEMBER 18

MOOD:







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NOTES:

I AM DETERMINED TO SUCCEED.

NOVEMBER 19

MOOD:







TODO:

NOTES:

I CHOOSE TO BE OPTIMISTIC.

STICKERS

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NOVEMBER 20

MOOD:







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NOTES:

I KNOW WHO I AM AND I KNOW WHAT I DESERVE.

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NOVEMBER 21

MOOD:







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NOTES:

I AM RESILIENT.

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NOVEMBER 22

MOOD:







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NOTES:

STICKERS

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NOVEMBER 23

MOOD:







TODO:

NOTES:

I ACCEPT THE GOOD THINGS THAT ARE COMING MY WAY.

STICKERS

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NOVEMBER 24

MOOD:







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NOTES:

I NO LONGER FEAR THE UNKNOWN.

MAY

STICKERS

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NOVEMBER 25

MOOD:







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NOTES:

I CHOOSE TO FOCUS ONLY ON WHAT I CAN CONTROL.

STICKERS

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NOVEMBER 26

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NOTES:

I AM ENOUGH.

STICKERS

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NOVEMBER 27

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NOTES:

I AM RESILIENT ENOUGH TO TAKE ON EVERY OBSTACLE THAT STANDS IN MY WAY.

STICKERS

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NOVEMBER 28

MOOD:







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NOTES:

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STICKERS

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NOVEMBER 29

MOOD:







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NOTES:

I CHOOSE TO BE FEARLESS TODAY AND EVERYDAY.

SATURDAY

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NOVEMBER 30

MOOD:







TODO:

NOTES:

I CHOOSE TO STEP OUTSIDE OF MY COMFORT ZONE AND DO THE UNTHINKABLE.

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DECEMBER 1

MOOD:







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NOTES:

I TRUST MYSELF, I TRUST MY INTUITION, I TRUST MY JUDGEMENT AND I WILL MAKE THE BEST CHOICES FOR ME.

STICKERS

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DECEMBER 2

MOOD:







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NOTES:

DONE IS BETTER THAN PERFECT.

MAY

STICKERS

DECEMBER 3

MOOD:







TODO:

NOTES:

I WILL ACCOMPLISH ANYTHING I FOCUS ON.

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DECEMBER 4

MOOD:







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NOTES:

I AM A POSITIVE PERSON WHO ATTRACTS POSITIVITY.

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DECEMBER 5

MOOD:







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NOTES:

I RELEASE ALL DOUBTS AND INSECURITIES ABOUT MYSELF.

STICKERS

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DECEMBER 6

MOOD:







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NOTES:

TODAY I CHOOSE TO MAKE MYSELF HAPPY.

SATURDAY

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DECEMBER 7

MOOD:







TODO:

NOTES:

I HAVE THE COURAGE TO BE THE HAPPIEST, HEALTHIEST AND MOST SUCCESSFUL VERSION OF MYSELF.

STICKERS

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DECEMBER 8

MOOD:







TODO:

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NOTES:

I WILL ATTRACT WHAT BELONGS TO ME.

STICKERS

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DECEMBER 9

MOOD:







TODO:

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NOTES:

I AM A MONEY MAGNET.

STICKERS

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DECEMBER 10

MOOD:







TODO:

NOTES:

I HAVE THE POWER TO CREATE THE LIFE I DESIRE.

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DECEMBER 11

MOOD:







TODO:

NOTES:

TODAY I LET GO OF ANYTHING THAT DOESN'T ADD TO MY HAPPINESS AND GOALS.

STICKERS

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DECEMBER 12

MOOD:







TODO:

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NOTES:

I AM ALLOWED TO SAY NO TO OTHERS AND YES TO MYSELF.

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DECEMBER 13

MOOD:







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NOTES:

ALL THAT I NEED COMES TO ME AT THE RIGHT TIME.

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DECEMBER 14

MOOD:







TODO:

NOTES:

I WILL NOT COMPARE MYSELF TO OTHERS.

STICKERS

DECEMBER 15

MOOD:







TODO:

NOTES:

I AM TALENTED AND INTELLIGENT.

STICKERS

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DECEMBER 16

MOOD:







TODO:

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NOTES:

STICKERS

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DECEMBER 17

MOOD:	6
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NOTES:

I AM DOING MY BEST.

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DECEMBER 18

MOOD:







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NOTES:

I BELIEVE IN MY ABILITY TO GO AFTER MY DREAMS AND SUCCEED.

STICKERS

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DECEMBER 19

MOOD:







TODO:

NOTES:

I AM LOVED.

DECEMBER 20

MOOD:







TODO:

NOTES:

I HAVE A PURPOSE.

STICKERS

SATURDAY

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DECEMBER 21

MOOD:







TODO:

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NOTES:

MY COURAGE AND STRENGTH ARE MORE POWERFUL THAN MY DOUBTS.

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DECEMBER 22

MOOD:







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NOTES:

MY GOALS ARE ATTAINABLE.

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DECEMBER 23

MOOD:







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NOTES:

I CHOOSE TO LIVE MY LIFE TO THE FULLEST.

STICKERS

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DECEMBER 24

MOOD:







TODO:

NOTES:

I AM GRATEFUL TO BE ALIVE.

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DECEMBER 25

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NOTES:

STICKERS

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DECEMBER 26

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NOTES:

I AM MOTIVATED.

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DECEMBER 27

MOOD:







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NOTES:

MY GRATEFUL HEART IS A MAGNET THAT ATTRACTS EVERYTHING I DESIRE.

STICKERS

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DECEMBER 28







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NOTES:

DECEMBER 29

MOOD:







TODO:

NOTES:

THERE ARE NO LIMITS TO THE AMOUNT OF MONEY I CAN MAKE.

STICKERS

DECEMBER 30

MOOD:







TODO:

NOTES:

I AM CONFIDENT.

STICKERS

DECEMBER 31

MOOD:







TODO:

NOTES:

I AM LIMITLESS.

FEBRUARY MARCH

JANUARY

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER OCTOBER

NOVEMBER DECEMBER STICKERS