Fresh Juices

Orange	OO THB
Pineapple	OO THB
Mango	OO THB
Kiwi	OO THB
Watermelon	OO THB
Fresh coconut	OO THB
Mixed Apples	OO THB

Mixed Juices

Dragon Fruits Lemonade OO THB

Red dragon fruit, lemon juice, sugar syrup, sparkling water

Mixed Berries Blueberries, raspberries, blackberries, Greek plain yogurt, chia seeds, orange juice, vanilla extract

Papaya Ginger Papaya, Greek plain yogurt, fresh ginger, honey, lemon juice, mint leaves

Classic Bagels

lain	OO THB
oppy seeds	OO THB
esame	OO THB
verything	OO THB
oney whole wheat	OO THB
innamon raisin	OO THB
umpernickel	OO THB
nion	OO THB

auliflower	OO IHB
hocolate chips	OO THB
ggs	OO THB
otato cheese	OO THB
land fruits	OO THB
ainbow	OO THB
eto	OO THB
lueberry	OO THB

Schwears

*Served on your choice of hagel style

erved on your choice of bagel style		
eam cheese plain	OO THB	
fat / Reduced fat		
eam cheese	OO THB	
oked Salmon		
eam cheese	OO THB	
ney almond/walnuts		
tter	OO THB	
ocolate	OO THB	
anut butter	OO THB	
ımmus	OO THB	
ocado	OO THB	
ango/Strawberry	OO THB	
ggies	OO THB	

Thai peanut sauce spicy OO THL

*Served on any bagel of your choice

CLASSIC EGGS BAGELS

Eggs & Cheese OO THB

Everything bagel, scrambled eggs, cheddar cheese, tomato, rocket leave

Bacon & Cheddar OO THB Everything bagel, bacon, scrambled egg, cheddar cheese, arugula, tomato slice,

sub-hollandaise sauce Avocado Eggs & Salmon OO THB

Plain bagel, Chilean salmon, eggs, avocado spread, ginger

OO THB Ham & Cheese Sesame bagel, eggs, ham, cheddar cheese, avocado spread

Signature Eggs Bagel: Brekkie Bagel Eggs **OO** THB

Sesame bagel, avocado spread, double smoked Ham, Egg, baby rocket, tomato chutney sauce

SIGNATURE ISLAND BAGEL

OO THB

Kai Jeow Eggs OO THB Cauliflower bagel, eggs,

light soy sauce, fish sauce, red & green Jalapeno peppers, onions

Signature Island

Everything bagel, veggie spread,

SEA FOOD

Lunch & Dinner

OO THB

OO THB

MEAT LOVERS

Chicken breast, cream cheese plain,

mustard, honey, pepper, pickles, s

pinach leaves, dried tarragon

Poppy seeds bagel, pulled pork,

Everything bagel, pastrami, mozzarella

Poppy seeds bagel, roast beef, arugula,

Shredded duck meat, dried fig, radish,

cheese, tomato, arugula, mustard

radish, kale, cooked vegetables,

pepper, chili jam, balsamic glaze

horseradish cream sauce

spinach, cabbage, BBQ sauce

Mustard Chicken

Pulled Pork

Pastrami

Roast Beef

Duck

Salmon OO THB Pumpernickel bagel, cream cheese plain, cucumber, smoked salmon, mayo, Wasabi mayo sauce, onion, capers OO THB Prawns OO THB Pumpernickel bagel, tiger prawns, onion, lettuce, sweet sour cucumber

Scallop Zucchini Lavender OO THB Plain bagel, zucchini marination, scallops OO THB

OO THB

OO THB

Lobster Roll Plain bagel, lobster, mayo, lettuce, lemon juice

Tuna Bagel

Whole wheat bagel, tuna fresh fillet, cucumber, tomato, mustard, avocado spread

ISLAND SPECIAL

Filet Mignon Bagel Plain bagel, beef tenderloin, thyme, lettuce, tomato relish, basil

VEGETARIAN SPECIAL

Peanut Tofu Bagel Cauliflower bagel, Tofu, Avocado, lettuce, cucumber, onion, pickles, peanut butter, chili sauce, ginger Caprese bagel with pesto OO THB Plain bagel, basil pesto sauce, mozzarella, cherry tomato, basil leaves

Whole grain bagel, hummus spread,

cucumber, red onion, banana pepper, tomato, balsamic reduction OO THB

Greek Style Plain bagel, red onion, garlic, green

beans, basil, cherry tomato, balsamic vinegar, Feta Cheese

Surf & Turf OO THB Plain bagel, shrimps, beef, Cajun

seasoning, red and green pepper, Worcestershire sauce, cheddar cheese, lettuce

Salaas

Green Papaya Salad Thai OO THB Shredded papaya, carrots, cucumber, mint, sunflower seeds, papaya salad dressing (soy and this chili) Thai noodles & peanuts OO THB Soda noodles, carrots, cucumber,

OO THB

OO THB

OO THB

Spicy shrimp Caesar OO THB

Bagel's crouton, shrimps, chili, onion, spinach, carrot, avocado, bell pepper, roasted almond, Cesar dressing

cilantro, peanut dressing sauce

Seafood Crabmeat, avocado, mango, chives,

cucumber, red pepper, Cilantro lime vinaigrette

Beetroot Kale Quinoa, beetroot, edamame, carrot, arugula, avocado, vinaigrette

beetroot dressing Strawberry spinach

vinegar dressing

Pecans, baby spinach, strawberries, feta cheese, onion, balsamic

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Bagel's crouton, sweet potato, green lentils, coconut milk, baby spinach, Thai curry, onion, garlic Coconut chicken Thai Chicken breast, mushrooms, tomato,

Island Special: Tom Yum Soup

Green curry lentils

Bagel's crouton, prawns, lemongrass, onion, mushroom, coriander, fish sauce, chilies

balsamic vinegar

Zucchini, pistachio marination

Greek Salad

cucumber, green bell pepper, oregano

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cilantro, lemongrass, onion, dried pepper

Cooked vegetables Sweet & russet potato, russet, onion,

Zucchini Pistachio

Papaya crisp

Fried Green papaya

Feta cheese, Onion, cherry tomato,

BAGELS

Sweet Bagel Board 2 Plain bagels open faced, banana, chocolate spread, walnuts, strawberry spread, coconut crust

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Chocolate Bagel

Chocolate bagel, peanut butter chocolate sauce, lotus biscuit

Island Fruits style peach, blueberry

Berry Mascarpone

Blueberry bagel, mascarpone, honey, blueberries, blackberries

