



## *A Jesse James Massage is...*

about restoring your body to its natural perfect harmony allowing you to experience your body with greater freedom, ease, strength, flexibility and joy. Your body dictates the modalities I use, creating synergy and the ultimate bodywork experience.

*Jesse James*  
*...preferred by doctors and pro-athletes*

who are seeking relief from the effects of:

- |                           |                        |
|---------------------------|------------------------|
| ✓ Neck & Shoulder Pain    | ✓ Low Back Pain        |
| ✓ Migraines & Headaches   | ✓ Stress & Fatigue     |
| ✓ Insomnia & Hypertension | ✓ Sciatica...and more! |