



A Jesse James Massage is...

about restoring your body to its natural perfect harmony allowing you to experience your body with greater freedom, ease, strength, flexibility and joy. Your body dictates the modalities I use, creating synergy and the ultimate bodywork experience.

...preferred by doctors and pro-athletes

who are seeking relief from the effects of:

- | | |
|---------------------------|------------------------|
| ✓ Neck & Shoulder Pain | ✓ Low Back Pain |
| ✓ Migraines & Headaches | ✓ Stress & Fatigue |
| ✓ Insomnia & Hypertension | ✓ Sciatica...and more! |