

My Favourite Things

~knitwear~



LEVITATE WRAP #LEVITATEWRAP

ABOUT LEVITATE WRAP

Levitate Wrap is an oversize, wrap cardigan in loungewear style.

The fit is short and boxy with extra long sleeves. The cardigan has a deep v-neck, double knitted edges and ribbons for tying.

SIZES

XS (S) M (L) XL (2XL) 3XL (4XL)

MEASUREMENTS

Length (measured at the center back, below the neckline): 45 (48) 50 (51) 53 (54) 56 (58) cm
[17.75 (19) 19.75 (20) 21 (21.25) 22 (22.75) inches]

Circumference: 115 (123) 128 (131) 136 (141) 147 (152) cm [45.75 (48.5) 50.5 (51.5) 53.5 (55.5)
58 (59.5) inches]

SUGGESTED NEEDLES

6 mm [US 10] circular needles (80 or 100 cm [32 or 40 inches])

5 mm [US 8] circular needles (80 or 100 cm [32 or 40 inches])

4 mm [US 6] circular needles (80 or 100 cm [32 or 40 inches])

GAUGE

In stocking stitch using 6 mm [US 10] needles.

15 sts / 22 rows = 10 x 10 cm [4 x 4 inches].

In double knitting using 5 mm [US 8] needles.

15 sts / 22 rows = 10 x 10 cm [4 x 4 inches].

MATERIALS

350 (350) 400 (400) 450 (450) 500 (500) gr. Isager, Eco Soft, 50 gr. / 125 m.

Shown in col. 2S.

held together with...

150 (150) 150 (150) 200 (200) 200 (200) gr. Isager, Trio 1, 50 gr. / 350 m.

Shown in col. Linen.

Work the cardigan by holding two strands of yarn together. One strand of Eco Soft and one strand of Trio.

2 snap fasteners, Ø approx. 20 mm [0.75 inches].

BEFORE YOU BEGIN

Remember to work a gauge swatch to ensure that you achieve gauge using the suggested needles. If your gauge differs, this will result in the wrong proportions of your cardigan.

Sizeguide

Levitate Wrap has an oversize fit. The smaller sizes have a greater positive ease than the larger sizes in order to complement the individual body the best. Calculate a positive ease of approx. 30-35 cm [11.75-13.75 inches] in size XS-XL and approx. 20 cm [8 inches] in size 2XL-4XL.

The sizes XS (S) M (L) XL (2XL) 3XL (4XL) are equivalent to the European standard sizes 34 (36) 38 (40) 42 (44) 46 (48) and suit a bust circumference of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 (130-140) cm [31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.5) 39.5-43.25 (43.25-47.25) 47.25-51.25 (51.25-55) inches].

For example: You measure 89 cm [35 inches] at your bust + 30-35 cm [11.75-13.75 inches] = 119-124 cm [46.75 - 48.75 inches]. Meaning you would choose a size S with a circumference of 123 cm [48.5 inches].

Introduction to the work flow

The cardigan is worked from the top down.

First, work the top part of the back section. The back is shaped by increasing, which slopes the shoulders to provide the right fit. Then, pick up and knit stitches along the shoulders and work the two front sections separately.

Proceed to join the front and back sections to knit in one piece and work the body back and forth using circular needles whilst increasing along the front edges to create the wrap effect. The body is finished with a double knitted edge, which also creates the one ribbon for tying.

The sleeves are worked from picked up stitches around the armhole, shaped by decreasing and finished with a folded edge, that is attached by knitting.

At the front, work a double knitted knitted front edge, which also creates the other ribbon for tying.

Increases

The increases are worked to lean either towards the right (M1R / M1Rp) or left (M1L / M1Lp).

M1R: With your left needle, pick up the bar (between the sts on the right and left needles) from back to front and knit.

M1Rp: With your left needle, pick up the bar from back to front and purl.

M1L: With your left needle, pick up the bar from front to back and knit through the back loop.

M1Lp: With your left needle, pick up the bar from front to back and purl through the back loop.

Have a look here for how to work the purl increases:

<https://www.youtube.com/watch?v=weA353z65pA>

Decreases

The decreases are worked to lean either towards the right (k2tog) or left (k2tog tbl).

k2tog: Knit 2 sts together.

k2tog tbl: 2 sts knitted together through the back loop, using the 'SSK improved' method.

Slip 1 knitwise, slip 1 purlwise, knit the two stitches together through the back loop.

Have a look here for how to k2tog tbl/ work the improved SSK:

<https://www.youtube.com/watch?v= ug8SABdY4Q>

BEGIN YOUR WORK HERE

BACK

Cast on 24 (26) 26 (28) 28 (30) 30 (30) sts using 6 mm [US 10] circular needles.

Purl 1 row. Next row is a RS row.

Now shape the shoulders.

Increase on *all* rows (ie. both RS and WS rows) as follows:

1st row (RS row): K4, **M1L**, k to 4 sts remaining, **M1R**, k4.

2nd row (WS row): P4, **M1Rp**, p to 4 sts remaining, **M1Lp**, p4.

Work **1st and 2nd row** a total of 15 (16) 17 (17) 18 (18) 19 (20) times.

You have now worked 30 (32) 34 (34) 36 (36) 38 (40) rows of increases and increased by 60 (64) 68 (68) 72 (72) 76 (80) sts.

You now have 84 (90) 94 (96) 100 (102) 106 (110) sts on your needles.

Your work now measures approx. 14 (14.5) 15 (15) 16 (16) 17 (18) cm [5.5 (5.75) 6 (6) 6.25 (6.25) 6.75 (7) inches], when measured from the cast on edge at the center back.

Continue working back and forth in stocking stitch until you have worked another 22 (24) 24 (26) 26 (28) 28 (28) rows.

The back now measures approx. 25 (26) 27 (28) 29 (30) 31 (32) cm [10 (10.25) 10.5 (11) 11.5 (11.75) 12.25 (12.5) inches], when measured at the center back.

Break the yarn and leave the stitches on hold using a helping needle or waste yarn whilst working the shoulders and fronts.

RIGHT FRONT

Pick up and knit 30 (32) 34 (34) 36 (36) 38 (40) sts along the right shoulder (right when wearing the cardigan).

Work back and forth in stocking stitch (k on RS rows and p on WS rows), until you have worked a total of 7 (7) 9 (7) 9 (7) 9 (9) rows. The first and last row are WS rows.

Next row is a RS row.

Now shape the neckline by increasing.

Repeat the following 4 rows a total of 12 (13) 13 (14) 14 (15) 15 (15) times.

1st row (RS row): K to 4 sts remaining, M1R, k4.

2nd row (WS row): P all sts.

3rd row (RS row): K all sts.

4th row (WS row): P all sts.

You now have 42 (45) 47 (48) 50 (51) 53 (55) sts on your needles.

Work now measures approx. 26 (28) 29 (30) 31 (32) 33 (33) cm [10.25 (11) 11.5 (11.75) 12.25 (12.5) 13 (13) inches].

Break the yarn and leave the front stitches on hold.

LEFT FRONT

Pick up and knit 30 (32) 34 (34) 36 (36) 38 (40) sts along the left shoulder (left when wearing the cardigan).

Work back and forth in stocking stitch (k on RS rows and p on WS rows), until you have worked a total of 7 (7) 9 (7) 9 (7) 9 (9) rows. The first and last row are WS rows.

Next row is a RS row.

Now shape the neckline by increasing. Repeat the following 4 rows *a total of* 12 (13) 13 (14) 14 (15) 15 (15) times.

1st row (RS row): K4, M1L, k to end of row.

2nd row (WS row): P all sts.

3rd row (RS row): K all sts.

4th row (WS row): P all sts.

You now have 42 (45) 47 (48) 50 (51) 53 (55) sts on your needles.

Work now measures approx. 26 (28) 29 (30) 31 (32) 33 (33) cm [10.25 (11) 11.5 (11.75) 12.25 (12.5) 13 (13) inches].

BODY

On the following row, join the front and back sections. Continue working back and forth using circular needles and continue increasing along the front edges - although at a different frequency than before. Now, increase on all RS rows.

Begin with the left front.

K4, M1L, k across the left front sts, cast on 2 (2) 2 (2) 2 (4) 4 (4) new sts in extension using the knit cast on method and place a marker, M1, in the middle of the newly cast on stitches = left side seam. Knit across the back 84 (90) 94 (96) 100 (102) 106 (110) sts, cast on 2 (2) 2 (2) 2 (4) 4 (4) new sts in extension of the back using the knit cast on method and place a marker, M2, in the middle of the newly cast on stitches = right side seam. Knit across the right front sts to 4 sts remaining, M1R, k4.

You have now joined your sections to knit as one piece and have 172 (184) 192 (196) 204 (212) 220 (228) sts on your needles.

Purl 1 row.

Now work back and forth in stocking stitch, and at the same time, continue working increases along the front edges on all RS rows.

Work as follows:

1st row (RS row): K4, M1L, k to 4 sts remaining, M1R, k4.

2nd row (WS row): P all sts.

Work **1st – 2nd row** a total of 14 (15) 16 (16) 17 (18) 19 (20) times.

You now have 202 (216) 226 (230) 240 (250) 260 (272) sts on your needles.

NOTE! Would you like some extra length on your cardigan? Then repeat rows 1-2 above until desired length. Be aware that this will create a slightly bigger overlap on each side than shown.

Now work another 2 rows of increases, where you also decrease at each side seam.

1st row (RS row): K4 r, M1L, k to 3 sts before M1, k2tog tbl, k1, slip M1, k1, k2tog, k to 3 sts before M2, k2tog tbl, k1, slip M2, k1, k2tog, k to 4 sts remaining, M1R, k4.

2nd row (WS row): P all sts.

Work **1st – 2nd row** a total of 2 times.

Your work now measures approx. 41 (44) 46 (47) 49 (51) 53 (55) cm [16.25 (17.25) 18 (18.5) 19.25 (20) 21 (21.5) inches] at the center back.

Break the yarn and leave the stitches on hold using a helping needle or waste yarn, whilst working the sleeves.

FRONT EDGE AND RIBBON

The front edge / ribbons are worked in double knitting back and forth using 5 mm [US 8] circular needles.

It is important to match the given gauge, as your edges otherwise will pull or become too loose. Therefore, remember to work a gauge swatch in double knitting before proceeding with this section.

TIP! Search for 'double knitted edges' on YouTube if you need further help with the following section.

Front edge

Begin picking up stitches at the bottom of the right front.

Pick up and knit 1 st for every stitch all the way around your edge using 5 mm [US 8] circular needles. In the following section, this is referred to as the *pick up edge*.

TIP! Make sure to pick up and knit stitches tightly. This creates the neatest possible transition between the edge and fronts.

Break the yarn.

Join in a new strand of yarn and cast on 11 sts using the *provisional cast on* method - or another temporary cast on - on the side of your circular needle that is closest to the right-hand side of the cardigan (right when wearing the cardigan).

NOTE! It is important to cast on with 'live stitches' to be picked up later, when working the bottom edge.

Now begin your double knitting. It can be helpful to use a double pointed needle to ease the workflow.

Work *back and forth across the 11 newly cast on stitches at all times*. On every RS row, include 1 st from the pick up edge into your work. In this way, the double knitted edge will follow the cardigan edge all the way around.

Work as follows:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * to 1 st remaining, k2tog tbl (the last of the newly cast on stitches and 1 st from the pick up edge).

2nd row (WS row): *slip 1 st purlwise with the yarn in front, k1* repeat from * - * to 1 st remaining, slip 1 st purlwise with the yarn in front.

Repeat **1st** and **2nd row** until you have worked your way around the front edge.

Finish with a WS row.

Now prepare the bottom edge of the cardigan for the ribbon. Do this by reducing the number of stitches in both ends of the front bands from 11 to 6.

Begin by transferring the 11 sts on hold from the provisional cast on onto the 6 mm [US 10] circular needles that hold the cardigan stitches (ie. the stitches that form the bottom edge).

Then, continue working where you left off - ie. the bottom edge of the front- using 5 mm [US 8] circular needles:

K2tog tbl a total of 6 times (The last repeat knits 1 st from the front edge together with the former edge stitch), k to 12 sts remaining, k2tog a total of 6 times across the remaining stitches.

All stitches are now joined on 5 mm [US 8] circular needles.

Break the yarn.

Bottom edge of the cardigan.

Now work the bottom edge of the cardigan. Continue working in double knitting.

Join in a new strand of yarn and cast on 11 sts using the Italian/tubular cast on method and the 5 mm [US 6] circular needles, that hold the bottom edge stitches, at the left-hand side of the cardigan (left when wearing the cardigan).

TIP! The first loop of your cast on is considered a purl st, meaning that the first 'real' stitch in your cast on, should be a knit st.

Now begin your double knitting. It can be helpful to use a double pointed needle to ease the work flow.

Work back and forth across the 11 newly cast on stitches at all times. On every RS row, include 1 st from the bottom edge into your work. In this way, the double knitted band will follow the edge all the way around.

Work as follows:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * to 1 st remaining, k2tog tbl (the last of the newly cast on stitches and 1 st from the bottom edge).

2nd row (WS row): *slip 1 st purlwise with the yarn in front, k1* repeat from * - * to 1 st remaining, slip 1 st purlwise with the yarn in front.

Repeat **1st** and **2nd row** until you have worked your way around the bottom edge of the cardigan.

Right ribbon

Now work the right ribbon. Continue working back and forth across the same 11 stitches.

Continue as follows:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * to 1 st remaining, k1.*

2nd row (WS row): *slip 1 st purlwise with the yarn in front, k1* repeat from * - * to 1 st remaining, slip 1 st purlwise with the yarn in front.

Repeat **1st** and **2nd row** until you have a ribbon measuring 32 cm [12.5 inches] or desired length.

Change to 4 mm [US 6] needles and work **1st – 2nd row** another 2 times. Bind off using the Italian/tubular bind off method.

Left ribbon

Now work the left ribbon. This part will need attached to the right-hand side of the cardigan in the end.

Cast on 11 sts using the Italian/tubular cast on method and 4 mm [US 6] needles.

Work as follows:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * to 1 st remaining, k1.*

2nd row (WS row): *slip 1 st purlwise with the yarn in front, k1* repeat from * - * to 1 st remaining, slip 1 st purlwise with the yarn in front.

Work **1st – 2nd row** a total of 2 times.

Change to 5 mm [US 8] needles.

Continue working in double knitting until the ribbon measures 34 cm [13.25 inches] - ie. 2 cm [0.75 inches] longer than the other ribbon for tying.

Now attach the ribbon to the cardigan by grafting it on. Transfer the purl sts to a helping needle and begin attaching the ribbon at the left-hand side of the bottom edge at M1 - ie. at your left side seam - on the RS of the cardigan.

First, graft on the knit sts using Kitchener/duplicate stitch and then graft on the purl stitches on hold, again using Kitchener/duplicate stitch.

TIP! The technique used for sewing together is the same as you would use to sew together an i-cord edge. Have a look here for how to: <https://www.youtube.com/watch?v=JGpr03uSw3w&t=72s>

SLEEVES

Now work the sleeves. Pick up and knit the sleeve stitches around the armhole using 6 mm [US 10] circular needles. You can either use 40 cm [16 inches] circular needles or 80 cm [US 32] circular needles in combination with the magic loop technique.

Pick up and knit 58 (60) 62 (64) 66 (68) 70 (72) sts around the armhole. The pick up frequency is equivalent to *approx.* 2 out of 3 sts (ie.: pick up and knit in 2 sts, skip 1 st and repeat).

Join to work in the round. Place a marker in the middle underneath the armhole to mark the beginning of round.

TIP! If you have picked up too many stitches, reduce to the correct number of stitches by knitting 2 together repeatedly on the first rnd.

Work stocking stitch in the round *and at the same time* decrease as follows.

First, work your decreases on every 13th rnd, then every 7th rnd. For every rnd of decrease, you decrease by 2 sts.

Work as follows:

1st – 12th rnd: K all sts.

13th rnd: K1, **k2tog**, k to 3 remaining, **k2tog tbl**, k1.

Work **1st – 13th rnd** a total of 3 (3) 3 (3) 3 (3) 2 (2) times.

Now decrease every 7th rnd.

TIP! Would you like a shorter sleeve than the final 45 (45) 45 (45) 45 (45) 46 (46) cm [17.75 (17.75) 17.75 (17.75) 17.75 (17.75) 18 (18) inches]? Then decrease every 6th rnd instead of every 7th rnd. This will make the sleeve approx. 3 cm [1.25 inches] shorter.

Work as follows:

1st – 6th rnd: K all sts.

7th rnd: K1, **k2tog**, k to 3 sts remaining, **k2tog tbl**, k1.

Work **1st – 7th rnd** a total of 7 (7) 7 (7) 7 (7) 9 (9) times.

You now have 38 (40) 42 (44) 46 (48) 48 (48) sts on your needles.

Your sleeve now measures approx. 41 (41) 41 (41) 41 (41) 42 (42) cm [16 (16) 16 (16) 16 (16) 16.5 (16.5) inches], when measured along the inside seam.

Before you proceed, make sure that the sleeve length suits you. The bottom edge will add another 4 cm [1.5 inches] to the length. If you would like a longer sleeve, continue working stocking stitch in the round until desired length.

Change to 4 mm [US 6] needles.

Work 11 rnds of stocking stitch.

Purl 1 rnd (*NOTE! Make sure to tighten your stitches when working this row - this is your folding edge, so it is important that the stitches are not loose*).

Work 10 rnds of stocking stitch.

Now fold the edge inwards and knit attached. It can be helpful to turn your garment inside out. This will ease the workflow.

Knit 1 st from the 1st rnd knitted with the 4 mm [US 6] needles together with 1 st from your needles and bind off the stitch. Continue repeating to the end of round until you have completed the bind off for all stitches.

Your sleeve now measures 45 (45) 45 (45) 45 (45) 46 (46) cm [17.75 (17.75) 17.75 (17.75) 17.75 (17.75) 18 (18) inches] along the inside seam.

Work the opposite sleeve in the same way.

FINISHING

Now weave in all loose ends. Place and attach the two snap fasteners onto each front at the bottom band itself. In this way, the 'edges' of the cardigan are kept in place when used.

It is recommended to wash and block your cardigan before use for an even neater result.

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