

Creator Lifestyle Plan

Welcome, Creator! You thrive when you're making something - whether that's art, ideas, or meaning. Your second act is your masterpiece in progress.

Weekly Challenges:

- Start a 7-day creative streak: paint, write, craft, or build.
- Join an online challenge or share your work on a small community platform.
- Teach a friend something creative you love doing.

Mindset Focus:

Your creativity doesn't expire - it evolves.

Daily Energisers:

Try a different form of expression than usual (e.g., write a haiku, photograph textures).

Connection Tip:

Collaborate with another Creator. Co-creation builds community and confidence.

Purpose Builder:

Make a 'Creative Curiosity List' of things to try - give each one a real shot.

Call to Action:

Get inspired inside Life Minus Work - your creativity belongs here.

