

Connector Lifestyle Plan

Welcome, Connector! You light up through relationships and bring people together. Your gift is in conversation, empathy, and creating shared spaces.

Weekly Challenges:

- Organize a small gathering (in-person or virtual).
- Reconnect with someone weekly - just to check in.
- Try a new group, club, or class once a week this month.

Mindset Focus:

Connection is a skill - and you're a master at it.

Daily Energisers:

Send one thoughtful message per day - let someone know they matter.

Connection Tip:

Be the glue: invite people into each other's lives.

Purpose Builder:

Design your ideal week around moments of connection, large and small.

Call to Action:

Join Life Minus Work - where Connectors are the heartbeat of our community.

