

Builder Lifestyle Plan

Welcome, Builder! You find fulfillment in crafting stability, systems, and things that last. You want your legacy to be something that endures.

Weekly Challenges:

- Fix or improve something in your home or community.
- Mentor someone in a practical skill you've mastered.
- Write out the values you want to pass on - and share them.

Mindset Focus:

Purpose comes from using your strengths to serve others.

Daily Energisers:

Tackle one structured task a day - keep momentum alive.

Connection Tip:

Build or co-lead a project with someone you trust.

Purpose Builder:

Document your processes and systems - they're a part of your legacy.

Call to Action:

Share your wisdom inside Life Minus Work - Builders shape more than bricks.

