

# MACHINE LEARNING MODELS, OPTIMISATION AND EVALUATION

## Abstract

*This document provides a summary of machine learning techniques, including an overview of different model types, optimisation methodologies and evaluation metrics.*

## TABLE OF CONTENTS

1. Introduction .....	2
2. Exploratory data analysis .....	2
3. Types of Machine Learning Models .....	2
3.1. Supervised Learning .....	2
3.2. Unsupervised Learning .....	4
3.3. Semi-Supervised Learning .....	5
3.4. Reinforcement Learning .....	5
3.5. Ensemble Methods .....	5
4. Model Optimisation Techniques .....	5
4.1. Feature Engineering .....	5
4.2. Optimisation Algorithms .....	5
4.3. Hyperparameter Optimisation .....	6
4.4. Regularisation Techniques .....	7
4.5. Cross-Validation .....	7
5. Model Evaluation Metrics .....	7
5.1. Regression Metrics .....	7
5.2. Classification Metrics .....	8
5.3. Clustering Metrics .....	8
5.4. Probabilistic and Ranking Metrics .....	8
6. Bias-Variance Trade-off .....	9
7. Vizualisation Techniques .....	9
7.1. Matplotlib .....	9
7.2. Seaborne .....	9
7.3. Pandas .....	10
8. Conclusion .....	11

## 1. INTRODUCTION

Machine learning (ML) is a subfield of artificial intelligence focused on building systems that learn patterns from data and improve performance on a task without being explicitly programmed. This document provides a structured overview of the main types of machine learning models, model optimisation techniques, and metrics used to assess model performance.

## 2. EXPLORATORY DATA ANALYSIS

## 3. TYPES OF MACHINE LEARNING MODELS

### 3.1. Supervised Learning

Supervised learning models are trained on labelled data, where both inputs and target outputs are known.

#### 3.1.1. Regression Models

Regression models are used when the target variable is continuous. They aim to model the relationship between input features and a numerical output.

- Linear Regression :

```
from sklearn.linear_model import LinearRegression
from sklearn.model_selection import train_test_split

# Splitting the dataset into training and testing sets
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,
                                                    random_state=42)

# Create a linear regression model
model = LinearRegression()

# Train the model
model.fit(X_train, y_train)

# Predict using the model
y_pred = model.predict(X_test)
```

- Polynomial Regression

```
from sklearn.preprocessing import PolynomialFeatures
from sklearn.linear_model import LinearRegression

# Generate polynomial features
poly = PolynomialFeatures(degree=2)
X_train_poly = poly.fit_transform(X_train)
X_test_poly = poly.transform(X_test)

# Create a linear regression model
model = LinearRegression()

# Train the model
model.fit(X_train_poly, y_train)

# Predict using the model
y_pred = model.predict(X_test_poly)
```

```
# Calculate MSE and R-squared
mse = mean_squared_error(y_test, y_pred)
r2 = r2_score(y_test, y_pred)
```

- Ridge Regression

```
# Standardize features (optional but recommended for polynomial features)
from sklearn.preprocessing import StandardScaler
scaler = StandardScaler()
X_train_scaled = scaler.fit_transform(X_train)
X_test_scaled = scaler.transform(X_test)

# Apply second-order polynomial transformation
poly = PolynomialFeatures(degree=2, include_bias=False)
X_train_poly = poly.fit_transform(X_train_scaled)
X_test_poly = poly.transform(X_test_scaled)

# Create Ridge regression model with regularization alpha=0.1
ridge_model = Ridge(alpha=0.1)

# Fit model on polynomial-transformed training data
ridge_model.fit(X_train_poly, y_train)

# Predict on polynomial-transformed test data
y_pred = ridge_model.predict(X_test_poly)
```

- Lasso Regression
- Support Vector Regression (SVR)
- Decision Tree Regressors

```
from sklearn.tree import DecisionTreeRegressor
model = DecisionTreeRegressor(max_depth=5)
```

- Random Forest Regressors

```
from sklearn.ensemble import RandomForestRegressor
model = RandomForestRegressor(n_estimators=100, max_depth=5)
```

- XGBoost regressor

```
import xgboost as xgb
model = xgb.XGBRegressor(n_estimators=100, learning_rate=0.1, max_depth=5)
```

- Gradient Boosting Regressors

### 3.1.2. Classification Models

Classification models are used when the target variable is categorical. They assign input data to one of several predefined classes.

- Logistic Regression

```
from sklearn.linear_model import LogisticRegression
model = LogisticRegression()
model.fit(X, y)
```

- Linear SVM classifier : classifier that finds the optimal hyperplane separating classes with a maximum margin. Key hyperparameters:
    - C: Regularization parameter
    - kernel: Type of kernel function (linear, poly, rbf, etc.)
    - gamma: Kernel coefficient (only for rbf, poly, etc.)
- Pros: Effective for high-dimensional spaces. Cons: Not ideal for nonlinear problems without kernel tricks. Common applications: Text classification and image recognition.

```
from sklearn.svm import SVC
model = SVC(kernel='linear', C=1.0)
```

- k-Nearest Neighbours (k-NN)

```
from sklearn.neighbors import KNeighborsClassifier
model = KNeighborsClassifier(n_neighbors=5, weights='uniform')
```

- Naive Bayes
- Support Vector Machines (SVM)
- Decision Trees

```
from sklearn.tree import DecisionTreeClassifier
model = DecisionTreeClassifier(max_depth=5)
```

- Random Forests
- Gradient Boosting (XGBoost, LightGBM, CatBoost)
- Neural Networks

## 3.2. Unsupervised Learning

Unsupervised learning models operate on unlabelled data to discover hidden structure or patterns.

### 3.2.1. Clustering

Clustering algorithms group similar data points together based on a distance or similarity measure.

- k-Means
- Hierarchical Clustering
- DBSCAN
- HDBSCAN
- Gaussian Mixture Models (GMM)

### 3.2.2. Dimensionality Reduction

Dimensionality reduction techniques reduce the number of input features while preserving as much information as possible.

- Principal Component Analysis (PCA)
  - t-SNE
  - UMAP (Uniform Manifold Approximation and Projection) is used for dimensionality reduction.
- Pros: High performance, preserves global structure.

Cons: Sensitive to parameters.

Applications: Data visualization, feature extraction.

Key hyperparameters:

- `n_neighbors`: Controls the local neighborhood size (default = 15).
- `min_dist`: Controls the minimum distance between points in the embedded space (default = 0.1).
- `n_components`: The dimensionality of the embedding (default = 2).

### 3.3. Semi-Supervised Learning

Semi-supervised learning combines a small amount of labelled data with a large amount of unlabelled data to improve learning performance.

- Label Propagation
- Self-training methods

### 3.4. Reinforcement Learning

Reinforcement learning models learn optimal behaviour through interaction with an environment using reward signals.

### 3.5. Ensemble Methods

Ensemble methods combine multiple models to improve predictive performance and robustness.

- Bagging (e.g. Random Forests)
- Boosting (AdaBoost, Gradient Boosting)
- Stacking

## 4. MODEL OPTIMISATION TECHNIQUES

### 4.1. Feature Engineering

Feature engineering focuses on improving input representations to enhance model performance.

- Feature scaling
  - standardisation

```
from sklearn.preprocessing import StandardScaler
scaler = StandardScaler()
X_scaled = scaler.fit_transform(X)
```

- normalisation
- Encoding categorical variables
- Feature selection
- Feature extraction

### 4.2. Optimisation Algorithms

Optimisation algorithms minimise a loss function during training.

- Gradient Descent
- Stochastic Gradient Descent (SGD)
- Mini-batch Gradient Descent
- Momentum
- RMSProp
- Adam

### 4.3. Hyperparameter Optimisation

Hyperparameter optimisation searches for the best model configuration.

- Grid Search

```
# 1. Split into train+validation (80%) and test (20%)
X_temp, X_test, y_temp, y_test = train_test_split(
    X, y, test_size=0.2, random_state=42
)

# 2. Split train+validation into training (60%) and validation (20%)
X_train, X_val, y_train, y_val = train_test_split(
    X_temp, y_temp, test_size=0.25, random_state=42
)
# Explanation: 0.25 * 0.8 = 0.2 → validation is 20% of total

# 3. Create a pipeline: scaling -> polynomial -> Ridge
pipeline = Pipeline([
    ("scaler", StandardScaler()),
    ("poly", PolynomialFeatures(include_bias=False)),
    ("ridge", Ridge())
])

# 4. Define parameter grid: Ridge alpha and polynomial degree
param_grid = {
    "poly_degree": [1, 2, 3],
    "ridge_alpha": [0.01, 0.1, 1, 10, 100]
}

# 5. Grid Search with 4-fold CV
grid_search = GridSearchCV(
    estimator=pipeline,
    param_grid=param_grid,
    cv=4,
    scoring="r2", # you can use 'neg_mean_squared_error' instead
    n_jobs=-1
)

# Fit Grid Search on training data
grid_search.fit(X_train, y_train)

# 6. Best parameters based on CV
best_params = grid_search.best_params_
print("Best parameters from Grid Search:", best_params)

# 7. Evaluate best model on validation set
best_model = grid_search.best_estimator_
y_val_pred = best_model.predict(X_val)

r2_val = r2_score(y_val, y_val_pred)
mse_val = mean_squared_error(y_val, y_val_pred)

# 8. Evaluate best model on test set
y_test_pred = best_model.predict(X_test)

r2_test = r2_score(y_test, y_test_pred)
mse_test = mean_squared_error(y_val, y_test_pred)
```

- Random Search
- Bayesian Optimisation

- Hyperband

#### 4.4. Regularisation Techniques

Regularisation techniques reduce overfitting by constraining model complexity.

- L1 regularisation (Lasso)
- L2 regularisation (Ridge)
- Elastic Net
- Dropout (neural networks)
- Early stopping

#### 4.5. Cross-Validation

Cross-validation estimates a model's ability to generalise to unseen data.

- k-Fold Cross-Validation
- Stratified k-Fold

### 5. MODEL EVALUATION METRICS

#### 5.1. Regression Metrics

Regression metrics evaluate performance on continuous targets:

- Mean Absolute Error :

$$\text{MAE} = \frac{1}{n} \sum_{i=1}^n |y_i - \hat{y}_i|$$

```
from sklearn.metrics import mean_absolute_error
mae = mean_absolute_error(y_test, y_pred)
```

- Mean Squared Error :

$$\text{MSE} = \frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

```
from sklearn.metrics import mean_squared_error
mse = mean_squared_error(y_test, y_pred)
print(f"Test MSE: {mse:.2e}")
```

- Root Mean Squared Error :

$$\text{RMSE} = \sqrt{\frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2}$$

```
import numpy as np
rmse = np.sqrt(mean_squared_error(y_test, y_pred))
```

- $R^2$  score : useful to assess the proportion of variance explained by the model, to be used alongside above-mentioned error-based metrics as it does not measure prediction error magnitude.

$$R^2 = 1 - \frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{\sum_{i=1}^n (y_i - \bar{y})^2}$$

```
from sklearn.metrics import r2_score
r2 = r2_score(y_test, y_pred)
print(f"R2 score (test data): {r2:.4f}")
```

## 5.2. Classification Metrics

Classification metrics assess predictive performance on categorical targets.

- Accuracy : proportion of correct predictions (true positives and true negatives) out of all predictions.

$$\text{Accuracy} = \frac{\text{TP} + \text{TN}}{\text{TP} + \text{TN} + \text{FP} + \text{FN}}$$

- Precision :

$$\text{Precision} = \frac{\text{TP}}{\text{TP} + \text{FP}}$$

- Recall (true positive rate) :

$$\text{Recall} = \frac{\text{TP}}{\text{TP} + \text{FN}}$$

- F1-score : The F1-score is the harmonic mean of precision and recall, providing a single metric that balances both measures. It is particularly useful when you need to find an optimal blend of both. If either precision or recall is 0, then  $F_1 = 0$ .

$$F_1 = 2 \cdot \left( \frac{\text{Precision} \cdot \text{Recall}}{\text{Precision} + \text{Recall}} \right)$$

- Confusion matrix

### 5.2.1. Threshold-Independent Metrics

- Receiver Operating Characteristic (ROC) curve and AUC
- Precision–Recall curve

## 5.3. Clustering Metrics

Clustering metrics evaluate the quality of unsupervised groupings.

- Silhouette score
- Davies–Bouldin index

## 5.4. Probabilistic and Ranking Metrics

These metrics are used when models output probabilities or rankings.

- Log loss (cross-entropy) :

$$L = - \sum_{i=1}^C (y_i \log(\hat{y}_i))$$

```
from sklearn.metrics import log_loss
loss = log_loss(y_true, y_pred_proba)
```

- Brier score



- Mean Average Precision (MAP)
- Normalised Discounted Cumulative Gain (NDCG)

## 6. BIAS-VARIANCE TRADE-OFF

As model complexity increases, bias generally decreases while variance increases. A well-performing model balances both to minimise generalisation error.

## 7. VIZUALISATION TECHNIQUES

### 7.1. Matplotlib

- Line plot

```
import matplotlib.pyplot as plt
plt.plot(x, y, color='red', linewidth=2)
plt.title("My Title")
plt.xlabel("Feature_name")
plt.ylabel("Target_name")
plt.ylim(min,max)
plt.grid(True)
plt.show()
```

- Scatter plot

```
plt.scatter(x, y, color='purple', marker='o', s=50)
```

- Hist plot

```
plt.hist(df["Feature"], bins=25, color="orange", edgecolor="black")
```

- Bar chart

```
plt.bar(x, height, color='green', width=0.5)
```

- Pie chart

```
plt.pie(sizes, labels=labels, colors=colors, explode=explode)
```

- Subplotting

```
fig, axes = plt.subplots(nrows=2, ncols=2)
```

### 7.2. Seaborne

- Scatter plot

```
sns.scatterplot(x="Feature1", y="Feature2", hue="Target", data=df)
```

- Regplot

```
sns.regplot(x="Feature", y="Target", data=df)
```

- Box plot

```
sns.boxplot(df["Feature"])
```

- Pair plots

```
sns.set_context('talk')  
sns.pairplot(df, hue='Target')
```

```
#Plot 5 scatter plots per line, for features, and one hist plot for the target  
for i in range(0, len(df.columns), 5):  
    sns.pairplot(data=df,  
                  x_vars=df.columns[i:i+5],  
                  y_vars=['Target'])
```

- Heatmap

- Distplot

```
tg_plot = sns.distplot(df['Target'])  
  
#If the distribution is skewed, use log transform  
log_transformed = np.log(df['Target'])  
tg_transformed = sns.distplot(log_transformed)
```

### 7.3. Pandas

```
#Line plot  
df.plot(x='Date', y='Target', kind='line')  
  
#Area plot  
df.plot(kind='area')  
  
#Hist plot  
df['Feature'].plot(kind='hist', bins=10)  
  
#Bar chart  
df.plot(kind='bar')  
  
#Pie chart  
df.plot(x='Category', y='Percentage', kind='pie')  
  
#Scatter plot  
df.plot(x='Height', y='Weight', kind='scatter')
```

- Box plot

```
df.boxplot(by='target') # Assuming target is categorical
```

## **8. CONCLUSION**

Machine learning comprises a broad set of models, optimisation strategies, and evaluation metrics. Selecting appropriate techniques depends on the task, data properties, and performance requirements. A structured understanding of these components is essential for developing reliable and effective machine learning systems.