

# MACHINE LEARNING MODELS, OPTIMISATION AND EVALUATION

## 1. INTRODUCTION

Machine learning (ML) is a subfield of artificial intelligence focused on building systems that learn patterns from data and improve performance on a task without being explicitly programmed. This document provides a structured overview of the main types of machine learning models, model optimisation techniques, and metrics used to assess model performance.

## 2. TYPES OF MACHINE LEARNING MODELS

### 2.1. Supervised Learning

Supervised learning models are trained on labelled data, where both inputs and target outputs are known.

#### 2.1.1. Regression Models

Regression models are used when the target variable is continuous. They aim to model the relationship between input features and a numerical output.

- Linear Regression
- Polynomial Regression
- Ridge and Lasso Regression
- Support Vector Regression (SVR)
- Decision Tree Regressors
- Random Forest Regressors
- Gradient Boosting Regressors

#### 2.1.2. Classification Models

Classification models are used when the target variable is categorical. They assign input data to one of several predefined classes.

- Logistic Regression
- k-Nearest Neighbours (k-NN)
- Naive Bayes
- Support Vector Machines (SVM)
- Decision Trees
- Random Forests
- Gradient Boosting (XGBoost, LightGBM, CatBoost)
- Neural Networks

### 2.2. Unsupervised Learning

Unsupervised learning models operate on unlabelled data to discover hidden structure or patterns.

#### 2.2.1. Clustering

Clustering algorithms group similar data points together based on a distance or similarity measure.

- k-Means
- Hierarchical Clustering
- DBSCAN
- HDBSCAN

- Gaussian Mixture Models (GMM)

#### **2.2.2. Dimensionality Reduction**

Dimensionality reduction techniques reduce the number of input features while preserving as much information as possible.

- Principal Component Analysis (PCA)
- t-SNE
- UMAP

#### **2.3. Semi-Supervised Learning**

Semi-supervised learning combines a small amount of labelled data with a large amount of unlabelled data to improve learning performance.

- Label Propagation
- Self-training methods

#### **2.4. Reinforcement Learning**

Reinforcement learning models learn optimal behaviour through interaction with an environment using reward signals.

#### **2.5. Ensemble Methods**

Ensemble methods combine multiple models to improve predictive performance and robustness.

- Bagging (e.g. Random Forests)
- Boosting (AdaBoost, Gradient Boosting)
- Stacking

### **3. MODEL OPTIMISATION TECHNIQUES**

#### **3.1. Feature Engineering**

Feature engineering focuses on improving input representations to enhance model performance.

- Feature scaling
  - standardisation
  - normalisation
- Encoding categorical variables
- Feature selection
- Feature extraction

#### **3.2. Optimisation Algorithms**

Optimisation algorithms minimise a loss function during training.

- Gradient Descent
- Stochastic Gradient Descent (SGD)
- Mini-batch Gradient Descent
- Momentum
- RMSProp
- Adam

#### **3.3. Hyperparameter Optimisation**

Hyperparameter optimisation searches for the best model configuration.

- Grid Search
- Random Search
- Bayesian Optimisation
- Hyperband

### 3.4. Regularisation Techniques

Regularisation techniques reduce overfitting by constraining model complexity.

- L1 regularisation (Lasso)
- L2 regularisation (Ridge)
- Elastic Net
- Dropout (neural networks)
- Early stopping

### 3.5. Cross-Validation

Cross-validation estimates a model's ability to generalise to unseen data.

- k-Fold Cross-Validation
- Stratified k-Fold

## 4. MODEL EVALUATION METRICS

### 4.1. Regression Metrics

Regression metrics evaluate performance on continuous targets:

- Mean Absolute Error :

$$\text{MAE} = \frac{1}{n} \sum_{i=1}^n |y_i - \hat{y}_i|$$

- Mean Squared Error :

$$\text{MSE} = \frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

- Root Mean Squared Error :

$$\text{RMSE} = \sqrt{\frac{1}{n} \sum_{i=1}^n (y_i - \hat{y}_i)^2}$$

- $R^2$  score : useful to assess the proportion of variance explained by the model, to be used alongside above-mentioned error-based metrics as it does not measure prediction error magnitude.

$$R^2 = 1 - \frac{\sum_{i=1}^n (y_i - \hat{y}_i)^2}{\sum_{i=1}^n (y_i - \bar{y})^2}$$

### 4.2. Classification Metrics

Classification metrics assess predictive performance on categorical targets.

- Accuracy : proportion of correct predictions out of all predictions.

$$\text{Accuracy} = \frac{\text{TP} + \text{TN}}{\text{TP} + \text{TN} + \text{FP} + \text{FN}}$$

- Precision
- Recall (true positive rate)
- F1-score

- Confusion matrix

#### 4.2.1. Threshold-Independent Metrics

- Receiver Operating Characteristic (ROC) curve and AUC
- Precision–Recall curve

#### 4.3. Clustering Metrics

Clustering metrics evaluate the quality of unsupervised groupings.

- Silhouette score
- Davies–Bouldin index

#### 4.4. Probabilistic and Ranking Metrics

These metrics are used when models output probabilities or rankings.

- Log loss (cross-entropy) :

$$L = - \sum_{i=1}^C (y_i \log(\hat{y}_i))$$

- Brier score
- Mean Average Precision (MAP)
- Normalised Discounted Cumulative Gain (NDCG)

### 5. BIAS–VARIANCE TRADE-OFF

As model complexity increases, bias generally decreases while variance increases. A well-performing model balances both to minimise generalisation error.

### 6. CONCLUSION

Machine learning comprises a broad set of models, optimisation strategies, and evaluation metrics. Selecting appropriate techniques depends on the task, data properties, and performance requirements. A structured understanding of these components is essential for developing reliable and effective machine learning systems.