How is this 8us calculated?

us is a measure unit for FrobeniusMap(a,n) map function in NTT domain.

Using the formular:

$$\begin{split} z \in C \ M \ \tau - 1 &\longrightarrow (mQ(X)) \in Q(X)/(XN+1) \ b \Delta \cdot e &\longrightarrow m(X) \in RQ ` \\ \text{where } \tau : zi \ 7 &\longrightarrow mQ(\zeta i) \ \text{and} \ ^{\sim}z = (zi)i \in [0,N-1], \ \zeta i = \zeta \ 5 \ \ , \ \zeta = exp(-2\pi i/4M), \ \text{and} \ [\Delta \cdot] : a &\longrightarrow [\Delta \cdot a]. \end{split}$$

The result obtained is defined by substituting ζi for X in mQ(X) as the value of the **i-th slot**.

Considering slot rotation: assuming that the rotation by n slots is performed in mq(X),

the resultant polynomial $m \ Q(X) \in Q[X]/(XN + 1)$

should preserve m'Q(ζ i) = m0 Q (ζ i+n).

That is, the value in the (i + n)-th slot of m'Q (X) should be the same as the one in the i-th slot of mQ(X).

Because $\zeta i+n=\zeta 5 i+n=\zeta 5 n i$, we need to compute m`Q(X) = mQ(X^(5-n)) from mQ(X).