

Isolation note

Start date:

11 September 2020

End date:

20 September 2020

Reference number:

3539 3277 1961 1958

Name:

Olivia

Morris

Date of birth:

7 June 1996

What this note is for

The person named above has been told to self-isolate by an NHS service or a healthcare professional. This is because:

they have symptoms of coronavirus

What you need to do next

Send this note to your employer if they ask to see it.

Find information on coronavirus and claiming benefits at:

<https://www.understandinguniversalcredit.gov.uk/coronavirus/>

Health advice

Get the latest NHS information on coronavirus:

<https://nhs.uk/coronavirus>

If you need medical advice about your symptoms:

- England: <https://111.nhs.uk/covid-19>
- Scotland: <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19>
- Wales: <https://111.wales.nhs.uk/SelfAssessments/symptomcheckers/COVID19.aspx>
- Northern Ireland: **get advice from a GP or GP out-of-hours service**

Information for employers

Get guidance on working safely during coronavirus:

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19>

If you want to check the information on this form, go to <https://111.nhs.uk/isolation-note/check>