

Urology Department, Greenfield Medical Centre, Brookside, BR2 9HT (01234) 123456

Dr. James Patel, Consultant Urologist urologydept@greenfieldmc.nhs.uk

Patient demographics Patient name Mr. Daniel (Dan) Cooper Date of birth 10/10/1972 Gender Male NHS number 987654321 Hospital ID UR55678 (01234) 123456 Patient address 14 Willow Lane, Brookside, BR2 8PP Patient email address dan.cooper@email.com Patient telephone number 077 8888 888	Attendance details Date of appointment/contact 15/08/2025 Contact type First appointment Consultation method Face-to-face Seen by Dr. James Patel, Consultant Urologist Outcome of patient attendance Patient to be scheduled for cystoscopy within the next 4 weeks. Follow-up appointment to be booked post-procedure. GP Practice details GP practice identifier B222222 GP name Dr. Helen Marsh GP details Brookside Health Centre, 45 Willow Lane, Brookside, BR2 9HT, (01234) 654321
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Dear Dr. Marsh,

Diagnoses:

Microscopic haematuria

Lower urinary tract symptoms (LUTS)

History

Mr. Cooper was referred to the Urology outpatient clinic following two episodes of microscopic haematuria noted on routine urinalysis during an annual health check. He also reports mild urinary hesitancy and nocturia x1–2 per night over the past 6 months. No associated dysuria or flank pain reported. No history of renal stones or recurrent urinary tract infections. Non-smoker.

Examinations

Blood pressure: 128/82 mmHg

Weight: 84 kg Height: 178 cm BMI: 26.5 kg/m²

Abdominal exam: Soft, non-tender, no palpable masses.

Digital rectal examination: Prostate smooth, mildly enlarged, no nodules felt.

Clinical summary

Mr. Cooper presents with persistent microscopic haematuria and mild LUTS, likely

secondary to benign prostatic hyperplasia (BPH). However, given haematuria, malignancy must be excluded. Plan to proceed with flexible cystoscopy and renal tract ultrasound.

Investigations to date

- Urinalysis: Microscopic haematuria (confirmed on two separate samples)
- PSA: 2.1 ng/mL (within normal range for age)
- Renal function: eGFR 88 mL/min/1.73m²

Allergies and adverse reactions: No known drug allergies.

Changes to medications and medical devices

(only changes as a result of this encounter)

No medication changes made today.

Actions for healthcare professionals

- Book cystoscopy within 4 weeks.
- Arrange renal tract ultrasound.

Actions for patient or their carer

- Continue adequate hydration.
- Avoid excessive caffeine intake.
- Report any visible blood in urine or worsening symptoms immediately.

Information and advice given

Provided written information about cystoscopy procedure and haematuria investigations.

Yours sincerely,

Dr. James Patel

Consultant Urologist

Date: 15/08/2025 Time: 14:20

Distribution list:

- Mr. Daniel Cooper (patient)
- Dr. Helen Marsh (GP)
- Radiology Department, Greenfield Medical Centre