

Urology Department, Southgate Community Hospital, Linden Avenue, SG5 8LT (01234)
667788
Dr. Fiona Walsh, Consultant Urologist urologydept@southgatech.nhs.uk

Patient demographics		Attendance details	
Patient name	Mrs. Angela (Angie) Morris	Date of appointment/contact	17/09/2025
Date of birth	19/07/1970	Contact type	First appointment
Gender	Female	Consultation method	Face-to-face
NHS number	556677889	Seen by	Dr. Fiona Walsh, Consultant Urologist
Hospital ID	UR55421 (01234) 667788	Outcome of patient attendance	Patient to undergo urodynamic studies and bladder ultrasound.
Patient address	62 Linden Avenue, Southgate, SG5 9LT	GP Practice details	
Patient email address	angie.morris@email.com	GP practice identifier	S777777
Patient telephone number	077 4444 333	GP name	Dr. Mark Philips
		GP details	Southgate Family Practice, 21 Linden Avenue, Southgate, SG5 8LT, (01234) 223344

Dear Dr. Mark Philips,

Diagnoses:

Overactive bladder syndrome
Urgency incontinence

History

Mrs. Morris described a 12-month history of urinary urgency, frequency (up to 12 times/day), and leakage when unable to reach the toilet in time. She denies haematuria, dysuria, or recurrent infections. She has attempted conservative measures including fluid

restriction in evenings and bladder training, with limited benefit. Symptoms are impacting her confidence and daily activities.

Examinations

General exam unremarkable. Abdominal examination: soft, no palpable bladder or masses. Pelvic exam deferred today. Neurological exam: lower limb reflexes intact.

Investigations to date

Urinalysis: Negative for infection.

Bladder scan: Post-void residual volume 40 mL.

Blood tests: U&Es normal, HbA1c 5.6% (no evidence of diabetes).

Clinical summary

Findings are consistent with overactive bladder with urgency incontinence. There is no evidence of infection or significant residual urine. Urodynamic studies are indicated for confirmation and to guide therapy. Discussed treatment ladder including medications, intravesical botox, and neuromodulation if conservative measures fail.

Allergies and adverse reactions: Sulfa drugs – rash.

Changes to medications and medical devices

- Started on Solifenacin 5 mg once daily for OAB symptoms.
- Recommended use of continence pads pending further evaluation.

Actions for healthcare professionals

Book urodynamic studies and bladder ultrasound, with results to be reviewed in clinic.

Actions for patient or their carer

Maintain bladder diary for next 4 weeks, continue pelvic floor exercises, and avoid bladder irritants such as caffeine.

Information and advice given

Provided bladder training leaflet, continence support information, and discussed lifestyle adjustments to reduce symptoms. Patient reassured that multiple treatment options are available if symptoms persist.

Yours sincerely,

Dr. Fiona Walsh
Consultant Urologist

Date: 17/09/2025

Time: 13:15

Distribution list:

Mrs. Angela Morris (patient)

Dr. Mark Philips (GP)

Urodynamics Department, Southgate Community Hospital