

Urology Department, Northside Hospital, Station Road, ST4 3QP (01234) 443322
Dr. Amir Khan, Consultant Urologist urologydept@northsidehosp.nhs.uk

Patient demographics Patient name Mr. George (Geo) Harris Date of birth 15/02/1948 Gender Male NHS number 112233445 Hospital ID UR22119 (01234) 443322 Patient address 43 Station Road, Northside, ST4 2QW Patient email address george.harris@email.com Patient telephone number 077 5555 444	Attendance details Date of appointment/contact 05/08/2025 Contact type Follow-up appointment Consultation method Face-to-face Seen by Dr. Amir Khan, Consultant Urologist Outcome of patient attendance Continue active surveillance for low-risk prostate cancer; next review in 6 months. GP Practice details GP practice identifier N666666 GP name Dr. Olivia Carter GP details Northside Medical Practice, 21 Station Road, Northside, ST4 3QP, (01234) 112211
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Dear Dr. Olivia Carter,

Diagnoses:

Prostate adenocarcinoma – Gleason 3+3 (Grade Group 1) – low risk

History

Mr. Harris was diagnosed with low-risk prostate cancer two years ago after biopsy for raised PSA. He has been on active surveillance since then, with stable PSA readings and no concerning MRI changes. He remains asymptomatic with no LUTS, haematuria, or bone pain. He lives independently and reports good quality of life.

Examinations

Digital rectal examination showed a smooth, moderately enlarged prostate with no nodules or irregularities. General exam unremarkable. No lymphadenopathy detected.

Investigations to date

PSA: 5.4 ng/mL (previously 5.6 ng/mL).

MRI prostate: No significant interval change, no evidence of progression.

Renal and liver function: Within normal limits.

Clinical summary

Clinical course remains stable under active surveillance protocol. There is no indication for active intervention at present. Discussed with patient the importance of regular follow-up, recognising symptoms suggestive of progression, and the potential treatment options should the disease change in grade or behaviour.

Allergies and adverse reactions: No Known Drug Allergies.

Changes to medications and medical devices

None.

Actions for healthcare professionals

Book repeat PSA and MRI before next review in 6 months.

Actions for patient or their carer

Continue current lifestyle measures, report new urinary symptoms, bone pain, or weight loss.

Information and advice given

Reassured patient regarding stability of condition. Provided written information on prostate cancer monitoring, and encouraged continued physical activity, healthy diet, and smoking/alcohol moderation to maintain general health.

Yours sincerely,

Dr. Amir Khan
Consultant Urologist

Date: 05/08/2025 Time: 09:45

Distribution list:

Mr. George Harris (patient)

Dr. Olivia Carter (GP)

Oncology Department, Northside Hospital