

Date: ____/____/____

Practice Makes Purpose: A Creative Warm-Up for People Who Make Stuff

What am I doing? Why isn't it fun? What's the point? Don't despair. Let's work on it together. Print a few copies of this worksheet and try completing one each week. This exercise is meant to get you thinking about what you make, what inspires you, and why it matters. Connecting your inspirations and passions with purpose is hard, but it gets easier with practice. As you iterate on your ideas each week, you'll hopefully learn about your own talents and understand how the world can benefit from them. Really? Really!

Fill in the blanks in the sentence below.

My name is _____, and I'm really into _____
and _____ right now.

Fill in the table below with five personal projects you're proud of. Don't leave any rows blank!

What	Why

Make notes about any recurring themes in the list above.

Fill in the table below with five makers who inspire you. Don't leave any rows blank!

Who	Why

Make notes about any recurring themes in the list above.

Reflect on your previous answers, then fill in the blanks in the sentence below.

I aim to create _____ that
draws on my passion for _____.
I hope that my work will inspire _____
_____.

Does any of your previous work achieve this goal? How might you achieve this goal with your future work? Make any notes you wish in the space below.