# Followership

Christopher J. West, PhD Institute for Advanced Analytics North Carolina State University



What comes to the mind of a *mediocre* or naive professional when they think about the label "follower?"



120:1 ratio of leadership books to followership books

- Bjugstad, 2006



Traditional View of Leadership Continuum



Followership

Leadership

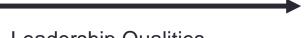
What words come to *your* mind when *you* think about the best follower's you've encountered...or...your ideal of a follower?

#### Traditional View of Leadership Continuum

Followership

Leadership





Leadership Qualities



Followership Qualities

#### Followership Definitions

Followership is the process of attaining one's **individual** goals by being influenced by a **leader** into participating in individual or group efforts toward organizational goals in a given **situation**.

(Wortman)

The cognitive capacity and affirmative behavior volition of the individual to be influenced in order to actively partner and participate in the accomplishment of a shared goal or outcome

(Chaleff)

## Followership Definitions

Followership is a relational **role** in which followers have the ability to influence leaders and contribute to the improvement and attainment of group an organizational objectives

(Carsten)

"Followership is a discipline of supporting leaders and helping them to lead well. It is **not submission**, but the wise and good care of leaders, done out of a **sense of gratitude** for their willingness to take on the responsibilities of leadership, and a **sense of hope and faith in their abilities and potential.**"

(Beedle)

#### Why do you want to be a good follower?

The mission, the product, the idea, or the bottomline

If my team succeeds and my leader succeeds, I succeed

To learn, grow, be shaped by teammates & leaders

To demonstrate the qualities and experience set to eventually be chosen to lead

What does it mean to be a professional?

Professional obligation to leader/empathy

Professional obligation to team

Professional obligation to the larger organization

Professional obligation to other stakeholders

#### Purpose

Review and apply popular followership models

- Structure our critical thinking
- Leverage experience
- Improve and extend personal skillset as followers and as leaders!
- Develop vocabulary
- Awareness of the literature set Motivation to develop your own lifelong literature review
- Reflection can be relaxing and enjoyable

## Organization

Blanchard - Situational Leadership

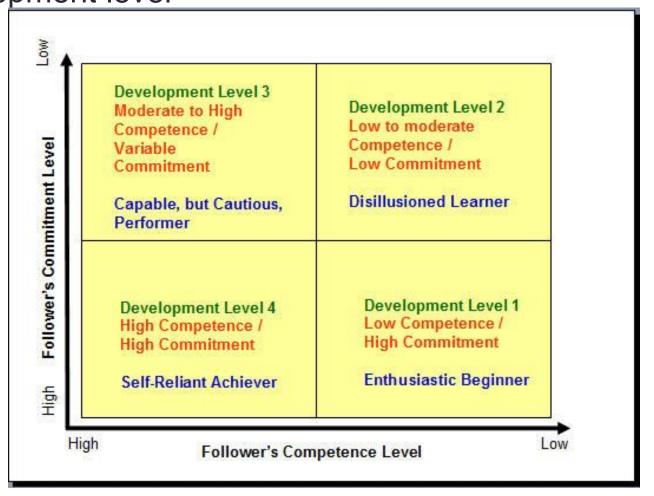
Kelley

Chaleff

Kellerman

# Situational Leadership: Diagnose the Followers (Blanchard)

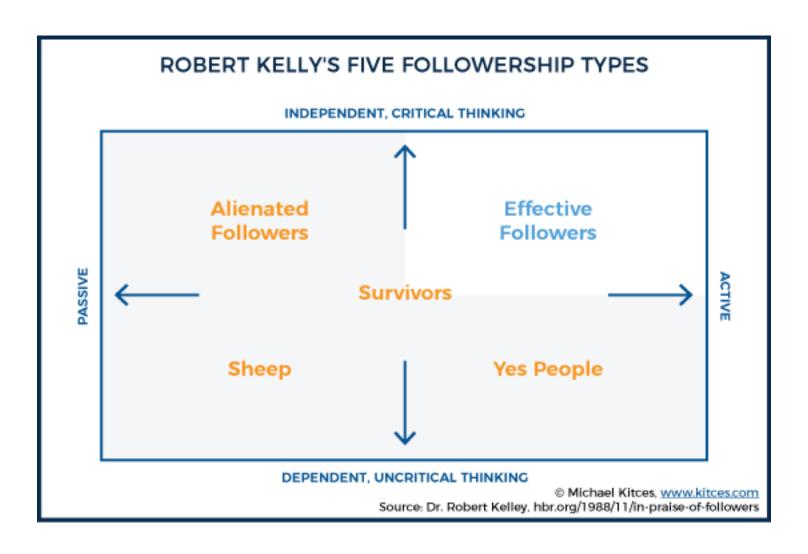
Leader changes style: determined by team/individual development level



#### Situational Leadership: Style Flexibility



## Kelley – Followership Types



## Kelley – Followership Traits

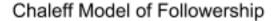
**Excellent Self-Management** 

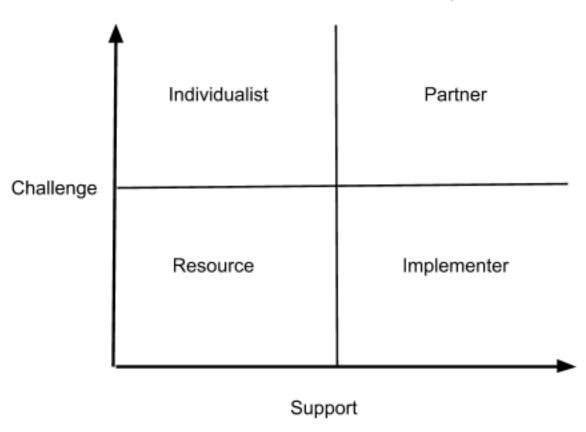
Commitment beyond oneself

Pursue impactful competence/focus

Courageous, honest, credible

#### Chaleff - Courageous Followership Types





## Chaleff's Traits – Courage to:

Assume responsibility/ownership/initiative

Serve

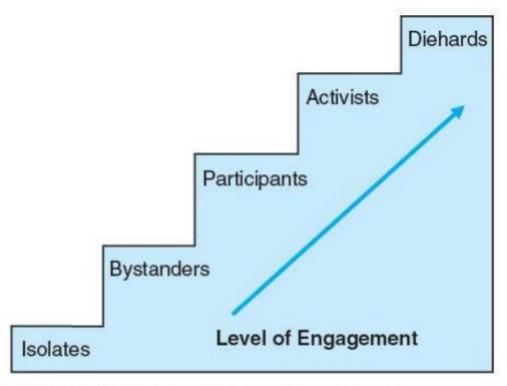
Challenge

Participate in transformation

Take moral action

#### Kellerman

#### TYPES OF FOLLOWERS



Followers Classified by Level of Engagement.

## What are you?

Can you classify yourself in a given team's situations and find an area for improvement?

What does it mean to be a follower as a professional? A desired professional worthy of premium positions/compensation?

Do I have a professional obligation to my leader? Where does it end?

Do I empathize with my leader?

What is my professional obligation to the organization, the cause, the team?

## A graded assignment...

Who: The individual student

When:

- Assignment formally given with more detail shortly before the winter holidays
- Due: Jan ~20th but will accept for review as soon as you're ready

What: ~5p (double-space) case study paper applying any model/framework taught in class regarding any non-technical subject, or one of your preference (citations required) to a practicum or homework team case experience in the fall

Use your selected framework to structure your document

Why: To support the development of critical/structured thinking to professional experiences (and to prep for those employer interview soft questions!)

Criteria: *More to follow* but ideally, essentially a measure of the depth/rigor/sincerity of the reflective effort