

General Information

Hours of Operation

May 26 - May 28 12:00 - 8:00 May 29 - June 15 (weekdays) 4:00 - 8:00 June 2 - June 10 (weekends) 12:00 - 8:00 June 16 - September 3 12:00 - 8:00

Per the Club's Rules and Regulations: The pool may be cleared of any or all persons at the Pool Operator/Manager's discretion. The pool may be closed at any time due to weather, equipment breakdown, or other operational difficulties with no financial consideration for "down" time.

Tidal Wave Practice Schedule

| May 29 - June 17 | Ripples | Ages 8 and under | Ages 9-12 | Ages 13-18 |
|---|------------------|------------------|-----------------|----------------|
| Monday thru Friday (afternoon practice only) | | 5:30 - 6:15 pm | 6:15 - 7:00 pm | 7:00 - 8:00 pm |
| June 18 - July 29 | Ripples | Ages 8 and under | Ages 9-12 | Ages 13-18 |
| Monday thru Friday (morning practice) | 10:00 - 10:30 am | 9:00 - 10:00 am | 9:00 - 10:00 am | 7:45 - 9:00 am |
| Tuesday and Thursday (afternoon practice) | | 5:30 - 6:00 pm | 6:00 - 6:45 pm | 7:00 - 8:00 pm |

^{*} Baby pool opens at 10:00 am except on Sundays. (Open Sundays at Noon)

^{**} Pool is open until 9:00 pm every Wednesday during July & August.





| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
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| CARPY MOTULERS DAY | | | | | | |
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| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
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| | | Masters Swim | | Masters Swim | | |
| | | 8:00-9:00 | | 8:00-9:00 | | |





| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| | | al Wave Away Eve | | | | |
| | | Time trials @ High | | | | |
| | | 23 - A Meet @ Pine | | | | |
| | June 25 - | B Meet @ Little Hu | nting Park | | | |
| | | | | | | |
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| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | 7 | 3 | Ü | , | ŭ | Stroke & Turn Clinic |
| Open House | | | | | | 8:00-10:30 |
| 12:00 - 5:00 | | | | | | 0.00 20.00 |
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| | | Masters Swim | | Masters Swim | | |
| | | 8:00-9:00 | | 8:00-9:00 | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
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| | | | | | | |
| | | Masters Swim | | Masters Swim | | |
| | | 8:00-9:00 | | 8:00-9:00 | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| HAPPY FATHER'S | | | | Montessori: 3-4 | Montessori: 3-4 | |
| DAY | | | | 10:00-11:15 | 10:00-11:15 | |
| | | Curl Burke Clinic | | | | |
| | | 11:30-1:00 (3 lanes) | | | | |
| | | | | | | |
| | | Montessori: 5-10 | | Montessori: 5-10 | Montessori: 5-10 | |
| | POOL CLOSES 5:00 | 1:45-3:45 | | 1:45-3:45 | 1:45-3:45 | |
| | Tidal Wave B Meet | Masters Swim | | Masters Swim | Tidal Wave Spaghetti | |
| | vs Hollin Mdws - 5:00 | 8:00-9:00 | 27 | 8:00-9:00 | Dinner - 5:30-8:00 | 20 |
| 24 | . 25 | 26 | 27 | 28 Montessori: 3-4 | 29 | 30 Tidal Wave A Meet |
| | | | | 10:00-11:15 | | vs Ben Mar Edsall |
| | | Curl Burke Clinic | | 10.00-11.13 | | 8:00-12:00 |
| | | 11:30-1:00 (3 lanes) | | | | POOL OPENS 12:00 |
| | | _1.00 1.00 (5 lanes) | | | | . 551 51 1115 12.00 |
| | Montessori: 5-10 | Montessori: 5-10 | | Montessori: 5-10 | | |
| | 1:45-3:45 | 1:45-3:45 | | 1:45-3:45 | | |
| | | Masters Swim | | Masters Swim | Tidal Wave Pep Rally | |
| | | 8:00-9:00 | | 8:00-9:00 | 6:00-8:00 | |





| | Home of the Tidal | Wa∨e Swim Team | | | | |
|-----|-------------------------------|-------------------------------|--|-------------------------------|----------------------|--------------------|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | | | | | | Tidal Wave A Meet |
| | | | Happy 4th of July | | | vs Springfield |
| | | | | | | 8:00-12:00 |
| | | | | | | POOL OPENS 12:00 |
| | | | | | | |
| | | | | | | |
| | | | 4th of July Party | | | |
| | | Masters Swim | TBD | Masters Swim | Tidal Wave Pep Rally | Tidal Wave Camp |
| | | 8:00-9:00 | POOL CLOSES 6:00 | 8:00-9:00 | 6:00-8:00 | Out - 5:00 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | | | Montessori: 3-4 | Montessori: 3-4 | |
| | | | | 10:00-11:15 | 10:00-11:15 | |
| | | Curl Burke Clinic | | | | |
| | | 11:30-1:00 (3 lanes) | | | | |
| | | | | | | |
| | | Montessori: 5-10 | | Montessori: 5-10 | Montessori: 5-10 | |
| | POOL CLOSES 5:00 | 1:45-3:45 | | 1:45-3:45 | 1:45-3:45 | |
| | Tidal Wave B Meet | | Raft Night | Masters Swim | | |
| | vs Lorton Stat. 5:00 | | 5:00-9:00 | 8:00-9:00 | | |
| 15 | 16 | 17 | 18 | 19 | | 21 |
| | | | | Montessori: 3-4 | Montessori: 3-4 | |
| | | | | 10:00-11:15 | 10:00-11:15 | |
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| | Manufacture 1 | | | | | |
| | Montessori: 5-10 | Montagowi, F 10 | | Montage vi. F 10 | Montoccovi, F 10 | |
| | 1:45-3:45 POOL CLOSES 5:00 | Montessori: 5-10 1:45-3:45 | | Montessori: 5-10 1:45-3:45 | Montessori: 5-10 | |
| | | | Doft Night | Masters Swim | 1:45-3:45 | |
| | Tidal Wave B Meet | | Raft Night 5:00-9:00 | 8:00-9:00 | | |
| 22 | vs Hayfield - 5:00 | 24 | 25 | 26 | 27 | 28 |
| 22 | 25 | 24 | 23 | Montessori: 3-4 | Montessori: 3-4 | 20 |
| | | | | 10:00-11:15 | 10:00-11:15 | |
| | | | | 10.00 11.13 | 10.00 11.13 | |
| | | | | | | |
| | | | | | | |
| | Montessori: 5-10 | Montessori: 5-10 | | Montessori: 5-10 | Montessori: 5-10 | |
| | 1:45-3:45 | 1:45-3:45 | | 1:45-3:45 | 1:45-3:45 | |
| | | Masters Swim | Raft Night | Masters Swim | | Tidal Wave Banquet |
| | | | 5:00-9:00 | 8:00-9:00 | | 5:00 - 8:00 |
| 29 | 30 | 31 | | Tidal Ways | Away Evants | |
| | | | | · | Away Events | |
| | | | | • | @ Highland Park | |
| | | | | July 4 - Tentative II | - • | |
| | | | July 11 - Relay Carnival @ Ben Mar Edsall Park | | | |
| | | | | July 14 - A Meet | @ Broyhill Crest | |
| | Montessori: 5-10 | Montessori: 5-10 | | July 21 - A Meet @ | North Springfield | |
| | 1:45-3:45 | 1:45-3:45 | | • | vitational, TBA | |
| | | | | | | |
| | | Masters Swim 8:00-9:00 | | July 28 - Division | | |



AUGUST 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|------------------|------------------|------------|------------------|------------------|-----|
| | | | 1 | 2 | 3 | 4 |
| | | | | Montessori: 3-4 | Montessori: 3-4 | |
| | | | | 10:00-11:15 | 10:00-11:15 | |
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| | | | | | | |
| | | | | Montessori: 5-10 | Montessori: 5-10 | |
| | | | | 1:45-3:45 | 1:45-3:45 | |
| | | | Raft Night | Masters Swim | | |
| _ | | _ | 5:00-9:00 | 8:00-9:00 | 10 | 4.4 |
| 5 | 6 | 7 | 8 | _ | 10 | 11 |
| | | | | Montessori: 3-4 | Montessori: 3-4 | |
| | | | | 10:00-11:15 | 10:00-11:15 | |
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| | | | | | | |
| | Montessori: 5-10 | Montessori: 5-10 | | Montessori: 5-10 | Montessori: 5-10 | |
| | 1:45-3:45 | 1:45-3:45 | | 1:45-3:45 | 1:45-3:45 | |
| | 1:45-5:45 | Masters Swim | Raft Night | Masters Swim | 1:45-5:45 | |
| | | 8:00-9:00 | 5:00-9:00 | 8:00-9:00 | | |
| 12 | 13 | 14 | | | 17 | 18 |
| | 10 | | | Montessori: 3-4 | Montessori: 3-4 | 10 |
| | | | | 10:00-11:15 | 10:00-11:15 | |
| | | | | 20.00 22.20 | 20:00 22:20 | |
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| | Montessori: 5-10 | Montessori: 5-10 | | Montessori: 5-10 | Montessori: 5-10 | |
| | 1:45-3:45 | 1:45-3:45 | | 1:45-3:45 | 1:45-3:45 | |
| | | Masters Swim | Raft Night | Masters Swim | | |
| | | 8:00-9:00 | 5:00-9:00 | 8:00-9:00 | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | Montessori: 3-4 | Montessori: 3-4 | |
| | | | | 10:00-11:15 | 10:00-11:15 | |
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| | Montessori: 5-10 | Montessori: 5-10 | | Montessori: 5-10 | Montessori: 5-10 | |
| | 1:45-3:45 | 1:45-3:45 | | 1:45-3:45 | 1:45-3:45 | |
| | | | Raft Night | Masters Swim | | |
| | 07 | 8:00-9:00 | 5:00-9:00 | 8:00-9:00 | 0.4 | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
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| | | Masters Swim | Raft Night | Masters Swim | | |
| | | 8:00-9:00 | 5:00-9:00 | 8:00-9:00 | | |
| | | 0.00 0.00 | | 5.55 5.66 | | |



SEPTEMBER 2012

| Home | of the Tidal Wave Swim T | <mark>eam</mark> | | | | |
|------|---------------------------|------------------|-----|-----|-----|-----|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | | | | 1 |
| 2 | POOL CLOSES AT 6:00 PM | 4 | 5 | | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | | 18 | 19 | | | |
| 30 | 24 | 25 | 26 | 27 | 28 | 29 |