

GENERAL INFORMATION

Hours of Operation

September 12 & 13 12:00 – 8:00 Weather Permitting

Pool is open until 9:00 p.m. every Friday

Pool is open until 9:00 every Wednesday during July & August

Per the Club's Rules and Regulations: The pool may be cleared of any or all persons at the Pool Operator/Manager's discretion. The pool may be closed at any time due to weather, equipment breakdown, or other operational difficulties with no financial consideration for "down" time.

<u>Tidal Wave Practice Schedule</u>

	Ages 8 and under	Ages 9-12	Ages 13-18				
June 1 - June 25							
Monday thru Friday Afternoon practice only	5:30 - 6:15 pm	6:15 - 7:00 pm	7:00 - 8:00 pm				
June 28 - July 30	Ages 12 and under	Ages 13-18					
Monday thru Friday Morning practice	9:00 - 10:00 am	7:45 - 9:00 am					
Tuesday and Thursday Afternoon practice	6:00 - 6:45 pm		7:00 - 8:00 pm				



	_	1	JUNE 2010	T	1	T =
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
						Luther Birthday
						Party
						1:00 - 5:00
		MASTERS SWIM		MASTERS SWIM		
•	_	8:00 – 9:00		8:00 – 9:00	4.4	4.0
6	7	8	9	10	11	12
						NVSL
						S&T Clinic
						8:00 a.m.
		MASTERS SWIM		MASTERS SWIM		Phillis Birthday
		8:00 - 9:00		8:00 - 9:00		Party 12:00 – 3:00
13	14	15	16	17	18	12.00 – 3.00
13	14	13	10	17 2 F	10	MASTERS SWIM
				A COLUMN		8:00 am – 9: 30 am
Payne Baseball						5.50 dili
Party						9:00 Tidal Wave
4:00 - 7:00				600-00		Time Trials @
						Highland Park
		MASTERS SWIM		Masters Swim		
		8:00 - 9:00		8:00 – 9:00		Rychak Birthday
						Party
						1:00 - 3:00
20	21	22	23	24	25	26
Father's Day		12:00 – 1:30		10:00 – 11:30	10:00 – 11:30	8:00 Tidal Wave
(Curl Burke – 3 Ln		Montessori 3&4s	Montessori 3&4s	A Meet @ VH
						(Pinewood Lake)
	POOL CLOSES			Last Day of	Manzo Party	AI
	@ 5:00!!!			School Party 12:00 – 4:00	4:00 – 7:00	Anderson Birthday Party
				12.00 – 4.00		1:00 – 3:00
	6:00 Tidal Wave	MASTERS SWIM		MASTERS SWIM		1.00 – 3.00
	B Meet @ VH	8:00 – 9:00		8:00 – 9:00		
	Stratford Landing		0.0			
27	28	29	30			
	1:30 – 3:30	12:00 – 1:30				
	Montessori 5-10	Curl Burke – 3 Ln				
		1:30 - 3:30				
		Montessori 5-10				
	6:00 Tidal Wave	iviolite22011 2-10				
	B Meet @	MASTERS SWIM				
	Little Hunting	8:00 – 9:00				



JULY 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				10:00 - 11:30	10:00 - 11:30	8:00 Tidal Wave
				Montessori 3&4s	Montessori 3&4s	A Meet @
						Bryn Mar Edsell
				1:30 – 3:30	1:30 – 3:30	
				Montessori 5-10	Montessori 5-10	
				NAACTEDS CVAUNA		
				MASTERS SWIM 8:00 – 9:00		
4	5	6	7	8	9	10
7	1:30 - 3:30	12:00 – 1:30	*	10:00 – 11:30	10:00 – 11:30	MASTERS SWIM
	Montessori 5-10	Curl Burke – 3 Ln		Montessori 3&4s	Montessori 3&4s	8:00 am – 9: 30 am
	Wientessen 5 10	Carr Barne 3 Err		Wieniessen sans	Wienicesson Scans	LIFEGUARD
	POOL CLOSES	1:30 - 3:30		1:30 - 3:30	1:30 - 3:30	CLASS
See Strill	@ 5:00!!!	Montessori 5-10		Montessori 5-10	Montessori 5-10	8:00 Tidal Wave
0014	6:00 Tidal Wave					A Meet @
	B Meet @ VH	MASTERS SWIM		MASTERS SWIM		Rolling Valley
	Highland Park	8:00 - 9:00	RAFT NIGHT	8:00 - 9:00	LIFEGUARD	Kappeler
	0		5:00 - 9:00		CLASS	Birthday Party
11	12	13	14	15	16	1:00 – 4:00 17
11	1:30 - 3:30	1:30 - 3:30	14	10:00 – 11:30	10:00 – 11:30	8:00 Tidal Wave
LIFEGUARD	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	A Meet @ VH
CLASS	POOL CLOSES	WIOTICE33011 3-10		101111111111111111111111111111111111111	101111111111111111111111111111111111111	(Herndon)
02.100	@ 5:00!!!		6:00 Tidal Wave	1:30 - 3:30	1:30 - 3:30	(11011101011)
	6:00 Tidal Wave		Relay Carnival @	Montessori 5-10	Montessori 5-10	Tidal Wave
	B Meet @ VH		Broyhill Crest			Team Photo @
	Lorton Station	MASTERS SWIM	RAFT NIGHT	MASTERS SWIM		6:00 & Camp Out
		8:00 – 9:00	5:00 - 9:00	8:00 – 9:00		
18	19	20	21	22	23	24
Runkle Birthday	1:30 – 3:30	1:30 – 3:30		10:00 - 11:30	10:00 – 11:30	8:00 Tidal Wave
Party	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	A Meet @ VH
3:00 – 6:00	POOL CLOSES			1.20 2.20	1.20 2.20	(Broyhill Crest)
	@ 5:00!!!			1:30 – 3:30 Montessori 5-10	1:30 – 3:30 Montessori 5-10	
	6:00 Tidal Wave			Montesson 5-10	Montesson 5-10	
	B Meet @ VH	MASTERS SWIM	RAFT NIGHT	MASTERS SWIM		
	Hayfield	8:00 – 9:00	5:00 - 9:00	8:00 - 9:00		
25	26	27	28	29	30	31
	1:30 - 3:30	1:30 - 3:30		10:00 – 11:30	10:00 – 11:30	8:00 Tidal Wave
	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	Divisionals @
						Bryn Mar Edsell
				1:30 - 3:30	1:30 - 3:30	
	5:00 Tidal Wave			Montessori 5-10	Montessori 5-10	6:00 Tidal Wave
	IM Invitational					Banquet
	@ Little Hunting	MASTERS SWIM	RAFT NIGHT	MASTERS SWIM		
	<u> </u>	8:00 – 9:00	5:00 - 9:00	8:00 – 9:00		

	1	1	AUGUST 2010		1	1
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	1:30 - 3:30	1:30 - 3:30		10:00 - 11:30	10:00 - 11:30	
	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	
				1:30 - 3:30	1:30 – 3:30	
				Montessori 5-10	Montessori 5-10	
		MASTERS SWIM 8:00 – 9:00	RAFT NIGHT 5:00 – 9:00	MASTERS SWIM 8:00 – 9:00		
8	9	10	11	12	13	14
	1:30 - 3:30	1:30 - 3:30		10:00 - 11:30	10:00 - 11:30	
	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	
				1:30 - 3:30	1:30 - 3:30	
				Montessori 5-10	Montessori 5-10	
		MASTERS SWIM	RAFT NIGHT	MASTERS SWIM		
		8:00 - 9:00	5:00 - 9:00	8:00 - 9:00		
15	16	17	18	19	20	21
	1:30 - 3:30	1:30 - 3:30	1:30 - 3:30	10:00 - 11:30	10:00 - 11:30	
	Montessori 5-10	Montessori 5-10	Montessori 5-10	Montessori 3&4s	Montessori 3&4s	Johnson Party 9:30 –
				1:30 - 3:30	1:30 - 3:30	12:00/Noon
				Montessori 5-10	Montessori 5-10	
						von Schmidt-
		MASTERS SWIM	RAFT NIGHT	MASTERS SWIM		Pauli Party
		8:00 – 9:00	5:00 - 9:00	8:00 – 9:00		2:00 – 4:00
22	23	24	25	26	27	28
Johnson Party	1:30 - 3:30	1:30 - 3:30	1:30 - 3:30	10:00 - 11:30	10:00 – 11:30	
9:30 – 12:00 am (RAIN DATE)	Montessori 5-10	Montessori 5-10	Montessori 5-10	Montessori 3&4s	Montessori 3&4s	
(10 111 57 112)				1:30 - 3:30	1:30 - 3:30	
				Montessori 5-10	Montessori 5-10	
		MASTERS SWIM	RAFT NIGHT	MASTERS SWIM		
		8:00 – 9:00	5:00 - 9:00	8:00 – 9:00		
29	30	31				
		MASTERS SWIM 8:00 – 9:00				



SEPTEMBER 2010							
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY	
			1	2	3	4	
				MASTERS SWIM 8:00 – 9:00			
5	6 Labor Day	7 School	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

SEE YOU IN 2011!