

GENERAL INFORMATION

Hours of Operation

September 12 & 13 12:00 – 8:00 Weather Permitting

Pool is open until 9:00 p.m. every Friday

Pool is open until 9:00 every Wednesday during July & August

Per the Club's Rules and Regulations: The pool may be cleared of any or all persons at the Pool Operator/Manager's discretion. The pool may be closed at any time due to weather, equipment breakdown, or other operational difficulties with no financial consideration for "down" time.

<u>Tidal Wave Practice Schedule</u>

	Ages 8 and under	Ages 9-12	Ages 13-18		
June 1 - June 25					
Monday thru Friday Afternoon practice only	5:30 - 6:15 pm	6:15 - 7:00 pm	7:00 - 8:00 pm		
June 28 - July 30	Ages 12 and under	Ages 13-18			
Monday thru Friday Morning practice	9:00 - 10:00 am	7:45 - 9:00 am			
Tuesday and Thursday Afternoon practice	6:00 - 6:45 pm		7:00 - 8:00 pm		



			JULY 2010			
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				10:00 - 11:30	10:00 - 11:30	8:00 Tidal Wave
				Montessori 3&4s	Montessori 3&4s	A Meet @
						Bryn Mar Edsell
				1:30 - 3:30	1:30 - 3:30	
				Montessori 5-10	Montessori 5-10	
				MASTERS SWIM		
				8:00 – 9:00		
4	5	6	7	8	9	10
2 (200)	1:30 - 3:30	12:00 – 1:30		10:00 – 11:30	10:00 – 11:30	MASTERS SWIM
	Montessori 5-10	Curl Burke – 3 Ln		Montessori 3&4s	Montessori 3&4s	8:00 am - 9: 30 am LIFEGUARD CLASS
	POOL CLOSES	1:30 - 3:30		1:30 - 3:30	11:30 - 1:30	8:00 Tidal Wave
Jesty TH	@ 5:00!!!	Montessori 5-10		Montessori 5-10	Frog Pond	A Meet @
	6:00 Tidal Wave					Rolling Valley Kappeler
FOURTH OF JULY PARTY	B Meet @ VH	MASTERS SWIM		MASTERS SWIM	1:30 – 3:30	Birthday Party
1:30 - 4:30	Highland Park	8:00 – 9:00	RAFT NIGHT	8:00 – 9:00	Montessori 5-10	1:00 – 4:00
POOL CLOSES			5:00 - 9:00		LIFEGUARD	Ferrari Birthday
at 6:00					CLASS	Party
ut 0.00						2:00 – 4:00
11	40					
11	12	13	14	15	16	17
	1:30 - 3:30	1:30 – 3:30	14	10:00 – 11:30	10:00 - 11:30	8:00 Tidal Wave A
LIFEGUARD CLASS	1:30 – 3:30 Montessori 5-10	-			-	8:00 Tidal Wave A Meet @ VH
	1:30 - 3:30	1:30 – 3:30	6:00 Tidal Wave Relay Carnival @	10:00 – 11:30	10:00 - 11:30	8:00 Tidal Wave A
	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B	1:30 – 3:30 Montessori 5-10	6:00 Tidal Wave Relay Carnival @ Broyhill Crest	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond	8:00 Tidal Wave A Meet @ VH (Herndon)
	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton	1:30 – 3:30 Montessori 5-10 MASTERS SWIM	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 &
LIFEGUARD CLASS	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out
LIFEGUARD CLASS	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out
LIFEGUARD CLASS 18 Runkle Birthday	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave
LIFEGUARD CLASS 18 Runkle Birthday Party	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH
LIFEGUARD CLASS 18 Runkle Birthday	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave
LIFEGUARD CLASS 18 Runkle Birthday Party	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest)
LIFEGUARD CLASS 18 Runkle Birthday Party	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball
LIFEGUARD CLASS 18 Runkle Birthday Party	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 21	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party
LIFEGUARD CLASS 18 Runkle Birthday Party	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 21	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party
LIFEGUARD CLASS 18 Runkle Birthday Party	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 21	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party
18 Runkle Birthday Party 3:00 – 6:00	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH Hayfield 26 1:30 – 3:30	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM 8:00 – 9:00 29 10:00 – 11:30	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party 4:00 - 7:00
18 Runkle Birthday Party 3:00 – 6:00	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH Hayfield	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 27	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM 8:00 – 9:00 29 10:00 – 11:30 Montessori 3&4s	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party 4:00 - 7:00
18 Runkle Birthday Party 3:00 – 6:00	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH Hayfield 26 1:30 – 3:30	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 27 1:30 – 3:30	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM 8:00 – 9:00 29 10:00 – 11:30	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 30 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party 4:00 - 7:00
18 Runkle Birthday Party 3:00 – 6:00	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH Hayfield 26 1:30 – 3:30	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 27 1:30 – 3:30 Montessori 5-10	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 21 RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM 8:00 – 9:00 29 10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 Talavera Party	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 30 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 1:30 Montessori 3&4s 11:30 – 1:30 Frog Pond	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party 4:00 - 7:00 31 8:00 Tidal Wave Divisionals @ Bryn Mar Edsell
18 Runkle Birthday Party 3:00 – 6:00	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH Hayfield 26 1:30 – 3:30	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 27 1:30 – 3:30 Montessori 5-10 MASTERS SWIM	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 21 RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM 8:00 – 9:00 29 10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 30 10:00 – 11:30 Montessori 3&4s 11:30 – 3:30 Montessori 3&4s 11:30 – 3:30	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party 4:00 - 7:00 31 8:00 Tidal Wave Divisionals @ Bryn Mar Edsell 6:00 Tidal Wave
18 Runkle Birthday Party 3:00 – 6:00	1:30 – 3:30 Montessori 5-10 POOL CLOSES @ 5:00!!! 6:00 Tidal Wave B Meet @ VH Lorton Station 19 1:30 – 3:30 Montessori 5-10 POOL CLOSES 5:00 6:00 Tidal Wave B Meet @ VH Hayfield 26 1:30 – 3:30	1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 20 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 27 1:30 – 3:30 Montessori 5-10	6:00 Tidal Wave Relay Carnival @ Broyhill Crest RAFT NIGHT 5:00 – 9:00 21 RAFT NIGHT 5:00 – 9:00	10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 MASTERS SWIM 8:00 – 9:00 22 Montessori 3&4s: 10-11:30 5-10s: 1:30-3:30 6:00 Tidal Wave A Meet @ Rolling Valley Betko Party 6:00 – 8:00 MASTERS SWIM 8:00 – 9:00 29 10:00 – 11:30 Montessori 3&4s 1:30 – 3:30 Montessori 5-10 Talavera Party	10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 23 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 3:30 Montessori 5-10 30 10:00 – 11:30 Montessori 3&4s 11:30 – 1:30 Frog Pond 1:30 – 1:30 Montessori 3&4s 11:30 – 1:30 Frog Pond	8:00 Tidal Wave A Meet @ VH (Herndon) Tidal Wave Team Photo @ 6:00 & Camp Out 24 8:00 Tidal Wave A Meet @ VH (Broyhill Crest) Manzo Softball Party 4:00 - 7:00 31 8:00 Tidal Wave Divisionals @ Bryn Mar Edsell

			AUGUST 2010			
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	1:30 - 3:30	1:30 - 3:30		10:00 - 11:30	10:00 - 11:30	
Tarpe/Paik Party 4:30 – 7:00	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	
				1:30 – 3:30	11:30 – 1:30	
Tarpe/Paik Party 2:00 – 4:00				Montessori 5-10	Frog Pond	
		MASTERS SWIM	RAFT NIGHT	MASTERS SWIM	1:30 – 3:30	
		8:00 – 9:00	5:00 – 9:00	8:00 – 9:00	Montessori 5-10	
8	9	10	11	12	13	14
0	1:30 – 3:30	1:30 – 3:30	' '	10:00 – 11:30	10:00 – 11:30	14
	Montessori 5-10	Montessori 5-10		Montessori 3&4s	Montessori 3&4s	
	101111111111111111111111111111111111111	Wiontesson 5 10		Wortessorr	Wientesson suns	
				1:30 - 3:30	11:30 - 1:30	
				Montessori 5-10	Frog Pond	Adult Pot Luck
		NAACTEDS CVAUNA	DAET NICHT	MASTERS SWIM	1:30 - 3:30	Silly Hat Party
		8:00 – 9:00	RAFT NIGHT 5:00 – 9:00	8:00 - 9:00	Montessori 5-10	8:00 – 11:00
		0.00 5.00	3.00 – 3.00	0.00 5.00	Wortessort 3-10	
15	16	17	18	19	20	21
Bednarek Party	1:30 - 3:30	1:30 - 3:30	1:30 - 3:30	10:00 - 11:30	10:00 – 11:30	
3:00 – 6:00 am	Montessori 5-10	Montessori 5-10	Montessori 5-10	Montessori 3&4s	Montessori 3&4s	Johnson Party 9:30 –
				1:30 - 3:30	11:30 - 1:30	12:00/Noon
				Montessori 5-10	Frog Pond	
						von Schmidt-
		MASTERS SWIM	RAFT NIGHT	MASTERS SWIM	1:30 – 3:30	Pauli Party
		8:00 – 9:00	5:00 – 9:00	8:00 – 9:00	Montessori 5-10	2:00 – 4:00
22	23	24	25	26	27	28
Johnson Party	1:30 - 3:30	1:30 - 3:30	1:30 - 3:30	10:00 – 11:30	10:00 – 11:30	
9:30 – 12:00 am (RAIN DATE)	Montessori 5-10	Montessori 5-10	Montessori 5-10	Montessori 3&4s	Montessori 3&4s	
				1:30 - 3:30	11:30 - 1:30	
Balkissoon Party				Montessori 5-10	Frog Pond	
4:00 – 7:00 am						
(RAIN DATE)		MASTERS SWIM	RAFT NIGHT	MASTERS SWIM	1:30 – 3:30	
		8:00 – 9:00	5:00 – 9:00	8:00 – 9:00	Montessori 5-10	
29	30	31				
		MASTERS SWIM				
		8:00 - 9:00				



SEPTEMBER 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDA	THURSDAY	FRIDAY	SATURDAY
			1	MASTERS SWIM 8:00 – 9:00	3	End of Season Appreciation 4:00 – 10:00
5	6 Labor Day	7 School	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SEE YOU IN 2011!