

Revised 5/24

# May 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 -Memorial Day	30 -Afternoon Practice	31 -Afternoon Practice			

# Revised 5/24 June 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 -Afternoon Practice	2 -Afternoon Practice	3 -NVSL University 8:00 am
4	5 -Afternoon Practice -Suit purchase / Parent Meeting 6:00 - 8:00 pm	6 -Afternoon Practice	7 -Afternoon Practice	8 -Afternoon Practice	9 Afternoon Practice	10 -Stroke and Turn Clinic @ VH 8:00 am
11	12 -Afternoon Practice	13 -Afternoon Practice	14 -Afternoon Practice	15 -Afternoon Practice	16 -Meet Brief @ 5:30 -Spaghetti Dinner @ 6:30 -Registration Due	17 -Time Trials @ High- land Park
18	19 -Afternoon Practice -B Meet @ VH w/ Stratford Landing	20 -Afternoon Practice -Last Day of School	21 -Morning Practice	22 -Morning Practice -Evening Practice	23 -Team Photos @ 8:00 am -Pep Rally @ 6:30	24 -A Meet @ VH w/ Brandywine -Team Campout
25 -Sunday Practice	26 -Morning Practice -B Meet @ Little Hunting Park	27 -Morning Practice -Evening Practice	28 -Morning Practice -Fort Hunt Relay	29 -Morning Practice -Evening Practice	30 -Morning Practice -Pep Rally @ 6:30	

# Revised 5/24 July 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 -A Meet @ Holmes Run
2 -Sunday Practice -Ice Cream Social 7:00 pm	3 -Morning Practice	4 -Morning Practice ?	5 -Morning Practice -B Meet @ VH w/ Highland Park	6 -Morning Practice -Evening Practice	7 -Morning Practice -Pep Rally	8 -A Meet @ VH w/ Village West
9 -Sunday Practice	10 -Morning Practice -B Meet @ Hollins Meadows	11 -Morning Practice -Evening Practice	12 -Morning Practice -Relay Carnival at Parklawn	13 -Morning Practice -Evening Practice	14 -Morning Practice -Pep Rally @ 6:30	15 -A Meet @ Long Branch
16 -Sunday Practice -Ice Cream Social 7:00 pm	17 -Morning Practice -B Meet @ VH w/ Hayfield	18 -Morning Practice -Evening Practice	19 -Morning Practice	20 -Morning Practice -Evening Practice	21 -Morning Practice -Pep Rally @ 6:30	22 -A Meet @ VH w/ Parklawn
23 -Sunday Practice	24 -Morning Practice -IM Invitational	25 -Morning Practice -Evening Practice	26 King's Dominion	27 -Morning Practice -Evening Practice	28 -Morning Practice	29 -Divisionals @ Long Branch -Team Banquet
30	31					

Revised 5/24

# August 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 <i>-NVSL All Stars</i>
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		