



Virginia Hills Tidal Wave Spring Swim Program

**Developmental starts, strokes,
turns and finish techniques**

Lee District RECenter
Telegraph Road and Rose Hill Drive

10 Swim sessions

March 1 through May 17

No Practice: April 5, April 12

\$65 each swimmer

Name of swimmer(s)	Birth date(s)	Fee - \$65 each swimmer
TOTAL:		
(make check payable to Virginia Hills Club and bring to practice)		

Home Address: _____

Home Phone: _____

Parent(s) / Guardian(s):

Name _____ Phone (W): _____ Cell: _____

E-mail address (please print clearly):

_____ @ _____

Name _____ Phone (W): _____ Cell: _____

E-mail address (please print clearly):

_____ @ _____

Consent:

In consideration of my child(ren)'s acceptance for training, I waive, release and forever discharge all rights and claims for damages which may be sustained and suffered by my child(ren) in connection with training.

Parent/Guardian Signature

Date
