



Virginia Hills Swim Club  
serving the community since 1955  
Home of the **Tidal Wave** Swim Team

# JUNE 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Tidal Wave Away Events</b> June 15 - Practice Meet at Highland Park June 17 - B Meet at Hollin Meadows June 29 - A Meet at Parklawn						1
2	3	4	5	6	7	8
		Masters Swim 8:00-9:00		Masters Swim 8:00-9:00		Stroke & Turn Clinic 8:00-10:30
						Lentini Party 4:00-6:00
9	10	11	12	13	14	15
		Masters Swim 8:00-9:00		Masters Swim 8:00-9:00		
HAPPY FATHER'S Day!	16	17	18	19	20	21
		Masters Swim 8:00-9:00		Masters Swim 8:00-9:00		Tidal Wave A Meet vs Pleasant Valley 8:00-12:00
						POOL OPENS 12:00
					Tidal Wave Spaghetti Dinner - 6:00-8:00	
23	24	25	26	27	28	29
	Montessori: 5-10 10:30-12:00	Montessori: 5-10 10:30-12:00	Montessori: 5-10 10:30-12:00	Montessori: 3-4 10:30-12:00	Montessori: 3-4 10:30-12:00	
		Curl Burke Clinic 11:30-1:00 (3 lanes)				
	POOL CLOSING 5:00					
	Tidal Wave B Meet vs Little Hunting 5:00	Masters Swim 8:00-9:00		Masters Swim 8:00-9:00		
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