

VIRGINIA HILLS SWIM TEAM REGISTRATION

Family Name: _____

Mother / Father: _____

Address: _____

Home Phone: _____

Work Phone:

Cell Phone:

Email:

Mother: _____

Father: _____

SWIMMER(S)	SEX <i>M / F</i>	BIRTH DATE <i>MM / DD / YY</i>	FEE	TOTAL
			\$80	
			\$65	
			\$50	
			\$50	
			\$50	
			\$50	

Total Amount Due: <i>(Must be paid in full prior to Time Trials)</i> Checks payable to: Virginia Hills Club	\$ _____
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Release:

I give the Virginia Hills Swim Club permission to publish in print, electronic or video format the likeness or image of the above listed swimmers.

I release the Virginia Hills Club and their assigns, agents, etc. of any responsibility for any injury to my child/children listed above, incurred during the summer swim team program.

Parent/Guardian

Date

Volunteer Commitment

In order for our swim season to run smoothly and efficiently, we need every family to help with some aspect of running every swim meet.

I, (parent) _____ understand that if my child swims with the Tidal Wave, my family will be required to provide swim meet volunteer time and effort.

Parent's Signature **(REQUIRED)** _____

Below is a listing of volunteer opportunities available. Please check at least two positions in addition to the timer position already marked.

Volunteer Positions

*** NVSL clinic attendance is required**

- | | |
|-------------------------------------|--------------------------------|
| <input type="checkbox"/> | Assistant Team Rep |
| <input type="checkbox"/> | Computer Data Entry / Printing |
| <input type="checkbox"/> | Referee * |
| <input type="checkbox"/> | Starter * |
| <input type="checkbox"/> | Stroke and Turn Judge * |
| <input type="checkbox"/> | Relay Take-Off Judge |
| <input type="checkbox"/> | Table Chief |
| <input type="checkbox"/> | Table Worker |
| <input type="checkbox"/> | Chief Timer |
| <input type="checkbox"/> | Assistant Chief Timer |
| <input type="checkbox"/> | Clerk of Course |
| <input type="checkbox"/> | Assistant Clerk of Course |
| <input type="checkbox"/> | Marshal |
| <input type="checkbox"/> | Announcer |
| <input type="checkbox"/> | Meet Runner |
| <input type="checkbox"/> | Meet Setup Coordinator |
| <input type="checkbox"/> | Ripple Race Coordinator |
| <input checked="" type="checkbox"/> | Timer |

- | | |
|--------------------------|--|
| <input type="checkbox"/> | Volunteer Coordinator |
| <input type="checkbox"/> | Concessionaire (Head) |
| <input type="checkbox"/> | Concessionaires (Assistant) |
| <input type="checkbox"/> | Pasta Potluck Dinner Coordinator |
| <input type="checkbox"/> | Campout Coordinator |
| <input type="checkbox"/> | King Dominion Coordinator |
| <input type="checkbox"/> | Ice Cream Social Sponsor |
| <input type="checkbox"/> | Trophy Coordinator |
| <input type="checkbox"/> | Legacy Awards Committee |
| <input type="checkbox"/> | Pep Rally Coordinator |
| <input type="checkbox"/> | Team Area Chaperone |
| <input type="checkbox"/> | Social Event Chaperone |
| <input type="checkbox"/> | Aqua-thon Coordinator |
| <input type="checkbox"/> | 50/50 Raffle Coordinator |
| <input type="checkbox"/> | Team Picture Coordinator |
| <input type="checkbox"/> | Team Banquet Coordinator |
| <input type="checkbox"/> | Banquet Night Family Relay Coordinator |

VIRGINIA HILLS TIDAL WAVE SWIM TEAM
2007 Swimmer Meet Availability

Family Name: _____

Please check Yes or No for each meet, indicating whether your swimmer can or can not attend. Turn in the completed form on or before June 15 to Keith Rogers or Joanne Carter. If plans change once you've turned in this form, please notify Keith Rogers or Joanne Carter in writing ASAP. Thank you for providing this very important information!

Date	Swimmer's Name _____	Swimmer's Name _____	Swimmer's Name _____	Swimmer's Name _____	Swimmer's Name _____
6/16 Saturday 9am Time Trials for all swimmers @ VH	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
6/23 Saturday 9am @ Ilda Community	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
6/30 Saturday 9am vs Lincolnia Park @ VH	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
7/7 Saturday 9 am @ Sommerset Olde Creek	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
7/11 Wednesday 6pm Divisional Relay Carnival @ VH	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
7/14 Saturday 9 am vs Springboard @ VH	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
7/21 Saturday 9am @ Annandale	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
7/23 Monday 5pm IM Invitational	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
7/27 Saturday 9am Divisionals @ Ilda Community	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>

Note: Monday night developmental (B) meet dates are not included on this form

May 2007

May 2007							June 2007						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		May 1	2	3	4	5
				7:30pm Season Kick-Off Parent Meeting @ the Area 1 Admin Office (old VH School) 6520 Diana Ln		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
						VH Pool Opens
27	28	29	30	31		
		PM practices (4:30-7:00)	PM practices (4:30-7:00)	PM practices (4:30-7:00)		

June 2007

June 2007							July 2007						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
3	4	5	6	7	8	9	1	2	3	4	5	6	7
10	11	12	13	14	15	16	8	9	10	11	12	13	14
17	18	19	20	21	22	23	15	16	17	18	19	20	21
24	25	26	27	28	29	30	22	23	24	25	26	27	28
							29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					June 1 PM practices (4:30-7:00)	2 8:00am NVSL-U Clinics (@ Falls Church HS see NVSL website for details)
3	4 PM practices (4:30-7:00) 6:00pm Suit purchase / Parent Meeting	5 PM practices (4:30-7:00)	6 PM practices (4:30-7:00)	7 PM practices (4:30-7:00)	8 PM practices (4:30-7:00)	9 8:00am Stroke & Turn Clinic (@ VH)
10	11 PM practices (4:30-7:00)	12 PM practices (4:30-7:00)	13 PM practices (4:30-7:00)	14 PM practice (4:30-7:00)	15 Registration Due!! 6:00pm Spaghetti Dinner	16 9:00am Time Trials (@ VH w/Highland Park)
17	18 Last School Day 6:00pm B meet (@ Stratford Landing)	19 AM Practices (8:00-11:30) PM Practices (5:00-7:00)	20 AM Practices (8:00-11:30)	21 AM Practices (8:00-11:30) PM Practices (5:00-7:00)	22 AM Practices (8:00-11:30) Team Photos (@ AM Practice	23 9:00am A Meet (@ Ilda Community "Clippers") 5:00pm Team Campout
24 6:00pm Ice Cream Social	25 AM Practices (8:00-11:30) 6:00pm B meet (@ VH w/Little Hunting Park)	26 AM Practices (8:00-11:30) PM Practices (5:00-7:00)	27 AM Practices (8:00-11:30) 6:00pm Ft Hunt Sportsmen's Assoc Relays (@ TBD)	28 AM Practices (8:00-11:30) PM Practices (5:00-7:00)	29 AM Practices (8:00-11:30)	30 9:00am A Meet (@ VH vs/Lincolnia Park "Lazers")

July 2007

July 2007							August 2007						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14		5	6	7	8	9	10
15	16	17	18	19	20	21		12	13	14	15	16	17
22	23	24	25	26	27	28		19	20	21	22	23	24
29	30	31						26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 1	2	3	4	5	6	7
	AM Practices (8:00-11:30) 6:00pm B meet (@ Highland Park)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30)	9:00am A Meet (@ Sommerset Olde Creek "Stingray")
8	9	10	11	12	13	14
6:00pm Ice Cream Social	AM Practices (8:00-11:30) 6:00pm B meet (@ VH w/Lorton Station)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30) 6:00pm Relay Carnival (@ VH)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30)	9:00am A Meet (@ VH vs/Springboard "Barracudas")
15	16	17	18	19	20	21
	AM Practices (8:00-11:30) 6:00pm B meet (@ Hayfield)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30) 4:00pm All-Star Relay Carnival (@ Springboard)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30)	9:00am A Meet (@ Annandale "Red Tide")
22	23	24	25	26	27	28
6:00pm Ice Cream Social	AM Practices (8:00-11:30) 5:00pm IM Invitational (@ TBA)	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	Kings Dominion	AM Practices (8:00-11:30) PM Practices (5:00-7:00)	AM Practices (8:00-11:30)	9:00am Divisionals (@ Ilda Community "Clippers") 5:00pm Season End Banquet (@ VH)
29	30	31				

August 2007

August 2007						
S	M	T	W	T	F	S
5	6	7	1	2	3	4
12	13	14	8	9	10	11
19	20	21	15	16	17	18
26	27	28	22	23	24	25
			29	30	31	

September 2007						
S	M	T	W	T	F	S
2	3	4	5	6	7	1
9	10	11	12	13	14	8
16	17	18	19	20	21	15
23	24	25	26	27	28	22
30						29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			August 1	2	3	4
						9:00am Individual All-Stars (@ Wakefield Chapel)
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	