





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		Montessori: 5-10 10:30-12:30 Curl Burke Clinic 11:30-1:00 (3 lanes)	Montessori: 5-10 10:30-12:30		Montessori: 3-4 10:00-11:30	Tidal Wave A Meet vs Somerset Olde Creek 8:00-12:00 <b>POOL OPENS 12:00</b>
	<b>POOL CLOSSES 5:00</b>			4th of July Party		
	Tidal Wave B Meet vs Highland Park 5:00	Masters Swim 8:00-9:00	Raft Night 5:00-9:00 	<b>POOL CLOSSES 6:00</b>	Tidal Wave Pep Rally 6:00-8:00	Tidal Wave Camp Out - 5:00
7	8	9	10	11	12	13
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30 Curl Burke Clinic 11:30-1:00 (3 lanes)	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	Tidal Wave A Meet vs Lincolnia Park 8:00-12:00 <b>POOL OPENS 12:00</b>
	<b>POOL CLOSSES 5:00</b>					
	Tidal Wave B Meet vs Lorton Stat. 5:00	Masters Swim 8:00-9:00	Raft Night 5:00-9:00 	Masters Swim 8:00-9:00	Tidal Wave Pep Rally 6:00-8:00	
14	15	16	17	18	19	20
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	
Whitman Party 2:00-5:00			<b>POOL CLOSSES 7:30</b>			
		Masters Swim 8:00-9:00	Movie Night 8:30 Gates Open	Masters Swim 8:00-9:00		
21	22	23	24	25	26	27
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	
		Masters Swim 8:00-9:00	Raft Night 5:00-9:00 	Masters Swim 8:00-9:00		Tidal Wave Banquet 6:00 - 8:00
28	29	30	31	<b>Tidal Wave Away Events</b> July 10 - Relay Carnival at Pleasant Valley July 15 - B Meet at Hayfield July 20 - A Meet at Herndon July 27 - Divisionals @ Parklawn		
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30			
Masters Swim 8:00-9:00		Masters Swim 8:00-9:00	Raft Night 5:00-9:00 			



Virginia Hills Swim Club  
serving the community since 1955  
Home of the **Tidal Wave** Swim Team

# AUGUST 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Montessori: 3-4 10:30-12:00  Masters Swim 8:00-9:00	2 Montessori: 3-4 10:30-12:00	3
	1 Montessori: 5-10 10:30-12:30  Martin Party 1:30-4:30	6 Montessori: 5-10 10:30-12:30  Masters Swim 8:00-9:00	7 Montessori: 5-10 10:30-12:30  Raft Night 5:00-9:00 	8 Montessori: 3-4 10:00-11:30  Masters Swim 8:00-9:00	9 Montessori: 3-4 10:00-11:30	10
	11 Montessori: 5-10 10:30-12:30  Whitman Party 3:00-6:00	12 Montessori: 5-10 10:30-12:30  Masters Swim 8:00-9:00	13 Montessori: 5-10 10:30-12:30  Raft Night 5:00-9:00 	14 Montessori: 3-4 10:00-11:30  Masters Swim 8:00-9:00	15 Montessori: 3-4 10:00-11:30	16
	18 Montessori: 5-10 10:30-12:30  Montoya Party 4:30-8:00	19 Montessori: 5-10 10:30-12:30  Masters Swim 8:00-9:00	20 Montessori: 5-10 10:30-12:30  Raft Night 5:00-9:00 	21 Montessori: 3-4 10:00-11:30  Masters Swim 8:00-9:00	22 Montessori: 3-4 10:00-11:30	23
	25	26	27 Masters Swim 8:00-9:00	28 Raft Night 5:00-9:00 	29 Masters Swim 8:00-9:00	30
						31



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# SEPTEMBER 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>Labor Day</b> ★☆☆★★★  <b>POOL CLOSSES AT 6:00 PM</b>	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					