






Sun	Mon	Tue	Wed	Thu	Fri	Sat
Tidal Wave Away Events June 15 - Practice Meet at Highland Park June 17 - B Meet at Hollin Meadows June 29 - A Meet at Parklawn						1
2	3	4	5	6	7	8
		Masters Swim 8:00-9:00		Masters Swim 8:00-9:00		Stroke & Turn Clinic 8:00-10:30
						Lentini Party 4:00-6:00
9	10	11	12	13	14	15
						Taylor Party 11:00-2:00
Lentini Party 4:00-6:00		Masters Swim 8:00-9:00		Masters Swim 8:00-9:00	Speicher Party 5:00-8:00	
16	17	18	19	20	21	22
HAPPY FATHER'S Day!		End of School Pty 4:00-6:00	Rickman Party 12:00-5:00	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	Tidal Wave A Meet vs Pleasant Valley 8:00-12:00
		Masters Swim 8:00-9:00		Masters Swim 8:00-9:00	Tidal Wave Spaghetti Dinner - 6:00-8:00	POOL OPENS 12:00
23	24	25	26	27	28	29
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	Focht Party 1:00-4:00
		Curl Burke Clinic 11:30-1:00 (3 lanes)				
	POOL CLOSING 5:00					
	Tidal Wave B Meet vs Little Hunting 5:00	Masters Swim 8:00-9:00		Masters Swim 8:00-9:00		
30						

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		Montessori: 5-10 10:30-12:30 Curl Burke Clinic 11:30-1:00 (3 lanes)	Montessori: 5-10 10:30-12:30		Montessori: 3-4 10:00-11:30	Tidal Wave A Meet vs Somerset Olde Creek 8:00-12:00 POOL OPENS 12:00
	POOL CLOSSES 5:00			4th of July Party TBD POOL CLOSSES 6:00		
	Tidal Wave B Meet vs Highland Park 5:00	Masters Swim 8:00-9:00	Raft Night 5:00-9:00 		Tidal Wave Pep Rally 6:00-8:00	Tidal Wave Camp Out - 5:00
7	8	9	10	11	12	13
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30 Curl Burke Clinic 11:30-1:00 (3 lanes)	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	Tidal Wave A Meet vs Lincolnia Park 8:00-12:00 POOL OPENS 12:00
	POOL CLOSSES 5:00					
	Tidal Wave B Meet vs Lorton Stat. 5:00	Masters Swim 8:00-9:00	Raft Night 5:00-9:00 	Masters Swim 8:00-9:00	Tidal Wave Pep Rally 6:00-8:00	
14	15	16	17	18	19	20
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	
Whitman Party 2:00-5:00						
		Masters Swim 8:00-9:00	Raft Night 5:00-9:00 	Masters Swim 8:00-9:00		
21	22	23	24	25	26	27
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 3-4 10:00-11:30	Montessori: 3-4 10:00-11:30	
		Masters Swim 8:00-9:00	Raft Night 5:00-9:00 	Masters Swim 8:00-9:00		Tidal Wave Banquet 6:00 - 8:00
28	29	30	31	Tidal Wave Away Events July 10 - Relay Carnival at Pleasant Valley July 15 - B Meet at Hayfield July 20 - A Meet at Herndon July 27 - Divisionals @ Parklawn		
	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30	Montessori: 5-10 10:30-12:30			
		Masters Swim 8:00-9:00	Raft Night 5:00-9:00 			



Virginia Hills Swim Club
serving the community since 1955
Home of the **Tidal Wave** Swim Team

AUGUST 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Montessori: 3-4 10:30-12:00 Masters Swim 8:00-9:00	2 Montessori: 3-4 10:30-12:00	3
	1 Montessori: 5-10 10:30-12:30	2 Montessori: 5-10 10:30-12:30 Masters Swim 8:00-9:00	3 Montessori: 5-10 10:30-12:30 Raft Night 5:00-9:00 	4 Montessori: 3-4 10:00-11:30 Masters Swim 8:00-9:00	5 Montessori: 3-4 10:00-11:30	6
4 Whitman Party 3:00-6:00	5 Montessori: 5-10 10:30-12:30	6 Montessori: 5-10 10:30-12:30 Masters Swim 8:00-9:00	7 Montessori: 5-10 10:30-12:30 Raft Night 5:00-9:00 	8 Montessori: 3-4 10:00-11:30 Masters Swim 8:00-9:00	9 Montessori: 3-4 10:00-11:30	10
11	12 Montessori: 5-10 10:30-12:30	13 Montessori: 5-10 10:30-12:30 Masters Swim 8:00-9:00	14 Montessori: 5-10 10:30-12:30 Raft Night 5:00-9:00 	15 Montessori: 3-4 10:00-11:30 Masters Swim 8:00-9:00	16 Montessori: 3-4 10:00-11:30	17
18	19 Montessori: 5-10 10:30-12:30	20 Montessori: 5-10 10:30-12:30 Masters Swim 8:00-9:00	21 Montessori: 5-10 10:30-12:30 Raft Night 5:00-9:00 	22 Montessori: 3-4 10:00-11:30 Masters Swim 8:00-9:00	23 Montessori: 3-4 10:00-11:30	24
25	26	27 Masters Swim 8:00-9:00	28 Raft Night 5:00-9:00 	29 Masters Swim 8:00-9:00	30	31



Virginia Hills Swim Club
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SEPTEMBER 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day ★☆☆★★★ POOL CLOSURES AT 6:00 PM	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					