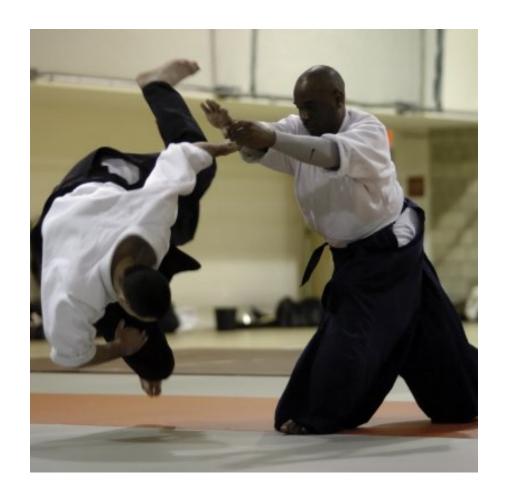




Come watch a martial arts movie in real life!

## Spring Aikido Seminar Instructors' Demonstration



Saturday, April 24<sup>th</sup> 4:10-4:55 PM QRAC

Participate in the seminar earlier in the afternoon, or just stop by at 4 PM to watch some high level aikido!