



HARVARD AIKIKAI
AIKIDO AT HARVARD UNIVERSITY



OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

OSAPR AND HARVARD AIKIKAI PRESENT

AIKIDO FOR SELF- DEFENSE!

**SATURDAY, OCTOBER 24TH 12:30-2:30
IN THE QRAC RACQUETBALL COURTS (LOWER LEVEL)**

NO SIGN-UP REQUIRED, JUST SHOW UP ON TIME IN COMFY CLOTHES, NO ZIPPERS OR HOODS! ALL GENDERS WELCOME!

CONTACT LINDA AT PFOHO-SASH@FAS.HARVARD.EDU FOR DETAILS

[HTTP://WWW.HCS.HARVARD.EDU/~AIKIDO/01HOME/HOME.HTM](http://www.hcs.harvard.edu/~aikido/01HOME/HOME.HTM)

Office of Sexual Assault Prevention and Response

at Harvard University



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