

# CAROLYN WILKINSON

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## ABOUT ME

My name is Carolyn Wilkinson (née Thomas) and I'm professional singer, vocal coach and Registered Music Therapist (RMT) with training in Neurologic Music Therapy. I have been working as a vocal coach and music tutor since 2015 after graduating my Bachelor of Contemporary Music at the Western Australian Academy of Performing Arts. I have also worked as an RMT in the disability sector since 2022, and I work with clients of all ages and circumstances. I have also recently begun studying my Diploma of Counselling. I am a strong vocalist and performer and an empathetic and effective teacher. I have a strong knowledge of vocal technique, music theory and teaching. My personal strengths include that I am hardworking, self-motivated and creative. I show initiative in my work, I am skilled in problem solving, and I am organised and punctual. I work well in a team and am very personable.

## WORK HISTORY

### Vocal Tutor

- Conducted private vocal lessons emphasising vocal health and individuality.
  - o Self-employed, 2015 – current
  - o School of Rock Perth, 2017 – 2021
  - o All Saint's College, 2019 – 2023
  - o Kennedy Baptist College, 2020 – 2023
  - o Variety Choir Assistant and Director, 2021 - 2022

### Registered Music Therapist

- Operated private practice involving implementation and evaluation of effective and goal-oriented music therapy interventions for clients of all ages and circumstances in the community, as well as keeping thorough documentation and developing strong administrative skills.
- Worked as a contracted RMT for various companies, implementing effective music therapy interventions and working within different teams to achieve client goals and educate other staff members.
  - o Self-employed at Thrive Music Therapy, 2022 – current
  - o Contracted RMT for Little Lamb Music Therapy, 2022 – current
  - o Contracted RMT for Attuned Health, 2023 – current
  - o Advisory RMT for Memory Nurture, 2022 – current

### Freelance Musician

- Performed at many different venue types in various contexts, including as a soloist, in a duo, and in bands.
  - o Self-employed, 2016 - current

## ACCOMPLISHMENTS

2024

- Accepted to study a Diploma of Counselling with the Australia Institute of Professional Counsellors
- Completed Pathologic Demand Avoidance introductory training

2022

- Completed Neurologic Music Therapy Training

2021

- Graduated Master of Music Therapy
- Accepted by the Australian Music Therapy Association as a Registered Music Therapist (RMT)

2020

- Accepted to study a Master of Music Therapy at the University of Melbourne (online student)

2017

- Released self-titled EP and did an EP Launch

2015

- Completed a Bachelor degree of Music at the Western Australian Academy of Performing Arts
- Member of the Golden Key Academic Association

2012

- Completed a Certificate IV in Music: Songwriting, Performance and Production

2011

- Completed ATAR at Penrhos College

## **EDUCATION**

- Master of Music Therapy – The University of Melbourne (2020-2021)
  - o Student placements including hospital work (oncology), aged care, community disability support and education settings.
- Diploma of Counselling – Australian Institute of Professional Counsellors (In progress, to be completed in 2025)
- Bachelor of Music (Contemporary) – Western Australian Academy of Performing Arts (2015)
- Certificate IV in Music – Songwriting, Performance and Production - Mount Pleasant Baptist Community College (2012)
- High School Diploma – Penrhos College

## **CERTIFICATES/QUALIFICATIONS**

- Registered Music Therapist with the Australian Music Therapy Association, registration number 786
- Neurologic Music Therapist Training
- Working with Children's Check (no. 1175159)
- National Police Clearance
- Full C class Driving Licence
- First Aid Certificate

## **VOLUNTEERING**

I volunteered for 7 years at my church in the youth group, which involved leading and mentoring a small group of teenage girls as they went through high school. I also lead and performed in the youth band for many years.

In 2018 I began volunteering with Amana Living with their Tune Into Life program at Frederick Guest Hostel, working with clients suffering dementia. The program involves spending time with the clients and listening to music in order to inspire reminiscence and social interactions. I have also volunteered with a cancer support choir at Solaris Cancer Care as a vocal instructor.

## **REFEREES**

- Janelle Anthony, Music Director of Kennedy Baptist College:

- 0426 198 333
  - [janthony@kennedy.wa.edu.au](mailto:janthony@kennedy.wa.edu.au)
- Izzy Burford, Personal Mentor
  - 0412 733 515