

Andres Carranco

Experience

2011-2015 Rideau Canoe Club Ottawa, ON

Development Coach

- Coached Train to Train and Learn to Compete athletes in the U15 and U17 programs
- Helped mentor the junior coaches

2014-2015 Prophysio & Sport Medicine Center Ottawa, ON

Kinesiologist

- Part of a multidisciplinary team with the prescription and monitoring of exercise-based rehabilitation programs

2012-2013 Lions Track and Field Club Ottawa, ON

Development Coach

- Coached younger athletes develop the basics skills needed for track and field events in the fall and winter sessions

2010 Rideau Canoe Club Ottawa, ON

Paddle All Volunteer

- Helped people with disabilities start in the sport of kayaking

Education

2011-2015 University of Ottawa Ottawa, ON

- Bachelor of Science with specialization in Human Kinetics (Honours)
- Minor in physics

2007-2011 Glebe Collegiate Institute Ottawa, ON

- High school diploma in French immersion

2015 NCCP Ottawa, ON

- ELCC Certified – Canoe Kayak
- Run, Jump Throw trained

2014 CPR-C Ottawa, ON

- Trained in CPR and defibrillator use

2015 Drivers Licence Ottawa, ON

- Class G licence

References

Anne Rimes - High school ski coach/teacher

- Email: anne.rimes@ocdsb.ca
- Phone: (613) 239-2424 ext.2154

Wade Farquharson – Head Coach, Rideau Canoe Club

- Email: wadefarquharson@bell.net
- Phone: (613) 784-0801

Stuart Wilson – U17 Coordinator, Rideau Canoe Club

- Email: coach.stu@rideaucanoeclub.ca
- Phone: (613) 863-1615