

Thirst and Alertness: R Markdown Document

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Rmcorr Background (repeated measures correlation)

Rmcorr estimates the common regression slope, the association shared among individuals, and does not violate the assumption of independence of observations. With this we can assure that the changes in thirst are associated with changes in alertness ($R^2 = .29$, $p < .001$)

For more details on using rmcorr see <https://cran.r-project.org/web/packages/rmcorr/rmcorr.pdf> (<https://cran.r-project.org/web/packages/rmcorr/rmcorr.pdf>).

Summary of Dataset

Our dataset is summarized below:

```
##      SubNum      Group      Visits      ThirstChange
##  Min.   :  1.00  Length:230  Length:230  Min.    :-126.667
## 1st Qu.: 35.25  Class :character  Class :character 1st Qu.: -19.750
## Median : 78.00  Mode  :character  Mode  :character Median   :   9.000
## Mean   : 75.55                      Mean    :   8.223
## 3rd Qu.:112.75                      3rd Qu.:  36.000
## Max.   :144.00                      Max.    : 133.000
## AlertChange
##  Min.    :-95.000
## 1st Qu.: -24.750
## Median  : -4.000
## Mean    : -6.136
## 3rd Qu.:  13.000
## Max.    :100.000
```

R Packages Used in Analysis

```
library(rmcorr)
library(ggplot2)
library(tidyverse)
```

```
## -- Attaching packages -----
----- tidyverse 1.2.1 --
```

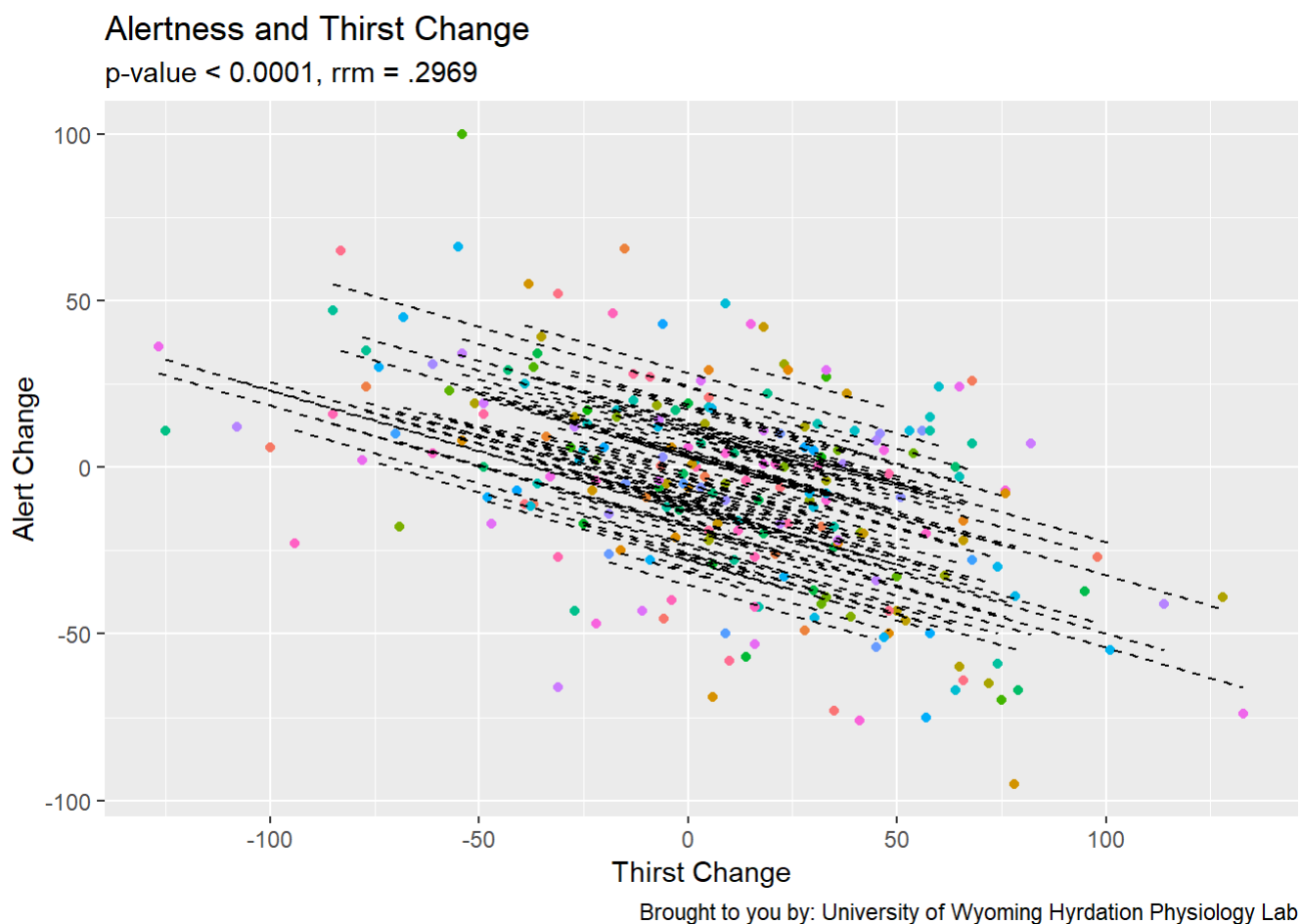
```
## v tibble 1.4.2      v purrr  0.2.5
## v tidyr  0.8.1      v dplyr  0.7.6
## v readr  1.1.1      v stringr 1.3.1
## v tibble 1.4.2      v forcats 0.3.0
```

```
## -- Conflicts -----
--- tidyverse_conflicts() ---
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()    masks stats::lag()
```

```
library(tidyr)
```

Plotting with rmcrr

Below is the visualization for the Thirst Change and Alertness Data using repeated measures:



(Note that the colors are paired and graded. Depending on display settings, colors may appear in more or less detail.)

Detailed Code

Below is a detail summary of the code used in this analysis (for reference in future studies)

```

# Sub_Num <- tibble(df$SubNum)
# Thirst_Change <- tibble(df$ThirstChange)
# Alert_Change <- tibble(df$AlertChange)
# library(rmcorr)
# rmcorr(Sub_Num, Thirst_Change, Alert_Change, df)
# ggplot(df, aes(x = TC, y = AC, group = factor(Num)), color = factor(Num)) +
#   geom_point(aes(color = factor(Num)), show.legend = FALSE) +
#   geom_line(aes(y = my_rmc$model$fitted.values), linetype = 2) +
#   labs(x = "Thirst Change", y = "Alert Change", title = "Alertness and Thirst Change", subtitle =
# "p-value < 0.0001,
# rrm = .2969", caption = "Brought to you by: University of Wyoming Hydration Physiology Lab")

```

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