



DiscNW – COVID-19 Code of Conduct

As DiscNW begins our phased return to play, the health and safety of players, coaches, families and staff, remains a top priority. DiscNW has implemented several new policies to help mitigate exposure to the COVID-19 virus, including health and symptom monitoring, rules modifications and operational changes that encourage social distancing, wearing of personal protective equipment, and increased cleaning and sanitizing of equipment.

But we need your help

In order to provide the lowest risk environment, all players, coaches, family members and staff must understand and agree to comply with the following health and safety requirements when attending a DiscNW event.

First and foremost:

DO NOT COME TO ANY DISCNW EVENT IF YOU ARE SICK OR IF YOU HAVE ANY SIGNS OR SYMPTOMS OF ILLNESS INCLUDING FEVER, COUGH, OR SHORTNESS OF BREATH. REPORT ANY CONFIRMED CASE OF COVID-19 TO covid@discnw.org

If you are not sick, and do not have any symptoms of illness, by attending a DiscNW event you agree to abide by the following policies and procedures:

- **Symptom Attestation:** All players, coaches, and staff must check their temperature as well as answer the RSVP symptom screening questions through their DiscNW log in within 12 hours before the start of their scheduled event.
- Upon arriving at their event each attendee must check in with the onsite Covid managers to confirm their symptom attestation has been recorded.
- **Personal Protective Equipment:** All players, coaches, families and staff are required to wear [effective protective face coverings](#) at all times during the event and on the way to and from the event. DiscNW will supply face masks for anyone who needs a mask, or you are welcome to wear your own. Anyone using a personal, reusable mask should follow CDC guidelines for maintaining and sanitizing a reusable mask. Cloth masks must be at least two layers. No neck gaiters. Mask may be removed to hydrate but you must be at least 10ft away from any other person.
- **Personal Hygiene:** In addition to wearing personal protective equipment, DiscNW expects all players, coaches, and staff to follow CDC guidelines of frequent hand washing using soap and water for at least 20 seconds or the use of hand sanitizer containing at least 60% alcohol when hand washing is not feasible. Also, avoid touching your eyes, nose, and mouth. Please bring your own hand sanitizer and avoid sharing.
- **Avoid Gathering:** Please arrive at the facility as scheduled and use ingress and egress pathways as directed by communications from DiscNW event coordinators or your coaches. Attendees must leave the event as quickly as possible after the event concludes. Do not congregate at the facility, including parking areas.
- Any attendee who is experiencing symptoms of illness, or who is unwilling or unable to comply with any of the above provisions will be asked to leave the event and may be barred from returning to future DiscNW events.

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Failure to comply with any of the above stipulations may result in any or all of the following consequences:

- Removal of player from team roster and suspension of eligibility to participate in DiscNW events pending review by DiscNW administration
- Removal of team from league and suspension of team's eligibility to participate in DiscNW events pending review by DiscNW administration
- Permanent suspension of player, coaches and team eligibility to participate in DiscNW events.

Any participant witnessing a violation of the DiscNW COVID Code of Conduct at a DiscNW event is encouraged to notify DiscNW immediately covid@discnw.org

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