**2020届宝山区高考二模十一选十**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| A.wandered | B.wondering | C.benefits | D.breakthrough | E.potentially | F.playing |
| G.checked | H.unfamiliar | I.negative | J.typically | K.possibilities |  |

While I was jumping rope, my phone took a fall to the hardwood floor which created multiple cracks on my screen.However,the music kept 31 , so all as well - or so I thought.

Thirty minutes later,I could see only one-tenth of my screen while the rest was pitch-black.The next morning,I decided not to go to the phone store for 24 hours,I felt a(n) 32 sense of calm that day,which led to my not going for one week.One week ended up becoming 60 days without my smartphone.

Here are three 33 I noticed and why you may want to consider a smartphone *detox*(戒除期)yourself.

* You’ll become bored

While in line at a Starbucks,I noticed how every individual had their head down,eyes fixed on their smartphone.With nothing to distract myself with during the waiting period,I became bored,and my mind 34 through all sorts of topics.

Boredom is 35 something we avoid at all costs.However,boredom is the perfect way to make a(n) 36 on a business idea or project.When you enter a state of boredom,you allow your mind to relax and escape from the realities of today to the infinite 37 of tomorrow.

* You’ll be able to dramatically reduce your “work” hours

A study found that adults ages 18 to 33 38 their smartphones 85 times a day,or once every 10 minutes.

As I learned during my experiment,placing some distance between myself and my device helped me fall into deep work more easily.

By not having my smartphone,my distraction time went down and thus my hours of work were spent more efficiently and effectively.On numerous occasions,I found myself 39 what to do with the afternoon since I had already completed my high-impact tasks for the day.

* Your mental well-being will receive a *boost*(提高)

Obviously,without a cellphone,I experienced a lack of 40 news and comments.While that helped cause a dramatic boost in my mental well-being,the biggest reason for it was truly connecting to people.

参考答案：31.F 32.H 33.C 34.A 35.J 36.D 37.K 38.G 39.B 40.I

2020届崇明区高考英语二模

**Section B**

Directions: After reading the passage below, fill in each blank with a proper word given in the box. Each word can only be used once. Note that there is one word more than you need.

|  |
| --- |
| A. documentary B. categorize C. sense D. claimed E. rid F. outlook  G. ballooned H. former I. determined J. romantic K. drive |

**Former World’s Fattest Man Finds Love**

He was once the world’s fattest man weighing in at an incredible 980 pounds and consuming 20,000 calories (卡路里) a day. But it seems that after losing 672 pounds following a surgery, it’s not just Paul Mason’s health that has a more promising (31)\_\_\_\_\_\_\_—his weight loss may have also promoted his love life.

Mr. Mason has only known his new girlfriend Rebecca for a month and the pair are yet to meet, but already the 52-year old has (32)\_\_\_\_\_\_\_that Rebecca is the love of his life. The pair met online last month when Rebecca saw a television (33)\_\_\_\_\_\_\_ about Mr. Mason’s extreme fatness—the result of overeating when a previous relationship ended. She was so touched by his situation as to get in touch, keen to help Mr. Mason get the NHS (National Health Service) to pay for a second operation to (34) \_\_\_\_\_\_\_ him of layers of extra skin.

Mr. Mason said: “She didn’t really think of anything (35) \_\_\_\_\_\_\_at the beginning. It wasn’t until the second conversation that I realised there was more there than just friends. She felt the same and brought up the idea of us being boyfriend and girlfriend.”

Mr. Mason says that he doesn’t go for looks and finds Rebecca’s (36) \_\_\_\_\_\_\_ attitude particularly attractive. “It is her personality, her (37) \_\_\_\_\_\_\_ and passion that has made me fall for her. We share the same ideas and interests and she has made me look at life in a new way. For a long time I couldn’t really see light at the end of the tunnel, but since Rebecca’s been in my life I’ve got a whole new (38) \_\_\_\_\_\_\_of worth and excitement.”

Mr. Mason (39) \_\_\_\_\_\_\_ to his incredible size by eating ten times the amount needed by a normal man due to a compulsive eating disorder. As his weight rose sharply he was left unable to stand or walk before finally becoming bed-ridden and being looked after full time by carers.

Firefighters had to knock down the front wall of his (40) home so they could use a fork lift truck to lift him out and put him into an ambulance when he needed an operation in 2002.

参考答案：

31. F 32. D 33. A 34. E 35. J 36. I 37. K 38. C 39. G 40. H

2020届奉贤区高考英语二模

**Section B**

**Directions:** Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| A. essentially | B. round | C. stuck | D. spirits | E. encouraging | F. desperately |
| G. strengths | H. frustrating | I. spilling | J. collective | K. sealed |  |

**Italians find “Moments of Joy in this Moment of Anxiety”**

It started with the national anthem. Then came the piano chords, trumpet blasts, violin *serenades* (小夜曲) and even the clanging of pots and pans--all of it (31) \_\_\_\_\_\_ from people’s homes, out of windows and from balconies, and resounding across rooftops.

Finally, on Saturday afternoon, a nationwide (32) \_\_\_\_\_\_ of applause broke out for the doctors on the medical front lines fighting the spread of Europe’s worst coronavirus outbreak.

Italians remain (33) \_\_\_\_\_\_ under house arrest as the nation, the European front in the global fight against the coronavirus, has ordered extraordinary restrictions on their movement to prevent infection.

But the music and noise erupting over the streets, from people (34) \_\_\_\_\_\_ in their homes, reflects the spirit, resilience and humor of a nation facing its worst national emergency since the Second World War.

To the extent that this is a virus that tries people’s souls, it has also demonstrated the (35) \_\_\_\_\_\_ of those national characters.

In China, patriotic truck drivers risked infection to bring (36) \_\_\_\_\_\_ needed food to the people of Wuhan, the epicenter of the outbreak. In Iran, videos show doctors in full combat dress and masks dancing to keep (37) \_\_\_\_\_\_ up. And in Italy, the gestures of gratitude and music ring out above the country’s empty streets, while social media feeds fill with (38) \_\_\_\_\_\_, sentimental and humorous web videos.

Images of nurses collapsed from exhaustion or their faces bruised(使受瘀伤) from tightly (39) \_\_\_\_\_\_ masks have also spread across the web in recent days. Parents posted pictures of unicorns and rainbows drawn by young children with the title “It will all be OK.”

“We’re Italians, and loving singing is part of our culture,” said Giorgio Albertini, 51, an archaeology professor who clapped from his apartment balcony in the university district of Milan, calling it a way “to feel a community, and to have the (40) \_\_\_\_\_\_ grief.”

参考答案：**Section B**

31-40 IBACG FDEKJ

2020届虹口区高考英语二模

Section B

Directions: Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.

|  |
| --- |
| A. highlights B. scale C. behavioral D. professional E. anxiety F. scoring  G. respectively H. exhibits I. preventive J. monitoring K. mindfully |

An Effective Approach to Depressive Disorder

No one can be happy and cheerful forever. So it’s important they see a mental - health \_\_31\_\_ who can provide effective options for treatment when someone has clinical depression known as the state of feeling very sad, anxious and without hope. But there’s also a condition known as subthreshold depression in which someone \_\_32\_\_ some symptoms of depressive disorder, but not enough for a clinical diagnosis.

It’s estimated that between 10% and 24% of the population has this kind of mild depression at some point in their lives. And for those people, a new study suggests that practicing thinking \_\_33\_\_ in silence may help improve their mood and reduce their risk of developing depression. The study, published in the Annals of Family Medicine, \_\_34\_\_ yet another reason why deep thinking may be good for both physical and mental health.

The study included 231 Chinese adults with subthreshold depression, meaning their \_\_35\_\_ between five and nine out of a total of 27 points on a standard depression \_\_36\_\_. Half received mindfulness training two hours a week for eight weeks, while the other half continued to receive their usual medical care.

During the mindfulness training, participants were instructed on setting short-and long-term goals; \_\_37\_\_ their activity and mood; planning out their activities; and body scanning. They were asked to practice them at学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ home at le学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ast six days a week.

These techniques combine traditional deep thinking with \_\_38\_\_ activation, a type of therapy that uses an “outside in “ approach to help people change the way they act and aims to increase rewarding experiences in their lives. It has been shown to be effective for moderate to severe depression in other studies, and the researchers wanted to know if it would work as a \_\_39\_\_ measure as well.

At the end of those eight weeks, the group that received mindfulness training reported a significant decrease in depression and \_\_40\_\_ symptoms compared to the group that did not. And no participants had developed clinical depression.

参考答案：31. D 32. H 33. K 34. A 35. F 36. B 37. J 38. C 39. I 40. E

2020届黄浦区高考英语二模

**Section B[来源:学科网ZXXK]**

**Directions:** Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.

|  |
| --- |
| 1. backup B. borderlines C. breathlessly D. connectivity E. deskbound F. divorcing   G. functions I. presence H. interrupting J.reluctantly K.update |

**How to work from home**

There are many things that contribute to becoming a successful work-from-home employee. As more companies across nearly every industry accommodate an increasing number of employees wishing to avoid traffic jam and office cold lunch, remote work has become an increasingly easy and (31) \_\_\_\_\_\_ practical option for many who seek it. Here is a modest guide to becoming a successful remote employee.

Before (32) \_\_\_\_\_\_ completely from the office, check with your corporate IT department and your manager to see if you are equipped with the programs and applications necessary to work remotely. Security first: If you connect to your company’s internal systems or email through a Virtual P学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！rivate Network or other secure tunnel, make sure you’ve tested it and that it (33) \_\_\_\_\_\_ from where you plan to work. Also, have a(n) (34) \_\_\_\_\_\_ plan in the event your connection experiences disturbance.

The same advice applies to internet (35) \_\_\_\_\_\_. I make sure that if the wireless internet in my home office fails, I can still connect seamlessly through my smartphone, set up as a Wi-Fi hot spot. To do this, make sure you have the right wireless plan, especially if you handle large files.

The ability to communicate quickly and reliably is the most priceless attribute a remote employee needs to succeed. Do (36) \_\_\_\_\_\_ your manager or boss frequently. Make sure they’re installed and you know how to use them, and make your (37) \_\_\_\_\_\_ known to your colleagues when you are available and working.

Set (38) \_\_\_\_\_\_ if you’re working at home by explaining to family members or children that your work area is off limits, and they should avoid (39) \_\_\_\_\_\_ unless it’s important.

Find time to go for short walks to help inspire productivity and creativity. One of the blessings of working remotely is the opportunity to live a more active lifestyle instead of being (40) \_\_\_\_\_\_, but it’s important to make activity a habit.

参考答案：

31-35: CFGAD 36-40:KIBHE

2020届金山区高考英语二模

**Section B**

**Directions:***Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.*

|  |
| --- |
| 1. parental B. balance C. declined D. deposit E. downloaded 2. engaging G. financial H. immediately I. listing J. deliberately K. purchases |

**Giving kids allowances in the smartphone age**

Allowances are a constant. No matter how much technology interferes with the parent-child relationship, kids still want money and parents still want to *impart* (赋予) a basic work ethic. But putting stickers on *chore* (日常事务) charts and dropping coins in piggy banks don’t cut it with the smartphone generation.

Parents in search of more 31 ways to teach children the value of money are turning to allowance-tracking apps, where kids can see their 32 rise and fall in real time.

Bonnie Koon, a mother of three in Crawfordville, Fla., used to post a calendar on her refrigerator 33 her kids chores, to the embarrassment of her 16-ye学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ar-old twins. After seeing a Facebook ad for the app Greenlight, she 34 it.

Greenlight links to parents’ bank accounts so that the payout can be seamless. Parents can encourage saving by paying interest on the money that isn’t spent 35 — interest out of the parents’ own pockets, of course.

It’s the first taste of 36 freedom for many kids, and it’s set in a relatively safe environment. Parents can determine spending limits and choose the *retailers*（零售商）where a child can make 37 . If a child attempts to buy something at an unapproved store or to spend more than the limit, the *transaction* (交易) is 38 and parents get a notification. And if a kid loses the card, parents can immediately cancel it from the app.

One of Ms. Koon’s twins, Brenna, works part time at a restaurant. She’s putting half of her pay check into a car-insurance savings fund she set up in the app, with the goal of saving $450 by July. With each 39 , the app gives Brenna a progress update.

Some parents might worry that relying on apps to get kids to do chores only encourages them to be on their phones more. But parents who have chosen this approach argue that they are meeting their kids where they are and that it takes the 40 *nagging* (唠叨) out of the equation. The real-time look at their accounts makes the concepts of saving and spending more tangible than reviewing a bank statement.

参考答案：31- 40: FBIEH GKCDA

2020届闵行区高考英语二模

### Section B[来源:学\_科\_网]

**Directions:** *Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| A. label | B. bears | C. burdened | D. illustrates | E. implement | F. guaranteed |
| G. presented | H. hit | I. entry | J. nationalized | K. ground |  |

The “Penny Black”, the first postage stamp issued in Britain and, more importantly, the first postage stamp issued anywhere, 31 the image of Queen Victoria, but the first British postal service didn’t originate in Victoria England. In 1860, William Dockwra started a public service that 32 the quick delivery of a letter anywhere in London. His system was quickly

33 with Dockwra in charge. It was far from a perfect system, 34 with seemingly improper charges that made it unreasonably expensive to send a letter. Worse still, recipients were expected to pay. As you might imagine, this 35 some problems—either people weren’t home or flat—out refused to pay. The system just didn’t work, but it remained in place for far too long.

About 50 years later, to do better, Rolland Hill argued for putting an end to the postal charges and replacing them with a single national rate of one penny, which would be paid by the sender. When the post office ignored Hill’s ideas, he self-published his essay and it quickly gained

36 among the public. Hill was then ordered by Postmaster General Lord Lichfield to discuss postal reform and ,during their subsequent meetings, the two men conceived of a gluey 37 that could be applied to the envelops to indicate payment. Though it had gained support with the public who longed for a affordably way to connect with distant friends and family, officials were still not convinced. Thankfully, Hill was far from alone in his passion for reform. He eventually earned enough support from other like-minded individuals to convince Parliament to 38 his system.[来源:Zxxk.Com]

In 1839, Hill held a competition to design all the postal facility. The winning stamp 39 describing the young queen’s profile came from one William Wyon, who based the design on a medal he created to celebrate his first visit to London.

The“Penny Black”stamp went on sale on May 1, 1840. It was an immediate 40 . Suddenly, the country seemed a lot smaller. The penny black’s design was so well received that it remained in use for fo学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！rty year.

参考答案：31. B 32. F 33. J 34. C 35. G 36. K 37. A 38. E 39. I 40. H

2020届浦东新区高考英语二模

be used only once. Note that there is one more word than you need.

|  |
| --- |
| A. affordable B. cultural C. driving D. influence E. materialism  F. outward-looking G. resulted H. shaped I. sharing J. shift K. specialized |

**Curiosity and Globalization are Driving a New Approach to Travel**

Today’s political climate and negative headline学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！s seem to point towards a more inward-looking global population - minds narrowing, borders going up. But with more people living and working overseas and becoming exposed to influences from different cultures, many of us are seeking a(n) \_\_31\_\_, connected world.

According to the recently published study from Culture Trip, 60% of people in the US and UK 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！say that their outlook on life is shaped by the \_\_32\_\_ from different cultures. As a society, we not only want to discover and experience other cultures, we want to learn from them, too. This is one of the many positive side effects of globalization. At the same time, the economic landscape of the last decade has resulted in a shift in values away from \_\_33\_\_, with younger generations more interested in collecting experiences than possessions.

Welcome to the “new culture economy”.

The collision（碰撞）of two trends - globalization and the experience economy - has \_\_34\_\_ a new attitude to travel, with cultural curiosity at its heart. This is the “new culture economy”. The phenomenon is having a powerful impact on people’s interactions and definitions of \_\_35\_\_ exploration, and presents an incredible commercial opportunity.

While globalization is usually talked about in the context of the \_\_36\_\_ of trade and capital between countries, we shouldn’t forget that the \_\_37\_\_ force behind it all it people. Education, travel, exposure to other customs and geographies and the cultural integration（融合）are the more influential social effects of globalization. People are increasingly living or working in countries other than the ones in which they were born - more than half of respondents from the study have friends living overseas, all of which has \_\_38\_\_ in more interaction with global cultures.

Also, student debt and unafford-able housing have created a(n) \_\_39\_\_ in spending patterns, and so a new set of values has emerged in which experiences matter more than ownership. Travel is absolutely necessary to most people’s lives - in fact, nearly half of all respondents cut down on their daily expenses so they can save money to travel more. For “generation rent” in particular, no matter how expensive an experience or a trip, it is still more \_\_40\_\_ than a house.

参考答案：31-40 FDEHB ICGJA

2020届松江区高考英语二模

**Section B**

**Directions:** After reading the passage below, fill in each blank with a proper word given in the box. Each word can be used only once. Note that there is one more word than you need.

|  |
| --- |
| A. released G. fascination B. eventually C. delivering D.address  E. act F. formerly H. sighting I. inquiring J. undertaken K. misidentified |

From the early 1950s until 2009, a department in the United Kingdom's Ministry of Defence (MoD) documented and investigated reports of UFOs. Now, more than a decade after the program ended, many of those \_\_31\_\_ classified files about UFO will be made available to the public for the first time.

Previously, some MoD files about UFOs had been published online at the U.K. *National Archives* (国家档案馆) website. *The Telegraph* reported. However, all of the agency's UFO reports will be \_\_32\_\_ this year on “a dedicated gov.uk web page.” spokesperson for the British Royal Air Force (RAF) told *The Telegraph*.

The decision came after PA Media, a British news agency, filed a request for the UFO files under a/an \_\_33\_\_ on information, according to *The Telegraph*. MoD officials decided “it would be better to publish these records, rather than continue \_\_34\_\_ documents to the National Archives.”the RAF spokesperson said.

The U.K.'s \_\_35\_\_ with UFOs began around 1950. urging the MoD to form the Flying Saucer Working Party to \_\_36\_\_ the phenomenon. according to the UK. National Archives. UFOs in the early 1950s even captured the attention of Prime Minister Winston Churchill, who sent a memo to his air minister in 1952 \_\_37\_\_ .“What does all this stuff about flying saucers amount to? What can it mean? What is the truth?”

The flying saucer group concluded that UFOs were delusions (错觉) or 38 objects. recommending “that no further investigation of reported mysterious phenomenon in the air be \_\_39\_\_.”Nevertheless, other MoD divisions continued the work of official UFO investigation in the U.K

After MoD enacted a policy change on Dec.1st, 2009, the agency no longer recorded or investigated any UFO \_\_40\_\_, according to the report. But what they did find-including many recent UFO reports that were previously available only as hard copies-will be published online within the nest few months. said Nick Pope. a former UFO investigator for the MoD.[来源:学#科#网]

参考答案：

31—35 FAECG

36—40 DIKJH

2020届徐汇区高考英语二模

**Section B**

**Directions:** Complete the following passage by using the words in the box. Each word can only be used once. Note that there is one word more than you need.

A. motive B. deliberately C. convinced D. injurious E. alerts

F. desperately G. swept H. accounts I. unconscious J. preserving

K. charging

**Why *Humpback Whales* (**座头鲸**) Protect Other Species from Killer Whales**

Robert Pitman, a marine ecologist, describes an encounter he witnessed in Antarctica in 2009. A group of killer whales were attacking a Weddell seal. The seal swam 31 toward a pair of humpbacks that had inserted themselves into the action. One of the humpbacks rolled over on its back, and the seal was 32 onto its chest, between the whale’s massive *flippers* (鳍). “That incident 33 me,” he says. “Those humpbacks were doing something we couldn’t explain.”

Pitman started asking other researchers and whale watchers to send him similar 34 . Soon he was reading through observations of 115 encounters between humpbacks and killer whales, recorded over 62 years. “There are some pretty astonishing videos of humpbacks 35 killer whales,” he says.

In a 2016 article in *Marine Mammal Science*, a famous scientific journal, Pitman and his co-authors describe this behaviour and confirm that such acts of do-gooding are widespread. But knowing that something is happening and understanding why it’s happening are two different things. Pitman and his co-authors openly reflected on the meaning of these encounters. “Why,” they wrote, “would humpbacks 36 interfere with attacking killer whales, spending time and energy on a potentially 37 activity, especially when the killer whales… were attacking other species of prey?”

Interestingly, humpbacks don’t just hit on killer-whale attacks. They race toward them like firefighters into burning buildings. And like those rescue workers, humpbacks don’t know who is in danger until they get there. That’s because the sound that 38 them to an attack isn’t the sad voice of the victim. It’s the excited calls of the killer whales. Pitman believes humpbacks have one simple instruction: “When you hear killer whales attacking, go break it up.”

I wonder what humpback whales care deeply enough about to actively swim into battle with killer whales. When I ask Pitman, he tells me that, it still comes down to selfishly 39 their own kind. He believes that their occasional rescues of humpback *calves* (后代) create a strong enough 40 for them to rush in to help, even if it means they end up saving sunfish, sea lions, dolphins every now and then.

参考答案：

31-40 FGCHK BDEJA

2020届杨浦区高考英语二模

**ection B**

**Directions:**Fill in each blank with a proper word chosen from the 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！box.Each word

can be used only once.Note that there is one word more than you need.

**Hunting to Farming Is Not Necessarily Good**

|  |
| --- |
| A.support B.effectiveness  C.expanding  D.escape  E.reached  F.questioning G.switched H.control I.recording J.allowed K.inferring |

Shifting from hunting to farming made life 50 percent more difficult for humans, a study by Cambridge University suggests.Although farming(31) \_\_\_\_\_\_\_previously wandering communities to stay put and grow,it came at a huge cost. Researcher Dr.Mark Dyble,lived with 10 Agta groups and found that those who still hunted and searched for their food spent around 20 hours working in the week to live,but those who had(32)\_\_\_\_\_\_\_\_ to farming needed to work 30 hours for the same amount of food.

For a long time,the shift from hunting to farming was assumed to represent progress,allowing people to(33) \_\_\_\_\_\_\_a laborious and uncertain way of life," said Dr.Dyble."But as soon as researchers started working with hunter-gatherers they began(34)\_\_\_\_\_\_ this narrative,finding that hunters actually enjoy quite a lot of leisure time.Our data provides some of the clearest(35) \_\_\_\_\_\_for this idea yet." The researchers followed 359 people from the Agta community(36)\_\_\_\_\_\_ How much time they spent on leisure,childcare,domestic chores and学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ out-of-camp work. As well as the overall difference in hours worked,the study also found that women living in the communities most involved in farming had half as much leisure time as those in communities which only hunted.Co-author,Dr.Abigail Page added:"We have to be really careful when(37)\_\_\_\_\_\_\_ from contemporary hunter-gatherers to different societies in pre-history."But if the first farmers really did work harder than hunters then this begs an important question-why did humans adopt agriculture?

Previous studies suggested the adoption of farming grew up to help cope with(38) \_\_\_\_\_\_\_societies,although other experts claimed that it was agriculture itself that allowed sedentary(定栖的）communities to expand,and once they(39)\_\_\_\_\_ a certain size,it would have been impossible for groups to return to a hunter-gathering lifestyle,even if they had wanted to.Dr.Page says:"The amount of leisure time that Agta enjoy is evidence to the(40) \_\_\_\_\_\_of the hunter-gatherer way of life.This leisure time also helps to explain how these communities manage to share so many skills and so much knowledge within lifetimes and across generations."

参考答案：

31-40 J G D F A I K C E B

2020届嘉定区高考英语二模

**Section B**

**Directions:** Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need. [来源:学+科+网]

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| A. flexible | B. genetically | C. habitually | D. included | E. populations | F. previous |
| G. restricted | H. seldom | I. solid | J. suspects | K. variations |  |

**Wearing shoes can weaken ankle bones**

Your shoes are changing your feet. The ankles of people who 31 wear shoes are different to those of people who tend to walk barefoot. In many industrial societies, people tend to wear shoes from a young age. However, many people around the world often go barefoot, or wear only very thin footwear.

“We know that there are some 32 in the feet of modern humans, due to the use of shoes,” says Rita Sorrentino at the University of Bologna in Italy. But most 33 findings relate to the front and middle of the foot. She and her team have focused on the ankle instead. They studied 142 ankle bones from 11 34

from North America, Africa and Europe. These 35 *sandal-wearing* (穿凉鞋的) Nguni farmers in southern Africa, people living in New York and bones from Stone Age hunter-gatherers.

The hunter-gatherers’ ankle bones were significantly shorter than those of people living in modern cities, and there were other differences in the shape. “They are mostly related to footwear-related behaviours and movement behaviours,” says Sorrentino. The hunter-gatherers 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！walked barefoot for long distances every day over natural land. Their ankles were relatively 36 . In c学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ontrast, people who live in big cities, who wear tight footwear and walk short distances on flat surfaces like concrete roads, had more unbending ankles.

Changes to ankle bones take place over the course of a person’s学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ life, and there is no evidence that these alterations can be passed on 37 .

According to Sorrent学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！ino, 38 evidence for people wearing shoes only exists for the past 10,000 years. For instance, a sandal from a Missouri cave may be 8300 years old. Early shoes were all fairly soft, so wouldn’t have 39 the motion of the ankle much.

It is an open question whether shoes have disadvantages, but Sorrentino 40 that the firmness of modern shoes causes our bones to become weaker and more likely to suffer from breaking.

参考答案：31-35 CKFED 36-40 ABIGJ

2020届嘉定区高考英语二模

**Section B**

Directions: Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.

|  |
| --- |
| A. exposed B. interacting C. implement D. deliberately E. vision F. balance  G. essentially H. extreme I. evolution J. engaged K. impacting |

**Put down the phone and live in the moment**

Have you ever unintentionally left your phone at home and wondered how you would get through the day? Baylor College of Medicine’s Dr. Jin Han explains why this might be a sign that you need to put down your phone more often.

“There has been a(n) \_\_31\_\_ in technology as our phones have gone from just regular cell phones to smart phones that allow you to multitask all with one device,” said Han, assistant professor at Baylor. “You use your phone now to receive emails, to text and chat and to access social media platforms -- \_\_32\_\_ your phone may be your connection to your social life.”

Although they offer many advantages, Han cautions that using your smart devices can be harmful if you use them too much. For example, using your smart phone while driving, or even walking, can cause serious accidents. Also, staring at your screen for too long can be harmful to your \_\_33\_\_.

Being \_\_34\_\_ too long to your phone also can impact the quality of your relationships, he said. If you are on your phone constantly and not \_\_35\_\_ with those around you, it can take away from your relationships with your family and friends. In addition, if you are using your phone too much in front your children, then they will likely follow your lead and use their own smart devices rather than \_\_36\_\_ with you.

“ In the end, the question is how you balance using your phone while not negatively \_\_37\_\_ your health.” Han said. “Anything that you are doing to the \_\_38\_\_ is no healthy anymore. While it is going to be almost impossible not to use this technology, we have t create a behavior that is healthy.”

To help \_\_39\_\_ the time you spend on your phone, Han offered the following tips:

* Limit the time spent on your phone: Set up certain time that you allow yourself to be on the phone.
* Do not use your phone at night: Being on your phone late into the night can make it harder for you to fall asleep and wake up the next day. Restricting your phone use at night can help you \_\_40\_\_ a healthy sleep behavior.

参考答案：

Vocabulary:31-35:IGEAJ 36-40：BKHFC

2020届青浦区高考英语二模

**Section B**

Directions: Fill in each blank with a proper word chosen from the box. Each word can be used only once. Note that there is one word more than you need.

|  |
| --- |
| A. combination. B. regrettably. C. embarrassing. D. discomfort. E. composed  F. respectively. G. delivered. H. typical. I. limitations. J accompanied. K. evident |

**At the Oscars, Parasite Makes Best Picture History**

At Sunday’s Oscars, on a night when almost everything went as planned and as usual, the one true surprise came in the biggest moment of all.

For the first time ever, a film in a foreign language won Best Picture when Bong Joon-ho’s Parasite, a comedy-drama-thriller about class and secrets, took the big prize. Bong also won the awards for Best Director and Best Original Screenplay. He \_\_\_\_31\_\_\_\_ three warm and generous speeches, including one when he won for his directing and thanked fellow nominees (被提学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！名的人) Martin Scorsese and Quentin Tarantino for inspiring him and contributing to the progress of his career, \_\_\_\_32\_\_\_\_ .

And, while he gave most of his speeches in Korean with interpreter Sharon Choi, when he won the first one, he stopped and noted in English: “This is very first Oscar to South Korea.” The affection in the room for the film was\_\_\_\_33\_\_\_\_every time it was mentioned, as well as in its great competition of award. The evening began three and a half hours earlier with a(n) \_\_\_\_34\_\_\_\_ of the old and the new: the kind of themed singing-dancing number that used to be the \_\_\_\_35\_\_\_\_ Oscars opening, but in the absence of a traditional host, it was performed by the thoroughly modern Janelle Monáe. A version of her own song Come Alive was \_\_\_\_36\_\_\_\_ by dancers dressed in costumes showing respect to black filmmakers. The speech that followed, however, was much more \_\_\_\_37\_\_\_\_ and unpleasant, despite the best efforts of Chris Rock and Steve Martin, the latter of whom \_\_\_\_38\_\_\_\_ blew the name of best actress nominee Cynthia Erivo.

The awards in general have been heavily criticized for how white the nominees are, the failure to nominate any women directors in a year when several made highly regarded films, and plenty of other lack of inclusivity. The Academy’s\_\_\_\_ 39\_\_\_\_with that criticism seemed evident: There may not have been a lot of performers of color among the nominees, but there were a lot among the presenters and speakers and performers. Several presenters made mention of the \_\_\_\_40 \_\_\_\_at issue, which is the kind of thing that happens when people are placed in a situation they don学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材及各类教学资源下载，还有大量而丰富的教学相关资讯！’t want to ignore but also aren’t there to challenge too much.

参考答案：

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| --- | --- | --- |
| 31-40 | G F K A H J C B D I |  |