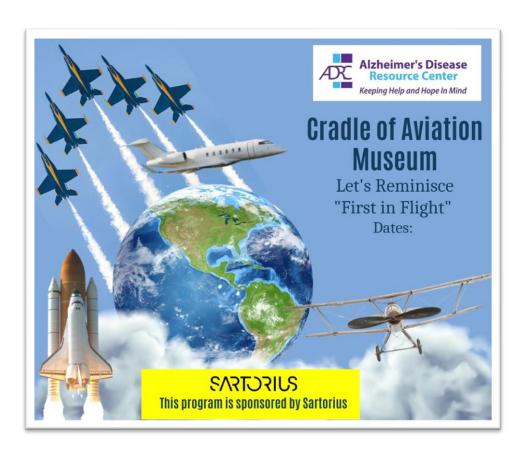


This ad was created from an original "base ad" added text and personal details.









ANNOUNCING ADRC'S EQUINE WELLNESS PROGRAM



Marlokai Rescue 155 Deep Hole Road Calverton NY 11933



2022-2023 DATES - WEDNESDAY 10:30 A.M. TO 12:30 PM 2022 - October 19th, November 23rd

2023 - March 15th, April 19th, May 17th June 21st and July 19th



This Equine Wellness Program is for the Caregiver and the Individual with Alzheimer's Disease or a related dementia for which there is no charge. Registration is required and the caregiver would need to come with the participant.

Guests should plan to meet at the Ranch promptly 10:30am - 12:30 pm

Dress is casual - Please wear proper shoes as the program involves horse grooming in the stables. Change of clothing is always recommended.

Please bring a bagged lunch with you!



For registration and information please contact Carol Hartmann, Director of Programs at (631) 580-5100 extension 305 carol.hartmann@ADRCinc.org

ADRC - Keeping Help and Hope in Mind
Helping Local Families with a Diagnosis of Alzheimer's Disease or related dementia
200 Carleton Avenue East Islip, NY 11730 631-580-5100 www.ADRCinc.org

Classes on site or virtual!

Content comes from the Modular **Educational Program of the** National Certification Council for Activity Professionals (NCCAP) and is offered as a microcredential towards national

Instructor - Carol Hartmann is a Licensed NCCAP Instructor.

Carol.Hartmann@ADRCinc.org (631) 580-5100 EXT. 305

ONE HOUR TRAINING IN:

- · Aging and Cognitive Aging
- Dementia
- · Alzheimer's and Stages of Alzheimer's
- Communication Approaches
- Behavioral Expressions
- · Person Centered Approach
- Engaging Persons with Dementia

SPECIAL CERTIFICATION:

- · Activity Certification MEPAP -90 hour
- **Person Centered Engagement** Certification - 4 Hour
- . Dementia Capable January 2023 - Certification - 8 hour

Contact the ADRC Resource Center

- Info@ADRCinc.Org



Keeping Help and Hope in Mind

IMPROVE YOUR KNOWELEDGE **AND SKILLS**

We offer eight one hour training programs and three Special Certification programs

Carol Hartmann Carol.Hartmann@ADRCinc.org (631) 580-5100 EXT. 305

Keeping Help and Hope In Mind

PROGRAMS

Alzheimer's Disease

TRAINING



Since 1986, NCCAP has met the highe standards of CMS for life-enrichment and Activity programming using person-centered care.

SPECIAL CERTIFICATION:

Activity Certification MEPAP -



SPECIAL CERTIFICATION:

Person Centered Engagement Certification - 4 Hour

Dementia Capable Certification - 8 Hour

One Hour Programs

Aging and Cognitive Aging Gain specific knowledge of the quality of life needs of the older adult and the impact of typical age-related changes. Learn the skills to adapt approaches, engagement and activities that ensure individual needs are met as age-related changes occur.

Dementia

Introduces the symptoms and changes associates with all forms of dementia.

Alzheimer's and Stages of Alzheimer's

Topics include the different stages of Alzheimer's disease and the techniques for effective communication.

One Hour Programs

Communication Approaches this is a review of basic communication approaches for individuals with cognitive loss.

Person Centered Approach Introduction to person-centered group and individual programs which provide the individual receiving care with continued opportunities for growth, socialization, comfort and overall quality of life.

One Hour Programs

Engaging Persons with Dementia Explores adapted activity programming concepts for this population.

Behavioral Expressions Introduces the importance of understanding behavior as an expression along with coping strategies.

