



Presents

Music, Mind, Movement



Program for the Memory-Impaired

with

Theresa Morale, M.H.A., CTRS ©

Every other Tuesday at 2pm, Starting October 25, 2022

Theresa is a certified recreation therapist who has been working with caregivers and people with memory impairments for over 18 years. In her sessions, she uses live music, sensory stimulation and music-making activities to highlight clients' preserved abilities and foster a sense of joy for caregivers and their loved ones.

Registration is Required
Please Contact:
Carol Hartmann
631-580-5100
Ext. 305
Carol.Hartmann@ADRCinc.org

Where: Alzheimer's Disease
Resource Center
200 Carleton Avenue East Islip,
NY 11730





Come Join Us For Our
ART EXPRESSION GROUP

Art is an effective tool to stimulate the mind of someone with Alzheimer's disease/dementia. Meet weekly with our experienced artist in a non-judgmental environment and enjoy activities prepared to fit all individuals capabilities.

Where: Alzheimer's Disease Resource Center
200 Carleton Avenue East Islip, NY 11730

Program begins:
weekly starting
October 17th at 2pm

Contact: Carol Hartmann at
631-580-5100 ext. 305
Registration is required
Please email at
Carol.Hartmann@ADRCinc.org



Paint at the Parrish

In Partnership with the Parrish Art Museum

We invite you to enjoy a special program

- **Date/Time: 10am - 12pm**
- **Dates for 2022 - 10/12, 11/9, 12/14**
- **Dates for 2023 - 3/8, 4/12, 5/10**

Participants can create their own art projects in a hands on workshop led by Parrish Educator Wendy Gottlieb

This shared experience is created for individuals living with Alzheimer's disease or other forms of dementia and their care partners.

There is **NO COST** to participate but **REGISTRATION IS REQUIRED**.

**Location : 279 Montauk Highway
Watermill NY 11976
631-283-2118**

**RSVP: Carol.Hartmann@ADRCinc.org
631-580-5100 ext. 305**

SPACE IS LIMITED Please RSVP

This program is supported by a gift from The Neuwirth Foundation

LET THE MEPAP BE PART OF YOUR RESOLUTION TO EDUCATION

[Carol Hartman | NCCAP Academy](#)

ENROLL NOW

COURSE INCLUDES:
MEPAP COURSE
DIGITAL COURSEBOOK
2 YEARS OF NCCAP CERTIFICATION



**CLASSES
FORMING
NOW!**

- Course fee includes:
- MEPAP 1 APC course
- Digital Coursebook
- 2 years for NCCAP certification upon completion

Register for my upcoming MEPAP 1 APC course and join more than 150,000 caregivers that are educated, trained and certified by NCCAP!
Take the class virtually from almost anywhere!

www.nccap.org

For more information on my class schedule and times, see link



 **Alzheimer's Disease
Resource Center**
Keeping Help and Hope In Mind

Cradle of Aviation Museum

Let's Reminisce
"First in Flight"
Dates:

SARTORIUS
This program is sponsored by Sartorius



 **Alzheimer's Disease
Resource Center**
Keeping Help and Hope In Mind

Ready to go to the moon?

Cradle of Aviation Museum

Let's Reminisce "Race to the Moon"

Dates: xx/xx/xxxx
to xx/xx/xx

 

SARTORIUS
This program is sponsored by Sartorius

THE MITTEN TREE

PLEASE
DONATE
MITTENS,
HATS,
GLOVES AND
SCARVES
FOR
BETHANY
HOUSE



DONATIONS
CAN BE
DROPPED OFF
AT ADRC
ADDRESS!

WITH
SPECIAL GUEST
CANDACE
CHRISTIANSEN
ON **11/22/22** AT
2PM



JOIN ADRC
IN GIVING
BACK!



200 CARLETON AVENUE
EAST ISLIP, NY 11730
631-580-4417



625 DEMOTT AVENUE
BALDWIN, NY 11510

START DATE: **11/22/22** DEADLINE TO CONTRIBUTE **12/16/22**
FOR MORE INFO CONTACT CAROL.HARTMANN@ADRCINC.ORG



Join Us!
for a special holiday
event



November
22nd!

ANNOUNCING ADRC'S EQUINE WELLNESS PROGRAM

In Collaboration with

Marlokai Rescue

155 Deep Hole Road Calverton NY 11933



2022-2023 DATES - WEDNESDAY 10:30 A.M. TO 12:30 PM

2022 - October 19th, November 23rd

2023 - March 15th, April 19th, May 17th June 21st and July 19th



This Equine Wellness Program is for the Caregiver and the Individual with Alzheimer's Disease or a related dementia for which there is no charge. Registration is required and the caregiver would need to come with the participant.

Guests should plan to meet at the Ranch promptly 10:30am - 12:30 pm

Dress is casual - Please wear proper shoes as the program involves horse grooming in the stables. Change of clothing is always recommended.

Please bring a bagged lunch with you!



For registration and information please contact

Carol Hartmann, Director of Programs at (631) 580-5100 extension 305

carol.hartmann@ADRCinc.org

ADRC - Keeping Help and Hope in Mind

Helping Local Families with a Diagnosis of Alzheimer's Disease or related dementia

200 Carleton Avenue East Islip, NY 11730

631-580-5100

www.ADRcinc.org

Classes on site or virtual!

Content comes from the Modular Educational Program of the National Certification Council for Activity Professionals (NCCAP) and is offered as a micro-credential towards national certification.

Instructor - Carol Hartmann is a Licensed NCCAP Instructor.

Carol.Hartmann@ADRCinc.org
(631) 580-5100 EXT. 305

Contact the ADRC Resource Center

- Info@ADRCinc.org
- +1-631-580-5100
- 200 Carleton Avenue East Islip, NY 11730
- Visit <https://www.ADRcinc.org>



ONE HOUR TRAINING IN:

- Aging and Cognitive Aging
- Dementia
- Alzheimer's and Stages of Alzheimer's
- Communication Approaches
- Behavioral Expressions
- Person Centered Approach
- Engaging Persons with Dementia

SPECIAL CERTIFICATION:

- Activity Certification MEPAP - 90 hour
- Person Centered Engagement Certification - 4 Hour
- Dementia Capable - January 2023 - Certification - 8 hour

Keeping Help and Hope in Mind



IMPROVE YOUR KNOWLEDGE AND SKILLS

We offer eight one hour training programs and three Special Certification programs

For More Details Contact:
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Carol.Hartmann@ADRCinc.org
(631) 580-5100 EXT. 305

TRAINING PROGRAMS

In Cooperation with



Licensed Instructor
Engagement Powered by NCCAP®

Since 1986, NCCAP has met the highest standards of CMS for life-enrichment and Activity programming using person-centered care.

SPECIAL CERTIFICATION:

Activity Certification MEPAP - 90 hour



One Hour Programs

Aging and Cognitive Aging

Gain specific knowledge of the quality of life needs of the older adult and the impact of typical age-related changes. Learn the skills to adapt approaches, engagement and activities that ensure individual needs are met as age-related changes occur.

Dementia

Introduces the symptoms and changes associates with all forms of dementia.

Alzheimer's and Stages of Alzheimer's

Topics include the different stages of Alzheimer's disease and the techniques for effective communication.



One Hour Programs

Communication Approaches

this is a review of basic communication approaches for individuals with cognitive loss.

Person Centered Approach

Introduction to person-centered group and individual programs which provide the individual receiving care with continued opportunities for growth, socialization, comfort and overall quality of life.

SPECIAL CERTIFICATION:

Person Centered Engagement Certification - 4 Hour

Dementia Capable Certification - 8 Hour

One Hour Programs

Engaging Persons with Dementia

Explores adapted activity programming concepts for this population.

Behavioral Expressions

Introduces the importance of understanding behavior as an expression along with coping strategies.

