









## Paint at the Parrish

In Partnership with the Parrish Art Museum

We invite you to enjoy a special program

- · Date/Time: 10am 12pm
- · Dates for 2022 10/12, 11/9, 12/14
- · Dates for 2023 3/8, 4/12, 5/10

Participants can create their own art projects in a hands on workshop led by Parrish Educator Wendy Gottlieb

This shared experience is created for individuals living with Alzheimer's disease or other forms of dementia and their care partners.

There is NO COST to participate but REGISTRATION IS REQUIRED.

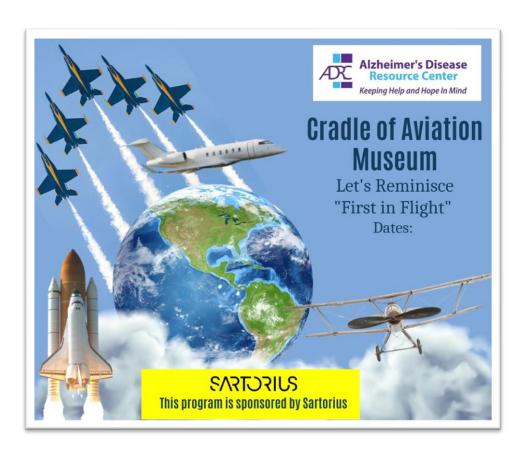
Location : 279 Montauk Highway Watermill NY 11976 631-283-2118

RSVP: Carol.Hartmann@ADRCinc.org 631-580-5100 ext. 305

SPACE IS LIMITED Please RSVP

This program is supported by a gift from The Neuwirth Foundation











### **ANNOUNCING ADRC'S EQUINE WELLNESS PROGRAM**



Marlokai Rescue 155 Deep Hole Road Calverton NY 11933



2022-2023 DATES - WEDNESDAY 10:30 A.M. TO 12:30 PM 2022 - October 19th, November 23rd

2023 - March 15th, April 19th, May 17th June 21st and July 19th



This Equine Wellness Program is for the Caregiver and the Individual with Alzheimer's Disease or a related dementia for which there is no charge. Registration is required and the caregiver would need to come with the participant.

Guests should plan to meet at the Ranch promptly 10:30am - 12:30 pm

Dress is casual - Please wear proper shoes as the program involves horse grooming in the stables. Change of clothing is always recommended.

Please bring a bagged lunch with you!



For registration and information please contact Carol Hartmann, Director of Programs at (631) 580-5100 extension 305 carol.hartmann@ADRCinc.org

ADRC - Keeping Help and Hope in Mind
Helping Local Families with a Diagnosis of Alzheimer's Disease or related dementia
200 Carleton Avenue East Islip, NY 11730 631-580-5100 www.ADRCinc.org

### Classes on site or virtual!

Content comes from the Modular **Educational Program of the** National Certification Council for Activity Professionals (NCCAP) and is offered as a microcredential towards national

Instructor - Carol Hartmann is a Licensed NCCAP Instructor.

Carol.Hartmann@ADRCinc.org (631) 580-5100 EXT. 305

### ONE HOUR TRAINING IN:

- · Aging and Cognitive Aging
- Dementia
- · Alzheimer's and Stages of Alzheimer's
- Communication Approaches
- Behavioral Expressions
- · Person Centered Approach
- Engaging Persons with Dementia

### SPECIAL CERTIFICATION:

- · Activity Certification MEPAP -90 hour
- **Person Centered Engagement** Certification - 4 Hour
- . Dementia Capable January 2023 - Certification - 8 hour

## Contact the ADRC Resource Center

- Info@ADRCinc.Org



### **Keeping Help** and Hope in Mind

### **IMPROVE YOUR** KNOWELEDGE **AND SKILLS**

We offer eight one hour training programs and three Special Certification programs

Carol Hartmann Carol.Hartmann@ADRCinc.org (631) 580-5100 EXT. 305

# Keeping Help and Hope In Mind

**PROGRAMS** 

Alzheimer's Disease

**TRAINING** 



Since 1986, NCCAP has met the highe standards of CMS for life-enrichment and Activity programming using person-centered care.

# SPECIAL CERTIFICATION:

**Activity Certification MEPAP -**



# SPECIAL CERTIFICATION:

**Person Centered Engagement Certification - 4** Hour

**Dementia Capable Certification - 8 Hour** 

### **One Hour Programs**

**Aging and Cognitive Aging** Gain specific knowledge of the quality of life needs of the older adult and the impact of typical age-related changes. Learn the skills to adapt approaches, engagement and activities that ensure individual needs are met as age-related changes occur.

### **Dementia**

Introduces the symptoms and changes associates with all forms of dementia.

### Alzheimer's and Stages of Alzheimer's

Topics include the different stages of Alzheimer's disease and the techniques for effective communication.

# **One Hour Programs**

**Communication Approaches** this is a review of basic communication approaches for individuals with cognitive loss.

**Person Centered Approach** Introduction to person-centered group and individual programs which provide the individual receiving care with continued opportunities for growth, socialization, comfort and overall quality of life.

### **One Hour Programs**

**Engaging Persons with Dementia** Explores adapted activity programming concepts for this population.

**Behavioral Expressions** Introduces the importance of understanding behavior as an expression along with coping strategies.

