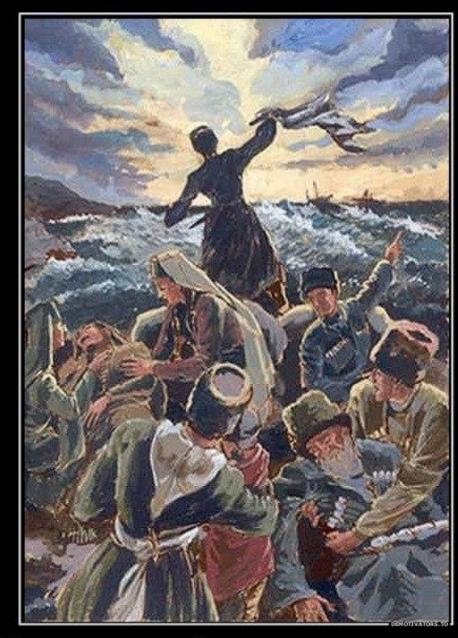
Circassian Proverbs & Sayings



Зауэм и кІэр хьэдагъэщ

Circassian Proverbs & Sayings [kabardian]

Адыгэ псалъэжьхэри псалъафэхэри

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Circassian Proverbs & Sayings

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Introduction

There has been a considerable revival of interest in Circassian issues since the start of the new millennium. Many books and articles on Circassian matters were published in the last few years.

The principal pillars of Circassian culture are language, literature, ancient tales and legends (including the now famous Nart epics), the corpus of proverbs and sayings, the sacred and lay toasts, folklore, customs and traditions, historical and folkloric songs and music, dance, and the ancient system of beliefs and world outlook.

The study of the proverbs and sayings of a people sheds a bright light on its ethos and cultural traits. The experiences of a nation are the fertile ground from which wisdom and sagacity are reaped. The proverbs and sayings are the sweet pickings of the rich harvest. The customs and traditions are encapsulated in its proverbs and sayings. No two nations have exactly the same experiences, for each people have a unique outlook on life shaped by history and the environment. Yet, common human condition gives rise to many similarities. These commonalities and differences are reflected in the corpus of proverbs.

There are thousands of proverbs and sayings that the Circassians have coined throughout the ages. There are some 3,000 entries in this collection, which constitutes the basic core of the corpus of Circassian proverbs and sayings. The equivalents and meanings of the entries in English are given.

In some instances, the proverbs are also given in Latin script.¹ The meanings of difficult words are given for linguistic benefit.

The entries are in literary Kabardian² (except in the section "Other Sayings"), which is an official language in both the Kabardino-Balkarian Republic and the Karachai-Cherkess Republic in the Russian Federation. The alphabetical arrangement is in accordance with the standard used in literary Kabardian.³ The Circassian language is made up of Eastern and Western language groups. All Circassian dialects are mutually intelligible (with time). Eastern Circassian is composed of Kabardian and Beslanav. Kabardian Kabardino-Balkaria is divided into four sub-dialects named after the main rivers in the Republic: Malka, Bakhsan, Terek, and Chegem. Some authorities divide the language into Greater and Lesser Kabardian, the dialects spoken in Kabardato the west and east of the Terek, respectively. Lesser Kabardian is also informally called Jilax'steney. Outside the nominal republic there are two more dialects, one spoken by the Christian community in Mozdok (Mezdegw) in North Ossetia, and Kuban Kabardian, which is spoken in the Adigean Republic in a few villages.⁴

In the section 'Other Sayings' the entries are also in literary Kabardian but in Latin orthography, and, as such, they are arranged alphabetically in accordance with the rules used in the English language.

The main sources used in this book are: *Adige Psalhezchxer* (Circassian Proverbs), collected by Ziramikw P. Qardenghwsch' (Nalchik: Elbrus Publishing House, 1982),

³ See Appendix 2 for Cyrillic alphabet of literary Kabardian.

¹ See Appendix 2 for a proposed Latin orthography for Kabardian.

² In Cyrillic alphabet.

⁴ For more information on the Circassian language, refer to Appendix 1.

and English-Kabardian-Russian Phrase[ological] Dictionary, A[natoli] G[uzerovich] Emouzov (Nalchik: The Kabardino-Balkarian Institute for Raising the Level of the Academic Proficiency of the Spiritual Legacy of the Orient, 1992).

Teachers of Circassian in schools in the Caucasus and the Diaspora (and the concerned educational authorities) can elect to make this book part of the curriculum, whereby the students are subtly directed to appreciate the beauty of the Circassian language through learning by rote selected proverbs and sayings (and their equivalents in English, therefore doubling the benefit). It is suitable for students from the elementary stage to university level. By associating Circassian with the current global language, namely English, the perception of the importance of the Circassian language shall be enhanced in the eyes of the students.

On the Fatherland, Patriotism, History, War & Peace

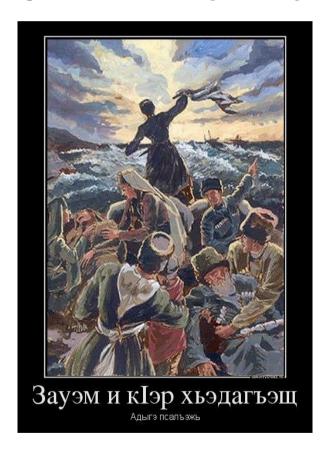
(Тхыдэм, зауэм, мамырыгъэм, адэ хэкур фІыуэ лъагъуным теухуа псалъэжьхэр)

- **Бланэ щальху йокlуэлІэж:** The elk returns to its place of birth.
- Дауэ делэгу щыІэщи, зауэ делэгу щыІэкъым: A foolish soul may also engage in an argument, but not in war.
- Ди унэжь пхъэжь мафІэ (Уи дей хуэдэ щыІэкъым, жыхуиІэщ. *There is nothing like home*): East or West, home is best.
- Дыгъужь ущышынэмэ, мэз умыкІуэ: (If you are afraid of wolves, don't go into the forest) 1. He that feareth every bush must never go a-birding; 2. He that is afraid of wounds must not come near a battle.
- Дыгъужьыр бгъашхэ пэтми, мэзымкІэ маплъэ: Even if you feed the wolf, it still yearns for the forest; the wolf is wild at heart.
- ДыІуохьэри даукІ, дыІуокІри дауб (Зауэм щыІухьэкІэ, къэрабгьэщ жаІэу зрамыгъэубын щхьэкІэ, зыкърагъэукІыу зэрыщытам псалъэжьыр къыхэкІащ): If we join the battle they kill us, if we leave they condemn us.
- Джатэ и щІагъ нанэ щыІэкъым: War is for real men, not milksops.
- Джатэр ижмэ щабэщ: If the sword is unsheathed things become more malleable.
- Дзэм иуфэкъа лъахэрэ: Said of a region denuded by an army.
- Дзэм хамэ хэткъым: There cannot be aliens in an army.
- Дзыгъуэ пэтрэ и гъуэ щылІыхъужьщ (епль аргуэру Хэкужьыхьэ льэщщ): (Even the mouse is a hero in his

hole) 1. Every dog is lion at home; 2. Every dog is valiant at his own door; 3. A cock is valiant on his own dunghill.

Ем щыгъуэ бжьэдыгъур зэшщ: (In bad times, even the Bzhedugh is a brother; Bzhedugh=member of a Circassian tribe in Western Circassia, nowadays in the Adigean Republic) 1. A drowning man clutches at straws; 2. Any port in a storm.

Зауэ джэгурэ дауэ джэгурэ щы Іэкъым: War is no game. Зауэм и кІэр хьэдагьэщ: War brings mourning in its wake.



ЗауэфІрэ дауэфІрэ щыІэкъым: There are no such things as a good war and a good dispute.

Истамбылыжым имыкІыр щІолІэ, икІар йолІыхь (Уэкъуоу псалъэу жаІэ. Уэкъчоч И джэгуакІуэшхуэу, акъылыфІэу щытащ. И пщым истамбылак Іуэхэм яхэту здришати тыркухэм зэхэтыкІэр игу иримыхьу яхуэусэри къэкІуэсэжащ. ЛІэжыхукІэ и хэкум щыпсэужащ): It is said that these were Wegwow's words. Wegwow was a great minstrel of sharp intellect. His prince took him to the Ottoman lands at the time of exodus in the 19th century. The bard was not very impressed with his new position and he wrote these words to this effect. He went back to Circassia, whence he stayed till his dying day.

Къэрабгъэр и кІэм щощтэж: (The coward is frightened by his own tail) The coward dreads his own shadow.

Къэрабгъэр тІоулІэщ: Cowards die many times before their death.

Къигъэ нэхърэ игъыкІ.

Кхъуэм хэку ищІэркъым: The pig knows no native land.

ЛІыгъэ щІапІэ лІы икІуадэркъым (КІуэдами, лІыгъэ лІэужь къегъанэ, и цІэ къонэ, жыхуиІэщ): Even after death, his heroism will live forever.

МафІэм сахуэ ещІри дзэм шхахуэ ищІыркъым (МафІэ=fire; caxyэ=ash; шхахуэ=left-overs; orts).

МацІэр зыпхыкІа хадэрэ: A garden subjected to a swarm of locusts.

Мысостхэ ямейр ягъэфІ, я фІыр яшхыж (Мысостхэ – къэбэрдеипщхэм ящыщ зы льэпкъыу щытащ. *The Misosts were one of the princely families in Kabarda*).

Мыщэм ущышынэмэ, мэз умыкІуэ: (If you are afraid of bears, don't go into the forest) 1. He that feareth every

bush must never go a-birding; 2. He that is afraid of wounds must not come near a battle.

Парипых уихуэ (Парипыхыр щІыпІэцІэщ. Балъкъ Іуфэрэ Псыхъурей къуажэ щІыбымрэ Я зэхуакурщ. зауэм Къэрэкъэщкъэтау ЩЫГЪУЭ къэбэрдейм къытеуауэ шыта тургъутхэр Парипых леж къэбэрдейхэм хьэлэч зэрыщащІыгъам псалъэжьыр къытекІащ. Pariypix is a place name. It lies between the banks of the Balhq (Malka River) and the back of the village of Psix'wrey. During the war of Oeregeschgetaw an epic battle was fought here between the invading Turghwt—ancestors of Kalmyks—and the Kabardians, in which the latter were routed, and hence the saving. In the first part of the 16th century, a combined force of the Turghwt (ancestors of the Kalmyk) and Tatars of Tarki engaged the Kabardians at the confluence of the Malka and Terek rivers. The first encounter went the way of the the Circassians retreating to former party. Psigwensu River. TheTurghwt overwhelmed entrenched Circassians, who were forced to take refuge in the mountains. At the third meeting, the Circassian forces were on the verge of a total rout when a contingent of 2,000 warriors came to the rescue, and the tide of battle turned. The Turghwt were driven out and all Circassian lands were restored. The battle scene was also named 'Oeregeschgetaw', which means 'fleeing to the mountains' in Tatar).

Сотей зэхудип альэщ: Sotey is our rendezvous.

Тамтаркъей (**Тамтаркъай**) **ухъу!:** see next entry.

Тамтаркъей и махуэр къыпхукІуэ (Адыгэхэм Тамтаркъей [Тмутаракань] пщыгъуэр зэрызэхакъутэгъам псалъэжьыр къытекІащ. *Еплъ* Нэгумэ, Ш. Б., «Адыгэ народым и тхыдэ», н. 120. 'May the lot of Tamtarkan befall you!' Refers to the

- destruction of the Russian Principality of Tmutarakan by the Circassians in the 11th century AD. See Sh. B. Nogmov's History of the Adigey People, Nalchik, 1958, p120).
- **Туб хьэсэ гуэшым уахэмытамэ, уабазэхэкъым:** If you were not at the sharing of lots on the Tub Lot, you are not an Abzakh.
- УэфІым и ужьыр уэлбанэщ, зауэм и ужьыр хьэдагьэщ: After good weather comes foul; war brings mourning in its wake.
- Уи нэ къеlэм и псэ elэж: He who tries to gouge your eye tear out his soul.
- Укъыщалъхуари зы махуэщ, ущылІэжынущ зы махуэщ: You were born once, and you will die once.
- Урысрэ Бахъсэнрэ зымыбгынэр хэкум жылагъуэу къинэжынщ.
- Хамэ хэку сыщытхьэ нэхь си хэкужь сыщылІэ (Xame xekw sischitx'e nex' siy xekwzch sischil'e): Better to die in one's homeland than to thrive without it.
- Хамэ ущие тхьэмахуэщ, хабзэ хьэху махуищщ.
- Хамэр гъэшэраши унэр гъэшэрыуэ.
- Хамэхьэр къохьэри унэхьэр upexy: The foreign dog comes into the house and kicks out the house dog.
- **Хэкужьыхьэ лъэщщ:** 1. Every dog is lion at home; 2. Every dog is valiant at his own door; 3. A cock is valiant on his own dunghill.
- **Хэкужьыхьэрэ пэт и унэм щыльэщщ:** 1. Every dog is lion at home; 2. Every dog is valiant at his own door; 3. A cock is valiant on his own dunghill.
- Хэкуншэр унэркъым: He who has no homeland does not prosper.
- Хэкуншэр кІуэдыпхъэщ: He who has no homeland is prone to be lost.

- **Хьэндыркъуакъуэ пэт сызыхэс псыр кууащэрэт, жеІэ** (Hendirqwaqwe pet sizixes psir kwuwascheret, zhei'e): (Even a frog wishes to live in deeper waters) Fish seeks deeper waters, man seeks a better place.
- Хьэндыркъуакъуэрэ пэт «сызыхэс псыр куууащэрэт» жеІэ: (Even a frog wishes to live in deeper waters) Fish seeks deeper waters, man seeks a better place.

Шэм зэхэгъэж ищІыркъым.

Щхьэж и унэ щылІыхъужьщ: (Everyone is hero at home) 1. Every dog is lion at home; 2. Every dog is valiant at his own door; 3. A cock is valiant on his own dunghill.

On Etiquette, Counseling, Education and Knowledge

(Хабзэм, ущииныгъэм, гъэсэныгъэм, щІэныгъэм епха псалъэжьхэр)

- **Абы бгым зыщидзыжмэ, уэ вийкІэ увэну?** (Умыфыгъуэ, умыйжэ, жыхуиІэщ. Вий=вей=dung): 1. If he throws himself down the mountain, does that mean you have to stand in dung; 2. Do not envy!
- Адыгэм хьэщІэ и щІасэщ: The guest is very dear to a Circassian.
- Адыгэ мыгъуэ, шыгъурэ пlастэрэ (Adige mighwe, shighwre p'astere): Even the most indigent of Circassians will prepare food (literally: salt and boiled millet dumplings) for you.
- Адыгэм япэ жиlэнур иужькlэ игу къокl (Adigem yape zhiy'enur yiwizchch'e yigw qoch'): 1. To prophesy after the event; 2. Wise after the event; 3. If things were to be done twice all would be wise; 4. One's tongue runs before one's wit; 5. Wise behind.
- Адыгэ нэмыс, урыс насып: Circassian decorum and Russian luck.
- Адыгэ хабзэр адэ щІэиныжьщ: Circassian customs and traditions are the ancient legacy of the father.
- АдрыщІым ущІэдэумэ, мыдрыщІыр къыплъысынщ.
- Акъыл зиІэм шыІэ иІэщ (ШыІэ=patience, perseverance): Good sense and patience go together.
- **Акъыл зиІэр си щІыб ису къезухьэкІ:** He who has sense I would gladly carry on my back.
- Акъылым уасэ иІэкъым, гъэсэныгъэм гъунэ иІэкъым: Intellect is priceless, education has no limit.
- Акъылыр ландыщэщ, гъэсэныгъэр дыщэ жыгщ (Ландыщэ дыщэ зэрылэ=that which gilds): Intellect gilds and education is a golden tree.

- Анэм «сипхъу закъуэ и псэ» щыжиІэм, пхъуми «си псэ» жиІэу хуежьащ: (When the mother said, "The soul of my only daughter", the daughter started to say, "My soul") To have too much of her mother's blessing.
- Анэмэтым хъейрэт ухуэмыхъу (Анэмэт=hostage; хъейрэт=епціыжыныгъэ, енэціыжыныгъэ; betrayal. Дзыхъ къыхуащіу къыпіэщіалъхьэм уемынэціыж, жыхуиіэщ): Do not hanker after something that has been put in your trust.
- A псор пщІэмэ, уи дзэр щІэхыу Іухунщ (A psor psch'eme, wiy dzer sch'exiu 'wxwnsch): 1. Curiosity killed the cat; 2. Too much knowledge makes the head bald.
- **Армум хиса жыгыр мэгъу** (Armum xiysa zhigir meghw): The tree planted by the clumsy person dies. Ахъшэр щэ бжыгъуэщ.
- **Бажэм и кІэр пІыгъыу тепыхьэ** (И кІэр зэрыпІыгъыу пІэщІэкІыжынкІэ хъунущ, жыхуиІэщ. *Even with his tail in your hand the fox might get away*).
- **Бажэм сишх нэхърэ** дыгъужьым срешх: Better be fed to the wolf than to be eaten by the fox.

Банэ хуэдэ зэхэплъхьэр

данэ хуэдэу зэхэпхыжынщи,

данэ хуэдэ зэхэплъхьэр

банэ хуэдэу зэхэпхыжынщ.

Банэ хуэдэу къэщтэж,

данэ хуэдэу гъэтІылъыж.

Бэдж пэтрэ Ізужь трах.

- **Бэлэрыгъ гъэр мэхъу** (Belerigh gher mex'w): (A rash man is soon captured) A rash man is an easy prey.
- **Бэлэрыгъыр бэлэрыгъауэ хуозэ:** A rash man is taken unawares.
- **Бэшэчыныгъэр зытемыкІуэн щыІэкъым** (Beshechinigher ziteimik'wen schi'eqim): Patience is a plaster for all sores.

- Бгъащхъуэ гушхуар, жьындум жьэхэхуэри ишхащ (Бгъащхъуэ=steppe eagle; гушхуа=daring; animated; жьынду=owl): The animated eagle fell into the beak of the owl and was eaten.
- **Бгъэр куэдрэ уэмэ, и дамэр мэкъутэ:** (If the eagle beats his wings very often, they will break) 1. The pot goes so often to the water that it is broken at last; 2. The pitcher goes often to the well (but is broken at last).

Бгъеям куэдрэ укІэлъымыгъыж.

- **Бгъуэ (блэ) егъапщи зэ пыупщІ:** (Measure nine [seven] times and cut once) 1. Measure thrice and cut once; 2. Score twice before you cut once; 3. Look before you leap; 4. Second thoughts are best.
- БжэщхьэІум нэмыс хьэдрыхэ ноІус (БжэщхьэІу=threshold; хьэдрыхэ=the life after): Do not utter bad words.
- **БжызоІэ, сипхъу, зэхэщІыкІ, си нысэ:** I am telling you, daughter, hear me out, daughter-in-law.
- Бжым зыщІэбуамэ «къызохьэльэкІ» жумыІэж (Bzchim zisch'ebwame 'qizohelhech' 'zhumi'ezh): In for a penny, in for a pound.
- Бжыхьэм унэмысу уи джэджьей умыбж (Bzchihem winemisu wiy jedzchey wimibzh): 1. Don't count your chickens before they (are) hatch(ed); 2. Catch the bear before you sell his skin; 3. Never fry a fish till it's caught; 4. First catch your hare then cook him; 5. To cook a hare before catching him; 6. To run before one's horse to market; 7. Don't eat the calf in the cow's belly; 8. Gut no fish till you get them (Scottish).

Бзаджэ къэзылъху и гуэн льапэ щІетІэж.

- **Бзаджэм уи кІэ иубыдмэ, пыупщІи блэкІ:** (If the bad man grabs your tail, cut it off and go on your way) Extricate yourself from an evil person at any price.
- Бзаджэ (e e, e лей, e leй,) пщlауэ (пщlэуэ)(,) фlы ущымыгугъ: 1. Reap as you have sown; 2. As you sow you shall mow; 3. As the man sows, so he shall reap; 4. As you make your bed, so you must lie on it; 5. To lie

- (sleep) in (on) the bed one has made; 6. To make one's bed, and have to lie in (on) it; 7. A bad beginning makes a bad ending; 8. As the call, so the echo; 9. Every bullet has its billet; 10. Curses like chickens come home to roost.
- Бзаджэр уи пэшэгъумэ, уи анэ мыгъуэ хъунщ: If you befriend an evil person, woe unto your mother!
- **Бзэгум къупщхьэ хэлькъым** (Bzegwm qwpschhe xelhqim): The unruly member.
- **Бзэгур** джатэм нэхърэ нэхъ жанщ (Bzegwr jatem nex're nex' zhansch): 1. The tongue is sharper than the sword; 2. The tongue is not steel, yet it cuts; 3. Many words cut (or hurt) more than swords.
- Бзуушхуэм бзу цІыкІур пэкІэцІыну щыхуежьэм— зэІытхъащ.
- Бзылъхугъэ пшэрыхь хущанэ (Пшэрыхь=hunter's bag).
- **Биижь умыгъэблагъи, уи адэ и благъэжь умыбгынэ** (Biyyizch wimigheblaghiy, wiy ade yi blaghezch wimibgine): Do not invite your old enemy (to your house) and do not desert your father's old relative.
- **Бийм ущысхьмэ, уІэгъэ ухъунущ** (Biym wischis-hme, wi'eghe wix'wnusch): If you spare your enemy, you will get injured.
- **Блэ егъапщи зэ пыупщІ** (Ble yeghapschiy ze piwipsch'): (Measure seven times and cut once) 1. Measure thrice and cut once; 2. Score twice before you cut once; 3. Look before you leap; 4. Second thoughts are best.
- **БлэкІам къэгъэзэж иІэкъым:** 1. Things past cannot be recalled; 2. Lost time is never found again; 3. What's lost is lost.
- **БлэкІар зэфІэкІащ:** 1. Let the dead bury the dead; 2. Lost time is never found again; 3. What's lost is lost.
- **БлэкІа хабзэжьым (хъыбарыжьым) укъемыджэж (укъемыкъуж)** (Blech'a xabzezchim [x'ibarizchim] wiqeimijezh (wiqeimiqwzh)): (Do not recall the old custom, *or* the old story) 1. Things past cannot be

- recalled; 2. Let the dead bury the dead; 3. What's lost is lost; 4. Let bygones be bygones.
- Блэр «пыщащ» жыпізу уи гуфіакізм думыгьэтіысхьэ: Do not say, 'The snake is frozen,' and place it in your bosom.
- **Быдэ и анэ гъыркъым** (Bide yi ane ghirqim): (The mother of the hardy does not cry) 1. Fast (safe, sure) bind, fast (safe, sure) find; 2. Caution is the parent of safety.
- **Бысымыр хьэщІэм и ІуэхутхьэбзащІэщ** (Bisimir hesch'em yi 'wexwthebzasch'esch): The host is his guest's servant.
- **Вым уанэ трелъхьэ:** (He is saddling the ox) He's such a nitwit.
- **Вырэ жэмрэ хузэхэгьэкІыркъым:** (He couldn't tell an ox from a cow) 1. He knows nothing at all; 2. He is so ignorant.
- **Гуащэ мыхъу жьантІакІуэщ:** The unworthy mistress heads for the place of honour (away from door, near hearth).
- Гуащэр гъэрмэ, мэжабзэ, хъыджэбзыр дэсмэ, мэутхъуэ: If the house mistress is captive, the liquid clears, and if the girl is at home, the liquid dims.
- Губгъуэм ущымыкъэрабгъэ, унэм ущымыл ыхъужь: If you are not a coward in the field, you won't be a hero at home.
- Гугъэ нэпцІыр щхьэгъэпцІэжщ: False hope is self-delusive.
- ГужьеигъуафІэщ унэхъугъуафІэщ: (He who easily succumbs to panick, gets ruined easily) 1. Do not panick; 2. Keep a stiff upper lip.
- **Гузэвэхыр щІэх жьы мэхъу:** (An anxious person soon gets old) 1. Relax; 2. Take it easy.
- Гукъыдэж уиІэмэ, пхуэмыщІэн щыІэкъым (Gwqidezh wiy'eme, pxwemisch'en schi'eqim): Nothing is impossible to a willing heart.

Гунэс ямыщІ саугъэт умыщІ.

Гупсыси псальэ, зыплъыхьи тІыс (Gwpsisiy psalhe, ziplhihiy t'is): (Think before you speak, look around before you sit down) 1. First think, then speak; 2. Think today and speak tomorrow; 3. Second thoughts are best; 4. Look before you leap; 5. Draw not your bow till your arrow is fixed; 6. Better the foot slip than the tongue trip.

Гур кІуэдмэ, лъэр щІэкІыркъым: If you lose heart, the feet won't leave the house

Гур кІуэдмэ, шыр жэркъым: If you lose heart, your horse won't run.



Гушхуэ Тхьэшхуэ и жагъуэщ (Гушхуэ=daring/courageous/inspirited fellow).

Гъэузи гъэхъуж: Hurt and heal.

Гъуэгу благъэ гъуэгу жыжьэ нэхърэ, гъуэгу жыжьэ гъуэгу благъэ (Ghwegw blaghe ghwegw zhizche nex're, ghwegw zhizche ghwegw blaghe): (Better a short

- long way than a long short way) The furthest way about is the nearest way home.
- Гъуэмылэпэм elэзэ, гъуэмылэкlэм eзауэ (Гъуэмылэ=provisions for a journey).
- Гъунэгъу бий ящІыркъым: 1. Don't make an enemy out of your neighbour; 2. Love thy neighbour.
- Гъусэ ямыщІынум блэкІрэ пэт йоджэ.
- **ГъущІыр плъа щІыкІэ еуэ** (Ghwsch'ir plha sch'ich'e yewe): 1. Strike while the iron is hot; 2. Make hay while the sun shines.
- Дахэ и щІагъ дыщэ щІэльщ: There is gold under the beautiful.
- Дахэр пагэмэ, пуд мэхъу: 1. If the beautiful woman puts on airs, she becomes cheap; 2. Don't put on airs.
- ДаІуэкІейм дэгу уещІри, плъэкІейм нэф уещІ: A bad listener makes you deaf, a bad looker makes you blind.
- Дэтхэнэ зы Іуэхутхьэбзэми бзыпхъэ иІэщ (Іуэхутхьэбзэ=service; бзыпхъэ=pattern for cutting).
- Делэм сэ сыфlокl, губзыгъэр езыр къысфlокl: I extricate myself from the fool; the wise extricates himself from me.
- Делэ(м) хабээ жыхуаГэр ищГэркъым (Deile[m] xabze zhixwa'er yisch'erqim): (A fool is ignorant of Circassian Etiquette) 1. As the fool thinks, so the bell clinks; 2. Fools rush in where angels fear to tread.
- Дыгъуэм икІэр мыгъуэ мэхъу: Theft is followed by misfortune.
- Дыгъум и пыІэр мафІэм ес (Dighwm yi pi'er maf'em yes): (The thief's cap is on fire) 1. If the cap fits, wear it; 2. The cap fits.
- Дыгъужь мэлыхъуэ ящІрэ?: Do they make a shepherd out of a wolf?!
- Джэд пасэрэ бын пасэрэ: An early hen is like an early child.

- Джэджьей зеуалэ псывэ хоупІэ: A lounging chick ends up being boiled alive.
- Джэду щысу шыпсэ умы lyaтэ: Don't tell a tall tale while the cat is seated.
- Дзей хуэщІэ фІыщІэ хэлькъым (Дзей=workmate, partner [especially in tilling]).
- Дзы зыфІэпщ дзы къыпфІещыж: 1. If you ascribe a defect to someone, he/she will ascribe a defect to you in return; 2. Do not calumniate others.
- ДзыхьмыщІыр дзыхьщІыгъуэджэщ: A distrustful person is dangerous.
- Егъэлей делагъэщ: It is stupid to go to excess, or do in excess.
- **Ем е и хущхъуэкъым** (Yem ye yi xwschx'weqim): (Evil is not the cure for evil) Two wrongs don't make a right.
- **Емрэ фІымрэ зымыщІэми имыщІэ щымыІэу къыфІощІ:** Even the person who cannot differentiate between good and evil thinks there is nothing that he/she doesn't know.
- **Ем щысхьыр фІым поГуджэ** (Yem schis-hir f'im po'wje): He that spares the bad injures the good.
- **Емыш и уанэ ехь:** (The indefatigable person wins the saddle) Perseverance is the key to success.
- E пщауэ фІы ущымыгугь, фІы пщами ущіэмыфыгьуж: 1. Reap as you have sown; 2. As you sow you shall mow; 3. As the man sows, so he shall reap; 4. As you make your bed, so you must lie on it; 5. To lie (sleep) in (on) the bed one has made; 6. To make one's bed, and have to lie in (on) it; 7. A bad beginning makes a bad ending; 8. As the call, so the echo; 9. Every bullet has its billet; 10. Curses like chickens come home to roost.
- **Есэр сэгъейщ:** 1. Old (bad) habits die hard; 2. Habit is second nature.

E улІын, e улІэн: (Either be a man, or die) 1. A man or a mouse; 2. Neck or nothing; 3. Either win the horse or lose the saddle; 4. (I will) Either win the saddle or lose the horse; 5. Make or break; 6. Sink or swim; 7. To burn one's boats.



Еущий (еущые) зы махуэщ(и), хабзэхьык Гэр (хабзэ хьэху) тхьэмахуэщ (махуищщ): (Instruction takes one day, its implementation takes a week [three days]) It is easier to give an advice than to follow one.

Еущые зы махуэщи, хабзэхьыкІэр тхьэмахуэщ (Yewschiye zi maxweschiy, xabzehich'er themaxwesch): (Instruction takes one day, its implementation takes a week) It is easier to give an advice than to follow one.

Ефэ—умыудафэ: 1. Drink moderately; 2. Drink in measure.

Жэмрэ вырэ зэхуотэдж: The cow and ox stand for one another.

Жейрэ лІарэ зэхуэдэщ: He who is asleep is like the dead.

- Жыжьэу бгъэтІыльмэ, (нэхъ) гъунэгъуу къэпштэжынщ (къэбгъуэтыжынщ) (Zhizchew bghet'ilhme, [nex'] ghwneghwu qepschtezhinsch [qebghwetizhinsch]): Fast (safe, sure) bind, fast (safe, sure) find.
- Жыжьэу бгъэтІыльыр благьэу къощтэж: Fast (safe, sure) bind, fast (safe, sure) find.
- ЖыІэгьуафІэ щхьэкІэ, щІэгьуейщ: Easier said than done.
- ЖьантІэм узэрыдашэр щыгъынырщ (Zchant'em wizeridasher schighinirsch): Fine feathers make fine birds.
- Жьэ лыкlуэ нэхърэ щхьэ лыкlyэ: Better the head mediator than the mouth intermediary.
- Жьэшхуэ тхьэшхуэ и жагъуэщ: A big mouth offends the supreme god.
- Жьым щытхъуи щІэр къащтэ (Zchim schitx'wiy sch'er qaschte): (Praise the old and take the new) 1. Cast not out the foul water till you bring in the clean; 2. Don't throw out your dirty water before you get in fresh.
- Зауэ ухуэмеймэ, уи джатэр жану щыгъэлъ (Zawe wixwemeyme, wiy jater zhanu schighelh): If you wish for peace, be prepared for war.
- Зэи нэхърэ зэгуэр (Zeyi nex're zegwer): Better late than never.
- ЗэрыпщІу мыхъумэ, зэрыхъуу щІы: If things don't happen the way you want, do what can be done.
- **Зэса (есэ) сэгъейщ:** 1. Old (bad) habits die hard; 2. Habit is second nature.
- ЗэхуэгъафІэ зэфІэкІуэд къыхокІ.
- Зэщыгугъ мэунэхъу: (He who relies on other people gets ruined) Rely on yourself.
- Зэщыгугъ хужьгъэшхщ (Zeschigwgh xwzchgheshxsch): (He who relies on other people ends up eating husked millet) Everybody's business is nobody's business.

- ЗекІуэкІейм лъашэ уещІри, дыхьэшхыкІейм Іушэ yeщІ: A bad campaig makes you limp, bad laughter makes your mouth crooked.
- **Зи бзэ ІэфІ щынэр анитІ (мэлитІ) ящІоф** (Ziy bze 'ef' schiner aniyt' (meliyt') yasch'of; щІэфын=to suck [of cubs kittens, etc.]): Soft fire makes sweet malt.
- Зи бзэ ІэфІым блэр гъуэмбым къреш: (A sweet talker lures the snake out of the hole) Soft fire makes sweet malt.
- Зи гупк із уисым и уэрэд жы із (ежьу) (Ziy gwpch'e wiysim yi wered zhi'e [yezchu]): (Sing the air of the person in whose cart you ride) Do in Rome as the Romans do.
- **Зи мы** уэху зезыхуэм и щхьэм баш техуэнц (Ziy mi'wexw zeizixwem yi schhem bash teixwensch): (He who interferes in other people's affairs will have a stick falling on his head) 1. Mind your own business; 2. Don't poke your nose into other people's affairs; 3. Every tub must stand on its own bottom.
- Зи бысым зыхъуэжым чыцыхъу хуаук (Ziy bisim zix'wezhim chits'ix'w xwawich'): (A mere male-kid is slaughtered for him who changes his original host) A guest was bound to knock at the door of the person who received him on his first visit. Seeking another lodging was considered a flagrant contravention of customary law. The new host was bound to receive the errant visitor, but he indicated his displeasure by slaughtering a mere goat for him. Although goat meat is in no way inferior to other kinds of flesh, it is the symbolism that is important in this regard. There was a redemption price imposed on the guest for such a 'misdemeanor' decided by a special village council and payable to the insulted party, i.e. the original host.
- Зи жьэ зэ<u>ГумыщГэм я гухэль зэрыщГэркъым:</u> If you don't open your mouth, no one will know what goes on in your heart.

- **Зи щхьэ мыузым уи щхьэуз хуумыГуатэ:** Don't relate news of your headache to someone who doesn't have a headache.
- Зи Іыхьэ зыфІэмащІэм хьэм фІешх (Ziy 'ihe zif'emasch'em hem f'eishx): The lot of the person who thinks it is too little gets eaten by the dog. Don't be greedy!
- **Зи Іуэ ит нэхърэ зи щхьэ ит:** Better to have in the head than in the penfold.
- **Зрат нэхърэ зыт** (Zrat nex're zit): It is better to give than to take.

Зы жьэм жьэдыхьэр жьищэм жьэдохьэ.

Зы махуаем зумыгъэлІ,

зы махуэлІым зумыгъашэ,

зы дзэшхуэм зумыгъэхь.

- Зызумысым и щхьэр сэм пиупщІыркъым (Zizumisim yi schher sem piywipsch'irqim): A fault confessed is half redressed.
- **Зызыгъэгусэ Іыхьэншэщ:** A sulker does not get his share (see associated saying *Уи Іыхьэ зыІэрыгъыхьи, итІанэ зыгъэгусэ*).
- Зым и щэхур щэхущи, тІум я щэхур нахуэщ: (When two know it, it's no longer a secret) When three know it, all know it.
- **Зым ищІэр щэхущи, тІум ящІэр нахуэщ:** (When two know it, it's no longer a secret) When three know it, all know it.
- Зыщытхъур къэгъани яубыр къашэ: Don't betroth the one they compliment, take the one that they censure.
- ЗыщІэпхьым къыпщІехьыж (ПщІэ зыхуэпщІым къыпхуещІыж, жыхуиІэщ): Honour him that honours thee.
- **ЗыІурыдзэ нэхърэ зыдэдзых** (Бгъуэтыр зэуэ зыІурыбдзэ нэхърэ гъэтІылъыгъэ щІы, жыхуиІэщ): Save for a rainy day.

- **И ныбэ нэщІ и Іэ тельыжын** (Yi nibe nesch' yi 'e teilhizhin): A clean fast is better than a dirty breakfast.
- Имылъ къолъэт (Фочыр нэщІщ жыпІзу уримыджэгу, узэдауэ къыщІзкІыу щІзщхъу къызэрыпщыщІын пщІзнукъым, жыхуиІэщ. Do not play with a gun—it might be loaded).

Ин жыГэ цІыкІу Іуатэщ.

- Иужь акъыл нэхърэ ипэ акъыл: Good sense is better at the beginning than at the end.
- **Куэд зыльэгъуам, куэд ещІэ:** The more you see, the more you know.
- Куэд къыубжмэ, уи тхьэмадэжь и цІэри къыхэхуэнщ: If you chatter a lot, even the name of your father-in-law will fall off. [According to Circassian customs a woman never called her parents-in-law, husband, or her brothers-in-law by their names. Instead, she used pet names, which were secretive appellations that she never divulged outside the family circle]
- КІапсэр кІыхьмэ, фІыщи, псальэр кІэщІмэ, нэхъыфІыжщ: It is good if the rope is long; it is even better if there are less words. Silence is golden
- КІэпІейкІэр зымыльытэр кІэпІейкІэ и уасэктым (КІэпІейкІэ=copeck (one hundredth of a rouble)): He who doesn't take care of his pennies is not worth a penny.

КъакІуэ и Іыхьэ ІыхьэхэмыІуэщ.

Къан хуэщ Эф Іыщ Рэкъым.

Къэмыс-нэмыс тІысыпІэщІэкъущ.

Къоджэ нэхъыжьш: It is the elder that calles.

Къоуэм уемыуэжмэ, Іэ пфІэту укъищІэркъым: If you don't hit back he who hits you, he will think that you don't have a hand.

Къыдыхьэр думыхуж, дэк ыжыр умыубыд: Don't turn out he who comes to you, and don't hold back he who wants to leave.

КъыпкІэльымыкІуэм узыкІэльигьэкІуэнукъым. КъыптекІуэ льэщщ: He who overcomes you is strong. КъыптекІуэр гугъущ: What overwhelms you is difficult.

- **КъуэфІми къуэ бзаджэми адэ щІзин ухуэмыльыхъуэ. Къуэшрокъуэр пІащІэри унакъым:** 1. More haste, less speed; 2. Fool's haste is no speed; 3. Hasty climbers have sudden falls; 4. Too swift arrives as tardy as too slow; 5. Slow and steady wins the race; 6. Slow and sure.
- **Кхъуэ етІэхъу кхъуэци къыкІэропщІэ** (Q'we yet'ex'w q'wetsiy qich'eropsch'e): He who scrubs every pig he sees will not long be clean himself.
- **Лажьэ жьы хъуркъым** (Лажьэ гукъеуэ, нэщхъеягъуэ) (Lazche zchi x'wrqim): Grief never grows old.
- Лъакъуэ псынщІэ вей хэпкІэщ (Lhaqwe psinsch'e vey xepch'esch): (A hasty foot jumps in the dung) 1. Hasty climbers have sudden falls; 2. More haste, less speed.
- ЛъапэкІэ хыфІэбдзэр дзапэкІэ къощтэж: What you flippantly discard with the tip of your foot, you will redeem with the tips of your teeth.
- Льэпкъыр зэкъуэтмэ льэщщ (Lhepqir zeqwetme lheschsch): There is strength in union.
- ЛІэным лІыгьэ хэльщ: There is courage in death.
- **ЛІы здашэ щІэупщІэркъым:** A man does not ask where he is being taken.
- **ЛІы и псалъэ епцІыжыркъым:** A man keeps his word.
- **ЛІы пхам лІы еуэркъым** (L'i pxam l'i yewerqim): Never strike a tethered man.
- **ЛІы псори ліыкъыми фыз псори фызкъым:** Not all men are men, and not all women are women.

ЛІы хахуэр утыкум щощабэ, лІы щабэр утыкум щокІий (Утыку=square in village where games are played, performances take place, dances are held, etc.): The brave man turns gentle in the village square; the soft man turns to screams in the square.

ЛІым зигъэгусэркъым.

- **ЛІыгъэр Іыхьэмыгуэшщ:** Courage is a lot that is not shared.
- **ЛІыкІуэ яукІыркъым** (L'ik'we yawk'irqim): Don't kill the messenger.
- ЛІыфІыр бэ дыдэщи, лІыфІ дыдэр зырызщ: There is no counting good men, but very good men are very rare indeed.
- **ЛІыхъужь и лъзужь кІуэдыркъым** (И цІэр, игъэхъахэр къонэж, жыхуиІэщ): (A hero's trail is never lost) Heroes live forever.
- **ЛІыхъур фыз дэубзэщи, лІыбзыр фыз дэуейщ:** A real man pays compliments to his wife, whereas an effeminate man beats up his wife.
- МафІэ нэхур «благъэщ» жыпІэу умыкІуэ, хьэ банэ макъыр «жыжьэщ» жыпІэу къыумыгъанэ.
- **Мащэ зытІ йохуэж** (Masche(r) (qe)zit'(ir) yoxwezh): (He who digs a (the) hole falls in it) 1. Curses like chickens come home to roost; 2. A dose of one's own medicine; 3. He that mischief hatches, mischief catches.
- **Мащэм зэ ихуэр набгъэщи, тІзу ихуэр нэфщ:** He who falls once in the hole is short-sighted, he who falls twice is blind.
- **Мащэм зэ ихуэр нэфщи, тІзу ихуэр гуншэщ:** He who falls once in the hole is blind, he who falls twice has no vision.

МащІэм зытезыгъэгусэм, куэдри фІыщІэ ищІынкъым.

Мэзрэ мазэххэрэ уи щэху щумы уатэ.

Мэкъу мащІи къыумыхь, мэкъу бэхьи умыхъу.

- МыхъумыщІзу ирагъэджар ебгъэджэжыну гугъущ: 1. Like teaching an old dog new tricks; 2. Old (bad) habits die hard.
- Мыщафэ Іэрымыльхьэм гуащэр щумыгьэгугь, гьусэ мыхьунум ущыгугьыу мыщэм уемыбэн (Mischafe 'erimilhhem gwascher schumighegwgh, ghwse mix'wnum wischigwghu mischem weimiben): (Don't promise the lady the bear skin that you don't have) 1. Catch the bear before you sell his skin; 2. Don't count your chickens before they (are) hatch(ed); 3. Never fry a fish till it's caught; 4. First catch your hare then cook him; 5. To cook a hare before catching him; 6. Don't eat the calf in the cow's belly; 7. Gut no fish till you get them (Scottish); 8. Don't eat the calf in the cow's belly; 9. To run before one's horse to market.
- Мыщащхьэ пльагъуу мыщэ льэужь зумыхуэ (умыльыхъуэ) (Mischaschhe plhaghwu mische lhewizch zumixwe (wimilhix'we)): Don't force an open door.
- Мыщэ жея къыумыгъэуш, лІы мышынэ умыгъэгубжь (Mische zheiya qiumighewish, l'i mishine wimighegwbzch): (Don't wake up a sleeping bear, don't annoy a fearless man) 1. Let sleeping dogs lie; 2. It is ill to waken sleeping dogs; 3. Don't trouble trouble until trouble troubles you.
- Нэ зыдэщымыпльэрэ тхьэкІумэ зыщымыдаІуэрэ, бэн зэвыр мыхьумэ, щыІэкъым: Eyes shall see, and ears shall hear.
- НэгъуэщІым ишхамкІэ уэ укъэмыкъей: Do not cackle if someone else gets the food.
- **НэгъуэщІым и щытхъум уэ уримыкъей** (Уримыкъей уримыпагэ): Do not become conceited by compliments directed at somebody else.
- **Нэмыс здэщымы насыпи щы Гэкъым:** 1. Where there is no decency, there is no fortune; 2. Decency and good luck go hand in hand.

- **Нэмыс пщІымэ уи щхьэщ зыхуэпщІыжыр:** The decent things you do you do to maintain your own honour.
- **Нэмысыншэр насыпыншэщ:** He who lacks decency is unfortunate indeed.
- **Нэпсейр насыпыншэщ:** A greedy man is unfortunate indeed.
- **Нэрылъагъу щытхъур щІыбагъырыубщ:** He who sings your praises in your presence calumniates you behind your back.
- НэфІэгуфІэ и нэ дыщэ ІуэнтІа щІэльщ: The eyes of the cheerful one are full of twisted gold.
- **Нэхъыжь теlущІыкІыпІэщ** (ТеlущІыкІыпІэ=place to trim, square): It is to the old that we go for trimming.
- Нэхъыжьым жьэ ет, нэхъыщІэм гъуэгу ет: The old has the right of speech, the young has the right of way.
- **НэхъыкІитІым яхэди я нэхъыфІыр къыхэх:** Of two bad things, choose the lesser evil.
- **Ныбэ Іей щыІэ мыхъумэ, шхын Іей щыІэкъым** (Nibe 'ey schi'e mix'wme, shxin 'ey schi'eqim): There is no such thing as bad food, but there are bad paunches.
- Ныбэм «уи адэ и жьак і къыпыупщі и къилъхьэ» же і э (Nibem 'Wiy ade yi zchach'e qipiwipsch'iy qiylhhe' zhei'e): (The paunch says: 'Cut off your father's beard and wear it.') If you make your paunch your master, it will lead you to impropriety. [Ныбэм уеда Іуэмэ, емык і укъы уигъэхьынущ, жыхуи і э ш
- **Ныбэр фэ цІынэ—лы цІынэщи зэІуокІ** (Куэд иплъхьэ хъуну щхьэкІэ, иумылъхьэ, жыхуиІэщ): 1. Do not gluttonize; 2. Do not be a glutton.
- **Ныбэрыдзэ нэхърэ щхьэдэдзых** (ГъэтІылъыгъэ щІы, жыхуиІэщ): Save for a rainy day.
- Ныкъуэдыкъуэ нэхърэ уэдыкъуа: It is better to be emaciated than to be disabled.
- Нысэ мыхъунур жьант ажэ мэхъури, маф э мыхъунур ищхьэм щолыд.

Пагэм и блыпкъ-блащхьэ къутэгъуафІэщ.

- ПащІэгъэлыгъуэ джэгу хэлъкъым.
- **ПерокІэ** тхэ нэхърэ, акъылкІэ тхэ: It is the mind that writes, not the pen.
- Псалъэ бзаджэ губзаджэщІщ, гурыщхъуэ щІыныр хуэмыхугъэщ.
- Псальэ гъущэк за хьэщ зирагьэк выжыркъым (Psalhe ghwschech'e hesch'e yiraghech'izhirqim): Fine (kind, or soft) words butter no parsnips.
- Псальэ дахэкІэ куэд пхузэфІэкІынущ (Psalhe daxech'e kwed pxwzef'ech'inusch): Soft fire makes sweet malt.
- Псальэ щабэ гущабэщІщ: Gentle words make the heart grow softer.
- Псальэ ІэфІыр мэгъущІэри, псальэ дыджыр мэщІытэ: Nice words dry up, bitter words get wet.
- Псапэ куэд хъуркъым: There is no such thing as too much charity.
- Псэр ящэри напэ къащэху: They sell their souls to buy consciences.
- Псы икІыпІэм (икІыгъуэм) унэмысу, уи кІэр думыхьей (умыІэт) (Psi yich'ip'em [yich'ighwem] winemisu, wiy ch'er dumihey [wimi'et]): 1. Laugh before breakfast you'll cry before supper; 2. Between (the) cup and (the) lip a morsel may slip; 3. There's many a slip ('twixt cup and lip); 4. Never cackle till your egg is laid; 5. Never fry a fish till it's caught; 6. Look before you leap; 7. Don't halloo till you are out of the wood; 8. It's not safe wading in an unknown water.
- Псыльэншэу Къурей ихьэркъым (Псыльэ=flask; Къурей—Кавказ льапэм щы р губгъуэшхуэ гуэрым и ц эщ; 'Qwrey' is the name of a large and dry steppe at the foothills of the Caucasus Mountains): Do not enter the Qwrey Steppe without water-flasks.
- ПфІэкІуэдам щхьэкІэ умыгь, къэбгъуэтам щхьэкІи умыгуфІэ: Do not cry over what you have lost, and do not be happy over what you find.
- Пхуэмыдэ пэшэгъум мыгъуэ уохъулІэ: The unworthy companion leads you to misfortune.

- Пхуэмыфащэ пэшэгъу пщІымэ, уи анэ мыгъуэ ищІынщ: If you make a companion out of an unworthy person, woe unto your mother!
- Пхуэмыфащэ щауэгъу умыщІ: Be careful whom you choose as a best man.
- Пхуэмыхын хьэльэ къыумыштэ (Pxwemihin helhe qiumischte): Zeal without knowledge (is like a runaway horse).
- ПцІищэ нэхърэ зы пэж: One truth is better than a hundred lies.
- **Пщащэр пагэмэ, ябгынэж:** If the young woman puts on airs, she will be avoided by all.
- Пыл хуэдиз зищІыну зигъэпщри тхьэкІумэкІыхьыр зэгуэудащ: The hare burst to smithereens pumping itself to elephant's size.
- **ШащІэрэ пІыщІарэ** (P'asch'ere p'isch'are): (Making haste is like freezing) 1. More haste, less speed; 2. Fool's haste is no speed; 3. Hasty climbers have sudden falls; 4. Too swift arrives as tardy as too slow; 5. Slow and steady wins the race; 6. Slow and sure.
- Сэлам лей хъуркъым (Selam ley x'wrqim): It is always opportune to pronounce greetings.
- Судым шыфэ псэу иплъхьэмэ, вакъапхъэ къипхыжыркъым.
- Сымыльагьуу си фІэщ хъунукъым (Similhaghwu siy f'esch x'wnuqim): Seeing is believing.
- **ТІакъуэр закъуэ палъэш, закъуэр лІа пэлъытэш** (T'aqwer zaqwe palhesch(iy), zaqwer l'a (schimi'e) pelhitesch): (Two men are like one man, and a single man is like a dead man) 1. One man, no man; 2. The voice of one man is the voice of no one.
- Уэшх блэкlам щакІуэ кІэлъумыщтэ(ж) (Weshx blech'am sch'ak'we ch'elhumischte[zh]): (After the

- storm, don't put on the felt cloak) 1. After death the doctor; 2. After dinner, mustard.
- Удафэ и акъыл ирефыж: The unruly one drinks up his own mind.
- Удын гуауэр мэгъущри, псалъэ гуауэр гъущыжкъым: The grief caused by a blow dries up, but an offensive word grieves forever.
- Уджалэ нэхърэ улъэпэрапэмэ нэхъыфІщ (Wijale nex're wilheperapeme nex'if'sch): A stumble may prevent a fall.
- Уемыгупсысу Іуэху бублэнщ—ущыуэнщ: Look before you leap.
- Ужьмэ, жьы хуэдэ щыти, ущІэмэ, щІэ хуэдэ щыт: If you are old, behave like an elder; if you are young, behave like the young.
- УзэпэгэкІыр кьопэгэкІыж: Do not put on airs.
- Узэральагьуу уафІощІ, узэрафІэщІу уальытэ: As they see you they make their minds about you, and they accord you consideration accordingly.
- **УзрихьэлІэ шхыныфІщ** (Wizriyhel'er shxinif'sch): 1. What you come across (first) is good food; 2. Hunger is the best spice.
- Узэрымыса бысым умыуб (Wizerimisa bisim wimiwib): Do not condemn a host to whose guest-house you have never been.
- Узэрымытым зумыгъэфІыкІ.
- **Узэфэну псым ухэмыубжьытхэ:** (Don't spit in the water from which you need to drink) 1. Don't foul the well, you may need its waters; 2. Never cast dirt into that fountain, of which thou hast sometime drunk; 3. Let every man praise the bridge he goes over.
- Узэфэну псым хьэ хыумыук (Wizefenu psim he xiwimiwich'e): (Don't kill the dog in the water from which you need to drink) 1. Don't foul the well, you may need its waters; 2. Never cast dirt into that fountain, of which thou hast sometime drunk; 3. Let every man praise the bridge he goes over.

- Узэчэнджэщын умыгъуэтмэ, уи пы тъэт ыси ечэнджэщыж: If you can't find somebody to talk things over with, take off your hat and consult it.
- Узэчэнджэщын умыгъуэтым, уи пыІэр гъэтІылъи ечэнджэщ (Wizechenjeschin wimighwetim, wiy pi'er ghet'ilhiy yechenjesch): If you can't find somebody to talk things over with, take off your hat and consult it.
- Узэщэ нэхърэ узэтэ (Wizesche nex're wizete): It is better to donate something than sell it very cheap
- Узигъусэм и фэ къыуаплъ.
- Узыгъэт Iыс уиубыжыркъым: He who offers you a seat shall not calumniate you.
- УзыдэмыкІуэжын ущыщымыуэ (А зэм узэралъэгъуам хуэдэу ущыту уафІэщынущ, жыхуиІэщ).
- Узыдэмыхьэ къуэладжэ лы дэзщ: The grass is always greener on the other side of the fence.
- УзытекІуэм пэкІум уахегьэн (Фащэм, щыгьыным щысхыын хуейщ, иужькІи цІыхум уарихыхьэн щхьэкІэ, жыхуиІэщ): You must spare your clothes so that you could get into the company of others.
- **УзытелІэ нэхърэ къыптелІэ:** Who falls for you is better than whom you fall for.
- Узыхэдэн щымы Ізмэ, щы Ізр къыхэх: If you cannot have the best, make the best of what you have.
- Узыхэтым захэгъэгъуащэ (Wizixetim zaxegheghwasche): Do in Rome as the Romans do.
- Узыхэтым уаймыкІумэ, уи унэ умыкІуэж.
- **Узыхэфыжыну псым ухэмыубжьытхэ:** (Don't spit in the water from which you need to drink) 1. Don't foul the well, you may need its waters; 2. Never cast dirt into that fountain, of which thou hast sometime drunk; 3. Let every man praise the bridge he goes over.
- Узыщымыгугын ущыгугымэ, пхыашэ гъуэгу урижэнщ (Гугьу уехьынш, жыхуиІэщ): If you pin your hopes where you shouldn't, you shall run through a path of woe.

- Узыщымысхыри уимы Іэххэри зэхуэдэщ: 1. Nothing saved, nothing gained; 2. Waste not, want not.
- Уи адэ-анэ яхуэпщІ нэмысыр уи бынми къыпхуащІыжынщ: Respect your parents and your children shall respect you.

Уи анэ зыуб уи щхьэ дэгьэсыс (Пэж жызы!эм дыжы!э, жыхуи!эщ): Nod your head to the truth, even if it is against your mother.

Уи анэ къобэнми зромыгъэуд.

- Уи гуащІэ еплъи уи лъэ гъэбакъуэ: (First consider your capability, then take your step) Cut your coat according to the cloth.
- Уи гуащІэ епльи уи льэ укъуэдий: (First consider your capability, then stretch your legs) Cut your coat according to the cloth.

Уи гур зыхуеІэм уи Іэр льоІэс.

Уи гъунэгъур бзаджэмэ, щІы хущынэ.

- Уи ин жиlэнщ, уи цlыкly иlуэтэжынщ: Your elders shall say it, and your young shall retell it.
- Уи къамэ тІзу къыумых, уи псалъэ тІзу жумыІэ: (Don't draw your dagger twice and don't say you words two times) Be decisive.

Уи мыгъусэ уи лъатэпс иумыгъапхэ.

Уи мыщауэгъу гъусэ умыщІ: Do not make a companion out of someone who is not your best man.

Уи напщІэ темыль тумыльхьэ: Do not put on airs.

Уи нэ гъаплъи уи лъэ гъзув: Let your eyes see, and let your legs stand.

Уи нэ къеlэм и псэ elэж (Wiy ne qei'em yi pse ye'ezh): Measure for measure.

- Уи псалъэ гъэІэси, уи нэмыс гъэбыдэ: Tame your words, and enhance your decency.
- Уи пхъэнк I ийр уи бжэкъуагъ къуэгъэлъыж (Wiy px'ench'iyr wiy bzheqwagh qweghelhizh): Wash your dirty linen at home.

Уи тепІэн еплъи, уи лъэ укъуэдий: (Stretch your legs according to the cover) Cut your coat according to the cloth.

Уи фІым иумытыр мафІэм уфІес.

Уи шхын нэхърэ уи нэщхъ.

- Уи шым ижынур пщІэжын хуейщ: You must know where your horse will run.
- Уи шхьэ и пlальэ зэгьэщlэж (Wiy schhe yi p'alhe zeghesch'ezh): Those who live in glass houses should not throw stones.
- УищхьэмпщІэхуумыщІыжмэ,зымикъыпхуищІынкъым(Wiy schhem psch'exwumisch'izhme, zimiy qipxwiysch'inqim): 1. If youdon't respect yourself, nobody will respect you; 2.Respect yourself, or no one else will respect you.
- Уи щхьэ(р) мыузу боз иумышэкІ (йомышэкІ): (Don't wind a coarse calico round your head) Don't run after vain pursuits.

Уи щхьэ хуэпщІыжыр уи нэмысщ.

Уи щхьэ хъумэ, си хъыджэбз.

- Уи Іыхьэ зыІэрыгъыхьи, итІанэ зыгъэгусэ: First get your share, then sulk (see associated saying 'Зызыгъэгусэ Іыхьэншэщ').
- Уи Іуэху зыхэмыльым уи бэлагь хомы (хыумы Iy) (Wiy 'wexw zixemilhim wiy belagh xomi'w [xiwimi'w]): (Do not poke your [flat wooden cooking] trowel into other people's affairs) 1. Mind your own business!; 2. Go about your business!; 3. The cobbler must stick to his last; 4. Don't poke your nose into other people's affairs.
- Укъызэрашэ уи шыбэщ, узэралъагъу уи гъуэгущ (Япэ зэрызыбгъэлъагъуэщ, жыхуиІэщ).
- Укъыщалъхум псори гуфlащ, ущылІэжкІэ зыхуэбгъагъыжыфмэ.
- УмыгъэтІылъ къэпщтэжыркъым: Fast (safe, sure) bind, fast (safe, sure) find.

- УмыщІэм ущІэупщІэныр емыкІукъым: It's not a shame to ask (when you don't know).
- Унэм зыщыгъаси хасэм яхыхьэ: First get proper upbringing and education at home and then start joining gatherings.
- Уп**І**ащ**І**эмэ, уогувэ: (If you make haste you'll be late) 1. More haste, less speed; 2. Fool's haste is no speed; 3. Hasty climbers have sudden falls; 4. Too swift arrives as tardy as too slow; 5. Slow and steady wins the race; 6. Slow and sure.
- УпІащІэрэ упіьщіарэ: (Making haste is like freezing) 1. More haste, less speed; 2. Fool's haste is no speed; 3. Hasty climbers have sudden falls; 4. Too swift arrives as tardy as too slow; 5. Slow and steady wins the race; 6. Slow and sure.

УпщІэ щІэщхъуркъым, щІэщхъу щІэнэркъым.

УпщІэ ІупщІэ хэлъкъым.

- Ухеймэ ульэщщ (Wixeyme wilheschsch): (If you are innocent, you are strong) A clear conscience laughs at false accusations.
- **Учэнджащэм ущыуэркъым** (Wichenjaschem wischiwerqim): (If you take counsel, you won't err) Good counsel does no harm.
- Ущакъуэ нэхърэ утакъуэ (ИмыуасэкІэ пуду пщэ нэхърэ, птымэ нэхъыфІщ, жыхуиІэщ): It is better to donate something than sell it very cheap.
- УщыкІмэ икІэ ухъунщ (see also *ЩыкІыр икІэ мэхъу*): The conceited person becomes the worst.
- Ущымытхъущэ пхуэубыжынкъым.
- Фадэм тек**Іуа щыІэкъым:** No one has ever prevailed upon drink.
- ФІэхъус лей хъуркъым (F'ex'ws ley x'wrqim): It is always opportune to pronounce greetings.

- **ФІей зезыхьэр фІей мэхъу** (F'ey zeiziher f'ey mex'w): He who scrubs every pig he sees will not long be clean himself.
- **ФІы зыщІэ упщІэжрэ?:** If someone does you a good turn, do you ask him why?
- ФІы къыпхуэзыщІэ фІы хуэщІэж: Repay kindness with kindness.
- ФІыр умыціыхумэ, нэхъ лъапіэр къыхэх: If you can't choose according to quality, pick the more expensive.
- **Хабзэ льэІукъыми, Іумахуэ Іуэхутхьэбзэкъым:** Etiquette is not begging, and gentle talking is not servility.
- **Хабзэм къемызэгъыр и бийщ:** He who cannot get accustomed to the etiquette, fights it.
- **ХабзэмыщІэ емыкІухьщ:** He/She who is ignorant of customs and traditions perpetrates improprieties.
- **ХабзэмыщІэ щІыкІейщ:** He/She who is ignorant of etiquette finds it difficult to to do things properly.
- Хабзэр убзэ зыф Іэщ Іым хуэпщ Іэнум и ныкъуэр къегъанэ: Leave off half of what you would do for someone who thinks that etiquette is servile attention.
- **Хабзэр убзэнкъым, къалэныр Іулъхьэнкъым:** Etiquette is not servile attention, and duty is not bribery.

Хэдэ мэдакъуэри хэпхъуэ ІыхьэфІэщ.

Хэдэ мэдакъуэри хэплъэ мэплъакъуэ.

Хэдэ мэдэхъу.

- **Хэплъыхь Іыхьэншэщ:** 1. Scornful dogs will eat dirty puddings; 2. To mistake shadow for the substance.
- Хуэму ук Іуэмэ, нэхьыбэ пк Іунщ (Xwemu wik'weme, nex'ibe pk'wnsch): Make haste slowly.
- **Хужьгъэ матэр гъэкІуэди, хужьгъэ гуэн зыІэрыгъэхьэ** (Xwzchghe mater ghek'wediy, xwzchghe gwen zi'erighehe): (Lose the husked millet basket, but not before getting the husked millet granary) 1. Throw out a minnow to catch a whale; 2. Sometimes the best gain is to lose.

- Хьэдзыгъуанэгъуэм къуацэкІэ ухэмыуэ (Hedzighwaneghwem qwatsech'e wixemiwe): Let sleeping dogs lie.
- Хьэдэр куэдрэ зепхьэмэ, мэ щоу, Іуэхур куэдрэ зепхьэмэ, мэльахъэ: If you keep a corpse for long, it will smell; if you drag a business too long, matters will become complicated.
- Хьэджафэ банэркъым, лъхукъуэщо хъуанэркъым (Хьэджафэ=borzoi, Siberian wolf-hound; лъхукъуэщо= serf; slave; хъуэнэн=to use foul language; to curse).
- Хьэрэмым хьэрэм къешэ: Evil begets evil.
- **ХьэфІ дэплъейр хьэфІ мэхъури, шыфІ дэплъейр шыфІ мэхъу:** He who looks up to a good dog becomes a good dog, and he who looks up to a good horse becomes a good horse.
- Хьэ хей умыук**I**, фыз хей иумыгъэк**I**ыж: Don't kill an innocent dog, and don't divorce a blameless woman.
- Хьэху хьэху тыж умыщІ: What is hired is not for hire.
- Хьэху яхь щыІэщи, хьэху хьыж щыІэкъым: It is easier to hire out something than to give it back.
- Хьэхурэ щІыхуэрэ зэІахыу хабзэжьщ: Hiring and borrowing are ancient customs.
- **ХьэщІапІэ кІуэуэ къинэжам хуэдэу** (Hesch'ap'e k'wewe qiynezham xwedew): The best fish smell when they are three days old.
- **ХьэщІапІэрынэр емыкІущ** (Hesch'ap'eriner yemik'wsch):
 1. It is in bad taste to overstay one's welcome; 2. The best fish smell when they are three days old.
- ХьэщІэ гъунэгъу нэхърэ хьэщІэ жыжьэ нэхъ лъапІэщ (Hesch'e ghwneghw nex're hesch'e zhizche nex' lhap'esch'): A guest from far away is dearer than a guest from nearby.
- **ХьэщІэ къашэ щыІэщи, хьэщІэ ишыж щыІэкъым** (Hesch'e qashe schi'eschiy, hesch'e yishizh schi'eqim): Guests come easily, but do not as easily go.

- **ХьэщІэ лей щыІэкъым** (Hesch'e ley schi'eqim): 1. A guest is never in excess (unwanted); 2. No guest should be regarded as a burden; 3. All guests are welcome.
- **ХьэщІэ мыхъу жьантІакІуэщ** (Hesch'e mix'w zchant'ak'wesch): The unworthy guest heads for the place of honour (away from door, near hearth).
- **ХьэщІэмыхъу** жьантІакІуэщ (Hesch'emix'w zchant'ak'wesch): The unworthy guest heads for the place of honour (away from door, near hearth).
- **ХьэщІэр шхэм—бжэм йоплъ** (Hesch'er shxem—bzhem yoplh): After eating the guest looks at the door.
- **ХьэщІэр шхэмэ, бжэм йоплъ** (Hesch'er shxeme, bzhem yoplh): After eating the guest looks at the door.
- **ХьэщІэ щІалэ щыІэкъым** (Hesch'e sch'ale schi'eqim): 1. There is no such thing as a young guest; 2. A guest is a guest. [All guests must be respected, no matter how young]
- ХъуэхъукІэ узэхыхьэу, хъуэнкІэ узэхэмыкІыж: To start with a toast and end up with a curse.
- **Щу псори** дыщэкъым (Ts'u psoriy discheqim): All is not gold that glitters.
- **ЦІыхум и цІэр езым зыфІещыж** (ЦІыхум и дуней тетыкІэм хуэдафэ къраплъ, жыхуиІэщ): Man makes his own name.
- ЦІыхуфІ и тхьэкІумэ дэгущ: (The ear of the good person is deaf) Hear no evil.
- **ЩыхуфІ** и Іэнэ хьэзырщ: (The table of a good person is always ready) Keep your table always ready (for guests).
- **Чэнджащэ щыуэркъым:** 1. He who takes counsel errs not; 2. Good counsel does no harm.
- Шэрэ лъырэ зэхакІэркъым: They don't pour milk and blood into one another.

- Шэхур хуабэу яхуз, фызыр щІалэу ягъасэ: Wax is compressed while hot, a woman is educated when she is young.
- Шу хьэщІэр ягьэшэсыж, льэс хьэщІэр пщІантІэм дашыж (Shu hesch'er yagheshesizh, lhes hesch'er psch'ant'em dashizh): They see to it that a guest on horseback mounts his horse on leaving, and they accompany the unmounted guest across the yard.
- Шхын нэхърэ шхалъэ (шхалъэ=feeding-trough; manger): Mind the feeding-trough before food.
- **ШыгъупІастэм уемылъэпауэ** (шыгъупІастэ=bread-and-salt): Do not scoff at meager food.
- Шыдыр удафэмэ, тало мэхъу (удэфэн=to misbehave; to conduct oneself in an unruly manner; тало=cholera): If the jack-ass misbehaves, it is struck with cholera.
- Шым еуи дыхьэ, ельэдэкъауи къыдэкІыж: Whip the horse and approach, spur the horse and leave.
- Шыр птымэ, шхуэри дэщІыгъу: If you give the horse, include the bridle.
- Шыуаным ильыр зымышхыжынур гуэным ильым тогужьеикI: He who will not eat up what's in the cauldron shall worry about what's in the granary.
- **ШыфІым** къамышы хуейкъым (Shif'im qamishi xweyqim): (A good horse is in no need of a whip) A good horse should be seldom spurred.
- Шыцуэс къесу узэрысым уимык (шыцуэс=light snow): Stay put where you are, if light snow is falling.
- **ЩакІуэ кІуэгъуэм хьэв япІыркъым, гузэвэгъуэм къан къахьыркъым:** They don't raise the puppy when it's time to go out for the hunt, and they don't bring in a ward in time of trouble. [According to a peculiar custom, the *ataliqate*, children of princes and nobles were entrusted at an early age to vassals to be raised and trained in a military fashion. This institution played a major role in strengthening relationships between the princes and their nobles and among nobles themselves.

The separation also served to lessen emotional attachment between parents and their children. This Spartan upbringing was necessary, as death in battle was only a heartbeat away. In ancient times, this institution was more strictly adhered to and it was not confined to any particular caste. Later it came to be associated only with the upper classes. When it was time to entrust the charge, which was between the ages 6-10, a boy was mounted on a horse, a girl in a carriage, and taken to the foster-home, together with ample supplies of fabrics and produce. The foster-father, *ataliq* (атэлыкъ), was expected to teach his ward, *qan* (къан) or *p'ur* (пЈур), many social and martial skills.]

- Щауэр зыгъэщауэр гуащэщи, гуащэр зэрыгуащэр и щэнщ (щэн=manners; disposition, character).
- Щауэ укІытэх хъыджэбзхэкІыжщ (Schawe wich'itex x'ijebzxech'izhsch): Faint heart never won fair lady.
- ЩхьэкІуэ зышх щхьэшхыгъуэ йохуэ (щхьэкІуэ=offence, injury, wrong; resentment, grudge).
- Щхьэр къэхь, жаІэмэ, пыІэр къахь.
- **Щхьэр псэумэ, пыІэ щыщІэркъым:** If the head is alive, it will not lack a cap.
- **Щыгъынибгъу нэхърэ теубгъуэн** (Щыгъын куэд уиІэ нэхърэ тепІэнщІэлъын, жыхуиІэщ): To have your bedding is better than nine complements of clothes.
- ЩыжаІэм щыпаупщІыркъым: It is rude to interrpt while someone is talking.
- ЩыкІыр икІэ мэхъу (see also УщыкІмэ икІэ ухъунщ): The conceited person becomes the worst.
- Щымыуэ и щыуагъэ яшхыркъым: To err is human.
- Щытхъукlей нэхърэ убыкlафІэ: A good calumny is better than a bad compliment.
- ЩыщІэ нэхърэ мащІэшх (Schisch'e nex're masch'eshx): A little is better than nothing.
- ЩакІуэ нэхърэ уэшх нэхъ благъэщ: 1. Rain is nearer than the great coat; 2. Always be prepared.

- Щалэгъуэр щхьэгъэрытщ (Ущалэху уІуэхутхьэбзащІэщ, жыхуиІэщ): While you are young, you are a servant. [One or two young men schhegherit (щхьэгъэрыт) were assigned to wait on the table at a Circassian feast, being usually the youngest of the attendants. Young though they might have been, they were supposed to be fully conversant with table etiquette, and they got their cues from (the subtle gestures of) the themade (тхьэмадэ). They were also expected to divine the wishes and requirements of the guests with minimal conversation. It was the custom to present them with goblets and to pronounce a toast in their honour]
- ЩІэ ягьэІущ щхьэкІэ, жьы яущиижрэ?: Do not teach an old dog new tricks.
- ЩІэм дежьи жьым дэшхэ (Sch'em deizchiy zchim deshxe): Travel with the young and eat with the elders.
- **ЩІзныгъэ** зимы**Іэр нэфым хуэдэщ:** He who lacks knowledge is like a blind man.

ЯмыгъэпсэлъэлІ яукІыркъым.

Япэ джэлам ущІэмынакІэ: Do not poke fun at him who falls first.

Япэ лІар япэ ирах: First to die, first to be removed.

Япэ лІэм джэбыныр ейщ: The shroud belongs to him who dies first.

Іэщми псэ Іутщ (ГущІэгъу хуэщІ, жыхуиІэщ): Even cattle have souls (treat them kindly).

Гей пщГауэ фГы ущымыгугъ ('Ey [e bzaje, e e] psch'awe f'i wischimigwgh): 1. Reap as you have sown; 2. As you sow you shall mow; 3. As the man sows, so he shall reap; 4. As you make your bed, so you must lie on it; 5. To lie (sleep) in (on) the bed one has made; 6. To make one's bed, and have to lie in (on) it; 7. A bad beginning makes a bad ending; 8. As the call, so the echo; 9. Every bullet has its billet; 10. Curses like chickens come home to roost.

Іуэхухутэ ялІыркъым, лІыкІуэ яукІыркъым: 1. He who reveals a matter is not slain, and a messenger is not killed; 2. Don't kill the messenger (if you don't like the message).

Іуэхутхьэбзэри щІыхуэщ: Even a service is a debt.

Outlook on Life

(ЦІыхум и дуней еплъыкІэр къэзыгъэлъагъуэ псалъэжьхэр)

- **Абрэмывэ пэт зы пІэм илъкъым** (Абрэмывэ= In the Nart Epos, a stone of immense size and great weight): Even the big stone does not stay in the same place forever.
- Адакъэр мыІуэкІи нэху щын къанэркъым.
- **Адэ мылъку бынгъэкІуэдщ** (И адэм и мылъкум щыгугъыу мылажьэурэ хуэмыху мэхъу, жыхуиІэщ. *If* you depend on your father's fortune, you become lazy and you will lose it eventually): The fortune of the father is wasted by his children.
- **Ажал зимыІэ щыІэкъым:** 1. No fence against the flail; 2. Every door may be shut, but death's door.
- Ажалыр бжэм (бжэщхьэІум) нэхърэ нэхъ благъэщ: 1. Death is nearer than the door; 2. Death knocks at the door.
- **Акъыл былымщ:** 1. Good sense is a great asset; 2. A good mind is one's greatest fortune.
- **Акъылыр жыыгъэ-щІагъэкъым:** Good sense is not tied to age.
- **Акъылыр нэмысщ, былымыр насыпщ:** The brain is the ethos, cattle one's riches.
- Анэм и гъуапэр пхъум и джанэщ: The mother's sleeve is the daughter's shirt.
- Анэм и хабзэр пхъум и бзыпхъэщ: The etiquette of the mother is the model/standard for the daughter.



Апхуэдэуи мэхъу, нэхъыфІи мэхъуж: Such a thing does occur, and better things do happen.

Аргъуейм и лым хуэдэщ и лэпсри (Arghweym yi lim xwedesch yi lepsriy) (As the gnat's broth so is the flesh) 1. A bird may be known by its song; 2. A tree is known by its fruit.

Афищэ зытар хьэ матищкІэ ящэжащ.

Аслъэныр жьы хъумэ хьэІуцыдзыр щодыхьэшх: When the lion gets old he is laughed at by the jackal.

Ахъшэр пшахъуэщи, гъащІэр пцІащхъуэщ (Ахъшэр пІэщІолъэлъ, пцІащхъуэр пІэщІолъэт, жыхуиІэщ): Money scatters like sand and life flies away like a swallow.

Бэрэжьей мэщхьэльэри, щхьэж и льэпкь хуокІуэж: (The elder [plant] is in bud, and everybody returns to his own kind) Like father like son.

Бэр зэкъуэтмэ—текІуэныгъэщ (еплъ аргуэру *лъэпкъыр зэкъуэтмэ лъэщщ*, икІи *узэкъуэтмэ улъэщщ*): There is strength in union.

- Бэр зэнэцІ нэхърэ бэр зэхъуэхъу: Better to congratulate people on their successes than to envy them.
- **Бгъэплъыщэмэ, мывэри зэгуоуд:** If you heat it a lot, even the stone would collapse to pieces.
- **Бжэн щынэ къилъхуркъым** (Bzhen schine qiylhxwrqim): (A goat does not give birth to a lamb) Like begets like.
- Бзаджэ уи пашэмэ, бзаджэ ухуешэ: An evil master leads you to the Devil.
- **Бзум и лым хуэдэщ и лэпсри:** (As the sparrow's broth so is the flesh) 1. A bird may be known by its song; 2. A tree is known by its fruit.
- **Бзум ил и лэпсщ:** (As the sparrow's broth so is the flesh) 1. A bird may be known by its song; 2. A tree is known by its fruit.
- **БлэбгъэкІым, улъэщІыхьэжыркъым:** Whom you let past you, you won't be able to catch up with again.
- **Блэр бэгмэ, и гъуэм ихуэжыркъым:** (If the snake puffs itself, it won't fit in its hole) Modesty adorns.
- **Былымыр уэсэпсщ, цІыхупсэр маещ** (Былым=cattle; riches; уэсэпс=dew; мае=nourishing, nutritious).
- Вындым и шыр ишхыжынумэ, сабэм хекухь: If the raven needs to eat its young, it drags them through dust.
- Выри льэщ дыдэщ—къаубыдри щащІэ: The bull is also very strong—but they catch and yoke him.
- Губгъуэ пщІащэрэ унэ пщІащэрэ зэтохуэ (Губгъуэ=field; steppe; пщІащэ=leaf).
- Гугъэм бгыр екъутэ: Hope breaks mountains.
- Гугъуехь зымылъэгъуам тыншыгъуэ ищГэркъым: He who has not endured hardship knows not what comfort is.
- Гугъуехьыр шэчыгъуафІэщ (УмышэчынкІэ Іэмал щимыІэкІэ, уигу уогъэбыдэри уошэч, жыхуиІэщ): If there is no escaping a hardship, bear it with a willing heart.
- Гудзэр теувэгъуэ-теувэгъуэщ (Гудзэ=spoke of wheel).

Гур зыщыплъэм, нэр мэплъакъуэ.

Гур зыхуе!эм Іэр льо!эс: 1. If the heart desires something, the hand will reach it; 2. If there's a will, there's a way.

Гур мыгъмэ, нэр гъыркъым: If the heart doesn't cry, the eyes won't cry.

Гурэ гурэ лъагъуэ зэхуа Іэщ.

Гурыщхъуэ нэрыщхъуэ ухуешэ.

Гурыщхъуэ щІыныр икІагъэщ: Suspiciousness is a bad disposition.

ГуфІэгьуэрэ гузэвэгьуэрэ зэпыльщ: (Happiness and misfortune lie side by side) 1. Every cloud has a silver lining; 2. Nothing so bad, as not to be good for something; 3. It's an ill wind that blows nobody good; 4. Life after death; 5. A blessing in disguise; 6. After rain comes fair weather.

ГуфІэгъуэри гуІэгъуэри зэпыщІащ (ГуфІэгъуэрэ гуІэгъуэрэ зэпыльщ): (Happiness and misfortune are connected [lie side by side]) 1. Every cloud has a silver lining; 2. Nothing so bad, as not to be good for something; 3. It's an ill wind that blows nobody good; 4. Life after death; 5. A blessing in disguise; 6. After rain comes fair weather.

Гухэхъуэ щІэщ, гухэщІ жьыщ: Joy is young, misfortune is old.

Гущэ зыхуащІым бэни хуащІыж: (They make both a cradle and a coffin to the new-born) Every door may be shut, but death's door.

ГъащІз зиІзм уахътыи иІзщ: Every door may be shut, but death's door.

ГъащІэр кІэщІщ: Life is but a span.

Гъуамэ цІыкІу нэхърэ гъуамэшхуэ: Better an old scoundrel that a young villain.

Гъуэгу благъэ (гъуэгу) жыжьэ нэхърэ, гъуэгу жыжьэ (гъуэгу) благъэ: (Better a short long way than a long short way) The furthest way about is the nearest way home.

- **Гъуэгу техьэ гъуэгу тенэркъым:** If you start on your way, you will get to your destination; the first step is always the hardest.
- Гъуэгум и к**І**ыхьагъым хуэдизи и бгъуагъущ: It is as broad as it is long.
- ГъущІ куэбжэ зиІэ гъущІ мастэ щощІэ (ГъущІ=iron; куэбжэ=gate; мастэ=needle; щыщІэн=to lack [smth.]): The shoemaker's wife is the worst shod.
- ГъущІыпэ пэтрэ мэхъуапсэ: He envies even an iron nose.
- Дахагъэм дагъуищэ егъэпщкІу: (Beauty hides a hundred blemishes) 1. Fair without, false (or foul) within; 2. Never judge from appearances; 3. Appearances are deceptive; 4. The Apple of Sodom.
- Дахэу ябз дахэу ядыжыркъым (Дахагъэ псор зым бгъэдэлъкъым, жыхуиІэщ): All beauty is not the lot of any one person.
- Делэм и псалъэм Іуэху тращІыхьыркъым: The words of a fool are scattered by the wind.
- «Дунейм сыт нэхъ ІэфІ, сыт нэхъ дахэ, сыт нэхъ жэр? шыжаІэм:
- Псэ нэхъ ІэфІщ, гъатхэ нэхъ дахэщ, гу нэхъ жэрщ», жаІащ: When they asked, 'What are the sweetest, most beautiful, and fleetest things in the world?', the answer came: 'The soul is the sweetest, spring is the most beautiful, and the heart is the fleetest.'
- Дунейр гъуэрыгъуэ шэнтщ: 1. Life allots fortune in turns; 2. Life is like a wheel of fortune.
- Дунейр чэзущ: Every dog must have his day.
- Дунейр шэрхъщи мэкІэрахъуэ: Life is like a wheel of fortune.
- Дыдж емы lyбам фом и lэфlагъэр ищ lэркъым: 1. (He) Who has never tasted bitter knows not what is sweet; 2. He knows best what good is that has endured evil.
- Дыдж yeмыlyбауэ ІэфІыр зэхэпщІэркъым (Dij weimi'wbawe 'ef'ir zexepsch'erqim): 1. (He) Who has

- never tasted bitter knows not what is sweet; 2. He knows best what good is that has endured evil.
- Джэд нэхърэ джэдыкІз нэхъ Іущщ: The egg is wiser than the hen.
- Джэд щыкъун и пщІыхьщ: A hen dreams of its feed.
- Джэду здэщымы Ізм дзыгъуэ щоятэ (щоджэгу): When the cat's away, the mice will play.
- Джэду и шырыр ишхыжын хъумэ, «дзыгъуэм ещхьщ» жеlэ: (When a cat wants to eat her kitten, she says: 'It looks like a mouse.') If you want a pretence to whip a dog, say that he ate the frying-pan.
- Джэдым зэрыфІагъэжыну сэр къеулъэпхъэщ: The hen rakes away the knife with which it will be slaughtered.
- Дзэр куэдрэ узмэ—Іуач: If your tooth aches so much, pull it.
- Дзы зиІэ и нэІэ тетщ (Dzi ziy'e yi ne'e teitsch): (He who has a defect worries about it all the time) He that has a great nose thinks everybody is speaking of it (Scottish).
- E мыхъу фІы хъужыркъым: Things have to become worse before the can become better.
- Ебгъэлеймэ—къреху: If he goes too far, get rid of him.
- **ЕмыкІур екІу мэхъури екІур емыкІу мэхъу:** What is improper might become proper, and what is proper might become improper.
- **Емынэрэ пэт зэрыхьэм зыгуэр къренэ:** Even black death spares a few souls.
- **Ер вы бжьакъуэм къок!:** 1. Evil can be born of trifles; 2. Great disputes flare up from mere trifles.
- ЖаІэр къос, ясэр къокІ: What they say comes to pass, what they plant grows to fruition.
- Жеймрэ гугъэмрэ адэ щІэиныфІ: 1. Sleep and hope are the good legacies of the father; 2. The wish is the father

- to the thought; 3. If it were not for hope, the heart would break.
- Жыг зытеуэри мэгурым, пщащэ зытеуэри мэгурым: He complains all the time.
- Жыгыжыр иту, жыгыщІэр йобэт.
- Жылэ(р) зыгъашхэ(р) шхын щхьэкІэ малІэ (Zhile(r) zighashxe(r) shxin schhech'e mal'e): 1. The cobbler's wife is the worst shod; 2. Wilful waste makes woeful want; 3. Waste not, want not. [Зи гугъу ищІыр пщафІэрщ; i.e. the cook]
- Жылэ лажьэ хъуркъым: Work for the community never becomes a liability.
- Жьэр щхьэм и лІыкІуэщ: The mouth is the messenger of the mind.
- Жьы къемыпщэу къурэ сыскъым: The dry grass won't move without the wind.
- Жым къихыр псым ехьыж (ехьэж) (Zchim qiyhir psim yehizh) (Гугъу удемыхьу къэбгъуэтар кІуэдыжыгъуафІэщ, жыхуиІэщ): Easy come, easy go.
- Жьым щытхъуи щГэр къащтэ (Zchim schitx'wiy sch'er qaschte): (Praise the old and take the new) 1. Cast not out the foul water till you bring in the clean; 2. Don't throw out your dirty water before you get in fresh.
- ЖьыфІ здэщымыІэм щІэфІи щыІэкъым: No good old men, no good young men.

Зэбий нэхърэ зэбэу.

Зэгуэс нэхърэ зэгуэт.

- Зэдэгъуэт нэхърэ зэблэгъуэтык (Зы махуэм псори уи нэхърэ, мащ эми, махуэ къэс зыгуэр бгъуэтмэ, нэхъыф Іщ, жыхуи Іэщ): Rather than have all for one day, it is better to have little every day.
- ЗэдеІэмэ бгыри ягъэкуэш (Ягъэкуэш—ягъэІэпхъуэ, *move*): There is strength in union.
- Зэзри зи хущхъуэ щы Іэщ: Even bile may sometimes cure.

- Зэманым дек**Іур лІыфІщ:** He who goes with the times is a good man.
- Зэхьэзэхуэ мэунэри зэижит мэунэхъу: Those who compete shall thrive, and those who envy one another shall be ruined.
- Зи игъуэр дахэщ: Everything is good in its season.
- **Зи къуэш мащэ хуэзытІыр йохуэж** (еплъ аргуэру Мащэ зытІ йохуэж): (He who digs a hole falls in it) 1. Curses like chickens come home to roost; 2. A dose of one's own medicine; 3. He that mischief hatches, mischief catches.
- **Зы акъыл нэхърэ акъылитI:** 1. Two heads are better than one; 2. Four eyes see more than two.
- **Зы акъыл нэхърэ акъылищэ:** (Hundred brains are better than one) 1. Two heads are better than one; 2. Four eyes see more than two.
- Зыгуэр щыжаІэм зыгуэр щыщыІэщ.
- Зы гъэм къэк удзыр зы вым ихъуркъым, къэхъунукъэщ энур зы лым ищ эркъым: No one bull can graze all the grass grown in one year, and no man can predict the future.
- Зы къэлэрри къэлэрищэри зэхуэдэщ (зыщ): 1. As well be hanged for a sheep as for a lamb; 2. Over shoes, over boots.
- Зы мафІэ хъуаскІэм жылэ псор къресэкІ (хъуаскІэ=spark): One spark sets the whole village ablaze.
- Зы мэлыфэ тІзу трахырктым: A sheep is only skinned once.
- **Зы хьэ зэбэным хьищэ йобэн:** One barking dog sets all the street a-barking.
- Зым и гуращэр щэм я гуращэщ (гуращэ=secret dream; intention): The aspiration of one is the aspiration of a hundred.

- Зым и хущхъуэ зым и щхъухьщ (хущхъуэ=medicine; щхъухь=poison): One man's meat is another man's poison.
- Зым и хьэдагъэщ, зым и нысашэщ (хьэдагъэ=ceremony of mourning over the deceased; нысашэ=wedding): One man's meat is another man's poison.

Зым тІур и дзэщ: Two are an army compared to one.

Зым хуэмыфІ хьэдрыхэ ягъэкІуэркъым (хьэдрыхэ=the life after) (Zim xwemif' hedrixe yaghek'werqim): 1. Even a fool tells the truth every now and then; 2. A fool may sometimes speak to the purpose; 3. A fool's bolt may sometimes hit the mark; 4. Nothing so bad, as not to be good for something; 5. It's an ill wind that blows nobody good.

Зыр лІа щхьэкІэ, зым зилІэжрэ?: Does one kill himself for the death of another?

Зыхьри мэгугъэ, яхьри мэгугъэ.

ИкІута из хъужыркъым: Don't cry over spilled milk. Илъэс плІыщІыр – дыгъужь плІыщІщ, илъэс хыщІыр – хьисэп хыщІщ, илъэс пщІейр – пэщащэ пщІейщ,

илъэсищэр – джэдык Іищэщ.

Кэрдэщыщхьэ мэщхьэльэри, щхьэж и льэпкъ йоуэж (Кэрдэщ, чэрдэщ: Lavatera punctata (spotted-stalked tree-mallow); епль аргуэру бэрэжьей мэщхьэльэри, щхьэж и льэпкъ хуокІуэж): (The Lavatera punctata is in bud, and everybody returns to his own kind) Like father like son.

Куэд зыгъащІэм куэд елъагъу: The devil knows many things because he is old.

Куэд зыгъащІэ нэхърэ куэд зылъагъу: Better to experience many things than (merely) live long.

Куэдрэ псэу куэд елъагъу: The devil knows many things because he is old.

- **Куэдрэ шэм ухэпльэмэ, льы хольагьуэ:** If you stare long into the milk, you shall see blood in it.
- КІапсэшхуэм ихьар арэфыпсым къехьыж (КІапсэ=rope; арэфыпс=rope made of raw hide).
- **КІ**э зимы і эктым (Ch'e ziymi'e schi'eqim): (Nothing without an end) 1. The morning sun never lasts a day; 2. All's well that ends well.
- **КІыгуугу и цІэ иреІуэж:** The cuckoo keeps repeating its name, giving itself away, exposing itself.
- **Къанзэгу** (**Къандзэгу**) пэтрэ гу егъэуфэрэнк**I** (Къанзэгурэ пэт гу егъэуфэрэнк**I**): (Even an ant-hill could overturn a carriage) One cloud is enough to eclipse all the sun.
- **КъашыргъитІ зэрошхри бзу и шхын къыдокІ:** (Even when two hawks eat one another, a meal is spared for a sparrow) Every cloud has a silver lining.
- Къэбублэр хабзэщ: What you initiate becomes the custom.
- **КъэкІуэгъуафІэ кІуэжыгъуафІэщ** (Qek'weghwaf'e k'wezhighwaf'esch): Easy come, easy go.
- **Къежьэкlей кlуэдыжыкlейщ:** Difficult to start, difficult to go bust.
- **КъуанщІэм нэ хуащІати «набдзэ» жиІащ** (КъуанщІэ=rook; набдзэ=eyebrow; eyebrows): (They made eyes for the rook, and it said, 'Eyebrows') Man is never satisfied.
- **КъуанщІзм узыхуишэр псэхэлІэлщ:** The raven leads you to carion.
- **Къупщхьэ къуаншэщи**, **лы пшэр дахэщ**: Bone is crooked, rich meat is beautiful.
- Кхъуэр зыщышынэн щымыІэм(э), Іуащхьэм докІ(уей): 1. Set a beggar on a horseback and he'll ride to the devil; 2. When the cat's away, the mice will play.

- Лажьэр къэкlуэгъуафlэ щхьэкlэ, кlуэжыгъуейщ: Misfortune comes easily, but is difficult to leave.
- Лы зышхар лэпс йофэж: He who eats the meat drinks the broth.
- Лыр фымэ, шыгъу траудэ, шыгъур фымэ сыт иращІэрэ? (МыхъумыщІэр зымыдэн хуейм езым мыхъумыщІэ ищІэмэ, хужаІэ. Said of person who does not accept disgrace of other people yet he brings disgrace to himself).

Лъакъуэ зышхыр щхьэ шхыгъуи йохуэ.

- **Лъэпкъ и зыпкъ кІуэдыркъым** (КъызыхэкІа лъэпкъым зыгуэркІэ емыщхь щыІэкъым, жыхуиІэщ).
- Лъэпкъыр зэкъуэтмэ лъэщщ: There is strength in union. Лъы уасэрэ пхъу уасэрэ мылъку хъуркъым: Blood money and (one's daughter's) bride price do not become riches.
- **ЛІар псэум пащІыркъым:** The dead are not equalled with the living; the dead are not given the same attention as the living.
- **ЛІэныгъэ зимыІэ щыІэкъым:** Death is the grand leveller.
- **ЛІэныгъэр жьыгъэ-щІагъэкъым:** Death accepts all ages.
- **ЛІзныгъэр Іыхьэмыгуэшщ:** Every door may be shut, but death's door.
- Пэужьыр бжьиблкІэ мауэ (бжьэ=бжьиз=span): (Heredity's strike reaches seven spans) Heredity is passed on for seven generations. [Encapsulates the Circassian custom of interdicting marriage between persons related up to the seventh ancestor so as to minimize the chance of genetic defects due to inbreeding. This was perhaps the next stage of prohibition of incest after the interdiction of close relative marriages]
- ЛІы и махуэрэ шы и махуэрэ зэхуэдэкъым: A man's day and a horse's day are not the same.

- **ЛІыр льэпкъщ:** 1. In Circassian folklore, a (newly married) man was considered (or hoped to be) the initiator of a new clan; 2. A man is a nation in himself (his children, grandchildren, etc).
- **Мазэ пэтрэ** дыркъуэ иІэщ (Мазэрэ пэт дыркъуэ иІэщ): (Even the moon has blemishes) 1. No garden without its weeds; 2. There are lees to every wine; 3. Every bean has its black (US).
- **Мардэ зимыІэ щыІэкъым:** 1. Everything/everybody has a limit; 2. Everything is good in its season.

МафІэ мащІэ Іугъуэбэщ,

бын мащІэ цІэцІалэщ,

гъаблэ бысым гуащэщ.

- **МафІэм и гъунэгъу лыр мажьэ:** The meat cooks near the fire.
- **МафІэншэу Іугъуэ щыІэкъым** (Maf'enshew 'wghwe schi'eqim): There's no smoke without fire.
- **Мащэ зытІ йохуэж:** (He who digs a hole falls in it) 1. Curses like chickens come home to roost; 2. A dose of one's own medicine; 3. He that mischief hatches, mischief catches.
- Мэкъумылэр мащІэмэ, шкІащІэр шхэрей мэхъу (Meqwmiler masch'eme, shch'asch'er shxerey mex'w): When the forage runs low, the little calf becomes voracious.
- Мэлищэ щакъуэншэ хъурэ? (хъуркъым): (A hundred sheep must have a lame one) 1. There is a black sheep in every flock; 2. It is a small flock that has not a black sheep; 3. Accidents will happen in the best regulated families; 4. Many a good cow hath a bad calf.

Мыгъуащэрэ щымыуэрэ щыІэкъым: To err is human.

МылІэр лІы мэхьу: He who doesn't die becomes a man.

Мыпсэльэху делэри губзыгъэщ: (While the fool is silent, he is wise) Silence is golden.

Мыщэ дыгъужь фІэбэлацэщ: The pot calling (*or* calls) the kettle black.

Мыщэр зыпІам йобэныж: The bear fights against the person who has reared it.

Насыпыр Іыхьэмыгуэшщ: Good fortune cannot be shared. **Нащэр мыхъунумэ, кІэрэф мэхъу**.

Нэдым и щхьэр умыт Гатэу, хьэ илърэ ху илърэ пщ Гэркъым (Нэд=leather bag; хьэ=barley; ху=millet): If you don't undo the top of the leather bag, you won't know what's in it.

Нэм екІур гуми йокІу: If the eyes like it, the heart will like it too.

Нэм и узыр нахуэщи гум и узыр щэхущ: The disease of the eye is for all to see, but the pain of the heart is a secret.

Нэм ильагьур щхьэм и уасэщ: What the eyes see is the worth of the head; the more you see, the wiser you get.

Нэм ипэ псэр ихуэ.

Нэм псэр и фыгъуэгъущ.

Нэри хьэхущи псэри хьэхущ.

Нэхъыбэм ящІэр хабзэщ: What most people do is the custom.

Нэхъыжь нэмыс, нэхъыщІэ насып: Propriety with old age, good fortune with youth.

НитІрэ пэт зэхуэдэкъым: Even one's own two eyes are not exactly the same.

Нобэрей джэдыкІэр пщэдейрей джэд нэхърэ нэхъыфІщ: 1. Better an egg today than a hen tomorrow; 2. One today is worth two tomorrow; 3. Today's egg is better than tomorrow's hen; 4. A bird in the hand is worth two in the bush, or in the wood; 5. A little is better than none; 6. Never quit certainty for hope.

Нобэ уи махуэщ, пщэдей си махуэщ: (Today is your day, tomorrow is my day) Every dog has his day.

Ныбэрэ бынкІэ псори зэхуэдэщ.

Ныбгъуэр бгъасэми, хьэсэр и плъапІэщ.

Ныбгъуэр жьы хъумэ, адэжынэ мэхъуж (Ныбгъуэр жьы хъумэ, и лы адэжынэм и лым хуэдэу пхъашэ, ІэфІыншэ мэхъу, жыхуиІэщ. When the quail becomes old, its flesh becomes like that of a little bustard – hard and bad-tasting).

Ныбгъуэр хьэм хэсми хум игу хуэгъэзащ.

ПащІэм къимыхьыр жьакІэм къихьыжыркъым.

Пэ зиІэм кІэи иІэщ: Every beginning must have an end.

ПэщІэдзэ зимыІэ щыІэкъым (Pesch'edze ziymi'e schi'eqim): Everything must have a beginning.

Псэжьым гуащэ къельхури, гуащэми псэжь къельху: A harlot may give birth to a lady, and a lady may give birth to a harlot.

Псэу лІа нэхърэ лІа псэу: better the dead and buried than the living dead.

Псым и жапІэр езым къегъуэтыж: A river finds its own course.

Псым хэль мывитІрэ пэт зонтІэІу.

Псыпэр зэрыжэм (зэрыкІуэм) псыкІэр(и) (ирожэ) ирокІуэ: (Where the river head goes the tail follows) 1. Like priest, like people; 2. Like master, like man; 3. The wagon must go whither the horses draw it.

Псыр гъужми, жапГэр къонэ: If the river dries up, the river-bed remains.

Псышхуэм псы цІыкІу хокІуадэ: The rivulet disappears into the large river.

Псы Іуфэм щыпсэум бдзэжьей зыхэсыр ещІэ: He who lives on the river-bank knows where the fish are to be found.

Пщэдейрей ныбгъуэ нэхърэ нобэрей бзу: (Today's sparrow is better than tomorrow's quail) 1. A bird in the hand is worth two in the bush, or in the wood; 2. One today is worth two tomorrow; 3. Today's egg is better than tomorrow's hen; 4. Better an egg today than a hen

- tomorrow; 5. A little is better than none; 6. Never quit certainty for hope.
- ПщІэгъуалэ утесмэ, иц щыщ къыпхохуэ: If you ride a grey horse, some of its hair rubs on you.
- Пальэ мыш ыр жыжьэщи, пальэ щар кьос: That which has no date is very far off, that which has a date comes to pass.
- **Сабыр и щІагь дыщэ щІэльщ:** (Gold lies under the modest person) 1. Modesty adorns; 2. Speech is silver but silence is gold.
- СыджыфІ уадэ щышынэркъым (Sijif' wade schishinerqim): 1. A good anvil does not fear the hammer; 2. Truth fears no court of law.
- Сымаджэр къанэри щІэупщІакІуэр лІащ: The patient lived on whilst his visitor died.
- **Тенджызрэ пэт ткlуэпс-ткlуэпсу зэхэтщ:** Even the immense sea is composed of little drops.
- **Тепсэр къытепхыжынщ:** Thou shalt reap what thou hast sown.
- **ТІакъуэр закъуэ палъэщ, закъуэр щымыІэ (лІа) пэлъытэщ:** (Two men are like one man, and a single man is like a dead man) 1. One man, no man; 2. The voice of one man is the voice of no one.
- Уэсукхъуэр бзу цІыкІум къегъэхъей: (An avalanche could be caused even by the small sparrow) One cloud is enough to eclipse all the sun.
- **Уэсыр фошыгъу хъуати, фошыгъулъэ игъуэтыжакъым** (Куэдыр пудщ, жыхуиІэщ. *That which is found in plenty is dirt cheap*).

Уэщым зиІэтыху, пхъэм зегъэпсэху.

Удахэмэ – ухейщ, ухеймэ – улъэщщ.

Узэджэр къок**Іу**э: Speak of the devil (, and he will appear).

Узэкъуэтмэ—улъэщщ (Wizeqwetme—wilheschsch): There is strength in union.

Узэрыгугъэу ухъутэмэ, уунэхъурэт?

Узыщыдыхьэшхыр къыпщыдыхьэшхыжынщ: He laughs best who laughs last.

Уи япэкІэ мывэ хъурей бгъажэмэ, ухуэзэжынщ: Reap as you have sown.

Уигу ирихьыр ІэфІщ, фІыуэ плъагъур дахэщ: Beauty is in the eye of the beholder.

УищІмэ (улІэмэ), ущІеинщ.

УкъызыщащІэм акъылщи, укъызыщамыщІэм былымщ.

УлІмэ, улІакъуэщ: If you are a man, you are a clan.

Унэвым уеуэмэ, мэзывым и бжьэ мэхъей: If you beat the house bull, the horn of the forest bull moves.

Унэр зэращІа уэщыжьыр щІыбым щІадзыж.

Ухэныпэ нэхърэ лъэпхъуамбыщІэ.

Ущыджэлэнур пщІэтэмэ, упщІэ бгъэтІылъынт: If you knew where you would fall, you would place a piece of felt there.

УщІалэху уотхьэ: Make merry while you are young.

Фадэр гуакІуэрыефэщи, фызыр гуакІуэрыкъашэщ.

Фор ІэфІ дыдэщ—зигу иримыхым ишхыркъым (For 'ef' didesch—ziygw yiriymihim yishxirqim; фо=honey): (Honey is very tasty, but he who does not like it does not eat it) Different people, different tastes.

ФІэщ хъуныгъэ хущхъуагъэ хэлъщ: Belief has a cure in it.

ФІыгъуэм я нэхъыщхьэр зэгурыІуэщ: Concord is the ultimate wealth.

ФІым фІы къыпокІуэри, Іейм Іей покІуэжыр: One good turn for another, one bad turn for another.

Хабзэр убзэнкъым, акъылыр къалэнкъым: Etiquette is not just paid compliments, and reason is not a task.

ХакІунтІ зы бо щІэзагъэркъым: Two thoroughbreds cannot live in the same stable.

ХакІуэмыхъу жылэ гъзунэхъущ.

Хейм и лъыр хамэм ещІэж: The blood of the innocent is avenged by the stranger. [The code of blood-revenge among the Circassians was analogous to the ancient lex talionis—an eye for an eye. Many first-hand accounts tell of the strict adherence to the law and severity of its application. Blood for blood was the main tenet. Nothing could assuage the rage of the relatives of the slain but the spilling of blood—well, almost nothing. For in certain cases the vengeance seekers could be appeared by being paid blood-price, *lhiwase*, by the slayer's kin, the amount payable being agreed upon by arbitration. Another loophole in the law, which put an end to many a raging vendetta, was the arrangement of a marriage between two members of the feuding parties. In addition, a murderer could atone for his crime by fostering a child belonging to his foe or a member of his clan].

Хуарэр дэхуэхмэ, гум йокъу.

Хъан – **техьэгъуэ-текІыгъуэщ** (Тетыгъуэр чэзущ, жыхуиІэщ): Power is had in turns.

Хьэлэр хьэлэк Тэ дауд (Iyayд): 1. One nail drives out another; 2. Diamond cut diamond; 3. Like cures like; 4. To fight fire with fire; 5. One fire drives out another; 6. Take a hair of the dog that bit you.

Хьэлърэ кхъуэлърэ зэтенэркъым.

Хьэм бацэ ишхмэ, бацэ къыдохыж.

Хьэм вакъэ хуэпщІмэ, лъешхыкІыж: If you make shoes for the dog, it will gnaw at it.

Хьэм и кІэм псы къыщІэмыуэу есыкІэ ищІэркъым: If the dog doesn't dip its tail in the water it won't learn how to swim.

Хьэфэм фо из хъумэ, зэгуотхъ (НыбэизыгъэкІэ щыкІа цІыхум хужаІэ): Said of a person who stuffs himself beyond satiety.

- **ХъумпІэцІэджым и кІуэдыжыгъуэм дамэ къытокІэ:** (The ant grows wings in the face of death) 1. A mouse is a lion in the face of death; 2. Despair gives courage to a coward.
- **ЩыкІуу къамылъху ин хъуркъым:** You must be born small to grow big.
- ЦІыху зыпІ цІыху уасэ хон.
- **ЦІыхуфІ и гъащІэр кІыхь хъуркъым**: Whom the gods love die young.
- **ЦІыху цІыху щІыжщ** (ЦІыхур зыгъасэр, зыущийр цІыхурщ, жыхуиІэщ): Man mends man.
- **ЦІыхугъэ зиІэ, и хьэ сыкъишх** (ЦІыхугъэншэм удэпсэу нэхърэ, цІыхугъэ зиІэм удэкІуэдым нэхъыфІщ, жыхуиІэщ): Better to die with a humane person than to live with an unscrupulous one.
- ЦІыхум я фэр зэрызэхуэмыдэм хуэдэу, я гури зэхуэдэкъым: As people are different in their skin colour, their hearts are also not the same.
- **Чэзу зимы р щы ракъым:** (Everything has its turn) The morning to the mountain, the evening to the fountain.
- Чы щІыкІэ умыгъэшыр бжэгъу хъумэ, пхуэгъэшыжыркъым: If you do not bend it whilst it's a twig, you won't be able to bend when it turns into a stake.
- Шэм исар шхум йопщэ (Shem yisar shxwm yopsche): (He who was burnt by milk blows on sour milk) 1. Once bit(ten), twice shy; 2. The scalded cat (or dog) fears cold water; 3. A burnt child dreads the fire; 4. Burnt bairns dread the fire (Scottish).
- Шкlахъуэми зы нэхъыжь яlэщ: Even the calf-breeders have one elder.

- ШкІэплъ зытелъ нэхърэ дагъэ зытет (ШкІэплъ: (bot.) Echium rubrum. Дахэ нэхърэ фІы, жыхуиІэщ): Better the substance than the appearance.
- Шы бэгуитІ зэхъуэгъущ (Бэгу=scab, sore): Birds of a feather flock together.
- Шы щакъуэ утесмэ, шы льэ псо ухуехь (Щакъуэ=lame): If you ride the lame horse it will lead you to the horse with a whole leg.
- Шыгъу зышхар псы йофэж: He who eats salt drinks water.
- Шым и пащІэр яІуантІэмэ, и щІыбыр щогъупщэ: If the horse's moustache is twirled, it forgets about its back.

Щрабзэм щыпаупщІыркъым.

Щхьэж и зекІуапІэ и кІуэдыжыпІэщ.

Щхьэж щыщ и щыдэжынщ (Щыдэжын=patch).

- **Щхьэм имылъмэ, лъэм и мыгъуэщ:** If the head is abed, woe unto the feet.
- **Щхьэм имытмэ, лъакъуэм и мыгъуагъэщ** (Schhem yimitme, lhaqwem yi mighwaghesch): If the head is abed, woe unto the feet. [This proverb was used as a title in one of Biberd Zhurt's plays]
- Щхьэм лъытэ имылъмэ, лъэр мэулэу: A light head trips the feet.

ЩхьэтепІэншэ къабзэ хъуркъым.

Щыгъын гуащэщи ятІэ пщы унэщ.

ЩыІэкІей кІуэдыжыкІейщ: A bad situation is difficult to get out of.

ЩІалэгъуэрэ дахэгъуэрэ зимыІэ щыІэкъым: Everybody enjoys a period of youth and beauty.

ЩІалэгъуэрэ делэгъуэрэ зимыІэ щыІэкъым: Everybody goes through a period of foolishness in his youth.

ЩІэблэ зыщІэмыхъуэр лъэпкъ хъуркъым.

ЩІэин ещэр щІэин мэхъу.

ЩІэр жьы мэхъури жьыр щІэ хъужыркъым: The young become old, but the old never become young again.

ЩІэр къэхъунум щІэнэцІурэ жьы мэхъу, жьыр блэкІам щІэнакІзурэ мэлІэж: The young grow old hankering after what is to come, while the old die wishing to relive the past.

ЩІэщхъу зыщІэ къыщІэкІуэркъым.

мьэжь щlаха къыщlэпхьэжкlэ хуабэ хъужыркъым.

Іэзэгъуэ зимыІэ узыгъуэ щыІэкъым: Every disease has its cure.

Іей мыхъу фІы хъужыркъым: Things have to become worse before the can become better.

ІнтІрэ пэт зэрымытхьэщІу зэрыщІэркъым.

On Human Character and Relationships

(ЦІыхум и хьэл-щэнхэр, цІыхухэм я зэхущытыкІэхэр къэзыгъэлъагъуэ псалъэжьхэр)

Абы жиІам и дзэ удэмыплъэж (ЖиІар уи фІэщ пщІы хъунущ, жыхуиІэщ): You may believe him.

Абы и гъащ Гэр Гэхъуэхэмыхьэу ехь.

Абы и Іуэхур щхьэкъутащ.

Абы нэхърэ хьэм нэхъ укІытэ иІэщ: Even a dog has more shame than him/her.

Абы ущыгугъмэ, уи гурыгъыр ижынщ: If you rely on him, you will be no better off than before.

Адыгэр зэхъуэзэщэщ, нэгъуейр зэщэзэблэкІщ.

Адыгэр зэшмэ, мэупсэ, урысыр зэшмэ, матхэ: When bored, the Circassian versifies, whilst the Russian writes.

Ажалыр зыщ, ар тІущ (Жагъуэ дыдэу ялъагъум хужаІэ): (Death is one, and he is another) Said of a repugnant person.

Ажэ ціыкіу бжьакъуэшхуэ: A small goat with large horns.

Ажэбжьэ зэрына зэригъэкІынкъым: He is weak, effete.

Ажэбжьэ зэрына зэригъэкІыфыркъым: He is weak, effete.

Акъылкъым, былымкъым: No sense, no fortune.

Акъылыр щагуэшым шыпсыранэм хэсащ: When sense was allotted he was in the nettle bush.

Алмэстым «сыцІыху и гугъэу хьэр къызобэн» жеІэри мэгуфІэ.

Анэдэлъху дзыр хъужыркъым.

Анэдэлъху узыр хъужыркъым.

Анэм лІыуэ къилъхуащ: He's a he-man.

Андызыр къетІри шыгъу кІанэ ирегъэтІысхьэж

(Андыз – удзщ, тхьэрыкъуэфщ. И лъабжьэр

- хущхъуэщ. ЦІыху быдэм, нэпсейм хужаІэ): Said of a stingy person.
- **Ар зыхыхьа псы жэбзэнкъым:** (The water he gets into never settles) He's a trouble-maker.
- **Ар си набдзэкІитІщ, ар си нитІым язщ:** He/She is the light of my eyes.
- Арыкъ сабынк із тхьэщ і къабзэ пхуэщ і ыжынкъым (Арыкъ=irrigation channel in Central Asia; Щ із пхъаджэ куэд зыщ і а ц із ціз хум хужа із. Said of person with plenty of evil deeds): Even if you wash him with soap in an irrigation channel you won't make him clean again.

Ауан ящІ ауаныщІ кІуащ.

Бадзэ къытелъэмэ, и шхулъэ йопкІ.

- **Бадзэ тІыса игъэтэджыркъым** (ЦІыху Іэсэм хужаІэ): Said of a gentle person.
- Банэ и пІэ банэ къокІэж: (In place of a thorn, another grows again) 1. Like father like son; 2. Like mother, like child; 3. Like mother, like daughter; 4. As the old cock crows, so doth the young; 5. Like begets like; 6. As the tree, so the fruit; 7. Like teacher, like pupil.
- **Банэхэсрэ Ерусалимрэ зэхегъэгъуащэ** (Банэхэс— Краснодар и гъунэгъуу щыс адыгэ къуажэщ; name of a Circassian village near Krasnodar; Ерусалим— Jerusalem): He confuses Banexec with Jerusalem.
- **Бэджэндибгъу кІуэнщ** (ГуащІафэщ, гугъуехь хуэшэчынущ, жыхуиІэщ): This looks difficult, toilsome.
- **Бэрэжьей гущэ ирапІыкІа?** (ЦІыху ІуэнтІам хужаІэ): To have too much of his mother's blessing.
- Бэрэжьей гущэ ирапІыкІащ: Coddled, pampered.
- Бгъур иук ыу епщ анэр к Іэсу къихьа хуэдэщ (Зыкъызыф Іэщ Іыжым хужа Іэ): To think the world of oneself.

Бдзантхьэ гъэва хэува хуэдэщ: As if stuck in dense glue.

- **Бжыщхьэ зэрына зэригъэкІынкъым:** He has no means, he is helpless.
- **Бжьо хуэдэщ** (КІуэкІэ дахэ зиІэ цІыхубз бжыыфІэм хужаІэ): Her gait is like that of a doe (of light, beautiful gait).
- **Бжьо КІуэкІ**э (КІуэкІ дахэ зиІэ цІыхубз бжьыфІэм хужаІэ): Like the gait of a doe (of light, beautiful gait).
- Бжын щІэгьуэм Іэпэ шынщ, бжын шхыгьуэм жумэрэнщ (Bzchin sch'eghwem 'epe shinsch, bzchin shxighwem zhumerensch): When it's time to do the onions, the fingers are blistered; when it's time to eat the onions, he's a gopher.
- **Бзаджэм и бзаджагьэр япэ кърегъэщ:** The wicked is known by his/her evil deeds.

Бзаджэм ишх фІым хуеІуатэ.

- **Бзаджэм ищІэр фІым трелъхьэ:** The wicked blames the good for his/her misdeeds.
- **Бзур ІукІэ къеубы**д (БзэІэфІ зыІурылъым хужаІэ): Said of a charmer.
- Благъуэр гъуэм къреху (Бзаджейм хужаІэ): (He could charm a dragon out of its hole) Said of an evil person. Блэ зэраукІа башщ.
- **Блэ япщэжа дыжьыныжьщ** (ФІым хужаІэ): Said of a good person.
- Вэнвей уэшх хэшхащ (Гугъуехь зыхуэмышэч хуэмыхур щыдзыхэк эхужа э): Said of a lazy and effete person.
- Вы мыхъунур жэмыбжьэщ, лІы мыхъунур жьэгъу жьакІэщ.
- **Вындыпэ иІыгъщ** (Зяужь ихьэр къохъулІэ, жыхуиІэщ): (He has a raven's beak) He is always attended by good luck.

Гу зимыІэ лІибгъу я ней къысщыхуэ.

Гу кІуэм гудзэ къыхеуд.

Гу къабзэ щхьэ цІапІэ.

Гукъеуэншэ пшэрыгъуафІэщ.

Гупыр зыгъэгупыр гуп и уасэщ.

Гупыр зыгъэукхъуэр кхъуэм хуэдэщ.

Гурымыкъ гурымыкъ и щІасэщ.

Гушы Іэк Іэ зымыщ Іэр Іэшт Іымк Іэ мауэ: He who does not appreciate banter uses his fists.

Гъэми щІыми зи павэжь (Зи ныбжьым емыкІуу щІалагьэ зыхэльым хужаІэ): Said of a man who shamefully acts in juvenile ways.

Гъэпсалъи епхыж.

Гъуапэкъым, пщампІэкъым: (Neither a sleeve nor a collar) Neither one thing nor the other.

Гъунэгъурэ гъуэншэджрэ (A neighbour is like a pair of trousers): Better a close neighbour than a distant relative.

Дахэжы эф ы мыщ : All talk and no cider (US). Дахэр зыгъэдахэр и набдзит : The eyebrows make the beautiful what she is.

Дахэр зыгъэдахэр и щэнщ: Good character adorns.



Делэ гуэшэгъу нэхърэ губзыгъэ дауэгъу: Better to quarrel with a clever man than to share a lot with a fool.

Делэ дыхьэшхырилэщ: A fool laughs a lot.

Делэ къуэлэн и щІасэщ.

Делэ хьэлывэ щІэнэцІщ.

Ди гъунэгъум сыкъыщышхи ди унэ мышхэу сынэсыж.

Ди гъунэгъум я джэдыр къаз хуэдэщ (Нэпсейм, фыгъуэнэдым ayaныщIy хужаІэ): (Our neighbours' hen looks like a goose) Said of a covetous person.

ДунейгъэбжьыфІэщ.

Дунейгъэдахэщ.

Дунейкъым, ахърэткъым (Зыми щыщкъым, зыкІи сэбэпкъым, жыхуиІэщ): 1. Neither one thing nor the other; 2. Utterly useless.

Дунейр бжьакъуэпэкІэ зэредзэ (Гурбияным хужаІэ): Said of a rude fellow.

Дунейр нэкІэ игъэл фІощІыж (ЗыкъызыфІэщІыжам хужаІэ): Said of a conceited person.

Дыгъужьыгу кІуэцІыльщ: He has the heart of a wolf.

Дыгъужьыдзэ Іутщ, бажэкІэ пытщ.

Дыгъужьым мэл зыфІихьынур и пыІэ щыгукІэ къещІэ.

Дыжьыныжь пщэжам хуэдэщ.

Дыщэ льэнкІэпс, уэсэпс хэмыхьэ.

Джатэ ихам хуэдэщ: Like an unsheathed sword.

Джэгугъуэм лІыхъужьщ, зэуэгъуэм жьындущ: A hero at playtime, but an owl during battle.

Джэду и къуэ дзыгъуащэщ: 1. Like father, like son; 2. Like begets like; 3. As the old cock crows, so doth the young.

Джэду хьэжы зыкъещ (хьэжы=Hadji. ЦІыхуфІыфэ зытрегъауэ, жыхуиІэщ): Said of someone who pretends to be a good person.

ДжэдыкІэм цы къыхех: 1. He's making a mountain out of a molehill; 2. He's hunting fleas.

Дзыбэ дзыусщ (Дзы=flaw, defect; дзыус=calumniator): The person with the most defects is the greatest slanderer of all.

Еджа щхьэкІэ, епщэжактым (Зи щІэныгъэр къэзымыгъэсэбэпыфым хужаІэ): Said of someone who is unable to make use of his education.

Ежьэ мыхъу ежьэ хъуа упэмыплъэ.

Езым фІимыгъэжар хьэрэмщ.

Емынэр зигу, жьэгум дэмыкІ.

ЕмыІусэ цыснэІу: To have too much of his mother's blessings.

ЕмыІусэ цыснэІуу щытын: To have too much of his mother's blessing.

ЕплъагъулІэр ебгъуэтылІэжыркъым (Зи теплъэмрэ зи лІыгъэмрэ зэхуэмыдэм хужаІэ): He looks like a heman, but acts like a coward.

Ерыщыр щыту малІэ: A steadfast man dies standing.

Жэщ дэлІэ, махуэ дэхъуж.

Жылэм ямыщхьым шыдыщхьэ фІэтщ.

Жылэм ямыщхьым бабыщыщхьэ къыфІокІэ.

Жылэр егъасэ, бадзэр есэкІ (ЩхьэзыфІэфІ дзыусым хужаІэ): Said of a boastful calumniator.

ЖьэкІэ маисэщ, ІэкІэ сэмэгущ: He is sharp with his tongue, but has two left hands.

Жьэмыгъэпсэху псэмыгъэтыншщ: Restless mouth, restless soul.

ЖьэрыІэзэ Іэпэзадэ: It's one thing to flourish and another to fight.

Жьы хъуар шхыдэ бэlущ, уемыдэlумэ, зегъэгусэ: When they turn old they become peevish, and if you don't listen to them, they sulk.

Жьым тесу псым йопыдж.

Жьым щхьэ ядэшх, щІэм льакъуэ ядэшх (Zchim schhe yadeshx, sch'em lhaqwe yadeshx): Eat the head (of the

sheep) with the elders, and have the leg (of the sheep) with the young ones.

Зэрымылъагъумэ, зэщІолІэ, зэрылъагъумэ, йолІыкІ.

Зэрымыль пэ льагэ: Empty vessels make the greatest sound.

Зэрымылъ пэлъагэщ (Zerimilh pelhagesch): Empty vessels make the greatest sound.

Зэрымытым Іэтищэ ирегъзувэ: He makes a mountain out of a mole-hill.

Зэрытым йоплъэ, зэрылъым йотэбэ.

Зэрыхъун хъури и нэр хъурей хъужащ.

ЗэхуэмыфІ зэфІэІуа.

Зибг имылъ къудан.

Зи бзэ ныкъуэм гуныкъуэгъуэ ущигъащ Тэркъым.

Зи гупк от пысым и псысэ elyaтэ: (Recount the tale of the person in whose cart you ride) Do in Rome as the Romans do.

Зи гупк І уисым и уэрэд жы І (ежьу): (Sing the air of the person in whose cart you ride) Do in Rome as the Romans do.

Зи мырамысэ зыхуэмыщІыжыр гъунэгъум жэмыкІуащІэ макІуэ.

Зи нэгу къабзэм и гури къабзэщ.

Зи ныбэр зи ІэфІылъэм и гур и лъэмыжщ.

Зи фІыщІэ зи мыгъуа, зи гъунэгъу зи бий.

Зи хущхьэ хъум и бзущ.

Зи шыкІэр къурыкъуу зи къэрар мащІэ (Къэрар – быдагъэ, фІэщ хъуныгъэ. Зи къэрар мащІэ – зи псалъэ фІэщ хъугъуей, псалъэ быдэ зимыІэ).

Зи щхьэ мыжьу зи жьэ джатэ.

Зи щхьэ Іуэху зыхуэмыщІэжыр хамэ ІуэхукІэ ерыщщ.

Зи щхьэр къабзэ, зи гур бзаджэ.

Зы щІыпІэ щокъакъэ, зы щІыпІэ щокІэцІ: To cackle in one place and lay the egg at another.

Зыдигъазэр и къэблэщ (ЗэрегуакІуэу, щхьэзыфІэфІу мэпсэу, жыхуиІэщ).

Зым и ІупщІэ зым и щІыбщ.

Зыухым и дей йокІри зыукІым и деж йохьэ (ЗыукІым — Іэщ зыукІым).

Зыхамы Іуэ мэтэджри мэпсчэ Іу.

Зы Іэм зы Іэр етхьэщІ (Zi 'em zi 'er yethesch'): (You) Roll my log and I'll roll yours; 2. You scratch my back and I'll scratch yours; 3. Claw me and I will claw thee; 4. It's a matter of give and take; 5. One hand washes another; 6. Ka me, ka thee.

И адэр къалъхури и къуэм зигъэпсэхужащ (Къуэ щхьэхынэм ayaныщIy хужаIэ): Said of a lazy son.

И анэ ещхь илъагъумэ, кІэлъыжэнущ: If he sees someone like his mother, he shall run after her.

И бамэ и пэ ирихьэжыркъым (Зи дагъуэ зымыщІэж пагэм хужаІэ): Said of a boastful person who is blind to his own defects.

И бэкъу гурыщхъуэ дещІыкІыж (ГурыщхъуэщІым хужаІэ): Said of a suspicious person.

И деж укІуэмэ, пащІэ лалэщ, уи деж къакІуэмэ, пащІэ задэщ: If you go to his house he is sullen, if he comes to your house his face brightens up.

И нэр ису и псэр хэгъуащ.

И ныбэ и хьэщГэ, и щГалэ и къан.

И псалъэ фоупсщ, и фадэ псы защІэщ.

И фэр бэгущ, и гур бзаджэщ.

И фэр фІыцІэ щхьэкІэ, и кІуэцІыр дагъэщ.

И хьэм ижынур ещІэж (ХузэфІэкІынур ещІэж, жыхуиІэщ).

И цищ мэтхъу.

И цІэ выщ, ив матэщ.

И шэ гъуанэ дадзыжынукъым (И щІыхь къутэжынукъым, яхуэгъэпудыжынукъым, жыхуиІэщ).

И шу дыжьынщ, и жьэгу хьэ гъыпІэщ.

И щхьэ бадзэ трихужыфыркъым: He is helpless.

И щхьэр матэщ, и жьэр джатэщ.

И щхьэр мыжьрэ и жьэр бзаджэу.

И щхьэр пкъуэлъу и лъэр пкъуокІ.

И Іуэху зыхэмыльым и бэлагь xely: 1. Mind your own business!; 2. Go about your business!; 3. The cobbler must stick to his last; 4. Don't poke your nose into other people's affairs.

Имылъу мэлъатэ.

Ириуэнуи ирищтэнуи гу кІуэцІылъкъым.

Ишхыр кІуэцІокъупщхьэри и пхэ къупщхьэр къыхощ.

Ишхыр фІэмащІэщ, ищІэр фІэкуэдщ (Yishxir f'emasch'esch, yisch'er f'ekwedsch): What he eats he considers to be too little, what he does he thinks is too much.

Къэрабгъэр япэ мауэ: The coward strikes first. Къэхь фІэкІ, мэхь ищІэркъым.

Напэ зимы Іэм дзажэпкъ и Іэщ.

Ныкъуэделэр ефэмэ, делэ дыдэ мэхъу: When the halfwitted drinks, he becomes a complete fool. Нысащ мышынэ-мыук ытэ мэлышхыэ ф Гэбзам щошынэ.

Пашэ ящІри яхуэкІуэркъым, дакъэм дащІэри яхуекъуркъым.

Пащтыхым и щхьэхынэщ (Щхьэхынэ Іейм хужаІэ. Said of a hopeless idler).

ПлІэкІэ къихьар ныбэкІэ ихьыжащ (Къихьар ишхыжри кІуэжащ, жыхуиІэщ): He ate what he brought and left [Literally 'What he brought on his shoulders he took away in his belly'].

ПсэжьитІыр щызэфІым зэкъуалъхьар щызэбийм зэкъуахыж.

Пастэгъэф уафэлъагъущ (ЦІыху сэбэпыншэм хужаІэ): Said of a useless person.

Си тхъэгъуэм си гъуанэдэплъэ, си лъаджэгъуэм къыслъимыплъэж.

Удым и удыгъэр япэ ирегъэщ: The witch is announced by her witchcraft.

Уеплъмэ, дахэщ, зэгуэпхмэ, банэщ.

Уи псэ си псэ нэхърэ си псэ тІэкІу (Wiy pse siy pse nex're siy pse t'ek'w): 1. Self comes first; 2. Charity begins at home; 3. Each for himself and the devil take the hindmost; 4. Near is my shirt, but nearer is my skin.

Уи **Гуэху зыхэмыльым уи бэлагь хомы!**: 1. Mind your own business!; 2. Go about your business!; 3. The cobbler must stick to his last; 4. Don't poke your nose into other people's affairs.

УкІытэр и нэгу щІэльщ, акъылыр и бзэгу тельщ. УкІытэр щагуэшым дурэшым дэсащ.

Унэм я мыгъуэр я гъуоущ.

Фэ зытетым гу кІуэцІыльщ. ФэкІэ щІалэрэ гукІэ лІыуэ. Фыз бзаджэ нэпсрыгуащІэщ. Фыз фэрыщІ лІыгъапцІэщ. Фызгъэгъу лІы гъум.

ХабзэмыщІэ щытхъухьым хьэгулывэм фо хекІэ. Хэмылъ хэлъхьэ кІуэри лъэпхъуамбыщІэ хилъхьащ (И Іыхьэ зыхэмылъым къыхихын и гугъэу кІуэри хилъхьэри къэкІуэжащ, жыхуиІэщ).

Хуабэ хъумэ, мэдыд, щІыІэ хъумэ мэдий.

ХьэжыщІри сату щІынри зэдегъакІуэ.

Хьэзыр Іупэху, щІэращІэ.

ХьэкІэри кхъуэкІэри зэрепх (Іуэху куэд зэпызыщэм хужаІэ).

Хьэ къарэ кlапэ жьэдэль хуэдэ (Нэкly фlыцlэ дзэ хужьым хужаlэ): Said of a black face and white teeth. Хьэлэболэ былым хуэщщ.

ХьэлІамэ къакІуэмэ, кІэфий нэкІуэнущ (Hel'ame

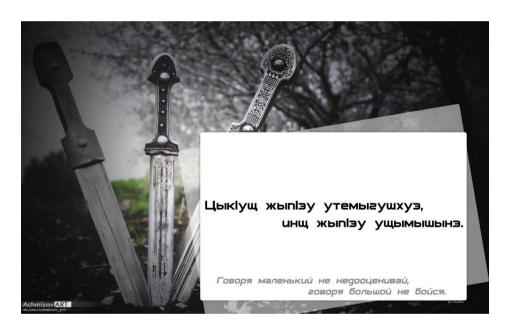
qak'weme, ch'efiy nek'wen[u]sch): 1. (You) Roll my log and I'll roll yours; 2. (You) Scratch my back and I'll scratch yours; 3. Claw me and I will claw thee; 4. Ka me, ka thee; 5. Nothing for nothing.

Хьэр и напэщ, кхъуэр и пащІэщ.

Хьыгъуэм гуащэщ, къэхьыжыгъуэм псэжьщ.

ЦІыкІущ жыпІ у утемыгушхуэ, инщ жыпІ эу

ущымышынэ: (Don't be) brave before the weak, but weak before the brave.



Шхэгъуэм дыгъужьщ, лажьэгъуэм жьындущ

(Shxeghwem dighwzchsch, lazcheghwem zchindusch): When it's time to eat he's a wolf; when it's time to work he's an owl.

Шхырыджэгу ныбалъэ, гъаблэ хъумэ, щхьэпІыж. ШыщІэ къамылъхуам уанэ хузэщІелъхьэ.

Щымысымаджэми бэджынэ и щІасэт (ЗызыгъафІэм хужаІэ; бэджынэ=flour and whey dish usually served to the sick): Said of an effete, self-indulgent person. Щыуэгъум лъапцІэщ, щыпцІапцІэм вакъэщ.

Щалэ фІыцІэ нэкІуфІэ, ахъшэ фІыцІэ гуфІакІэ. Щалэм къижыхьмэ, лІыжьым и лъэдий мэуз. Щыр бжьэкІэ епщри, къыпыщым тоувэ. Щыр къэмыщтэу къэщтэнукъым.

ЯхуэукІыркъым, яхуигъэкІыжыркъым. Яхутемыхьэ яхутекІыжыркъым.

Іэгу нэщІ пащІэ пІий.

Іэмбатэ зэрымытым Іэтэ ирегьэувэ (кърегьэкІ)

(Іэмбатэ=quantity of hay taken by one pitchfork; Іэтэ=rick, stook): He makes a mountain out of a molehill.

Іэм Іэр етхьэщІ ('Em 'er yethesch'): 1. One hand washes another; 2. You scratch my back and I'll scratch yours; 3. Claw me and I will claw thee; 4. It's a matter of give and take; 5. (You) Roll my log and I'll roll yours; 6. Ka me, ka thee

Іэнэ щагъэувым щохуэх, фадэ щаІэтым щохутэ. Іыхьсыхь Іыхьэшх.

Іупэ зэв джей быхъу: Thin lips and a wide throat.

On Family Matters, Relations, Friendship & Love

(Бынунагъуэм, благъагъэныбжьэгъугъэм, лъагъуныгъэм епха псалъэжьхэр)

- **Адэ лІзужьыншэрэ лыншэ къупщхьэрэ:** A father without heredity is like a fleshless bone.
- Адэр дэм хуэдэщи, анэр нэм хуэдэщ: The father is like a nut, the mother is like one's eyes.
- Адэр шхэкІэ къуэм зигъэнщІыркъым: When the father eats the son does not become satiated.
- **АдэфІ къуэфІ хуэщкъым** (Adef' qwef' xweschqim): (A good father is not lucky in havng a good son) Many a good father hath but a bad son.
- **Анэ бгъафэрэ хъурыфэ джэдыгурэ:** Mother's chest is (warm) like a sheepskin coat.
- **Анэ дэкlуэрэ лІы дэкlуасэрэ** (Тlуми емыкlу пылъкъым, жыхуиlэщ).
- **Анэ зимы Гэм гу Гэр и махуэщ:** He who has no mother will have sorrowful days.
- Анэ зимы за сабийр, адэ и зми, ибафэщ: A motherless child is a complete orphan, even if his father is still alive.
- Анэр нэщи, адэр лъэпкъщ: The mother is one's eyes, the father is (the progenitor of) a clan.
- АнэгукІэ къеІэри, анэІэкІэ къитри къызитам къысхуищІащ.
- АнэнэпІэсыр уэсым нэхърэ нэхъ щІыІэщ, зэзым нэхърэ нэхъ дыджщ: A step-mother is colder than snow and more bitter than bile.
- **АнэнэпІэсрэ гупкІэ тІысыпІэрэ:** A step-mother is like a seat in the rear of the cart.
- **Анэр бын гъэкІуэдщ** (Быным щысхьурэ, еубзэурэ егъэсэхъу, жыхуиІэщ. *She forgives them, pampers them*

- and pays servile attention to them): The mother spoils the children.
- **Анэ шыпхъу анэ палъэщи, адэ къуэш адэ палъэщ:** A maternal aunt is like a mother, a paternal uncle is like a father.
- Бэлагъык Іыр зы Іыгъым хьэ къарибгъу щогугъ: He who holds the stirring spade gives hope to the nine black dogs.
- Биижь благьэ хъуркъым, благъэжь бий хъуркъым: An old enemy doesn't become a relative, and an old relative does't become an enemy.
- **Благъэ жыжьэ нэхърэ гъунэгъуфІ:** Better a good neighbour than a distant relative.
- **Благъэ хъумэнрэ ху хъумэнрэ зэхуэдэщ** (ТІури хъумэгъуейщ, Іыгъыгъуейщ, жыхуиІэщ): Keeping a relative and preserving millet are the same (both are difficult).
- **Благъэжьрэ** дыжьыныжьрэ: An old relative is like old silver.
- Быдзышэр хьэкхъуафэм иракІэркъым (Быдзышэм нэмыс иІэн хуейщ, жыхуиІэщ): (Breast-milk is not poured in the trough).
- Гузэвэгъуэр ныбжьэгъу зэхэгъэкІыпІэщ (гъэунэхупІэщ) (Gwzeveghwer nibzcheghw zexeghech'ip'esch [ghewnexwp'esch]): 1. A friend in need is a friend in deed; 2. A friend is never known till a man have need; 3. Prosperity makes friends, and adversity tries them.
- ДэІэбеи ет, еІэбыхи къашэ.
- Делэ благъэ нэхърэ губзыгъэ бий: Better a clever enemy than a foolish relative.
- Делит**I зэгуэгъущ, тІуанитI зэегъущ:** The two fools work in unison, (whereas) the two wives (of the same man) are ill-disposed towards one another.

- Дыгьэ нэпс нэхърэ анэ бгъафэ: Mother's chest rather than the sun's rays.
- Драхьеймэ, мэгъущІэ,
- **Кърахьэхмэ, мэщІытэ:** When it is lifted, it becomes dry; when it is lowered, it becomes sodden.
- Дыщ мэжаджэ ІэфІщ (Мэжаджэ=unleavened bread in the form of large flat cakes baked in the Caucasus): Bread of the homestead is the best.
- Джанэ нэхърэ гъуэншэдж нэхъ благъэщ: The trousers are nearer than the shirt.
- Джэд хуэдэ, быныфІэщ: Blessed with offspring like a hen.
- Джэдумрэ фызымрэ унэгуащэщи, хьэмрэ лІымрэ ныбгъуащэщ: Woman and cat are ladies of the house; man and dog are hunters of quails.
- Еблагъэ зи бэм и бын мэжал Гэркъым (Yeblaghe ziy bem yi bin mezhal'erqim): The children of the person who receives many guests never go hungry.
- **Егъур гъуэтыгъуафІэщ, благъэр гъуэтыгъуейщ:** Illwishers are easy to find, relatives are difficult to find.
- **ЕтІуанэлІрэ ІулІэІуданэрэ:** A second husband is like a basting thread.
- Жагъуэгъурэ щІасэгъурэ зимыІэ щыІэкъым: Everyone has friends and enemies.
- ЖагъуэлІрэ лІэныгъэрэ: An enemy is like death.
- Жэм лъакъуэм шкІэ иукІыркъым: (The cow does not kill the calf with its legs) 1. Crows do not pick crows' eyes; 2. Hawks will not pick hawks' eyes out; 3. Dog does not eat dog.
- Жэм лъакъуэ шкІэ иукІрэ?: 1. Crows do not pick crows' eyes; 2. Hawks will not pick hawks' eyes out; 3. Dog does not eat dog.

Жьы зэрымысым нэмыс илъкъым, щІэ зэрымысым насып илъкъым.

Закъуэныгъэ нэхърэ Іэл къыбдис: It is better to live with an unsociable person than to stay alone.

Зэдэшхэ ІэфІщи, зэдэфІ унэщ.

Зэкъуэш псори зы анэ къилъхуркъым: Not all brothers are born of the same mother [said of very close friendships].



ЗэкъуэшитІ зэкъуэщтыжыркъым

(Зэкъуэщтыжыркъым—щтэуэ зыр зым хыфІидзэркъым): Two brothers do not forsake one another.

ЗэкъуэшитІрэ дзитІ зыІутрэ.

- ЗэлІзэфыз я псэ зы чысэ ильщ: A married couple have their souls in one pouch.
- ЗэхэкІыр губжьым къыхокІ: Separation results from anger.
- ЗэхуэдитІыр къызэдофэри джэду хьэжы зыкъещІ.
- Зэхуэфащэ зэщауэгъущ (Щауэгъу=best man): Birds of a feather flock together.
- Зегъзуби уи бын пІыж: Don't lay off censuring when raising your children.
- Зи адэ лІар ибэ ныкъуэщ, зи анэ лІар ибэ хъурейщ: He who lost his father is half-orphan; he who lost his mother is a complete orphan.
- Зи щхьэ уи унэ исым и псэ уи унэ ильщ: He whose head is in your house, his soul is (also) in your house.
- **Зил І Іэмбатэм и фыз куэтэрамэщ** (Іэмбатэ=quantity of hay taken by one pitchfork) (Зил І мык Іуэмытэм и фызри апхуэдэщ, жыхуи Іэщ. *The wife of the sloven is herself a slattern*).

Зы бын зиІэми бынищэ зиІэми зэхуэдэу ялъагъу. Зи унэ и хьэдэ зы унэ итІысэркъым.

Зы хьэщІэм зы хьэщІэ и жагъуэщи хьэщІитІыр бысымым и жагъуэщ (Zi hesch'em zi hesch'e yi zhaghweschiy hesch'iyt'ir bisimim yi zhaghwesch): One guest resents the other, whilst the host is weary of both. Зыпс ираш зэшыпхъущ.

И адэ еплъи и къуэ дэкІуэ: (Look at the father, then marry the son) 1. Like father, like son; 2. Like father, like child.

И анэ еплъи ипхъу къашэ: (Look at the mother, then marry the daughter) 1. Like mother, like daughter; 2. Like mother, like child.

И анэр гупсэщ, и адэр псэущ (Къэзылъхуахэр узыншэщ, псэущ, насып иІэщ, жыхуиІэщ): The parents are healthy and prosperous.

И бын гуІущІзу зыгъэсам и нэпскІз епшыныж.

И нэм и джабэхъщ, и псэм къыпатхъащ.

И нэм и нэхущ, и псэм и хъуахуэщ (Мы псалъитІми: фІы дыдэу елъагъу, жыхуиІэщ).

И уанэ трилъхьэмэ, игу ирилъхьэжащ (Щхьэ закъуэу, бынунэ зимы эр псэум хужа эр: Said of person who lives on his own with no family.

И щхьэ закъуэ и лъакъуитІщ.

Игу къобгъэну анэкъилъху нэхъ бзаджэщ.

Имыльагъумэ, щІолІэ, ильагъумэ, йолІыкІ.

Имысрэ сымаджэрэ Іыхьэншэщ: The absent and the sick are left with no shares.

КъакІуэ псори благъэщ (Qak'we psoriy blaghesch): All those who visit are considered relatives.

КъакІуэхэ я унэщ (Qak'wexe ya winesch): It is a house for all comers.

Къалъхур ирегъашэ, къашэр егъэнысэ.

Къантешэ нэхърэ къаншэж.

Къапшэ хъунущ, хуэпшиин уиІэмэ.

Къэда**Іуэ**, си хъыджэбз, зэхэщ**І**ык**І**, си нысэ: Listen, my daughter, comprehend, my daughter-in-law. [According to Circassian customs, the lady of the house conveyed messages to her daughter-in-law through talking to her daughter while the former was within hearing range]

Къэзыльхуар мэупІэри зымыпІам хуолажьэ

(Хъыджэбзыр зыщальхуа унагъуэм йокІри зыдэкІуам яхуолажьэ, жыхуиІэщ. *The daughter leaves her family house to work for her in-laws*): Her family raised her, but she works for her in-laws

КъэзышагъащІэм щІакІуэщІэрэ кІуэкІэщІэрэ къещтэ:

A newly-married man gets a new (felt) cloak and assumes a new gait.

Къэсшэн согъуэт, сымыгъуэтыр къыздэкІуэнщ.

- Къилъхуари къэзылъхуари зэхуэдэщ: 1. Like father like son; 2. Like mother like daughter.
- **Къомыхъуэжынур, къомыщэжынур уи анэрэ уи нитІрэщ:** What you cannot exchange or sell are your mother and your two eyes.
- Кърум шыр имыІэмэ, зы бзущ (Къру=crane): A crane with no chicks is a mere sparrow.
- Къуажэ дэз Іыхьлы нэхърэ жылэ и зырыз благъэ.
- Къуажэ ив нэхърэ къуажэ и благъэ: A friend in court is better than a penny in purse.
- **Къуажэ ив нэхърэ къуажэ илІ:** (Better the man of the village than the village ox) A friend in court is better than a penny in purse.
- **КъуанщІэ и шыр фІэдэхэжщ:** (A rook thinks its young are beautiful) Each bird loves to hear himself sing.
- **Къуаргърэ пэт, и шырым «хужь цІыкІукІэ» йоджэ:** (Even the raven calls its young 'my white one's') Each bird loves to hear himself sing.
- Къуэ бзаджэм адэм хъуэн къыхуехь, пхъу бзаджэм анэм хъуэн къыхуехь: A bad son brings shame to his father, a bad girl bringd disgrace to her mother.
- Къуэ бзаджэм яжьэм ухегъэс, пхъу бзаджэм хасэ урехьэ.
- **Къуэ зимы А зар нысэльыхъу ежьэркъым:** A sonless father does not go looking for a daughter-in-law.
- **Къуэ мыхъумыщІэм адэр егъзулъий:** A bad son is a disgrace to his father.
- Къуэ пцІыупс зиІэ и анэ гуфІэ щыщІэркъым: The mother of a lying son knows no joy.
- Къуэ уиІэмэ, нысэ уиІэщ: If you have a son, you have a daughter-in-law.
- Къуэм и нэр нэфми, анэм псэууэ елъагъу: Even if the son is blind in his eye, the mother sees it whole.

Къуэм и псэр анэм и псэфылъэщ.

Къуэм уилІынщ, лІым уипІынщ.

Къуэр напщІэщ, пхъур набдзэщ.

Къуэр анэм и пкъощ, пхъур унэм и щІэращІэщ.

Къуэрагъыр ираупсеящ (Къэшэгъуэ, дэкІуэгъуэ чэзур зылъыса щІалэм е хъыджэбзым хужаІэ. Къуэрагъ: (folk.; obs.) a pole for measuring the height of youngest brother of bridegroom, or youngest sister of bride so as to divine the dates of their weddings, all this being done in jest): 'They have set the pole against him/her' (said about those whose time to marry has obtained).

КъуэфІ и анэ гуфІэ щигъащІэркъым.

Къуэш егъу нэхърэ ныбжьэгъуфI: 1. Better a good friend than a wicked brother; 2. There is a friend that sticketh closer than a brother (Proverbs of King Solomon, Ch. 18, v. 24).

Къуэшегъу нэхърэ ныбжьэгъуфІ: 1. Better a good friend than a wicked brother; 2. There is a friend that sticketh closer than a brother (Proverbs of King Solomon, Ch. 18, v. 24).

Къуэш зимыІэм башым ІэплІэ ирешэкІ: He who has no brother hugs the stick.

Къуэш и щІэин къуэш ехьыж.

Къуэш лей щыІэкъым: There is no extra (unnecessary) brother.

Къуэш-шыпхъур хы къумиблым къыкъуокI.

Къуэшым я нэхъ жагъуэгъумрэ щауэгъум я нэхъ щІасэмрэ зэхуэдэщ.

Къуэшыншэ щІэупщІакІуэншэщ.

Къуэшыр зыщыбэм бэныр щыбыхъущ.

Лъагъуныгъэ зыхуэпщІым гущІэр къегъэхъей.

Лъагъуныгъэ зыщІам лъагъукІэ ищІэжыркъым.

Лъхурык Іуэд-лъхурыщ Іэхщ.

ЛІакъуэр зыщыбэм быныр щыхейщ.

ЛІы гурымыктыр фыз гъагъщи, лІым и гъринэр гуемыІущ.

ЛІы жьей фызгъэгъущ.

ЛІы зэрымыс унэр сабафэщ.

ЛІы и фыз трахрэ?

ЛІы хьэщІэ нэхърэ фыз хьэщІэ (L'i hesch'e nex're fiz hesch'e): Better a female guest than a male guest.

ЛІы щепткІэ умыгь, кърагъэкІыжмэ, гъей.

Пыгъуабэм быныр ирепхъыхь, фызабэм быныр къешыпыж.

ЛІым и узыншагъэр фызым и фІыгъэщ.

ЛІымрэ фызымрэ зэхуагъэувыр я хабзэщ.

ЛІырэ фызрэ мащэ тІа яку дэльщ.

Мальхъэрэ, шыдрэ: A son-in-law is a jackass.

Малъхъэр хъумэ, къанщ, мыхъумэ шыдщ: If the son-inlaw is good, he's a foster-son, otherwise, he's a jackass.

Малъхъэщ, жыпГэу унэгъу умыщІ, щІалэщ жыпГэу къебгъэшэн къыумыгъанэ: Say not, 'he's my son-in-law', and take him into your house.

Махуаем бгъуэтыжыр ныбжьэгъущи, уи хьэмтетыгъуэм бгъуэтыр уи шхэгъущ: 1. A friend in need is a friend in deed; 2. A friend is never known till a man have need; 3. Prosperity makes friends, and adversity tries them.

Мэлищэ нэхърэ щуІэгъэфІ (ЩуІэгъэ=щхьэгъусэ [къамыгъэсэбэпыж псалъэхэм щыщщ]; [obs.] husband, wife): Better a good spouse than a hundred sheep.

Мыгъуэр зи мыгъуар анэрщ.

Насыпыр фызым къыдокІуэ: Good fortune comes with the wife.

Нэгум щІэтыр нэм хуэдэщ.

Нэм псэр и фыгъуэгъущ.

Нэм псэр зыщІешэ, гум гур къреджэ.

Нэм пэжыжьэми гум пэблагъэщ.

НэхъыщІэ нэхъ щІасэщ: The younger is dearer.

«Нэчыхым сигу щыкІащ», – жиІащ куэдрэ яшэурэ кърагъэкІыжа пасэрей пхъужым.

Ныбжьэгъум занщІзу къыбжиІзнщ, бийм уи щІыбкІз щигъзІунщ: A true friend gives it to you straight; your enemy says it behind your back.

Ныбжьэгъум ягъэпуда лІыр фызыфІым къыдехыж.

Ныбжьэгъу нэпцІ нэхърэ бий нэрылъагъу: Better an open enemy than a false friend.

Ныбжьэгъур бгъзунэхунумэ, хуитыныгъэ ет: If you want to test your friend, set him free.

Ныбжьэгъур гъуджэщ (Nibzcheghwr ghwjesch): (A friend is a mirror) A person (man) is known by the company he keeps.

Ныбжьэгъур уи нэгу къыщІоплъэ, жагъуэгъур уи лъакъуэ йоплъых.

Ныбжьэгъур щагъзунэхур махуейщ: 1. A friend in need is a friend in deed; 2. A friend is never known till a man have need; 3. Prosperity makes friends, and adversity tries them.

НыбжьреилІ щыІэкъыми ныбжьрей дыщ щыІэщ.

Нысэ унэгъу тІуанэгъуейщ.

Нысэ Іейм унафэр унэм ирех.

Нысэгъукъуэ нэхърэ тІуанэ къуибгъу.

Нысэм зэхихыу уи пхъум еущие: Admonish your daughter with the daughter-in-law within hearing range.

Нысэм уеубзэмэ, данэ Іубзэ къыуитынщ.

Нысэр фІыщ, жыпІэу цІэ фІумыщ, и цІэр езым зыфІищыжынщ.

Псэр зэхъуапсэр дахэщ: What the soul desires is beautiful. Псым икІ пэтрэ я кІэ зэнтІэІуащ (Іыхьлыгъэ зэхуаІэкъым, жыхуиІэщ).

ПфІэмащІэр хьэщІэ Іусщ (Pf'emasch'er hesch'e 'wssch): If you spare your food, it becomes victuals for your guests. [Шхыным ущысхьмэ, хьэщІэ шхын мэхъу, жыхуиІэщ]

Пхъур зэрыбгъасэщ, нысэр зэресащ.

Пхъур хамэ бынщ: The daughter is a stranger's child [eventually she will marry into another family].

Пхъурылъхур пкІэм думыгъэплъей (Куэдрэ пумыгъаплъэу Іэнэ къыхуэщтэ, жыхуиІэщ).

Пхъурылъхур къихьэмэ, псатхьэр магъ: (obs.) When the nephew appears in the house, the icon weeps.

Historically, visitors from Kabarda used to smash the icons of their Christian Kabardian hosts in Mozdok).

Пхъурылъхурэ къанрэ зэхуэдэщ: The child of one's daughter and the foster-child are the same.

ПцІырыпыхьэ щІэинхьыж.

Пщащэр дэгъуэмэ, гъунэгъур и фызщІэгъущ (И фызщІэгъущ—фызу ешэ, жыхуиІэщ).

Пщащэр унэ гуащэмэ, кхъуейхьэбыкъуэ ешх (Кхъуейхьэбыкъуэ=lump of fresh sheep's milk cheese).

ПІэщхьагъей уиІэу хьэдагъэ умыкІуэ.

Сабий зэрымысым насып илъкъым.

Сабий зимыІэм имыІэІауэ къыщохъу.

Сабий щІэхъуэпсым гущэпс ед (Гущэпс=soft straps for cradle to prevent infant from falling out): She who desires children sews cradle straps.

Сабийм адэ имы Іэжмэ, зеиншэкъым, анэ имы Іэжмэ, зеиншэщ: If a child loses his father, he is not an orphan; if he loses his mother, he is an orphan.

Сабийм и кІэтІийр бжыхьыпэм пылъми мэджэгу.

Сабийр зыгъашхэр и анэщ: It's the mother who feeds the child.

Сэ нэхъыфІ умыгъуэтмэ, сыкъэшэж.

Си анэм зэрыжиІэу симыщІу, си фыз зэрыжиІэ тхьэм сишІ.

Сыкъамыдэми срадахэщ.

Уэ пхуэдэ сещэмэ, щэ иризгъэкъунщ.

УзэлъэІу къэгъани къолъэІу къашэ.

Узэрымылъагъуу ІэфІ щыІэкъым.

Узэфэну псым хьэ хыумыук Іэ (Wizefenu psim he xiwimiwich'e): (Don't kill the dog in the water from

which you need to drink) 1. Don't foul the well, you may need its waters; 2. Never cast dirt into that fountain, of which thou hast sometime drunk; 3. Let every man praise the bridge he goes over.

Узейм уигъэкъакъэмэ, хамэм къакъэ къыуатынщ.

Узыгъэблагъэ гъэблэгъэжи узыгъэбий гъэбииж:

Befriend who befriends you, and who chooses to be your enemy, be his foe.

УзыукІыр уи бийщи, ущІэзылъхьэжыр уи къуэшщ.

Узыхэфыжыну псым хьэ хыумыукІ,

иумыгъэкІыжыну фызым дзы хуумыус: (Don't kill the dog in the water from which you need to drink, and don't sully the name of your wife if you don't intend to divorce her) 1. Don't foul the well, you may need its waters; 2. Never cast dirt into that fountain, of which thou hast sometime drunk; 3. Let every man praise the bridge he goes over.

Уи адэр фІамэ, уэ уи щытхъукъым, къуэфІ упІамэ, къыпщытхъунщ: That your father is a good man, is not your doing. However, if your raise a good son, you get all the credit.

Уи анэ и Іэ илъым еплъи, уэ уи Іэ илъым едзакъэ.

Уи анэ зэрымысым дыщасэ умыкІуэ.

Уи анэ къимылъхуар уи дэлъхукъым, уи дэлъху къимышари уи нысэкъым.

Уи благъэ и унащхьэ плъагъуу ублэмыкІ.

Уи благъэ къыуитым и дзэ удэмыплъэж: Don't look a gift horse in the mouth.

Уи благъэ уемыпэгэкІ—уи бийм благъэ хуэхъунщ:

Don't behave arrogantly towards your relative – he might end up nearer to your enemy.

Уи бынрэ уи благьэрэ умыбж: Don't count your children and relatives.

Уи гъунэгъу и фэ къыптоуэ.

Уи гъунэгъу умыуб, уи благъэщ и ущымытхъу: Don't say spiteful things about your neighbour, and don't praise your new relative.

Уи гъунэгъум къыпхуимыщІэр жыжьэм

къыпхуищІэнкъым: What the neighbor won't do for you, won't be done for you by a stranger.

Уи гъунэгъур уи гъуапэщ: Your neighbour is your sleeve.

Уи гъунэгъур уи Іэнэгъумэ, уехъулІащ: If you share a table with your neighbour, you are surely fortunate.

Уи къуэ уемыубзэ, уи бзи уемыгуауэ (Уи бзи—уи бзылъхугъи).

Уи къуэрэ уи нысэрэ къахуэбублэр къалэнщ.

Уи кlуэдыр си кlуэдщ, уи къанэр си къанэщ: Your loss is my loss, your gain is my gain.

Уи напІэ гъалІи лІы зэгъэгъуэт, унэкур бгъуэтмэ, уи джатэ къих.

Уи насып зыхэлъым дыщэхь тепхъуауэ уолъагъу.

Уи ныбэ къикІыр уи бынщи, уи лъэуей къелъэри уи джэдщ.

Уи нысэ уигу ебгъамэ, уипхъу ешхыдэ: If your daughterin-law grieves you, scold your daughter (with the former within hearing range).

Уипхъу зэрысрэ уи нысэ и дыщрэ.

Уи тІуанэ умыуб, уи бын ущымытхъу.

Уи фыз къыхуэбублэ и хабзэщ.

Уи фыз лІамэ, уи щІэльэныкъуэр гуэхуащ.

Уи фызрэ уи ІэщэрэкІэ хэти дзыхь хуумыщІ.

Уи фызыр бзаджэмэ, хьэдагъэ умык уз—махуэ къэси уи хьэдагъэщ: If you have an evil wife, don't go to mourning visits — every day is your day of mourning.

Уи фызыр фІымэ, джэгу умыкІуэж—махуэ къэси уи джэгущ: If you have a good wife, don't go to dancing parties anymore – for your life will be a very long dancing party.

Уи хьэщІэри гъафІэ, уи къуэшри фІыуэ лъагъу (Wiy hesch'eriy ghaf'e, wiy qweshriy f'iwe lhaghw): Spoil your guest but love thy brother.

Уи щхьэр зэрыкІ нэхърэ уи кІэр зэрылъ.

Уи щІалэ зэрыбгъасэщ, уилІ зэресащ.

УкъэзыукІрэ укъизыгъэкІыжрэ.

УнагъащІэ гужьеигъуафІэщ.

УнагъащІэ хьэщІэхуэфІщ (Winaghasch'e

hesch'exwef'sch): The household of newly-weds is most amenable to receiving guests.

Унагъуэ зиІэм унагъуэ и пІалъэ ещІэ.

Унагъуэм гъуанибл иІэщ.

Унагъуэм лъакъуибгъу щІэтщ.

Унагъуэ умыхъуу къуажэ ухъункъым.

Унэ зэхэмыбзым си нэрыбз хэк Іуадэщ.

Унэ зимыІэм унагъуэ иІэкъым.

Унэ пхашэ тешэбэщІщ.

Унэ фІейм лІыр егъэжь: A dirty home makes the man grow old.

Унэрыс зы бий нэхърэ унэщІыб биищэ: Better a hundred enemies without than one enemy within.

Унагъуэжьрэ пхъэжь мафІэрэ: East or West, home is best.

Унэкъуэщ хьэщІэ гъэфІэгъуейщ (Wineqwesch hesch'e ghef'eghweysch): It is hard to spoil a guest who is a kindred relative (bearing the same surname).

Унэмыхъу хьэбахъуэщ.

Унэнум я хьэ удз ехъури

унэхъунум я нысэ мэдыгъуэ.

Унэр зейр жьант ак Іуэщ.

Унэр зыгъэунэри благъэр зыгъэблагъэри фызщ (Winer zighewineriy blagher zigheblagheriy fizsch): It is the lady of the house who makes the household prosper, and it is she who makes the visitors welcome.

Унэр игуш, жьэгур и псэщ (Winer yigwsch, zchegwr yi psesch): The house is her heart, the hearth is her soul. Унэр щІабгьэр губгьэныр ильын щхьэкІэщ. Ущыльхуэрэ ущылІэрэ.

Фадэр куэдрэ щытмэ, мэжабзэ, хъыджэбзыр куэдрэ дэсмэ, мэутхъуэ: If a beverage stands for a long time it settles; if a girl remains single for long, she becomes turbid.

- Фыз бзаджэ зиІэм и унэ умыкІуэ (Fiz bzaje ziy'em yi wine wimik'we): Don't visit the house of a man with a wicked wife.
- Фыз бзаджэ лІыгъэжьщ (ЛІыр щІэх жьы ещІ, жыхуиІэщ): A bad woman causes her husband to grow old quickly.
- Фыз бзаджэ хьэщІэмыгъашхэщ (Fiz bzaje hesch'emighashxesch): Said of a wicked woman who does not offer food to guests.
- Фыз бий нэхърэ жылэ бий: Better an enemy hamlet than a woman foe.
- **Фыз быдэ илІ хьэлэлщ** (Fiz bide yil' helelsch): A mean wife and a kind husband.
- Фыз дахэ тхьэмахуэ фызщи фызыфІ ныбжьырей фызщ: A beautiful wife is for a week, a good wife for ever

Фыз закъуэм дэмы Іэпыкъу л Іыр л Іыф Ікъым.

Фыз зимыІэ щІалэрэ шхуэ зыпщІэхэмыль шырэ.

Фыз мылъхуэ дахэщ.

Фыз улъыхъумэ, благъи дэлъыхъуэ.

- **Фыз хуэмыху зиГэр насыпыншэщ** (Fiz xwemixw ziy'er nasipinshesch): A man with a lazy spouse is unfortunate indeed.
- Фыз хьэдэ лІыгъапцІэщ (Фыз хуэмыхур лІым еубзэурэ къегъапцІэ, жыхуиІэщ): The lazy woman pulls the wool over her husband's eyes by piling compliments upon him.

Фыз щэ шЫгьүэщ.

Фызабэм и бын епІыжри

ЛІыгъуабэм и бын хуэпІыжыркъым.

Фызабэр бын щхьэтепхъуэщ.

Фызым еуэр лІы мыхъущи,

хъуэр зымыдэр лІы делэщ.

Фызым игъэпуда лІыр зыми къыдихыжынкъым.

Фызым и фІыр лІыгъатхъэщ.

Фызыр жьы хъумэ, фІы мэхъуж.

Фызыр тІэушхэ-щэшхэщи,

лІыр зэ шхэгъуэ закъуэщ.

Фызыр щІагъуэмэ, унагъуэм къеІуатэ.

ФызыфІ быдзышэ налъэ щыщІэркъым.

- ФызыфІ гъэтІыльыгъэншэ хъуркъым (Fizif' ghet'ilhighenshe x'wrqim): A good woman is never without a store of victuals.
- ФызыфІ зиІэ и гуауэ шэчыгъуафІэщ: Misfortune is bearable to the person with a good wife.
- **ФызыфІ зиІэм хъуэхъу и унэ илъщ** (Fizif' ziy'em x'wex'w yi wine yilhsch): Toasts are said in the house of he who has a good wife.
- ФызыфІ и хьэку ятІэ хьэзырщ (Fizif' yi hekw yat'e hezirsch): The oven (literally: the clay of the oven) of a good wife is always ready.
- ФызыфІ и Іэнэ зэтетщ (Fizif' yi 'ene zeteitsch): The table of a good wife has many layers.
- **ФызыфІ илІ гъуэмылэншэ хъуркъым** (Гъуэмылэ=traveller's fare) (Fizif' yil' ghwemilenshe x'wrqim): The husband of a good woman does not go without his road fare.
- **ФызыфІ илІ нэкІущхьэплъщ** (Fizif' yil' nek'wschheplhsch): The husband of a good woman is red-cheeked (happy, jovial).
- ФызыфІ илІ цІэрыІуэщ (Fizif' yil' ts'eri'wesch): The husband of a good woman enjoys a good name.

ФызыфІым лІы Іейр добжьыфІэри

- фыз Іейр лІыфІыр добжьыгуэ (Fizif'im l'i 'eyr dobzchif'eriy, fiz 'eyr l'if'ir dobzchigwe): A good wife enhances the stature of even the worst of men, a bad wife diminishes the status of even the best of men.
- ФызыфІыр унэщи, фыз Іейр щІыунэщ (Fizif'ir wineschiy, fiz 'eyr sch'iwinesch): A good woman is a household, a bad woman is a cellar.

ФІыльагъуныгъэр къупщхьэ зауэм хуэдэщ. ФІыуэ зэрыльагъунтІыр зы фэ джанэм зэдохуэ.

ФІыуэ узэрыльагъумэ, бгъэнышхьэ унэри жэнэтщ. ФІыуэ укъэзыльагъум уи дагъуэр уегъэльагъуж, жагъуэу укъэзыльагъум уи нэ щІыбагъкІэ еІуэтэж. ФІыуэ плъагъум зыкъебгъэщІэнумэ, и цІэр куэдрэ жыІэ. ФІыуэ слъагъум хуэзмыщІэнур сремыІэ.

Хамэ щІалэ бгъэуджмэ, и анэ къеджэмэ, кІуэжынщ. Хамэм ухуэмыубэ, быным ухуэмыдзыхэ. Хэгъэрей хуэмыхум хьэ къыуегъэдзакъэ. Хэгъэрей бзаджэ дэкІуатэ кІыхьщ. Хэгъэрей бзаджэ шу ужыщ. ХэгъэреифІ лъыхъуи, былымлъыхъуэ кІуэ.

Хьэ мыбанэ унэ гъзунэхъущ: A silent dog is the ruin of the house.

Хьэ пэтрэ и шырыр дзапэкІэ зэрехьэ.

Хьэ хей умыукI, фыз хей иумыгъэкIыж: Don't kill an innocent dog, and don't divorce an innocent woman.

Хьэдрыхэ кІуэрэ зи дыщ кІуэжрэ хэт иубыда? (Хьэдрыхэ=the life after).

ХьэкІуф зофий, зэфэгъу зэІуощІэ (ХьэкІуф – адыгэхэм ящыщ зы лъэпкъыу мэзым хэсу Хы фІыцІэ Іуфэм Іусащ; Hek'wf=one of the Circassian clans that used to live in the forests by the Black Sea) 1. Birds of a feather flock together; 2. Like draws like; 3. Like will to like.

ХьэкІуфхэр зофийри, зэфэгъухэр зэкІуомщ (ХьэкІуф — адыгэхэм ящыщ зы льэпкъыу мэзым хэсу Хы фІыцІэ Іуфэм Іусащ; Hek'wf=one of the Circassian clans that used to live in the forests by the Black Sea; зэкІуом — урыс псальэ кум жыхуаІэм къытекІагьэнущ, зэблагъэщ, жыхуиІэщ): 1. Birds of a feather flock together; 2. Like draws like; 3. Like will to like.

- Хьэмэшыпхэ благьэщ: Distant relative.
- **ХьэмэшыпхэмкІэ къекІуэкІа:** 1. Remote kinsfolk; 2. Related only through Adam.
- **ХьэщІэ жагъуэ псы кІэщІакІэ** (Hesch'e zhaghwe psi ch'esch'ach'e): They splash water under the unwelcome visitor.
- ХьэщІэ здэщыІэм хэгъэрей щыІэщ (Hesch'e zdeschi'em xegherey schi'esch): Where there is a guest there is an honorary guest-companion.
- ХьэщІэ зи жагъуэм лыхуэ хуегъажьэ (Hesch'e ziy zhaghwem lixwe xweighazche): For the obnoxious guest sinewy meat is prepared. [This is an inferior kind of meat. In Adigean: ХьакІэ зиджагьом лыфэ фегъажъэ].
- **ХьэщІэ къакІуэмэ, хэгъэрейр мэгуфІэ** (Hesch'e qak'weme, xeghereyr megwf'e): When the guest comes on a visit, the honorary guest-companion is delighted.
- **ХьэщІэ къихьэмэ, хэгъэрейр мэгуфІэ** (Hesch'e qiyheme, xeghereyr megwf'e): When the guest comes on a visit, the honorary guest-companion is delighted.
- **ХьэщІэ хьэщІэ тепсыхэ** [хьэщІэтепсыхэ] и жагъуэщ (Hesch'e hesch'e teipsixe [hesch'eteipsixe] yi zhaghwesch): A guest resents the arrival of another guest.
- ХьэщІэм и ерыскъыр къыдокІуэ (Hesch'em yi yerisqir qidok'we): The guest's victuals arrive with him.
- **ХьэщІэмыгъашхэ цІэрыІуэщ** (Hesch'emighashxe ts'eri'wesch): He who doesn't offer food to his guest becomes notorious.
- **ХьэщІэр бысымым и гъэрщ** (Hesch'er bisimim yi ghersch): The guest is a captive of his host.
- **ХьэщІэр жэщищ исмэ, быным ящыщ мэхъуж** (Hesch'er zheschiysch yisme, binim yaschisch mex'wzh): If the guest stays for three nights, he becomes part of the family.
- **ХьэщІэ куэдрэ щысмэ, бысымыр йозэш** (Hesch'e kwedre schisme, bisimir yozesh): If the guest stays for too long, the host becomes very weary.

- ХьэщІэр нэщхъеймэ, бысымым и ягъэщ (Hesch'er neschx'eyme, bisimim yi yaghesch): If the guest is upset, it is a grave concern for the host.
- ХьэщІэр хущхьэрей хъумэ, гъашхи гъэгъуэлъыж (Hesch'er xwschherey x'wme, ghashxiy gheghwelhizh): If your guest starts to yawn, feed him and then let him sleep.
- **ХьэщІэр хьэзыр щхьэкІэ, бысымыр хьэзыр?** (Hesch'er hezir schhech'e, bisimir hezir?): The guest is ready, but is the host also ready?
- **ХьэщІэр шхэмэ, бжэм йопль** (Hesch'er shxeme, bzhem yoplh): After eating, the guest looks at the door.
- **ХьэщІэр шхэм—бжэм йоплъ** (Hesch'er shxem—bzhem yoplh): After eating, the guest looks at the door.
- **ХьэщІэфІ и бысымыбжэ зэІухащ** (Hesch'ef' yi bisimibzhe ze'wxasch): The (door of the) host's guestroom is open for a good guest.

Хъыджэбз къапшэмэ, уэ зэрыбгъасэщи, пхъужь къапшэмэ, зэресагъэххэщ. Хъыджэбз унэгуащэмэ, тхьэмбылыкъу ешу. Хъуэн зимыІэр и дыщ кІуэжри хъуэн къихьщ.

ЦІыхубз зыщІэмыс унэр сабафэщ: A house without a woman is full of dust.

Шыгъу пут зэдумышхыу узэрыщ эркъым.

Шыпхъум и гур дэльхумкІэ гъэзащ.

Шыпхъуншэ нэхърэ шыпхъу нэф: Better a blind sister than no sister at all.

Шыпхъуншэрэ хьэдагъэншэрэ.

Щхьэгъусэр насып зэхэгъэкІыпІэщ.

Щхьэж и ныбжьэгъу и гъуджэ-мажьэщ: (Each is his friend's mirror-comb) A person (man) is known by the company he keeps.

Щхьэж и фэгъу и гуэгъущ.

Щхьэж хуэфащэ и щауэгъущ: Birds of a feather flock together.

ЩхьэзыфІэфІ щхьэзыфІэфІ къелъхуж: A boastful parent gives birth to a smug child.

ЩыпэлІыр щыпэнэхущи, етІуанэлІыр ІулІэІуданэщ.

ЩІалэ гурэпкІырэ нэхърэ лІыжь гупсэхуфІ: Better a lucid old man than an unbalanced child.

ЩІалэр унэ псоми я малъхъэщи, хъыджэбзыр унэ псоми я нысэщ.

ЩІэщыгъуэр икІри зэрыукІыр къихьащ.

Я выр уэдрэ я хьэр пшэрмэ, унагъуэщ.

Я нэхъыжь и унафэ я хъыджэбз екъутэ.

Я ныху зэпхащ (Я щэхуи я нахуи зэрощ э, жыхуи эщ): They know everything about each other. They are intimate friends.

Я щІалэ щІыбыцэ, я кхъуей цы защІэ.

Ял зэхэбгъавэми, я лэпс зэхыхьэнукъым.

Ямыгъэпхъу пхъукІэ ищІэркъым.

Ямыльэгьуа бланэ къаук Іыркъым: You can't shoot the deer that you don't see.

Япэ къапшэр уи фызщ, етІуанэу къапшэр уи къанщ.

Яубыр бысым щІы (Yawibir bisim sch'i): Choose as your host the person whom the people say spiteful things about.

Яхь зэхэпхмэ, уипхъу уфІощІ.

Іэр бутхыпщІкІэ, Іэбжьанэр пыхурэ?: Do the nails fall out when you shake out your hand?

Іэтащхьэ илъагъумэ, хъыджэбзыр мэгуф Іэ.

Іыхьлы делэ напэтехщ: A stupid relative is an object of shame.

Іуданэ кlапэр кlэщlщ, жыпlэу хыфlумыдзэ, пщыкъуэр щlалэщ, жыпlэу думыдзых.

On Circassian Folklore

(Адыгэ фольклорым техуа псалъафэхэр)

Адакъэ мэзынэ: Red-cheeked; ruddy, rubicund.

Адакъэ льэджажэ: Plain, shortish person who pretends to

be solidly built.

Ажэ жьакІэ: (contempt.) Goatee (said of an old man).

Бгырыпх пцІанэ: Girdled without a dagger (literally: 'naked waist-belt).

Бгъэгу ІэмыщІибл: With a Herculean chest.

Беслъэней пцІапцІэ: Beslanay galantine (said of an obese sedentary person. Nickname of Prince Beslan Janx'otoqwe, the 16th century potentate who updated the Circassian peerage system).

Вым хуэдэу лъэщщ: (As strong as an ox) Strong as a horse. **ВитІ-жэмитІ (унагъуэ):** (Two oxen and two cows) Peasant (family) of average means.

Ефэ-ешхэ нэхърэ джэгу (Yefe-yeshxe nex're jegw): Better a dance party than a drinking-bout.

Жыхафэгур зи шэджагъуакІуэ: Said of a slacker, idler. Жыхафэгур щхьэцыкІэкІэ епхъэнкІ: Said of a faultless housewife.

Зи набдзитІыр мазэм и ныкъуэ: She whose eyebrows resemble the crescent moon.

Зы къамап із къамит і ихуэркъым: Two daggers do not go in one sheath.

- **ИгъащІэкІэ узэрамышэн къафэжьщ:** 1. Absolutely unfit, useless; 2. Utterly useless method; 3. For no reason at all; 4. Neither here nor there.
- **Куэсэ жьакІэ:** Sparsely-bearded (man) [sign of an unkind man].
- **КІ**эн джэгущ: 1. Childish occupation; 2. Not serious.
- **Лъэс къабзэщ:** He's a bad dancer. Also said of a man left without a horse.
- ЛІакъуэлІэш щыльху: Blue blood, high blood.ЛІы фІыцІэ гъущІынэ: Darksome man with eyes the
colour of iron (of Nart Sosriqwe).ЛІы цІыкІу къамэшхуэ: Puss in Boots.
- **Мыкъан и мыкІыхь-мыкІэщІу зэтелъщ:** Untidily dressed up, like Miqan.
- **Мысостей бжьищ** (Мысостхэ къэбэрдеипщхэм ящыщ зы льэпкъыу щытащ. *The Misosts were one of the princely families in Kabarda*): The three goblets of the Misosts (punishment for late-comer to evening party)
- **Набдзэ зытельым я нэхъ дахэ:** 1. She's a picture of beauty; 2. She's the most beautiful of them all. **Наурыз псэльэгьуей:** Dumb dog.
- Пхъурылъхур къихьэмэ, псатхьэр магъ: When the nephew comes into the house, the icon weeps.
 [Historically, some visitors from Kabarda used to break the icons of their Christian Kabardian hosts in Mozdok, a settlement of Christian Kabardians in northeast Kabarda]
- ПщыкъуэцІэ мыхъуамэ, къыджеІэ щэхур!: Tell us your secret, if it isn't the pet name of your brother-in-law! [A woman never called her parents-in-law, husband, or her brother-in-law by their names. In the last case, she used a

- pet name, пщыкъуэцІэ, to refer to him, for example, as 'ДыгъэцІыкІу' 'Little Sun'. It was a secretive appellation that she never divulged outside the family circle].
- **ПыІэ зыщхьэрыгъ:** (Person wearing a cap) 1. Man, male; 2. Real man, he-man.
- Тэрч кхъуэ исык ащ (Terch q'we yisich'asch): (The pig swam across the Terek) A nosy question was answered in this manner.
- Уи пы угъурлы ухъу!: Bless your cap! [Said to a newly-married man]
- УлІэрэ узэгъэжмэ, дыщэм хуэдэщ, Тамбий урифыз нэхърэ: It is better to rot in hell than to become Tamby's wife.
- **Хэтхэ я унэ къанжэ тес?:** (On whose roof is a magpie perched?) With whom are you in love?
- **Щауэ къэрабгъэ нысащІэ гъэшынэщ:** The cowardly fiancé terrorizes the bride.
- Щхьэлыкъуэ хыву и пэр дрегъэзей: He puts on airs.

On Work

(Лэжьэным епха псалъэжьхэр)

- Абрэмывэ вагъэгъэкІуэдщ (Абрэмывэ: In the Nart Epos, a stone of immense size and great weight; вагъэ: ploughed field).
- **Адакъэрэ пэт джэджьейр егъашхэ:** Even the cock feeds the chick.
- **Адыгэшрэ лІы бэшэчрэ:** The Circassian horse is like a very patient man.
- **Алыхым занщІзу зыри къыпхуридзыхынкъым:** No pains, no gains.
- **Алыхьыр ещГэ, ящПамэ ешх** (Alihir yesch'e, yasch''ame, yeshx) (Мылажьэу шхэм ауаныщГу хужаГэ. Milazchew shxem awanisch'u xwzha'e. *Said sarcastically of a person who eats without doing any work*): 1. He is a(n) lazybones/idler/loafer; 2. He is good for nothing.
- Апрелым и бгъум гуахъуэр пкІэм драдзеиж: On the ninth of April the pitchfork is thrown up back in the loft.
- Апрелым и блым мэкъу Іэмбатибл хуэгъэтІылъ (Іэмбат=quantity of hay taken by pitchfork at one time): Save seven pitchforks of hay for the seventh of April. Апрелым мэлыжымым (Мэлыжымхь=April).
- Аргъынэ кІыхьыр и жагъуэщ, шынакъ кІы гъуанэр и щІасэщ: Long windrows are his odium! The round-handled bowls are his joy! [This is in reference to the haymaker. It is sung in the haymaking song 'МэкъупІэ махуэри...' ('Meqwp'e Maxweriy...'; 'Meadow of good fortune...')]
- Аргъуейр пхъэІэщэм щІэщІа вы бжьакъуэм тести «довэ» жиІащ: The mosquito on the horn of the harnessed bull said: "We are ploughing."
- **Армум хиса жыгыр мэгъу:** The tree planted by the clumsy (soon) dries up.

- Армур мэз кІуэмэ, арэфым жьитІ гуэту къешэ (Арму=clumsy; арэф=hook).
- **Бавэ нэхърэ бэв:** Better a rich harvest than great tilling. **БаІуэ нэхърэ бащІэ** (куэд жызыІэ нэхърэ куэд зылэжь, жыхуиІэщ. Ba'we nex're basch'e): 1. More work and less chatter; 2. More cider and less talk (US); 3. Doing is better than saying.
- Бэр зэщІэхъаемэ, щІыр къагъэхъей: There is strength in union.
- **Бжьэ зыдэсым фо дещІэ:** Where there are bees there is honey.

Бжьыхьэ бейщ: Autumn is a time of plenty.

Бзурэ пэт абгъуэ ещІ: Even the sparrow builds a nest.

Былымыр икІи хъугъуейщ, икІи хъумэгъуейщ (Хъугъуейщ—къэгъуэтыгъуейщ): Riches are hard to find and difficult to keep.

Выгъашхэрэ пэт пхъэ къешэ.

- Выгъашхэрэ зобзеиж (Зы Іуэху гуэр зымыщІапхъэ щыІэкъым, жыхуиІэщ).
- Выжь и махуапщІэ выщІэ и уасэщ: An old ox's day's work is worth a whole young ox.
- **Вы зимы эм шк э щ ещ э** (Vi ziymi'em shch'e sch'eisch'e): (He who has no oxen, harnesses a calf) 1. Half a loaf is better than no bread; 2. Any port in a storm; 3. If you can't have the best, make the best of what you have; 4. Among the blind the one-eyed man is king; 5. There is small choice in rotten apples.
- **Вы лІам сэ хэзыІу:** (He is stabbing the dead ox) He is doing this for no reason at all.
- **Вым хуэдэу лэжьэн:** 1. To work like a horse, or a Trojan; 2. To sweat one's guts out.
- **Выр жьы хъумэ, шкІэм хаутІыпщхьэж:** When the ox becomes old, he is released with the calves.

Гуахъуэк У уанэ трелъхьэ: (He is saddling the horse with a pitchfork) He is negligent, careless.

Гуащэтешэрэ пэт унэ епхъэнкІ.

Гуэн нэщІ нэхърэ хадэ нэщІ: Better an empty garden than an empty corn-bin.

Гуэн нэщІ щыІэщи, хадэ нэщІ щыІэкъым (Гуэн:

covered wattle granary): There is such a thing as an empty granary, but not an empty garden.

Гуэн шхьэкІэ, нэщІщ, жьыщІа шхьэкІэ, фІейщ.

Гур щыкъутэм щащІыж: They repair the cart at the spot.

ГъавэщІэр къыпІэрымыхьэу, гъавэжьым

уемыльэстауэ: (Cast not out the old crop till you bring in the new) Cast not out the foul water till you bring in the clean.

Гъатхэ дыгъэм кlагъуэпскlэ уегъэпскlри, бжыхьэ дыгъэм тхъупс къыптрекlэ.

Гъатхэм хыумысар бжьыхьэм бгъуэтыжыркъым:

(What you haven't sown in spring you won't find in the autumn) They must hunger in winter that will not work in summer.

Гъатхэ уафэр гъуанэщ.

Гъэ мэкъумэш пэтрэ яух.

Гъэм и зы махуэм щІымахуэм уегъашхэ: One day (of work) in summer feeds you the whole winter.

Гъэмахуэм гупкІэ жьауэри унэщ: Even the shade of the cart is home in summer.

Гъэмахуэм къыумылэжьа щІымахуэм

бгъуэтыжыркъым: They must hunger in winter that will not work in summer.

Гъэмахуэм Іэжьэ щІыи, щІымахуэм гу щІы: Make a sled in summer, a cart in winter.

ГъэфІым умыгъуэта гъейм бгъуэтыжыркъым: What you didn't find in a good year, you won't find in a lean one.

Гъей нэхърэ пщей: Better an evil prince than a year of dearth.

Гъуагъуэми гъущэу (Мэкъумэш къехьэл эжыгъуэу уэшх щыхуэмей зэманым жа э): If it thunders, may it remain dry! (said at time of harvesting, when rain is definitely not needed).

ГъущІыр плъа щІыкІэ еуэ: Strike while the iron is hot.

Дыгъэр къепс щхьэкІэ, лъыпсыр къыпож.

Дыжэф пцІанэ хъуркъым: He who knows how to re-sew will not go naked.

Дыщэр и Іэм къыпощ.

- Дзыгъуэ пэтрэ щІымахуэм хуогъэтІылъэ: Even the mouse saves for the winter.
- Дзыгъуибгъу зэдеІэмэ, кхъуей кІадащхьэ трач (Dzighwiybghw zedei'eme, q'wey ch'adaschhe trach): (If nine mice pull together, they can remove the cover of the cheese vat) Many hands make light work.
- **Емызэш мэшыбэ ещІэ** (Yemizesh meshibe yesch'e): A hard worker reaps a rich harvest.

Емыкъум еплъи дэзышым еуэ.

- **Емыса лэгъупэжь хъуркъым** (Лэгъупэжь=head of group of shepherds, horse-breeders, etc., on mountain pastures): He who is ignorant of the good rules of conduct does not become a leader.
- Жэм къэщэхуи вы щэхуи хэкІыж (Ар лъхуэнщи вы хъун къилъхунщ, жыхуиІэщ): Buy a cow and sell the bull (she'll give birth to a future bull).
- **Жэмым ишх и гъэшщ:** What the cow eats is (becomes) her milk.
- Жыхафэр щхьэцык Гэк Гэ епхъэнк I (Зи псэ емыблэжу унагъуэм Іуэху щызыщ Гэ нысэм хужа Гэ): (She sweeps the floor with her hair) Said of a daughter-in-law who works hard at household chores.

- Жэщырыдэ махуэрыдыхьэшх (Іуэхур щимычэзум зылэжьым ауаныщІу хужаІэ): (She sews at night and laughs during the day) Said of woman who doesn't do the right thing at the right time.
- Жылэ(р) зыгъашхэ(р) шхын щхьэк эмал эмал (Zhile(r) zighashxe(r) shxin schhech'e mal'e: (He who feeds the villagers, i.e. the cook, is himself dying of hunger) 1. The cobbler's wife is the worst shod; 2. Wilful waste makes woeful want; 3. Waste not, want not. [Зи гугъу ищ ыр пщаф эрц; i.e. the cook]
- Жьэры Іэпэзадэ (Zcheri'eze 'epezade): It's one thing to flourish and another to fight.
- Жьырытэдж насыпыфІэщ: (The early riser is accompanied by good luck) 1. Early to bed and early to rise makes a man healthy, wealthy and wise; 2. He that will thrive, must rise at five; 3. The early bird catches the worm; 4. It's the early bird that catches the worm.
- Жьыуэ къэтэджа щІегьуэжакъым (He who rises early has never been sorry) 1. Early to bed and early to rise makes a man healthy, wealthy and wise; 2. He that will thrive, must rise at five; 3. The early bird catches the worm; 4. It's the early bird that catches the worm.
- ЗэдэпщІэ щІэхщи, зэдэшхэ ІэфІщ (Zedepsch'e sch'exschiy, zedeshxe 'ef'sch): What is done collectively is finished quickly; what is had with others is tasty.

ЗэбгъащІэр ІэщІагъэщи умыщІэр ІэфІщ.

Зэхэшэ шэбэщ.

Зэхьэзэхуэ мэунэри зэижитІ мэунэхъу.

Зэшыбэ бэхьщ (Зэкъуэш куэдым куэд къалэжь, жыхуиІэщ): Many brothers achieve much.

ЗэІэм Іэмэ щоу.

ЗэІусэм псэ хелъхьэ.

ЗекІуэ и вакъэ лажьэркъым (Жэрдэм зыщІэм, лажьэм зыгуэр къелэжь, жыхуиІэщ): (The campaigner's shoes

do not wear out) He who displays initiative shall earn something for his troubles.

Зи бэ пщІэм уриІэзэщ: Practice makes perfect.

Зы гъэм шкІэщ, етІуанэм жэмщ: One year it's a calf, the next it's a cow.

Зы гъэр тІзу къакІуэркъым: A year passed never comes back.

Зы махуавэр зы махуэшхкъым: One day of tilling does not correspond to one day of eating.

Зы тхьэрыкъуэф Іэнэ зэдытешхыкІащ (Губгъуэм зэдитащ, щызэдэлэжьащ, жыхуиІэщ).

Зыбзым пабжьэм хедзэри зыдым къыхехыж.

ЗыгъалІи къакІуэ жаІакъым (Щичэзум лажьэ, щичэзуми зыгъэпсэху, жыхуиІэщ): Be moderate in work.

Зымышхыжын и мэкъумэш щІэкІэщ.

ЗымыщІэм щІакІэ и Іусщ (щІакІэ: chaff): He who doesn't work gets his share in chaff.

Зым Іэпыхур адрейм къищтэжу: Hand in hand.

ЗыщІ нэхърэ еплъ нэхъ Іэзэщ: Practice makes perfect.

ЗыщІэн зымыгъуэтым и унэр къречри (е иречри) иресэж (Zisch'en zimighwetim yi winer qreichriy (е yireichriy), yireisezh): 1. An idle brain is the devil's workshop; 2. By doing nothing we learn to do ill; 3. Idleness is the mother of all evil.

И гуащІэ хьэпІацІэм яхуехъумэ (Гугъу зезымыгъэхьым ирегиеу хужаІэ): Said in reproach of person who shies of labour.

Из зытыфым ит къыхохъуэ (Yiz zitifim yit' qixox'we):

1. Sometimes the best gain is to lose; 2. Throw out a minnow to catch a whale.

И льэщІ вы тетщ: Lazy, slow, sluggish.

И хъер мащІэщ, и гумэщІ бэщ (Хъер мащІэ фІэкІ къызыпымыкІыу гуащІэ куэд зытекІуадэ Іуэхум хужаІэ): Said of hard toil that is of little benefit.

Илъэс Іуэху къэщтэжыгъуейщ.

- **КІыщ уэщыншэщ** (КІыщ=forge; уэщ=axe with rounded butt): The shoemaker's wife is the worst shod.
- **КъэкІуэгъуафІэ кІуэжыгъуафІэщ** (Гугъуехьыншэу къыпхэхъуар кІуэдыжыгъуафІэщ, жыхуиІэщ. Qek'weghwaf'e k'wezhighwaf'esch): Easy come, easy go.
- **КъэкІуэгъуэ** джадэ нэхърэ к**Іуэжыгъуэ** джадэ: Better a trudging departure, than a plodding arrival.
- **Къэт кІыхь, къэхь мащІэ:** Absent for long, but he brought little.
- Къебыбажьэ нэхърэ къежьэуашхэ (Къебыбажьэ къелъэтажьэ. Уэшхыр псынщІзу къежьэу зэуэ щхьэщыкІ нэхърэ щІым пкърыхьэу хуэм-хуэмурэ къешхым нэхъыфІщ жыхуиІэщ): It is better for gentle rain to seep slowly into the ground, rather than a torrent that washes away the soil.
- **КъызыхэкІам хыхьэжащ** (Qizixech'am xihezhasch): 1. What is got over the devil's back is spent under his belly; 2. Ill-gotten, ill-spent.

КхъуафэкІитІыр зэдэзыІыгъыр псым ехь

(Q'wafech'iyt'ir zedezi'ighir psim yeh): (He who holds on to ends of two boats gets swept by the river) To fall between two stools.

- **ЛэжьэнкІэ уашхэщи, шхэнкІэ лІыхъужьщ** (Lezchench'e washxeschiy, shxench'e l'ix'wzchsch): (He works like a badger but eats like a hero) He works like a badger but eats like a wolf.
- ЛэжьэнкІэ уашхэщ, шхэнкІэ дыгъужьщ (Lezchench'e washxesch, shxench'e dighwzchsch): He works like a badger but eats like a wolf.

ЛІы и къуэгъурэ вы и гъуррэ. ЛІым я нэхъ мыгъуэм Іуэхугъуибгъу зэпеч. Macтэ бейщ: The needle is rich.

МастэкІэ Іэшэщ, шатэкІэ бзаджэщ: (Clumsy with the needle, but voracious with the cream) He works like a badger but eats like a wolf.

Мэкъу еуэм зегъазэри кхъуей зыхузыр тхьэмыщкІэщ

(Нэхъ Іуэху тыншыр нэхъ гугъуехьу зыльытэм ayaныщІу хужаІэ): Said sarcastically of a person who thinks his easy work is hard to do.

Мэкъуауэгъуэ щІалэ дэгущ.

Мэкъуауэгъуэжьым гум жьы дрегъэху.

Мыбзэф и лэныстэ мэбзакъуэ: The scissors of the person who can't cut gets blunt.

Мыдэф и Іуданэ кІыхьщ: (The thread of the bad seamstress is long) A bad workman quarrels with his tools.

Мыхьэжэф и щхьэлыкъуэкІ къопкІ (Хьэжэн=to mill, grind; щхьэлыкъуэкІ, щхьэлкъуэкІ=Іэщхьэл мывэр зэрагъэкІэрахъуэ къущ; handle of mill): A bad workman quarrels with his tools.

Мыщхьэх дахащІэщ (Щхьэх=laziness, idleness; sloth; indolence): Hardwork adorns.

Набдзэ ищІ фІэщІурэ нэр ирищІащ (Набдзэ=eyebrow): He made things worse rather than better.

Нанэ хьэлІамащІэщ, дадэ кІэрыщІэнщ

(ХьэлІамэ=boiled flat cake made from maize flour): Grandma makes the cakes and grandpa hangs them up.

Насыпыр пщэдджыжьым ягуэш (Жьыуэ укъэтэджу уи Іуэху яужь уихьэн хуейщ, жыхуиІэщ): 1. Early to bed and early to rise makes a man healthy, wealthy and wise; 2. He that will thrive, must rise at five; 3. The early bird catches the worm; 4. It's the early bird that catches the worm.

Нэ илъагъу нэ ещІэж: The eye knows what the eye sees. Нэм фІэбэр Іэбэм еух.

- Нэр делэщ, Іэр бланэщ.
- **НэрыІэзэ Іэпэзадэ:** It's one thing to flourish and another to fight.
- **Ноби махуэщ къзунэхури мазэщ** (Nobiy (Noberiy) maxwesch, qewnexwriy mazesch): (Today is yet another day, and the moon still shines) What may be done at any time will be done at no time.
- **НыкъуэцІалэ-ныкъуэтхьэщІ** (ИкІэм намыгъэса Іуэхум хужаІэ. *Said of an unfinished business*): Half-soiled half-washed.
- Нысэшхуэ и мастэу егъэбакъуэ.
- ПсэукІэмыщІэ уэкъулэ щІрейщ (Уэкъулэ=entreaty for mutual aid).
- Псэуным лъакъуибгъу щІэтщ.
- Псы здэщымы Гэм бдзэжьей щощэ: (He's fishing where there's no water) He is beating the air, milling the wind.
- Псым тхъу трех (къытрах): (He's [They are] skimming butter off water) He's (They are) beating the air, milling the wind.
- Псыр кхъузанэк і ээрехьэ (ез): (He is passing water through the sieve) He is beating the air, milling the wind.
- **Псыр хуэмми псы Іуфэм ІуельэсыкІ** (Psir xwemmiy psi 'wfem 'weilhesich'): (Even slow water washes away the river-bank) Even a drop corrodes the stone.
- Пхъащ Тэр пк Тэлъеиншэщ (Px'asch'er pch'elheyinshesch): (The carpenter has no ladder) The shoemaker's (cobbler's) wife is the worst shod.
- Пхъэ къуэщІийми шэ къегъэпщт: (Even a wood splinter boils the milk) Even a single drop gnaws away at the stone.
- Пхъэ щыпаупщІкІэ къуэщІникІ мэльей (Px'e schipawipsch'ch'e qwesch'iyich' melhey): (When you log wood, splinters fly) You can't make omelets without breaking eggs.
- ПхъэІэщэ вийм зэдащтэмэ, щІыгулъ къагъазэ.

- ПхъэІэщэм вы щІэмыщІамэ, пхъэдакъэщ: A plough without bullocks is a mere stump.
- Пщэдеи махуэщ, къзунэхури мазэщ (Щхьэхынэм зэман гъэкІуэкІэщ. АуаныщІу къапсэлъ) (Pschedeyi maxwesch, qewnexwriy mazesch): (Tomorrow is yet another day, and the moon will also shine) 1. What may be done at any time will be done at no time; 2. He keeps changing his mind.
- Пщыл хуэдэу, лажьи, пщы хуэдэу, ушхэнщ (Pschil' xwedew, lazchiy, pschi xwedew, wishxensch): Work like a slave, and you shall eat like a lord.
- ПщылІыр гъэпщылІыкІэкІэ Іэзэщ (Pschil'ir ghepschil'ich'ech'e 'ezesch): A serf knows how to make people toil.
- **ПщІантІэпс пщІэншэ хъуркъым:** Hard toil doesn't go unrewarded.
- **ПыІэзэфІэхь махуэщ** (ПыІэзэфІэхь=Circassian game in which horsemen snatch a cap away from one another, the object of the game being to carry away the cap; it requires both skill and strength. Іуэху щІэным и гуащІэгъуэщ, жыхуиІэщ. Said of a day of hard toil).
- **Шастэгъажьэ зиужьыжащ** (Зи Іуэху щІэкІэм зиужьам хужаІэ): Said of a person whose work method has developed.

Сэтэнейр къэщхьэлъэмэ гъунэ иумылъыж.

- «Си хьэ цІыху хъуащэрэт!» щыжаІэ махуэщ (Лэжьэгъуэм и гуащІэгъуэ махуэм хужаІэ): If only my dog could turn human (said on a day of hard toil).
- Тэнымрэ дэнымрэ зэхуэдэщ (Утэми ухэдэми тlум щыгъуэми ущыуэнкlэ хъунущ, жыхуиlэщ): (Offering and choosing are the same) While offering or choosing you might make a mistake.
- Уэгъум ихьар уэлбанэм къехьыжри, уэлбанэм ихьар уэгъум къихьыжыркъым: What is taken by the

drought is brought back by prolonged rain; what is taken by the rain is not brought back by the drought.

Уэлбанэ махуэр щІэпытхъщ, фызым я тхъэгъуэр къэбгъавэщ.

Уэсэпс хуабэ мэшгъэкІщ: Warm dew is good for growth of millet.

УэфІрэ уэлбанэрэ я хьэкъ зэтенэркъым.

Удэмэ — **І**уданэ, убзэмэ — бзыхьэхуэ: If you sew — a thread; if you cut — a rag.

Удз къыхэш, уэтэр шэж: Remove from the grass and take back to the winter quarters (of animals).

Уеплъу ущыс нэхърэ уисми еГуб.

Уеуэмэ – мэкъущ, уемыуэмэ, къурэщ (Weiweme – meqwsch, weimiweme, qwresch): If you reap – it's hay; if you don't, it's dry grass.

Узэгугъур къогугъуж.

- Улажьэмэ, лыжь пшхынщ, умылажьамэ, лажьэ бгъуэтынщ (Wilazcheme, lizch pshxinsch, wimilazcheme, lazche bghwetinsch): If you work, you'll eat (salted) dried meat; if you don't, you'll get into trouble.
- Улажьэу ушхэжын нэхъыф I щы Iэкъым (Wilazchew wishxezhin nex'if' schi'eqim): There is nothing better than to eat from your own sweat.
- XamэIэр Iэгъэзагъэ щхьэкIэ, гугъэзагъэкъым: Outside help relieves the hand but not the heart.
- Xamэlə lэгъэпсэху щхьэкlэ, гу гъэпсэхукъым: Outside help relieves the hand but not the heart.
- **«Хэт бей?» щыжаІэм, «мастэ бейщ» жаІащ:** When it was said: "Who is rich?", "The needle is rich", came the answer.
- **Хыумыльхьэ къыхэпхыжыркъым** (ЩІым тепсэмэ, къытохыж жыхуиІэщ): Sow and you shall reap.

- **Хуэмыху и Іуэху блэкІыркъым** (Хуэмыху=lazybones; sluggard; laggard): The work of the loafer doesn't get done.
- **Хуэмыхум щхьэусыгъуэ и куэдщ** (Хуэмыху=lazybones; laggard; щхьэусыгъуэ=excuse): A bad workman quarrels with his tools.
- **Хьэдрыхэ мывэхэх кІуэн** (Хьэдрыхэ=life beyond the grave): (To go to the world beyond to fetch stones) To be engaged in a futile undertaking.
- **Хьэм нэщІ щхьэІуо щеуэн** (Хьэм=threshing-ground; нэщІ=empty): 1. To be engaged in a futile action; 2. To waste one's fire; 3. Sisyphean toil.
- **Хьэмтетыгъуэ гъаблэ щыІэкъым:** There's no hunger whilst one is at the threshing-floor.
- **Хьэрычэтым берычэт хэльщ:** Initiative is blessed.
- Хъуэжэ лыщІэ къищтэри лыщІакІуэ ежьэжащ (Хъуэжэ=man of cloth; лыщІэ=farm labourer).
- **ЦІыхум иуасэр и лэжьыгъэщ:** 1. A man is judged by his deeds; 2. A man is known by his work.
- Шэмыгьапціэ жэщщ (Гъэмахуэм жэщ кіэщіым хужаіэ): Said of a short summer night.
- Шу гъуэгурык Іуэм бзыпхъэ трех (ЦІыхубз дэрбзэр Іэзэм хужаІэ): Said of a skillful seamstress.
- Шылэм и кІэм зеукІыж.
- **ШыІэ зиІэм насып иІэщ:** 1. Patience pays dividends; 2. Everything comes to him who waits.
- **ЩакІуэр зэІузэбзмэ, бажэбз къехь** (ЩакІуэ=hunter; бажэбз=vixen): Soft fire makes sweet malt.
- **Щихур кІыхь дыдэу докІей, ауэ къыпыкІэркъым:** (Though it reaches lofty heights, the poplar bears no fruit) Large body and little soul.

- **Шхьэхынэм и махуэр кІыхьщ** (Щхьэхынэ=lazybones): An idler's day feels too long.
- Щхьэхынэм щхьэусыгъуэ и куэдщ (Schhexinem schhewsighwe yi kwedsch): 1. Idle folks lack no excuses; 2. A bad workman quarrels with his tools.
- **Шхьэхынэр тэджмэ, псыбафэр куэд мэхъу:** If the lazybones gets up, the number of those who drink too much water increases.
- Щхьэхынэ хьэрхуэрэгъу хъуркъым (Schhexine herxwereghw x'wrqim): There's no competing with a lazybones.
- Щынащхьэ плъагъумэ гъэмахуэщи, Іэтащхьэ плъагъумэ щІымахуэщ.
- **ЩІым зы ептмэ, щэ къыуетыж:** What you put in the land it gives it back to you a hundred-fold.
- ЩІыр вакъапхъэ-вакъапхъэу зэхэлъщ.
- ЩІыр кІийуэрэ къокІуэ, гъэр гъыуэрэ мэкІуэж: Winter comes screaming, summer leaves with a cry.
- ЩІыщІэ мэш бэвщ: Virgin soil gives abundant millet.
- «Яхуэмышхэн сщІынщ», жиІэри ямышхыфын ишІащ.

Іэмбатищэ нэхърэ зы гъущагъэ.

- Іэтэр Іэмбатэ щхьэк Іэ мэфыж (Іэтэ=rick, stook; Іэмбатэ=quantity of hay taken by one pitchfork) (Зы мащ Іэ нумыгъэсу къанэмэ, пщ Іа псори мэк Іуэдыж, жыхуи Іэщ): If you want to do something right, take it all the way to completion.
- **ІэхъуэгъуэтегъэкІ** (Зэмыгугъуу ящІэ Іуэхум хужаІэ. Said of work done carelessly, or in a slipshod manner).
- **ІэщІагъэ зиІэ Іэужь иІэщ:** If you master a trade you will become the master of your own affairs.
- Іуэху зи Іуэху Іуэху ІуощІэри, шхын зи Іуэху шхын ІуощІэ ('Wexw ziy 'wexw 'wexw 'wosch'eriy, shxin

ziy 'wexw shxin 'wosch'e): He who seeks work finds work, he who seeks food finds food.

Іуэху мыублэ(м) блэ хэсщ ('Wexw miwible(m) ble xessch): (There's a snake in the unstarted business): 1. The first step is the hardest; 2. It is the first step that costs.

Іуэху пщІыр Іуэху мэхъу.

Іуэху щІэкІэ зымыщІэр Іуэху щІэным егъалІэ.

Іуэхум игъэлІа щыІэкъым: Nobody ever died of work.

Іуэхур жыІэгъуафІэ щхьэкІэ, щІэгъуафІэкъым: Easier said than done.

On Opposites

(Зэхуэмыдэныгъэ щыІахэр къэзыгъэлъэгъуэж псалъэжьхэр)

Атэкъынэр зи вакъэпс, къэсыр зытеухь (атэкъынэ—гуэншэрыкъ лъэпс. *Laces of man's raw hide shoes*).

Бацэжь и щІагь лІыхьужь къыщІокІ: (A hero emerges from old shaggy wool) 1. A little body often harbours a great soul; 2. Little bodies may have great souls.

Бацэр и бэщ, бзур и бынщ (ТхьэмыщкІэщ, бын и куэдщ, жыхуиІэщ: Said of a poor man having many children).

Бацэхэпль нэпльэжыгьуэ егьуэт.

Бгъэр бгъэкІэ ягъасэ, былымыр былымкІэ къагъуэт.

Бей жей езэгъыркъым: No sleep for the rich.

Бейм и хьэ удз ехъу: The rich-man's dog grazes grass.

Бейм я гугъу ящІурэ тхьэмыщкІэм я уэздыгъэ мэс.

Бжэн къуий тегушхуэгъуафІэщ: Brave before the lamb, but a lamb before the brave.

Бжэн щакъуэ тегушхуэгъуафІэщ (*еплъ аргуэру* Бжэн къуий тегушхуэгъуафІэщ): Brave before the lamb, but a lamb before the brave.

Бзу кхъуей фІэкІа ямыІэ щыІэкъым.

Бзум худрапхъей и унэ щІэлъкъым.

Вырэ цІэрэ зэпокъу: The bull and louse are measuring swords.

Гуащэрэ пэт, къаз деху.

Данэр лъапэкІэ зэрехуэ (ЗэщыхуэпыкІауэ къэзыкІухь цІыхубзым хужаІэу щытащ).

Делэми пэж жиІэнкІэ мэхъу (Deilemiy pezh zhiy'ench'e mex'w): 1. A fool may sometimes speak to the purpose; 2. A fool's bolt may sometimes hit the mark.

- Делэр бейм я гуэшэгъущ (Бейм здигъэгуэшэну щогугъ, жыхуиІэщ): (The fool [thinks that he] is the rich-man's partner) As the fool thinks, so the bell clinks.
- **Дунейр и жэнэтщ** (Тхъэуэ мэпсэу, жыхуиІэщ): He lives in clover.
- Дунейр и хьэдрыхэщ (Хьэдрыхэ=life after death): Hell on earth.
- **Дымыгъуэкъым,** дыгущэкъым, ди унэ щхьэ кlапэ дагъэкlэ дымыирэ? (Щыкlам ayaныщly хужаlэ. Said of a conceited person).

Жылэм я мыгъуэ я гъуощ.

- Жьы къыщІэпщэркъым, псы къыщІэуэркъым: (A gale won't blow, the river won't flood) There's no hurry!
- **Жьыр и гупэу мэпсэу** (Гугъуехьым пэщІэту мэпсэу, жыхуиІэщ).

Зэрабзыр иІэ щхьэкІэ кърабзэ иІэкъым.

Зэрыгъэпщыркъым, зэрыгъатхъэркъым (ЛІыфІыгъэ зэпэзыубыдаитІым хужаІэ).

ЗэхуэдитІ зэдзейщ.

Зеиншэ шэгъуафІэщ.

- Зи вакъэ зэврэ зи гъавэ мащІэрэ: Tight shoes and a little yield.
- **Зи деур мащІэм и духьэр кІэщІщ** (деур=money given out by relatives of the deceased to atone for his/her sins; духьэр=prayer): Little alms, short prayers.
- **Зи Іэгу нэщІым и нэгу щІыІэщ:** Empty hands and cold face.
- ЗимыІэм бдзы кІыхьри бдзы кІэщІри хуохъу: Beggars can't be choosers.

ЗимыІэххэ къызэщэри зил къыщІэщ къызэтэщ.

- **Зипщ пэмылъэщ и фыз и табыщэгъущ** (И фызым йоныкъуэкъу, йозауэ, жыхуиІэщ).
- Зы выр шхэмэ, зы выр мэгурым: When one bull eats another moans.

Зы лІыр джэдыгуибгъурэ лІибгъур джэдыгуншэу: One man with nine fur coats, and nine men with no fur coats.

Зы хьэнэф зы хьэнэф и пщыжщ: It's a case of the blind leading the blind.

ЗылъэмыкІ ІэфракІэ и Іыхьэщ.

Зым и мыгъуэ, зым и махуэщ: One man's meat is another man's poison.

ЗыхуащІэ нэхърэ зыщІэф.

Зыхуэхъур быхъуу мэтІыс.

- **И** дунейр дэгъэзеигъуэу ехь (Гугъу ехьу мэпсэу, жыхуиІэщ. *He leads a miserable life*).
- **И** д**зыгъуэ** л**ъынэ** к**ъокІ** (ХуэщІауэ, тхъэуэ мэпсэу, жыхуиІэщ. *He lives in clover, he is well off. Literally: 'His mouse is fat'*).
- И кІэтІий и вакъэпсу мэпсэу (кІэтІий=gut, intestine; вакъэпс=shoe-lace): He is indigent.
- И мэлыхъуэ баш пкІэм дридзеижащ (И мылъкур ІэщІэкІуэдэжащ, жыхуиІэщ): (He threw his shepherd's stick in the loft) He lost his fortune.
- **И хьэрэ и кхъуэрэ зэрошх** (Гукъеуэншэу, тхъэуэ мэпсэу, жыхуиІэщ): He lives in clover.
- И щэ и ныбэ ихуэжыркъым (Yi sche yi nibe yixwezhirqim): (His fat does not fit into his stomach) He lives in clover.

И щэ къовэ (Къулейм хужаІэ): Said of a rich man.

Ибэ бэшэчщ: An orphan is a hardy creature.

Изрэ ныкъуэрэ зэрыщ Тэркъым: The rich and the poor are deaf to one another.

КІэкъинэ ІэфІщ: (The dregs are the sweetest) The nearer the bone, the sweeter the flesh.

Къаным и нэ уезыгъэбор былымщ.

Къызыхих ныкъуэ хъуркъым.

КъыптекІуэ лъэщщ: He who beats you is strong.

- **Къратыр и Іусщ, есыхыр и мафІэщ** (Зыри зылъэмыкІ хьэрычэтыншэм хужаІэ): Said of a helpless fellow.
- **Лэгъупыр нэкІэ къегъавэ** (Нэсауэ къулейуэ мэпсэу, жыхуиІэщ): He lives in clover.
- **Лъэкlамэ**, **зыкъригъэлъхунтэкъым** (Щхьэхынэ Іейм хужаІэ): Said of a very lazy person.
- ЛъхукъуэлI нысэ зыгъэ-зыщIщ, дыжь джэдыгур зы щIымахуэщ.

Мыгъуэм и кІапсэр бейм егъэлажьэ. Мыгъуэр мыгъуэщІкъым, ищІыр тэджыжкъым. Мыунэ-мыунэхъу, жэщ хъумэ пхъэдыгъу.

- «Нанэ и лыІу, дадэ и Іунэ» жиІзурэ зэригъэуІуащ (Гугъу дехьурэ ерагъыу зэригъэпэщащ, жыхуиІэщ): Said of something that was just barely managed to be done.
- **Насып зимы!эм и дзэр хъудырым Iyeщ!ык!:** (An unfortunate man would have his teeth broken while having pottage) An unfortunate man would be drowned in a teacup.
- **Насып зиІэм шыІэ иІэщ:** Fortune and perseverence go hand and hand.
- **Насыпыншэм махьшэм тесми хьэ къодзакъэ** (Насып уимы Ізмэ, махьшэм утесми, хьэр къодзакъэ): (If out of luck, a dog would bite you even on camelback) An unfortunate man would be drowned in a teacup.
- **Насыпыр щагуэшым дурэшым дэсащ:** When good fortune was being allotted he was in a secluded corner; he is poor, unfortunate.
- Нэгъуеипщ нэхъей, и закъуэ мэшхэж (Neghweiyipsch nex'ey, yi zaqwe meshxezh): He eats on his own, like a Nogai prince.

НыбэщІ эубзэ Іуэхутхь эбзащІ эщ.

ТхьэмыщкІагъэм сынокІуэ жиІэркъым: Indigence never says 'I am leaving'.

ТхьэмыщкІэм и псальэ тІзу жыІэщ: The poor man's words are twice said.

ТхьэмыщкІэм и фэр Іувщ (Гугъуехь куэд и фэм докІ, ешэч, жыхуиІэщ): The poor have thick skins.

ТхьэмыщкІэм тхьэр хуэлъэщ.

ТхьэмыщкІитІ зэгъусэмэ, бей хуэдэу мэпсэу: If two poor people band together, they will live like the rich.

Тхьэр тебгащ, бгыр теуащ.

Уэрэдус пщыпсэІухщ: The song-writer is the terror of the prince.

Уэсэпс тхьэгъум зегъэшри, гъэш зимы Іэр тхьэмы щк Іэщ. Удафэр фэм йок І.

«Уи адэр шхын щхьэк элащ» жа эу щрахъуэным, «Игъуэту ла?» – къажри ащ: 'Your father died for lack of food,' they said, scolding, 'Did he find food and die?' he retorted.

Уи Іэшхылъэ нэбдзыфІэмэ, унэфІ япхъу къыуатынщ.

УлІ упсэу нэхърэ, утхъ у урелІэ.

Урыс тхьэмыщкІэ и кхъуэлу зэрегъэзахуэ.

Фактырэ пэщмэн (ТхьэмыщкІэ пагэм хужаІэу щытащ. Пэщмэн: beggar's pouch): Used to be said of proud indigent people.

Хабзэр сщіэ щхьэкіэ, ирабзэр сіэщіэлькъым.

Хьэзабыр хьэмбытly (хьэмбыlyy) ешэч (Хьэмбыт**l**y, хьэмбы**l**yy: squatting): He is suffering the torments of Tantalus.

Хьэндыркъуакъуэ щэ кІэльопкІэ: Luckless, unlucky.

ЦІэ бжьакъуэм фІэсщ.

Щхьэ къуийм и лажьэ щхьэ псэум ищ эркъым.

ЩымыІэр ІыхьитІщ: Two lots when there is nothing.

Іэгу нэщІ ІэщІ джафэщ.

On Greetings & Salutes

(ФІэхъусхэм теухуа псалъэжьхэр)

- **Бзаджэр убзэмэ, зыгуэр хуейщ** (Bzajer wibzeme, zigwer xweysch): When the wicked starts to suck up, know that he is after something.
- Псальэ гуапэм пщІэ щІэпткъым (Psalhe gwapem psch'e sch'eptqim): Nice words are priceless.
- Уи бзэр гъэбыдэ, уи жьэр гъэдахэ (Wiy bzer ghebide, wiy zcher ghedaxe): Hold your tongue and adorn your mouth.
- **ФІэхъус лей хъуркъым** (F'ex'ws ley x'wrqim): It is always opportune to pronounce greetings.
- **Щыхум** и нэгум и гум ильым ухуеузэщI (Ts'ixwm yi negwm yi gwm yilhim wixweiwzesch'): A person's facial expression ameliorates for you what lurks inside of him.
- **ІитІкІэ уи Іэр зыубыдыр уи щІыб щопсэльэж** ('Iyt'ch'e wiy 'er ziwbidir wiy sch'ib schopselhezh): He who greets you with both hands talks about you behind your back.
- **ІитІкІэ Іэ зыубыдыр фызщ** ('Iyt'ch'e 'e ziwbidir fizsch): Only women shake hands with both hands.
- **Іуэхум япэр фІэхъусщ** ('Wexwm yaper f'ex'wssch): Greeting precedes any other business; greeting precedes conversation.

Sayings and expressions associated with hospitality, festal ceremonies, and foodstuffs

(In Kabardian, unless otherwise indicated)

The sayings and expressions associated with a particular aspect of the folklore of a people shed a bright light on its details and intricacies, and citing them in profusion gives credence to the account and bestows authenticity upon it. The relevant customs and traditions associated with hospitality and food-taking are also encapsulated and preserved in these vessels of etiquette and good behaviour. The collection of sayings and expressions could be used as an instructions manual or handbook on proper conduct and good manners. For foreign visitors (and indeed for Circassians unaware of the intricacies of the elaborate institution of hospitality) wishing to enjoy Caucasian hospitality to the full without unpleasant hitches, it is a convenient reference on do's and dont's.

The experiences of a nation are the fertile ground from which wisdom and sagacity are reaped. It is hoped that the (some 300) sayings and expressions (in Kabardian and Adigean) offered here would prove tasty pickings of that rich harvest.

Hospitality & respect for guests

- Adige(m) hesch'e yi sch'asesch (Адыгэ[м] хьэщІэ и щІасэщ): A guest is the beloved of the Circassian. [In Adigean: Адыгэмэ хьакІэр якІас; *or* УнэгъуакІэ хьакІэ икІас]
- Adige mighwe, shighwre p'astere⁵ (Адыгэ мыгъуэ, шыгъурэ пІастэрэ): Even the most indigent of Circassians will prepare food (of sorts) (literally: salt and boiled millet dumplings) for you. [See next entry]
- Adigem ya nekh mighwemiy shighwre p'astere qipxweischte (Адыгэм я нэхъ мыгъуэми шыгъурэ пІастэрэ къыпхуещтэ): Even the most indigent of Circassians will prepare food (of sorts) (literally: salt and boiled millet dumplings) for you. [See preceding entry]
- Adigem ya nekh mighweriy (themischch'eriy) bisimsch! (Адыгэм я нэхъ мыгъуэри [тхьэмыщкІэри] бысымщ!): Even the most indigent of Circassians will be more than ready to play the host. [In Adigean: Адыгэмэ анахъ тхьамыкІэри бысым]
- Adige yi hesch'e bidap'e yissch (Адыгэ и хьэщІэ быдапІэ исщ): The guest of the Circassian is safe as if protected by a fortress. [It was the sacred duty of the host to ensure the safety of his guest and to uphold his honour, with weapon in hand, and to the death, if need be. In Adigean: Адыгэ хьакІэ(р) пытапІэ ис]
- **Hach'er pstewme** (*or* **pstewmiy**) **ap** (ХьакГэр пстэумэ [*e* пстэуми] ап): The guest always comes first. [Adigean]
- **Hesch'e ley schi'eqim** (ХьэщІэ лей щыІэкъым): 1. A guest is never in excess (unwanted); 2. No guest should be

halama and a kind of wild mint.

⁵ I heard my father, Mahmoud Kuchuk Jaimoukha, who was born in Jerash, Jordan, in 1927, at the time mainly a Circassian village, utter a more musical version of this saying, 'Adige mighwe, shighwre p'astere, hel'ame qwanshe, qereqwreshey', the added 'foodstuffs' being crooked

- regarded as a burden; 3. All guests are welcome. [In Adigean: ХьэкІэ лые щыІэп]
- **Hesch'em nasip qidok'we** (ХьэщІэм насып къыдокІуэ): With the guest arrives good fortune. [In Adigean: ХьакІэ къакІомэ, насып къыдэкІо]
- **Hesch'er Them yi l'ik'wesch** (ХьэщІэр Тхьэм и лІыкІуэщ): A guest is a messenger from God.
- Hesch'e sch'ale schi'eqim (ХьэщІэ щІалэ щыІэкъым):

 1. There is no such thing as a young guest; 2. A guest is a guest. [All guests must be respected, no matter how young. In Adigean: ХьэкІэ кІалэ хъурэп]
- Hesch'eschizch nesch'ir wetersch (ХьэщІэщыжь нэщІыр уэтэрщ): An unused old guest-house is like winter quarters for cattle.
- Hesch'ew qipxwek'wame, wiy zhaghweghwriy (wiy) nibzcheghwsch (ХьэщІэу къыпхуэкІуамэ, уи жагъуэгъури [уи] ныбжьэгъущ): If he comes to you as a guest, even the sworn enemy is your friend. [In Adigean: ХьакІэ къыпфакІомэ, уиджэгъогъури ныбджэгъу]
- Pf'emasch'er hesch'e 'wssch (ПфІэмащІэр хьэщІэ Іусщ): The food you spare is victuals for your guests. [Шхыным ущысхьмэ, хьэщІэ шхын мэхъу, жыхуиІэщ]
- Psalhe ghwschech'e hesch'e yiraghech'izhirqim (Псальэ гъущэкІэ хьэщІэ ирагъэкІыжыркъым; гъущэ=dry, 'empty'): Fine (kind, or soft) words butter no parsnips.
- Qak'wexe ya winesch (КъакІуэхэ я унэщ): 1. It is a house for all comers; 2. All are welcome in this house.
- Ts'ifisch'w hach'e shimich' (ЦІыфышІу хьакІэ щымыкІ): A good person will always have guests (visiting him). [Adigean]
- Ts'ixwf' yi 'ene hezirsch (ЦІыхуфІ и Іэнэ хьэзырщ): (The table of a good person is always ready) Keep your table always ready (for guests).
- Tsw nish nahiy nesch'o-gwsch'w (Цу ныш нахьи нэшІо-гушІу): Better a cheerful reception than an ox

- slaughtered in your honour. [Adigean. «Цу къыпфаукІын нахьи къыпфэчэфхэу къыппэгъокІыхэмэ нахьышІу» зыфиІу]
- 'Wexwm yaper f'ex'wssch (Іуэхум япэр фІэхъусщ): Greeting precedes any other business; greeting precedes conversation.
- Yeblaghe ziy bem yi bin mezhal'erqim (Еблагъэ зи бэм и бын мэжал эркъым): The children of the person who receives many guests never go hungry. [In Adigean: Еблагъэр зибэм ибын мэлак эрэп]
- Yerisqinshem yi duneyr ch'if'sch (Ерыскъыншэм и дунейр кІыфІщ): His world is truly bleak he who has no victuals in his house.
- Zhile(r) zighashxe(r) shxin schhech'e mal'e (Жылэ(р) зыгъашхэ(р) шхын щхьэкІэ малІэ): (He who feeds the villagers, i.e. the cook, is himself dying of hunger) 1. The cobbler's wife is the worst shod; 2. Wilful waste makes woeful want; 3. Waste not, want not. [Зи гугъу ищІыр пщафІэрщ; i.e. the cook]
- Ziywine wiyherer qipfechefme, qiotaghem fed (Зиунэ уихьэрэр къыпфэчэфмэ, къыотагъэм фэд): If the host gives you a hearty welcome, it is as good as a gift. [Adigean]
- Ziywine wiyherer qipfechefme, qipfashterer 'esch'w (Зиунэ уихьэрэр къыпфэчэфмэ, къыпфаштэрэр ІэшІу): If the host receives you cordially, then whatever they serve you would taste good. [Adigean]

Host-guest relationship

• 'Aner bisimim yi'of, teilhir hach'em yi'ofsch'en (Іанэр бысымым иІоф, тельыр хьакІэм иІофшІэн): The table is the business of the host (to prepare and set); what is on it is the business of the guest. [Adigean]

- **Bisimir ghwaz, hach'er ghozaj** [Бысымыр гъуаз, хьакГэр гъозадж]: The host is the leader (guide); the guest is the object of splendour. [Adigean]
- **Bisimir** hach'em yi'oftabg [Бысымыр хьакІэм иІофтабг]: The host is his guest's messenger. [Adigean]
- **Bisimir hesch'em yi 'wexwthebzasch'esch** (Бысымыр хьэщІэм и ІуэхутхьэбзащІэщ): The host is his guest's servant.
- **Bisim negw yixigh** (Бысым нэгу ихыгъ): Said of a hospitable, friendly host (with respect to guest). [Adigean]
- Biyyizch wimigheblaghiy, wiy ade yi blaghezch wimibgine (Биижь умыгъэблагъи, уи адэ и благъэжь умыбгынэ): Do not invite your old enemy (to your house), and do not desert your father's old relative.
- Hach'ak'o wik'o psch'oyighome, hach'ew qipfak'orer ghasch'o (ХьакІакІо укІо пшІоигьомэ, хьакІзу къыпфакІорэр гъашІо): If you like to go on visits (as a guest), you must also be prepared to indulge your guests. [Adigean]
- Hach'em qek'onir yezh yi'of, k'ozhinir bisimim yi'of (ХьакІэм къэкІоныр ежь иІоф, кІожьыныр бысымым иІоф): It is the business of the guest to decide when he comes; but his leaving is the business of the host. [Adigean]
- Hach'em qek'onir—yi'of, k'ozhinir—bisim yi'of (ХьакІэм къэкІоныр—иІоф, кІожьыныр—бысым иІоф): See preceding entry. [Adigean]
- Hach'em yishire yimasch'ore (ХьакІэм ишырэ имашІорэ): (Literally: The guest's horse and fire) Take care of your guest's horse, and make sure that he is kept warm. [Adigean]
- Hach'er ghasch'o, ts'ifisch'wr lhite (ХьакІэр гъашІо, цІыфышІур лъытэ): Indulge your guests, and honour good men. [Adigean]
- **Hesch'ef' yi bisimibzhe ze'wxasch** (ХьэщІэфІ и бысымыбжэ зэІухащ): The (door of the) host's guest-

- room is open for a good guest. [In Adigean: ХьэкІэшІу ибысымыпчъэ зэІухыгъ]
- Hesch'e ghwneghw nex're hesch'e zhizche nex' lhap'esch' (ХьэщІэ гъунэгъу нэхърэ хьэщІэ жыжьэ нэхъ льапІэщ): A guest from far away is dearer than a guest from nearby. [This is in appreciation of the hardship borne by a foreign guest to make the visit. In Adigean: ХьэкІэ гъунэгъу нахьи хьэкІэ чыжьэр нахь льапІ]
- **Hesch'em yi yerisqir qidok'we** (ХьэщІэм и ерыскъыр къыдокІуэ): The guest's victuals arrive with him. [In Adigean: ХьакІэм рызыкъыр къыдэкІо]
- Hesch'e qak'weme (qek'wensch) zhi'iy ghet'ilh, kwedre schilhasch zhip'ew wimishx(izh) (ХьэщІэ къакІуэмэ [къэкІуэнщ] жыІи гъэтІылъ, куэдрэ щыльащ жыпІэу умышх[ыж]): Say 'What if we have a guest?' ('We will have a guest,') and store (the guest's share), but do not consume it, saying: 'It has been lying there for so long'. [Always be prepared to receive guests. In Adigean: ХьакІэ къэкІощт Іори гъэІылъ, бэрэ щыльыгъ пІоу умышхыжь]
- **Hesch'er bisimim yi ghersch** (ХьэщІэр бысымым и гъэрщ): The guest is his host's captive. [In Adigean: ХьакІэр бысымым игъэр]
- Hesch'er zheschiysch yisme, binim yaschisch mex'wzh (ХьэщІэр жэщищ исмэ, быным ящыщ мэхъуж): If the guest stays for three nights, he becomes part of the family. [In Adigean: ХьакІэр чэщищ хъумэ, бысымым щыщ мэхъужьы; *or* ХьакІэр чэщищэ щысымэ унагьом (*e* быным) щыщ мэхъу]
- Pschedjizch hesch'e ghehesch'eghwaf'esch (Пщэдджыжь хьэщІэ гъэхьэщІэгъуафІэщ): A morning guest is easy to host. [In Adigean: Пчэдыжь хьакІэр хьакІэгьошІу; *or* Пчэдыжь хьакІэр хьакІэ хъурэп]
- Qak'orem yi'ah xemi'w (КъакІорэм иІахь хэмыІу): Do not pierce (touch, consume) the visitor's share (of food). [Adigean]

- **Qak'we psoriy blaghesch** (КъакІуэ псори благъэщ): All those who visit are considered relatives.
- **Qeiblagher t'u mex'w** (Къеблагъэр тІу мэхъу): 'Welcome' is said twice. [Adigean]
- Winaghasch'e hesch'exwef'sch (УнагъащІэ хьэщІэхуэфІщ): The household of newly-weds is most amenable to receiving guests. [In Adigean: УнэгъуакІэр хьэкІэфэшІу]
- Wineqwesch hesch'e ghef'eghweysch (Унэкъуэщ хьэщІэ гъэфІэгъуейщ): It is hard to spoil a guest who is a kindred relative (bearing the same surname). [In Adigean: Унэкъощ хьакІэр гъэшІогъуай]
- Wiy hesch'eriy ghaf'e, wiy qweshriy f'iwe lhaghw (Уи хьэщІэри гъафІэ, уи къуэшри фІыуэ лъагъу): Indulge your guest but love thy brother. [In Adigean: УихьакІэ гъашІо, пкъош шІу лъэгъу]
- Wizigheblagherer ghebleghezh, wizighepiyirer ghepiyizh (Узыгъэблагъэрэр гъэблэгъэжь, узыгъэпыирэр гъэпыижь): He who welcomes you, welcome him back; he who shows you enmity, be his enemy in return. [Adigean]
- Yawibir bisim sch'i (Яубыр бысым щІы): Choose as your host the person whom the people say spiteful things about. [In Adigean: Аубырэр бысым шІы]
- Zi hesch'em zi hesch'e yi zhaghweschiy hesch'iyt'ir bisimim yi zhaghwesch (Зы хьэщІэм зы хьэщІэ и жагъуэщи хьэщІитІыр бысымым и жагъуэщ): One guest resents the other, whilst the host is weary of both. [In Adigean: Зы хьакІэр зы хьакІэм иджагъу, хьакІитІур бысымым иджагъу]

Host's burdens & woes

• **Bisim femifir dek'ote ch'ah** (Бысым фэмыфыр дэкІотэ кІахь): A lazy host spells a long seeing off. [Adigean.

- ДэкІотэн=to see off; according to host-guest customs, it was incumbent to see off a guest in a proper fashion]
- **Bisim bzajer shiw wizh** (Бысым бзаджэр шыу уж): A bad host trails the rider. [Adigean]
- Hach'er qepshenew zipsch'ech'e phach'enewiy zeghasch'e (ХьакІэр къэпщэнэу зыпшІэкІэ пхьакІэнэуи зэгъашІэ): If you bring guests (to your house), you must (first) learn how to play the host. [Adigean]
- Hesch'e qashe schi'eschiy, hesch'e yishizh schi'eqim (Хьэщэ къашэ щыІэщи, хьэщэ ишыж щыІэкъым): 1. Guests come easily, but do not as easily leave; 2. There is such a thing as inviting a guest, but there is no such thing as showing the guest the door. [In Adigean: ХьэкІэ къакІо щыІэ шъхьакІэ, хьэкІэ гъэкІожь щыІэп; or Ебгъэжьэжьын нахьи ебгъэблэгъэныр нахь рэхьат]
- Hesch'er hezir schhech'e, bisimir hezir? (ХьэщІэр хьэзыр щхьэкІэ, бысымыр хьэзыр?): The guest is always ready, but is the host also ready? [ХьэщІэр сыт щыгъуи хьэзыр щхьэкІэ, бысымыр щымыхьэзыри мэхъу. In Adigean: ХьакІэр хьазыр шъхьае (е шъхьакІэ,) высымыр хьазырэп]
- Hesch'er neschx'eyme, bisimim yi yaghesch (ХьэщІэр нэщхъеймэ, бысымым и ягъэщ): If the guest is upset, it is a grave concern for the host. [In Adigean: ХьакІэр нэшхъэимэ, бысымым иягъ]
- Hesch'er zeyr gwawezhirihsch (ХьэщІэр зейр гуауэжырыхьщ): He who hosts a guest bears a great woe.
- Shu hesch'er yagheshesizh, lhes hesch'er psch'ant'em dashizh (Шу хьэщЭр ягъэшэсыж, лъэс хьэщЭр пщІантІэм дашыж): They see to it that a guest on horseback is assisted in mounting his horse on leaving, and they accompany the unmounted guest across the yard. [In Adigean: Шыу хьакГэр агъэшэсыжьы, лъэс хьакГэр агъэкГотэжьы]
- Ziyqelapche wiqiblezimishizhirem yiwine wimik'w (Зикъэлапчъэ укъыблэзымыщыжьырэм иунэ умыкІу):

He who does not see you off to the gate of his homestead is not worthy of being visited. [Adigean]

Duties and character of the *xegherey* [honorary guest-companion]

- Ghesenigher hach'e, aqilir xeghirey (Гъэсэныгъэр хьакІэ, актылыр хэгтырэй): The guest must be well brought up, and the guest-companion must have a sharp mind. [Adigean]
- Hesch'e qiyheme [qak'weme], xeghereyr megwf'e (ХьэщІэ къихьэмэ [къакІуэмэ], хэгъэрейр мэгуфІэ): When the guest comes on a visit, the honorary guest-companion is delighted. [In Adigean: ХьакІэ къакІомэ, хэгъырэир мэгушІо]
- Hesch'e zdeschi'em xegherey schi'esch (ХьэщІэ здэщыІэм хэгъэрей щыІэщ): Where there is a guest there is an honorary guest-companion. [In Adigean: ХьакІэ зыдэщыІэм хэгъырэй щыІ]
- Xegherey bzaje dek'wate ch'ihsch (Хэгъэрей бзаджэ дэкІуатэ кІыхьщ): A bad honorary guest-companion spells a long seeing off. [ДэкІуэтэн=to see off; according to host-guest customs, it was incumbent to see off a guest in a proper fashion. In Adigean: Хэгъырэй бзаджэр дэкІотэкІыхь]
- Xegherey bzaje shu wizchsch (Хэгъэрей бзаджэ шу ужьщ): A bad honorary guest-companion trails the rider. [In Adigean: Хэгъырэй бзаджэр шыуж]
- Xegherey xwemixwm he qiweighedzaqe (Хэгъэрей хуэмыхум хьэ къыуегъэдзакъэ): A lazy honorary guest-companion causes you to be bitten by the dog. [The honorary guest-companion was duty-bound to protect his charge by walking behind him across the yard to the guest-room, and from the guest-room back across the yard. In Adigean: Хэгъырэй фэмыфым хьэ къыуегъэцакъэ]

• Xeghereyif' lhix'wiy, bilimlhix'we k'we (ХэгъэреифІ лъыхъуи, былымлъыхъуэ кІуэ): Seek a good honorary guest-companion while looking for cattle (for your guests). [ХэгъырэишІу лъыхъуи, былым лъыхъо кІо]

On table attendants [schhegherit]

- Sch'aleghwer schhegheritsch (Щалэгъуэр щхьэгъэрытщ; щхьэгъэрыт=young man assigned to wait on a table prepared for guests, being usually the youngest of the attendants): While you are young, you are a servant. [Ущалэху ујуэхутхьэбзащјэщ, жыхуијэщ]
- Schhegherit schhegherit yi zhaghwesch (Щхьэгъэрыт щхьэгъэрыт и жагъуэщ; щхьэгъэрыт=young man assigned to wait on a table prepared for guests, being usually the youngest of the attendants): One guest attendant resents the other.

Guest's burdens & etiquette

- **Bisimir ahiy hach'er qenagh** (Бысымыр ахьи хьак Гэр къэнагъ): The host was taken away, whilst the guest stayed on. [Adigean]
- Ghesenigher hach'e, aqilir xeghirey (Гъэсэныгъэр хьакІэ, акъылыр хэгъырэй): The guest must be well brought up, and the guest-companion must have a sharp mind. [Adigean]
- Hesch'ap'e k'wewe qiynezham xwedew (ХьэщІапІэ кІуэуэ къинэжам хуэдэу): The best fish smell when they are three days old.
- Hesch'ap'eriner yemik'wsch (ХьэщІапІэрынэр емыкІущ): 1. It is unseemly to overstay one's welcome; 2. The best fish smell when they are three days old. [In Adigean: ХьэкІэпІэрынэр емыкІу]
- Hesch'ap'e wischi'eme, qipxwasch' wiy winafesch (ХьэщІапІэ ущыІэмэ, къыпхуащІ уи унафэщ): While

- you are on a visit as a guest, what they tell you is law. [In Adigean: ХьакІакІо ущыІэмэ, къыпфашІырэр уиунашьо]
- Hesch'e hesch'e teipsixe [hesch'eteipsixe] yi zhaghwesch (ХьэщІэ хьэщІэ тепсыхэ [хьэщІэтепсыхэ] и жагъуэщ): A guest resents the arrival of another (guest). [In Adigean: Зы хьакІэм зы хьакІэр тепсыхэжьырэп]
- Hesch'e kwedre schisme, bisimir yozesh (ХьэщІэ куэдрэ щысмэ, бысымыр йозэш): If the guest stays for too long, the host becomes very weary. [In Adigean: ХьакІэр бэрэ щысымэ, бысымыр езэщы]
- Hesch'er kwedre yisme, shxwe dighw mex'w (ХьэщІэр куэдрэ исмэ, шхуэ дыгъу мэхъу): If the guest stays for too long, he becomes a bridle thief. [The master of the house was obliged to stay with the guest all the time]
- Hesch'er melim nex're nex' 'esesch (ХьэщІэр мэлым нэхърэ нэхъ Іэсэщ): The guest is quieter than a sheep. [In Adigean: ХьакІэр мэлым нахь Іас]
- **Hesch'er schinem xwedey 'wschabew** (ХьэщІэр щынэм хуэдэу Іущабэу): The guest is as soft-spoken as a lamb.
- Hesch'er shxem—bzhem yoplh (ХьэщІэр шхэм—бжэм йоплъ): After eating, the guest looks towards the door. [In Adigean: ХьакІэр шхэмэ (е шхахэмэ) пчъэм еплъы]
- **Hesch'er shxeme, bzhem yoplh** (ХьэщІэр шхэмэ, бжэм йоплъ): After eating, the guest looks towards the door. [In Adigean: ХьакІэр шхэмэ (*e* шхахэмэ) пчъэм еплъы]
- Wiy deile hesch'ap'e wimighak'we! (Уи делэ хьэщІапІэ умыгъакІуэ!): Don't send your fool on a visit (to another person's house)!
- Wizerimisa bisim wimiwib (Узэрымыса бысым умыуб): Do not condemn a host to whose guest-house you have never been.
- Ziy'ane zeteitim yihach' (ЗиІанэ зэтетым ихьакІ): (He lodges with wealthy hosts) Said of sycophants and myrmidons.

• Ziy bisim zix'wezhim chits'ix'w xwawich' (Зи бысым зыхъуэжым чыцІыхъу хуаукІ): They slaughter a mere male-kid for him who changes his original host. [In Adigean: Зибысым зыхъожьырэм чэцІыхъу фаукІы; *or* Бысым хъожь зышІырэм, чыцІыхъу фаукІы аІуагъ]

Inhospitable & stingy hosts

- **Bisim femifir**—**dek'ote ch'ih** (Бысым фэмыфыр— дэкІотэ кІыхь): Lazy host long seeing off. [Adigean; дэкІотэн=to see off; according to host-guest customs, it was incumbent upon a host to see off his guest in a proper fashion]
- **Bisim pech'e lanl** (Бысым пэкІэ ланл; пэ=nose; ланлэ=droopy, feeble): Said of a host who doesn't like to receive guests. [Adigean]
- **Bisim neghwtsw** (Бысым нэгъуцу): Inhospitable, sullen host (with respect to guests). [Adigean]
- 'Enem shxin teimilhme, px'ebghwzchsch (Іэнэм шхын темылъмэ, пхъэбгъужьщ): A table without food is but an old wood-board. [In Adigean: Іанэм темылъмэ, пхъэмбгъу джашъу]
- Ghomilapx'e zixemit zexaher zeshigho (Гьомылапхъэ зыхэмыт зэхахьэр зэщыгъо): Where there are no foodstuffs is a boring place indeed.
- Hesch'emighashxe ts'eri'wesch (ХьэщІэмыгъашхэ цІэрыІуэщ): He who doesn't offer food to his guest becomes notorious. [In Adigean: ХьэкІэ мыгъашхэ цІэрыІу]
- Neghweiyipsch nex'ey, yi zaqwe meshxezh (Нэгъуеипщ нэхъей, и закъуэ мэшхэж): He eats on his own, like a Nogai prince.
- 'Ws mach'er hach'em yijaghw (Iyc макІэр хьакІэм иджагъу): The guest resents it if the (host's) victuals run low. [Adigean]

Yadezh wik'ome pech'e lanl, wadezh giyheme pech'e zand (Ядэжь укІомэ пэкІэ ланл, уадэжь къихьэмэ пэкІэ занд): If you go to his house he is sullen, if he comes to house his face brightens vour up. [Adigean: ланлэ=droopy, loose, feeble; зандэ=steep, upright; Kabardian equivalent: И деж укІуэмэ, пащІэ лалэщ, уи деж къакІуэмэ, пашІэ задэщ]

Good wives & bad wives

- Bisimgoshesch'wm chet-qazir yix'oy (БысымгощэшІум чэт-къазыр ихъой): A good woman also herds poultry. [Adigean]
- **Fiz bide yil' helelsch** (Фыз быдэ ил хьэлэлщ): A mean wife and a kind husband. [In Adigean: Шъуз пытэм ил хьалэл]
- Fiz bzaje hesch'emighashxesch (Фыз бзаджэ хьэщІэмыгъашхэщ): Said of a wicked woman who does not offer food to guests. [In Adigean: Шъуз бзаджэр хьэкІэмыгъашх]
- Fiz bzaje ziy'em yi wine wimik'we (Фыз бзаджэ зиІэм и унэ умыкІуэ): Don't visit the house of a man with a wicked wife. [In Adigean: Шъуз бзаджэ зиІэм иунэ умыкІу]
- Fizif' ghet'ilhighenshe x'wrqim (ФызыфІ гъэтІыльыгъэншэ хъуркъым): A good woman is never without a store of victuals. [In Adigean: ШъузышІур ІэпэчІэгъанэ щыкІэрэп]
- Fizif'im l'i 'eyr dobzchif'eriy, fiz 'eyr l'if'ir dobzchigwe (ФызыфІым лІы Іейр добжьыфІэри, фыз Іейр лІыфІыр добжьыгуэ): A good wife boosts the stature of even the worst of men; a bad wife diminishes the status of even the best of men. [In Adigean: ШъузышІум лІы дэир дэгъу ехъулІэ, шъуз дэим лІы дэгъур дэи ехъулІэ]
- Fizif'ir wineschiy, fiz 'eyr sch'iwinesch (ФызыфІыр унэщи, фыз Іейр шІыунэщ): A good woman is a

- household; a bad woman is a cellar. [In Adigean: ШъузышІу унэ, шъуз дэир чІыун]
- **Fizif' yi 'ene zeteitsch** (ФызыфІ и Іэнэ зэтетщ): The table of a good wife has many layers, *or* is always ready. [In Adigean: ШъузышІу иІанэ зэтет]
- Fizif' yi hekw yat'e hezirsch (ФызыфІ и хьэку ятІэ хьэзырщ): The oven (literally: the clay of the oven) of a good wife is always ready. [In Adigean: ШъузышІу ихьаку ятІэ щыкІэрэп]
- Fizif' yil' ghwemilenshe x'wrqim (ФызыфІ илІ гъуэмылэншэ хъуркъым; гъуэмылэ=traveller's fare): The husband of a good woman does not go without his road fare. [In Adigean: ШъузышІу илІ гъомылэнчъэ хъурэп]
- **Fizif' yil' nek'wschheplhsch** (ФызыфІ илІ нэкІущхьэпльщ): The husband of a good woman is redcheeked (happy, jovial). [In Adigean: ШъузышІу илІ нэкІушъхьапль]
- **Fizif' yil' ts'eri'wesch** (ФызыфІ илІ цІэрыІуэщ): The husband of a good woman enjoys a good name. [In Adigean: ШъузышІу илІ цІэрыІу]
- Fizif' ziy'em x'wex'w yi wine yilhsch (ФызыфІ зиІэм хъуэхъу и унэ илъщ): Toasts are said in the house of he who has a good wife.
- Fiz xwemixw ziy'er nasipinshesch (Фыз хуэмыху зиГэр насыпыншэщ): A man with a lazy spouse is unfortunate indeed. [In Adigean: Шъуз фэмыф зиГэр насыпынчъ]
- Ghabler bisimgwash (Гъаблэр бысымгуащ): Hunger is (caused by) the lady of the house. [Adigean. In Kabardian: МафІэ мащІэ Іугъуэбэщ, бын мащІэ цІэцІалэщ, гъаблэ бысым гуащэщ]
- Schwzisch'w yi'ane shighe [ШъузышІу иІанэ шыгъэ]: Measure the table of the good woman. [Adigean]

- Winer yigwsch, zchegwr yi psesch (Унэр игущ, жьэгур и псэщ): The house is her heart, the hearth is her soul.
- Winer zighewineriy blagher zigheblagheriy fizsch (Унэр зыгъэунэри благъэр зыгъэблагъэри фызщ): It is the lady of the house who makes the household prosper, and it is she who makes the visitors welcome. [In Adigean: Унэр зыгъэунэри благъэр зыгъэблагъэри шъуз]

Horrible guests

- Hech'e bzajer—bisim nepeteix (ХьэкІэ бзаджэр—бысым нэпэтех): A wicked guest brings shame to his host. [Adigean]
- Hesch'e mix'w [Hesch'emix'w] zchant'ak'wesch (ХьэщІэ мыхъу [ХьэщІэмыхъу] жьантІакІуэщ): The unworthy guest heads for the seat of honour (away from door, near hearth).
- Hesch'e zhaghwe psi ch'esch'ach'e (ХьэщІэ жагъуэ псы кІэщІакІэ): They splash water under the unwelcome visitor.
 - Hesch'e ziy zhaghwem lixwe xweighazche (ХьэщІэ зи жагъуэм лыхуэ хуегъажьэ): For the obnoxious guest sinewy meat is prepared. [This is an inferior kind of meat. In Adigean: ХьакІэ зиджагъом лыфэ фегъажъэ]

Table manners & etiquette

• Adige gwpim t'isin yawixme, schisin yawixawe plhite x'wnusch!' (Адыгэ гупым тІысын яухмэ, щысын яухауэ плъытэ хъунущ): (After a group of Circassians take their seats (at a table), you can consider that they have finished their session!) Once the seating arrangement has been determined at the start of a feasting table, it is maintained throughout the session. Late-comers,

- notwithstanding their status, found their places in available empty seats.
- 'Aner zishihazirim pselhe ch'ihe yishich'aghep (Іанэр зыщыхьазырым псэлъэ кІыхьэ ищыкІагьэп): When the table is ready it is inappropriate to deliver long speeches. [Adigean]
- 'Enem wiperisixw ghasch'em xiheqim! (Іэнэм упэрысыху гъащІэм хыхьэкъым!): (The time you spend at the table is not considered part of the usual run of life) Feasting is time out of this world.
- 'Enem yi periy yi ch'eriy x'wex'wsch (Іэнэм и пэри и кІэри хъуэхъущ): (A toast starts and ends a "table") A feast could only start with a toast by the eldest participant, then by the guests, and the affair could last throughout the session, which at times lasted for hours on end. [In Adigean: Іанэм ыпэри ыкІэри хъохъу]
- Fader gwak'werafesch, ziygw yiriymihim yiriyfqim (Фадэр гуакІуэрафэщ, зигу иримыхыым ирифкъым): Though (intoxicating) drinks are pleasant to take, he who does not have a taste for them does not drink. [A guest is never forced to partake in drinking; different people, different tastes; there is no accounting for tastes]
- For 'ef' didesch—ziygw yiriymihim yishxirqim (Фор ІэфІ дыдэщ—зигу иримыхым ишхыркъым; фо=honey): (Honey is very tasty, but he who does not like it does not eat it) 1. Different people, different tastes; 2. There is no accounting for tastes; 3. Many men, many minds. [In Adigean: Шъоур ІашІу, ау зыгу римыхырэм ышхырэп]
- **Hach'e deiler bghelibeshx** (ХьакІэ делэр бгъэлыбэшх): The foolish guest eats the (fowl) brisket. [Adigean]
- **Hefem fo yiz x'wme, zegwotx'** (Хьэфэм фо из хъумэ, зэгуотхъ): If rubber is stuffed full of honey, it would burst. [НыбэизыгъэкІэ щыкІа цІыхум хужаІэ. Eat moderately]

- **Heferiy fo yizme, zegweitx'** (Хьэфэри фо измэ, зэгуетхъ): Even rubber would burst if it is stuffed full of honey. [Eat moderately]
- Hesch'er xwschherey x'wme, ghashxiy gheghwelhizh (ХьэщІэр хущхьэрей хъумэ, гъашхи гъэгъуэлъыж): If your guest starts to yawn, feed him and then let him sleep. [In Adigean: ХьакІэм ыжэ зэкІэкІы хъумэ, гъашхи гъэгъольыжь]
- Qabzagher wizinshaghesch (Къабзагъэр узыншагъэщ): Cleanliness is next to godliness.
- Sch'em deizchiy zchim deshxe (ЩІэм дежьи жьым дэшхэ): Travel with the young and eat with the elders.
- X'wex'wr ch'ihme, x'ibar mex'wzh (Хъуэхъур кІыхьмэ, хъыбар мэхъуж): If the toast is long, it turns into a story.
- X'wex'wr ch'ih psch'ime, psalhe mex'w (Хъуэхъур кІыхь пщІымэ, псальэ мэхъу): If you prolong your toast, it becomes a speech.
- (Yape) wizriyhel'er shxinif'sch [(Япэ) узрихьэлГэр шхыныфІщ]: 1. What you come across (first) is good food; 2. Hunger is the best spice. [The guest should be presented with ready food, tsix'wteiwid, shortly upon arrival if the banquet, or main meal, is deemed to require a long time to prepare. In Adigean: Апэ узэрихьылГэрэр шхынышГу]
- Zchim schhe yadeshx, sch'em lhaqwe yadeshx (Жьым щхьэ ядэшх, щІэм лъакъуэ ядэшх): Eat the head (of the sheep) with the elders, and have the leg (of the sheep) with the young ones.

Gluttony, greed, temperance & sloth

- **Beshxir nasipinch** (Бэшхыр насыпынчъ): Greedy guts never had good luck. [Adigean]
- Bzchin sch'eghwem 'epe shinsch, bzchin shxighwem zhumerensch (Бжын щІэгъуэм Іэпэ шынщ, бжын

- шхыгъуэм жумэрэнщ): When it's time to do the onions, the fingers are blistered; when it's time to eat the onions, he's a gopher.
- **Dzighwe nepseyr shem yethele** (Дзыгъуэ нэпсейр шэм етхьэлэ): The greedy mouse drowns in the milk.
- 'Enem witeifisch'ihu wimik'we (Іэнэм утефыщІыхьу умыкІуэ): Do not go (on a visit) and clean out the table.
- Jedim fend ch'erisch'asch (Джэдым фэнд кІэрыщІащ; фэнд= water-skin with a shape reminiscent of a hen): (He hanged up a water-skin on the chicken) Said of a glutton. [Зэрышхэрейм щхьэкІэ жаІэ]
- Meqwmiler masch'eme, shch'asch'er shxerey mex'w (Мэкъумылэр мащІэмэ, шкІащІэр шхэрей мэхъу): When the forage runs low, the little calf becomes voracious.
- Nibe 'eym shxin yi psch'ihsch (Ныбэ Іейм шхын и пщІыхьщ): A bad paunch hankers for (literally: dreams of) food.
- Nibe 'ey schi'e mix'wme, shxin 'ey schi'eqim (Ныбэ Іей щыІэ мыхъумэ, шхын Іей щыІэкъым): There is no such thing as bad food, but there are bad paunches.
- Nibem: 'Wiy ade(zch) yi zchach'e qipiwipsch'iy qiylhhe!' zhei'e (Ныбэм: «уи адэ(жь) и жьакІэ къыпыупщІи къильхьэ!» жеІэ): [The paunch says: 'Cut off your father's (grandfather's) beard and wear it!'] If you make your paunch your master, it will lead you to impropriety. [Ныбэм уедаІуэмэ, емыкІу къыуигъэхьынущ, жыхуиІэщ. In Adigean: Ныбэм «уятэ ыжакІэ къыпыупкІи къидз» еІо. «Ныбэм уедэІумэ, емыкІу къыуигъахьын» зыфиІу]
- Niber xwiyt psch'ime, napeteixsch (Ныбэр хуит пщІымэ, напэтехщ): Give the belly enough rope and it will bring shame on you.
- Schisch'e nex're masch'eshx (ЩыщІэ нэхърэ мащІэшх): 1. To eat a little is better than not to have at all;

- 2. A little is better than nothing. [In Adigean: ЩыкІэ нахьи мэкІэшх]
- **Shaschher teixin** (Шащхьэр техын; шащхьэ=the skin on boiled milk; техын=to skim off): Cat the ginger (amer.).
- **Shaschher teizishxich'a xwedew** (ziywschexwasch) (Шащхьэр тезышхык а хуэдэу (зиущэхуащ): To look like the cat who swallowed the canary.
- Shxeghwem dighwzchsch, lazcheghwem zchindusch (Шхэгъуэм дыгъужыц, лажьэгъуэм жьындущ): When it's time to eat he's a wolf; when it's time to work he's an owl.
- **Shxeni'e ch'ihsch** (ШхэныІэ кІыхьщ): The hand that takes the food at the table is long.
- Shxerey yi wizinshaghemch'e thewsixereysch (Шхэрей и узыншагъэмкІэ тхьэусыхэрейщ): A glutton complains all the time about his health.
- Shxen sch'ebdzeme, shxinir pschok'we (Шхэн щІэбдзэмэ, шхыныр пщокІуэ): Eating and scratching wants just a beginning (Scottish).
- Shxinim ya nex'if'riy schi'ef'ir sch'eschighwemesch (Шхыным я нэхъыфІри щыІэфІыр щІэщыгъуэмэщ): Even the best of foods are tasty only when they are novel.
- Ts'ifim inibe yipiy (ЦІыфым ыныбэ ипый): One's belly is one's enemy. [Adigean]
- Yishxir f'emasch'esch, yisch'er f'ekwedsch (Ишхыр фІэмащІэщ, ищІэр фІэкуэдщ): What he eats he considers to be too little, what he does he thinks is too much.
- Yiz zishxinum niqwe shxich'e yisch'erqim (Из зышхынум ныкъуэ шхыкІэ ищІэркъым): He who will eat his fill does not know how to eat the half of it.
- Ziy 'ihe zif'emasch'em hem f'eishx (Зи Іыхьэ зыфІэмащІэм хьэм фІешх): The lot of the person who thinks it is too little gets eaten by the dog.

Fruits of labour

- Alihir yesch'e, yasch''ame, yeshx (Алыхыр ещІэ, ящІамэ ешх): 1. He is a(n) lazybones/idler/loafer; 2. He is good for nothing. [Мылажьэу шхэм ауаныщІу хужаІэ. Milazchew shxem awanisch'u xwzha'e. Said sarcastically of a person who eats without doing any work]
- Lezchench'e washxeschiy, shxench'e l'ix'wzchsch (ЛэжьэнкІэ уашхэщи, шхэнкІэ лІыхъужьщ): (He works like a badger but eats like a hero) He works like a badger but eats like a wolf.
- Lezchench'e washxesch, shxench'e dighwzchsch (ЛэжьэнкІэ уашхэщ, шхэнкІэ дыгъужьщ): He works like a badger but eats like a wolf.
- Mastech'e 'eshesch, shatech'e bzajesch (МастэкІэ Іэшэщ, шатэкІэ бзаджэщ): (Clumsy with the needle, but voracious with the cream) He works like a badger but eats like a wolf.
- Pschil' xwedew, lazchiy, pschi xwedew, wishxensch (ПщылI хуэдэу, лажьи, пщы хуэдэу, ушхэнщ): Work like a slave, and you shall eat like a lord.
- Qezighech'riy zishxizhriy wersch (КъэзыгъэкІри зышхыжри уэрщ): (What you sow is what you eat) You reap what you sow.
- Qezih zishxizh bey mex'w (Къэзыхь зышхыж бей мэхъу): He who eats from what he earns becomes wealthy. [Лажьэу шхэжыр фІыуэ мэпсэу, жыхуиІэщ]
- Sch'aq'we 'ihe qwdey qizisch'ech'in qemilezchin (Щакхъуэ Іыхьэ къудей къызыщІэкІын къэмылэжьын): Not to earn salt for one's porridge. [Ziriy qemilezchin zhixwiy'esch]
- Weiweme—meqwsch, weimiweme, qwresch (Уеуэмэ—мэкъущ, уемыуэмэ, къурэщ): If you reap it's hay; if you don't, it's dry stalks. [In Adigean: УупкІэмэ мэкъу, умыупкІэмэ—къурэ]
- 'Wexw ziy 'wexw 'wexw 'wosch'eriy, shxin ziy 'wexw shxin 'wosch'e (Iyэху зи Iуэху Iуэху IуощІэри, шхын зи

- Iуэху шхын IуощIэ): He who seeks work finds work; he who seeks food finds food.
- Wilazcheme, lizch pshxinsch, wimilazcheme, lazche bghwetinsch (Улажьэмэ, лыжь пшхынш, умылажьамэ, лажьэ бгъуэтынш): If you work, you'll eat dried (salted) meat; if you don't, you'll get into trouble. [In Adigean: Улажьэмэ, лыжъ пшхын]
- Wilazchew wishxezhin nex'if' schi'eqim (Улажьэу ушхэжын нэхьыф I щы Iэкъым): There is nothing better than to eat from your own sweat.
- Wiy sch'aq'we 'iher psch'enshew mishxin (Уи щакхъуэ Іыхьэр пщІэншэу мышхын): To earn one's salt
- Zedepsch'e sch'exschiy, zedeshxe 'ef'sch (ЗэдэпщІэ щІэхщи, зэдэшхэ ІэфІщ): What is done collectively is finished quickly; what is had with others is tasty. [In Adigean: Зэдашхэ ІашІу, зэдэлажьэ тхъагьо]

On foodstuffs & beverages

- Bzchinixwr xwschx'wesch, bzchinischher schx'whsch (Бжьыныхур хущхъуэщ, бжьыныщхьэр щхъухьщ): Garlic is remedy, the onion bulb is poison. [In Adigean: Бжьыныфыр фышхъу, бжьынышхъор шхъухьэ]
- **Bzhinifim wizighwiybl yegheghw** (Бжыныфым узыгъуибл егъэгъу): Garlic is a cure for seven ailments. [Adigean]
- **Disch mezhaje 'ef'sch** (Дыщ мэжаджэ ІэфІщ; дыщ=тыщ (Adigean)=kinsfolk of married woman or widow): (Homemade *mezhaje* is tasty) Home-cooked food is best.
- Fade-p'aste (Фадэ-пІастэ): Food and drink.
- Fade ziy nibzcheghwm yi ch'ezhip ghwanesch (Фадэ зи ныбжьэгъум и кІэжып гъуанэщ): He who is friends with the bottle has a gaping hole in his pocket. [In Adigean: Шъоныр зиныбджэгъум джыбэ гъуанэ и]

- Gheshir zerimitim berchet yilhep (Гъэщыр зэрымытым бэрчэт илъэп): A household with no dairy products is a poor one indeed. [Adigean]
- Gheshir zishibem shi'ach'er shisch'w (Гъэщыр зыщыбэм щыІакІэр щышІу): Life is good where there is an abundance of dairy products. [Adigean]
- Gheshir zishibem ts'ifir shibay (Гъэщыр зыщыбэм цІыфыр щыбай): Abundance of dairy products is a mark of wealth. [Adigean]
- Ghomiler ghogwm shihilhep (Гъомылэр гъогум щыхьыльэп): The road fare is never too heavy for the traveller. [Adigean]
- Nane hel'amasch'esch, dade ch'erisch'ensch (Нанэ хьэлІамащІэщ, дадэ кІэрыщІэнщ): Grandma makes the cakes and grandpa hangs them up. [As part of festal celebrations]
- Pchedizh hach'er sheteshx (Пчэдыжь хьакІэр щэтэшх): The morning guest is offered fresh cream. [Adigean. Boiled milk is allowed to stand overnight and fresh cream collected from the top in the morning]
- **Pirezchiyer ghomilezch fed** (Пырэжъыер гъомылэжъ фэд): (Dried) Sloe is as nutritious as traveller's fare. [Adigean]
- Schwatem nasip qixezixighe shi'ep (Шъуатэм насып къыхэзыхыгъэ щыІэп): Nothing good comes out of (drinking) *shuata*. [Adigean. *Shuata* is an alcoholic drink]
- Schwatem ts'ifir yeghepiwti (Шъуатэм цІыфыр егъэпыуты): *Shuata* (see II.9.2) demeans a person. [Adigean. *Shuata* is an alcoholic drink]
- Shxin 'esch'wr ts'if ghechef (Шхын ІэшІур цІыф гьэчэф): Good food gladdens the heart of man. [Adigean]
- X'irbidzisch'wr ischoch'e qasch'e (ХъырбыдзышІур ышьокІэ къашІэ): Good water-melon is known from the rind. [Adigean]

Other expressions

- Apsisch'ir aps niqoch'e mashxe (АпсышІыр апс ныкъокІэ машхэ; апс=wooden bowl): (The bowl-maker eats from an inferior bowl) The cobbler's wife is the worst shod.
- Belaghich'er zi'ighim he qeriybghw shegwghi (Бэлагъык lэр зы lыгъым хьэ къэрибгъу щэгугъы): (The nine black dogs have their hope pinned on the holder of the trowel) Everybody pins his hope on the cook. [Adigean. «Пщэрыхьак loм зэк lэ щэгугъы» зыфи ly]
- **Bisim sch'igho x'wghe** (Бысым шІыгъо хъугъэ): Evening came. [Adigean; шІыгъо=time for doing (smth.)]
- Ch'eqiyner 'ef'sch (КІэкъинэр ІэфІщ): The nearer the bone, the sweeter the flesh.
- **Dekwm xwedew qeghepts'en** (Дэкум хуэдэу къэгъэпцІэн; дэку=kernel of nut): 1. To turn somebody round one's finger; 2. To catch with chaff; 3. To swindle, dupe; 4. To humbug.
- Dekwu qeghepts'en (Дэкуу къэгъэпцІэн): See preceding entry.
- Dzech'e masch'ew, hesch'ech'e kwedu (ДзэкІэ мащІэу, хьэщІэкІэ куэду): Little victuals and many guests.
- 'Eshri'er zighevam yirireifizh (ІэшрыІэр зыгъэвам ирырефыж): 1. You make your bed, now lie in it; 2. Who breaks, pays; 3. As you brew, so must you drink.
- Hach'ap'er deghwmiy wiywine fede x'wrep (ХьакІапІэр дэгъуми уиунэ фэдэ хъурэп): (Even if the guest-house is fine, it won't be as good as your home) East or west, home is best. [Adigean]
- Haziriyyir piyim pay, yabghwanerer shiwim pay (Хьазыриир пыим пай, ябгъуанэрэр шыум пай): The eight cartridge cases are for the enemy, the ninth for the horseman. [Adigean. The cherkesska (*tsey*), the distinctive long-waisted, tight-fitting circassian tunic, was and still is a potent folkloric symbol donned by almost all peoples of the Caucasus. It was adorned by a row of (usually

white) capped cartridge cases (*hezir*) made of nielloed silver, or wood, inserted into flaps sewn on each side of the breast. These cartridge cases were usually used to store gunpowder and leadshot for personal light muskets. However, one of the cases was filled with flour, to be used in extreme situations to satisfy one's hunger]

- Hel'ame qak'weme, ch'efiy nek'wen(u)sch (ХьэлІамэ къакІуэмэ, кІэфий нэкІуэнущ; кІэфий=whistle): 1. (You) Roll my log and I'll roll yours; 2. (You) Scratch my back and I'll scratch yours; 3. Claw me and I will claw thee; 4. Ka me, ka thee; 5. Nothing for nothing.
- Jedich'e shk'wmp' yi waseqim (ДжэдыкІэ шкІумпІ и уасэкъым): (Not worth a rotten egg) Not worth a bean (or button, curse, damn).
- L'i hesch'e nex're fiz hesch'e (ЛІы хьэщІэ нэхърэ фыз хьэщІэ): Better a female guest than a male guest.
- Shemiy seys, shxwmiy seys (Шэми сес, шхуми сес): 1. To have mixed feelings; 2. Between the upper and nether millstone; 3. Between Scylla and Charybdis.
- Shem yisar shxwm yopsche (Шэм исар шхум йопщэ): (He who was burnt by the milk blows on the yoghourt) 1. Once bit(ten), twice shy; 2. The scalded cat (or dog) fears cold water; 3. A burnt child dreads the fire; 4. Burnt bairns dread the fire (Scottish).
- **Shibzhiy xwiywden** (Шыбжий хуиудэн): (To pound hot red pepper for somebody) To cast salt on somebody's tail.
- Shighwp'aste (ШыгъупІастэ): Bread-and-salt.
- Shighw six'wa se sitk'wnu (Шыгъу сыхъуа сэ сыткІуну): 1. I am not made of salt; 2. I am neither sugar nor salt.
- Wiy 'wexw zixemilhim wiy belagh xomi'w [xiwimi'w] (Уи Іуэху зыхэмыльым уи бэлагь хомы [xыумы Гу]): (Do not poke your [flat wooden cooking] trowel into other people's affairs) 1. Mind your own business!; 2. Go about your business!; 3. The cobbler must stick to his last; 4.

- Don't poke your nose into other people's affairs. [In Adigean: УиІоф зыхэмыльым уибэлагьэ хэмыІу]
- Yefe-yeshxe nex're jegw (Ефэ-ешхэ нэхърэ джэгу): Better a dance party than a feast.
- Yeshxe-yefe nex're jegw (Ешхэ-ефэ нэхърэ джэгу): Better a dance party than a feast.
- Zexwemide qizedefeqim, zemifeghw qizedewijqim (Зэхуэмыдэ къызэдэфэкъым, зэмыфэгъу къызэдэуджкъым): Those dissimilar in their social rank do not dance together.

Other Miscellaneous Proverbs

(Іуэхугъуэ зэмылІэужьыгъуэхэм ятепсэльыхь, къинэмыщІ псалъэжьхэр)

- **Абы нэхъ лажьэ акъужьым къимыхькІэ:** May the south wind bring no more misfortune!
- АдакъэщІэрэ хущІэ пІастэрэ: A young cock is like fresh millet dumplings.
- Адыгэр вакъэ лъэныкъуэу шхэркъым, шхэурэ уэрэд жиІэркъым.
- **Ажалым «сынокІуэ» жиІэркъым:** Death doesn't say 'I am leaving'.
- Ажалыр зэмыпІэщІэкІым къэмысын фІощІ.
- Ажалыр ныбжьэгъукъым, къыпхуеймэ, къоупщІыркъым: Death is no friend; if it wants you, it does not ask your permission.
- «Ажэр зыдыгъуам ажафэ техыгъуэм сыкъищІэнщ», жиІащ зи ажэ ядыгъуам.
- Ажэр мэлым я пашэщ: The billy-goat is the leader of the sheep.
- Алащэм уеуэмэ, мэлъэхъу, мылъэхъуххэр шыдщ: If you hit the horse, it will trot; that which doesn't trot is the ass.
- Алыхьым къыптрилъхьэмэ, фошыгъу шей уефэнщ.

Алъпым дыгъужь хуэлъэщ.

Альныр къральгулькІэ ягьашхэ (Къ[р]альгуль – удз льэпкъщ=Melilotus officinalis).

Анэ зиІэ нэхърэ Іэ зыпыт.

АпэсищкІ къызощэху, сом ныкъуэкІ сощэж – фейдэр здэкІуэр къэщІэж! (Апэсы=twenty copecks; сом=rouble).

Апхуэди мэхъу, шкІэхъужьи малІэ.

- **Аргъуей мыдзакъэ щыІэкъым** (Аргъуей=mosquito): There is no such thing as a mosquito that doesn't bite.
- Аргъуейм и куэпкъ щыхахым, «Зыхэпхми еплъ, хэпхми еплъ», жиІащ.
- **Ахъмэт и фо изщ (, улъэмыІэсмэ, сыт и сэбэп)** (Akhmatname of a sheer rock—is full of honey (, but if you cannot get to it, what is its use). 1. There's many a slip ('twixt cup and lip); 2. Between (the) cup and (the) lip a morsel may slip).
- **Ахъшэ уиІэмэ, бохъшэ бгъуэтынщ** (Ахъшэ=money; бохъшэ=purse). If you have money, you will find a purse for it.
- Ахъшэр псым хуэдэщ: Money is like water.
- **Бабыщ псым итхьэлэркъым, мэлыхъуэ хьэм ишхыркъым:** A duck does not drown in water, a shepherd does not get eaten by his dog.
- **Бадзэ и дзапэ узылъэщ:** The proboscis of a fly is a source of disease.
- **Бажэм** дыгъужьибл къегъапцІэ: The fox outwits seven wolves.
- Бажэм и фэр и бийщ: The fox's enemy is his fur coat.
- **Бажэм и хьилагьэр япэ итщ:** The fox is preceded by his cunning.
- Бажэм я нэхъ Іущыр и гъуэм щаубыд: Even the most cunning fox is caught in his lair.
- **Бажэр ныбажэ хъумэ, дыгъэмыхъуэ мэльыхъуэ:** If the fox is diarrhetic, it seeks the shade.
- Бажэр ущу ежьэмэ, мэщакІуэ: If the fox goes on the jogtrot, it is hunting.
- БампІэгъуэ лъхуэри зэгуэудыгъуэ къилъхуащ (Зы зэгуэпыгъуэм нэхъ зэгуэпыгъуэж къытехъуэмэ, жаІэ): (Sadness gave birth to irritation) 1. Out of the frying-pan into the fire; 2. To go from clover to ryegrass.

Банэм и щІыб ухъу (ТпэІэщІэ ухъу, жыхуиІэщ): May you stay away from us!

Бацэ япхъ, цы япхъэх (Заужьыж, жыхуиІэщ).

Бгым джэдыкІэкІэ еуэ: 1. You cannot chop wood with a penknife; 2. Like being against a brick wall.

Бгым натІэкІэ еуэ (Мы псалъитІми къарыкІыр зыщ: Зыри пхуэщІэнукъым, жыхуиІэщ) 1. You cannot chop wood with a penknife; 2. Like being against a brick wall.

Бгъэ быдз нэхърэ Іу быдз.

Бгъуэтхъуэнумэ, тхъуэ лъэпкъ, Бгъэжэнумэ, гъуэ лъэпкъ (Зи гугъу ищІыр шыщ).

Бжэмышх нэщІ жьэм хуахьыркъым: An empty spoon is not taken to the mouth.

Бжэн и дзэ Іухурэ? (ЩымыІэ бгъуэтын, жыхуиІэщ).

Бжэн къуий бжьакъуэ лъыхъуэ ежьэри и тхьэкІумэ хилъхьащ.

Бжэн къуийр псым хэплъэмэ, «сыщІалэщ» жеІэ.

Бжэнми жьакІэ тетщ: Even a goat has a beard.

Бжэныжь зи лІэжыгъуэм прамыжыщхьэ здехьыж.

Бжэным и кІапэр и кІуэцІым илъщ.

Бжэныр ефэри дыгъужьым езэуэну кlyaщ: 1. The goat had one too many and went to fight the wolf; 2. Dutch courage.

БжьакъуитІ щхьэкІэ хъун бэгъуам хокІыж (Акъылыншэщ, былымым хуэдэщ, жыхуиІэщ): Senseless, like an animal.

Бжьахъуэм и фор зэбграхырти, езыми зы фо ІэмыщІэ къыхихыжаш.

Бжьэ матэ зи куэдым и жьантІэ дегъэувэ.

Бжьэ уиІэмэ, щунэфыр зищІысыр пщІэнщ (Щунэф – бжьэ зышх бзущ): If you have bees, you will know about their predators.

Бжьэм фо здэщы эр ещ э: A bee knows where the honey is.

Бжьэр уэмэ, мэлІэж: If the bee stings, it dies.

Бжьэхуцым мафІэ пхухэгъэпщкІуэнкъым.

Бжьэцым къуацэкІэ хэуащ (Іуэхур зэІигъэхьащ, жыхуиІэщ).

Бжыныхур хущхъуэщ, бжыныщхьэр щхъухьщ (Bzchinixwr xwschx'wesch, bzchinischher schx'whsch): Garlic is remedy, the onion bulb is poison.

Бжыхьэ бадзэ дзакъэрейщ: The autumn fly is biting.

Бжыхьэ жэщ щэрэ минщ (Куэдрэ зызэрехъуэкI, жыхуиІэщ).

Бжыхьэ жэщым вырэ шырэ йокІуадэ (ЗэрыкІыхым шхьэкІэ жаІэ).

Бзэгум цІыхур зэрегъэук1.

Бзэгур гум и тэрмэшщ: The tongue is the interpreter of the heart.

Бзэгур джатэм нэхърэ нэхъ жанщ: 1. The tongue is sharper than the sword; 2. The tongue is not steel, yet it cuts; 3. Many words cut (or hurt) more than swords.

Бзэгур шэм нэхърэ нэхъ жэрщ: The tongue is faster than the arrow (or bullet).

Бзэр зэзым нэхърэ нэхъ дыджщ, фом нэхърэ нэхъ ІэфІщ, джатэм нэхърэ нэхъ жанщ: The tongue is more bitter than bile, sweeter than honey, and sharper than the sword.

Бзу лъакъуэ къупщхьэ хахыркъым.

Бзум ямыфэгъум си мэш ешх.

Бзур зышхынум Іуоджагуэ.

Бийм и пІальэр ущы Іущ Іэщ.

Бланэм и лъагъуи и убыди зы хъуркъым.

Бланэр жэр щхьэкІэ зэраукІыр шыщ.

Блэ зэуар аркъэным щощтэ: (He who was bitten by the snake, is frightened by the lasso) 1. Once bit(ten), twice shy; 2. The scalded cat (or dog) fears cold water; 3. A burnt child dreads the fire; 4. Burnt bairns dread the fire (Scottish).

Блэр зытраукІэр и шэрэзщ.

Блэр и щхъухь ихьыжыркъым.

Блэр уеуэху мэбэг.

Ботэщейм Дол унафэ ирагъэщ ри езым ягу е у ящ эж.

Быдзышэ хъунщ, жызоІэри сошх, жызыІам нэхъей.

Былым къыпэкІу нэхърэ насып къыпэкІу.

Былымым зейр и ажалщ.

Былымым и нэр шхыным ирещІ.

Былымыр жьы зэрыхъур и фэщ.

Былымыр зейм емыщхьмэ, хьэрэмщ.

Брулым шибл я кІэн хэлъщ.

Вакъэжьылъэ шынэркъым: An old boot doesn't fear the mud.

Выгъуэжьыр къурашэщ,

гур зезышэр гурыгъщ,

ныбэр зымыгъагъыр хьэлущ.

Вым и бжьакъуэ и хьэлъэкъым.

Вым лъэмы Іэсыр гуфэм йоуэ.

Вым худэмышыр и вейщ.

Вы пІалъэмыщІэр бжьыкъутэщ.

Выр гъуахъуэри хъуным хидзащ (Тхъэгъуэ хэхуам хужаІэ).

Вы хьэху къозымытынум вы щэгъу ухегъэн.

Вы хъунур шкІэ щІыкІэ уощІэ.

Вы щхьэІу зэптым вы хьэху къыуитыжыркъым.

Гуэбэнэч и щагъ лы къыщоки: (A he-man emerges from a herdsman's clothes) 1. A little body often harbours a great soul; 2. Little bodies may have great souls.

Гуэным имыльмэ, Іэнэми телькъым.

Гуэныхь гулъэ зезышэм гуэныхь фэншей худрадзей (Гуэныхь=sin; гулъэ=cart-load; фэншей, фэнжей, фэнджей=leather bag for dry and loose substances).

Гуэрэфыр гухэлъэфщи, фэрэкІыр гуимыкІыжщ (Гуэрэф=furuncle, boil; фэрэкІ=smallpox; гуимыкІыж=unforgettable).

Гуэрэфыр узыгъуибл поув.

ГуэшакІуэ Іыхьэншэщ: The cobbler's wife is the worst shod.

- Губзыгъэм и гуІэгъуэр делэм и гуфІэгъуэщ: The misfortune of the wise is joy for the fool.
- **ГубзыгъитІ ягу зэрощІэ:** (The hearts of two wise people recognize one another) Good wits jump.
- **Гугъэр адэжь щІэннщ:** (Hope is the legacy of the grandfathers) 1. The wish is the father to the thought; 2. If it were not for hope, the heart would break.
- Гугъуехь зымылъэгъуам гъуэгуанэ хуэшэчыркъым: He who hasn't experienced hardship won't be able to bear the journey.
- Гугъуехь зымышэчыр лІым хабжэркъым: He who hasn't experienced hardship is not counted amongst men.
- **Гуемы** Іу хъмбарым щІэхыу зеубгъу: 1. Bad news has wings; 2. Ill news flies fast; 3. Bad news travels quickly.
- **Гуемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууемы Ууе**
- Гужь зиІэр вакъэжькІэ мауэ: He who has an old cart hits it with his old shoes.
- **Гузэвэгъуэ** лъхуэри **гуфІэгъуэ** къилъхуащ: (Anxiety gave birth to joy) 1. Every cloud has a silver lining; 2. Nothing so bad, as not to be good for something; 3. Life after death; 4. A blessing in disguise.

Гум дэбгъахуэр фэм къе уатэ.

Гум емыкІур нэми екІуркъым: Shameful to the heart, shameful to the eyes.

Гум ильыр жьэм жеГэ: The mouth says what's in the heart.

Гум ильыр нэгум къыуегьащІэ: The face is the mirror of the heart.

Гум хэщІмэ, пащІэм хоз.

Гур жьы хъуркъым: The heart never grows old.

Гур зэрыгъум дыгъур ирокІуэ.

Гур зэрык
Іуэдык
Іыр и шэрхъщ.

Гур здэкІуэм кІуэфыр лІыфІщ.

Гур уфэрэкІмэ, щІалэм и ягъэщ.

ГушыІэр тхьэм и щІасэщ: Humour is the minion of the gods.

ГуІэ и Іэпэ йодзэкъэж: (The injured bites his finger) A drowning man clutches at straws.

ГуІэр и Іэпэ йодзакъэ: (The injured bites his finger) A drowning man clutches at straws.

Гъатхэ бацэри бжыхьэ цыжьри тегъуауэ пхуэщ ухъу. Гъэрихым щауэр мэшэс.

Гъэшыр зыщыбэм цІыхур щыбейщ: dairy products are a sure sign of wealth.

Гъуабжэ псори мыщэкъым, лыд псори дыщэкъым: (All that is grey is not a bear, and) All is not gold that glitters.

ГъуэгунапщІэ сабэм мэкъу щеуэркъым, ер зэуа жыгым пщІащэ къыпыкІэркъым.

Гъурым цІынэри дос.

Гъусэ пэплъэрэ пІалъэтесымрэ шэчыгъуейщ.

Гъусэ мыхъурэ, Іэщэ мыхъурэ.

Дагъуэ зимы із ціыху щы ізкъым: (Everybody has a defect) 1. No garden without its weeds; 2. There are lees to every wine; 3. Every white hath its black, and every sweet its sour; 4. Every bean has its black (US).

Дагъуэ зиГэу къалъхуар дагъуэ иГэу лГэжынщ: (He who was born with a defect will die with it) What is bred in the bone will not go out of the flesh.

Дауэ сщІымэ дауэ хъун, дауэ хъумэ дауэ сщІын?

ДаущыфІыр щыльу даущ бзаджэр мэІу: Bad news has wings.

ДаущыфІыр щыльщи, даущ бзаджэр мэІу: Bad news has wings.

Дахагьэм гур егьэгушхуэ: Beauty animates the heart.

Дахэ псори дахэкъым: Not all beautiful people are nice.

Дахэм еплъыр нэщхъыфІэщ, шыфІым тесыр тхуэбгъакъэщ.

Дахэм и напэ пІастэ ирагъэпщІыркъым.

ДаІуэ шхиипэ тоувэ (ДаІуэм насып къохъулІэ, жыхуиІэщ): Success comes to him who obeys.

Дэгум жиІэн егъуэт, нэфым игъуэтыр екъуз: The deaf finds what to say, and the blind grabs at what he finds.

Дэгум псори дэгу фІощІ: The deaf thinks all are deaf.

Дэгум щхьэк от гъуор лейуэ джэркъым: The public crier does not call more for the deaf.

Делэ бзаджэ нэхърэ делэ дыдэ: A complete fool is better than a wicked fool.

Делэм куэд ищІэ къыфІощІыж: As the fool thinks, so the bell clinks.

Делэр гугъэурэ жьы мэхъу.

Делэр жылэу ясэркъым.

«Ди жэмыр зышха дыгъужьым кхъуэлым хуэдэу сигу щыкІащ» жызыІам нэхъей.

Ди зы мэл хэтщ, дэри зэ дывгъэфий.

«Ди фэр бэзэрым щызэхуэзэжынщ», – жиІащ бажэм.

Дол и къуэрдэ йодыгъуэж (Къуэрдэ – тыкуэн хьэпшып цІыкІу-фэкІу).

Дунейр зыгъэнэхур зы дыгъэщ: One sun lights the whole world.

Дыгъэ лъакъуэ къыпхуэубыдын?

Дыгьэр зытемыпсэр щыІэжкъым: The sun shines for all.

Дыгъу цІыкІукІэ къемыжьэ дыгъушхуэ хъуркъым: Every thief starts small.

Дыгъужьит зы гъуэ изагъэркъым: Two wolves cannot live in the same lair.

ДыгъужьитІ я щІыб зэхуагъазэркъым.

Дыгъужьым и дзэр шымэ, псафэ макІуэ.

Дыгъужьым ишхыр и фэкІэ епшыныж.

Дыгъужьым ишхари имышхари тохуэ.

Дыгъужьым лы игъуэтмэ, псы игъуэтыркъым.

Дыгъужьым мэл щихькlэ, зыфlихьым хуеплъэкlыжыркъым.

Дыгъужьым мэл щихькІэ, и нэпкъыжьэ еплъыркъым.

Дыгъужьыр жьы хъумэ, хьэм и джэгуальэщ: When the wolf becomes old, it becomes the dog's plaything.

Дыгъужьыр зэдзакъэр и Іыхьэщ.

Дыгъужьыр зыщызеуалэм мэлым зыщагъэпсэхуркъым.

Дыгъужьыр къепхуэкІыурэ мэл кІапэр пеуд.

Дыгъум пабжьэр и дэІэпыкъуэгъущ: The thicket is the thief's abettor (providing cover).

Дыгъум щІыгъур и дыгъуэгъущ: The thief's companion is a fellow thief.

Дыгъуэри дыгъужьри къаущэкІу: Thieves and wolves track (their prey) while hunting.

Дыгъурыгъуур мэжэщІалІэмэ, и шырыр ешхыж: If the eagle-owl becomes hungry, it eats its young.

Дыдыр къэпым ибгъэпщкІуэнкъым (Didir qepim yibghepschk'wenqim): (You cannot hide an awl in a paper bag) Murder will out.

Дыщэр дыщэпс хуэныкъуэкъым.

Дыщэр къэзыгъуэт кІэншыгъульэ иредзэ.

Дыщэр куэншыбым хэлькІи ульийркьым: Gold won't rust even in manure.

Дыщэр къыщыщІахми щылъапІэщ: Where gold is extracted is a valuable place.

Дыщэр уэсу къесмэ, уасэ иІэнтэкъым: If it falls like snow, gold won't have any value.

Джалэу и Іупэ зэгуэудами ярейщ.

Джалэрей и натІэ быдэ мэхъу: The forehead of the person who keeps falling becomes strong.

Джатэ жаным uylap мэхьужри, псальэ жагьуэм uylap хьужыркъым: 1. The tongue is sharper than the sword; 2. The tongue is not steel, yet it cuts; 3. Many words cut (or hurt) more than swords.

Джэгу пэтрэ иращІ.

Джэгум хэту зэшам нэхъей.

Джэгум хэту «Си гъуэншэджыр къызэтыж» жызыІам нэхъей.

Джэд жыпІэмэ, сыджэдыкІэщ.

Джэд льакъуэрэ хьэ льакъуэрэ зыубыда щыІэкъым: There is no catching a hen or a dog by the legs.

- Джэд мыкІэцІ пшэрщ: The barren hen is fat.
- Джэд пшэр къэбубыдынумэ, адакъэм бгъурысым епхъуэ.
- Джэдгын зи жагъуэ и пащІэ щІыІущ: That which one least anticipates soonest comes to pass.
- Джэдгын зи жагъуэм и пащІэ щІыІу къытокІэ: That which one least anticipates soonest comes to pass.
- Джэджьейм джэдыр егьэсэж: It's like teaching your grandma how to suck eggs.
- Джэдрэ пэт щыф Іагъэжк Іэ мэлъэп Іастхъэ.
- Джэду гъунэгъурыпщщ (Зи унэ гъунэгъуу нэгъуэщІ щІыпІэ жэщ щыІэм ауаныщІу хужаІэ): Said sarcastically of someone who spends the night at another place while his home is near.
- Джэдум и щхьэр зэрык ым ипкъри йок I: What the cat can pass through with its head, it can also pass through with its body.
- Джэдур лым лъэмы зсмэ «мэ щоу» же з: If the cat doesn't get to the meat, it says "This meat smells."
- Джэдур дзыгъуэк і ліыхъужьщ: The cat is a hero in the eyes of the mouse.
- ДжэдыкІэ къэзыдыгъум джэди къидыгъунщ: He who steals an egg would steal a hen.
- ДжэдыкІэ пэтрэ фэ тІуащІэ иІэщ: Even the egg has doubhle skin.
- ДжэдылІэм зыдахьа бабыщ (ДжэдылІэ=chicken pestilence; бабыщ=duck).
- Джэдым фэнд кІэрыщІащ (Jedim fend ch'erisch'asch; фэнд=wineskin, water-skin): (He hanged up a wineskin on the chicken) Said of a glutton. [Зэрышхэрейм шхьэкІэ жаІэ]
- Джэдыр псы щефэкІэ уафэм доплъей: When the hen drinks water, it looks up to the sky.
- Джэдыр щыкъакъэм щокІэцІ: The hen lays eggs when it cackles.
- Джыдащхьэр кІуэдмэ, джыдэкІыр ягъэсыж: If the axehead gets lost, the helve is burnt.

Джыдэр кІуэдмэ, и кІыр дыщэщ: If the axe is lost, the helve turns golden.

Дзасэм тхъу пызагъэрэ? (Dzasem tx'w pizaghere?): Do they spit butter on skewers?

Дзасэри мылыцІу, лыри мыцІынэу.

ДзэкІэ мащІэу, хьэщІэкІэ куэду (Dzech'e masch'ew, hesch'ech'e kwedu): Little victuals and many guests.

Дзэр къэсащ, псыр къиуащ.

Дзэр узыншэху, шхалъэм зегъэпсэху (Dzer wizinshexw, shxalhem zeighepsexw).

Дзэр уришхэн къудейкъым, дахагъэми щыщщ: Teeth are not just for eating, for they are also symbols of beauty.

Дзыгъуэ нэпсейр шэм етхьэлэ (Dzighwe nepseyr shem yethele): The greedy mouse drowned in the milk.

Дзыгъуэ цІыкІурэ пэт Іэтэшхуэм ипІытІыркъым.

Дзыгъуэм и цыр кІыр хъумэ, щІыІэлІэх мэхъу (ЩыкІыгъуафІэм ираІуэкІ).

Дзыгъуэнэф пэт къуалэбзум хабжэ.

Дзыгъуэр гъуэм имыхуэмэ, фэлъыркъэб зыкІэрещІэ.

Дзыхь зыхуумыщІ щыкъур мэкъутэ.

Е вындыжь хэшэнщ, е жьуджалэ хэшэнщ.

Е зыхэльыр хьэгъуэлІыгъуэм мэятэ.

Е махъшэ лІэнщ, е махъшахъуэ лІэнщ.

ЕгъэджакІуэр бзагуэщ, еджакІуэр дэгущ.

Езэшыр пшынэ йоуэ.

Ем «сынокІуэ» жиІэркъым: Evil never says, 'I am leaving'.

ЕмыкІур ІупщІэ-ІупщІэу зэхэльщи къэльтмакъкІэ зыпщІэхэльым зищІэжыркъым.

Емынэм емынэ къелъху (Yeminem yemine qeilhxw): (Pestilence breeds the plague) 1. Evil begets evil; 2. One woe doth tread upon another's heels.

Емынэм къелар хъумбылейм ихьыжащ (ехьыж) (Yeminem qeilar x'wmbileym yihizhasch [yehizh]):

There are two interpretations of this saying. The first is: 'He who survived the plague was claimed by the hop.' To perish of a trifle [Hop is the plant Humulus lupulus]. The other account is that during the Kabardian-Russian War, Tsitsianov, the Russian Supreme Commander of the Caucasus Army, resolved to restore the system of law of 1793. In 1804, he sent an expedition under General Glazenap to achieve his aim. A bloody battle took place in May near the Khumbilay River. This incident has been preserved in national folklore in the saying 'He who survived the pestilence found perdition in Khumbilay'.

ЕсыкІэ умыщІэмэ, ІупщІа псыми уитхьэлэжынщ: If you cannot swim, you will drown even in clear water.

Ехмэ, Іэпэ залэщ, къелыжмэ, ныбжырей хъуэнщ.

Ешхэ-ефэ нэхърэ джэгу (Yeshxe-yefe nex're jegw): Better a dance party than a feast.

ЖамыІа щыІэкъым, ямыщІа мыхъумэ.

Жанхъуэтхьэблэ къафэу къытрегъэзэж.

ЖармыкІэм къыщыхъуар жармыкІэм щызэхэкІыжынщ.

Жаlар жыпlэжмэ, бзэгузехьэ уохъу (Жаlар щыжаlэжым деж ауаныщlу дыщlагъу).

ЖаІэ пэтми, хъыджэбз къелъху: In at one ear and out at the other.

Жэм гъэшыджэ буурейщ.

Жэм гъэшыфІэр нанэфІ хуэдэщ.

ЖыхапхъэщІэр фІыуэ мэпхъанкІэ.

Жейм и щІыхуэ къыптринэркъым.

Жыг ку гъуанэри унэ мэхъу.

Жыгым и пщІащэр и фащэщ (пщІащэ=leaf): The leaves make the costume of the tree.

Жыгым пщІащэ пымытмэ, зы къурэщ (къурэ=dry stalks): A leafless tree is like dry stalks.

Жыгыр здещІэмкІэ мауэ.

Жыжьэм тІзу сыщылІи, благьэм зэ сыщымылІэкІэ.

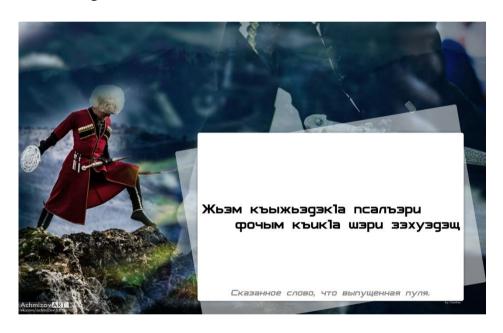
Жылэм дэлъмэ, уиІэщ.

ЖысІэр щІэ, сщІэм уемыплъ: Do what I tell you, but turn your eyes away from what I do. ЖыІэрыпцІ щыІэкъым.

Жьабэ нэхърэ шабэ нэхъ шэрыуэщ, шабэ нэхърэ жьабэ нэхъ губзыгъэщ.

Жьагъэм хуэдэу (ятащ): (Given) like a lamb to the slaughter (of forcibly married girl).

Жьэм къыжьэдэкla псалъэри фочым къикla шэри зэхуэдэщ: A word out of the mouth is like a bullet out of a gun.



Жьэр зэщІэкІмэ, ныбэр мэкІий.

Жьы зыхэмыт щІыІэр щІыІэкъым, псчэ зыхэмыт узыр узкъым.

Жьы уимы эмэ, щ эи уи экъым (Узэрылэжьэн щыгъыныжь уимы эмэ, щыгъыныщ эри куэдрэ уи энукъым, жыхуи эщ): If you don't have old (clothes), you don't have new (clothes). [If you don't have old clothes to work in, your new ones won't last long]

Жым и мыгъуэщ, щІэм и гъуэджэщ (ТІуми я чэзукъым, жыхуиІэщ).

Жьындури гугъат тхьэрыкъуэ къришыну.

Захуэ жыІэныр нэ ищІыным хуэдэщ: 1. Home truths are hard to swallow; 2. Truth hurts.

Зэ еуэр мэуэхъури

тІзу еуэр мэуапэ.

Зэ лъэпэрапэр щэ мэлъэпэрапэ: He who trips once trips a hundred times..

ЗэгъунэгъуитІ я жэм шыкІэ зэхуэдэкъым.

ЗэгъунэгъуитІ я мэл бжыкІэ зыкъым.

ЗэдауитІ яз нэхъ захуэщ.

ЗэдэмыпсэуитІ зэнтІэІуркъым.

Зэз зи бзэгу тельым ІэфІ щымыІэж къыфІощІ: He who has bile on his tongue thinks that there is no more sweetness in life.

ЗэкІуэлІитІыр зэщІасэщ.

Зэкlуэцlыпхауэ щыль дыгъужьыр тхьэкlумэкlыхьым йощэ (Іэрыубыд ящlа пэтрэ итlаникl зэраныгъэ ищlэну пылъщ, жыхуиlэщ. Although he's under lock and key, he is still up to no good): The tethered wolf is hunting the hare.

Зэрызыхь ІыхьэфІэщ.

Зэса сэгъейщ: 1. Old (Bad) habits die hard; 2. Habit is second nature.

Зэхэзылъхьэм зэхихыжынщ.

Зей кІуэдым и анэ и дыгъущ.

Зи бзэ тек Іуэда куэд кхъэм щ Іэлъщ.

Зи бзэ хуимытыжыр и бзэ токІуэдэж.

Зи былым кІуэдам гуэныхьищэ къехь.

Зи гур мыфІым и щхьэр фІейщ.

Зи дзэ зэмыузарэ зи быдз зэмыузарэ уз ягъэунэхуакъым.

Зи лІэгъуэ къэсам и мыхьэл къещтэ.

Зи мылъку зыфІэкІуэдам хуэгуІи,

зи акъыл зыфІэкІуэдар гъеиж.

Зи нэ имысым хьэсэ еутэ.

Зи цІэ ираІуэ бжэщхьэІу тесш: Speak of the devil (, and he will appear).

Зи щхьэ зыф Іэмыдэхэж щы Ізкъым.

Зи щхьэ зыхуэмылъэфым пхъэлъэф зыкІэрещІэ.

Зи щхьэ зыхуэмыІыгъыжым щхьэ Іыгъын къещтэ.

Зи щхьэ щымытым и шыд хьэм ешх.

Зи Іуэху мыхъунум фэндибгъу кІэрыщІащ.

Зибзеихьу и Іэшхылъэ итІысхьэжа? (Зыми хуэмыныкъуэжын, зыри къыщымыщІыжын и гугъэ? – жыхуиІэщ).

Зил мыузым игу узыркъым.

Зумыхьэри уимыІэри зыщ.

Зыгъуэтыр мэгуфІэри, зыфІэкІуэдыр магъ.

Зы дагъуэ гуэр зимы цыху щы цыху щы (Everybody has a defect) 1. No garden without its weeds; 2. There are lees to every wine; 3. Every white hath its black, and every sweet its sour; 4. Every bean has its black (US); 5. No rose without a thorn; 6. Nothing is perfect.

Зы дэкІэ уигу сыкъэкІи, а зыри кунэфу къыщІыкІ.

Зызогъэхьри яшэм сыхон, зызогъашэри яхьым сыхон.

Зы махуэм бэзэрщ, зы махуэм къэзэрщ.

Зы нэрэ зы щхьэрэ зэхурокъу.

ЗыжраІэ нэхърэ зраІуэкІ.

Зызыгъэгусэ и Іыхьэ ныбэ уз хуэхущхъуэщ.

Зылъэгъуа щыІэмэ, зэхэзыха умылъыхъуэ.

Зым ейкІэ зыр щІэскъым.

Зым и зэран щэм йокІ.

Зым и мыуасэ хьэм ишхыркъым.

Зымылъэгъуа хашэ хъуркъым.

ЗыптхьэщІмэ, нэху мэщ, уущмэ, гъуэгум хощІ.

Зыри зымыщІэр зэи щыуэркъым.

Зыщэм и напэр къэзыщэхум и уасэщ.

ЗыщІэм жиІэркъым, жызыІэм ищІэркъым.

ЗыщІэн зымыгъуэтым и унэр къречри иресэж: 1. An idle brain is the devil's workshop; 2. By doing nothing we learn to do ill; 3. Idleness is the mother of all evil.

ЗыщІэн зымыщІэжым и унэ иречри иресэж: 1. An idle brain is the devil's workshop; 2. By doing nothing we learn to do ill; 3. Idleness is the mother of all evil.

ЗыщІэр мажэ, зымыщІэр мэжей.

ЗыІэщІэкІым хощІри, зыІэщІыхьэм хохъуэ.

И адэ къыщІыкІыжи и ней къысщыхуэ.

И гум зимыгъэнщІурэ и ныбэм зигъэнщІащ.

И гур пхъэ щхьэкІэ, и лъэр пхъэм дэнащ.

ИлъэскІэ щысар пІастэпсым пэплъэжакъым.

И насып бжыхым ирапхакъым.

И насыпыр къитІэтІащ, и пІастэпсыр хэтІэтІащ.

И шы пхэщІ ирибзэри еГэзэу увыжащ (Іуэхур зэІигъэхьри епэщэщу увыжащ, жыхуиІэщ).

Ив лІэри и дзей хэкІыжащ (Я Іуэху зэхэльыжкъым, жыхуиІэщ).

Из зышхынум ныкъуэ шхыкІэ ищІэркъым (Yiz zishxinum niqwe shxich'e yisch'erqim): He who will eat his fill does not know how to eat the half of it.

ИкІи уимыкІ, икІи уимыс, уисуи сыкъыумыгъэсыж: Damned if you do and damned if you don't.

ИмыІэфІ щыгугъым и выфІитІ фІокІуэд.

Ин дыдэхэми надэ къахокІ.

ИнагъкІэ фыхуеймэ, махъшэм феупщІ, жьакІэкІэ фыхуеймэ, ажэм феупщІ.

Ирауд бэнэнкІэ зигъэнщІыркъым.

Иримыкъур иризыгъэкъур лэпсщ.

«Истамбыл губгъуафэ изоплъ» жызыІам нэхъей (Said of fortune-teller through coffee dregs).

Истамбыл къикlам дызэригъэтlэхъужыркъым (Дызэlэбэкlмэ, ахъшэ яттыну ди жып диlэбэ яфlощl, жыхуиlэщ. Уэкъуо и псалъэу жаlэ).

Иужьрей Іуэху бзу кlагуэщ (Іуэхур умыгъэтІылъ, жыхуиІэщ).

Куэсэ хьэсэгъу умыщІ (ЦІыху бзаджэ пэшэгъу умыщІ, жыхуиІэщ. Куэсэ = sparsely-bearded man = folkloric sign of an unkind man).

Куэдыр пхурикъуркъым, мащІэр къыбдохуэж.

Куэпкъ зылъысми ешх, шхужь зылъысми ешх.

КІэкъинэр ІэфІщ (Ch'eqiyne(r) 'ef'sch): (The dregs are the sweetest) The nearer the bone, the sweeter the flesh.

КІэпхъми содэ, дзыгъуэ къиубыдмэ.

КІэпІейкІэм щІэгупсысурэ сомыр хилъхьащ: Take care of your pennies and your pounds will take care of themselves.

КІытэр кІымэ, фадэр хахуэщ.

КІыщ пщы унэщ.

КІыщыбжэрэ псыунэбжэрэ зэІухащ.

КІуэдар дэгъуэ мэхъу.

КІуэм и баш лІэм и шэнт.

КІуэм и гъуэгу хощІ.

КІуэм ущІохьэри шхэм ущІыхьэркъым.

Къазыхъум зыхуресэ хьэмаскІэм: Brave before a lamb, but a lamb before the brave.

Къанжэр и бзэ токІуадэ.

Къапхъэнми имыгъапцІэ иубыдыркъым.

КъэзыгъэкІри зышхыжри уэрщ (Qezighech'riy zishxizhriy wersch): (What you sow is what you eat) You reap what you sow.

Къэзыдыгъур зы гуэныхьщи зыф Гадыгъур гуэныхьищэщ.

Къэзыхь зышхыж бей мэхъу (Qezih zishxizh bey mex'w) (Лажьэу шхэжыр фІыуэ мэпсэу, жыхуиІэщ): He who eats from what he earns becomes wealthy.

Къалэн зыщыпщІыжыр къалэн пхуохъу.

Къэмык а пабжьэм къэмылъхуа тхьэк умэк I ыхьыр хэсщ (къыщиук I ащ) (qemich'a pabzchem qemilhxwa

thek'wmech'ihir xessch): The unborn hare hides (or was shot) in the ungrown bush (said of a barefaced lie).

Къэмыфэфым пшынауэм трелъхьэ: A bad dancer blames the accordionist.

Къэхъуа щыІэкъым — **щІалэр яукІри витІыр яхуащ** (Гузэвэгъуэшхуэ, гуІэгъуэ зэуэлІауэ зыфІэмыІуэхум ауаныщІу хужаІэ мы ищхьэмкІэ къэкІуа псалъафитІри. *Said of a person who is unconcerned in face of calamities*): It's no big deal — they killed the young boy and drove off with the two bulls.

Къемэтмахуэр зэхудипІалъэщ: Doomsday shall be our date.

Къоджэм уигъэжейркъым.

КъозыІуэкІым къыбжеІэ, къыбжезыІэпэр къыптогъэ. Кърум мывэ жьэдэлъу нэху егъэщ.

Къырыми данэ илъщ (УимыГэмэ, сыт и мыхьэнэ, жыхуиГэщ. *If you don't have it, what does it matter*): (The Crimea is full of silk) 1. There's many a slip ('twixt cup and lip); 2. Between (the) cup and (the) lip a morsel may slip).

КъысхуэзыщІэ и псэ.

Къыхэдзэ закъуэ – ежьуун бгъуэтынщ: One line of singing – you shall find someone to sing its refrain.

Къуажэ зиІэ нэф нэхърэ гухъу зыщІыф Іэшэ: The armless who can pound a mortar is much better than a blind man that owns a whole village.

КъуэщІий мафІэми шэ къегъэпщт: Even a fire of splinters causes the milk to boil.

Къуийм и пыІэ щыгъупщэркъым: He who has the mange forgets not his cap.

Къуийм и пыІэр щхьэрыхумэ, укІытэжыркъым: If the cap of the mangy person falls off, he is not ashamed any more.

Къуийм и щхьэ хуэзыхущІыр и бийщ.

Къуийм и щІыІу гуэрэф: (Not only scabby, but also has boils) 1. (To jump, or leap) Out of the frying-pan into the

fire; 2. To fall out of the pan into the fire; 3. From smoke into smother; 4. It never rains but it pours; 5. From bad to worse; 6. To go from clover to rye-grass; 7. Misfortunes never come alone (or singly); 4. One woe doth tread upon another's heels.

Къундэпсо гуащІэм кхъуэщыныр зэрегъэкІуэкІ.

Къупщхьэр псэумэ, лы къытокІэж.

Къущхьэмышхейм къуэрагъ и хущхъуэщ (Къущхьэмышхей=medlar; къуэрагъ=pole; хущхъуэ=medicine).

Кхъахэ хъуари кхъэм ехъуапсэркъым.

Кхъэм зыщызыгъэпщкІури кхъэм йокІуэлІэж.

Кхъэм яхь къахьыжыркъым.

Кхъуэ нэфми мышхумпІэ къыІуохуэ.

Кхъуэм и кІэр пиупщІри мэзым щІиутІыпщхьэжащ.

Кхъуэм илъ хьэм къытенэркъым.

Кхъуэм хуэмышх хьэм иригъэшхыркъым.

Кхъуэныжь гъуэгыурэ кхъуэбанэр ешх.

Кхъуэныжь уэлбанэхэлъхуэщ (Щимычэзум Іуэху къыдэзылъэфым хужаІэ).

Кхъузанэ гупл Іэ-гупхэ ищ Ірэ?

Лажьейм узей къыхокІ (Гукъеуэшхуэм узей къыхокІ, жыхуиІэщ).

Лажьейм уфІокІуэри, узейм уфІэкІуэркъым.

Лэжьыгъэу щыГэр зы нэдым ихуэркъым,

щІэныгъэу щыІэр зы цІыхум ищІэркъым.

Лей зыщІэм къыхуэгъуркъым: Murder will out.

Лы къы Іэрымыхьам дыгъужьым и дзэр егъэш (Къып Іэрымыхьэм уегъэгузавэ, жыхуи Іэщ).

Лыр ишхри къупщхьэ тенащ.

Лыр къуалэми ягъуэт, ямыгъуэтыжыр лэпсщ.

Лыр хьэхущ.

Лъабэ Іубэ ухуехь.

- **Лъакъуэ къуаншэ вакъэ хуэщщ** (Вакъэ куэдрэ къещэху, жыхуиІэщ. *Many shoes are bought for it*): A crooked foot is lucky with shoes.
- **Льэгуажьэпэм нэмыс хьэдрыхэ ноlус** (Хьэдрыхэ=the world beyond the grave. Псальэ Іей умыутІыпщ, жыхуиІэщ): Do not unleash bad words.
- **Льэсыр шум щІонакІэ** (льэс=pedestrian; шу=rider): The man on foot is poking fun at the rider.
- **ЛІар фІы мэхъуж:** The dead becomes good in the eye of people.

ЛІэм зыгъэлІэн ешх.

ЛІым Іэщэ зыхуиІыгъыр зы дакъикъэщ.

- **ЛІыфІ шыфІ хуэщщ:** The good man shall get the good horse.
- ЛІыущхьэкІуэр щхьэкІуэ мыдэщ: The offensive person minds being offended.

МазэщІэр куэдрэ блэркъым.

Мастэ гуапэщи

мастэ гуауэщ.

- **МафІэ здэщымыІэр тахътэкъым** (МафІэ здэщымыІэм тхъэгъуэ щыІэкъым, жыхуиІэщ. *There is no joy where there is no fire*).
- **МафІэм къыхэхури псывэм хэхуащ:** 1. It never rains but it pours; 2. An evil chance seldom comes alone; 3. He fell out of the pan into the fire; 4. One woe doth tread upon another's heels.
- **МафІэм псыр къегъавэ, псывэм мафІэр егъэункІыфІ:** Fire boils the water, while boiled water extinguishes the fire.
- **МафІэм ІэщІэкІар псывэм хоупІэ:** 1. It never rains but it pours; 2. An evil chance seldom comes alone; 3. He fell out of the pan into the fire; 4. One woe doth tread upon another's heels.
- **МафІэншэри гъавэншэри зэлъытащ:** Lacking a fire and not having crops are considered the same.

МафІэрэ гуфІэгъуэрэ: Fire is joy.

МафІэсрэ псыдзэрэ: A conflagration is like a deluge.

Махуэ къэси щыблэ уэркъым: Lightning does not strike every day.

Махуэ псом зэрагъэпцІар чыцІ ажэм икъутэжащ.

Махуэкум сыджауэ мэремым къызэхуэсарэт.

Махуэм махуэ къелъху (ПІалъэм пІалъэ къыхокІ, жыхуиІэщ).

МахуэфІрэ лІэкІафІэрэ.

МацІэм хэуэри пкІауэ закъуэр иукІащ.

МащІэр гуапэщ,

гуапэр псапэщ.

МэжэщІалІэм дыгъужьыр мэзым къыщІеху: Hunger drives the wolf out of the forest.

МэжэщІалІэм къэрабгъэри лІыхъужь ещІ: Hunger makes a hero out of a coward.

МэжэщІалІэм щІалэри егъэжь: Hunger adds years even to a child's age.

Мэз пхъэншэ хъурэ?: Could a forest be without timber?

Мэзджэдур и пащІэкІэ яцІыху.

Мэзым нэсыжа бланэр еукІ.

Мэкъу хьэвэ мастэ хэкІуадэщ: A needle in a haystack.

Мэл зиІэр лэгъупэжьщ,

пхъужь зиІэр унафэщІщ.

Мэл зыхэвэ нэхърэ бжэн зыхэпкІэ.

Мэлищэм зы мэл щыщІэмэ, мэл щэ ныкъуэщ: If but one sheep is lost from a flock of a hundred, it would feel like fifty [to the shepherd].

Мэлым и кlaпэ и хьэльэкъым: The sheep is not encumbered by its fatty tail.

Мэлым и кІапэр щыдэуейм, бжэныр дыхьэшхащ.

Мэлыхъуэ лъакъуэубыд и щхьэусыгъуэщ.

Мэлыхъуэм я зэхэкІыжыгъуэм кхъуей шыпс зэраутхыж.

Мэлыхъуэр шхын щхьэкІэ лІати, «и гуфІакІэм щэ дэз хъунщ», жаІэрт.

Мэхъуэщей лІыфІым уеуэмэ, зеущэху (Мэхъуэщ – адыгэм ящыщ зы лъэпкъыу щытащ).

Мывэ дзыкІэ зымыщІэм и щхьэм къохуэж: He who doesn't know how to throw a stone will get it right on the head.

Мывэ къуршым мэш трасэркъым: They don't grow millet on stony heights.

Мывэ сыныр мэкІуэдыж, мыкІуэдыжыр уэрэдщ: A stone statue eventually disappears, but a song remains forever.

Мывэ куэдрэ щыльмэ, жыглыц къытокІэ: If a stone stands for long, it will grow moss.

Мыгъуэр зи мыгъуэр пхъэрыпэщ.

МыкІуэдыну зы мылъку, мылІэжыну зы цІэ.

«Мыпхуэдэу щхьэ цІыкІу укъэна, дзыгъуэ?» – щыжаІэм, «джэдум сыщышынэурэ» жиІащ.

Мысэр мальэри хейм и лъакъуэр щІеуд.

Мыублэ мыхъумэ, мыух щыІэкъым: Everything must have an end.

Мыхъумэ, Іэхъуэр и шэсщ.

Мыщэ шхэри зы дэ къелщ: Even when the bear eats a nut is left over.

Мыщэм зыщихъумэурэ мащэм ихуащ: He who guarded himself against the bear fell in the hole.

Мыщэм ишхар дыгъужьым трелъхьэ.

Мыщэм лыкІэ зигъэнщІмэ, къофэ: When the bear is full with meat, it dances for joy.

Мыщэм лыр имыгъэфу ишхыркъым.

Мыщэм пщІащэ техуэмэ мэгубжь, жыг техуэмэ зеущэху.

Мыщэм фІыуэ ильагъур ешхыж.

Мыщэр игу къыщихьэм щотІыс.

НабдзэхэкІэр гухэмыкІыжщ.

Назэми нэф нэхърэ нэхъыфІщ: Cross-eyed is better than blind.

Назэр нэфкъым, щхьэзэр делэкъым: The cross-eyed is not blind, and a dizzy person is not crazy.

«Нал Іунэр бэн Іунэ зыщІыж тхьэр щыІэщ», – жиІащ гъукІэм и фызым.

Напэм техуэр жьэм жеІэф.

Нахуэ жыІэнрэ нэ ищІынрэ (зэхуэдэщ): 1. Home truths are hard to swallow; 2. Truth hurts.

Нахуэу зыщамыщэм щэхуу сату щащІ.

Нэ илъагъу нэ ещІэж.

Нэгум щІэлъыр льэгум кІуащ.

Нэгум щІэхур гум йохуж.

Нэгъабэ къызэуащ, жери мы гъэм магъ.

Нэд мыкъу уврэ, нэд къуа зигъэщхърэ?

Нэм нэ хъумэ иІэщ.

Нэм щІэльыр Іугьуэм къыщІеху, гум ильыр фадэм къреху.

Нэпкъым тетыр кхъуафэ хукІэкІэ Іэзэщ.

Нэпсыншэ хьэдагъэ.

Нэр зейм жейм трех.

Нэр псэм и хъумак Іуэщ: The eye is the guardian of the soul.

Нэфрэ дэгурэ зопсальэ: All at sixes and sevens.

Нэфым и нэм хихар и гум хелъхьэж.

Нэфыр тхьэкІумафІэщ: The blind have keen ears.

НитІрэ пэт, зэфыгъуэгъущ.

НитІыр зэхуэдэмэ, жыжьаплъэщ.

НитІыр зэхуэмыдэмэ, мэпльэщхъу.

Ныбэ Іейм шхын и пщІыхьщ (Nibe 'eym shxin yi psch'ihsch): A bad paunch hankers for (literally: dreams of) food.

Ныбэм и лажьэр ІуэтэжыгъуафІэщ.

Ныбэм измэ, щІакхъуэр цІынэщ.

Ныбэм илъмэ, псынщІэщи, имылъмэ, уэндэгъущ: A full belly feels light, an empty belly feels heavy.

Ныбэм имылъмэ, льэр щІэкІыркъым.

Ныбэм имылъмэ, нэр плъэркъым.

Ныбэм имылъмэ, щІыр плъапІэщ.

Ныбэм уахихьэнщ, фэм уакъыхихыжынщ.

Ныбэр къэблагъэмэ, благъэр пщегъэгъупщэ: When the belly beckons, you forget your relative.

Ныбэр нэщІмэ, лъакъуэр щІэкІыркъым.

Ныкъуэлъахъэр шыгъэкІуэрщ.

Пабжьэм хэсыр лыгъэм къыхехури, гум илъыр фадэм къреху: A forest fire drives out those hiding in the bush, and alcohol lures out what is lurking in the heart.

ПащІэр инми, жьакІэр щІиуфэркъым: Even if it is big, the moustache does not cover up the beard.

Пэжым нэр ирещ!: 1. Home truths are hard to swallow; 2. Truth hurts.

Пэжыр хущхъуэщ, пцІыр щхъухьщ: Truth is medicine; deception is poison.

Пкъым пыт лыр мэуз.

Пкъымрэ псэмрэ зэІэпыкІыгъуейщ: The body and soul are loath to abandon one another.

ПкІауэм и кІуэдыжыгъуэ къэсмэ, бжьэхъун тхьэмпэр тІысыпІэ ещІ.

Псальэ гуапэ гугьэдахэщ: Soft fire makes sweet malt.

Псальэ дахэм гуауэр пщегьэгьупщэ: Sweet words are like balm to your wounds.

Псальэ лейм баш лей даІэтыркъым.

Псалъэм и пэр умыщІзу и кІэр пщІэркъым.

Псальэм пщІэ щІатыркъым.

Псальэр бгъэувмэ выщи, бгъэтІысмэ цІэщ.

Псатхьэр къехмэ, бгыкъум зегъэш.

Псэ зыпыт къупщхьэм лы къытокІэж.

Псэ зыпыту мышынэ щыІэкъым.

Псэжьыр льхуэри емынэжь къилъхуащ.

Псэм лъыхъур щхьэм и къурмэныпхъэщ.

Псэм хуабэ и щІасэщ.

Псэр ІэфІщ.

Псэрэ пэт хьэхущ.

Псэур мэгугъэри, лІар гугъэжыркъым.

Псэущхьэ губзыгъэ зыгъэлІэн ишхыркъым.

Псы мыгъавэ бдзэжьей хэсщ.

Псы Іуфэм Іусым псы икІыпІэр ещІэ.

Псы Іуфэм Іусыр есыкІэкІэ Іэзэщ.

Псы Іуфэм Іут дзэлыр мэхъуапсэ.

Псы джэд псым итхьэлэркъым, мэлыхъуэхьэ дыгъужьым ихьыркъым.

Псыжь укІуэмэ, пщыз пхокІ (Псыжь = Kuban).

Псым итхьэлэм блэм зрешэкІ: A drowning man clutches at straws.

Псым ихьыр и щхьэцым йопхъуэ: (A drowning man clutches at his own hair) A drowning man clutches at straws.

Псым ихьыр хьэцыбанейм йопхъуэ: (A drowning man clutches at a thorn) A drowning man clutches at straws.

Псым къыхадза бдзэжьейуэ ныджэм къытенащ.

Псым хэлъ пхъэр мэфри, фэм дэлъ гур мэбампІэ.

Псыр зэрыжэр и псылэщ.

Псыр псэм и зы ныкъуэщ: Water is the half of the soul.

Псыр псэхэльхьэжщ: Water is life.

Псыхъуэр жылэ тІысыпІэщ: River-valleys are sites for villages.

Псышэд здэщыІэм хьэндыркъуакъуэ (хьэндыркъуакъуи) щыІэщ: Where there is a bog, there is a frog.

Пхуэмыфащэ хьэльэщ: What doesn't suit you seems so cumbersome.

Пхъэ дакъэжь псым итхьэлэрэ,

мэлыхъуэхьэ кІуэдрэ?: Does an old stump drown in water, and does a sheep-dog get lost?

Пхъэ мысрэ псы мывэрэ щыІэкъым: There are no such things as wood that doesn't burn and water that doesn't boil.

ПхъэщкІум кІапсэшхуэр и телъхьэщ.

ПхъэІэщэм вы щІэмыщІамэ, пхъэ дакъэщ: If untethered to bullocks, a plough is a mere stump.

ПцІы бупсынумэ, лІам тельхьэ: (If you want to lie, lay it on the dead) Stone dead hath no fellow.

ПцІы зыупсыр щхьэщытхъущ, зызыгъатхъэр джэгуакІуэщ.

Пціым и лъакъуэр кіэщіщ (щіэткъым): Lies have short legs.

ПцІым льакьуэ щІэткъым: Lies have short legs.

ПцІымрэ пэжымрэ я зэхуакур пІальэщ: Time is the best judge of truth and falsehood.

ПцІым фІым хуишэркъым: Lies lead to no good.

ПцІыр зэбгъэпцІми зэрыпцІыр къыщІокІыж.

ПцІыупс пцІыупс едаІуэркъым (едэІуэжыркъым): A liar is deaf to another.

ПцІыупсым и пэж закъуэр хьэм фІешх: (The liar's only truth was swallowed by the dog) 1. Once a liar, always a liar; 2. A liar is not believed when he speaks the truth.

ПцІыупсым и пэж закъуэр хьэм Іэпеч.

ПцІыупсыр я фІэщ мыхъуурэ, и унэр мафІэм исащ.

ПцІы ІэфІ нэхърэ пэж дыдж: Better bitter truths than sweet lies.

Пшэ темыльу уэшх щыІэкъым: There is no rain without clouds.

Пшэм уефийк з къзувы з н, вым уегийк з гуры з н ?: If you whistle to a crowd does it stop; if you rebuke an ox does it understand?

Пщащэ гъум теубгъуэн и щІасэщ: A thick-set lass loves to cover up.

Пщэдджыжь хьэщІэ гъэхьэщІэгъуафІэщ (Pschedjizch hesch'e ghehesch'eghwaf'esch): A morning guest is easy to host.

ПыІэ зыщхьэрыгъ псори ліыкъым: Not all those who put hats on are men.

ПыІэ Іей нэІу Іейщ: Bad hat, bad face.

«ПащІэр сэ къызихьэлІащэрэт» жиІащ фадэм.

Сабий мафІэ щилъагъукІэ, «си анэ и дыным хэлъащэрэт» жеІэ.

Сабийр мыгъмэ, быдз иратыркъым: 1. If the babe doesn't cry, they don't suckle him; 2. Shout, if you want to be heard.

«Сэ бзаджэ къэзылъхуи, уэ делэ къыулъху», – жиІащ.

Сэ гъущэрылърэ

фыз игъэплъа лІырэ.

Сэ сашэн хъумэ, дарийр мэк Іуэд.

Си анэ къыщамышэм си анэшым срашыбзыхъуэт, жызыІам нэхъей (КъэхъункІэ мыхъуну Іуэху къехъулІауэ зыІуатэм ауаныщІу жраІэ).

Сигу ильыр къащІи, си ІэмыщІэ ильыр уэстынщ.

Си гъунэгъур мэдыхьэшхри сэри содыхьэшх (Іуэхум хэзымыщІыкІыу нэгъуэщІым зыдезыгъэкІум хужаІэ. Said of somebody who without understanding goes along with something): My neighbour is laughing and so am I.

Си цІэр игъэІуурэ, и Іур егъашхэ.

Сохъустэмыхъу ІэнэухъуэнщІщ (Сохъустэ=student, pupil).

Сыдоубжьытхейри си набдзэм хохуэ, соубжьытхэхри си жьак Гэм хохуэ: If I spit up I hit my eyebrow, if I spit down I hit my beard.

«Сыльатэмэ, сыфочыпэкІуэдш, сыхэсмэ, сыхьэпщІо Іусщ» жиІащ ныбгъуэм (ХьэпщІо, хьэпщІэу=hound): 1. "If I fly, they will shoot me; if I stay, the hounds will devour me", said the quail; 2. Damned if you do and damned if you don't.

Сымаджэрэ сабийрэ, жыхуа Іэращ.

Сыщымыгъуэми дарий гъуэжь джанэ.

Таурыхъ щІэупщІэм таурыхъ ещІэ.

Тэм тэ и цІэщи, щэм щэ и цІэщ: (A gift is for free, but selling is another business) Keep friendship and money apart.

Telyкl текlыжыркъым: What has been trumpeted far and wide cannot be wished away.

Тутынафэ псори «зэшщ».

Тхьэгъэлэдж гуэнырыхьэ-гуэнырык Iщ (Тхьэгъэлэдж – мыбдежым къик Iыр гъавэщ).

ТхьэкІумэм зэхих нэхърэ нэм илъагъу: What the eye sees is better than what the ear hears.

Тхьэусыхалэ ажал тоІукІ.

Тыншыгъуэр шэчыгъуейщ: Comfort is difficult to bear.

ТІыкІу щхьэкІэ тІэкІурамэщ.

Уанэ телъхьэ фІыщІэ пылъкъым.

Уанэм лІы имысмэ, пхъэ тыкъырщ.

Уафэ гъуэгъуэрейр уэшхыншэщи, фыз дыхьэшхрейр лІыгъапціэш.

Уахыхьэныр Іуэхуктым, уактызэрыхэкІыжын пщІэмэ.

Уэ бгъал Іэри л Іэркъым, уэ бгъатхъэри тхъэркъым.

Уэ блэ къоуамэ, сэ бэдж къызэуащ (Уэ къыпщыщІам нэхърэ нэхъыкІэж сэ къысщыщІащ, жыхуиІэщ. What happened to me is much worse than what happened to you): If you were bitten by a snake, I was stung by a spider

Уэ нэхъ лІыфІ щымыІэмэ, си пыІэ пхуэгъэтІысащ.

Уэдыр Іушэщи, пшэрыр дахэщ.

Уэлбанэшрэ хъыджэбз гушыІэрэ.

Уэнум баш егъуэт: He who wants to strike will find a stick.

Уэр щхьэкІэ щтапІэ сихьэжынкъым.

Уэрэдусрэ сурэтыщІрэ зэхуэдэщ.

Уэрэдым и щІопщыр ежьущ.

Уэрэдым псалъэ хадзыркъым.

Уэс щесам льэужь щыІэщ: Where there is snow there are footprints.

Уэсэпс тхьэгъур гугъэхуабэщ.

УэсхэкІ нэфщ.

Уэсым хэсыр къанэри хьэжыгъэм хэсыр лІащ.

«Ууейм къихи сысейм къилъхьэ» жызыІам нэхъей.

УэфІрэ лІыфІрэ хэт дэзэшын?

Уэщыщхьэм уэщыкІыр кІэльидзыжащ.

Удэльейми yolyэ, укъелъыхми yolyэ.

Удын зэхэдзэ нэхърэ Іыхьэ зэхэдзэ.

Удыр и щхъухь ехьыж.

Уджым сыхэплъафэ щхьэкІэ, сыкъеплъэфэкІын?

Удз цІынэр выфэм пхыкІыркъым (Къэуат хъуркъым, жыхуиІэщ).

Удзыр къыщыкІым щахъу.

УдзыщІэм нэсмэ, шыжь бэгур къохъуж.

Уз бзаджащІэщ.

УзэлъэІу нэхърэ къолъэІу.

УзэлъэІур щІагъуэ мэхъу.

Узэмыджа гуемы Іущи узэу Іу гъунэгъущ.

Узэрымыгуlам папщІэ сыгуфІащ, узэрымыгуфІам щхьэкІи сыгуlащ.

Узэсэ сэгъейщ: 1. Old (bad) habits die hard; 2. Habit is second nature.

Узэфыгъуэ къыптокІуэ.

Узэшмэ, мафІэ, ушынэмэ, гъусэ.

Узейм лажьей къыхокІ (Узейм – уз Іейм).

Узижагъуэм и нэм бжэгъуу ущІоуэ.

Узижагъуэм уегъэдыхьэшх, узищ асэм уегъагъ.

Узижагъуэм уеуб, узищ Іасэр къыпщотхъу.

Узижагъуэм уфІэгъумщ.

УзимылІым лІы ущыхъуркъым.

Узищ асэм и псэ ухуехь.

Узыгъал Із псори емынэщ.

Узыгъэгугъэрэ уи дауэгъурэ.

Узыгъэжьым жьыгъэ Іыхьэ къыуитыжыркъым.

Узылъыхъуэр лъапІэ мэхъу.

Узыр уэщынэкІэ къокІуэ, мастэнэкІэ мэкІуэж: Misfortune comes on horseback and leaves on foot.

Узыншагъэрэ сымаджагъэрэ зэпыщІащ.

Узытхьэлэ псори Урыхущ (Урыху = Urukh, river in Kabarda).

Узыфэ мыхъужмэ, ажал и хущхъуэщ.

УзыфІ щыІэкъым.

Узыхуэмыдэн уи уэрэд еус.

Узыхьыну псым мывэ къыхэщу уолъагъу.

Узыщымыхъум щхъуэ къуэлъщ.

УзыщІэнакІэ къыппокІуэкІыж.

Уи адэ и ней, уи анэ и нэфІ.

Уи бын фІыуэ зылъагъум уи щхь(э)и фІыуэ елъагъу.

Уи вакъэр зэвмэ, дуней псор зэв къыпщещІ: If your shoes are tight, they make all the world tight for you.

Уи гъуэгур бзэпсрэ уи псыр чэнжмэ, уехъулІащ: If your path is straight and your rivers (the rivers you need to cross in your path) are shallow, you shall prosper.

Уигъуэмэ гъусэ бгъуэтынщ.

Уи лэгъу зыхэмыт дзэм уахозэшыхь.

Уи лъахъэр зыдыгъум уишри идыгъунщ.

УимыкI, уимыс, уисуи, къыдумыгъэхьэж: Damned if you do and damned if you don't.

Уи насып зыхэмылъым дагъуэ къыхуогъуэт.

Уи нэми укъыщигъапцІэ къохъу: Sometimes your eyes might deceive you.

Уи пшынэуэкІэм сыкъыдофэ: I dance in time to your tune.

Уи хьэ фІэпщ и цІэщ: Your dog's name is what you call him.

Уи шэр мыгъуэк Іэ ушх, си п Іастэр къыхэзгъэшхык Іыж.

Уи шхын зыхэлъыр уиІу илъ хуэдэщ.

Уи щхьэ зи жагъуэм уи цІэ фІэІейщ.

Уи щхьэ зыфІэмыІейм уи лъакъуи фІэІейкъым.

Уи щхьэм нэхърэ уи гугъэр сиІащэрэт.

Уигу къызэбгъэмэ, уи жэмыбгъэр къэзышх (СлъэкІыр пхуэсщІащ, уигу къыщІызэбгъэн щыІэкъым, жыхуиІэщ).

Уизыудыр Іуэхут, къыптелъадэр мыхъумэ.

УиІэ псори сиІэ нэхърэ узыщыгугьыр сиІащэрэт!

Улъэ**Іуэнри уІуеинри зэхуэдэщ:** To beg and to bleat are one and the same.

УмэжалІэмэ, сытри ІэфІщ: Hunger is the best appetizer.

Умыгъэхъей нэхъей хъунщ.

УмыльэІуауэ узэтэнур пщІэнукъым.

УмылІэмэ зылІ, улІэмэ зы мащэ.

Унэм исыр хасэурэ губгъуэм исыр къосыж.

Унэрыхьэм уи Іыхьэ пІех.

Унэхъугъуэм дзыгъуэри мэятэ.

Унэхъунум гуоуж макъ и тхьэкІумэ иІуэркъым.

УмылІэмэ, джэду хьэжы плъагъунщ: 1. If you live long enough, you shall see the cat a Hadji; 2. The devil knows many things because he is old.

УпщІэ и анэ фІэрафІэщ (фІэрафІэ=coquet[te]).

Уримыпсэльэфмэ, уи жьэм пІастэ иришх.

Ухагъэзыхьмэ, укъагъэфэнщ.

Ушынэмэ, си кІэ къуагъ къыкъуэтІысхьэ: If you are afraid, sit behind my skirt.

Ушынэмэ, си пыІэ щхьэрытІагьэ: If you are afraid, put my cap on.

УщымытІыс ущыгушыІэркъым.

Фадафэ чэфыжьыпкъэщ.

Фадэ зэхэдзэрэ удын зэхэдзэрэ.

Фальэм имыт (къ)икІутрэ?: Can you pour from the vessel something that is not there in the first place?

Фэ мыгъ-мыуцІынрэ фэ цІынэ зэІымыкІри щыІэкъым.

Фэ пщІынумэ, лы зытелъхьэ.

Фэдэн кІапэ шу егъэшэсыж.

Фэлъыркъэб псым щІилъафэрэ? (Фэлъыркъэб=gourd used as a vessel when dried and hollowed out).

ФэрэкІым «Уи фэр схьын, хьэмэрэ уи нэр схьын?» жи (ФэрэкІ=smallpox).

Фо нэхърэ жей нэхъ ІэфІщ: Sleep is sweeter than honey.

Фом тхъу хэплъхьэкІэ зэІигъэхьэркъым.

Фор зэкІэщІэж нэхърэ банэр зэфІренэ.

Фоч нэшІ Ішен РоФ.

Фочым зигъазэмэ, блыпкъауэщ.

Фочыр уамэ, хьэтыр щыІэжкъым.

Фыгъуэ-ижэр зыщыкуэдым дауэгъу куэд щызэблокІ.

Фыз гъуэгу мыгъуэ ежьэркъым.

ФІым фІыщІэ пылъщ.

ФІыр зымыщІэм фІыщІэр зыуи къыщыхъуркъым.

ФІыуэ плъагъу щІыпІэм укІуэныр жыжьэкъым.

ФІыцІэ цІэрыІуэщ.

ФІыщІэ жыг пхухасэнут?

ХакІуэ бзаджэ и анэ хуэлъэщ.

ХакІуэ мыхъу алащэщ.

ХакІуэ мыхъу дзэкъалэщ.

ХакІуэ мыхъу хъуэкІуэным дехьэх.

Хамэ ахъшэ зепхьэмэ, уи жыпыр гъуанэщ.

Хамэ дагъуэр лъагъугъуафІэщ.

Хамэш тесым и пхэ щ иудыркъым.

Хэди бжэныр къыхэх, мэлыр къыхэпхми уэстыххэнукъым.

Хэзгъэхъуэнщ, щыжысІэм, хэзгъэщІащ,

зыстхьэщІынщ, щыжысІэм, зысцІэлащ.

«Хэт и щхьэр нэхъ дахэ?» щыжаІэм, шылъэгум и щхьэр къригъэжьащ (Шылъэгу=tortoise).

Хэтхэ я унэ къанжэ тес? (Щагъыбзэщ: Хэтхэ япхъу упылъ е хэтхэ я къуэ къыппылъ, жыхуиІэщ): (Allegory) Whose daughter are you attached to, or whose son is attached to you?

Хеирыбгэм и къэрэш езым хуегъэзэжыр.

Хым хэкІуадэр кхъэхалъхьэншэщ.

Хуарэ дзэкугъуанэ сыбгъэшэсамэ, сегъэпсыхыж (КъысхуэпщІамэ къысхуумыщІэж, абы щхьэкІэ сыноубзэнукъым, жыхуиІэщ).

ХугукІэ лъэнкІапІэщ.

Хуейм зыхуей игъуэтмэ, бажэ хуэдэ мэущ.

Хущхъуэ зэхэдзэр сымаджэм и щхъухьщ.

Хущхьэ къуэпс зэтащ.

ХущІэмыхьэ пІащІэрыпсалъэщ.

Хьэ бзаджэ тІысыпІэншэщ.

Хьэ мыукІытэ къупщхьэ йогъу: The impudent dog gnaws the bone.

ХьэгъуэлІыгъуэ махуищ гухэхъуэщ: The three days of the wedding festivities are joyful.

Хьэдэр зейр кхъаблэпэщ.

Хьэжьыр зэбуштми зумыуштми йобэн.

Хьэлывэр япкІыху щысри, ягъэжьэху пэплъэжакъым.

ХьэлІамэ ващэрэ? (ХьэлІамэ=boiled flat cake made from maize flour).

ХьэлІамэм ибгъукІэ йодзакъэ: (He bites the flat maize cake from the side) He is practical, he knows what's what.

ХьэлІамэм и кум йодзакъэ: (He bites the flat maize cake from the middle) He is awkward, clumsy, unpractical.

Хьэм благьэр мэкІэ къещІэ: The dog knows the relative by smell.

Хьэм дыгъужь имылъагъуху щ акъуэщ.

Хьэм ебгъэшх тек Іуадэркъым.

Хьэм ептыр и Іыхьэщ: The share of the dog is what you give it.

Хьэм и бзэгу хущхъуэщи, джэдум и бзэгу щхъухьщ: The tongue of the dog is medicine; the tongue of the cat is poison.

Хьэм и губжь кхъуэм щехьэ: When the dog is angry he takes it out on the swine.

Хьэм и гъэрищ, шым и гъэрибл, лІым и гъэ щэщІ (Щыми ар я зэманыгъуэфІщ, жыхуиІэщ): The dog's third year, the horse's seventh year, and man's thirtieth year (are the best years of their lives).

Хьэм и щхьэр узмэ, удз ешх,

блэм и щхьэр узмэ, гъуэгум тогъуалъхьэ.

Хьэм къупщхьэкІэ уеуэкІэ гъыркъым: If you hit a dog with a bone it won't cry.

Хьэм нэщІ щхьэІуо щоуэ: 1. To be engaged in a futile action; 2. To waste one's fire; 3. Sisyphean toil.

Хьэм «Сыпсэумэ, гъэмахуэм унэ сщІынщ» жеІэ.

Хьэм уеуэмэ, нэхъей мэхъу: If you hit a dog it becomes worse.

Хьэм ущышынэмэ, уи нэкІэ укъещІэ.

ХьэмаскІэр хьэ зэщІэгъавэщ (ХьэмаскІэ=small breed of dogs).

Хьэнэфийхэр зэфыегъущ (Зэныбжьэгъухэр зэкІуэгъужэгъущ, жыхуиІэщ): Friends visit each other frequently.

Хьэндыркъуакъуэр псыдзэм щрихьэжьам «Абыи си Іуэху щыІэщ» жиІащ (Хьэндыркъуакъуэ=frog; псыдзэ=flood; ехьэжьэн=to take, carry away).

Хьэр банэурэ мэл Гэж: A dog dies barking.

Хьэр гугъу ехьынумэ, чэруаным ядокІуэ.

Хьэр делэ хъумэ, зейми йодзэкъэж: If a dog goes mad it bites its owners.

Хьэр зыукІым ирехыж.

Хьэр зыпІынуми ехь, зымыпІынуми ехь.

Хьэр зыщагъашхэм щобанэ: The dog barks where he is fed.

Хьэр зыщыгуфІыкІыр и ныбэщ.

Хьэр и бзэгукІэ зоІэзэж: The dog heals itself with its tongue.

Хьэр и гъуэльыпІэ икІмэ, дыгъужьым ехь.

Хьэр мэжалІэмэ, дыгъужь къугъыкІэ ещІ.

Хьэр улэуэнумэ, мэкъушэм ядокІуэ.

Хьэр хьэлывэм щогугъ, делэр гугъэурэ мэлІэж.

Хьэр шынэмэ, и кІэр и бэкъум декъузэ, джэдур шынэмэ, и кІэр еІэт.

Хьэрэмым хьэрэм къешэ: Evil leads to evil.

Хьэрэмыр нэбгъузкІэ маплъэ.

Хьэтыкъуейм тегъэзэж я жагъуэщ (Хьэтыкъуей – адыгэм я щыщ зы лъэпкъщ).

Хьэщэхурыпхъуэм узэригъэпхъуэк Іыркъым.

Хьэфизым жэщри махуэри и зэхуэдэщ: For a blindman day and night are the same.

Хьэфизым и гур и гъуазэщ: A blindman's heart is his beacon.

Хьэфизым мазэр хуэнэхукъым, фыз мылъхъуэ и сабий гъыркъым: The moon does not shine for the blind; the child of the barren woman does not cry.

ХьэщІэр зейр гуауэжырыхьщ (Hesch'er zeyr gwawezhirihsch).

ХьэщІэщыжь нэщІыр уэтэрщ (Hesch'eschizch nesch'ir wetersch): An unused old guest-house is like winter quarters for cattle.

ХьэІус ефэгьуэм пашэщ, хьэ ельэрышэгьуэм кlашэщ: When it's time to drink the pottage he is first; when it's time for the dogs to go in single file he is last.

ХьэІуцыдз псори зэщхьу мэкъугъ: All the wolves in a pack howl in the same manner.

Хьилагьэ зыхэмыльым «лІыгьэ схэльщ» жремыІэ.

Хьилэр акъылым щыщщ.

Хьилэр псалъэри лІыгъэм и лъэр щІиудащ.

ХъыбарыфІри хъыбарщ, хъыбар Іейри хъыбарщ. Хъыджэбз щІалэ делэгъуафІэщ.

Хъуапсэ и псэ кІуэдыркъым (Умыфыгъуэмэ, ухъуэпсэну емыкІукъым, жыхуиІэщ: It is not improper to desire something as long as you don't envy.

Хъуэжэ и бэщмактыу зыкърегъанэ (Бэщмакт=shoes; boots).

Хъумэ, зыфІ, мыхъумэ, фІитІ: If it happens, that's good; if it doesn't, that's even better.

ХъунщІэнрэ къуентхъынрэ зыщ: Robbing and looting are the same.

ЦІэр ельэри, бжьыдзэр къинащ: The louse jumped and the flea stayed put.

Щу псори дыщэкъым: All is not gold that glitters.

ЦІыв гузавэ дэуэщ (ЦІыв=beetle).

ЦІыкІу щхьэкІэ, лъабжьэщ: Small though it may seem, it is well-founded.

ЦІыху зэрыкІ вы укІа йохуэ (Зи гугъу ищІыр ныбэщ).

ЦІыхубзыр илъэс щэщІ хъумэ, цІыхухъу пэльытэщ.

ЦІыхугъэ зиІэм жагъуэгъуи иІэщ.

ЦІыхуми хьэщхьэры**І**уэ къахок**І**.

ЦІыхуфІ и тІысыпІэ хьэзырщ.

Чэф хъуа нэужь зи адэшхуэр зыгъеижам нэхъей.

ЧыцІ ажэм зигъэгусэри шхалъэм дэпкІащ (Гупым яхэмызагъэу зызыгъэгусэм ауаныщІу хужаІэ).

Шэ зиІэми ешх, шху зиІэми ешх.

Шэджэналъэ къидзыххэнумэ къезгъэдзынщ (КъищІэххэнуІамэ къезгъэщІэнщ, жыхуиІэщ).

Шэм, сынокІуэ, жиІэркъым.

Шэрэ блэрэ зэблэкІыркъым (Фочышэр блэм темыхуэу блэкІыркъым, жыхуиІэщ).

Шэс псори шукъым: Not all those on horseback are horsemen.

Шу гупыр зэдилъмэ, щхьэж игу илъ ещІэж.

Шу махуэ Іумахуэщ (Іумахуэ=silver-tongued).

Шууи укъэмыкІуэ,

лъэсуи укъэмыкІуэ,

- **къакІуи сыкъэлъагъу** (ЗыкІэлъызымыгъэкІуэным и щхьэусыгъуэщ): Come and see me, but do not come on horseback and do not come on foot.
- «Шхэмэ, и нэзэрыхъэ мэхъей» жери щыхьащ (Нэзэрыхъэ=eye-socket; щыхьэн=to cavil; to fall out with somebody. Хьэкъ имыГэу щыхьащ, жыхуиГэщ): He cavilled for no good reason.
- ШхэныІэ кІыхьщ (Shxeni'e ch'ihsch): The hand that takes the food at the table is long.
- Шхуэлым шэр щыф
ІэІуркъым, ныбэм сабийр щезэшыркъым.
- ШхуэмылакІэр зыхуэмыІыгъым шкІэр еубыд (ШхуэмылакІэ=bridle rein for horse. ХуэмыщІэнум зыкІэрещІэ, зрепщыт, жыхуиІэщ): Said of someone who perseveres in doing something that he is not good at.
- ШхупцІатэхьэ кІуэуэ зи шынакъ зыгъэпщкІужам нэхъей (ШхупцІатэ=ferment for milk; шынакъ=bowl).
- Шы дэгъуэм уанэ дэгъуэ хуэфащэщ: A good horse deserves a good saddle.

Шы зимыІэм уанэ къещэху: He who doesn't have a horse buys a saddle.

Шы зимыІэр къамышыкІэ базщ (Базщ – ерыщщ).

Шы зиІэр къанэри, уанэ зиІэр кІуащ: The man with the horse stayed and the man with the saddle went.

Шы зыгъуэт нэху тещхьэркъым.

Шы лІэнум мэкъу пхыр зыдехь.

Шы пщІэнтІэх лІыущхьэкІущ.

Шы сакъ хьэ къедзакъэркъым: A careful horse is not bitten by dogs.

Шы тесыкІэ зымыщІэм уанэр екъутэ: He who doesn't know how to ride a horse breaks the saddle.

Шы уэдыжь зэдзэІуалэщ.

Шы хьэху уэсэпс трагъахэркъым.

ШыгъупІастэм хьэтыр иІэщ.

Шыд и псыефапІэ егъзутхъуэж: The jackass muddies the water he drinks from.

Шыд шыгъу ишхрэ?: Does the jackass eat salt?

Шыдым и хьэлъэ ирикъумэ, мэкІуэр.

Шыдрэ пэт илъэсым зэ мэфтрей.

Шыдыр фызышэм щраджэмэ, «Пхъэ къэхьын хуей хъунщ», жиІащ: When the jack-ass was invited to the wedding, it said, "Probably they want to bring in wood."

Шыльэгур зэбгьэдзэкІми букІми и зэхуэдэщ: Turning a tortoise (upside down) and killing it are the same.

Шым дамэ тету зылъагъур блэращи, блэм лъакъуэ щІэту зылъагъур шыращ.

Шым ехуэхым ныбэпхым трелъхьэ.

Шым зыщигъэукІурийм иц къыщонэ.

Шым и лъакъуэ и бийщ (И лъакъуэ псынщІэхэм я ягъэкІэ цІыхур шым мэшэс, жыхуиІэщ).

Шынэ зиІэм укІытэ иІэщ, укІытэ зиІэм напэ иІэщ: He who has fear, has shame; he who has shame, has conscience.



Шынэм макъ егъэІу.

Шынэр и унэ мэкІуэж: The fearful goes back home.

Шыр тесым егъэдахэ: The horse is adorned by the rider.

Шыр пщІантІэмэ, уанэр екІужыркъым: If the horse sweats, the saddle won't fit.

ШыфІ зиІэм дамэ тетщ: He who has a good horse has wings on.

ШыфІыр езэшмэ, пырхъалэщ: When a horse gets tired, it snorts a lot.

ШыфІыр ныбжьэгъуфІым хуэдэщ: A good horse is like a good friend.

ШыфІрэ гуфІрэ зэхуэщкъым: A good waggon may not be drawn by a good horse and a good horse may not be tethered to a good waggon.

ШыфІрэ выфІрэ псыбафэкъым: A good horse and a good ox are sparing in their consumption of water.

ЩауэщІэм и щІакІуэри и кІуэкІэри дахэщ: The (felt) cloak and gait of a new bridegroom are beautiful.

Щэ зыгъэдэ**Іуэфыр щэ я уасэщ:** He who is able to make a hundred listen to him is worth a hundred.

Щэ уэстын, щэ я уасэу зы уэстын?: Do I give you a hundred or one that is worth a hundred?

Щэльахьэ гугьэпсэхущ (Щэльахьэ=hobble, horse-lock).

Щэм яубыр щэм я уасэщ.

Щэху гуэр зимыІэ щыІэкъым: 1. Everyone has secrets; 2. Everybody has something to hide.

Щэху нэху и жагъуэщ.

Щихури лъагэ дыдэу докІей, къыпыкІэІакъым мыхъумэ.

ЩумыщІэжым деж пэж жыІэ: When you don't remember, say the truth.

Щхъухьышхуэри щхъухьщи, щхъухь цІыкІури щхъухьщ.

Щхьэ бжыгъэ ныбэ нэщІ (Мыхьэнэншэщ, жыхуиІэщ).

ЩхьэкІуэм щІакІуэ уегъэщІ (ЩхьэкІуэ=offence; щІакІуэ=felt cloak).

ЩхьэлыкІыр зыхьри мэгурым, щхьэл мывэр зыхьри мэгурым.

Щхьэм блэр и Іэжьэгъущ (Іэжьэгъу=mediator, peacemaker).

Щхьэмыуз пІэщхьагъ тезагъэрэ?

Щхьэщытхъурэ къэрабгъэрэ зэблагъэщ: A vainglorious fellow and a coward are relatives.

Щыблэ зэуэм и гъунэгъу доуІэбжь.

Щыблэр зыгъауэм и Іэдэ-уадэщ, щхъухьыр зезыхьэм и ІэщІагъэщ.

Щыкъу нэщІым хьэри джэдури йонэцІ.

Щымыгъуэт щыутэх.

Щымыуэну акъыл, щымыщІэну былым.

Щымы Тэм жэр щыхьэркъым.

Щысу ямылъэгъуар тэджри псчэуІуащ.

Щытхъу мащІэр убым пащІащ.

Щытхъу нэхърэ тхъэгъуэ.

Щытым еплъи щыльыр гъей.

Щыхьэр цІыхуншэ хъуркъым (щыхьэр=town, city): A town cannot be without dwellers.

ЩІакІуэ ныкъуэщІыр щыгъынкъым (щыгъын=clothes; garments): A half-finished (felt) cloak cannot be worn.

ЩІакІуэ щІагьым лІы къыщІокІ (*епль аргуэру* «Гуэбэнэч и щІагь лІы къыщІокІ»): 1. A little body often harbours a great soul; 2. Little bodies may have great souls.

ЩакІуэр губгъуэ унэщ (Sch'ak'wer gwbghwe winesch): (The great coat [over-coat] is a field house) A sleeveless felt cloak, sch'ak'we, or burka in Turkic, which hanged from the shoulders and covered the whole body, was an indispensable part of the Circassian costume. It afforded warmth in winter by keeping the rain out and insulating the body from the chill. It also protected the wearer from the burning sun. It doubled as a blanket or a personal tent. A small group of men on the road could find shelter by hanging their great coats on three stakes dug into the ground, constructing a rather cozy tepee. During clement weather, the cumbersome coat was rolled up and tied to the croup.

Щакхъуэм къудейщ хужумыІэ.

Щалэ гъакІуи кІэлъыкІуэж: Send the child and go after him.

ЩІзныгъэрэ ІэщІагъэрэ зэкъуэшщ: Knowledge and know-how are brothers.

ЩІопщыкъурэ пэт жьы еубыд.

ЩІы фІыцІэм щІэмыхьэжын щыІэкъым: Earth to earth, dust to dust, ashes to ashes.

ЩІыбырыхь нэхърэ ныбэ хьэлъэ.

Шылъэныкъуэшх мэзытхьэ и жагъуэщ.

ЩІым и ІэфІрэ ІэфІым и дагъэрэ.

ЩІым щІэс хьэмбылуми ишхын егъуэт: Even the earthworm finds something to eat.

- **Щіымахуэм къэрэкъурэ гъагъэрэ?:** Do dry tall weeds blossom in winter?
- ЩІыпіищ нэщіу яльытэ: псы зыдэмыт псыхьуэ, къэкіыгьэ зэрымыт губгьуэ, ліы зыщхьэщымыт фыз: Three places are considered empty: a waterless river-valley, a barren field and a woman without a husband.
- ЩІыхуэр къэщтэгъуафІэ щхьэкІэ тыжыгъуейщ: A loan is easy to get but difficult to pay back; it is easier to get a loan than to pay it back.

Я нэхъыкІэм гухъу накІэр щІеуд (Зи Іуэху зымыщІэжыф яхэткъым, жыхуиІэщ).

Яжьэм фІамыщІ и тесэнщ.

Ямыубри бэным дэлъри зэхуэдэщ.

ЯмыгъэІу зэхахыркъым.

Ямыгъуэт ятыжыркъым.

Ямылъэгъуа бланэ яукІыркъым, зэхамыха псалъэ яІуатэркъым.

Япэ нэсым шылъэІуфэ иребзэ (Япэ нэсым и Іуэху докІ, жыхуиІэщ).

Япэ узрихьэл**Іэр шхыныфІщ** (Yape wizriyhel'er shxinif'sch): 1. What you come across first is good food; 2. Hunger is the best spice.

.шІфеахыІ ахыдепК

ЯукІыну яшэми, хьэм дзэкъэн хинэркъым (Yawk'inu yashemiy, hem dzeqen xiynerqim): Even when taking him to his death, the dog keeps biting.

Ямэмыхьэ хабзэншэщ.

Яхьыр зыхьын мэльыхъуэ.

Іэжьэгъу удыныхьщ.

Іэжьэгъур яукІри, зэрыукІитІыр зэбгъэдэкІыжащ.

Іэзэ къашэри вынэ ирищІщ.

Іэзэ мыхъу псэхэхщи, молэ мыхъу гуихщ: A bad healer is like the Angel of Death, a bad mullah terrifies the soul.

Ізм илъ нэхърэ Іум илъ: What's in the mouth is better than what's in the hand.

Іэм имыщтэ кІуэдыркъым: What is not in the hand cannot be lost.

Іэмалрэ хьилэрэ акъылщ: The mind is the seat of cunning and innovation.

ІэнэкІэ ІэфІщ.

Іэнэм и пэри и кІэри хъуэхъущ ('enem yi periy yi ch'eriy x'wex'wsch): (A toast starts and ends a "table") A feast could only start with a toast by the eldest participant, then by the guests, and the affair could last throughout the session, which at times lasted for hours on end.

Іэнэр щытыху, гъащІэм хабжэркъым.

Іэрымылъхьэм щІэнэцІурэ и нэцІакІэр щІэгъуащ: His eye's yellow excretion pitied his hankering for what he doesn't have?

Іэпхъуамбэхэр зэхуэмыдэ щхьэкІэ зэдошэрыуэ: Though they are different, the fingers work well together.

Іэхъуэ и баш чэнджэщэгъущ: The stick of the herdsman is his counselor.

Іэщэ дэгъуэр гъусэфІщ ('Esche deghwer ghwsef'sch): A good weapon is a worthy companion.

ІуэрыІуатэр хабзэжыц.

Іуэху зэхэмыбз щхьэгъэузщ.

Іуэху зи куэд шыгъэджэгу ещІ.

Іуэху убла зимы Ізм Іуэху щ Іа и Іэкъым: You must start before you can finish.

Іуэхур зэрыпщІщ.

Іуэхур зейм и щхьэджащІэ мэсыс.

Іугъуэм сыхэкІащ жыпІзу мафІз зыхыумыдзэ: When out of the frying-pan, don't hurl yourself into the fire.

Іугъуэ щагъэум цІыху щопсэу: Where smoke issues, there are people.

Іупэм напэр и хашэщ ('Wpem naper yi xashesch): The face is the betrayer of the lips.

Other Sayings

(КъинэмыщІ псалъафэхэр)

(The entries are in Latin orthography and are arranged in alphabetical order)

- Abi dische zhig xiysen wiy gwghemiy, wiqopts'e (Абы дыщэ жыг хисэн уи гугъэми, укъопцІэ): He will never set the Thames on fire.
- Abi ghwniy neziy yi'eqim (Абы гъуни нэзи иІэкъым): There is no bottom to it.
- Abi lhandere psi 'ejiy yezhexasch (Абы лъандэрэ псы Іэджи ежэхащ): 1. A lot of water has flown under the bridge since then; 2. There has been many a peck of salt eaten since. [see псы куэд ежэхащ абы лъандэрэ]
- **Abi vindipe yi'ighsch:** (He has a raven's beak) 1. He is always attended by good luck; 2. Providence always smiles upon him; 3. All is grist that comes to his mill; 4. All water runs to his mill. [see vindipe yi'ighsch]
- **Abi yi bzegwr zdinemis schi'eqim:** One's tongue is too long for one's teeth.
- Abi yi kwts'izchir yilhsch: There is life in the old dog yet.
- **Abi yi nat'em teitxasch ar** (Абы и натІэм тетхащ ар): It's written all over his face.
- **Abi yi psalhiyt' zeteixwerqim** (Абы и псалъитI зэтехуэркъым): (As) Changeable as the moon. [see next entry]
- **Abi zem zhiy'ar zem zhiy'ezhirqim** (Абы зэм жиІар зэм жиІэжыркъым): (As) Changeable as the moon. [see preceding item]
- **Anech'e qwasch'em qwesu mepsew** (АнэкІэ къуащІэм къуэсу мэпсэу): He lives under (behind) his mother's skirt.
- **Ar f'eq'iu deilesch** (Ар фІэкхъыу делэщ): He's so dumb you can sell him the Brooklyne Bridge; he's an utter fool.

- Arqench'e zchi qewbidin (АркъэнкІэ жьы къэубыдын): (То catch the wind with a lasso) 1. To draw water in a sieve; 2. To beat the air; 3. To mill the wind; 4. To fish in the air; 5. To plough the air; 6. To plough the sand(s); 7. To sow the sand; 8. To seek a hare in hen's nest; 9. To milk a he-goat into a sieve; 10. Whistle jigs to a milestone; 11. To milk the bull; 12. To carry (or send) owls to Athens; 13. A cold coal to blow at; 14. To hold a candle to the sun; 15. To thrash over old straw; 16. To catch the wind in a net. [see mezim px'e shen, and q'wzanech'e psi qehin]
- Ar we shimighasech'iy qizzchedeptx'ifinqim (Ap yэ шымыгъасэкІи къызжьэдэптхъыфынкъым): wild horses shall not drag it from me.
- **Ar yijiriy qeighegwghe** (Ар иджыри къегъэгугъэ): There is life in the old dog yet.
- Ar zerich'a psim se siqiych'izhasch (Ар зэрыкІа псым сэ сыкъикІыжащ): I wasn't born yesterday.
- **Awe qizeptamiy, sixweyqim abi** (Ауэ къызэптами, сыхуейкъым абы): I would not have (or take) it even as a gift.

Awe xwedesch (Ауэ хуэдэщ): (As) Cheap as dirt. Azheghafem xwedew zisch'in: To bear the cap and bells. Azheghafe pi'e: Cap and bells.

Badzere vire zepoqw: The fly and ox are measuring swords. [See Vire ts'ere zepoqw]

Badze yeschew schisin: To wash an ass's ears (or head).

Bashim ch'apiyt' yi'esch: It cuts both ways.

Bash yiriyghelhetexa nex'ey: (As) Straight as a poker.

Bazhem xwedew bzajesch: (As) Cunning as a fox.

Bazhem yishxar mischem scheits'elh: The boot is on the wrong foot. [see dighwzchim yishxariy yimishxariy toxwe]

Bdzanthe gheva xewiva xwede: (As if standing in boiled glue) As if stuck in dense glue.

- **Beilipe qem'etin:** (Not to lift the tip of the shovel) 1. To do nothing; 2. Not to move a finger.
- Beislheney pts'apts'e: (Beslanay galantine) Said of a stout and sedentary person. [Prince Beslanay Pts'apts'e was one of the personages in Kabardian folklore. In the first half of the 16th-century he was potentate of Kabarda. Prince Beislhen (Beslan) (son of Zhanx'wet), nicknamed 'Pts'apts'e' ('The Obese') on account of his massive size, needed a sturdy cart for transport. He is credited with modifying the structure of the peerage system and updating the *Xabze*, the Circassian code of conduct].
- **Bghedihep'iy bghedech'ip'iy yi'eqim:** (It has no approach, and neither can you get away from it) Neither rhyme nor reason.
- **Bgim jedich'ech'e yewe:** (He is hitting the mountain with an egg) 1. You cannot chop wood with a penknife; 2. Like against a brick wall; 3. To kick against the pricks.
- **Bgim jedich'ech'e yewen:** 1. To knock (or run) one's head against a brick wall; 2. To kick against the pricks; 3. One can't see through a brick wall.
- **Bgim nat'ech'e yewe:** (He is hitting the mountain with his forehead) 1. You cannot chop wood with a penknife; 2. Like against a brick wall; 3. He must needs go whom the devil drives; 4. To kick against the pricks.
- **Bgir zegwech'riy x'wmp'ets'ej qidech'asch:** The mountain has brought forth a mouse.
- **Blanem xwedew zhersch:** (As) Fleet as a deer.
- **Blinimiy thek'wme yi'esch:** 1. Walls have ears; 2. Pitchers have ears.
- **Blinim thek'wme ya'esch:** 1. Walls have ears; 2. Pitchers have ears.
- **Bzchihe(r) beysch:** Autumn is the time of plenty.
- **Bzhen lhaqwe x'ibar:** (The story of the goat's foot) The same old song.
- **Bzhen qwiy teigwshxweghwaf'esch:** (The scabby goat is defenceless) Brave before the lamb, but a lamb before the brave. [see next entry]

- **Bzhen sch'aqwe teigwshxweghwaf'esch:** (The lame goat is defenceless) Brave before the lamb, but a lamb before the brave. [see preceding item]
- **Ch'epqim de'wn:** 1. To get (have) the better of somebody, or something; 2. To wipe somebody's eye.
- **Chimpe qemi'etin:** 1. To twiddle one's thumbs; 2. Not to do a stitch of work.
- De dil'a newizch, widz qreimich'izh: After us the deluge.
- **Degw saghrew:** (As) Deaf as an adder.
- "Deiplhinsch" zhiy'asch hefiyzim: A blind man would be glad to see.
- **Dek'wm xwedew qeghepts'en:** 1. To turn somebody round one's finger; 2. To catch with chaff. [see Shxwm xwedew qeghepts'en]
- **Denemiy bateshxwer yigheshinsch abi:** He shall set the Thames on fire wherever he is at.
- **Deniy psoriy qosizh:** 1. He is everywhere; 2. There he is; 3. The scamp has a finger in every pie.
- **Depim teys xwedew:** 1. On hot coals; 2. On thorns; 3. Like a cat on hot bricks.
- **Deriy pasch'e tteitsch:** (We also have moustaches) We weren't born yesterday.
- **Dighwzchim yishxariy yimishxariy toxwe:** The boot is on the wrong foot. [*see* bazhem yishxar mischem scheits'elh]
- **Dighwzch melix'we sch'in:** (To make a wolf a shepherd) 1. To set the wolf to keep the sheep; 2. That's like putting the cat near the goldfish bowl; 3. To set a fox to keep one's geese; 4. To teach the cat the way to the kirn (Scottish).
- **Dipsewm(e), tlhaghwnsch:** 1. We shall see what we shall see; 2. Time will show; 3. Time will tell.
- **Diy'er yethech'izhirqim:** Come and have pot-luck with us.

Diy nat'e yilhim dixwezensch: (We'll meet what is on our forehead) 1. What will be will be; 2. He that is born to be hanged shall never be drowned.

Duneym yi ghwnem nes: To the world's end.

Duneyr qwtew qizer'wbezhixw(ch'e): 1. Till (or until) the cows come home; 2. To (or till) the crack of doom; 3. When the devil is blind; 4. Till doomsday; 5. When the Ethiopian changes his skin; 6. When hell freezes over; 7. When pigs fly; 8. When two Sundays come together; 9. Tomorrow come never; 10. At all hazards; 11. On St. Tib's eve. [see jedu lhebzchanem zhizum qipich'exw(ch'e)]

Duneyr yinsch zhip'e x'wnuqim: The world is but a little place, after all.

Dzase gheplham f'es xwedew: (As if sitting on a hot skewer) On hot coals.

Dzelifer t'in: To show one's ivories.

Dzexwps 'wrghelheda xwede: (As) Dumb as an oyster.

Embate zermitim 'ete yireyghewive: 1. He makes a mountain out of a molehill; 2. Much ado about nothing.

'Epedewip'e yi'eqim: Like rabbits in a warren.

'Epx'walhem vi yireighet'is-he: (He is seating an ox in a thimble) He beats the air, he mills the wind.

'Epx'wamber zchedeplhheme, 'er piyshxich'inusch: Give him an inch and he'll take an ell.

'Eshri'er zighevam yirireifizh: 1. You make your bed, now lie in it; 2. Who breaks, pays; 3. As you brew, so must you drink.

Femre qwpschhemre qixwenasch: He is a shadow of his former self.

F'eq'iu deilesch: 1. (As) Silly as a goose; 2. Ass in grain; 3. Fool in grain.

Fizim yi lhegwsch'etinu schitin: To be under petticoat government.

- Ghasch'er ch'esch'sch: Life is but a span.
- **Gwax'wech'e wane treilhhe:** (He is saddling the horse with a pitchfork) He is negligent, or careless.
- **Gwdzem bash (bzheghw) dedzin (deghezhin):** (To throw a stick in the spokes) 1. To throw a spanner in the works; 2. To put grit in the machine; 3. To throw a monkey wrench into the machinery; 4. To throw sand in the wheels (US).
- **Gwensheriq (Gwenshiriq) wits'inam xwedesch:** (Like wet shoes) 1. To run with the hare and hunt with the hounds; 2. He is unstable.
- **Gweymi'w x'ibarim sch'exiu zeywibghw:** 1. Bad news has wings, or travels quickly; 2. Ill news flies fast.
- **Gwrischx'we sch'inir yich'aghesch:** Suspiciousness is a bad disposition.
- **Gwr zdeschi'em 'er lheghe'esin:** To achieve (or attain, gain), one's end.
- **Gwum she qisch'ech'irqim:** (A bull gives no milk) Like squeezing blood from a stone.
- **Hede'wsiyt'miy xech'izhin:** To mistake shadow for the substance.
- **Hedrixe mivexex k'wen:** (To go to the world beyond to fetch a stone) This is quite futile.
- **Hedrixesch' k'wen:** To go where the woodbine twineth (US, joc.]
- **Hedzighwaneghwem qwatsech'e xewen:** To wake a sleeping dog.
- He f'its'eriy—he, he xwzchriy—he: 1. That's the horse of the same colour; 2. (It is) Six of one and half a dozen of the other.
- Hel'ame gheva wosch'e we: You know nothing.
- Hel'amer yi 'ihew qenen: To be left in the basket.
- He l'ech'ew l'en: To die like a dog.
- **Hem nesch' schhe'wo scheiwen:** 1. To waste one's fire; 2. Sisyphean toil; 3. To drop a bucket into an empty well;
 - 4. To make a long harvest about a little corn.

- **Her meqwm teissch:** Dog in the manger.
- **Heyixwbzhexwesch'u schitin:** (To be the one who drives away the dog and closes the door) 1. To be at somebody's beck and call; 2. To run errands.
- 'Iher schagweshim, dureshim desin: To be left in the basket.
 'Iyt'ir zeteidzawe schisin: 1. Not to do a stitch of work; 2. To twiddle one's thumbs; 3. Not to do a hand's turn. [see shxiy qemi'etin]
- **Jane schighu qalhxwn:** 1. To be born with a silver spoon in one's mouth; 2. To be born with a caul on one's head; 3. To be lapped (or wrapped) in one's mother's smock.
- **Jedich'em tsi qixexin:** (To get wool from an egg) 1. To make a mountain out of a molehill; 2. To hunt fleas.
- **Jedich'e shk'wmp' yi waseqim:** (Not worth a rotten egg) Not worth a bean (or button, curse, damn, dorn).
- **Jed lhebzchanem qriytx'am xwedew txen:** To write hand like foot.
- Jedu lhebzchanem zhizum qipich'exw(ch'e): 1. Till (or until) the cows come home; 2. To (or till) the crack of doom; 3. When the devil is blind; 4. Till doomsday; 5. When the Ethiopian changes his skin; 6. When hell freezes over; 7. When pigs fly; 8. When two Sundays come together; 11. On St. Tib's eve. [see duneyr qwtew qizer'wbezhixw(ch'e)]
- **Jedu masche yixwasch:** (The cat fell in the hole) He fell into a trap.
- **Jedum xwedew, pse bidesch:** He has nine lives like a cat. [see next item]
- **Jedum xwedew, psiybghw 'wtsch:** He has nine lives like a cat. [see preceding entry]
- **Lazche ziymi'em lazche teilhhen:** Get (or put) the boot on the wrong foot (or leg).

- Lezchench'e washxesch(iy), shxench'e l'ix'wzchsch (dighwzchsch): He works like a badger but eats like a wolf.
- **Lhaqwe semegwch'e p'em qeiwvexin:** 1. To get out of (the) bed on the wrong side; 2. To get up on the wrong side of a bed; 3. To get up with one's wrong foot foremost.
- Lhepsch yi Hepts'ey k'wech'e sch'in: To hold a candle to the sun. [Lhepsch is the god of the smiths in the Circassian Pantheon]
- Lhepsch yi Hepts'ey k'wech'ew: 1. As wise as before; 2. As wise as one went.
- **Lhepsch yi Hepts'ey k'wech'e x'wa:** On the wrong side of the door.
- **Lhepsch yi Hepts'ey k'wech'e x'wn:** 1. To come away, none the wiser; 2. To come back (or return) as wise as one went.
- Lhi 'emp'e qisch'emnezhixwch'e (zewen): 1. (To fight it out) To the bitter end; 2. To fight to a finish; Tooth and nail.
- **Maf'em yiriyjegwn:** 1. To play with fire; 2. To sit on a barrel of gun-powder; 3. To jest (or play) with edge-tools; 4. Monkey with a buzz saw; 5. To dance on a volcano.
- Maf'ere jatech'e: With fire and sword.
- **Maf'er qi'wriyxiu zhen:** 1. To go (or run) like the wind; 2. To outstrip the wind; 3. To run like a lamplighter. [see schher sch'ehawe zhen; she ts'ivam xwedew k'wen]
- **Maf'e zisch'edzezhin:** To build a fire under oneself.
- **Maf'iyt'im ya zexwakwm:** 1. Between two fires; 2. Between hammer and anvil; 3. Between the upper and nether millstone. [see sijimre wademre ya zexwak'wm]
- Masch'e yi kweda: Never a whit.
- **Mastepem f'esim xwedew schitin:** 1. To be on the anxious bench; 2. To be on wires. [see next item]
- **Mastepem f'es nex'ey:** 1. To be on the anxious bench; 2. To be on wires. [see preceding entry]

Mastenem (Mastepem) qizerif'acham xwedew (xwedesch):

- 1. Just out of a bandbox; 2. (As) Bright as a button, or a new penny, or a new pin; 3. (As) Neat as a bandbox; 4. (As) Neat as a new pin; 5. (As) Neat as ninepence; 6. Spick and span.
- **Matesch'edzawe psewin:** 1. To live (be) in clover; 2. To crack a tidy crust.
- **Maxwe qes nish yawch'irqim:** We don't kill a pig every day. [see next item]
- **Maxwe qes heghwel'ighweqim:** We don't kill a pig every day. [see preceding entry]
- **Mel 'esafere dighwzchigwu:** The iron hand in the velvet glove.
- **Melife ziteizghelheda dighwzch:** 1. Wolf in sheep's clothing; 2. To hide one's teeth. [see next item]
- **Melizchifere dighwzchigwu:** 1. Wolf in sheep's clothing; 2. To hide one's teeth. [see preceding entry]
- Mezim px'e shen: (To carry wood to the forest) 1. To draw water in a sieve; 2. To beat the air; 3. To mill the wind; 4. To fish in the air; 5. To plough the air; 6. A cold coal to blow at; 7. To hold a candle to the sun; 8. To seek a hare in hen's nest; 9. To milk a he-goat into a sieve; 10. Whistle jigs to a milestone; 11. To milk the bull; 12. To carry (or send) owls to Athens; 13. To catch the wind in a net. [see arqench'e zchi qewbidin, q'wzanech'e psi qehin (zeihen)]
- Mighwape-mipschamp'e: Neither rhyme nor reason.

 Milhkw schhech'e l'i dek'wen: To please one's eyes and plague one's heart.
- **Miriy fedenqim, mortesmaqim:** (Neither a leather thread nor a braid) Neither one thing nor the other.
- **Mische dighwzch f'ebelatsesch:** (The bear considers the wolf to be shaggy) The pot calling (or calls) the kettle black.

Mi winem sch'ech' x'wnuqim: Within four walls.

Nat'eri'wap'e f'ech'ip'e ziymi'esch: No flying from fate. Nawriz pselheghwey: Dumb dog.

- **Nefre degwre zopsalhe:** (The deaf and blind are talking to one another) All at sixes and sevens.
- Nemisir lhe'wch'e qahirqim: Honour is not got by begging.
- **Nemis zdeschimi'em nasip schi'eqim:** Honour and good fortune go together.
- Nex'ibexwch'e nex'if'sch: The more the merrier.
- **Niqwets'ale-niqwethesch':** (Half-dirty, half-clean) Said of an unfinished business. [Yich'em namighesa 'wexwm xwzha'e]
- **Pi'eschherixch'e yelhe'wn zigwerim:** To go on one's knees to somebody.
- Pil xwediyz ziysch'inu ziyghepschriy thek'wmech'ihir zegwewdasch: (In trying to blow himself up to the size of the elephant, the hare burst) 1. Do not put on airs; 2. Be yourself.
- Psalhe sheriwexer (Псальэ шэрыуэхэр): Winged words.
- **Psi kwed yezhexasch abi lhandere** (Псы куэд ежэхащ абы льандэрэ): 1. A lot of water has flown under the bridge since then; 2. There has been many a peck of salt eaten since. [see **Abi lhandere psi 'ejiy yezhexasch** (абы льандэрэ псы Іэджи ежэхащ)]
- **Psim daghe teixin:** (To extract fat from water) 1. To beat the air; 2. To mill the wind; 3. To fish in the air; 4. To plough the air.
- **Psim ghwschew qixech'izhin:** 1. To come through unscathed; 2. To get off with a whole skin; 3. To come unscathed out of the battle.
- **Psim tx'w treix:** (He is extracting butter from water) 1. He's beating the air; 2. He's milling the wind; 3. He's fishing in the air; 4. He's ploughing the air.
- **Psim yihir hetsibaneym yopx'we:** (A drowning man clutches at the rose bush) A drowning man clutches at straws.
- **Psim yihir yi schhetsim yopx'we:** (A drowning man pulls at his own hair) A drowning man clutches at straws.
- **Psim yih petre leniste:** (Though he is drowning he wants a pair of scissors) To swear black is white.

- **Psim yisheriy yiriymghafu qiyshezhasch:** (He took him to the river and brought him back thirsty) 1. He outwitted him; 2. He tricked him.
- **Psiqwiy mastech'e qeit':** 1. He's digging a well with a needle; 2. Like being up against a brick wall; 3. He's sweeping back the ocean.
- **Psir q'wzanech'e zereyhe (yez):** (He carries water in a sieve) He is milling the wind, beating the air.
- Psi tk'wepsiyt'sch: 1. Nothing to choose between them; 2. Not a pin to choose between them; 3. Of the same kidney; 4. Of the same leaven; 5. Cast in the same mould; 6. Much of a muchness.
- **Psi witx'wam bdzezchey scheischen:** To fish in troubled waters.
- **Psi zdeschimi'em bdzezchey schosche:** (He's fishing where there is no water) He is engaged in a futile undertaking.
- **Psomiy yateik'wam schitx'w xwefaschesch:** He that runs fastest gets the ring.
- Pts'imiy pezhmiy: By hook or (by) crook.
- **Pudre f'iwe:** Filling at the price (F at the P).
- **Px'ench'iyr zhilem yaxepx'en:** To wash one's dirty linen in public. [see Wiy schexwr ts'ixwm yaxez sch'in]
- Px'eschkwm (Px'eshkwm) ch'apseshxwer yi teylhhesch: (The whole of the rope in addition to the wooden hoop) Lock, stock and barrel.
- Px'wrilhxwr qiyheme, psather magh: When the nephew makes his appearance, the icon weeps. [Historically, some visitors from Kabarda used to break the icons of their hosts in Mozdok, a settlement of Christian Kabardinian in north-east Kabarda]
- Qaleschhegwezchu wizschigwgh: A bit of blue sky.
 Qazix'wm zixwreyse hemas-ch'em: Brave before the lamb, but a lamb before the brave.
- **Qaz psi ch'eripsch'ere?:** 1. Like water off a duck's back; 2. To get off with a whole skin.

- **Qebghwetay zizipipshen:** Meddle with your match.
- **Qeipsriy qiylhetawe yeschhsch:** The living image of somebody.
- Qemch'a pabzchem qemilhxwa thek'wmech'ihir xessch (qischiywch'asch): (The unborn hare lies in the ungrown bush) Said of a barefaced lie.
- **Qerabgher yi ch'em schoschtezh:** The coward dreads his own shadow.
- Qeirmetir (qeimetir) qesixwch'e: 1. Till doomsday; 2. To (or till) the crack of doom; 3. When the devil is blind; 4. Till (or until) the cows come home; 5. When the Ethiopian changes his skin.
- **Qezlhefriy zilhefizhriy psch'erqim:** 1. Utter confusion; 2. Each in his own way.
- **Qischiymiwidizhin schi'eqim:** Tread on a worm and it will turn.
- **Qiwiysch'ar yesch'ezhin:** 1. Answer (or repay, or pay back) in kind; 2. To give somebody a pig of his own sow; 3. To serve somebody with the same sauce. [see next entry]
- Qizerowa qwpschhemch'e yewezhin: 1. Answer (or repay, or pay back) in kind; 2. To give somebody a pig of his own sow; 3. To serve somebody with the same sauce. [see preceding item]
- **Qizzhiy'aqim zhumi'ezh:** Put that in your pipe and smoke it. **Qo'em ye'ezh:** Like for like.
- Q'wem xekw yisch'erqim: The pig knows no native land.
- **Q'wem yi gwbzch hem scheyhe:** The pig vents its anger on the dog.
- **Qwpschhe xwzch:** 1. Blue blood; 2. High blood. [L'aqwel'esch schilhxw]
- Q'wzanech'e psi qehin (zeihen): (To fetch water in a sieve)
 1. To draw water in a sieve; 2. To beat the air; 3. To mill
 the wind; 4. To fish in the air; 5. To plough the air; 6. To
 plough the sand(s); 7. To sow the sand; 8. To seek a hare
 in hen's nest; 9. To milk a he-goat into a sieve; 10.
 Whistle jigs to a milestone; 11. To milk the bull; 12. To
 carry (or send) owls to Athens; 13. A cold coal to blow

- at; 14. To hold a candle to the sun; 15. To thrash over old straw; 16. To catch the wind in a net. [see arqench'e zchi qewbidin, mezim px'e shen]
- Sabiyxem baliyghim zha'em yede'wenu yaf'ef'sch: Little pitchers have long ears.
- **Sch'ak'wiyt' schighin** (ЩІакІуитІ щыгъын): (To put on two cloaks) To be on both sides of the fence.
- Sch'aq'we 'ihe qwdey qizisch'ech'in qemilezchin: Not to earn salt for one's porridge. [ziriy qemilezchin zhixwiy'esch]
- Sch'aq'we 'iher qelezchizhin: To earn one's crust.
- Sch'exiu x'wr sch'exiuiy mek'wedizh: Soon ripe, soon rotten.
- **Schexwu x'war naxwe qex'wasch:** The lid is off of something.
- Schheliqwe xivu yi per dreyghezey: He puts on airs.
- **Schher sch'ehawe zhen:** 1. To go (or run) like the wind; 2. To outstrip the wind; 3. To run like a lamplighter. [see she ts'ivam xwedew k'wen; maf'er qi'wriyxiu zhen]
- Schhezh yi wine bzhenlhaqwesch: (It's) time to go home.

Schiymitim qischiyghex'wen: To lash the waves.

- Schine 'erip'em xwedew 'edebsch: (As) Gentle as a lamb.
- She ts'ivam xwedew k'wen: 1. To go (or run) like the wind; 2. To outstrip the wind; 3. To run like a lamplighter. [see schher sch'ehawe zhen; maf'er qi'wriyxiu zhen]
- Shidim xwedew yerisch: (As) Obstinate as a mule.
- **Shighw six'wa se sitk'wnu:** 1. I am not made of salt; 2. I am neither sugar nor salt.
- **Shure lhesre ya zexwakwsch:** 1. (As) Different as chalk from cheese; 2. (It's a) Far cry.
- **Shxiy qemi'etin:** 1. Not to do a stitch of work; 2. To twiddle one's thumbs; 3. Not to do a hand's turn. [see 'iyt'ir zeteidzawe schisin]
- **Shxwm xwedew qeghepts'en:** 1. To turn somebody round one's finger; 2. To catch with chaff. [see dekwm xwedew qeghepts'en]

- Sijimre wademre ya zexwak'wm: 1. Between hammer and anvil; 2. Between two fires; 3. Between the upper and nether millstone. [see maf'iyt'im ya zexwakwm]
- Siy pi'e pxweghet'isasch: (My cap sits in front of you) 1. I am not afraid of you; 2. You don't scare me at all.
- Tane bgiripx sch'epxa xwedesch: A hog in armour.
- **Terch q'we yisich'asch:** (The pig swam across the Terek River) Reply to indiscreet question by a nosy person.
- **T'ew zhi'e wimisch':** 1. Keep your word; 2. Be as good as your words.
- Thek'wmech'ihir zischimilhxwa pabzchem lighe yumidze: This is a futile affair.
- Themischch'er sit schighwiy pshinak'wesch: The poor must pay for all.
- **Topch'e badze yewen:** To use a steam-hammer to crack nuts.
- **Tsim yi k'wap'er sch'en:** To know on which side one's bread is buttered.
- Ts'ixwm ya nex' temaq ch'ihriy qischiytx'inch'e mex'w: Enough to make a saint swear.
- **Ts'ixw sch'in zigwer:** To make a silk purse out of sow's ear.
- **Vaghwe yi pebzhsch:** (As) Numberless as the sands.
- **Vaqe zev yiwiven:** (To stand on tight shoes) 1. To get into difficulties; 2. To find oneself in a tight corner.
- Vi l'am se xezi'w: (He is stabbing the dead ox) For no reason at all.
- Vim xwedew lezchen: (To work like an ox) 1. To work like a horse (or a Trojan, or a slave, or a nigger); 2. To sweat one's guts out.
- **Vim xwedew lheschsch:** (As strong as an ox) (As) strong as a horse.
- Vindim xwedew f'its'esch: (As) Black as a raven.
- Vindipe yi'ighsch: (He has a raven's beak) 1. He is always attended by good luck; 2. Providence always smiles upon him; 3. All is grist that comes to his mill; 4. All water runs to his mill. [see abi vindipe yi'ighsch]

- Vindirichu f'its'esch: (As) Black as a raven.
- Vire ts'ere zepoqw: The ox and louse are measuring swords. [see badzere vire zepoqw]
- **Vire zhemre xwzexeghech'irqim:** (He couldn't tell an ox from a cow) 1. He knows nothing at all; 2. Not to know B from a battledore, or from a bull's foot.
- Vi t'isa yighetejinuqim abi: One wouldn't hurt a fly.
- Vi wane teilh nex'ey: 1. A hog in armour; 2. To suit somebody as a saddle suits a sow.
- Wafem 'epx'wambech'e yepijin: To fire into the wrong flock (US).
- Wafere sch'ilhere ya zexwakwsch: 1. As like as an apple to an oyster; 2. As like as chalk and cheese; 3. Lombard street to a China orange.
- **Wazere bzuwe zeteighwasch:** He is a shadow of his former self.
- We abi wischik'wem, se sqiych'izhirt: The ark rested on Mt. Ararat
- We ar 'edech'iy qizzchedeptx'ifinqim: Wild horses shall not drag it from me.
- Weshx blech'am sch'ak'we ch'elhischten: To lock the stable door after the horse is stolen.
- **We uqameme, se sijatesch:** (If you are a dagger, I am a sword) We weren't born yesterday; I wasn't born yesterday.
- We wischik'wem, se siqiych'izhirt abi: 1. Lived there some years; 2. To have been there before.
- **Wiqewishme, psch'ihep'ew:** (If you wake up, you find it's a dream) To dream of good fortune and to wake up to foul weather.
- Wireidepschane gwdze we: Fifth wheel.
- **Wixweyme, yit'e, wixweyme, yise:** 1. It's as broad as it's long; 2. The difference between tweedledum and tweedledee.
- Wiy bzegwr wiygheshxizhinsch: A bit of all right.

- Wiy mascher wiy 'ech'e qet'izhin: 1. To dig one's own grave; 2. To build a fire under oneself; 3. To cook one's goose.
- Wiymich', wiymis, wiysuiy, qidumghehezh: Damned if you do, damned if you don't.
- Wiy qame t'ew qumix, wiy psalhe t'ew zhumi'e: (Do not draw your dagger twice. Do not repeat your words) Be decisive.
- Wiy schexwr ts'ixwm yaxez sch'in: To wash one's dirty linen in public. [see px'ench'iyr zhilem yaxepx'en]
- Wiy schher miwizu boz yomshech': (Don't bind your head with calico, if it doesn't ache) Don't do unnecessary things.
- 'Wiyt'-bziyt'u schitin: To bear (or have) two faces under one hood.
- Wizerf'aghezhinu ser qewlhepx'eschin: To put one's head into the lion's mouth.
- Wizteyt qwdamer piwipsch'in: 1. To saw off the bough on which one is sitting; 2. To build a fire under oneself.
- X'arts xiysch'ich'irqim: Not to know B from a battledore. X'ijebzizch qidenezhawe l'ezhin: To lead apes in hell.
- Yebzim xet'is-hen: To come out at the little end of the horn. Yeminere pet zerihem zigwer qreyne: Even cholera spares some life.
- **Yemja yeghejak'we x'w?:** Can an ignoramus ever become a teacher?
- Yem'wse tsis ne'wu schitin: To have too much of his mother's blessing.
- **Ye qamilqim ye milifqim:** (Neither reed, nor after-grass) 1. Neither one thing nor another; 2. Neither fish, nor foul.
- **Yer vi bzchaqwem qoch':** (Evil comes out from the horn of the ox) Great disputes flare up from mere trifles.
- Yi ade yeschh x'wzhasch: A chip of the old block. [see next entry]

- Yi ade yi qwesch: A chip of the old block. [see preceding item]
- **Yibe beshechsch:** An orphan is a hardy creature.
- **Yich'iy mighwapew yich'iy mipschamp'ew:** 1. Neither one thing, nor the other; 2. Betwixt and between.
- **Yi dzighwe lhine qoch':** 1. He is well-off; 2. He lives (is) in clover.
- Yi 'epe-lhaper mashxe: To get an itch for something.
- **Yighasch'ech'e wizeramshen qafezchsch:** 1. This is an utterly useless method; 2. For no reason at all; 3. Neither here nor there.
- Yil nex're yi leps: The sauce is better than the fish.
- Yin zhi'e ts'ik'w'wate: A holy terror.
- Yi pts'im hepts'aschx'we yirozhe: (As) Changeable as the moon.
- **Yi schhefetsim zreyghesen:** To give somebody the creeps.
- Yi schhe zaqwe yi lhaqwiyt'u: At single hand.
- **Yit' yizifinum yiz yifich'e yisch'erqim:** This is a clumsy approach to the matter.
- **Yi vaghwer yizhasch:** (His star fell) 1. His star has faded (He is exhausted); 2. Things are not going well for him.
- Yi zansch'er yi ghwegwu: Over hedge and ditch.
- Yi zche heqwt zchedelh xwedesch (nex'ey): 1. (As) Dumb as an oyster, or a fish; 2. (As) Straight as a poker.
- Yi zche qwrt zchedelh xwede: (As) Dumb as an oyster, or a fish.
- **Yi zche zchi zchedet xwedesch:** (As) Dumb as an oyster, or a fish.
- **Zchelhet'aniyt'ir qi'wiyshu shxen:** To play a good knife and fork.
- **Zche zev jiy bix'w:** (Narrow mouth, wide throat) Glutton, gormandizer.
- **Zchi qisch'epscherqim, psi qisch'ewerqim:** (A gale won't blow, the river won't flood) No hurry!
- **Zchir denech'e qeipschemiy sch'en:** To trim one's sails to the wind.

- **Zchir qizdeypschemch'e zeyghaze:** (He turns towards the wind) Toady, bootlicker, lickspittle, wheedler, sychophant.
- Zel'zefiz zelijanesch: One bone one flesh.
- Zerimit 'etiysche yireighewive: 1. Much ado about nothing; 2. He makes a mountain out of a molehill; 3. He lays on the colours too thickly; 4. The devil rides on a fiddlestick; 5. A hair to make a tether of; 6. To spread it on thick.
- **Zerimilh pe lhage:** A penny plain and twopence coloured.

Zexwemif' zef'e'wa: In borrowed plumes.

Zezim xwedew, dijsch: (As) Bitter as gall, or as wormwood.

- **Zha'e petmiy, x'ijebz qeilhxw:** In at one ear and out at the other.
- Zhi'eghwaf'e schhech'e, sch'eghweysch: Easier said than done.
- Zhixafer schhetsich'ech'e yepx'ench': She is sweeping the floor with her hair. [Said of a diligent daughter-in-law. Ziy pse yemiblezhu winaghwem 'wexw schizisch'e nisem xw zha'e]
- **Zibghesch'aghweme, sch'aghwer qipschisch'insch:** Pride goes before, and shame follows after.
- **Zi ch'apem qipachasch:** 1. Nothing to choose between them; 2. Not a pin to choose between them; 3. Of the same kidney; 4. Of the same leaven; 5. Cast in the same mould; 6. Much of a muchness; 7. (It is) Six of one and half a dozen of the other. [see next item]
- **Zi ch'ape qipacha xwede:** 1. Nothing to choose between them; 2. Not a pin to choose between them; 3. Of the same kidney; 4. Of the same leaven; 5. Cast in the same mould; 6. Much of a muchness; 7. (It is) Six of one and half a dozen of the other. [see preceding entry]
- **Zigwerim qiwiysch'ar yesch'ezhin:** To give somebody a dose of his own medicine.
- **Zigwerim yi bzchamiym qidefen:** To dance to somebody's tune.

- **Zigwerim yi wered yezchuwin:** To eat out of somebody's hand.
- **Zigwer yi p'em yighewvezhin:** To bring somebody to his bearings.
- **Zilhemich' ch'iyirey:** (Weak, but loud-mouthed) 1. Arrogant, conceited, haughty; 2. Loud, garish, flashy.
- **Zi mastenem qipacha xwede(sch):** 1. Nothing to choose between them; 2. Not a pin to choose between them; 3. Of the same kidney; 4. Of the same leaven; 5. Cast in the same mould; 6. Much of a muchness.
- **Zim 'epixwr adreym (e zim) qiyschtezhu:** 1. Hand in hand; 2. Get on like a house on fire.
- **Zi thek'wmemch'e yiheriy adreymch'e yich'izhasch:** In at one ear and out at the other.
- **Zi thevim qixasch'ich'asch:** 1. Nothing to choose between them; 2. Not a pin to choose between them; 3. Of the same kidney; 4. Of the same leaven; 5. Cast in the same mould; 6. Much of a muchness.
- Zi vim teit bzchaqwiyt'sch: (Two horns of the one ox) 1. Nothing to choose between them; 2. Of the same kidney; 3. Of the same leaven; 4. Cast in the same mould; 5. Much of a muchness; 6. They make a pair.
- Ziy bze 'ef' schiner meliyt' yasch'of: (As) Wanton as a calf with two dams.
- **Ziynech'e qalhxwa:** (Born of fornication) 1. Illegitimate; 2. (abusive) Bastard.
- **Zi zchem zchediher zchiyschem zchedohe:** A little bird told me.
- **Zi zhigim pis qwansch'iyt'sch:** The living image of somebody.
- **Zi zhipx'em qraghezhich'a:** 1. Nothing to choose between them; 2. Of the same kidney; 3. Of the same leaven; 4. Cast in the same mould; 5. Much of a muchness.
- **Zrat nex're zit:** It is better to give than to take.

Yet More Proverbs & Sayings

- **Абы лъандэрэ псы Іэджи ежэхащ:** A lot of water has flown under the bridge since that time.
- Адэ мыгъэІущ, анэ мыущий: impudent, insolent, ill-bred.
- Адэ-мыдэ къуенакъ: Said of person who runs with the hare and hunts with the hounds.
- Ажэгъафэм хуэдэу зыщІын: to bear the cap and bells.
- **Ар зэрыкІа псым сэ сыкъикІыжащ:** (I came out of the water in which he sank) I wasn't born yesterday.
- **Ахэр къакъэ пщІыпщІу щысщ:** 1. They are having a jolly good time; 2. They are wallowing in pleasant idleness.
- **Бажэр гъуэм къришынщ:** (He would draw a fox from its hole) He is sly, cunning, crafty.
- **Гуэншэрыкъ уцІынам хуэдэщ:** (Like wet raw-hide shoes)
 1. To run with the hare and hunt with the hounds; 2. He is unstable.
- **Гудзэм баш дэдзын:** (To throw a stick in the spokes) 1. To throw a spanner in the works; 2. To put grit in the machine.
- **Гуум шэ къыщІэкІыркъым:** (You can't draw milk from a bull) Like squeezing blood from a stone.
- Ди натІэ илъым дыхуэзэнщ: (We shall come upon what is written on our forehead) What will be will be.
- Дыпсэумэ, тлъагъунщ: We shall see what we shall see.
- Джэджьей зеуалэ псывэ хоуп Не landed in the soup, he got into a mess.
- Джэду мащэ ихуащ: He fell into a trap.
- Джэдум хуэдэу, псэ быдэщ: He has nine lives like a cat.
- Дзажэналъэ тІуащІэ: Very strong person.

Жьэ зэв джий быхъу: Said of a glutton, gormandizer. Жьыр къыздепщэмкІэ зегъазэ: He's a toady, bootlicker, lickspittle, wheedler, sycophant.

Зэзым хуэдэу, дыджщ: Bitter as gall.

Зыльэмык Киирей: Arrogant, conceited, haughty; loud garish, flashy.

Зы тхьэкІумэм йохьэри адреймкІэ йокІыж: In at one ear and out at the other.

И кІзныр кърихуащ (къикІащ, къриудащ): He was lucky.

И махуитІ зэхуэдэкъым: He is often ill.

И ныбэ нэщІ и Іэ тельщ: He's gone hungry all his life.

ИтІ изыфынум из ифыкІэ ищІэркъым: Clumsy, or small scale approach to the matter.

И хьэм тетыгъуэщ (хьэм=threshing-floor; тетыгъуэ=period of tenure of some post): Height of one's might.

И Іутьыжщ (Yi 'Wt'izhsch'): bed of roses (literally 'his Easter').

Куэд зыгъэткІуа цІыхущ: 1. He's a slick customer; 2. He's an old hand/stager.

КІэдахъуэ и пщальэщ: (The hem of his gown is his container [for measuring dry substances]) He lives by begging.

КІэн махуэ кърихуащ: Fortune smiled on him.

КІэныр къыхуихун: (in vulgar use) 1. To thrash soundly; 2. To give (smb.) a sound thrashing; 3. To belabour (smb.).

КІэпкъым дэ**Іун (дэдзын):** 1. Tob one too many (for smb.); 2. To go one better (than smb.).

КІэпІейкІэ нэхъуратІ (нэф) бгъэдэлъкъым: 1. Not to have a sou; 2. Not a sixpence to scratch with.

КІэпІейкІэ нэхъуратІ (ныкъуэ, нэф) и уасэкъым: Not worth a bean, or pin.

КІэпІейкІэ нэхъуратІу къэмыльытэн: Not to give a red cent.

КІэпІейкІзу къимыдзэн: Not to set at a pin's fee.

Къаз псы кІэрыпщІэрэ: Like water off a duck's back.

Къущхьэ мазэр къзунэхуху: 1. For a very long time; 2. We shall see what we shall see.

Кхъуэм и губжь хьэм щехьэ: The pig vents its anger on the dog.

Кхъуэщын бадзэ ихуа хуэдэ: Like a bee in a bottle.

КхъузанэкІэ псы къэхьын (зехьэн): 1. To draw water in a sieve; 2. To beat the air, to mill the wind; 3. A cold coal to blow at.

Лъакъуэ лъэныкъуэк опе foot in the grave.

ЛІы и жэщщ: Night befitting a man (dark night). **ЛІым я лей:** The bravest of the brave, the bravest of them all; he's a he-man (amer.).

Мастэнэм къызэрыфІэчауэ: Spick and span, brand-new; just out of a bandbox (of clothes).

Мэлыфэ зытезыгъэлъэда дыгъужь: Wolf in sheep's clothing.

Мыри фэдэнкъым, мори тесмакъым: (neither a leather thread nor a braid) Neither one thing nor the other.

Мыхьыр зрагьэхь: Scapegoat.

Нэсри къигъэзэжауэ (къэсыжауэ) л**І**ыщ ар: He's a heman (amer.).

Пабжьэр зыгъэхъеяр дыгъужьищэу къыфІощІ (пабжьэ=bushes, shrubs; дыгъужь=wolf; щэ=hundred;

- фІэщІын: to appear, seem [to somebody]): Said of a faint-hearted man.
- Псыкъуий мастэк і къет і: (He is digging a well with a needle) Like being up against a brick wall.
- **Псым гъущэу къыхэкІыжын:** (To come dry out of the water) 1. To come through unscathed; 2. To get off with a whole skin.
- Псым ихь пэтрэ лэныстэ: To swear black is white.
- Псым ишэри иримыгъафэу къишэжащ: 1. He outwitted him; 2. he deceived him.
- ТхьэкІумэкІыхьыр зыщымыльхуа пабжьэм лыгьэ иумыдз: (Do not set fire to the bush in which the hare wasn't born) To be engaged in a futile affair.
- Уэ укъамэмэ, сэ сыджатэщ: (If you are a dagger, then I am a sword) We weren't born yesterday.
- Уэ ухьэлэмэ, сэ сыумэщ: (If you are a wedge, then I am a [large wooden] hammer [for driving in wedges]) We weren't born yesterday.
- Уи ажэ си бжыхь къыумыпх: (Do not tie your billy-goat to my wattle-fence) Do not involve me in your affair.
- Уи пшынауэк Іэм сыкъыдофэ: I dance in time to your accordion (tune).
- Укъзушмэ, пщІыхьэпІзу: To dream of good fortune and to wake up to foul weather.
- Хыв уанэ тель хуэдэ: (Like a saddled buffalo) Rara avis.
- Хьэндыркъуакъуэ псэф хуэдэ: (Like a frog ready to give birth) Said of a pot-bellied man.
- Іэпхъуальэм вы ирегъэтІысхьэ: (He is seating the ox in a thimble) He is beating the air, milling the wind.

English expressions explained in Circassian

- A fool may ask more questions in an hour than a wise man can answer in seven years. [Deilem zi sihetim yighewiv wipsch'em gwbzighem yilhesiyblch'e zhewap yetin yiwxirqim]
- A fool may throw a stone into a well which a hundred wise men can not pull out. [Deilem psim xiydza miver gwbzighem qixiyxizhifirqim]
- A great ship asks deep waters. [Q'whishxwem psishxwiy xweysch]
- A little fire is quickly trodden out. [X'wasch'er maf'eshxwe mix'w sch'ich'e ghewinch'if']
- All are good lasses, but whence come the bad wives? [X'ijebz psoriy f'ime, fiz 'ey dene qiych're?]
- All is fair in love and war. [Zawemre lhaghwnighemre sit xwede 'escheriy qischibghesebep x'wnusch]
- All is grist that comes to his mill. [Abi psoriy qeighesebep. Abi feyde qizipiymix schi'eqim]
- All work and no play makes jack a dull boy. [Wiy lezchigher ghekwed, wiy jegwnir ghemasch'iy, ghasch'er 'ef'u yephech'insch]
- A man of words and not of deeds is like a garden full of weeds. [Psalhe ziybew 'wexw ziy masch'er px'eschhemischhe zipimit zhig xadem xwedesch]
- As good beg of a naked man as a miser. [Nepseym weilhe'wriy, ziymi'em weilhe'wriy zisch]
- A tattler is worse than a thief. [Qevereyr dighw nex're nex' shinaghwesch]
- A thief passes for a gentleman when stealing has made him rich. [Dighwr qwley x'wme, "ziywis-hen" mex'wzh]
- A wise man changes his mind, a fool never will. [Gwbzighem yi muradir yex'wezh, deilem zeyich' yix'wezhirqim]
- Better a witty fool than a foolish wit. [Zizighegwbzighew deilaghe zeizihe nex're deile dideriy nex'if'sch]

- Better a glorious death than a shameful life. [Nape wiy'ew wil'enir nex'if'sch, napenshew wipsewinim nex're]
- Better be envied than pitied. [Ts'ixwr zebghefighwem nex'if'sch, yagw zisch'ebgheghw nex're]
- Better deny at once than promise long. [Zerixwumisch'enur zansch'ew zheip-'eme nex'if'sch, helhexwlhe kwed yepture]
- Better to reign in hell, than serve in heaven. [Zhihenemem wischipaschtihinir nex'if'sch, zhenetim wischipschil'in nex're]
- Between two evils 'tis not worth choosing. [Gwzeveghwer t'wasch'eme qixepxinur psch'erqim]
- Children and fools must not play with edged tools.

 [Sabiyxemre deilexemre se zhan ya'esch'umilhhe]

 Councils of war never fight. [Zawer zesch'ezighestxer yezixer zeyich' zawerqim]
- Don't trouble trouble until trouble troubles you. [Gwzeveghwer yezir qomijeme, ye weimije]
- Elbow grease gives the best polish. [Shechinighere lezchighech'e pxwzef'emich'in schi'eqim]
- Experience keeps no school, she teaches her pupils singly. [Ghasch'em yejap'e xexa yi'eqim, abi psoriy schhexwe-schhexwew yireighaje]
- Familiarity breeds contempt. [Ts'ixwr nex' ghwneghwu pts'ixwxwch'e, yi helir nex' qibosch'e]
- Fire and water are good servants, but bad masters. [Maf'emre psimre ts'ixwm yi pschil'ishxwesch, awe xwiyt psch'i x'wnuqim]
- Fools grow without watering. [Deilexer psisch'eghelhade xemitu qoch']
- Fools should not have chapping sticks (Scottish). [Deilem 'emepsime zhan 'esch'eplhhe x'wnuqim]

- Forbearance is no acquittance. [Ze pshechame, abi qiych'irqim zepimiwwe pshechin xweywe]
- Fortune is easily found, but hard to be kept. [Nasipir qeghwetighwaf'esch, awe 'ighighweysch]
- Fortune is good to him who knows to make good use of her. [Nasipir zixweschheper f'iwe qezighesebepirsch]
- Give a fool rope enough, and he will hang himself. [Deiler xwiyt psch'ime, yeziriy zeran zixwex'wzhinusch]
- Good words cost nothing and are worth much. [Psalhe gwaper zhi'eghweyqim, awe kwed weighesch'ef]
- Habit cures habit. [Zi helim adreyr zixiweighane, 'esch'ib weighesch']
- Happiness takes no account of time. [Nasipif'exem zemanir yabzhirqim, nasipif'em yi zeman blech'irqim]
- He is not laughed at that laughs at himself first. [Psom yape zischidiheshxizhim ziriy schidiheshxirqim]
- He must have iron nails that (or who) scratches a bear.

 [Mischem yet'ex'wm ghwsch' 'ebzchane yi'en xweysch]
- He that hides can find. [Zighepschk'wfim qeghwetizhich'iy yesch'e]
- He that is disposed for mischief will never want occasion. [Ts'ixw bzajem zeran qipxwex'wn schhewsighwe qipxwiyghwetifinusch]
- He that once deceives is ever suspected. [Ze qezighepts'ar yet'wanem ya f'esch x'wzhirqim]
- If the mountain will not come to Mahomet, Mahomet must go to the mountain. [Qwrshir Muhemed deizh mik'weme, Muhemed qwrshim deizh mak'we]
- If you command wisely, you'll be obeyed cheerfully. [Aqil xelhu winafe zisch'im yaf'ef'y yoda'we]
- If you dance you must pay the fiddler. [Wiqischifech'e, qefapsch'iy ptin xweysch]

- It is an equal failing to trust everybody and to trust nobody. [Psomiy dzih xwepsch'inriy zimiy xwumisch'inriy zexwedew shinaghwesch]
- It is never too late to mend. [Aqil qepschtezhinu zeyich' ch'aseqim]
- Learn to say before you sing. [Psoriy xwemuresch qizeraxwter, qizerasch'er]
- Learn wisdom by the follies of others. [Neghwesch'xem ya schiwenighem deirs qixex]
- Life is made up of little things. [Ghasch'er qwpinschipin kwedu zexelhsch]
- Little thiefs are hanged but great one's escape. [Dighw mihenensher schhepilhe yasch'riy dighwak'weshxwer qaghane]
- Live not to eat, but eat to live. [Wiy nibem papsch'e wimipsew, awe wipsewin papsch'e shxe]
- Love and cough cannot be hid. [Lhaghwnighere ps-chere pxwewschexwnuqim]
- Love and poverty are hard to hide. [Lhaghwnighere themischch'aghere ghepschk'wghweisch]
- Love cannot be forced. [Zalimighech'e f'iwe ziqeibghelhaghwfinuqim]
- Love should not be all on one side. [Lhaghwnigher lheniqwiyt'miy ya gwm qibghedech'u schitin xweysch]
- Man is to man a wolf. [Ts'ixwm ts'ixwr yi biysch]
- Men may meet but mountains never. [Bgire bgire zexwemik'wemiy, ts'ixwre ts'ixwre zexwok'we]
- Money spent on the brain is never spent in vain. [Sch'enighem teik'weda ax'sher zeyich' psch'ensherik'wed x'wrqim]
- More wit in his little finger than in your whole body. [Abi yi 'epx'wambezchach'em yi wase aqil wiy'eqim we]
- No man loves his fetters, be they made of gold. [Lhex'wr sit schighwiy helhesch, dischem qixasch'ich'awe schitmiy]

- No news good news. [X'ibar schimi'enir x'ibarif'im pelhitesch]
- No one but the wearer knows where the shoe pinches. [Vaqer zeym dene deizh qiyqwzmiy yesch'ezh]
- No one is a fool always, every one sometimes. [Deilafe zraplh zepit schi'eqim, awe ze nex' mix'wmiy deilafe zramiplhiy schi'eqim]
- No receiver, no thief. [Qadighwar zischexw schimi'ateme, dighwiy schi'enteqim]
- Not to see the wood for the trees. [Zhigim yi qwaghch'e mezir milhaghwn]
- Oaks may fall when reeds stand the storm. [Zchim zhigeyr yiriywidu, chi ts'ik'wr qiynench'e mex'w]
- One has lived too near a wood to be frightened by owls. [Abi xwedeqim se slheghwar]
- Say (speak, or tell) the truth and shame the devil. [Pezhir zhi'en xweysch]
- Silence gives consent. [Ziriy schizhiymi'ech'e, arezisch]
- Soon learnt, soon forgotten. [Wip'asch'ew zebghasch'er sch'exiu pschoghwpschezh]
- Spare the rod and spoil the child. [Chim wischis-hme, sabiyr yoghek'wed]
- Success is never blamed. [Teik'wenigher zeyr yawbirqim]

Time is money. [Zemanir ax'shesch]

Time works great changes. [Zemanim kwed zereix'wech']

To cut one's own fodder (US). [Wer-weru wiy schher ghepsewizhin xweysch]

- The best of friends must part. [F'i didew zerilhaghwriy yighasch'ech'e zedepsewirqim; yighasch'ech'e zeghwsa nibzcheghw schi'eqim]
- The fool doth think he is wise, but the wise man knows himself to be a fool. [Deilem gwbzighew ziqeilhitezh, gwbzighem wideilesch zhip-'emiy yede]

- The heart that once truely loves never forgets.

 [Lhaghwnighezch k'wedirqim; ze f'iwe plheghwar schighwpscheghweysch]
- The weakest goes to the wall. [Lherimihir, qaruwinsher daqwze]
- There is a crook in the lot of everyone. [Ghewnexwp'e yimixwen, gwzeveghwe 'wmisch'en schi'eqim]
- To look a gift horse in the mouth. [Shi qiwatam yi dzem deplhezhin]
- When guns speak it is too late to argue. [Zawem sch'iydza newizchch'e wisch'edewezhin schi'eqim]
- When the fox preaches, take care of your geese! [Bazher schif'eraf'em, jedqazim wixwemibelerigh]
- When two ride on one horse, one must sit behind. [L'iyt' zish shesme, zir ch'essch]
- Where there's a will, there's a way. [Gwqidezh wiy'e zaqweme, 'emal bghwetinusch]

Appendix 1

The Circassian language

Circassian is one of the three divisions of the Northwest group of Caucasian languages, the other two being Abkhaz-Abaza and the now extinct Ubykh (Pakhy). Though genetically related, the three languages are mutually unintelligible, the lexical differences between them being quite substantial. Some linguistic research suggests that more than 5,000 years ago all Northwest Caucasians spoke proto-West Caucasian, much the same way as Semites conversed in proto-Semitic. However, because of geographical separation, the original language differentiated into three distinct entities: proto-Circassian, proto-Abkhaz, and proto-Ubykh.

According to recent research, Ubykh was originally closer to Abkhaz, but it subsequently underwent substantial Western Circassian influence. Some travellers thought that Ubykh was a dialect of Adiga. It may be possible that initially proto-West Caucasian split into proto-Circassian and proto-Abkhaz-Ubykh, which later divided into proto-Abkhaz and proto-Ubykh. These ancient languages were further ramified into divergent dialects.

There has been some interesting work on proto-Circassian, the forebear of all Circassian dialects, and even a dictionary was published. More recently some research was conducted on Proto-Abkhaz. Attempts have also been made at reconstruction of the system of Proto-Northwest Caucasian.

Ancient relatives

Some ambitious projects have suggested that Proto-North Caucasian was ancestral to both Proto-Northwest Caucasian and Proto-Northeast Caucasian, although a controversy has been surrounding this investigation. Northeast Caucasian, which is spoken by about 3.5 million people in the Caucasus, is divided into the Nakh group of languages, Chechen, Ingush and Bats, and the Daghestani group, including Avar, Lezghian, Tabasaran, Dargwa and Lak. According to Johanna Nichols, no proof of North Caucasian genetic unity has been provided. Advocates of a genetic relation between Northwest and Northeast Caucasian claim that it was the Russian linguist Nikolai F. Trubetzkoy who first proved beyond doubt a connection between the two groups by establishing regular phonetic correspondences.

The third group in the Caucasian language family is South Caucasian or Kartvelian: Georgian, Mingrelian, Svan, Adjar, and Laz, all of which are spoken by about 4.5 million people in the Transcaucasus. Some linguists dispute the existence of any genetic link between North and South Caucasian. Also, suggested genetic links between the Caucasian languages and other languages and language families (Basque, Semito-Hamitic, Burushaski, Tibetan, Paleoasiatic, ancient languages of Asia Minor and Mesopotamia, etc) are open to serious doubt.

In 1919, E. Forrer established that Hattic, the oldest known language in Asia Minor, but extinct since the early second millennium BC, was not an Indo-European language, and proposed its kinship to ancient Abkhazian and Circassian. R. Bleichsteiner arrived at this conclusion roughly at the same time. Both researchers were struck by the structural similarities between Hattic and Abkhazo-Circassian, especially the inordinate use of prefixes.

General characteristics

The phonological structure of the NW Caucasian languages is unique, and is characterized by an extreme abundance of consonants and a scarcity of vowels. Some of the dialects were entered in *The Guinness Book of Records* on this account, before languages of greater number of consonants were discovered.

The vowel systems of these languages are simple and stable. There is a tendency to accumulate consonants in the same word. Declension is reduced to a minimum. Verbal forms are very complex; gerundive and participial forms being much used. Lexical material is analyzable into a small number of short roots and grammatical morphemes show semantic transparency. Abkhaz-Abaza, Circassian and Ubykh are characterised by large consonantal inventories (coupled with minimal vowel-systems), by mainly monosyllabic rootmorphemes, and by an extreme polypersonalism within the verbal system, whereby virtually the entire syntactic structure of the clause is recapitulated in the verbal complex. These features have been the subject of study by a great number of scholars in the Soviet Union and the West.

From the perspective of a non-native speaker, Circassian presents a number of difficulties, some of which are often insurmountable. According to Olli Salmi, a Finnish expert on Kabardian, 'the main problem of understanding Kabardian verbs is the great number of prefixes that can precede a verb stem, with pronominal prefixes in different places. Usually there are up to three pronominal prefixes, but some verbal prefixes can take pronominal prefixes as well. [These] places have to be indicated for non-native speakers.' It has been suggested that for each verb in a lexical list, the infinitive and third person singular forms should be given at the very least, yet it is impossible for any dictionary of manageable proportions to include all verb forms.

Language divisions

Circassian is made up of Eastern and Western language groups. All Adigabze dialects are mutually intelligible. Face to face, an Adigean and a Kabardian could soon learn the peculiarities of each other's dialect. Eastern Circassian is composed of two main dialects, Kabardian and Beslanay. However, these dialects are so close that some linguists consider the latter a divergent sub-dialect of the former. There has been a suggestion that there existed in the middle of the 19th century a dialect intermediate between Kabardian and Beslanay, which at first was thought to be an earlier form of Kabardian proper.

Kabardian in Kabardino-Balkaria is divided into four sub-dialects named after the main rivers in the republic: Balhq (Malka), Bax'sen (Bakhsan), Terch (Terek), and Shejem (Chegem). Some authorities divide the language into Greater and Lesser Kabardian, the dialects spoken in Kabarda to the west and east of the Terch (Terek), respectively. Lesser Kabardian is also informally called Jilax'steney. Outside the nominal republic there are two more dialects, one spoken by the Christian community in Mozdok in North Ossetia, and Kuban Kabardian in Adigea, spoken in a few villages. In the heyday of Kabarda's dominance in the 16th to 18th centuries, Kabardian influenced Digor, a western dialect of Ossetian, in which Circassian loanwords are to be found in the semantic fields of economic life, especially in agriculture and animal husbandry.

Beslanay is spoken in a few villages in the Karachai-Cherkess Republic, and by a larger group in Turkey in many villages in the region of Çorum in Anatolia. The language was meticulously documented and recorded by Western scholars, like Georges Dumézil and his disciple Catherine Paris, and by native speakers, such as Orhan Alparslan.

Western Circassian shows more marked dialect-divisions than Kabardian, which is the whole on comparatively homogeneous. This is a reflection of the differences in tribal social structures between Eastern and Circassians. It comprises many dialects: Temirgoi, Abzakh, Mokhosh, Shapsugh, Agwey, Bzhedugh, Hatuqwey, Nartkhuaj, Zhaney, Adaley and so on. Each Kiakh tribe had its own dialect, and some larger ones had sub-dialects as well. However, after the end of the Russian-Circassian War many of these dialects were lost either through extinction of their speakers or assimilation by other Adiga tribes in the diaspora. At present, only representatives of Temirgoi, Bzhedugh and Shapsugh are found in significant numbers in the Caucasus. Abzakh is only spoken in one village, Hakurina-Habla, in the Caucasus. Nevertheless, it is still possible to salvage many of these lost dialects and record their characteristics and peculiarities.

Each branch of Circassian is represented by one literary and official language: Kabardian in Kabardino-Balkaria and the Karachai-Cherkess Republic, and Adigean in the Adigey Republic. Literary Kabardian is based on the dialect of Greater Kabarda. Literary Adigey is an advanced form of Temirgoi, with a substantive input of words and forms from Bzhedugh and Shapsugh. It is to be noted that modern West Circassian is based on the dialects of those tribes that remained in significant numbers in the Caucasus after the exodus and which have escaped the worst. It is noteworthy that both literary languages are based on the dialects spoken in the environs of the capitals of the respective republics. One notable difference between Kabardian and Adigean is that nouns in Adigean are subject to inflection, whereas they are stable in Kabardian.

Literary languages employ modified forms of the Cyrillic alphabet, which were introduced by the end of the 1930s. Both Kabardian and Adigean made the switch from Latin to

Cyrillic script in 1937. In each case the one additional letter is the old Cyrillic capital I, which marks all ejectives in Adigean and some ejectives in Kabardian.

There are 57 letters in standard Kabardian, 19 of which are digraphs (e.g. хъ, пІ), five trigraphs (e.g. хъу), and one tetragraph (кхъу). These combinations are used to represent the inordinate number of consonants. In literary Adigean there are 50 letters of which 18 are digraphs (e.g. жъ, жь, гъ). Cyrillic ordering is followed. However, there is no uniform ordering of equivalent letters in the two languages, which causes some confusion. In addition, there is often no uniform representation of identical sounds, which fact could be rectified by common consent between the two language communities.

Appendix 2

Latinized Kabardian alphabet

The following are latinized representations of official and literary Kabardian-Cherkess alphabet. Please note that the Kabardians and Cherkess use the same official and literary language. There are only a few lexical differences. All examples are taken from *Kabardian-English Dictionary* by Amjad Jaimoukha, Amman: Sanjalay Press, 1997.

Latinized alphabet	English equivalent	Kabardian examples	Cyrillic equivalent
A a	d a d, m a d, b a d	<u>a</u> de: there; father; dame: shoulder, wing; Mira?: Is it this?	A a
В в	В в	<u>b</u> alije: radish; no <u>b</u> e: today; biri <u>b</u> : pomposity	Бб
Ch ch	chest, chair	<u>ch</u>in: whirligig;<u>pich</u>in: to tear off;<u>hele</u>ch: bad, spoilt	Чч
Ch' ch'	ch followed by glottal stop	<pre>ch'e: tail, end; xech'in: to emerge (from some mass); f'ech': except</pre>	КІ кІ
D d	D d	<u>d</u> ene: where; da <u>d</u> e: grandpa; <u>jed</u> : hen	Дд
Dz dz	a dz e	<u>dz</u> e: tooth; army; ye <u>dzin:</u> to hurl; gwe <u>dz</u> : wheat	Дз дз
E e (initial only in loan words)	schwa; heav <u>e</u> n	<pre>eksponat: exhibit; lhepq: nation; race; breed; nape: face</pre>	Ээ
ei	d ay (short and	z <u>ei</u> k'we: campaign,	Ее

(never in initial	undiphthongized)	outing		
or final position)				
ey	day (diphthongized)	<i>f'ey</i> : dirty	Ей	ей
(never in		, <u> </u>		
initial				
position)				
F f	F f	<u>f</u>e : skin;	Φ	ф
		qefen: to dance;		
		<i>ne<u>f</u></i> : blind		
F'f'	f followed by	<u>f'i</u> : of good quality;	ΦΙ	фΙ
	glottal stop	ze <u>f'ech'</u> : initiative;		
		<i>l'i<u>f</u>'</i> : good man		
G g	Spanish/Dutch g ,	<i>gin</i> : gunpowder;	Γ	Γ
	e.g. la g o	ghwegin: to weep;		
		<i>zhig</i> : tree		
Gh gh	Parisian r	<i>ghasch'e</i> : life;	Гъ	ГЪ
		<i>ghe<u>gh</u>a</i> : flower;		
		<i>ghedirgh</i> : clang		
Ghw ghw	$\mathbf{gh} + \mathbf{w}$	ghwegw: way, road;	Гъу	гъу
		mi <u>ghw</u> e:		
		misfortune;		
		<u>ghw</u> ne <u>ghw</u> :		
		neighbour		
Gw gw	Gwent	<u>gw</u> : heart;	Гу	гу
		gwe <u>gw</u> en: large		
		metal pitcher;		
		degw: deaf		
H h	Arabic T	<u>h</u> e: dog;	Хь	ХЬ
		pi <u>h</u> en: to weap;		
		<i>q'w<u>h</u>:</i> ship		
I i	bin, din, sin	<u>i</u> 'i: no;	Ы	Ы
(only initial		f <u>i</u> z: woman;		
in		<i>qamish<u>i</u>:</i> whip		
interjections)				
iy	see	<i>txilh<u>iy</u>bl</i> : seven	И	И
(never		books;		
initial)		s <u>iy</u> : my		
J j	Jј	<i>jegwn</i> : to play;	Дж	път
J J	J	yejap'e: school;	ДЖ	дж
		ye <u>f</u> up e. school,	<u> </u>	

		<i>dij</i> : bitter		
K k	K k	there are no native	К	К
		words in literary		
		Kabardian that have		
		this sound; the		
		equivalent is <i>ch</i> ;		
		used only in dialects		
		and loan		
		words, e.g.		
		<i>kasse</i> : cash-desk;		
		stekan: cup;		
		<i>rak</i> : cancer		
Kw kw	could	<u>kw</u> : middle, centre;	Ку	ку
		dekwn: to cram;		•
		xekw: country		
K'w k'w	kw with glottal	<u>k'w</u> en: to go;	КIу	кIy
	stop after k	$qe\overline{k'wen}$: to come;		•
		yemik'w: improper		
L 1	L 1	<i>li</i> : meat;	Л	Л
		delen: pie;		
		<i>mil</i> : ice		
L' 1'	lh followed by	<u>l'i</u> : man;	ЛІ	лΙ
	glottal stop	mi <u>l'</u> en: not to die;		
		<i>pschi<u>l</u></i> ': slave		
Lh lh	Welsh ll , e.g.	<i>lhap'e</i> : expensive;	Лъ	ЛЪ
	Ll ewellyn	de <u>lh</u> en: to stroke;		
		<i>gw<u>lh</u>:</i> bud		
M m	M m	mode: there;	M	M
		<pre>qame: dagger;</pre>		
		weram: street		
N n	N n	<u>n</u> e: eye;	Н	H
		de <u>n</u> e: where;		
		si <u>n</u> : statue,		
		monument		
Оо	So (not	<i>opit</i> : experiment,	О	0
(initial only	diphthongized)	test;		
in loan		sode: I accept;		
words, final		<i>pso</i> : unharmed,		
in very few		intact;		
words)		lheposchhep <u>o</u> :		
		barrier, hurdle		
Рр	Рр	<u>p</u> e: nose;	Π	П

		na <u>p</u> e: face; nip: flag	
P' p'	p followed by glottal stop	<u>p'ere?</u> : really?; <u>p'ap'u</u> : milk	ПІ пІ
	greaten step	(child's word);	
		'erip': domesticated,	
		tame	
Qq	ق Arabic	<i>qak'we</i> : come here;	Къ къ
_		ada <u>q</u> e: cock;	
		<i>qiq</i> : stammerer	
Q' q'	q + x	<i><u>a</u>'able</i> : grave;	Кхъ кхъ
		<i>f'e<u>q'</u>iu</i> : absolutely;	
		<i>beg'</i> : cow-shed	
Qw qw	$\mathbf{q} + \mathbf{w}$	<u>qw</u> elen: speckled,	Къу къу
		spotted;	
		di <u>gw</u> agwe: fork,	
		bifurcation;	
		me <u>qw</u> : hay	
Q'w q'w	q' + w	<u>q'w</u> e: pig, swine;	Кхъу
		<i>ch'a<u>q'w</u>iyt'</i> : two	кхъу
		cocking pieces;	
		<i>ch'a<u>q'w</u></i> : gun	
D		cocking piece	D
R r	rat ('rolled')	<u>roman</u> : novel;	Рр
(initial only in loan		<i>me<u>r</u>eim</i> : Friday; <i>mi<u>r</u>: this</i>	
words)		<i>mu<u>r</u>.</i> uns	
S s	Ss	simaje: sick, ill;	Сс
		k'wesen: to elope;	
		<i>t'is</i> : sit down	
Sch sch	alveolo-palatal sh	schen: to sell;	Щщ
		p <u>sch</u> a <u>sch</u> e: girl;	
		wesch: axe	
Sch' sch'	sch followed by	sch'ale: boy, lad;	ЩІ щІ
	glottal stop	hesch'e: guest;	
		psch'ip <u>sch'</u> :	
		sparkling	
Sh sh	sh oot	shate: soured cream;	Шш
		qeshen: fiancée;	
		yemize <u>sh</u> :	
	TD .	indefatigable	
T t	T t	<u>t</u> ane: calf;	Тт

I.				
		satu: trade;		
T 1	4 C 11 1 1	qat: level, layer	T)	т
T' t'	t followed by	<u>t'i</u> : ram;	TI	Tl
	glottal stop	<i>ya<u>t</u>'e</i> : mud;		
		wet'psi <u>t'</u> : damp (of		
		weather)		
Ts ts	cats, bits	<u>ts</u> i: hair;	Ц	Ц
		<pre>batse: shaggy;</pre>		
		<i>li<u>t</u>s</i> : moss		
Ts' ts'	ts followed by	ts'e: name;	ЦІ	цΙ
	glottal stop	mats'e:	,	
		grasshopper;		
		k'we <u>ts'</u> : internal		
U u	moon	$p\underline{u}d$: cheap;	У	y
(never	1110011	qar <u>u</u> : strength		y
initial)		qui <u>u</u> . strength		
V v	V v	vi: bull;	В	В
V V	V V	gheven: to boil;	В	В
		_		
		be <u>v</u> : abundant (of		
***	11	crops)	X 7	
W w	well	<u>w</u> ane: saddle;	У	У
		qe <u>w</u> at: nutritious;		
		<i>psinsch'ew</i> : quickly		
'W 'w	' + W	<u>'w</u> : mouth;		
		zhi'eda <u>'w</u> e:	Iy	Iy
		obedient;		
		schi <u>'w</u> : top; button		
X x	Scottish/German	<u>x</u>ade : garden;	X	X
	ch , <i>e.g.</i> lo ch , i ch	<i>ma<u>x</u>e</i> : weak;		
		<i>ziqiyzi<u>x</u>:</i> well-		
		dressed		
X' x'	Spanish j, e.g. jarra	x'arbiz: water-	Хъ	ХЪ
	Arabic 🕇	melon;		
		malhx'e: son-in-		
		law;		
		tsir <u>x</u> ': flimsy		
Xw xw	$\mathbf{x} + \mathbf{w}$	xw: wheat;	Xy	XV
ZAVV AVV	A 1 **	qeschexwn: to buy;	119	лу
		delhxw: brother (of		
		a woman)		
V',,,',	w.2		V	****
X'w x'w	$\mathbf{x}^{\bullet} + \mathbf{w}$	<u>x'w</u> men: to guard,	Хъу	хъу
		protect;		

			3.6' 1 1		
			Mi <u>x'w</u> r: seal;		
			<i>zche<u>x'w</u></i> : rude		
			person		
Y	y	y es	<i>yape</i> : first;		
			<i>mi<u>y</u>in</i> : not large;		
			<i>bzchami<u>y</u></i> : pipe;		
			zurna		
Z	Z	Zz	<u>z</u> i: one;	3	3
			<i>'e<u>z</u>e</i> : skilful;		
			<i>mez</i> : forest		
Zch	zch	alveolo-palatal zh	<i>zche</i> : mouth;	Жь	жь
			ma <u>zch</u> e: comb;		
			<i>leghwpe<u>zch</u></i> : leader		
			of herdsmen		
Zh	zh	genre, erasure	<i>zhem</i> : cow;	Ж	ж
			<i>qwa<u>z</u>he</i> : village;		
			<i>lhemi<u>zh</u>:</i> bridge		
,	,	glottal stop	¿ene: three-legged	I	I
			table;		
			<i>Q'i<u>'</u>e!</i> : Please!;		
			<i>We'!</i> : Oh!		

<u>NOTE</u>: In some cases were confusion may arise when reading **sh**, **sch**, etc, either as one or two letters, a hyphen could be inserted in the latter case, thus, **sh** vs. **s-h** and **sch** vs. **s-ch**. There are precedents in European languages. In Catalan, for example, a period is used to distinguish between two consecutive **ls** (**l.l**) and the combined letter **ll**, while in Scotland a hyphen is sometimes found in words like 'Ross-shire'.

Official Kabardian alphabet	(B.	Μ.	Kardanov,	1957,	p12)
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A	\mathfrak{R}_6	Б	В	Γ	Гу	Γъ	Гъу	Д	Дж
					3				
КI	КIу	Къ	Къу	Кхъ	Кхъу	Л	Лъ	ЛΙ	M
Н	O	Π	ПІ	P	C	T	TI	У	Φ
					Хъу				Ш
Щ	ЩІ	Ы	\mathfrak{R}^7	Ю	Я	I	Iy	Ъ	Ь

⁶ Schwa in Circassian words.

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Official Adigean alphabet (A. A. Hat'ene & Z. I. Ch'erashe	, 1960,
pxvi)	

. ,									
Α	Б	В	Γ	Гъ	Д	Дж К	Дз	E	Ë
Ж	Жъ	Жь	3	И	Й	К	Къ	ΚI	Л
Лъ	ЛΙ	M	Н	O	Π	ПІ	P	\mathbf{C}	T
TI	У	Φ	X	Хъ	Хь	Ц	ЦΙ	Ч	$q_{\mathtt{b}}$
ЧІ	Ш	Шъ	ШІ	Щ	Ы	Э	Ю	Я	I
Ъ	Ь								

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⁷ In loan words.

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