

# Causal inference is not just a statistics problem

2023-04-12 (updated: 2023-08-22)

Lucy D'Agostino McGowan  
Wake Forest University

**Causal Inference is not a  
statistics problem**

Causal Inference is not  
*just* a statistics problem

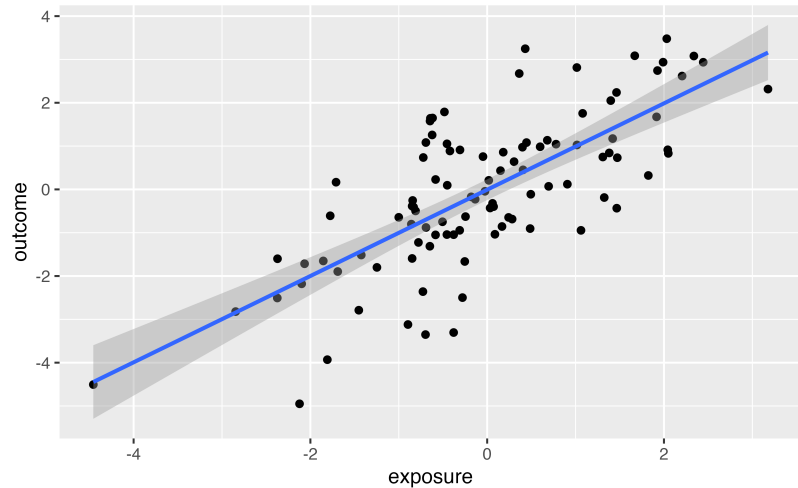
# *The problem*

**We have measured variables, what should we adjust for?**

...

exposure	outcome	covariate
0.49	1.71	2.24
0.07	0.68	0.92
0.40	-1.60	-0.10
.	.	.
.	.	.
.	.	.

# A bit more info



```
1 cor(exposure, covariate)
```

```
[1] 0.7
```

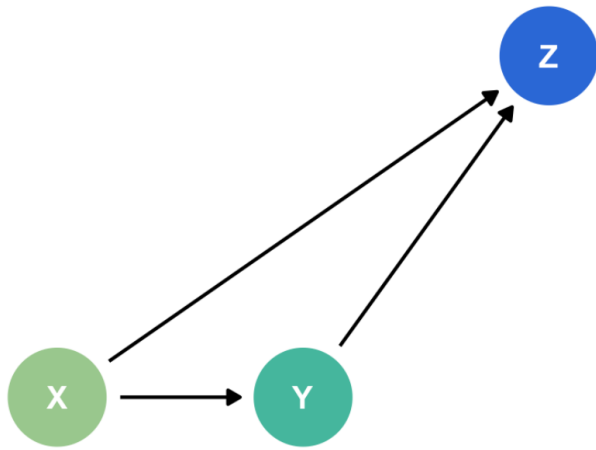
The exposure and measured factor are positively correlated

One unit increase in the exposure yields an average increase in the outcome of 1

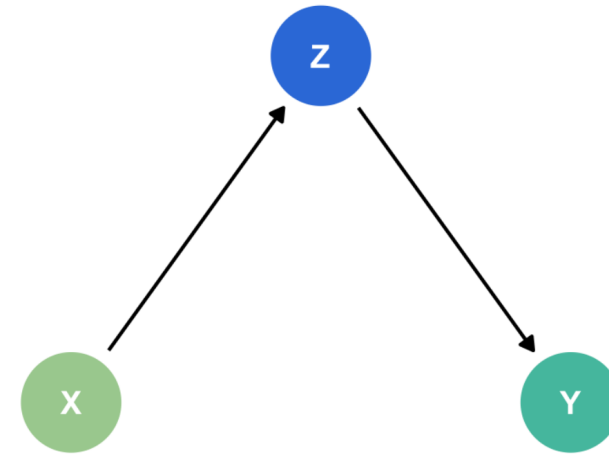


**To adjust or not  
adjust? That is the  
question.**

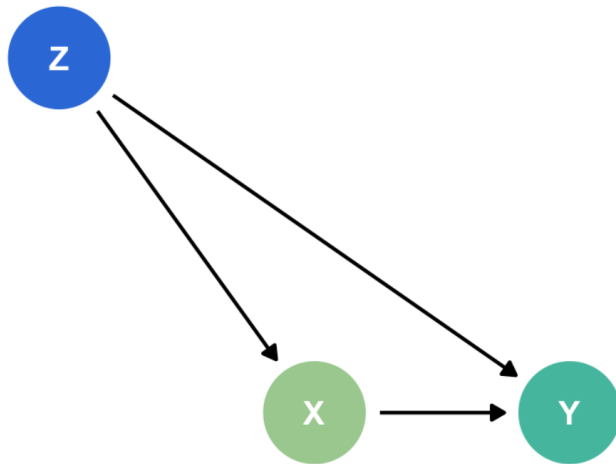
# ***Causal Quartet***



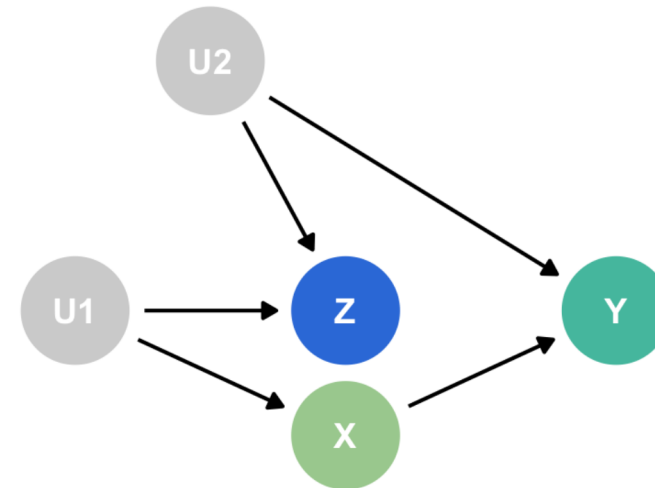
collider



Mediator



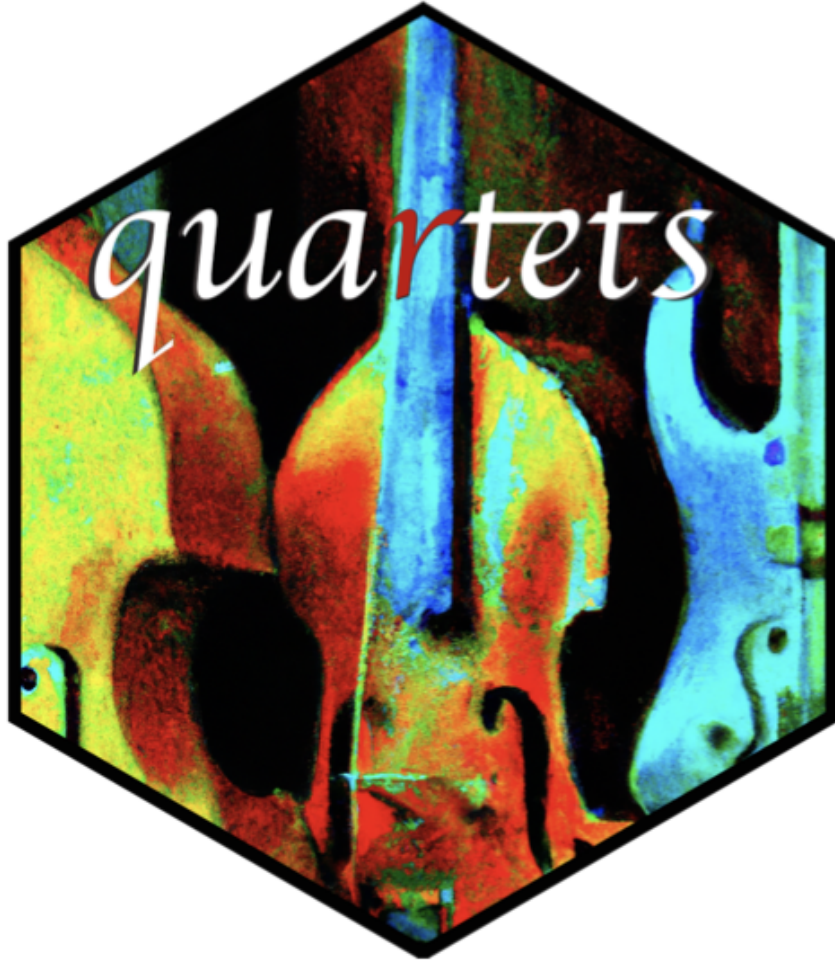
confounder



M-bias



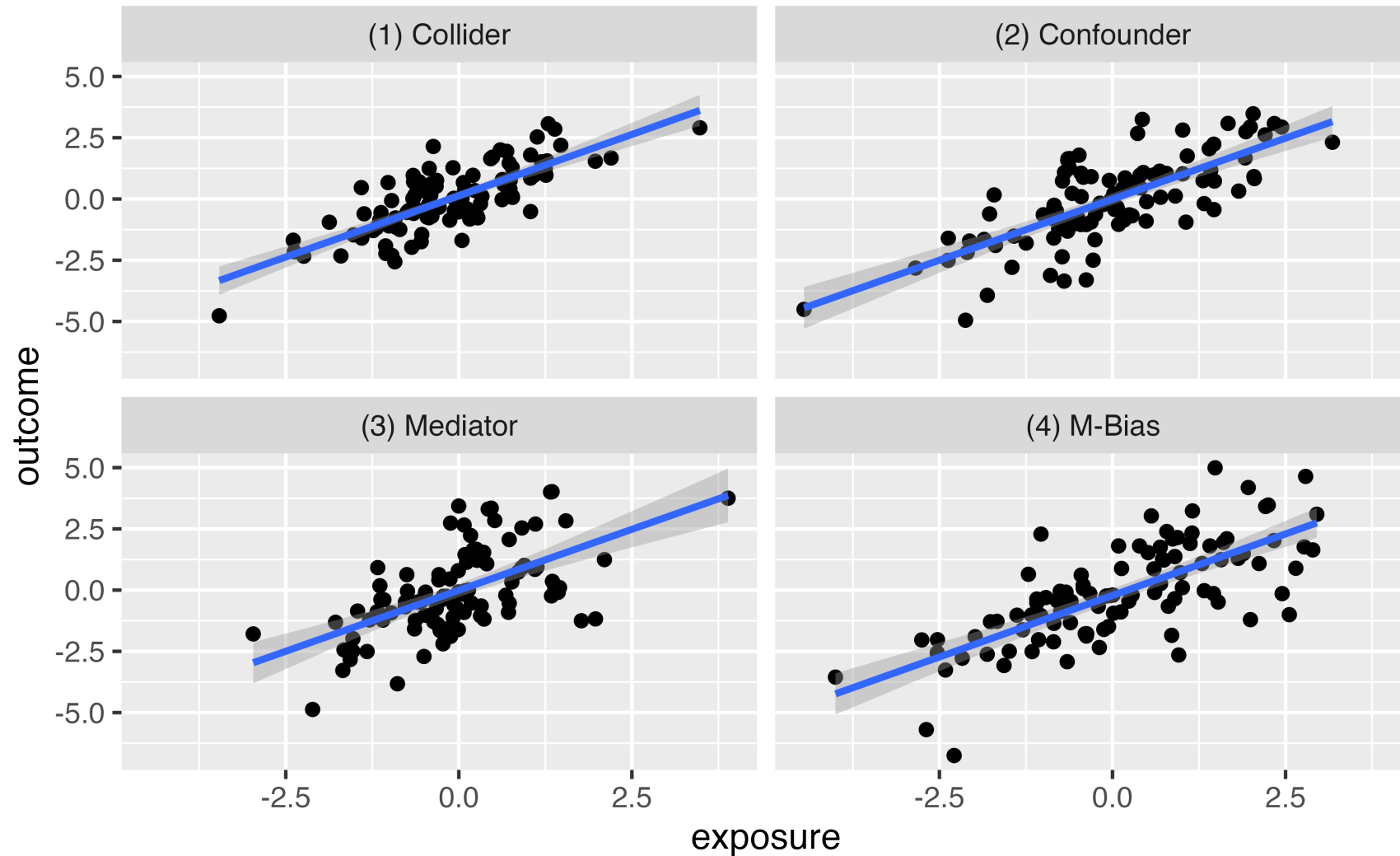
# quartets



# Your turn

- Install the **quartets** package: `install.packages("quartets")`
- For each of the following 4 datasets, look at the correlation between **exposure** and **covariate**: `causal_collider`, `causal_confounding`, `causal_mediator`, `causal_m_bias`
- For each of the above 4 datasets, create a scatterplot looking at the relationship between **exposure** and **outcome**
- For each of the above 4 datasets, fit a linear model to examine the relationship between the **exposure** and the **outcome**

# Relationship between exposure and outcome



# Relationship between exposure and covariate

```
1 causal_quartet |>  
2   group_by(dataset) |>  
3   summarise(cor(exposure, covariate))
```

```
# A tibble: 4 × 2
```

dataset	`cor(exposure, covariate)`
<chr>	<dbl>
1 (1) Collider	0.700
2 (2) Confounder	0.696
3 (3) Mediator	0.696
4 (4) M-Bias	0.696

# Correct effects

Table 1: Correct causal models and causal effects for each data-generating mechanism. The notation  $X; Z$  implies that we should adjust for  $Z$  when estimating the causal effect. In other words, for the confounder data generating mechanism and direct effect mediator model, the potential outcomes are independent of exposure given the observed factor  $Z$ .

Data generating mechanism	Correct causal model	Correct causal effect
(1) Collider	$Y \sim X$	1
(2) Confounder	$Y \sim X ; Z$	0.5
(3) Mediator	Direct effect: $Y \sim X ; Z$	Direct effect: 0
	Total Effect: $Y \sim X$	Total effect: 1
(4) M-Bias	$Y \sim X$	1

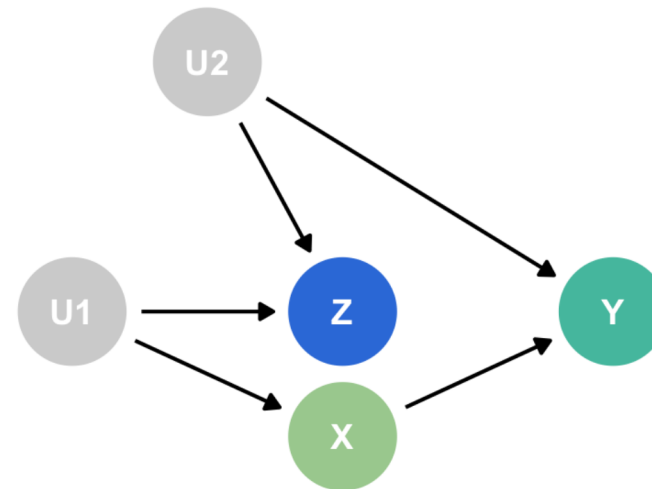
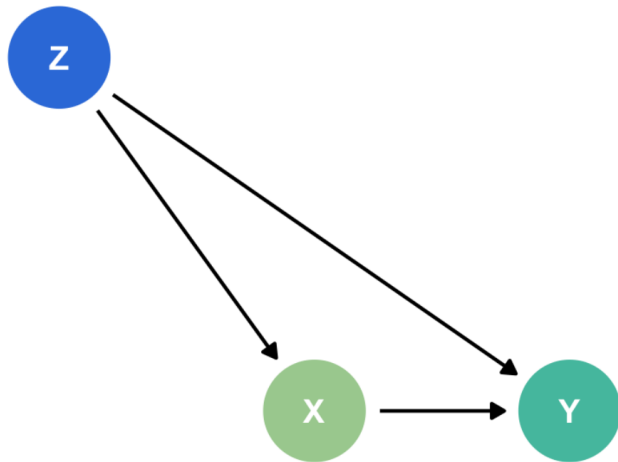
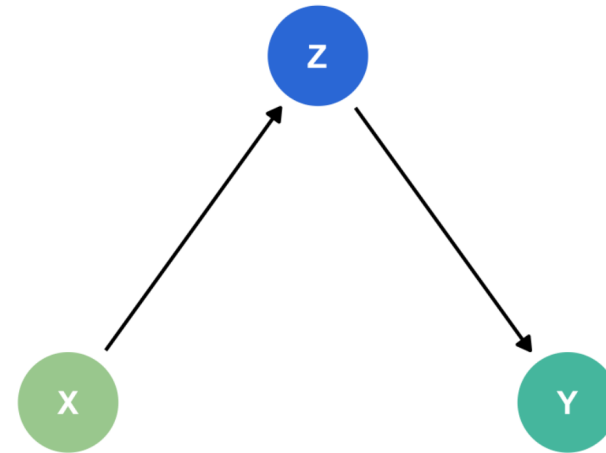
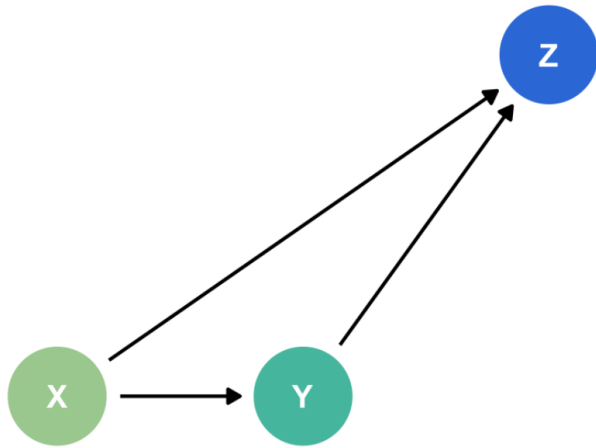
# Observed effects

Table 2: Coefficients for the exposure under each data generating mechanism depending on the model fit as well as the correlation between X and Z.

Data generating mechanism	ATE	ATE	Correlation of X and Z
	not adjusting for Z	adjusting for Z	
(1) Collider	1	0.55	0.7
(2) Confounder	1	0.50	0.7
(3) Mediator	1	0.00	0.7
(4) M-Bias	1	0.88	0.7

D’Agostino McGowan L, Gerke T, Barrett M (2023). Causal inference is not a statistical problem. Preprint arXiv:2304.02683v1.

# The solution



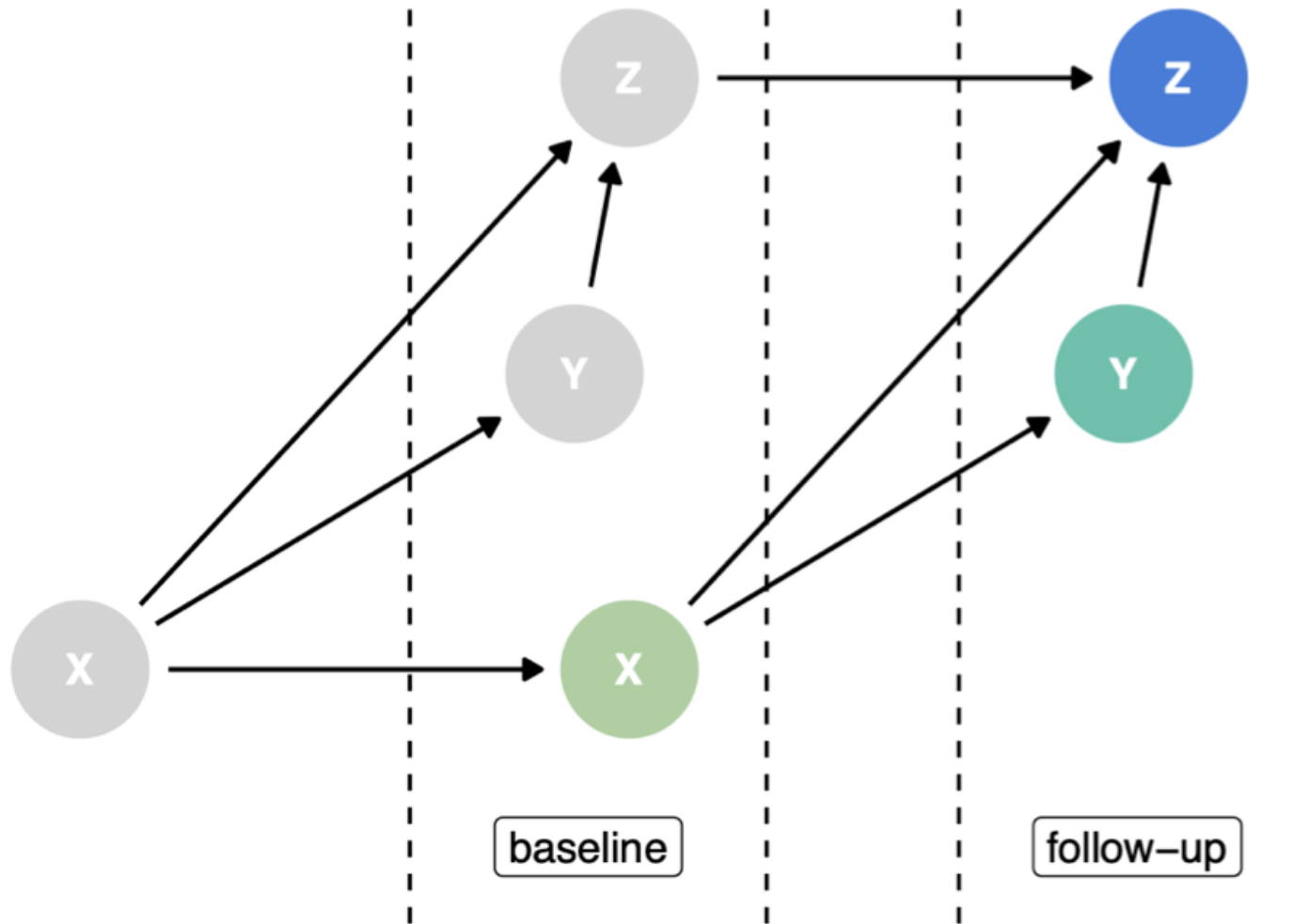
# The *partial* solution

```
# A tibble: 100 × 6
  exposure_baseline outcome_baseline covariate_baseline exposure_followup
      <dbl>           <dbl>           <dbl>           <dbl>
1      -1.43         0.287         -0.0963        -1.53
2       0.0593       -0.978         -1.11         -0.278
3       0.370        0.348          0.647        -0.00464
4       0.00471      0.851          0.755        -0.806
5       0.340        1.94           1.19        -0.276
6      -3.61       -0.235         -0.588        -5.29
7       1.44       -0.827         -1.13         1.52
8       1.02      -0.0410          0.689         1.12
9      -2.43       -2.10         -1.49        -3.94
10     -1.26      -2.41         -2.78        -0.442
# i 90 more rows
# i 2 more variables: outcome_followup <dbl>, covariate_followup <dbl>
```

*Time-varying data*

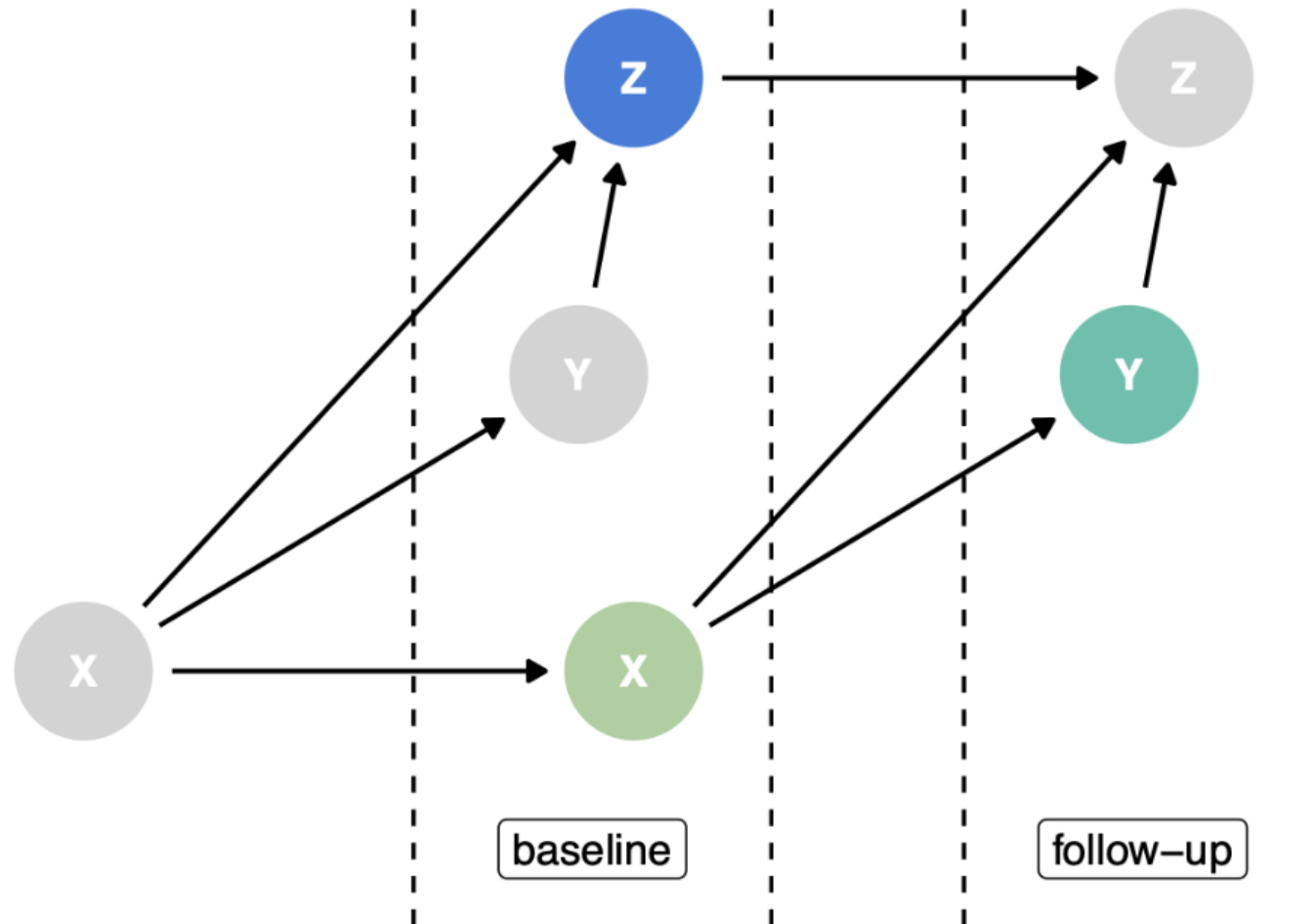


# Time-varying DAG



True causal effect: 1 Estimated causal effect: 0.55

# Time-varying DAG



True causal effect: 1 Estimated causal effect: 1

```
outcome_followup ~ exposure_baseline +  
  covariate_baseline
```

# The *partial* solution

Table 3: Coefficients for the exposure under each data generating mechanism depending on the model fit as well as the correlation between X and Z.

Data generating mechanism	ATE	ATE	Correct causal effect
	not adjusting for pre-exposure Z	adjusting for pre-exposure Z	
(1) Collider	1	1.00	1.0
(2) Confounder	1	0.50	0.5
(3) Mediator	1	1.00	1.0
(4) M-Bias	1	0.88	1.0

D’Agostino McGowan L, Gerke T, Barrett M (2023). Causal inference is not a statistical problem. Preprint arXiv:2304.02683v1.

# On *M*-Bias

- The relationship between  $Z$  and the unmeasured confounders needs to be really large (Liu et al 2012)
- “To obsess about the possibility of [*M*-bias] generates bad practical advice in all but the most unusual circumstances” (Rubin 2009)
- There are (almost) no true zeros (Gelman 2011)
- Asymptotic theory shows that induction of *M*-bias is quite sensitive to various deviations from the exact *M*-Structure (Ding and Miratrix 2014)

## Your turn

- For each of the following 4 datasets, fit a linear model examining the relationship between **outcome\_followup** and **exposure\_baseline** adjusting for **covariate\_baseline**:  
**causal\_collider\_time**,  
**causal\_confounding\_time**,  
**causal\_mediator\_time**,  
**causal\_m\_bias\_time**

