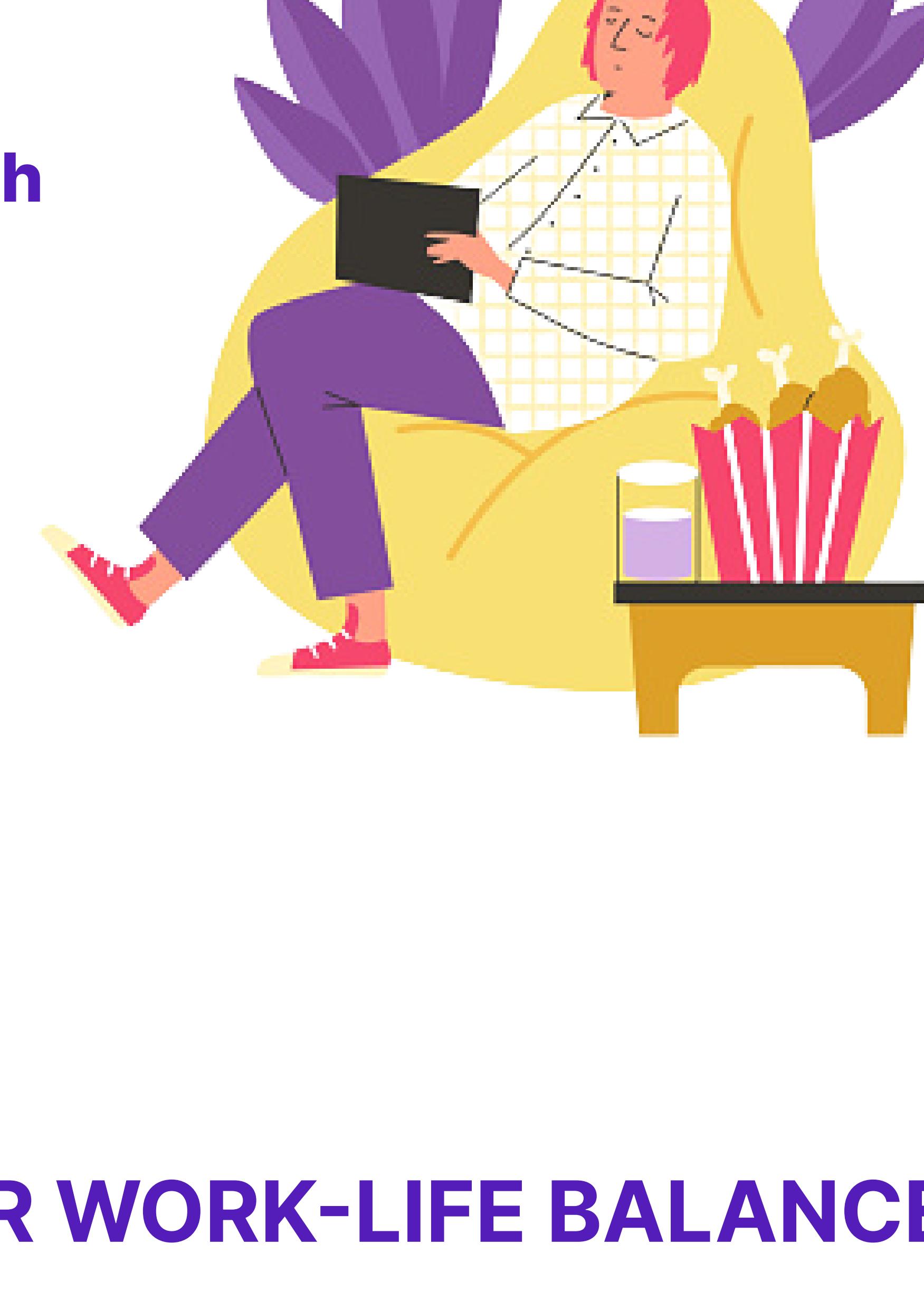


The logo features the word "TRACK" stacked above "PAL". Both words are in a bold, sans-serif font. The letters have a purple-to-white gradient fill. Small white circular dots are positioned on the top horizontal bar of the 'R' and the vertical stroke of the 'K'. The bottom letters 'PAL' also have these dots. The entire logo is set against a light gray background and is enclosed within a thick purple circle. A thin purple line extends from the bottom center of the circle down to a small purple dot at the bottom center.

**TRACK**  
**PAL**

## A Friend That Cares About Your Work-Health Balance

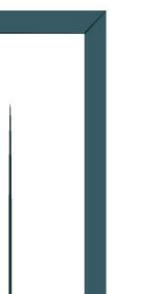
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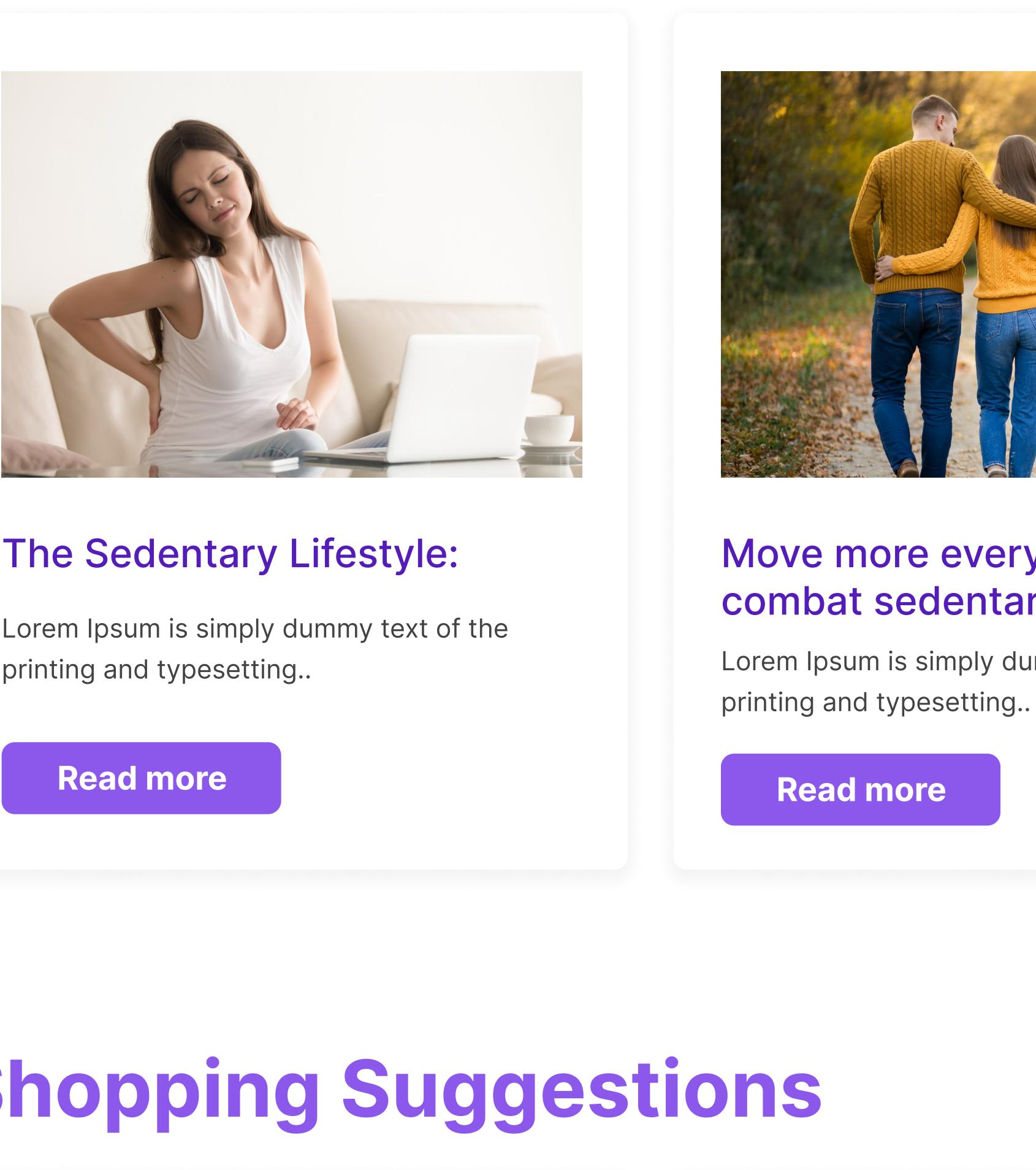
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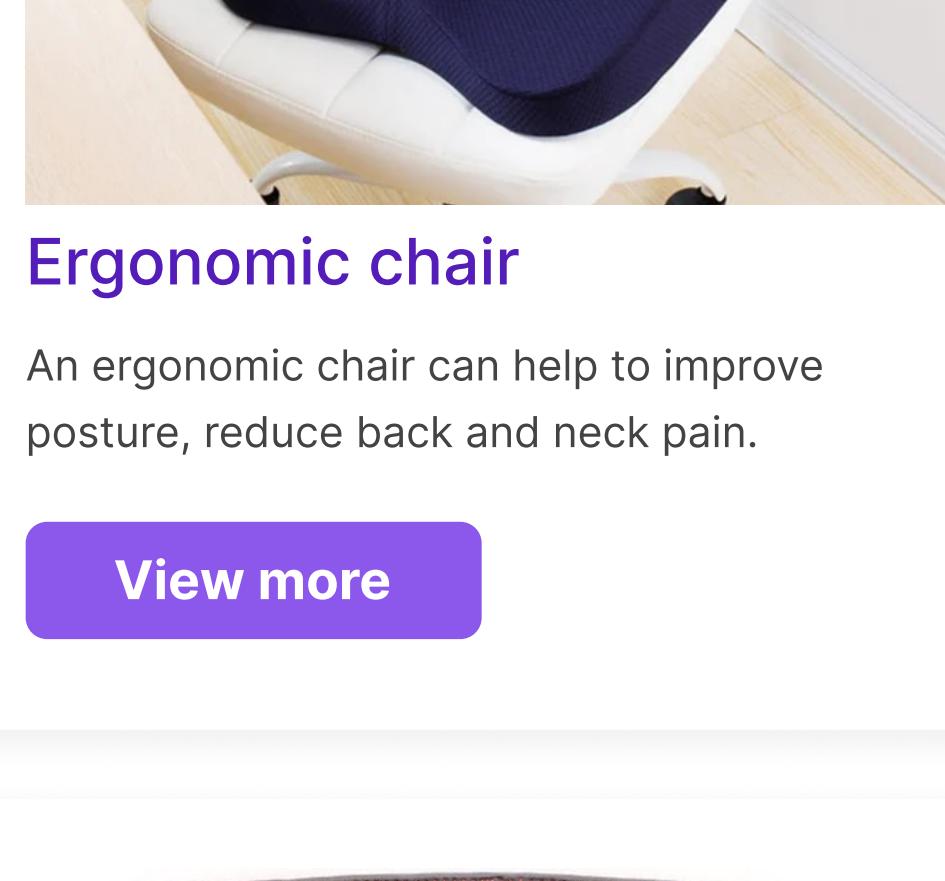
## WHY USE US?

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### Our Patners

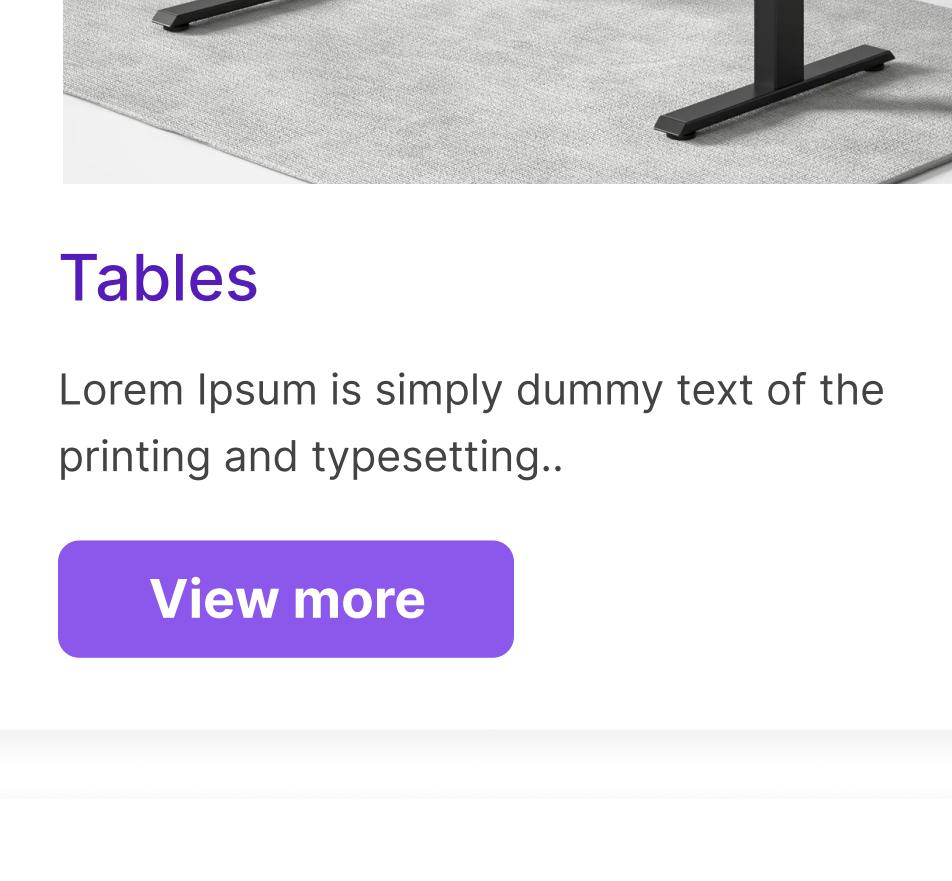


## Blog Post



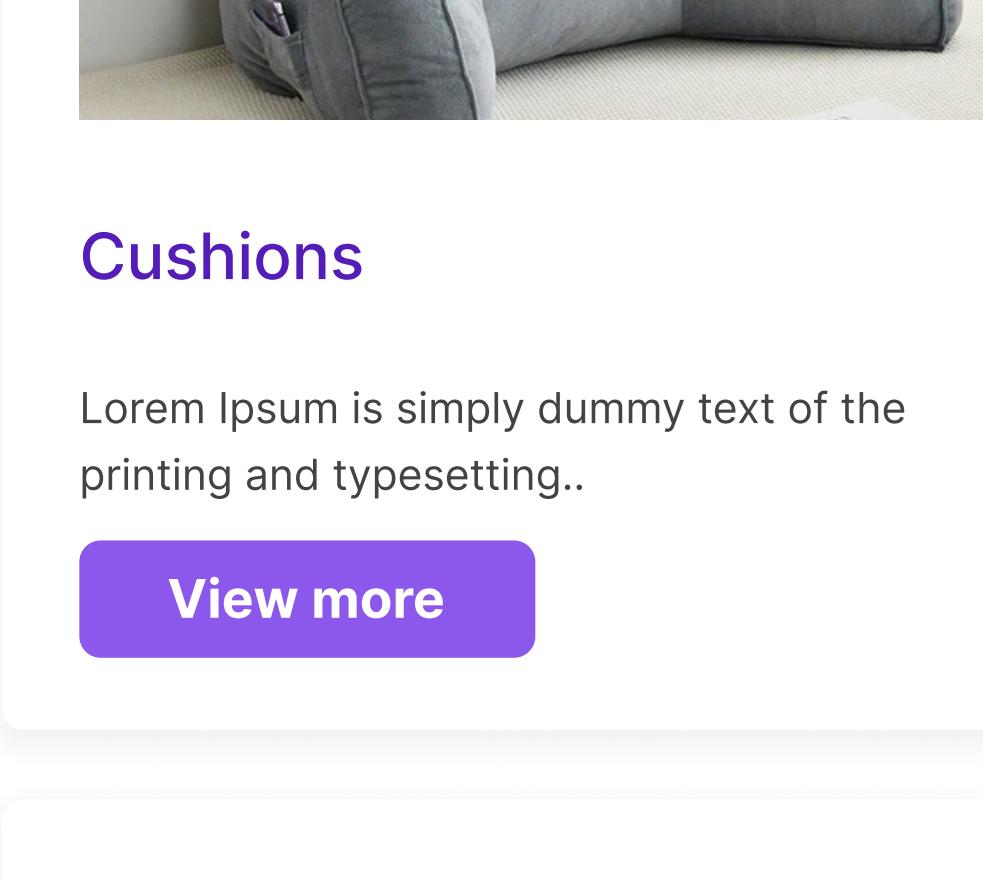
### The Sedentary Lifestyle:

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### Move more everyday to combat sedentary lifestyle

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## Shopping Suggestions



### Ergonomic chair

An ergonomic chair can help to improve posture, reduce back and neck pain.

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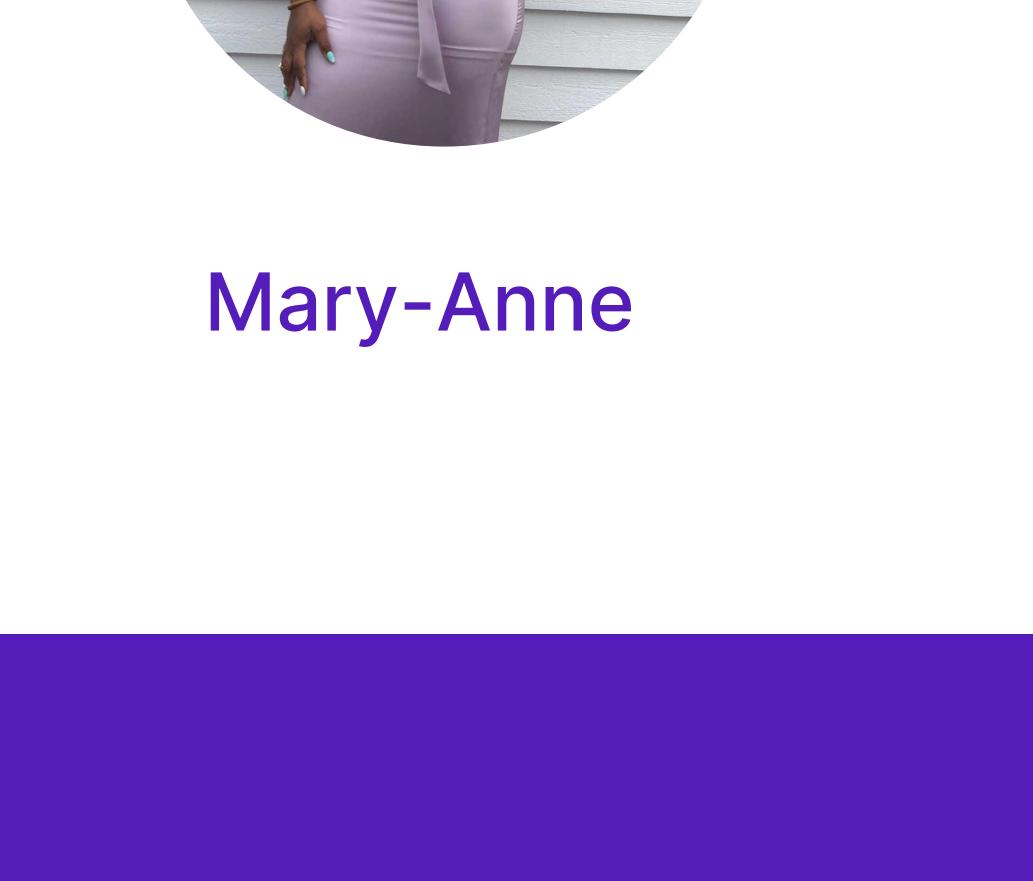
### Tables

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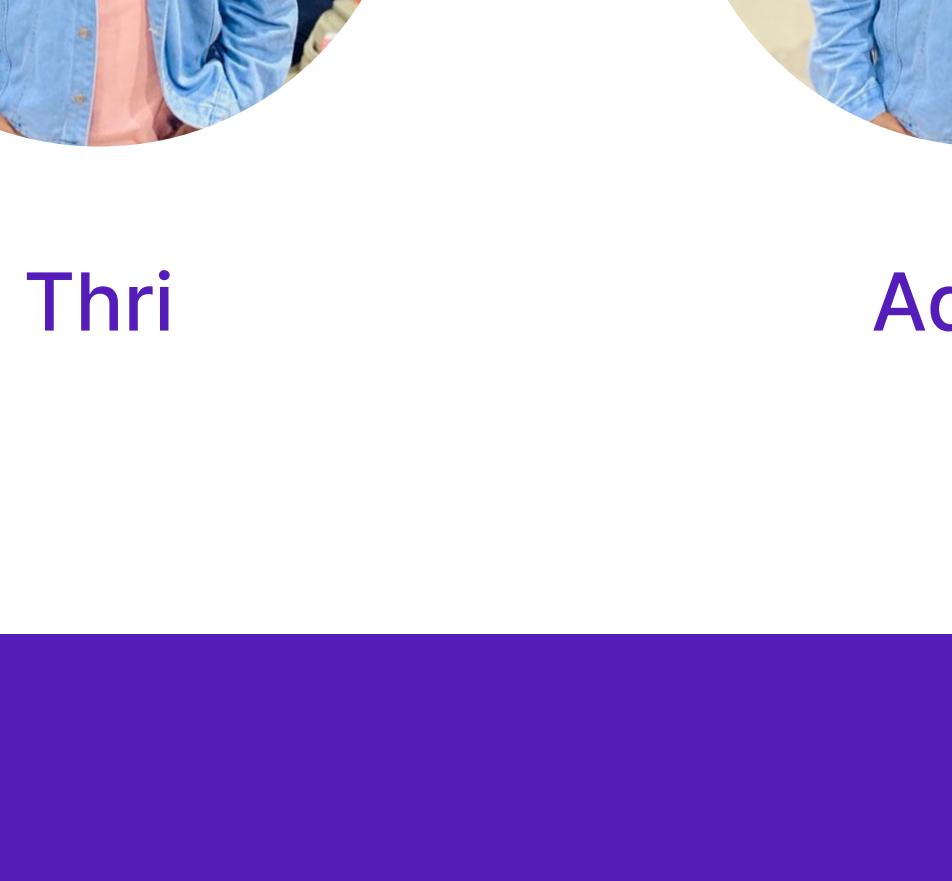
### Cushions

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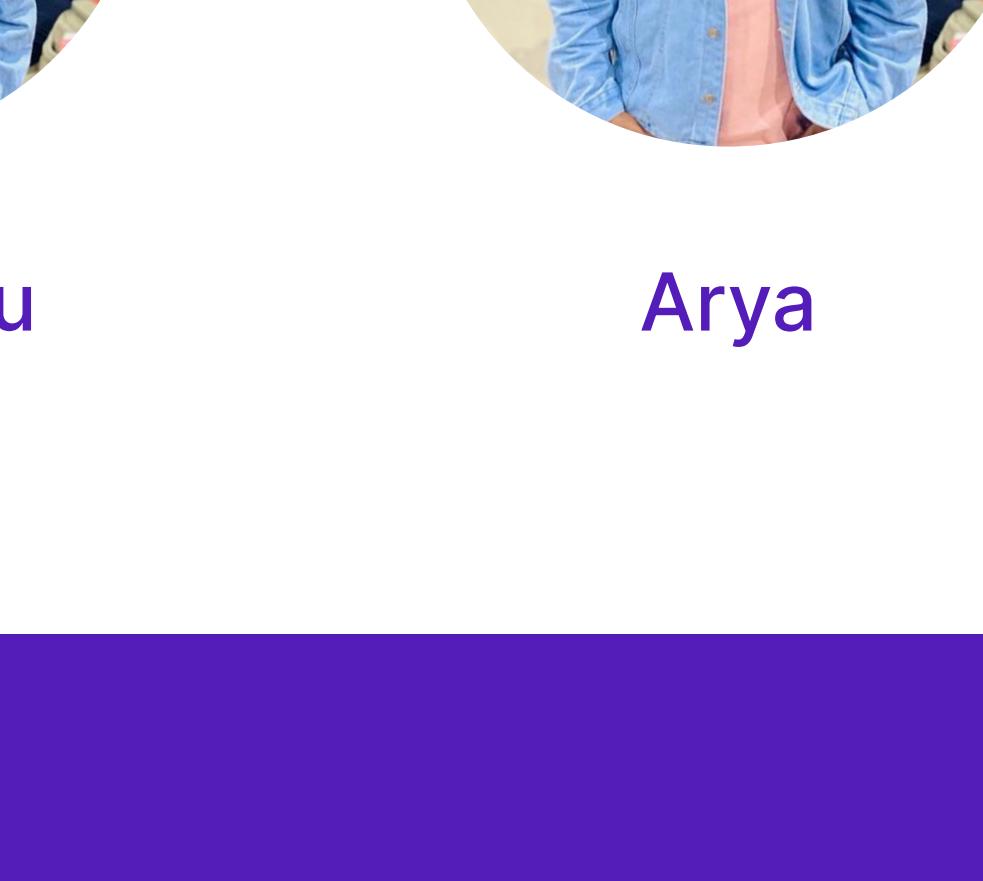
### HEAT PACKS

An ergonomic chair can help to improve posture, reduce back and neck pain.

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### Socks

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### Cushions

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## Meet the team



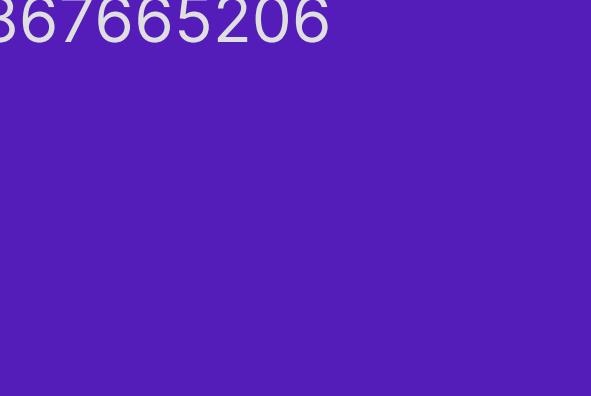
Mary-Anne



Thri



Adepoju



Arya

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