

§8.4 - Trig Substitutions

After completing this section, students should be able to:

- Decide if an integral might be appropriate for computing using trig substitution.
- Determine what trig substitution should be used.
- Perform trig substitution to compute an integral, including converting back to original variables using a triangle and / or trig identities as needed.

The following three trig identities are useful for doing trig substitutions to solve some kinds of integrals with square roots in them.

$$\sin^2(x) + \cos^2(x) = 1 \quad \tan^2(x) + 1 = \sec^2(x) \quad \cot^2(x) + 1 = \csc^2(x)$$

new sub. rules

trig - right Δ trig
- trig inverse



Example. According to Wolfram Alpha,

$$\int \frac{x^2}{\sqrt{49-x^2}} dx = \frac{1}{2} \left(49 \sin^{-1} \left(\frac{x}{7} \right) - x \sqrt{49-x^2} \right)$$

Let's see where that answer comes from using a trig substitution.

Goal: get rid of the sqrt \rightarrow use trig subs

$$\text{let } x = 7 \sin \theta$$

$$dx = 7 \cos \theta d\theta$$

$$-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

$$\begin{aligned} \text{S.W. } \sqrt{49-x^2} &= \sqrt{49-(7 \sin \theta)^2} = \sqrt{49-49 \sin^2 \theta} = \sqrt{49(1-\sin^2 \theta)} = \sqrt{49 \cos^2 \theta} \\ &= 7 \cos \theta \end{aligned}$$

$$\begin{aligned} \text{Int: } \int \frac{(7 \sin \theta)^2}{7 \cos \theta} 7 \cos \theta d\theta &= \int 49 \sin^2 \theta d\theta = 49 \int \sin^2 \theta d\theta = \\ 49 \int \frac{1-\cos(2\theta)}{2} d\theta &= \frac{49}{2} \int 1-\cos(2\theta) d\theta = \frac{49}{2} \left[\theta - \frac{1}{2} \sin(2\theta) \right] + C \\ &= \frac{49}{2} \left[\theta - \frac{1}{2} \cdot 2 \sin \theta \cos \theta \right] + C \end{aligned}$$

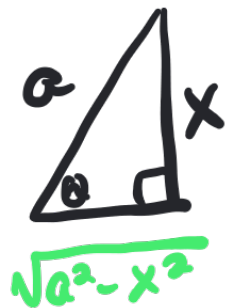
Trig: $x = 7 \sin \theta$
 $\frac{x}{7} = \sin \theta$
 $\theta = \sin^{-1} \left(\frac{x}{7} \right)$

$$\begin{aligned} &= \frac{49}{2} \left[\sin^{-1} \left(\frac{x}{7} \right) - \left(\frac{x}{7} \right) \left(\frac{\sqrt{49-x^2}}{7} \right) \right] + C \\ &= \frac{49}{2} \sin^{-1} \left(\frac{x}{7} \right) - \frac{1}{2} (x) (\sqrt{49-x^2}) + C \end{aligned}$$

Which trig substitutions for which problems?

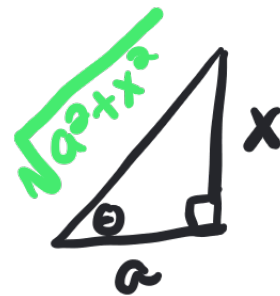
Table of Trigonometric Substitutions

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$



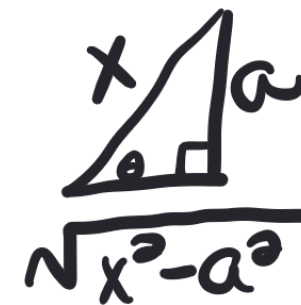
$$\sin \theta = \frac{x}{a}$$

$$a \sin \theta = x$$



$$\tan \theta = \frac{x}{a}$$

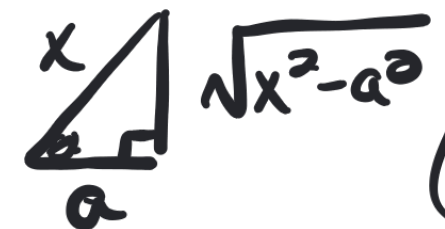
$$a \tan \theta = x$$



$$\sin \theta = \frac{a}{x}$$

$$x \sin \theta = a$$

$$x = \frac{a}{\sin \theta} = a \csc \theta$$



$$\cos \theta = \frac{a}{x}$$

$$x = \frac{a}{\cos \theta} = a \sec \theta$$

$$x = a \sec \theta$$

Review. To compute $\int \frac{x^2}{\sqrt{49-x^2}} dx$, which substitution is most useful?

A. $u = 49 - x^2$

B. $x = \sin(\theta)$

C. $x = 7 \sin(\theta)$

D. $x = \tan(\theta)$

E. $x = 49 \tan(\theta)$

F. $x = 7 \sec(\theta)$

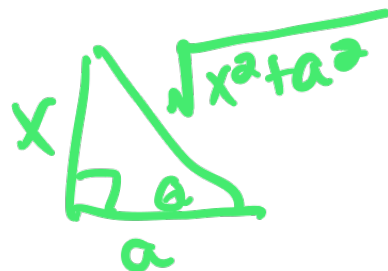
Example. Find $\int \frac{1}{\sqrt{x^2 + a^2}} dx$. (Assume a is positive.)

Goal: Trig sub \rightarrow get rid of $\sqrt{\quad}$
 $x = a \tan \theta$ $-\frac{\pi}{2} < \theta < \frac{\pi}{2}$
 $dx = a \sec^2 \theta d\theta$

$$\text{S.W. } \sqrt{x^2 + a^2} = \sqrt{(a \tan \theta)^2 + a^2} = \sqrt{a^2 \tan^2 \theta + a^2} = \sqrt{a^2 (1 + \tan^2 \theta)} = \sqrt{a^2 \sec^2 \theta} \\ = a \sec \theta$$

$$\text{int: } \int \frac{1}{a \sec \theta} a \sec^2 \theta d\theta = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C \\ = \ln \left| \frac{\sqrt{x^2 + a^2}}{a} + \frac{x}{a} \right| + C \\ = \ln \left| \frac{\sqrt{x^2 + a^2} + x}{a} \right| + C \\ = \ln |\sqrt{x^2 + a^2} + x| - \ln |a| + C \\ = \ln |\sqrt{x^2 + a^2} + x| + K \quad \#$$

trig $x = a \tan \theta$
 $\frac{x}{a} = \tan \theta$



Example. Compute the integral $\int_{1/3}^{2/3} \frac{\sqrt{9x^2 - 1}}{x} dx$

$$\sqrt{9(x^2 - \frac{1}{9})} = \frac{3\sqrt{x^2 - \frac{1}{9}}}{3\sqrt{x^2 - (\frac{1}{3})^2}}$$

Goal: $x = \frac{1}{3}\sec\theta$

$$0 \leq \theta < \frac{\pi}{2}$$

$$dx = \frac{1}{3}\sec\theta\tan\theta d\theta$$

$$\begin{aligned} \text{s.w: } 3\sqrt{x^2 - \frac{1}{9}} &= 3\sqrt{(\frac{1}{3}\sec\theta)^2 - \frac{1}{9}} = 3\sqrt{\frac{1}{9}\sec^2\theta - \frac{1}{9}} = 3\sqrt{\frac{1}{9}(\sec^2\theta - 1)} = \\ &= 3\sqrt{\frac{1}{9}\tan^2\theta} = 3 \cdot \frac{1}{3}\tan\theta = \tan\theta \end{aligned}$$

$$\text{int: } \int_{1/3}^{2/3} \frac{\tan\theta}{\frac{1}{3}\sec\theta} \cdot \frac{1}{3}\sec\theta\tan\theta d\theta = \int_{1/3}^{2/3} \tan^2\theta d\theta = \int_{1/3}^{2/3} \sec^2\theta - 1 d\theta$$

$$= \tan^2\theta - \theta \Big|_{1/3}^{2/3} = \left(\frac{\sqrt{9x^2 - 1}}{1} \right)^2 - \sec^{-1}(3x) \Big|_{1/3}^{2/3}$$

$$= \boxed{9x^2 - 1 - \sec^{-1}(3x)} \Big|_{1/3}^{2/3}$$

trig: $x = \frac{1}{3}\sec\theta$
 $3x = \sec\theta$
 $\theta = \sec^{-1}(3x)$

What trig substitutions would be most useful for these integrals?

1. $\int \frac{2}{\sqrt{4+x^2}} dx$ $x = 2 \tan \theta$

2. $\int (100x^2 - 1)^{3/2} dx$ $x = \frac{1}{10} \sec \theta$

3. $\int x \sqrt{4 - \frac{x^2}{9}} dx$ u -sub

4. $\int (25 - x^2)^2 dx$ - polynomial

5. $\int \sqrt{-x^2 - 6x + 7} dx$ \rightarrow complete sq

$$\sqrt{7 - 6x - x^2}$$

$$\sqrt{7 - (x^2 + 6x)}$$

$$\sqrt{7 - (x^2 + 6x + 9) + 9}$$

$$\sqrt{16 - (x+3)^2}$$

$$\text{let } x+3 = 4 \sin \theta$$

$$x = 4 \sin \theta - 3$$

$$dx = 4 \cos \theta d\theta$$