Bollen & Brand Model - Empirical Example

In this document, we'll apply Bollen and Brand's model to a second empirical data set. The data come from a paper by Orth, Clark, Donnellan, and Robins (2020) called, "Testing prospective effects in longitudinal research: Comparing seven competing cross-lagged models." Find the article here and its corresponding files here. Below, we'll follow the same sequence that we applied in the article: dp_mod1, followed by dp_mod2, and finally dp_mod3.

Study Background & Data

Orth et al. (2020) compiled several data sets, each assessing self-esteem (SE) and depression (DE) on multiple people over four waves. Specifically, their Open Science Framework (OSF) folder houses data from the following studies:

- Berkeley Longitudinal Study (BLS)
- California Families Project, children sample (CFP-C)
- California Families Project, mothers sample (CFP-M)
- My Work and I (MWI)
- Your Personality (YP)

We'll use the CFP-C sample in the analysis below. The CFP is an ongoing study of 674 Mexican-origin families from Northern California. Orth et al. (2020) report that their data come from waves 1, 3, 5, and 7, which were captured over two years among 674 adolescents. Self-esteem was measured with the Self-Description Questionnaire (SDQ), and depression was measured with the Early Adolescent Temperament Questionnaire-Revised (EATQ). The scores listed in their data are scale aggregates (i.e., mean scores across items on SDQ and EATQ, respectively). Citations for Orth et al.'s excellent manuscript and original data sources are shown below.

- Orth, U., Clark, D. A., Donnellan, M. B., & Robins, R. W. (2020). Testing prospective effects in longitudinal research: Comparing seven competing cross-lagged models. *Journal of Personality and Social Psychology*.
- Robins, R. W., Hendin, H. M., & Trzesniewski, K. H. (2001). Measuring global self-esteem: Construct validation of a single-item measure and the Rosenberg Self-Esteem Scale. *Personality and Social Psychology Bulletin*, 27, 151-161.
- Robins, R. W., & Conger, K. J. (2017). California Families Project [Sacramento and Woodland, California]: Item-level (producer) codebook. Ann Arbor, MI: Inter-University Consortium for Political and Social Research.
- Meier, L. L., & Spector, P. E. (2013). Reciprocal effects of work stressors and counterproductive work behavior: A five-wave longitudinal study. *Journal of Applied Psychology*, 98, 529-539.
- Orth, U., & Luciano, E. C. (2015). Self-esteem, narcissism, and stressful life events: Testing for selection and socialization. *Journal of Personality and Social Psychology*, 109, 707-721.

Data Cleaning

Load the data, and load necessary libraries.

```
library(tidyverse)
library(ggplot2)
library(lavaan)
```

```
library(kableExtra)
library(tseries)
library(plm)

df <- read.table("CFP-C.dat")</pre>
```

Orth et al.'s item dictionary states the following:

• In the data files for the CFP-C, the order of variables is as follows: ID, SE1, SE2, SE3, SE4, DE1, DE2, DE3, DE4.

So, the first column lists participant ID's, the second self-esteem at time 1, the third self-esteem at time 2, and so on until depression at time 4. Notice that the data are already in wide form. Let's rename the columns to cohere with these labels.

In their description of the data, the authors state that missing values are coded as -999. Moreover, participant ID's were replaced with -999. You can see these aspects by peaking at the data.

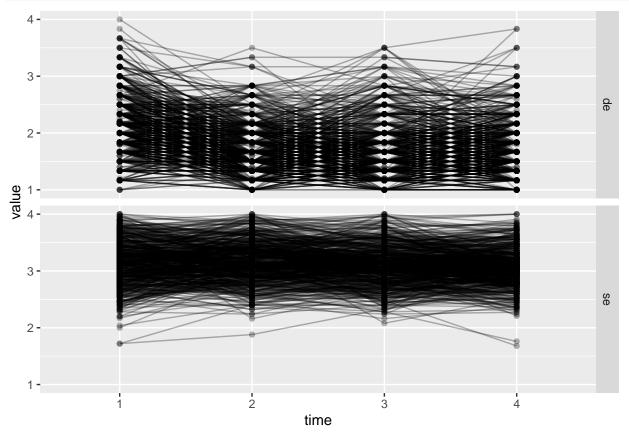
```
head(df) %>% kable() %>% kable_styling()
```

id	se.1	se.2	se.3	se.4	de.1	de.2	de.3	de.4
-999	2.88000	3.120000	3.00	3.20	1.666667	1.333333	1.333333	1.166667
-999	3.48000	2.920000	2.80	2.60	2.166667	1.666667	1.833333	2.166667
-999	3.12000	3.360000	2.76	-999.00	2.166667	1.500000	1.833333	-999.000000
-999	3.32000	3.320000	3.20	3.08	2.000000	1.833333	1.666667	1.833333
-999	3.47619	3.280000	3.20	3.32	3.000000	1.333333	1.166667	1.166667
-999	2.76000	3.333333	3.52	3.56	2.333333	1.666667	1.333333	1.333333

We need to replace the ID column with actual ID values (each row is a unique participant – it doesn't matter that these new IDs won't match original participant IDs because we are not merging any data). We also need to replace variables with values of -999 with NA.

```
rp_na <- function(x){ifelse(x == -999, NA, x)}
df <- df %>%
    # id values
mutate(id = 1:nrow(df)) %>%
    # replace -999 with NA
mutate_if(is.numeric, rp_na)
```

Great. Let's plot the data by changing it to long form.



Last, to make the tutorial as simple as possible, we'll select complete cases and rename the object to match the label we used in the article. Note that missing data is a serious issue. We are not suggesting that listwise deletion is an appropriate method. We are simply trying to make the models and code easy to understand.

```
ids_no_missing <- df %>%
  filter(is.na(se.1) == F,
    is.na(se.2) == F,
    is.na(se.3) == F,
    is.na(se.4) == F) %>%
filter(is.na(de.1) == F,
    is.na(de.2) == F,
    is.na(de.3) == F,
    is.na(de.4) == F
) %>%
pull(id)

df <- df %>%
filter(id %in% ids_no_missing) -> data_f
```

Modeling

Check stationarity for both variables. Our data is already in wide format, so we need to change it to long format to run the ADF test.

Run the tests.

```
adf.test(data_dickey_structure$se)
##
  Augmented Dickey-Fuller Test
## data: data_dickey_structure$se
## Dickey-Fuller = -10.882, Lag order = 12, p-value = 0.01
## alternative hypothesis: stationary
Self-esteem is stationary,
adf.test(data_dickey_structure$de)
##
  Augmented Dickey-Fuller Test
##
##
## data: data_dickey_structure$de
## Dickey-Fuller = -12.286, Lag order = 12, p-value = 0.01
## alternative hypothesis: stationary
as is depression.
```

Example 1

The first example models a concurrent effect from self-esteem to depression.

```
dp_mod1 <- "
eta_y =~ 1*de.2 + 1*de.3 + 1*de.4

de.2 ~ rho_y*de.1 + b1*se.2
de.3 ~ rho_y*de.2 + b1*se.3
de.4 ~ rho_y*de.3 + b1*se.4

se.2 ~~ se.3 + se.4
se.3 ~~ se.4</pre>
```

```
de.1 ~~ se.2 + se.3 + se.4
eta_y \sim de.1 + se.2 + se.3 + se.4
dp_mod1_fit <- sem(dp_mod1, data = data_f)</pre>
summary(dp_mod1_fit, fit.measures = T, standardized = T)
## lavaan 0.6-6 ended normally after 70 iterations
##
     Estimator
##
                                                         ML
                                                     NLMINB
##
     Optimization method
     Number of free parameters
                                                         24
##
     Number of equality constraints
##
##
     Number of observations
                                                        518
##
## Model Test User Model:
##
##
    Test statistic
                                                     15.736
##
     Degrees of freedom
     P-value (Chi-square)
                                                      0.046
##
##
## Model Test Baseline Model:
##
                                                   1063.950
##
     Test statistic
##
     Degrees of freedom
                                                         21
     P-value
                                                      0.000
##
##
## User Model versus Baseline Model:
##
##
     Comparative Fit Index (CFI)
                                                      0.993
     Tucker-Lewis Index (TLI)
                                                      0.981
##
##
## Loglikelihood and Information Criteria:
##
##
     Loglikelihood user model (HO)
                                                  -1636.262
    Loglikelihood unrestricted model (H1)
##
                                                 -1628.394
##
##
     Akaike (AIC)
                                                  3312.524
##
     Bayesian (BIC)
                                                   3397.523
     Sample-size adjusted Bayesian (BIC)
##
                                                   3334.039
##
## Root Mean Square Error of Approximation:
##
##
     RMSEA
                                                      0.043
##
     90 Percent confidence interval - lower
                                                      0.005
##
     90 Percent confidence interval - upper
                                                      0.075
     P-value RMSEA <= 0.05
                                                      0.594
##
##
## Standardized Root Mean Square Residual:
##
##
     SRMR
                                                      0.029
```

##

## ##	Parameter E	stimate	5:					
##	Standard	errors				Standard		
##	Informati	on				Expected		
##	Informati	on satu	rated (h1)	model		ructured		
##								
##	Latent Vari	ables:						
##			Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
##	eta_y =~							
##	de.2		1.000				0.219	0.460
##	de.3		1.000				0.219	0.417
##	de.4		1.000				0.219	0.448
##	Dogragaiana							
##	Regressions	•	Estimate	Std Err	7-112	P(> z)	Std.lv	Std.all
##	de.2 ~		Latimate	Dtu.LII	Z varue	1 (> 2)	btu.iv	bud.all
##	de.1	(rh_y)	0.199	0.033	6.093	0.000	0.199	0.235
##	se.2	(b1)	-0.467	0.046		0.000	-0.467	-0.363
##	de.3 ~							
##	de.2	(rh_y)	0.199	0.033	6.093	0.000	0.199	0.180
##	se.3	(b1)	-0.467	0.046	-10.254	0.000	-0.467	-0.320
##	de.4 ~							
##	de.3	(rh_y)	0.199	0.033	6.093	0.000	0.199	0.213
##	se.4	(b1)	-0.467	0.046	-10.254	0.000	-0.467	-0.335
##								
	Covariances	:		G. 1 F	-	D(>)	Q. 1. 7	0.1.11
##	~~ O		Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
## ##	se.2 ~~ se.3		0.076	0.007	11.312	0.000	0.076	0.573
##	se.3		0.070	0.007	9.600	0.000	0.070	0.373
##	se.3 ~~		0.000	0.000	3.000	0.000	0.000	0.400
##	se.4		0.071	0.006	11.220	0.000	0.071	0.567
##	de.1 ~~							
##	se.2		-0.025	0.009	-2.717	0.007	-0.025	-0.120
##	se.3		-0.026	0.009	-2.956	0.003	-0.026	-0.131
##	se.4		-0.010	0.009	-1.137	0.255	-0.010	-0.050
##	eta_y ~~							
##	de.1		0.032	0.009	3.450	0.001	0.148	0.262
##	se.2		0.006	0.007	0.866	0.387	0.026	0.071
##	se.3		-0.006	0.006	-0.874	0.382	-0.026	-0.072
##	se.4		-0.005	0.006	-0.742	0.458	-0.021	-0.060
##	Variances:							
##	variances.		Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
##	.de.2		0.124	0.010	12.085	0.000	0.124	0.549
##	.de.3		0.156	0.012	12.889	0.000	0.156	0.566
##	.de.4		0.117	0.009	12.558	0.000	0.117	0.488
##	de.1		0.316	0.020	16.093	0.000	0.316	1.000
##	se.2		0.137	0.008	16.093	0.000	0.137	1.000
##	se.3		0.129	0.008	16.093	0.000	0.129	1.000
##	se.4		0.123	0.008	16.093	0.000	0.123	1.000
##	eta_y		0.048	0.009	5.551	0.000	1.000	1.000

The model fit statistics are $\chi^2(8)=15.74;\,p<0.05;\,\text{RMSEA}=0.042;\,\text{CFI}=0.99;\,\text{SRMR}=0.029,\,\text{and the}$

standardized coefficient estimates are as follows. Depression had a positive autoregressive effect (B = 0.20, SE = 0.033, p < 0.05). The concurrent relationship between self-esteem and satisfaction was negative (B = -0.47, SE = 0.046, p < 0.05), such that low self-esteem was association with higher depression at t.

Example 2

The second example demonstrates a lagged, two-variable dynamic panel. Self-esteem will now be evaluated as a lag-one predictor of depression.

```
dp_mod2 <- "
eta_y = 1*de.2 + 1*de.3 + 1*de.4
de.2 ~ rho_y*de.1 + b1*se.1
de.3 \sim rho_y*de.2 + b1*se.2
de.4 \sim rho_y*de.3 + b1*se.3
se.1 ~~ se.2 + se.3
se.2 ~~ se.3
de.1 ~~ se.1 + se.2 + se.3
eta_y \sim de.1 + se.1 + se.2 + se.3
11
dp_mod2_fit <- sem(dp_mod2, data = data_f)</pre>
summary(dp_mod2_fit, fit.measures = T, standardized = T)
## lavaan 0.6-6 ended normally after 61 iterations
##
     Estimator
##
                                                          ML
##
     Optimization method
                                                      NLMINB
     Number of free parameters
                                                          24
##
     Number of equality constraints
##
                                                           4
##
     Number of observations
                                                         518
##
##
## Model Test User Model:
##
                                                      53.512
##
     Test statistic
     Degrees of freedom
##
##
     P-value (Chi-square)
                                                      0.000
##
## Model Test Baseline Model:
##
##
                                                    899.606
     Test statistic
##
     Degrees of freedom
                                                          21
##
     P-value
                                                      0.000
##
## User Model versus Baseline Model:
##
     Comparative Fit Index (CFI)
                                                      0.948
##
##
     Tucker-Lewis Index (TLI)
                                                      0.864
##
## Loglikelihood and Information Criteria:
```

```
##
##
    Loglikelihood user model (HO)
                                                 -1818.849
     Loglikelihood unrestricted model (H1)
##
                                                 -1792.092
##
##
     Akaike (AIC)
                                                  3677.697
##
    Bayesian (BIC)
                                                  3762.697
##
     Sample-size adjusted Bayesian (BIC)
                                                  3699.213
##
## Root Mean Square Error of Approximation:
##
##
    RMSEA
                                                     0.105
                                                     0.079
##
     90 Percent confidence interval - lower
##
     90 Percent confidence interval - upper
                                                     0.132
##
     P-value RMSEA <= 0.05
                                                     0.000
##
## Standardized Root Mean Square Residual:
##
##
     SRMR
                                                     0.039
##
## Parameter Estimates:
##
##
    Standard errors
                                                  Standard
##
     Information
                                                  Expected
     Information saturated (h1) model
                                               Structured
##
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
                                                             Std.lv Std.all
##
     eta_y =~
                         1.000
                                                              0.255
                                                                       0.535
##
       de.2
       de.3
                         1.000
                                                              0.255
##
                                                                       0.492
##
       de.4
                         1.000
                                                              0.255
                                                                       0.518
##
## Regressions:
##
                      Estimate Std.Err z-value P(>|z|)
                                                             Std.lv Std.all
     de.2 ~
##
                                  0.036
                         0.230
                                                     0.000
##
       de.1
               (rh_y)
                                           6.360
                                                              0.230
                                                                       0.272
##
       se.1
               (b1)
                         0.107
                                  0.043
                                           2.517
                                                     0.012
                                                              0.107
                                                                       0.092
##
     de.3 ~
                                                     0.000
##
       de.2
               (rh_y)
                         0.230
                                  0.036
                                           6.360
                                                              0.230
                                                                       0.212
##
       se.2
               (b1)
                         0.107
                                  0.043
                                           2.517
                                                     0.012
                                                              0.107
                                                                       0.077
##
    de.4 ~
                                                                       0.243
##
       de.3
               (rh_y)
                         0.230
                                  0.036
                                           6.360
                                                     0.000
                                                              0.230
       se.3
                 (b1)
                         0.107
                                  0.043
                                            2.517
                                                     0.012
                                                              0.107
                                                                       0.078
##
##
## Covariances:
                      Estimate Std.Err z-value P(>|z|)
##
                                                             Std.lv Std.all
     se.1 ~~
##
##
       se.2
                         0.068
                                  0.007
                                           9.278
                                                     0.000
                                                              0.068
                                                                       0.446
##
       se.3
                         0.052
                                  0.007
                                           7.619
                                                     0.000
                                                              0.052
                                                                       0.355
     se.2 ~~
##
##
       se.3
                         0.076
                                  0.007
                                          11.312
                                                     0.000
                                                              0.076
                                                                       0.573
##
    de.1 ~~
##
      se.1
                        -0.046
                                  0.010
                                          -4.441
                                                     0.000
                                                             -0.046
                                                                      -0.199
                        -0.025
                                  0.009
                                          -2.717
                                                     0.007
##
       se.2
                                                             -0.025
                                                                      -0.120
```

```
##
       se.3
                          -0.026
                                     0.009
                                              -2.956
                                                         0.003
                                                                  -0.026
                                                                           -0.131
##
     eta_y ~~
                                     0.010
                                               3.821
##
       de.1
                           0.040
                                                         0.000
                                                                   0.156
                                                                            0.278
##
                          -0.033
                                     0.008
                                              -4.331
                                                         0.000
                                                                           -0.312
       se.1
                                                                  -0.128
##
       se.2
                          -0.046
                                     0.007
                                              -6.535
                                                         0.000
                                                                  -0.179
                                                                           -0.485
                          -0.055
                                                         0.000
                                                                           -0.603
##
       se.3
                                     0.007
                                              -7.941
                                                                  -0.216
##
## Variances:
##
                        Estimate
                                   Std.Err
                                            z-value
                                                      P(>|z|)
                                                                  Std.lv
                                                                          Std.all
##
      .de.2
                           0.134
                                     0.011
                                              11.973
                                                         0.000
                                                                   0.134
                                                                            0.591
##
      .de.3
                           0.169
                                     0.013
                                              12.954
                                                         0.000
                                                                   0.169
                                                                             0.631
                           0.141
                                     0.011
                                              13.010
                                                         0.000
                                                                            0.583
##
      .de.4
                                                                   0.141
##
       de.1
                           0.316
                                     0.020
                                              16.093
                                                         0.000
                                                                   0.316
                                                                             1.000
                                                                   0.168
                                                                             1.000
##
       se.1
                           0.168
                                     0.010
                                              16.093
                                                         0.000
##
       se.2
                                     0.008
                                                         0.000
                           0.137
                                              16.093
                                                                   0.137
                                                                             1.000
##
       se.3
                           0.129
                                     0.008
                                              16.093
                                                         0.000
                                                                   0.129
                                                                             1.000
##
                           0.065
                                     0.011
                                                         0.000
                                               5.779
                                                                   1.000
                                                                             1.000
       eta_y
```

Model fit statistics are $\chi^2(8) = 53.51$, p < 0.05; RMSEA = 0.11; CFI = 0.95; SRMR = 0.039, and the standardized parameter estimates are 0.23 (SE = 0.036, p < 0.05) for the autoregressive effect of depression and 0.11 (SE = 0.042, p < 0.05) for the lag-one effect of self-esteem.

Example 3

The last example demonstrates a reciprocal dynamic panel. Both self-esteem and depression will have autoregressive effects, and they will both act as lag-one inputs to the other state.

```
dp_mod3 <- "
eta_y = 1*de.2 + 1*de.3 + 1*de.4
eta_x = 1*se.2 + 1*se.3 + 1*se.4
de.2 ~ rho_y*de.1 + b1*se.1
de.3 ~ rho_y*de.2 + b1*se.2
de.4 ~ rho_y*de.3 + b1*se.3
se.2 ~ rho_x*se.1 + b2*de.1
se.3 \sim rho_x*se.2 + b2*de.2
se.4 \sim rho_x*se.3 + b2*de.3
de.1 ~~ de.1
se.1 ~~ se.1
de.1 ~~ se.1
eta_x ~~ eta_x
eta_y ~~ eta_y
eta_x ~~ eta_y
de.1 ~~ eta_x
de.1 ~~ eta_y
se.1 ~~ eta_x
se.1 ~~ eta_y
dp_mod3_fit <- sem(dp_mod3, data = data_f)</pre>
```

summary(dp_mod3_fit, fit.measures = T, standardized = T) ## lavaan 0.6-6 ended normally after 56 iterations ## ## Estimator MLOptimization method ## NLMINB ## Number of free parameters 28 Number of equality constraints

8

518

-1879.802

Number of observations

Model Test User Model:

##

##

Test statistic 103.591 ## ## Degrees of freedom 16 P-value (Chi-square) ## 0.000 ##

Model Test Baseline Model:

##

Test statistic 1210.972 ## ## Degrees of freedom 28 ## P-value 0.000 ##

User Model versus Baseline Model:

##

0.926 ## Comparative Fit Index (CFI) ## Tucker-Lewis Index (TLI) 0.870

##

Loglikelihood and Information Criteria:

Loglikelihood user model (HO)

##

Loglikelihood unrestricted model (H1) -1828.006 ## Akaike (AIC) ## 3799.604 ## Bayesian (BIC) 3884.603 ## Sample-size adjusted Bayesian (BIC) 3821.119

##

Root Mean Square Error of Approximation:

##

RMSEA ## 0.103 90 Percent confidence interval - lower 0.084 ## 90 Percent confidence interval - upper 0.122 ## P-value RMSEA <= 0.05 ## 0.000 ##

Standardized Root Mean Square Residual:

##

SRMR 0.053

Parameter Estimates:

##

##

Standard errors Standard ## Information Expected ## Information saturated (h1) model Structured

##

	Latent Varia	ables:						
##			Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
##	eta_y =~							0 = 1 =
##	de.2		1.000				0.250	0.517
##	de.3		1.000				0.250	0.479
##	de.4		1.000				0.250	0.516
##	eta_x =~		1 000				0 100	0 500
##	se.2		1.000				0.199	0.522
##	se.3		1.000				0.199	0.565
## ##	se.4		1.000				0.199	0.567
	Regressions							
##	regressions	•	Estimate	Std.Err	7-772]110	P(> z)	Std.lv	Std.all
##	de.2 ~		Estimate	Stu.EII	Z varue	r (> 2)	btu.iv	bud.all
##	de.1	(rh_y)	0.263	0.037	7.117	0.000	0.263	0.305
##	se.1	(b1)	0.203	0.037	3.560	0.000	0.155	0.303
##	de.3 ~	(01)	0.100	0.040	3.000	0.000	0.100	0.101
##	de.2	(rh_y)	0.263	0.037	7.117	0.000	0.263	0.244
##	se.2	(b1)	0.155	0.043	3.560	0.000	0.155	0.113
##	de.4 ~	(51)	0.100	0.010	0.000	0.000	0.100	0.110
##	de.3	(rh_y)	0.263	0.037	7.117	0.000	0.263	0.283
##	se.3	(b1)	0.155	0.043	3.560	0.000	0.155	0.112
##	se.2 ~	(22)	0.100	0.010	0.000	0.000	0.100	*****
##	se.1	(rh_x)	0.229	0.042	5.389	0.000	0.229	0.246
##	de.1	(b2)	0.071	0.020	3.520	0.000	0.071	0.104
##	se.3 ~							
##	se.2	(rh_x)	0.229	0.042	5.389	0.000	0.229	0.248
##	de.2	(b2)	0.071	0.020	3.520	0.000	0.071	0.097
##	se.4 ~							
##	se.3	(rh_x)	0.229	0.042	5.389	0.000	0.229	0.229
##	de.3	(b2)	0.071	0.020	3.520	0.000	0.071	0.106
##								
##	Covariances	:						
##			Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
##	de.1 ~~							
##	se.1		-0.046	0.010	-4.441	0.000	-0.046	-0.199
##	eta_y ~~							
##	eta_x		-0.049	0.006	-8.383	0.000	-0.985	-0.985
##	eta_x ~~							
##	de.1		-0.023	0.007	-3.393	0.001	-0.118	-0.210
##	eta_y ~~				0 470			
##	de.1		0.036	0.010	3.479	0.001	0.144	0.255
##	eta_x ~~		0.007	0 000	0.074	0 000	0.400	0 454
##	se.1		0.037	0.006	6.074	0.000	0.186	0.454
##	eta_y ~~		-0.036	0 000	_1 767	0 000	_0_149	_0 240
## ##	se.1		-0.036	0.008	-4.767	0.000	-0.143	-0.348
	Variances:							
##	var rances.		Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
##	de.1		0.316	0.020	16.093	0.000	0.316	1.000
##	se.1		0.310	0.020	16.093	0.000	0.316	1.000
##	eta_x		0.100	0.010	5.546	0.000	1.000	1.000
##	eta_x eta_y		0.063	0.007	5.611	0.000	1.000	1.000
##	.de.2		0.142	0.011	12.458	0.000	0.142	0.605
π	.40.2		V.14Z	0.011	12.400	0.000	V.14Z	0.000

##	.de.3	0.177	0.013	13.319	0.000	0.177	0.646
##	.de.4	0.136	0.011	12.894	0.000	0.136	0.575
##	.se.2	0.083	0.007	12.467	0.000	0.083	0.573
##	.se.3	0.063	0.005	11.585	0.000	0.063	0.508
##	.se.4	0.064	0.005	12.616	0.000	0.064	0.519

The fit indices for this model are $\chi^2(16)=103.60,\,p<0.05;\,\text{RMSEA}=0.10;\,\text{CFI}=0.93;\,\text{SRMR}=0.05,$ and the estimated coefficients are, respectively, 0.26 ($SE=0.037,\,p<0.05$) for the depression autoregressive effect, 0.23 ($SE=0.042,\,p<0.05$) for the self-esteem autoregressive effect, 0.16 ($SE=0.043,\,p<0.05$) for the lag-one effect of self-esteem on depression, and 0.071 ($SE=0.02,\,p<0.05$) for the lag-one effect of depression on self-esteem.