The Unsung Principles of Dynamics

Christopher R. Dishop<sup>1</sup>, Jeffrey Olenick<sup>1</sup>, & Richard. P DeShon<sup>1</sup>

<sup>1</sup> Michigan State University

Author Note

5 ....

1

- 6 Correspondence concerning this article should be addressed to Christopher R. Dishop,
- <sup>7</sup> 316 Physics Rd, Psychology Building Room 348, East Lansing, MI 48823. E-mail:
- 8 dishopch@msu.edu

9 Abstract

Begin here...

11 Keywords: ....

Word count: 95

13

37

## The Unsung Principles of Dynamics

Think about how common it is to find phrases about dynamics scattered throughout
an introduction to an article, phrases like "we are going to address the dynamics," "taking a
dynamic perspective," "prior research has not appreciated the dynamics," "we consider the
phenomenon as dynamic," or "we examine it on a dynamic basis." What do these mean?
How do researchers take a dynamic perspective?

We have noticed a pattern in how people think about and describe dynamics in
empirical studies. Researchers tend to study and convey their dynamic process of interest
with respect to a statistical model or class of models. For example, researchers that are
familiar with growth models will talk about the importance of growth in a variable or how
within-person trajectories have been ignored in prior research, they will then estimate a
growth curve, and ultimately convey something about trends or growth over time and how
this has added a new dynamic perspective to our understanding. "Growth model thinking,"
as well as other recent ways of discussing how things happen over time, have produced
wonderful insights into important processes in organizational science, and we see them as
initial steps toward dynamics.

When researchers couch their thinking in a model, however, some concepts naturally go unnoticed. We are accumulating tremendous knowledge by collecting longitudinal data, focusing on how things happen over time, and opening the door of dynamics, but there are dynamic principles that have yet to be exposed in our literature – we have not yet stepped fully through the door. In this paper we discuss a variety of dynamics principles; some are concepts that will reorient how researchers think about dynamics, and others are statistical properties that, if ignored, result in biased inferences. Ultimately we are bringing attention to principles that should be incorporated if we are truly interested in a "dynamic perspective."

Below, we first discuss two broad classes of "thinking with respect to a statistical

model" that have done the hard work – they are sets of empirical studies taking initial steps towards dynamics. The first we call "growth," and the second "relationships," and we discuss example studies in each to briefly show our field's interest in dynamics and how some researchers approach it. These first two sections are not exhaustive, we are simply sampling a few of the common ways researchers currently think about dynamics to motivate the core of the paper. There, we unpack the dynamic principles.

### Stepping Toward Dynamics - Growth

One of the first steps our field is taking toward appreciating dynamics is by examining
whether something goes up or down over time – examining trend or "growth" patterns.

Hülsheger (2016) explores fatigue trends. He motivates his study by stating that his
examination of the "the continuous ebb and flow of fatigue over the course of the day and
about the factors that influence this temporal ebb and flow" responds to calls to "empirically
address the dynamic process of recovery and thereby helps refine recovery theory" (p. 906).
For 5 consecutive workdays he assesses fatigue with self-report surveys – one in the morning,
another at the first work break, a third at the end of work, and the last in the evening –
among a sample of Dutch employees. All surveys measure fatigue, and the morning survey
also assesses sleep quality whereas the fourth measures psychological detachment. He
estimates fatigue growth curves and correlates sleep quality and psychological detachment
with both the fatigue intercept and slope, respectively.

Dunford, Shipp, Boss, Angermeier, and Boss (2012) examine burnout trajectories over two years. They motivate their study by stating that, "theoretically, much of the burnout literature suggests that burnout should be progressive and dynamic, yet most empirical research has focused on explaining and testing the antecedents of static levels of burnout," therefore "knowing for whom burnout changes and when this pattern of change occurs leads to a more realistic view of the dynamism of human experience and better managerial
prescriptions for addressing burnout" (p. 637). Over two years they assess healthcare workers
with five measurements, each separated by six months. All surveys measure burnout (all
dimensions), and the researchers also collect between person assessments of job transitions (a
categorical variable indicating whether an employee is a newcomer, recently underwent an
internal job change, or remained at the same position throughout). They estimate a sequence
of growth curves and examine linear and quadratic slope terms for all three burnout
dimensions. They also covary job transition type with the intercept and slope terms.

### 70 Summary

74

These authors are clearly interested in dynamics, and in this framework they examine within-person trajectories, whether those trajectories exhibit trends (growth), and correlate other variables with those trends.

### Stepping Toward Dynamics – Relationships

Another popular approach to "getting dynamic" is to examine relationships across time rather than trends or covariates of trend.

Gabriel, Koopman, Rosen, and Johnson (2018) study the association among helping acts, depletion, and self-serving political acts. They motivate their study by highlighting the limitations of between-person research and then state that "a more appropriate empirical test of this process requires an intraindividual lens that allows researchers to consider how OCBs, resources, and subsequent behaviors vary daily. That is, not assessing the dynamic relations between helping behaviors and related constructs potentially misaligns the theoretical underpinnings of the construct and the level of analysis used to assess their relationships (i.e., taking dynamic processes and assessing them with static, 'in general'

assessments of constructs; Klein & Kozlowski, 2000)" (p. 2). For ten work days they collect surveys twice a day (morning and afternoon). Both the morning and afternoon surveys assess helping acts, depletion, and political acts. They regress afternoon depletion on afternoon helping acts and morning depletion, and they regress afternoon political acts on afternoon depletion and morning political acts.

Johnson, Lanaj, and Barnes (2014) study relationships between justice behaviors, 90 depletion, and OCBs – they argue that exhibiting procedural justice behaviors is depleting 91 and can negatively influence OCBs. They motivate their study by stating that our current justice knowledge comes from "cross-sectional studies examining between-person differences," but "there is a need for longitudinal, daily investigations of justice experiences that take a dynamic person-centric view" (p. 1). Ultimately they argue that their research design enabled them to "examine dynamic, within-person effects" and test a model "via a more granular approach to time" (p. 11). Their participants responded to surveys twice a day for 97 10 working days (morning and afternoon). The morning survey measured sleep quantity, whereas the afternoon survey measured justice behaviors, depletion, and OCBs. They regress gg afternoon depletion on the morning sleep quantity, the prior day's afternoon justice behavior, 100 and the prior day's afternoon depletion. 101

Rosen, Koopman, Gabriel, and Johnson (2016) explore the relationship between 102 incivility and self-control. They motivate their research by stating that "although 103 examinations of incivility have gained momentum in organizational research, theory and 104 empirical tests involving dynamic, within-person processes associated with this negative 105 interpersonal behavior are limited" (p. 1). They also argue that "previous studies focused almost exclusively on chronic forms of incivility that occur on average during unspecified 107 periods of time, which overlooks the dynamic and temporal nature of incivility and its effects. 108 Consistent with ego depletion theory, we consider a dynamic process that explains why 109 employees become more uncivil." (p. 2). Their participants respond to three surveys a day 110

(morning, afternoon, and evening) for 10 workdays. The morning survey assesses self-control,
the afternoon survey assesses self-control, experienced incivility, and instigated incivility, and
the evening survey measures experienced incivility and instigated incivility. They regress
afternoon self-control on afternoon incivility and morning self-control. Another model
regresses evening incivility on afternoon self-control.

Koopman, Lanaj, and Scott (2016) examine the costs and benefits of OCBs on behalf 116 of the actor – specifically how OCBs relate to positive affect and work goal progress. They 117 motivate their study by stating that they "respond to calls in the literature to examine the 118 consequences of OCB on a more dynamic basis" (p. 415). Their respondents fill out three 119 surveys (morning, afternoon, and evening) for ten workdays. The morning survey assesses 120 OCBs, positive affect, and work goal progress. The afternoon survey measures work goal 121 progress, and the evening survey assesses outcome variables irrelevant to the discussion here. 122 They examine the relationship between OCBs and positive affect by regressing afternoon 123 positive affect on morning OCB and morning work goal progress. They examine the relationship between OCBs and work goal progress by regressing afternoon work goal progress on morning OCB and morning work goal progress.

### 27 Summary

These authors are also interested in dynamics. All test for within-person variance and motivate their studies by stating that "the good stuff" resides in the within-person relationships. They examine concurrent or lagged relationships across their variables over time, and they are able to collect many observations due to their frequent sampling.

132

## Opening the Door to Dynamics

Both frameworks above get things moving toward dynamics. They consider great 133 notions like within-person trajectories, patterns over time, and lag relationships, and they 134 are clearly exploring domains where prior research was limited. What we want to do is 135 expose researchers to principles outside of the toolkit they are currently familiar with, 136 outside of frameworks that are couched in statistical models like growth curves and 137 relationship patterns with random coefficient models. There are a host of dynamic principles 138 to cover. Some are concepts, ways of thinking that are necessary to appreciate as researchers 139 and theorists explore dynamic phenomona. Others are statistical properties that arise when 140 researchers apply models to longitudinal data structures – they are statistical issues that 141 produce inferential errors if left unchecked, and they are important across all types of 142 longitudinal models. 143

# 144 Dynamics

Dynamics refers to a specific branch of mathematics/mechanics, but the term is used 145 in different ways throughout our literature. It is used informally to mean "change", 146 "fluctuating," "volatile," "longitudinal," or "over time" (among others), whereas formal 147 definitions in our literature are presented within certain contexts. Wang (2016) defines a 148 dynamic model as a "representation of a system that evolves over time. In particular it 149 describes how the system evolves from a given state at time t to another state at time t+1as governed by the transition rules and potential external inputs" (p. 242). Vancouver, Wang, and Li (2018) state that dynamic variables "behave as if they have memory; that is, 152 their value at any one time depends somewhat on their previous value" (p. 604). Finally, 153 Monge (1990) suggests that in dynamic analyses, "it is essential to know how variables 154 depend upon their own past history" (p. 409). 155

The crucial notion to take from dynamics, then, is memory. When the past matters, and future states are constrained by where they were at prior points in time, dynamics are at play. Below, we unpack a number of important principles couched in this simple idea.

### 59 Concepts and Conventions

160

These first principles are concepts – they are ways of thinking.

States. In organizational science we typically use the term "variable" to describe a
measured construct, and our lens is usually across people. Burnout, depletion, fatigue,
OCBs, performance, job satisfaction – these are all variables; they are quantities with values
that fluctuate across people. When we instead focus on how values fluctuate across time we
call them "states." Performance as a variable, therefore, focuses on the set of values across
people, whereas performance as a state focuses on its values across time.

The convention to label states is to use what is called a state vector. A state vector for depletion, fatigue, and performance would be: (depletion, fatigue, burnout) and its mathematical equivalent is,  $(x_1, x_2, x_3)$  or  $(x_1...x_n)$ . We will use this notation later after introducing more concepts.

Memory and Self-similarity. Arguably the most fundamental concept in
dynamics is that states often have memory – they are self-similar across time. Performance
may vary or fluctuate over time, but it retains self-similarity from one moment to the next.

Job satisfaction now is some function of what it was just prior to now. My conscientiousness
tomorrow will have carry over from what it was today, as will the number of people I
communicate with. Researchers of course may argue that some states have no memory, but
the point here is that states tend to retain something about what they are from moment to
moment.

Constraints. When a state has memory or self-similarity it can still fluctuate or 179 change over time – to say that Rachel's job satisfaction will predict itself over time does not 180 mean that we expect her job satisfaction to be identical every day. Instead, it will fluctuate 181 or vary but under the constraints of where it was in the past. Imagine we argue that job 182 satisfaction has no memory. If we grant that statement, then Rachel's job satisfaction from 183 moment to moment is unconstrained and it can swing (potentially) to positive or negative 184 infinity based the states that cause it. But if it does have memory then it is constrained, it 185 cannot swing explosively. When she experiences something negative at work – like ridicule – 186 her job satisfaction will certainly decrease in the moment, but what is her job satisfaction 187 decreasing from? The answer is its prior level – the negative experience is pushing against 188 her prior level of job satisfaction, job satisfaction is not created from scratch just after 189 ridicule. States vary over time, but where they go is constrained by their history.

It is also helpful to consider what would happen if we vary the strength of Rachel's job satisfaction memory. First imagine that her job satisfaction is only weakly self-similar. Now when she experiences ridicule we would expect her job satisfaction to fluctuate to a large extent, whereas when her job satisfaction is self-similar we would expect the fluctuation to be smaller.

Memory is not limited to a single variable. Job satisfaction may also be 196 influenced by the prior history of other states, like depletion or fatigue. Imagine that we 197 believe that fatigue has a lag effect on performance. This means that we expect some amount 198 of time to pass before fatigue influences performance. Said another way, the influence of fatigue on performance does not happen immediately. Despite collecting longitudinal data 200 many researchers still examine concurrent relationships by regressing DVs on IVs at the same 201 moment. That is, they regress performance at time four on fatigue at time four and 202 performance at time six on fatigue at time six, despite having the possibility to explore lag 203 effects. What these concurrent models imply is that the researcher expects fatigue to 204

instantaneously influence performance. With some states immediate cause makes sense, but as our "over time" thinking progresses there will be many opportunities to explore lags.

**Reciprocal Influence.** Many research questions can be boiled down to trying to 207 find antecedents and outcomes, but when we focus on dynamics and start thinking about 208 memory, constraints, and lags across multiple states we focus less on "true causes" or 209 antecendents and more on reciprocal influence. This kind of thinking often takes the form, 210 "and then this happens." Consider the (example) reciprocal relationships between 211 performance, superior support, and fatigue. I performed my assignment well so my boss sent 212 me a nice email letting me know that she appreciated my work. I subsequently increased my 213 performance and again performed well on my second assignment. Having increased my 214 performance, however, I am now more fatigued and on my third assignment I perform poorly. 215 After performing poorly I do not receive the congratulatory email. In this simple example, 216 performance, fatigue, and superior support fluctuate across time. We are not necessarily 217 interested in finding the "true" cause, direction of effects, or the exact coefficient between one 218 state and another, but we are interested in the pattern of reciprocal relationships across time. 219

Time Scales. Researchers can gain valuable insights by considering the timescales of dynamics. Consider the temperature of a building and each of its interior rooms. The quick dynamics occur from room to room. Air molecules pass between them until they are all roughly the same temperature. But the weather outside also influences the temperature of the building as a whole – it just takes longer to occur. When the sun comes up it does not immediately change the room-to-room dynamics. The room to room dynamic influences have short lags, whereas the influence of the outside temperature on any specific room has a much longer lag.

Boundary Space. When researchers estimate a growth curve and argue for a
positive linear trend what they are implying is that the trajectory increases forever. Job
satisfaction continually increases; OCBs go down forever. In dynamic systems with reciprocal

influence and constraints there are boundaries on where processes can go. Communication
may fluctuate day to day, and it may even increase steadily as an employee transitions into a
new role, but it is unlikely that it will continue to increase or decrease without bound forever.

Initial Conditions. The last concept is that initial conditions may or may not 234 influence the overall dynamics. Imagine an employee's climate perceptions fluctuating over 235 time, and showing a reciprocal pattern with a number of other important states. The 236 dynamics of his climate perceptions may depend on his first encounters with the company – 237 his initial perceptions. Perhaps his initial perceptions were positive and over time showed 238 reciprocal patterns with performance, dyadic social exchanges, burnout, and leadership 230 perceptions. A researcher paying attention to initial conditions would examine if those same 240 reciprocal patterns emerge under different starting conditions, like a bad first encounter. 241

An empirical example is in Liebovitch, Vallacher, and Michaels (2010) explanation and model of conflict and cooperation between two actors. Their explanation takes into account several states for a two-person situation, including (1) each individual's general affective state, (2) feedback from one person to the other, and (3) each individual's general tendency to change based on the feedback. They argue that the patterns of conflict and cooperation that two individuals demonstrate over time differ dramatically if both individuals start with the same affective tone (positive and positive or negative and negative) versus opposing tones – that is, the dynamics of conflict and cooperation are sensitive to the initial conditions of the actors involved.

Describing Trajectories. In this paper we are introducing concepts and statistical properties that merit attention as we approach dynamics. We want to close this section by pointing readers to a wonderful paper by Monge (1990) that provides basic vocabularly for describing trajectories. He discusses terms like trend, periodicity, and cycles – lexicon for patterns over time rather than key concepts that are emphasized here. We feel that his paper should be required reading for anyone interested in dynamics.

### 257 Mathematics and Statistics

We are now going to translate some of the concepts into math. Doing so will (a)
reiterate the principles above, (b) introduce new dynamic principles, and (c) make it easier
to talk about some of the more complicated statistical properties of dynamic modeling that
we turn to in the final section.

Basic Concepts In Equations. Remember that in dynamics we are focused on
memory, self-similarity, and constraints as states move across time. What we are going to do
here is begin to capture those ideas with equations using performance as an example. First,
consider performance across time:

$$Performance_{t} = Performance_{t-1}$$
 (1)

where performance at time t is exactly identical to what it was at t-1. This equation says that performance does not fluctuate, change, move, or grow across time – there is zero trend. Performance is, say, four at time one, four at time two, four at time three, and so on. This type of equation is called a difference equation, and it is a foundational tool in dynamics.

Although this first equation seems disceptively simple, we have already captured
memory. Performance, in this case, is perfectly self-similar. What if, instead, performance is
similar but not perfectly self-similar across time? To capture this idea we need a new term:

$$Performance_t = aPerformance_{t-1}$$
 (2)

where a is the extent to which performance is self-similar and all other terms are defined above. a is a coefficient relating performance now to performance at the next moment, and when you estimate that term in a statistical model it is called an autoregressive term. When the autoregressive term is large performance is highly self-similar, whereas when a is close to zero performance has less self-similarity. Two other statistical terms for self-similarity you may come across include autocorrelation and serial correlation – both refer to the correlation a state has with itself over time.

Fundamental Autoregressive Behaviors. There are fundamental behaviors of 280 dynamic states based on their autoregressive terms, and these are shown in figure 1. The top 281 row of figure 1 shows the trajectory of states with autoregressive terms that are greater than 282 one in absolute value. These large terms produce explosive behavior – exponential growth 283 when a is positive and extreme oscillations when a is negative. When the autoregressive 284 term falls between zero and one in absolute value, conversely, the state converges to 285 equilibrium – shown in the bottom two panels. Either the state oscillates at a decreasing 286 rate until it reaches equilibrium (when a is negative) or it converges there smoothly (when a 287 is positive). Again, these behaviors hold for all states with the given autoregressive terms. 288

289

Insert Figure 1 Here

291

290

Equilibrium. Notice that we introduced a new term in our description above:
equilibrium. Equilibrium describes the state of a variable that no longer changes unless
disturbed by an outside force. It can also be used to describe multiple variable systems—
where equilibrium again means that the state remains constant unless disturbed by an
outside force, but here state refers to the entire system (i.e., all of the variables). In
static equilibriums, the system has reached a point of stability with no change, whereas
dynamic equilibrium refers to systems with changes and fluctuations but no net change.
That is, the variables fluctuate across time in periodic ways but the general state of the
system does not diverge so as to change the behavior of the entire system.

Predator-prey relationships are a typical example of a system in dynamic equilibrium. 301 For example, consider a predator-prey relationship between bobcats and rabbits. As the 302 rabbit population increases, the amount of available food for the bobcats goes up. Over time, 303 this raises the population of the bobcats as well. Now with a greater bobcat population, the 304 rabbit population decreases because more are being killed. Over time, this reduction in food 305 opportunity decreases the bobcat population. This back and forth oscillating pattern 306 between states describes a dynamic equilibrium. The states change and there may be 307 random disturbances to the system across time, but the net dynamics of the system remain stable – and therefore this situation is still called "equilibrium." 300

Stochastics. Our route so far has been deterministic – the mathematical
representations do not contain error. When we want to convey a process with error we can
consider a host of additional principles. Stochastics, stated simply, refers to processes with
error. Consider our simple difference equation from above, adding an error component
produces:

$$Performance_t = aPerformance_{t-1} + e_t$$
 (3)

where all terms are defined above but  $e_t$  represents an error term that is incorporated into performance at each time point. Errors cause performance to be higher or lower at specific 316 points in time than we would have expected given a deterministic process. For example, at 317 time t the error might push performance to a higher value, and at t+1 to a lower value. 318 Errors are therefore said to be random because we cannot predict their value at any specific t. In aggregation (i.e., averaged across time), however, positive errors cancel negative errors, and large errors are less likely than small errors. Any time we have an accumulation of random error we get a normal distribution (McElreath, 2016). In stochastic systems, 322 therefore, the errors are said to be distributed N(0,1) – that is, random and unpredictable 323 at any specific t but distributed with certain constraints across time. 324

It can also be helpful to think about what error is not. Anything that is systematic,
predictable, or common (using those in layman's terms) cannot be error – leaving error to be
the random "left overs." An aggregation of randomness is a normal distribution.

White Noise and Random Walks. There are two fundamental stochastic processes: white noise and random walks. White noise is a process that only has error. Setting a to zero in equation 3 produces a white noise process.

$$Performance_{t} = aPerformance_{t-1} + e_{t}$$

$$a = 0$$
(4)

Here, all we have is error over time. Panel "A" of figure 2 shows the behavior of a white noise process over time. Random walks are similar, but a is now equal to one.

$$Performance_{t} = aPerformance_{t-1} + e_{t}$$

$$a = 1$$
(5)

This representation is also an error process, but there is performance self-similarity across time. Panel "B" of figure 2 presents a random walk. Although random walks can sometimes appear to be moving in a systematic direction, ultimately their behavior is unpreditable: they could go up or down at any moment.

Random walks and white noise are error processes over time. White noise processes
fluctuate randomly, whereas random walks fluctuate randomly while retaining some
self-similarity through time. These two principles are the null hypotheses of time-series
analysis in econometrics – where the first task in a longitudinal study is to demonstrate that
you are investigating something that is not a random walk or white noise. This
demonstration, with respect to our performance example, would mean that if a researcher

wanted to show the effect of IVs on performance across time they would first need to
demonstrate that performance and all of their IVs are not random walks or white noise
processes. This step is currently absent in our literature but, again, is the essential starting
place in econometrics.

Insert Figure 2 Here

System of Equations. Up to this point we have focused on a single state, performance. Remember that in dynamics we are also interested in reciprocal influence, but before moving to two or more state equations we want to pause and highlight how much researchers can explore with single states. It is of course interesting and fun to ask how two or more states are related, or posit a complex sequence among a set of states. But understanding whether or not one state exhibits white noise or random walk behavior across time is a valuable study in itself. We feel that our field could substantially benefit from spending more time plotting and analyzing the individual trajectories of every measured variable in a study.

With multivariate systems we need multiple equations – one for each state. Before, we demonstrated a simple difference equation for performance. In a multivariate system with two states, performance and effort, we need one equation for each.

$$Performance_t = aPerformance_{t-1} + e_t$$
 (6)

 $Effort_t = aEffort_{t-1} + e_t \tag{7}$ 

Here, both equations posit that their state is a function of its prior self to the extent of the

autoregressive term (a). Notice that there are no cross-relationships, we are simply representing a system with two independent variables across time. It is of course also possible to introduce relationships among the different states with more terms.

First, consider a system where effort concurrently causes performance. Another way to say this is that effort<sub>t</sub> causes performance<sub>t</sub>:

$$Performance_t = aPerformance_{t-1} + bEffort_t + e_t$$
 (8)

369

378

$$Effort_t = aEffort_{t-1} + e_t \tag{9}$$

where all terms are defined above but now the equation for performance also includes  $Effort_t$ which is the value of effort at time t – and b, the coefficient relating effort to performance. This set of equations says that effort is simply a product of itself over time (with error), whereas performance is a function of itself and also effort at the immediate time point.

What if there is a lag between when effort causes performance? That is, perhaps we posit that effort does not immediately cause performance but instead causes performance after some period of time. If the lag effect were 2, that would mean that Effort<sub>t</sub> causes Performance<sub>t+2</sub>, and to express the "lag 2 effect" mathematically we would use the following:

$$Performance_{t} = aPerformance_{t-1} + bEffort_{t-2} + e_{t}$$
(10)

 $Effort_t = aEffort_{t-1} + e_t \tag{11}$ 

Here, all terms are nearly identical to what we saw above but now there is a lag-two effect from effort to performance. Performance is now a function of both its immediately prior self and the value of effort from two time points ago. What if we want to convey feedback, or a reciprocal relationship between effort and performance? That is, now we posit that both effort causes performance and performance causes effort. To do so we update our equations with a simple change:

$$Performance_{t} = aPerformance_{t-1} + bEffort_{t-2} + e_{t}$$
(12)

385

$$Effort_t = aEffort_{t-1} + bPerformance_{t-2} + e_t$$
(13)

where all terms are defined above but now effort and performance are reciprocally related.

Both are determined by themselves at the immediately prior time point and the other state

two time points in the past. Effort happens, and two moments later this influences

performance, and two moments later this goes back to influence effort, and so on throughout

time. All the while, both states retain self-similarity – they fluctuate and develop but only

under the constraints afforded by the autoregressive terms.

We can make the equations more complicated by continuing to add variables or longer/shorter lag effects, but the beauty of math is its freedom to capture whatever the researcher desires. These equations are language tools to help researchers convey a process over time.

### 996 Dynamic Modeling

We have introduced some fundemental concepts for dynamics. Memory, constraints, random walks, equilibrium – these are core ideas for researchers to grapple with as they consider dynamic phenomenon. When researchers then collect longitudinal data and estimate models (with these ideas in mind) there are a host of challenges that must be considered. In this section we are going to describe stationarity and dynamic panel bias.

**Stationarity.** States and systems have statistical properties, stationarity is about 402 the stability of those properties. Rachel's performance score across time is called a 403 time-series – it is the trajectory of performance for a single unit (Rachel) over time. That 404 trajectory has properties: it has a mean and a variance (and autocorrelation or serial 405 correlation). If the mean is unstable then Rachel's performance either grows or decreases 406 unconditionally over time. If instead the mean is stable, then Rachel's performance across 407 time fluctuates but within the constraints of its memory and bounds on the system. Almost 408 all models used to estimate coefficients in the organizational literature are stationary models 409 that assume the data they are modeling are realizations of a stationary process. That is, 410 they assume that the states and systems they are trying to estimate parameters for have 411 properties at time t that are the same as the properties at time t+1. 412

In simple terms, a stationary process has stable properties across time – data that 413 demonstrate trend, growth, or random walk behavior are (almost certainly) non-stationary. 414 Here is the hard part: two independent time-series will appear related if both are 415 non-stationary (kukljan; braun; granger). That is, if we measure Rachel's performance and it 416 is consistent with a random walk and we also measure rainfall at Rachel's mother's house 417 across the state and it demonstrates increasing trend for the day, even though these two 418 things are completely unrelated we will more than likely find a relationship between them in 419 a regression-based analysis like those presented at the start of this paper. There are many 420 other papers that describe how to test for stationarity (e.g., CITES), all we are trying to do 421 here is convey how important this notion is. Our literature is not paying attention to random 422 walks, we are not checking for memory, or serial correlation, or stationarity; we should be. 423

Dynamic Panel Bias. Another challenge for dynamic modeling is a congregation of
effects known as dynamic panel bias. First, in dynamics we pay attention to memory, and
our equations above took the form:

$$y_t = ay_{t-1} + e_t \tag{14}$$

where the only change is that we replaced performance with a generic y. When a researcher estimates a statistical model and includes a lagged DV the errors become correlated with the predictors and the well-known independence of errors assumption is violated. This issue therefore has to do with estimating relationships for a single unit when we want to incoporate lagged DVs.

The second issue arises when we are interested in relationships with a multiple-unit 432 sample across time. Almost all organizational studies are multiple-unit – they collect data on 433 more than one participant. If the people in the sample are not perfectly exchangeable, which 434 means that I can learn the same thing about performance and fatigue by studying either 435 Bob or Rachel, I lose no information by restricting my analysis to one of them, then the 436 parameter estimates are influenced by what is known as unobserved heterogeneity. 437 Unobserved heterogeneity represents aggregate, stable individual differences. Rachel's fatigue 438 over time may look different from Bob's fatigue over time due to unmeasured individual 439 differences and states. These unacknowledged effects are responsible for individual differences on fatigue so they need to be incorporated in statistical models. We acknowledge them by incoporating unobserved heterogeneity, again it is a term that is meant to represent all of the unmeasured things that make Rachel's trajectory different from Bob's trajectory.

In dynamic modeling unobserved heterogeneity must be handled appropriately: if is is modeled as independent but in fact correlates with the model predictors then ommitted variables bias is introduced into the estimates, and if unobserved heterogeneity is ignored then seriel correlation will be introduced into the errors.

Dynamic panel bias is the combined effect of these two biases. Lagged DVs help us convey a dynamic process but they create estimation problems, and unobserved 452

heterogeneity must be accounted for. Hierarchical linear models (or random-coefficient, multi level, random effects) do not handle these biases appropriately (CITES).

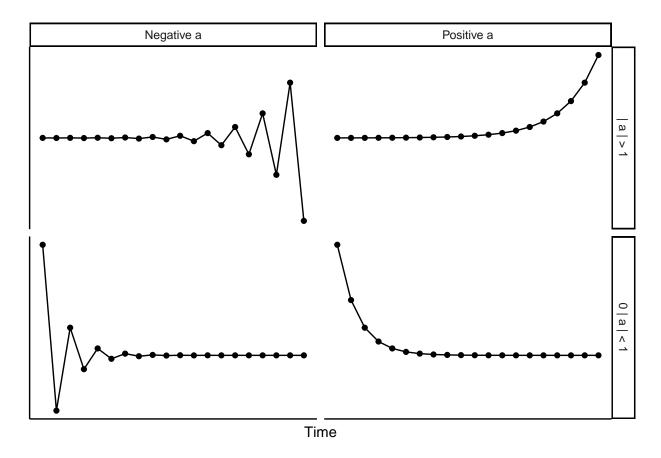
## Discussion - A Dynamic Perspective

We opened this paper by talking about how researchers are beginning to approach 453 dynamics. We pointed to two frameworks – growth and relationships – as example empirical 454 research doing the hard work of getting our thinking beyond static, cross-sectional 455 relationships. They were appropriate first steps toward dynamics given our field's history 456 with random coefficient models and recent introduction to growth curve modeling, but there 457 are many principles of dynamics outside the context of a specific longitudinal model – we 458 broached them here. Taking a dynamic perspective means focusing on memory, constraints, 459 timescales, reciprocal influence, initial conditions, and exploring an array of satistical 460 properties like serial correlation and stationarity. 461

462 References

- Dunford, B. B., Shipp, A. J., Boss, R. W., Angermeier, I., & Boss, A. D. (2012). Is burnout
- static or dynamic? A career transition perspective of employee burnout trajectories.
- Journal of Applied Psychology, 97(3), 637–650.
- doi:http://dx.doi.org.proxy2.cl.msu.edu/10.1037/a0027060
- Gabriel, A. S., Koopman, J., Rosen, C. C., & Johnson, R. E. (2018). Helping others or helping oneself? An episodic examination of the behavioral consequences of helping at
- work. Personnel Psychology, 71(1), 85–107.
- Hülsheger, U. R. (2016). From dawn till dusk: Shedding light on the recovery process by
- investigating daily change patterns in fatigue. Journal of Applied Psychology, 101(6),
- 905–914. doi:http://dx.doi.org.proxy2.cl.msu.edu/10.1037/apl0000104
- Johnson, R. E., Lanaj, K., & Barnes, C. M. (2014). The good and bad of being fair: Effects
- of procedural and interpersonal justice behaviors on regulatory resources. Journal of
- Applied Psychology, 99(4), 635.
- Koopman, J., Lanaj, K., & Scott, B. A. (2016). Integrating the Bright and Dark Sides of
- OCB: A Daily Investigation of the Benefits and Costs of Helping Others. Academy of
- 478 Management Journal, 59(2), 414–435. doi:10.5465/amj.2014.0262
- Liebovitch, L. S., Vallacher, R. R., & Michaels, J. (2010). Dynamics of
- cooperation-competition interaction models. Peace and Conflict, 16(2), 175–188.
- McElreath, R. (2016). Statistical Rethinking: A Bayesian Course with Examples in R and
- Stan (Vol. 122). CRC Press.
- 483 Monge, P. R. (1990). Theoretical and analytical issues in studying organizational processes.
- Organization Science, 1(4), 406-430.

- Rosen, C. C., Koopman, J., Gabriel, A. S., & Johnson, R. E. (2016). Who strikes back? A daily investigation of when and why incivility begets incivility. *Journal of Applied Psychology*, 101(11), 1620.
- Vancouver, J. B., Wang, M., & Li, X. (2018). Translating Informal Theories Into Formal
   Theories: The Case of the Dynamic Computational Model of the Integrated Model of
   Work Motivation. Organizational Research Methods, 109442811878030.
   doi:10.1177/1094428118780308



 $Figure\ 1.\ {\rm dynamic\ equilibrium\ fig}$ 

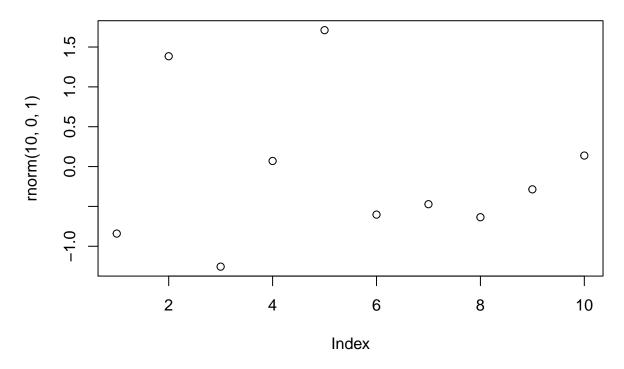


Figure 2. this one will be a white noise process and a random walk