

E-PORTFOLIO

01

UNDERSTANDING THE SELF

DIZON, MAYCEE G.
CS - 302

SEPTEMBER 4, 2020



Online Study Habits

Time Management

I will carefully plan and schedule all my school and personal activities in order to make the most out of my time.

Healthy Lifestyle

Enough sleep, healthy meals, and staying hydrated will surely keep me in condition while having online classes.

Avoid Distractions

I won't let myself to be distracted during online classes and will turn off my other gadgets if I have to.

No Cheating

It won't do me any good if I cheat, there's really no valid reason to do that.



No Procrastination

I will strictly follow my planned schedules and do our tasks on time to keep the activities from piling up and avoid being stressed out.

Be More Organized

Having an organized study space with less distractions will help me focus more on my studies.

Jot Down Notes

It is still important to do this as it will help me to improve my listening skills and focus.

Rest and Exercise

Being exposed to the screen for a long time and having to sit for hours results to body aches so a rest and stretchings is a must especially after online class sessions.



- Complete all activities and requirements on time.
- Be more active in class discussion.
- Enhance my note-taking and listening skills.
- Spend less time on watching anime and kdrama.
- Get good grades/results from activities done.
- Have good attendance record.
- To become more passionate in studying.
- Exercise more and have a healthy diet.
- Still have time to spend for self-care and hobbies.
- Be more organized.



- Successfully finish the school year and maintain my scholarship.
- Become more knowledgeable and better in programming.
- Improve my social skills and confidence.
- Improve my English language skills.
- To be able to adapt from the "new normal".
- Be mentally, emotionally, and physically fit throughout the school year.
- To be able to help my classmates so that we can all complete this school year despite all the obstacles we're facing due to the pandemic.
- Be happy :)