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# INTRODUCTION

In today's world, where everyone is connected through technology, it's really important for digital platforms to help with mental health issues. That's why we're suggesting the creation of HarmonyHaven, a special website where people can find important mental health help, talk to knowledgeable folks, join support groups, and get lots of useful information.

HarmonyHaven is super important because it's a way to make sure everyone can get the mental health support they need. We're using technology to make a friendly and easy-to-use place for people who are looking for help. This report gives a plan for how the website will work, focusing on things like making it easy to use, making it enjoyable for users, deciding how it should look, ways for people to interact, how to make people feel connected, and following the Web Content Accessibility Guidelines (WCAG) 2.0.

HarmonyHaven is more than just a functional website. It's a community that accepts and understands people's experiences, providing not only support but also a sense of belonging. This study is like a roadmap, showing us the way to a platform that shows how technology can make a big difference in mental health support.

HarmonyHaven is a place where anyone can find comfort and help during tough times. It's like a virtual safe haven where people can come together, share their feelings, and get the support they need. Whether it's through expert advice, connecting with others in similar situations, or accessing helpful resources, HarmonyHaven is here to make sure no one feels alone in their struggles. With the power of technology, we're turning it into a place of hope and understanding, showing that even in the digital world, we can create a space that truly cares about mental health.

# 1.1Functionality of the Mental Health Support Network Website:

1. **Client Enrolment and Profiles:**

**Description:** Clients can make accounts with their name, email, and secret key. They have the choice to give extra insights concerning their emotional well-being requirements in their profile.

**Explanation:** This usefulness permits clients to customize their experience on the stage and gives a premise to interfacing them with the fitting assets.

**2.Search and Matching Framework:**

**Description:** Clients can look for emotional wellness experts, support gatherings, and assets in view of area, strength, or explicit necessities.

**Explanation:** This element empowers clients to rapidly find pertinent help in light of their particular prerequisites, guaranteeing they associate with the right experts and assets.

**3.Client Surveys and Evaluations:**

**Description:** Clients can peruse and leave audits and appraisals for emotional wellness experts and care groups, helping other people pursue informed choices.

**Explanation:** This usefulness constructs trust and straightforwardness by permitting clients to share their encounters, guaranteeing others can pursue very much educated decisions.

**4.Secure Informing Framework:**

**Description:** Clients can speak with emotional wellness experts, support gatherings, and different clients through a safe informing stage, guaranteeing security and classification.

**Explanation:** This component works with direct correspondence, giving a place of refuge to clients to look for counsel, get clarification on some pressing issues, or take part in conversations.

**5.Arrangement Planning:**

**Description:** Clients can plan meetings with emotional wellness experts straightforwardly through the site, including choices for virtual or in-person meetings.

**Explanation:** This usefulness smoothes out the method involved with looking for proficient assistance, making it advantageous and available for clients.

**6.Asset Library:**

**Description:** An organized library of articles, recordings, and different assets connected with emotional well-being will be given, covering subjects like survival methods, taking care of oneself, and emotional wellness instruction.

**Explanation:** This fills in as a priceless asset centre, furnishing clients with useful substance to enhance their emotional wellness venture.

**7.Local area Gatherings and Conversation Sheets:**

**Description:** Discussions will be accessible for clients to interface with others confronting comparative difficulties, share encounters, and proposition support.

**Explanation:** This component encourages a feeling of local area, permitting clients to interface on a more profound level, share experiences, and deal backing to each other.

**Crisis Contacts and Hotlines:**

**Description:** A rundown of nearby and public psychological well-being hotlines and assets will be accommodated quick assistance in emergency circumstances.

**Explanation:** This basic component guarantees that clients approach prompt assistance in the midst of emergency, focusing on their security and prosperity.

# **1.2.1 Usability Goals:**

**Usability Goal 1:** Intuitive Navigation

**Implementation:** The website will have a clear and intuitive menu structure, allowing users to easily find the information or features they need. Navigation will be straightforward, with clearly labelled buttons and links.

**Usability Goal 2:** Clear Communication

**Implementation:** Concise and empathetic language will be used throughout the website to provide clear instructions, information about services, and guidance on using the platform.

**Usability Goal 3:** User-Friendly Search Functionality

**Implementation:** The search feature will be prominently displayed, allowing users to quickly and accurately find mental health professionals, support groups, and resources. The search results will be organized and easy to navigate.

**Usability Goal 4:** Mobile Responsiveness

**Implementation:** The website will be designed to be fully responsive on various devices, including smartphones and tablets, to ensure seamless access and usability for users on-the-go.

**Usability Goal 5:** Accessibility Compliance

**Implementation:** The platform will adhere to accessibility standards, such as WCAG 2.0, to ensure that individuals with disabilities can navigate and interact with the website effectively.

**Usability Goal 6:** Engaging Visual Design

**Implementation:** The website's visual elements, including colours, fonts, and graphics, will be chosen to create an inviting and visually appealing environment that supports a positive user experience.

**Usability Goal 7:** Feedback Mechanism

**Implementation:** The platform will provide feedback to users for actions taken, such as successful form submissions or error messages, to ensure transparency and clarity in their interactions with the website.

**Usability Goal 8:** Streamlined Registration Process

**Implementation:** The registration process will be designed to be efficient and user-friendly, with clear instructions and minimal steps required to create an account.

**Usability Goal 9:** Personalization Options

**Implementation:** Users will have the ability to customize their experience on the platform, such as setting preferences for notifications or selecting their preferred communication methods.

**Usability Goal 10:** Data Security and Privacy Assurance

**Implementation:** Robust security measures will be implemented to safeguard user data, providing reassurance to users about the confidentiality of their information.

# **1.2.2 Desirable Aspects of User Experience:**

**Aspect 1:** Empathetic Design

**Implementation:** The website's design will employ a soothing colour palette and calming visuals to create a comfortable and welcoming environment. It will aim to convey empathy and understanding, creating a safe space for users.

**Aspect 2:** Responsive Design

**Implementation:** The website will be optimized for various devices (desktop, tablet, mobile) to ensure a seamless experience for all users. It will adapt to different screen sizes and resolutions.

**Aspect 3:** Community Building

**Implementation:** The platform will encourage community engagement and foster a sense of belonging by highlighting user success stories and achievements, as well as featuring user-generated content, such as testimonials and personal stories.

**Aspect 4:** Gamification

**Implementation:** To make the user experience more enjoyable and motivating, gamification elements will be integrated, offering rewards, badges, and challenges for user participation and progress tracking.

**Aspect 5:** Real-time Support

**Implementation:** Users will have access to real-time chat or messaging support for immediate assistance, ensuring that they can reach out for help when they need it most.

**Aspect 6:** Seamless Transitions

**Implementation:** The website will provide smooth transitions between different sections and features, ensuring that users can navigate the platform without interruption or delays.

**Aspect 7:** Curation

**Implementation:** The platform will curate and recommend relevant resources, articles, and videos to users based on their preferences and interactions, delivering personalized content that adds value to their mental health journey.

# **1.2.3 Design Principles:**

**Design Principle 1:** Consistency

**Implementation:** The website will maintain consistent branding elements (logo, color scheme, typography) throughout. This consistency will help establish trust and recognition among users.

**Design Principle 2:** Accessibility

**Implementation:** The website will adhere to Web Content Accessibility Guidelines (WCAG) 2.0 to ensure it is accessible to individuals with disabilities. This includes providing alternative text for images, using proper heading structures, and ensuring keyboard navigation.

**Design Principle 3:** Intuitive Information Hierarchy

**Implementation:** The platform will organize information in a clear and hierarchical manner, prioritizing important content and ensuring that users can easily find what they are looking for without feeling overwhelmed.

**Design Principle 4:** Minimalistic Interface

**Implementation:** The website will employ a clean and clutter-free interface, focusing on essential elements to prevent information overload and create a visually pleasing experience.

**Design Principle 5:** Feedback and Affordance

**Implementation:** Interactive elements will provide clear feedback to users, indicating their status or the action they can take. This includes hover effects, button states, and confirmation messages.

# **1.2.4 Interaction Types:**

**Interaction Type 1:** Secure Messaging

**Implementation:** The website will feature a secure messaging system that enables users to communicate with mental health professionals, support groups, and other users. This system will prioritize privacy and confidentiality.

Interaction Type 2: Appointment Booking

**Implementation:** Users will be able to schedule appointments with mental health professionals directly through the website. The booking process will be intuitive and user-friendly.

**Interaction Type 3:** Community Forums

**Implementation:** The platform will host community forums where users can engage in discussions, share experiences, and offer support to one another. Moderators will oversee these forums to ensure a safe and respectful environment.

**Interaction Type 4:** Personal Journals

**Implementation:** Users will have the option to maintain personal journals within the platform, providing a private space to reflect on their thoughts and emotions. They may choose to share journal entries with their chosen support network.

**Interaction Type 5:** Virtual Support Groups

**Implementation:** In addition to in-person support groups, the platform will facilitate virtual support group sessions, allowing users to connect with others facing similar challenges, regardless of geographical location.

# **1.2.5 Social Interactions:**

**Social Interaction 1:** Community Forums

**Implementation:** The website will host community forums where users can interact, share experiences, and offer support to one another. This feature will promote a sense of belonging and community.

**Social Interaction 2:** Peer Messaging

**Implementation:** Users will have the ability to send private messages to other members within the platform, allowing for one-on-one interactions and support exchanges in a confidential and secure manner.

**Social Interaction 3:** User Profiles and Bios

**Implementation:** Each user will have a customizable profile with the option to provide a brief bio. This allows users to share a bit about themselves, fostering connections and understanding among the community.

**Social Interaction 4**Activity Feeds

**Implementation:** The platform will include activity feeds where users can post updates, achievements, and resources related to their mental health journey. Others can engage with these posts by liking, commenting, or sharing.

**Social Interaction 5**Support Group Chats

**Implementation:** Users within the same support group will have the option to participate in group chats, facilitating real-time interactions and discussions among members who are facing similar challenges.

**Social Interaction 6:**Peer-to-Peer Recommendations

**Implementation:** Users will be able to recommend resources, articles, or professionals to others based on their own experiences, creating a supportive network of shared knowledge and guidance.

# **1.2.6 Emotional Interaction:**

**Emotional Interaction 1:** Empathy and Supportive Language

**Implementation:** The language used on the website will be carefully chosen to convey empathy, support, and understanding. It will aim to create a supportive environment for users seeking help.

**Emotional Interaction 2:** Virtual Hugs and Well-Wishes

**Implementation:** The platform will incorporate features that allow users to send virtual hugs, positive affirmations, and well-wishes to one another, providing a comforting and uplifting experience.

**Emotional Interaction 3:** Inspirational Quotes and Affirmations

**Implementation:** Users will have access to a collection of inspirational quotes and affirmations related to mental health and well-being, offering moments of encouragement and motivation throughout their journey.

# **1.2.7 Web Content Accessibility and Guidelines (WCAG) 2.0:**

**Accessibility Measure 1:** Alt Text for Images

**Implementation:** All images on the website will have descriptive alternative text, ensuring that users with visual impairments can understand the content.

**Accessibility Measure 2:** Keyboard Navigation

**Implementation:** The website will be designed to allow users to navigate and interact with all elements using a keyboard alone, ensuring accessibility for individuals with mobility impairments.

**Accessibility Measure 3:** Contrast and Colour Accessibility

**Implementation:** The platform's colour scheme and design elements will adhere to WCAG guidelines for contrast ratios, making sure that text is legible and distinguishable for users with visual impairments or colour vision deficiencies.

**Accessibility Measure 4:** Headings and Structure

**Implementation:** Proper heading tags will be used to organize content hierarchically, aiding screen reader users in understanding the structure and flow of information on each page.

**Accessibility Measure 5:** ARIA Landmarks

**Implementation:** ARIA landmarks will be implemented to provide additional navigation and context cues for screen reader users, facilitating a more intuitive browsing experience.

**Accessibility Measure 6:** Captions and Transcripts for Media

**Implementation:** Videos and audio content will be accompanied by captions or transcripts, ensuring that users with hearing impairments have access to the content.

**Accessibility Measure 7:** Text Resize and Zoom

**Implementation:** The website will allow users to easily resize text or zoom in on content without loss of functionality or readability, benefiting individuals with visual impairments or low vision.

# **CONCLUTION**

In conclusion, the creation of the Mental Health Support Network marks a significant milestone in the pursuit of accessible and compassionate mental health resources. By harnessing the capabilities of technology, we have established a platform that not only provides essential functionalities but also does so with a profound understanding of the sensitive nature of mental health support. Through careful consideration of usability goals, user experience, design principles, interaction types, social interactions, emotional engagement, and adherence to Web Content Accessibility Guidelines (WCAG) 2.0, we have crafted a space where individuals can seek and receive the support they require, while safeguarding their dignity and privacy. The incorporation of features such as user reviews, secure messaging, and a comprehensive resource library further enhances the platform's value, empowering users on their journey towards mental well-being. With an unwavering commitment to web accessibility, we ensure that the Mental Health Support Network remains an inclusive and welcoming space for all individuals, regardless of their abilities or disabilities. This platform stands as a testament to the transformative potential of technology in the realm of mental health advocacy, offering not only resources but also a community of understanding and support.

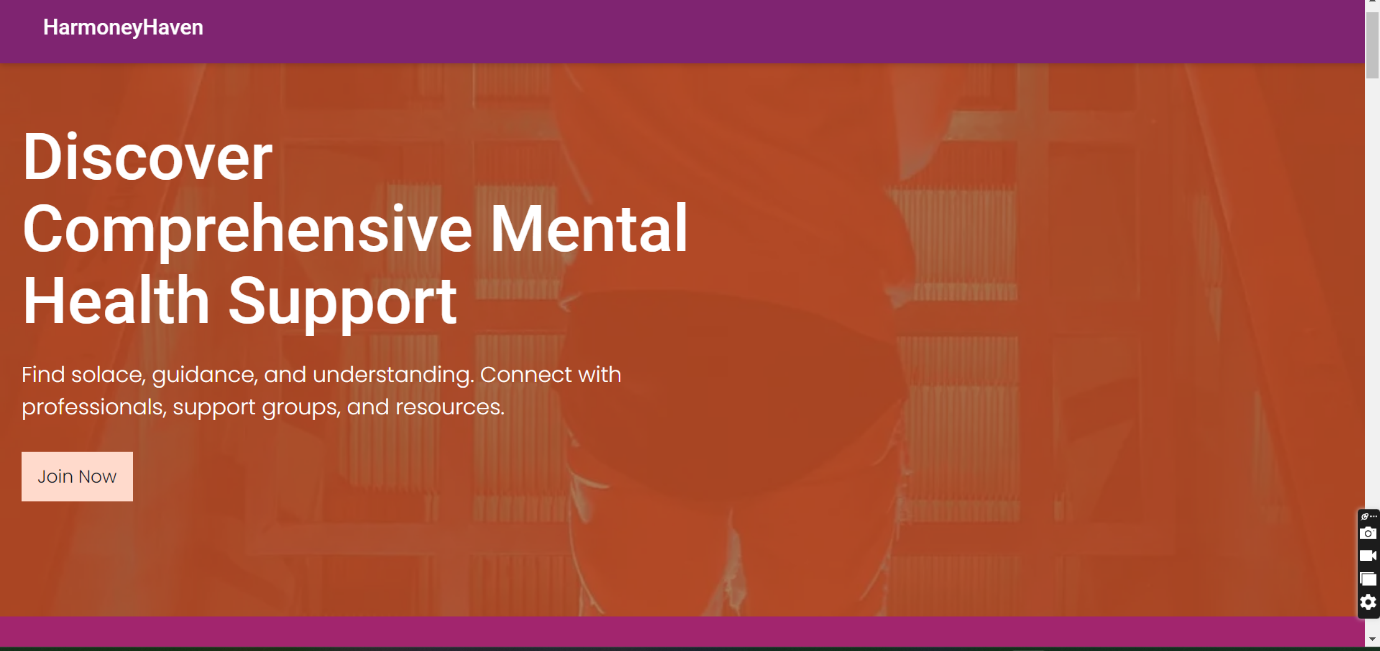
LECTURE FEEDBACK

make the HarmonyHaven platform easier to use. First, i made sure the platform works well on different devices, like phones and computers, so everyone can have a smooth experience. i also focused on following guidelines called WCAG 2.0 to ensure that people with different abilities can use HarmonyHaven. I paid attention to how the platform looks, choosing nice colours, fonts, and pictures to make it welcoming. Lastly, when users do something on the platform, they'll get clear and quick feedback to help them understand what's happening. These changes are meant to make HarmonyHaven a user-friendly place where everyone can get the support they need for their mental health.

**Prototype**

[**https://harmoneyhaven.mydurable.com/**](https://harmoneyhaven.mydurable.com/)

<https://harmoneyhaven.mydurable.com/>



A collage of a person wearing a turban

Description automatically generated

A purple and white screen with white text

Description automatically generated

A group of people walking on a path

Description automatically generated

A person walking in a field of purple flowers

Description automatically generated

A person and person posing for a picture

Description automatically generated

A collage of people holding hands

Description automatically generated

A bowl of fruit and cereal

Description automatically generated

A purple and orange screen

Description automatically generated

A screenshot of a computer

Description automatically generated

A group of people with text

Description automatically generated

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