

ANTIDOTE GRAMMY MANTIS'S SECRET RECIPE

To clear the parasitic infection of plutocracy
(and other soul ailments which can lead to pandemics)

Preheat the oven of your soul

Equal parts of the following beliefs:

- 1cup We are one
- 1 cup There is plenty
- 1 cup Sacred Reciprocity

Mix ingredients thoroughly by holding the thoughts in
your mind, turning them over and over.

Sprinkle with a pinch of faith.

Add belief and faith mixture to your body with rhythmic vibration like listening to drumming or even humming, singing or possibly chanting these phrases:



We are ONE! There is plenty! Sacred Reciprocity!



Place in soul oven on low heat. Continue to hold the beliefs in your mind while vibrating your body. Share with your loved ones. As you enjoy, it will altar your souls, your bodies, the atmosphere and heal the infection.

Once the infection clears, altared ways of being can truly begin for you will see with clear light perception the altarnative models. With these, real social change is possible: dignity, respect and justice.

First though, one must release the parasitic beliefs which keep the soul-compromising infection of greed, corruption, hoarding and plutocracy in our bodies and social systems.



Take this Antidote and Heal!
GRAMMY LOVES YOU