

Dr B.C. Grey

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Wilderness road
Claremont
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Orthopaedic Surgeon: Shoulder & Elbow

2022 – 02 – 02

To: Attending physiotherapist

Re: Mr Cesare Mannino

Diagnosis: Recurrent anterior shoulder instability

Thank you for seeing Cesare. He saw me on 27 January 2022 after he had subluxed / dislocated his left shoulder the day before. It reduced spontaneously. The first dislocation occurred in 2008 while in gym and the second episode occurred in February 2021. He has mild generalised ligamentous laxity.

On examination the shoulder was well reduced with tenderness over the anterior and posterior joint lines. He was neurologically intact. I performed an ultrasound scan of his shoulder in my rooms, which showed an intact rotator cuff and a shallow Hill Sachs lesion.

I have advised surgical stabilization of the shoulder in the near future. Please commence with rotator cuff strengthening in the mean time.

Kind regards

Ben Grey

A handwritten signature in black ink, appearing to read 'BC Grey', with a stylized flourish underneath.

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