

## PN 1031 – Introductory Mental Health Nursing (1 Credit)

### Description

Introductory Mental Health Nursing provides an introduction to mental health nursing which will require you to examine human dynamics and adaptive/maladaptive responses to internal and external stressors. While in this course you will be provided a summary of foundational psychological theory, an overview of current psychotherapeutic treatment modalities, and common mental health disorders. The professional standards of QSEN provide the context for this course to direct learning and provide meaningful purpose as you prepare to care compassionately for this vulnerable population. Upon completion of this course you will be able to identify the professional role of LPNs in providing compassionate care for those with selected psychiatric disorders.

### Course Objectives

- Examine the legal, ethical, and historical aspects of mental health nursing (EPSLO # 1, 2, 3, 4, 5).
- Define the essential components of the nurse-client relationship in mental health nursing (EPSLO # 1, 2, 3, 4, 5).
- Explain the nursing process in the care of the client with mental health alterations (EPSLO # 1, 2, 3, 4, 5).
- Discuss screening tools for mental health alterations (EPSLO # 1, 2, 3, 4, 5).
- Define characteristics of various mental health alterations (EPSLO # 1, 2, 3, 4, 5).
- Relate the aspects of National Patient Safety Goals (NPSG) to the mental health client (EPSLO # 1, 2, 3, 4, 5).
- Identify mental health concerns on a life continuum, including children, adolescents, and adult populations (EPSLO # 1, 2, 3, 4, 5).
- Explain the dynamics of anger, violence, and crisis as it applies to mental health (EPSLO # 1, 2, 3, 4, 5).

### Course Outline

- Introduction to Mental Health and Mental Illness
- Mental Health Care
- Fundamental Nursing Roles in Mental Health Nursing
- Specific Psychiatric Disorders
- Age-Specific Disorder and Issues
- Introductory Mental Health Nursing Final

### Textbook & Reading Materials

DocuCare, Lippincott (ISBN: 9781451185171)

NCLEX-Passpoint (ISBN: 9781496309327)

Introductory Mental Health Nursing, 4th Edition (ISBN: 9781975103781)

## Assignments & Assessments

Orientation  
Syllabus Agreement  
Class Rubrics  
Course Introduction  
APA Template  
Sign up for Prep U  
Mental Health Agenda Spring 2024.docx  
Participation  
Objectives - Day 1  
Reading - Day 1  
Ticket to Class  
Ticket to Class - Day 1  
Lecture Materials  
Chapter 1 Powerpoint  
Chapter 2 Powerpoint  
Chapter 3 Powerpoint  
Weekly Assignments  
Why Psych  
Participation  
Objectives - Day 2  
Reading - Day 2  
Ticket to Class  
Ticket to Class Day 2  
Lecture Materials  
Chapter 4 Powerpoint  
Chapter 5 Powerpoint  
Chapter 6 Powerpoint  
Weekly Assignments  
Reading Guide Worksheet CH 1-6  
Tests/Quizzes  
Test 1-6- Requires Respondus LockDown Browser  
Test 1 Study Guide  
Participation  
Objectives - Day 3  
Reading - Day 3  
Ticket to Class  
Ticket to Class - Day 3  
Lecture Materials  
Chapter 7 Powerpoint  
Chapter 8 Powerpoint  
Weekly Assignments  
Reading Guide Day 3  
Effective Communication Reflection  
Communication Case Studies  
Communication Case Studies Answers  
Tests/Quizzes  
Test 7 and 8- Requires Respondus LockDown Browser

Test 2 Study Guide  
Participation  
Objectives- Day 4  
Reading - Day 4  
Objectives- Day 5  
Reading - Day 5  
Objectives- Day 6  
Reading - Day 6  
Ticket to Class  
Ticket to Class - Day 4  
Ticket to Class - Day 5  
Ticket to Class - Day 6  
Lecture Materials  
Chapter 9 Powerpoint  
Chapter 10 Powerpoint  
Chapter 11 Powerpoint  
Chapter 12 Powerpoint  
Chapter 13 Powerpoint  
Chapter 14 Powerpoint  
Chapter 15 Powerpoint  
Chapter 16 Powerpoint  
Chapter 17 Powerpoint  
Weekly Assignments  
Reading Guide Part 1  
Reading Guide Part 2  
Drug Cards Week 4-6  
Case Studies  
Tests/Quizzes  
Study Guide Module 4 Test Part 1  
Study Guide Module 4 Test Part 2  
Test 9-13- Requires Respondus LockDown Browser  
Test CH 14-17- Requires Respondus LockDown Browser  
Participation  
Objectives - Day 7  
Reading - Day 7  
Ticket to Class  
Ticket to Class - Day 7  
Lecture Materials  
Chapter 18 Powerpoint  
Chapter 19 Powerpoint  
Weekly Assignments  
Prepare for all Finals  
Test/Quiz  
Chapter 18 and 19 Quiz  
18 and 19 Study Guide  
Participation  
Objectives - Day 8

Ticket to Class  
Ticket to Class - Day 8  
Weekly Assignments

End of Course Feedback Submission  
Student Feedback  
End of Course Survey

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*Subject to change. Please consult your Canvas course for the most current instructions and updates.*

## Classroom Hours

### Fall

Start: 10-10-2025

End: 12-12-2025

Friday

9:00 AM - 1:00 PM

### Spring

Start: 03-06-2026

End: 05-08-2026

Friday

9:00 AM - 1:00 PM

For a full list of course hours visit: [Course Schedule](#)

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## Instructor Contact Information

Preston Dye — [pdye@stech.edu](mailto:pdye@stech.edu)

Office Hours: By appointment

*Email is the preferred method of communication; you will receive a response within 72 hours during regular business hours.*

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## Canvas Information

Canvas is where course content, grades, and communication will reside for this course.

- Canvas URL: [stech.instructure.com](https://stech.instructure.com)
  - For Canvas passwords or any other computer-related technical support contact Student Services.
  - For Regular Hours and Weekdays call (435) 586 - 2899
  - For After Hours and Weekends call (435) 865 - 3929 (Leave a message if no response)
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## Policies

### Course Policies

**Instructor Information and Course Requirements:** The instructor will be available for more individualized questions during class breaks and by appointment. Students are expected to arrive on time to class ready to learn, having completed pre-class assignments and the required reading.

**Grading:** A cumulative average 80% or better is expected on all course requirements. Evaluation methods will include: Tickets to class (10%), Tests and quizzes (40%), Assignments (25%), and Class participation/professional behavior (25%). If a student's grade falls below 80%, an Academic Intervention Plan will be initiated, requiring remediation for successful course completion. A cumulative test average of 80% is required to pass the course.

**Remediation:** Remediation, if available, must be requested within 24 hours of the original assignment/test completion.

**Artificial Intelligence:** The use of generative AI (ChatGPT etc.) is not banned for this course. AI may be used as a tool to assist with the generation of ideas, but it may not be used to replace student work and is not an approved source for cited information

**Attendance:** It is expected students will attend all scheduled classes. In the event of an absence, the student is responsible for content discussed in class. Habitual tardiness or absences will be handled on a case by case basis.

**Cell Phone / Electronics:** See Practical Nursing Orientation Guide.

**Industry Environment:** The environment is a classroom setting with varied methods of instruction. Group projects and presentations are part of the curriculum. Laptop computers are required to access the electronic library and a host of other learning modalities. The majority of the time spent in the classroom will be sitting, with scheduled breaks as the lesson plan allows.

### Attendance: Didactic Class

The didactic curriculum will be covered over two semesters. Students who are not in class will be unable to learn and miss needed information; therefore, attendance is mandatory. If an absence is unavoidable, the student must notify the instructor prior to the absence when possible. An absence is defined as more than 15 minutes of missed class time, regardless of whether missed time occurs at the beginning, middle, or end of a scheduled class. Following the second absence, each subsequent absence will result in a 5% reduction in the student's overall theory grade. Breaks will be provided at specified intervals throughout the class sessions to attend to personal needs. Mobile phones and other electronic devices must remain in silent mode throughout the duration of the class. Please do not disrupt the class by receiving calls, being paged, or leaving inappropriately. Excessive text messaging/social media during class will not be tolerated. Use of the technologies, as mentioned above, during class will result in students being asked to leave for the remainder of the class with an absence recorded on their attendance record. Should any specific issues arise, students should discuss them with the instructor.

### Punctuality: Didactic Class

Arriving late, leaving early, or frequently exiting the classroom during class disrupts the instructor and classmates. In order to mirror professional workplace standards, punctuality will be tracked. Tardiness is defined as missing 1 to 14 minutes of class time after the class has started. The determination of tardiness will be made at the discretion of the faculty. Habitual tardiness in the didactic setting will prompt the implementation of an academic intervention plan, which will be structured according to the following scale: 2 tardies/course = verbal warning, each subsequent tardy will result in a 2% reduction in the student's overall theory grade. 3 tardies/course = academic intervention plan and a 2% deduction to their overall grade. 5 tardies/course = dismissal from program. Students who are late or absent on the day of an exam will be required to take the examination within a 24-hour window. Failure to do so within this timeframe will result in a 5% deduction per day, up to a maximum of 7 days, with no opportunity for remediation.

## Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online: 1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: [cestes@stech.edu](mailto:cestes@stech.edu), (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: [ctracy@stech.edu](mailto:ctracy@stech.edu), (435) 865-3944.

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