

PN 1051 - Introductory Maternal-Newborn & Pediatric Nursing (3 Credits)

Course Description

Introductory Maternity and Pediatric Nursing builds on the concepts of previous nursing courses with emphasis on utilizing the nursing process in dealing with maternity, newborn, and child health. During the course you will explore the concepts of health promotion, disease prevention and alterations in health related to women and children. Emphasis is on whole person care of child bearing families. Management and planning of the Nursing Process will include concepts from a variety of culturally diverse settings to include nursing in the community. AACN Essentials for Professional Nursing Education provide the context for this course to guide your learning and provide meaningful purpose. When you have completed this course, you will be able to demonstrate competence in performing the fundamental nursing skills for maternity and pediatric nursing in the context of Patient Centered Care.

Course Objectives

- Demonstrate the following: physical assessment (data collection), psychosocial assessment, and developmental assessment; and incorporate the findings in the management of nursing care for the maternal or child client. (EPSLO 1,2,3,4,5)
- Discuss and apply the steps of the nursing process as they relate to the management of nursing care for maternity, newborn, and child health. (EPSLO 1,2,3,4,5)
- Determine the appropriate communication techniques and demonstrate usage in providing nursing care for women and children. (EPSLO 1,2,3,4,5)
- Utilize critical reasoning, role modeling, and creativity to meet the needs of women and children with diverse psychosocial, physical, and cultural backgrounds in a variety of settings. (EPSLO 1,2,3,4,5)
- Assume responsibility for expansion of knowledge base in the area of women and child health nursing. (EPSLO 1,2,3,4,5)
- Evaluate possible legal/ethical issues in the areas of maternity and child nursing. (EPSLO 1,2,3,4,5)
- Understand cultural/social/economic and political influences which can impact health and care provided to women and children.(EPSLO 1,2,3,4,5)

Course Outline

- Overview of Maternal and Newborn Health Care and Foundations of Maternity Nursing
- Pregnancy
- Labor and Birth
- Postpartum Care and Postpartum Women at Risk
- Newborn Care
- Newborn at Risk
- Pregnancy and Labor at Risk
- Midterm
- Health Promotion for Normal Growth and Development
- Foundations of Pediatric Nursing
- Special Concerns of Pediatric Nursing
- The Child With a Health Disorder
- Introductory Pediatric Nursing Final

Textbook & Reading Materials

Docucare, Lippincott Williams & Wilkins, ISBN: 9781451185171

NCLEX-Passpoint, Lippincott Williams & Wilkins, ISBN: 9781496309327

Classroom Hours

Start: 08-15-2025

End: 12-5-2025

Friday

9:00 AM - 3:00 PM

For a full list of course hours visit: [Course Schedule](#)

Instructor Contact Information

Vicki Swasey — vswasey@stech.edu

Office Hours: By appointment

Email is the preferred method of communication; you will receive a response within 24 hours during regular business hours.

Canvas Information

Canvas is the where course content, grades, and communication will reside for this course.

- stech.instructure.com
 - For Canvas passwords or any other computer-related technical support contact Student Services.
 - For regular Hours and Weekdays call (435) 586 - 2899.
 - For after Hours & Weekends call (435) 865 - 3929 (Leave a message if no response).
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Course Policies

See Student Policy and Orientation Manual

Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online:

1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: cestes@stech.edu, (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: ctracy@stech.edu, (435) 865-3944.

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