

PN 1038 - Skills and Simulation Lab I (3 Credits)

Course Description

Practical Nursing Skills and Simulation Lab I is designed to enhance your academic learning of nursing intervention concepts by helping nursing students gain an understanding of their role in patient safety and utilize the opportunities to apply the knowledge, skill, and attitudes learned in the didactic courses through simulated scenarios. With emphasis on the valuable opportunity of practicing skills on adult-sized “clients”, this student-centric learning model allows “hands on” practice time with sophisticated learning technology that emulates the medical environment. Throughout this course, you will traverse the bridge between classroom learning and real-world nursing practice. By the end of this course you will have applied some of the most commonly performed fundamental skills within a simulated medical setting.

Course Objectives

- Demonstrate basic clinical competence through performance of fundamental nursing skills (EPSLO # 1, 2, 3, 4, 5).
 - Apply the aspects of NPSG to client care (EPSLO # 1, 2, 3, 4, 5).
 - Utilize proper body mechanics while caring for the inactive client (EPSLO # 1, 2, 3, 4, 5).
 - Identify use of “the Six Rights” when simulating medication administration (EPSLO # 1, 2, 3, 4, 5).
 - Organize client information to successfully complete SBAR communication (EPSLO # 1, 2, 3, 4, 5).
 - Apply fundamental nursing skills to client care in emergent situations (EPSLO # 1, 2, 3, 4, 5).
 - Identify AACN Essentials while simulating care for clients (EPSLO # 1, 2, 3, 4, 5).
 - Utilize the Nursing Process while simulating care for the terminally ill client (EPSLO # 1, 2, 3, 4, 5).
 - Make use of electronic medical record technology to document client care (EPSLO # 1, 2, 3, 4, 5).
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Course Outline

- Orientation, Aseptic Technique, Infection Control, and Personal Protective Equipment
- Vital Signs, and Physical Assessment
- Assisting the Inactive Client
- Medication Administration
- Special Examinations and Tests
- Assisting with Basic Needs
- Promoting Elimination
- The Surgical Client
- Intervening in Emergency Situations, and Intravenous Therapy
- Caring for the Terminally Ill Client

Textbook & Reading Materials

Docucare, Lippincott Williams & Wilkins, ISBN: 9781451185171

NCLEX-Passpoint, Lippincott Williams & Wilkins, ISBN: 9781496309327

Lippincott Skills, Pamela B Lynn, ISBN: 9781975182519

Fundamental Nursing Skills and Concepts, Loretta A. Donnelly-Moreno, 9781975141769

VSIM for Nursing Fundamentals, 9781975192464

VSIM for Nursing Pharmacology, 9781975198121

Henke's Med-Math: Dosage Calculation, Preparation & Administration, Susan Buchholz, 9781975106522

Lippincott DocuCare, 9781451176698

Assignments and Assessments

Orientation
Skills & Simulation I Agenda Fall 2025
Nursing Student Policy & Orientation Guide.pdf
Introduction and CPR
Week 1 Participation
Healthcare Experience
CPR Card
Scavenger Hunt Orientation
Syllabus Agreement
Care Plans
Week 2 Participation
Nursing Care Plan Video
Nursing Care Plan
Ticket to class Day 1
DocuCare Scavenger Hunt
Edith Jacobsen DocuCare
Edith Jacobsen VSIM
Communication & Infection Control
Week 3 Participation
Ticket to Class Day 2
Medical Abbreviations Worksheet
Abbreviations Quiz- Requires Respondus LockDown Browser
Using Personal Protective Equipment (PPE) _ CDC.pdf
Donning PPE
Doffing PPE Example 1
Doffing Example 2
Creating a Sterile Field
Adding Items to a Sterile Field
Sterile Gloves
SBAR.pptx
Head to Toe Assessment.docx.pdf
N95 Fit Test Card
Physical Assessment & Safety INFECTION CONTROL PASS
OFF DAY
Week 4 Participation
Ticket to Class Day 3
Interactive Case Studies: Asepsis & Vital Signs
Medical Positions
Case Study 14: Comfort
Head-to-Toe Assessment
Head to Toe Documentation
Physical Assessment & Safety
Ticket to Class Day 4
Week 5 Participation
Vital Signs Log
Case Study 14: Impaired Tissue Integrity and Pain
Case Study 14: Acute Pain, Conceptual Debriefing & Case
Reflection, Quiz
Station Verification 1/15/23
Assisting with Basic Needs PASS OFF: Opening/Closing, Vital
Signs, Head-to-
Toe Assessments
Week 6 Participation
Ticket to Class Week 5
Ticket to Class Week 6
CPM Machine
Assisting the Inactive Client
Week 7 Participation
Case Study: Confusion, Dementia, & Loss of Independence
Case Study Chapter 14 #1
Ticket to Class Week 7
Head to Toe Practice Assessment
The Surgical Client, Promoting Elimination
Week 8 Participation
Inserting a Nasogastric Tube
Foley Catheter- Female
Ticket to Class: Week 8
Foley Catheter- Male
Case Study #2 & Compare Quiz
Medication Administration
Week 9 Participation
Drug dose calculation worksheet
Christopher Parrish VSIM
Ticket to Class Week 9
IV I PASS OFF: NG & Foley
Week 10 Participation
IV Therapy Powerpoints
IV Set Up
Veins for IV Use
IV Video Assignment
IV Videos
Chapter 35 Assignment
Mastery Quiz Chapter 35
Chapter 6 proficiency test
I have completed the IV course and am ready to test
IV Test- Requires Respondus LockDown Browser
IV II
Week 11 Participation
IV PASS OFF DAY
Week 12 Participation
Lab Final Simulation PASS POINT FINAL EXAM
Week 13 Participation
IV Pass Off #1
IV Pass Off #2- Blood Draw
Chapter 13 Case #2
Week 14 Participation
Sterile Wound Dressing Change Pass Off
Sterile Dressing rubric.docx
Test Taking Strategies
Week 15 Participation
Braden Scale Assignment
Fall Risk Assessment Assignment
Seizure Precautions
Skills Checklist Assignment Upload
Drug Dose Self Test 3
Chapter 11, Case Study 1: Weight Loss and Constipation

Skills Lab Checklist
Skills Final- Rubric Upload
Skills final Narrative Charting
PassPoint Remediation
Medical Terminology_ Chapter 1.pp1tx
Medical Terminology Flashcards.pdf
ATI Vital Signs
Personal !Hygiene
ATI -Transferring and Moving Patients
ATI - Restraints
ATI - Range of Motion
ATI Specimen Testing
Physical Assessment Head-to-Toe
Written Guide to Foley Catheter Insertion
ATI - Sterile Field
ATI - Foley Catheter
Written Guidelines on Giving Enemas
How to Give a Soap Suds Enema
Ory Dressing Change (non-sterile)
Dressing Change with Irrigation and Sterile Packing
Written Guide for Nasogastric Insertion
Insertion of an NG Tube
Gas.tric Decompression
Care and Maintenance of an NG Tube
Removing an NG Tube
EKG Lead Placement
Quvi & PureWick Videos
Practice Video
UBtech Standard Format.docx
Evaluation

Subject to change. Please consult your Canvas course for the most current instructions and updates.

Classroom Hours

Start: 8-13-2025

End: 11-12-2025

Wednesday

9:00 AM - 3:30 PM

For a full list of course hours visit: [Course Schedule](#)

Instructor Contact Information

Kylee McBride — kmcbride@stech.edu

Office Hours: By appointment

Email is the preferred method of communication; you will receive a response within 72 hours during regular business hours.

Canvas Information

Canvas is the where course content, grades, and communication will reside for this course.

- stech.instructure.com
 - For Canvas passwords or any other computer-related technical support contact Student Services.
 - For regular Hours and Weekdays call (435) 586 - 2899.
 - For after Hours & Weekends call (435) 865 - 3929 (Leave a message if no response).
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Course Policies

See Student Policy and Orientation Manual

Absence will receive 0 score for the day

Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online:

1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: cestes@stech.edu, (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: ctracy@stech.edu, (435) 865-3944.

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