

TEES 1020 - Basic Theory I (4 Credits)

Course Description

This course introduces the basic procedures of skin care. This includes an understanding of the basic structure, composition of the skin, and maintenance of healthy skin. Students will demonstrate and explain theory and practical application procedures associated with the basic needs of the skin.

Course Objectives

- Identify the factors that influence aging of the skin.
 - Recognize which skin disorders can be treated in the spa and which should be referred to a physician.
 - Demonstrate proper set-up, cleaning, and disinfection during treatments.
 - Perform various types of basic esthetic services.
 - Demonstrate and explain basic theory, practical application, and procedures associated with basic skin care.
 - Demonstrate and learn practical applications while working on course related content.
 - Students will demonstrate competency through assignments, testing, and practical application.
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Course Outline

- Treatment Room
 - Skincare Products
 - Facial Treatments
 - Chemistry, Electricity, and Safety
 - Skin Histology
 - Infection Control
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Textbook & Reading Materials

Basic Textbook (Fundamental and Foundations Textbook Bundle), Milady, ISBN: 9780357263792

Basic Work Book (Fundamental and Foundations Workbook), Milady, ISBN: 9780357482841

Assignments and Assessments

Orientation

Southwest Tech Master Esthetician Handbook 2025.pdf

Esthetics Chapter 7: The Treatment Room Reading and Workbook

Barbicide Certification

Esthetics Chapter 6: Skin Care Products: Chemistry, Ingredients & Selection Reading and Workbook

Test: Esthetics Chapter 6: Skin Care Products: Chemistry, Ingredients, and Selection

Facial Palette Set Up.jpg

Facial Cleansing Demo Video.MOV

Facial cleanse protocol.png

FR Product Training Ebook 2.14.25.pdf

Glymed Product Knowledge Guide.pdf

iSClinical Training Manual.pdf

Esthetics Chapter 5: Skin Analysis Reading and Workbook

What's my Fitzpatrick Type?

Test: Esthetics Chapter 5: Skin Analysis

Client Charting Example

Esthetics Chapter 9: Facial Massage Reading and Workbook

Facial Massage Demo.MOV

Facial Massage Protocol

Arm and Hand Massage Protocol

Esthetics Chapter 8: Facial Treatments Reading and Workbook

Test: Esthetics Chapter 8: Facial Treatments

60 Minute Facial Protocol

60 minute Facial Demo

Client Charting Assignment

Foundations Chapter 6: Chemistry and Chemical Safety Reading and Workbook

Manicure Demo

Foundations Chapter 7: Electricity and Electrical Safety Reading and Workbook

Pedicure Demo

Foundations Chapter 6 Chemistry and Chemical Safety

Esthetics Chapter 3: Physiology & Histology of the Skin Reading and Workbook

3D Model of the Skin

60 Min. Hands on Assessment

60 Min. Assessment Charting Assignment

Skin Layers & Functions Mnemonic

Esthetics Chapter 3: Skin layer Labeling Test

Jelly Masque Demo

Chemical Peel Demo

Esthetics Chapter 4: Disorders & Diseases of the Skin Reading and Workbook

Test: Esthetics Chapter 4: Disorders of the Skin

Foundations Chapter 5: Infection Control Reading and Workbook

Test: Foundations Chapter 5: Infection Control Practical Test

High Frequency/Galvanic Demo

Basic Theory I Course Test Review Packet

Basic Theory I End-of-Course Test

Subject to change. Please consult your Canvas course for the most current instructions and updates.

Classroom Hours

Start: 7-10-2025

End: 8-13-2025

Tu, W, Th, Fr

8:00 AM - 11:00 AM

1:00 PM - 4:00 PM

For a full list of course hours visit: [Course Schedule](#)

Instructor Contact Information

Brittany Del Toro — bdeltoro@stech.edu

Roshni Mehta — rmehta@stech.edu

Jenna West — jwest@stech.edu

Office Hours: By appointment

Email is the preferred method of communication; you will receive a response within 24 hours during regular business hours.

Canvas Information

Canvas is the where course content, grades, and communication will reside for this course.

- stech.instructure.com
- For Canvas passwords or any other computer-related technical support contact Student Services.
- For regular Hours and Weekdays call (435) 586 - 2899.
- For after Hours & Weekends call (435) 865 - 3929 (Leave a message if no response).

Course Policies

Course Grading: Students are expected to maintain a minimum grade of 80% to pass all coursework. Any assignments that do not meet this standard must be redone.

Grade Scale: The following grading scale will be used to determine a letter grade.

• A : 94 - 100%	• B : 83 - 86%	• C : 73 - 76%	• D : 63 - 66%
• A- : 90 - 93%	• B- : 80 - 82%	• C- : 70 - 72%	• D- : 60 - 62%
• B+ : 87 - 89%	• C+ : 77 - 79%	• D+ : 67 - 69%	• F : 0 - 59%

Course Policies: Attendance is mandatory for all scheduled classes and lab sessions, as this is a DOPL regulated program, and all hours are needed to qualify for licensure. Professional appearance is required—students must wear scrubs in both the classroom and spa areas, with hair secured when working on students and models, and in the student spa when working on clients. Closed-toe, non-slip athletic shoes are mandatory in both the classroom and student spa. Safety protocols must be followed at all times when handling equipment and products, including proper sanitation and disinfection practices. Any use of substances that impair judgment or performance is strictly prohibited and may result in removal from the program. Cell phones should be put away during class and lab unless being used for course-related purposes. Further, policies adheres to the guidelines and standards outlined in the Master Esthetician Program Handbook. A more detailed description of program requirements, expectations, grading policy, attendance protocols, and uniform guidelines can be found in the handbook. Students are responsible for reviewing these policies to ensure compliance and successful completion of the program. If you have questions about these guidelines, please contact your instructor.

Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online:

1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: cestes@stech.edu, (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: ctracy@stech.edu, (435) 865-3944.

Southwest Technical College

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