

PN 1021 – Fundamental Nursing Skills and Concepts (4 Credits)

Description

Fundamental Nursing Skills and Concepts offers a thorough introduction to the fundamental skills required of the 21st century nurse. You will focus on the development of the myriad of basic nursing skills, including the cornerstone of nursing - physical assessment. You will practice skills ranging from basic (bedmaking, hygiene, skin care, etc.) through complex (airway management, oxygenation, fluid and chemical balance). When you have completed this course, you will be able to employ skills taught within this course that are essential to the success of any entry-level nurse.

Course Objectives

- Summarize care delivery based on a client's culture, preferences, and beliefs (EPSLO # 1, 2, 3, 4, 5).
- Define the professional accountability and responsibility of the LPN as a member of the health care team (EPSLO # 1, 2, 3, 4, 5).
- Explain evidence-based practice in the care of selected individuals, families, and communities to promote and maintain health (EPSLO # 1, 2, 3, 4, 5).
- Outline methods of continuous quality improvement to maintain current nursing practice (EPSLO # 1, 2, 3, 4, 5).
- Explain how the skills of effective communication techniques are used to collaborate and provide safe client care (EPSLO # 1, 2, 3, 4, 5).
- Discuss how the use of an electronic health record assists in providing optimal client care (EPSLO # 1, 2, 3, 4, 5).

Course Outline

- Orientation
- Exploratory Contemporary Nursing
- Integrating Basic Concepts
- Communication and Infection Control
- Physical Assessment and Safety
- Assisting with Basic Needs
- Assisting the Inactive Client
- The Surgical Client
- Promoting Elimination
- Medication Administration
- Intervening in Emergency Situations
- Caring for the Terminally Ill
- Fundamentals Nursing Final

Textbook & Reading Materials

vSim for Fundamentals (ISBN: 9781469894188)

NCLEX-Passpoint (ISBN: 9781496309327)

CoursePoint for Henke's Med-Math, 10e (ISBN: 9781975200206)

Lippincott course Point for Nursing Concepts-LPN/LVN (ISBN: 9781496362995)

Assignments & Assessments

Orientation
Orientation Acknowledgement
Agenda for Fundamentals
Nursing Student Policy & Orientation Guide.pdf
Syllabus Agreement
PrepU Class Sign Up
Assignments
Mastery Quiz Chapter 1
Mastery Quiz Chapter 2
My Entry into Practical Nursing
Videos
Nursing Care Plan Video Explanation
Subjective vs Objective
Powerpoints
Fundamentals Chapter 1.pptx
Fundamentals Chapter 2.pptx
Participation Day 1
Participation Day 2
Nursing Care Plan
Nursing Diagnosis Nurse Labs
NANDA List examples
2023 Nurse Together Nursing Diagnosis
NANDA Nursing Diagnoses 21-23 Sample
Quiz 1 Chapters 1 & 2 In Class
Chapter 3 Interactive Case Study-AT HOME
Measures and Records Blood Pressure
Bed Bath
Cleans Upper and Lower Dentures
Mouth Care
Perineal Care
Foot Care
Dresses Resident
Feeds a Dependent Resident
Making occupied bed
End of Course Survey
Participation Day 4
Test
Test 1 Study Guide.docx
Chapter 3
Chapter 4
Chapter 5
Ethical Dilemma Final
Nursing School Ethics Example
Test 1
Holism Ted Talk 13
Holism Ted Talk

Ticket to class Chapters 7,8,9,10 & 22
Assignments
Mastery Quiz Chapter 7
Mastery Quiz Chapter 8
Mastery Quiz Chapter 9
Mastery Quiz Chapter 10
Mastery Quiz Chapter 22
Powerpoint
Chapter 7 Fundies.pptx
Chapter 8 Fundies.pptx
Chapter 9 Fundies.pptx
Chapter 10 Fundies.pptx
Chapter 22 Fundies.pptx
Videos
Handwashing
Surgical Scrub
CDC Handwashing
PPE Sequence B
Participation
Participation Day 5
Participation Day 6
Test
Test 2 Study Guide.docx
Precaution Handouts
Chapter 12
Abbreviations Worksheet
Barriers to a Nurse Client Relationship.docx
Chapter 9 Charting Powerpoint.pptx
Precautions powerpoint.pdf
Test 2 Chapters 7,8,9,10 & 22
Assignments
Ticket to Class Chapters 12 & 13
Ticket to Class Chapters 11, 14, 15 & 16
Mastery Quiz Chapter 12
Mastery Quiz Chapter 13
Mastery Quiz Chapter 11
Mastery Quiz Chapter 14
Mastery Quiz Chapter 15
Mastery Quiz Chapter 16
Powerpoint
Chapter 11 powerpoint.pptx
Chapter 12 Fundies.pptx
Chapter 13 Fundies.pptx
Chapter 19 Fundies.pptx
Chapter 14 Powerpoint.pptx
Participation
Participation Day 7

Participation Day 8
Participation Day 9
Videos
Korotkoffr sounds
Radial-Apical Pulse
Lub Dub
Understanding Blood Pressure
How to Measure Blood Pressure Manually
How to Take a Temperature
Eye Assessment
Pupillary Responses
Weber and Rine Test
Infant Temperature
Blood Glucose
EKG Placement
Isotonic, Hypotonic, Hypertonic IV Solutions
Blood Type
Venipuncture
Parenteral Nutrition
Blood Transfusion Procedure
Test
Chapter 12 In Class
Chapter 13 In Class
swt assessment.docx
Pain Assessment Powerpoint Slids 13
Physical Assessment assignment
Chapter 11 assignment
Chapter 14 assignment
Chapter 12
Pain Assessment
Chapter 16 Powerpoint.pptx
Chapter 15 Powerpoint.pptx
Nutrition Assignment
Nurse crushed by accident with MRI machine 13
What happens during an MRI examination? 13
Pap smear and speculum examinations 13
In Class- Chapter 12 & 13 Quiz
Chapter 11-16 Official Study Guide.docx
In Class Test 3 11-16
Head to loie Assessment.docx.pdf
In Class Chapter 11 Critical Thinking Activity
Ticket to Class Chapters 17-21
Assignments
Mastery Quiz Chapter 17
Mastery Quiz Chapter 18
Mastery Quiz Chapter 19
Mastery Quiz Chapter 20
Mastery Quiz Chapter 21
Powerpoint

Chapter 17 Powerpoint.pptx
Chapter 18 Powerpoint.pptx
Chapter19.powerpoint
Chapter 20 Powerpoint.pptx
Chapter 21 Powerpoint.pptx
Videos
Integumentary Overview
REM and NREM Sleep
Introduction to Pain
Managing Surgical Pain
Oxygen Devices
Mechanism of Breathing
How to take an Arterial Blood Gas
Incentive Spirometer Use
Pursed Lip Breathing
Participation
Participation Day 10
Participation Day 11
Test 4 Group Test
Knowledge Check
Essay Question Test 3
Shaving and oral hygiene.pdf
Process of Pain.pdf
theories of pain.pdf
Oxygenation.pdf
Oxygenation PP Chapter 21 13
Shaving PP Chapter 17 13
Process of Pain PP Chapter 20 13
Test 4: Chapters 17-21
Test 4: Chapters 15-21
Case Study & End of Chapter questions Chapter 17
Case Study & End of Chapter questions Chapter 18
Falls Risk Assessment Tool
Ticket to Class Chapter 23-26
Powerpoint
Chapter 23 powerpoint.pptx
Chapter 24 Powerpoint.pptx
Chapter 25 Powerpoint.pptx
Chapter 26 powerpoint.pptx
Assignments
Mastery Quiz Chapter 23
Mastery Quiz Chapter 24
Mastery Quiz Chapter 25
Mastery Quiz Chapter 26
Participation
Videos
Splinting
Compartment Syndrome
Nursing Cast Care

Bucks Traction
Life with an External Fixator
CPM
Flexion and Extension
Supination vs pronation
Dorsiflexion and plantar flexion
Pin site care 13
How to put on a below knee prosthesis with one-way valve and knee sleeve? 13
Walking With a Prosthetic Limb - Prosthetic Step Training 13
Test
Chapter 24 Quiz
Care Plan
Participation Day 12
Care Plan Peer Review Rubric
Participation Day 13
Test 5: Chapters 23-26- Requires Respondus LockDown
Browser
Ticket to Class Chapters 27-31
Assignments
Mastery Quiz Chapter 27
Mastery Quiz Chapter 28
Mastery Quiz Chapter 29
Powerpoint
Chapter 27 Powerpoint.pptx
Chapter 28 Wound Care.pptx
Chapter 29 Gastrointestinal Intubation.pptx
Videos
Preoperative Checklist
Wound Care
Preoperative Nursing Care
Postoperative Nursing Care
Wound Care Clinical Skills
Intraoperative Nursing Care
Fecal Occult Blood Test
NG Insertion
Participation
Participation Day 14
Case Study Chapter 29
Wound Care: In Class Assignment
Chapter 27 In Class Pre-operative Assignment
Mastery Quiz Chapter 30
Mastery Quiz Chapter 31
Provides Catheter Care for Female Resident
Assists with Use of Bedpan
Measures and Records Urinary Output
Live Colonoscopy
Fecal Occult Blood Testing

Ostomy Bag Change
Chapter 30 powerpoint.pptx
Chapter 31 Powerpoint.pptx
Purewick
Kegel Exercises
Female Catheter Insertion
Soup Suds Enema
Male Catheter insertion
Enema/Suppository
Participation Day 16
Chapter 30 CAUTI Assignment - Signature Assignment
Test 6 group
Perform Skin Prep for Surgery
Urinary Incontinence Activity: Matching -In Class Activity
Test6
Test Chapters 23-26, 29-31 Study Guide.docx
Test: Chapters 23-26, 29-31
Test Chapters 23-26, 29-31 Study Guide-2.docx
Chapter 23-26, 29-31 Exam- Requires Respondus LockDown
Browser
Chapter 23-26, 29-31 Remediation Exam- Requires Respondus LockDown Browser
Ticket to Class Chapters 32-34
Mastery Quiz Chapter 32
Mastery Quiz Chapter 33
Mastery Quiz Chapter 34
Chapter32.pptx
Chapter33.pptx
Chapter34.pptx
Chapter35.pptx
Participation Day 17
Participation Day 18
Insulin Mixing 13
Chapter 27,28, 32-34 Exam- Requires Respondus LockDown
Browser
Medication Administration Group Assignment
Study Guide Chapters 27,28, 33, 34, & 34.docx
Test 7- Chapters 27, 28, 32-34 March 10th- Requires Respondus LockDown Browser
Mastery Quiz Chapter 36
Mastery Quiz Chapter 37
Chapter37.pptx
Chapter36.pptx
Participation Day 19
Participation Day 20
Trach care 13
Test 7- Chapters 27, 28, 32-34 March 10th- Requires

Respondus LockDown Browser
Airway Management 13
Tracheostomy Care- Lippincott 13
Test 7- Chapters 32-34, 36-37- Requires Respondus
LockDown Browser
Ticket to Class Chapters 36 & 37
Participation Day 21
Participation Day 22
Mastery Quiz Chapter 38
Chapter38.pptx
A Good Death: The inside story of hospice
When There is No Cure, Death Offers Control & Comfort
Ted Talk Dying with Dignity: The Importance of Choice at
End
of Life Care
Test 8 - Requires Respondus LockDown Browser
Ticket to Class Chapter 38
Final Exam- Requires Respondus LockDown Browser
Final Exam- Requires Respondus LockDown Browser
Beginning and Ending Steps for Skills
Hand Washing

Weight of Ambulatory Resident
Positions on Side
Transfers from Bed to WC Using Transfer Belt Pivoting to
Wheelchair
Transfers from Bed to Wheelchair Using Transfer Belt
Assists to Ambulate Using Gait Belt
Applies One Knee-High Elastic Stocking
Performs Passive Range of Motion Exercises
Radial Pulse
Respirations
Measures and Records Blood Pressure
Bed Bath
Cleans Upper and Lower Dentures
Mouth Care
Perineal Care
Foot Care
Dresses Resident
Feeds a Dependent Resident
Making occupied bed
End of Course Survey

Subject to change. Please consult your Canvas course for the most current instructions and updates.

Classroom Hours

Fall

Start: 08-11-2025

End: 10-28-2025

Mo, Tu

9:00 AM - 2:30 PM

Spring

Start: 01-05-2026

End: 03-24-2026

Mo, Tu

9:00 AM - 2:30 PM

For a full list of course hours visit: [Course Schedule](#)

Instructor Contact Information

Kylee McBride — kmcbride@stech.edu

Office Hours: By appointment

Email is the preferred method of communication; you will receive a response within 72 hours during regular business hours.

Canvas Information

Canvas is where course content, grades, and communication will reside for this course.

- Canvas URL: stech.instructure.com
 - For Canvas passwords or any other computer-related technical support contact Student Services.
 - For Regular Hours and Weekdays call (435) 586 - 2899
 - For After Hours and Weekends call (435) 865 - 3929 (Leave a message if no response)
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Policies

Course Policies

Instructor Information and Course Requirements: The instructor will be available for more individualized questions during class breaks and by appointment. Students are expected to arrive on time to class ready to learn, having completed pre-class assignments and the required reading.

Grading: A cumulative average 80% or better is expected on all course requirements. Evaluation methods will include: Tickets to class (10%), Tests and quizzes (40%), Assignments (25%), and Class participation/professional behavior (25%). If a student's grade falls below 80%, an Academic Intervention Plan will be initiated, requiring remediation for successful course completion. A cumulative test average of 80% is required to pass the course.

Remediation: Remediation, if available, must be requested within 24 hours of the original assignment/test completion.

Artificial Intelligence: The use of generative AI (ChatGPT etc.) is not banned for this course. AI may be used as a tool to assist with the generation of ideas, but it may not be used to replace student work and is not an approved source for cited information

Attendance: It is expected students will attend all scheduled classes. In the event of an absence, the student is responsible for content discussed in class. Habitual tardiness or absences will be handled on a case by case basis.

Cell Phone / Electronics: See Practical Nursing Orientation Guide.

Industry Environment: The environment is a classroom setting with varied methods of instruction. Group projects and presentations are part of the curriculum. Laptop computers are required to access the electronic library and a host of other learning modalities. The majority of the time spent in the classroom will be sitting, with scheduled breaks as the lesson plan allows.

Attendance: Didactic Class

The didactic curriculum will be covered over two semesters. Students who are not in class will be unable to learn and miss needed information; therefore, attendance is mandatory. If an absence is unavoidable, the student must notify the instructor prior to the absence when possible. An absence is defined as more than 15 minutes of missed class time, regardless of whether missed time occurs at the beginning, middle, or end of a scheduled class. Following the second absence, each subsequent absence will result in a 5% reduction in the student's overall theory grade. Breaks will be provided at specified intervals throughout the class sessions to attend to personal needs. Mobile phones and other electronic devices must remain in silent mode throughout the duration of the class. Please do not disrupt the class by receiving calls, being paged, or leaving inappropriately. Excessive text messaging/social media during class will not be tolerated. Use of the technologies, as mentioned above, during class will result in students being asked to leave for the remainder of the class with an absence recorded on their attendance record. Should any specific issues arise, students should discuss them with the instructor.

Punctuality: Didactic Class

Arriving late, leaving early, or frequently exiting the classroom during class disrupts the instructor and classmates. In order to mirror professional workplace standards, punctuality will be tracked. Tardiness is defined as missing 1 to 14 minutes of class time after the class has started. The determination of tardiness will be made at the discretion of the faculty.

Habitual tardiness in the didactic setting will prompt the implementation of an academic intervention plan, which will be structured according to the following scale:

- 2 tardies/course = verbal warning, each subsequent tardy will result in a 2% reduction in the student's overall theory grade.
- 3 tardies/course = academic intervention plan and a 2% deduction to their overall grade
- 5 tardies/course = dismissal from program

Students who are late or absent on the day of an exam will be required to take the examination within a 24-hour window. Failure to do so within this timeframe will result in a 5% deduction per day, up to a maximum of 7 days, with no opportunity for remediation.

Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online: 1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: cestes@stech.edu, (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: ctracy@stech.edu, (435) 865-3944.

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