

PN 1051 – Introductory Maternal-Newborn & Pediatric Nursing (3 Credits)

Description

Introductory Maternity and Pediatric Nursing builds on the concepts of previous nursing courses with emphasis on utilizing the nursing process in dealing with maternity, newborn, and child health. During the course you will explore the concepts of health promotion, disease prevention and alterations in health related to women and children. Emphasis is on whole person care of child bearing families. Management and planning of the Nursing Process will include concepts from a variety of culturally diverse settings to include nursing in the community. AACN Essentials for Professional Nursing Education provide the context for this course to guide your learning and provide meaningful purpose. When you have completed this course, you will be able to demonstrate competence in performing the fundamental nursing skills for maternity and pediatric nursing in the context of Patient Centered Care.

Course Objectives

- Demonstrate the following: physical assessment (data collection), psychosocial assessment, and developmental assessment; and incorporate the findings in the management of nursing care for the maternal or child client. (EPSLO 1,2,3,4,5)
- Discuss and apply the steps of the nursing process as they relate to the management of nursing care for maternity, newborn, and child health. (EPSLO 1,2,3,4,5)
- Determine the appropriate communication techniques and demonstrate usage in providing nursing care for women and children. (EPSLO 1,2,3,4,5)
- Utilize critical reasoning, role modeling, and creativity to meet the needs of women and children with diverse psychosocial, physical, and cultural backgrounds in a variety of settings. (EPSLO 1,2,3,4,5)
- Assume responsibility for expansion of knowledge base in the area of women and child health nursing. (EPSLO 1,2,3,4,5)
- Evaluate possible legal/ethical issues in the areas of maternity and child nursing. (EPSLO 1,2,3,4,5)
- Understand cultural/social/economic and political influences which can impact health and care provided to women and children.(EPSLO 1,2,3,4,5)

Course Outline

- Overview of Maternal and Newborn Health Care and Foundations of Maternity Nursing
- Pregnancy
- Labor and Birth
- Postpartum Care and Postpartum Women at Risk
- Newborn Care
- Newborn at Risk
- Pregnancy and Labor at Risk
- Midterm
- Health Promotion for Normal Growth and Development
- Foundations of Pediatric Nursing
- Special Concerns of Pediatric Nursing
- The Child With a Health Disorder
- Introductory Pediatric Nursing Final

Textbook & Reading Materials

Docucare, Lippincott (ISBN: 9781451185171)

NCLEX-Passpoint, Lippincott (ISBN: 9781496309327)

Assignments & Assessments

Orientation

Prep-U Class Code

Vocabulary Crossword - Foundations of Maternity Nursing

Maternal Newborn Spring 2025 Agenda

Day1

Day 1 Objectives

Module 1 - Power Points

Module 1 Kahoot

In Class Participation

Day 1 Participation

Birth Control Slideshows

Module 1 Study Material

Assignment

Mastery Level Assignment- Chapters 1-4

Culture within Labor & Delivery Paper

APA Format

Ticket to Class 2 (PREGNANCY)

Quiz Blue Print

Day2

Module 1 Quiz Review

Quiz 1: OVERVIEW AND FOUNDATIONS OF MATERNAL AND

NEWBORN HEALTH

CARE

Day 2 Objectives

Module 2 - Power Points

Module 2 Kahoot Lecture

Video Links and Study Material

In Class Participation

Day 2 Participation

Final Portfolio (Choose Partner)

Assignment

Mastery Level Assignment - Chapters 5-7

Remediation Ch 1-4 Quiz

Ticket to Class 3 (LABOR & BIRTH)

Module 3 Objectives

PnwPr Print~~~

Kahoot! Lecture

Videos and Extra Resource links

Study Guides

Day3

Day 3 Participation

Remediation Ch 5-7 Quiz

Day4

Day 4 Participation

Assignment

Mastery Level Assignment- Chapters 8-11

Missed Class

Chapter Work Sheet Module 4 (POSTPARTUM)

DayS

Quiz 3: LABOR & BIRTH

Module 4 Objectives

Power Points-4

In Class Participation

Day 5 Participation

Assignment

Mastery Level Assignment- Chapters 12&19

Kahoot Lectures and Videos

Remediation Ch 8-11 Quiz

Ticket to Class 5 (NEWBORN CARE)

Day6

Quiz 4: POSTPARTUM

Module 5 Objectives

Power Points-5

Kahoot Lectures and Study Guide

Newborn Study Material

In Class Participation

Day 7 Participation

Newborn In Class Activity

Assignment

Mastery Level Assignment - Chapters 13 -15

Grow a Baby Portfolio examples

Remediation Ch 12 & 19 Quiz

Ticket to Class 6 (NEWBORN AT RISK)

Day7

Day 7 Objectives

Power Points-6

In Class Participation

Day 7 Participation

Newborn at Risk in Class Activity

Congenital Defects Power Points and Kahoot study

Assignment

Mastery Level Assignment -Chapters 20-21

Remediation Ch 13-15

Newborn at Risk Make up assignment

Culture within Labor & Delivery Paper

Ticket to Class 7 (PREGNANCY AT RISK)

Day8

Day 8 Objectives

Power Points-7

Video and Activity Links

In Class Participation

Day 8 Participation

TORCH-in class

Torch Class Power Points

Assignment

Mastery Level Assignments-Chapters 16-18

Remediation Quiz 6

Resources

Ticket to Class 8 (HEALTH PROMOTION FOR NORMAL GROWTH & DEVELOPMENT

PART 1)

Day8

Day 8 Objectives

Growth and Development Portfolio Group Work Day 1

Babies In class activity

In Class Participation

Day 8 Participation

Kahoot Lectures and Videos

Assignments

Mastery Level Assignments - Chapters 22 - 24

Maternal and Child Health Programs Paper

Day9

Ticket to Class 9 (HEALTH PROMOTION FOR NORMAL GROWTH & DEVELOPMENT

PART2)

Day 9 Objectives

Growth and Development Teaching Activity

In-Class Activity American Teen

In Class Participation

Day 9 Participation

Power Points, Kahoots, & Study Material

Assignments

Mastery Level Assignments - Chapters 25-27

Remediation Module Quiz 7

Ticket to Class 10 (Foundations of Pediatric Nursing)

Day10

Objectives - Day 3

Kahoot Lectures and Study Guide

Growth and Development Portfolio Peer Evaluation

Daily Participation

Day 10 Participation

Assignments

Mastery Level Assignments - Chapters 28-31

Remediation Module 8 quiz (Ch 22-27)

Ticket to Class 11 (SPECIAL CONCERNS OF PEDIATRIC NURSING)

Day11

Objectives - Day 4

Daily Participation

Day 11 Participation

Assignments

Mastery Level Assignment - Chapter 32-34

Module 11 Kahoot

Class participation Make Up

Remediation Module 9 quiz

Day12

Setup - 0900 - 1200

Growth and Development Teaching Activity

Pediatric Skills Teaching Activity

Pediatric Education - Class Evaluation

Skills Lab 1-3 pm

Pediatric Assessments

Peds Skills day Participation

Tear Down

Peds Skills day Make Up

Day13

Objectives

Participation Day 13

Group teaching.

Mastery Level Assignment - Chapter 35-42

Remediation Foundations Quiz

Kahoot Study

Day15

Final Growth and Development Portfolio

Additional Resources for Portfolio

Growth and Development Portfolio Peer Evaluation

Mastery Level Bonus Points

Evaluation

Subject to change. Please consult your Canvas course for the most current instructions and updates.

Classroom Hours

Fall

Start: 08-15-2025

End: 12-05-2025

Friday

9:00 AM - 3:00 PM

Spring

Start: 01-09-2026

End: 05-01-2026

Friday

9:00 AM - 3:00 PM

For a full list of course hours visit: [Course Schedule](#)

Instructor Contact Information

Vicki Swasey — vswasey@stech.edu

Office Hours: By appointment

Email is the preferred method of communication; you will receive a response within 72 hours during regular business hours.

Canvas Information

Canvas is where course content, grades, and communication will reside for this course.

- Canvas URL: stech.instructure.com
 - For Canvas passwords or any other computer-related technical support contact Student Services.
 - For Regular Hours and Weekdays call (435) 586 - 2899
 - For After Hours and Weekends call (435) 865 - 3929 (Leave a message if no response)
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Policies

Course Policies

Instructor Information and Course Requirements: The instructor will be available for more individualized questions during class breaks and by appointment. Students are expected to arrive on time to class ready to learn, having completed pre-class assignments and the required reading.

Grading: A cumulative average 80% or better is expected on all course requirements. Evaluation methods will include: Tickets to class (10%), Tests and quizzes (40%), Assignments (25%), and Class participation/professional behavior (25%). If a student's grade falls below 80%, an Academic Intervention Plan will be initiated, requiring remediation for successful course completion. A cumulative test average of 80% is required to pass the course.

Remediation: Remediation, if available, must be requested within 24 hours of the original assignment/test completion.

Artificial Intelligence: The use of generative AI (ChatGPT etc.) is not banned for this course. AI may be used as a tool to assist with the generation of ideas, but it may not be used to replace student work and is not an approved source for cited information

Attendance: It is expected students will attend all scheduled classes. In the event of an absence, the student is responsible for content discussed in class. Habitual tardiness or absences will be handled on a case by case basis.

Cell Phone / Electronics: See Practical Nursing Orientation Guide.

Industry Environment: The environment is a classroom setting with varied methods of instruction. Group projects and presentations are part of the curriculum. Laptop computers are required to access the electronic library and a host of other learning modalities. The majority of the time spent in the classroom will be sitting, with scheduled breaks as the lesson plan allows.

Attendance: Didactic Class

The didactic curriculum will be covered over two semesters. Students who are not in class will be unable to learn and miss needed information; therefore, attendance is mandatory. If an absence is unavoidable, the student must notify the instructor prior to the absence when possible. An absence is defined as more than 15 minutes of missed class time, regardless of whether missed time occurs at the beginning, middle, or end of a scheduled class. Following the second absence, each subsequent absence will result in a 5% reduction in the student's overall theory grade. Breaks will be provided at specified intervals throughout the class sessions to attend to personal needs. Mobile phones and other electronic devices must remain in silent mode throughout the duration of the class. Please do not disrupt the class by receiving calls, being paged, or leaving inappropriately. Excessive text messaging/social media during class will not be tolerated. Use of the technologies, as mentioned above, during class will result in students being asked to leave for the remainder of the class with an absence recorded on their attendance record. Should any specific issues arise, students should discuss them with the instructor.

Punctuality: Didactic Class

Arriving late, leaving early, or frequently exiting the classroom during class disrupts the instructor and classmates. In order to mirror professional workplace standards, punctuality will be tracked. Tardiness is defined as missing 1 to 14 minutes of class time after the class has started. The determination of tardiness will be made at the discretion of the faculty.

Habitual tardiness in the didactic setting will prompt the implementation of an academic intervention plan, which will be structured according to the following scale:

- 2 tardies/course = verbal warning, each subsequent tardy will result in a 2% reduction in the student's overall theory grade.
- 3 tardies/course = academic intervention plan and a 2% deduction to their overall grade
- 5 tardies/course = dismissal from program

Students who are late or absent on the day of an exam will be required to take the examination within a 24-hour window. Failure to do so within this timeframe will result in a 5% deduction per day, up to a maximum of 7 days, with no opportunity for remediation.

Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online: 1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: cestes@stech.edu, (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: ctracy@stech.edu, (435) 865-3944.

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