

## PN 1021 - Fundamental Nursing Skills and Concepts (4 Credits)

### Course Description

Fundamental Nursing Skills and Concepts offers a thorough introduction to the fundamental skills required of the 21st century nurse. You will focus on the development of a myriad of basic nursing skills, including the cornerstone of nursing - physical assessment. You will practice skills ranging from basic (bedmaking, hygiene, skincare, etc.) through complex (airway management, oxygenation, fluid, and chemical balance). When you have completed this course, you will be able to employ skills taught within this course that are essential to the success of any entry-level nurse.

### Course Objectives

- Summarize care delivery based on a client's culture, preferences, and beliefs (EPSLO # 1, 2, 3, 4, 5).
- Define the professional accountability and responsibility of the LPN as a member of the health care team (EPSLO # 1, 2, 3, 4, 5).
- Explain evidence-based practice in the care of selected individuals, families, and communities to promote and maintain health (EPSLO # 1, 2, 3, 4, 5).
- Outline methods of continuous quality improvement to maintain current nursing practice (EPSLO # 1, 2, 3, 4, 5).
- Explain how the skills of effective communication techniques are used to collaborate and provide safe client care (EPSLO # 1, 2, 3, 4, 5).
- Discuss how the use of an electronic health record assists in providing optimal client care (EPSLO # 1, 2, 3, 4, 5).

### Course Outline

- Orientation
- Exploratory Contemporary Nursing
- Integrating Basic Concepts
- Communication and Infection Control
- Physical Assessment and Safety
- Assisting with Basic Needs
- Assisting the Inactive Client
- The Surgical Client
- Promoting Elimination
- Medication Administration
- Intervening in Emergency Situations
- Caring for the Terminally Ill
- Fundamentals Nursing Final

### Textbook & Reading Materials

Lippincott course Point for Nursing Concepts-LPN/LVN, Lippincott Williams & Wilkins, ISBN: 9781496362995  
vSim for Fundamentals, Lippincott Williams & Wilkins, ISBN: 9781469894188  
NCLEX-Passpoint, Lippincott Williams & Wilkins, ISBN: 9781496309327  
CoursePoint for Henke's Med-Math, 10e, Susan Buchholz, ISBN: 9781975200206

## Assignments and Assessments

Orientation  
Orientation Acknowledgement  
Agenda for Fundamentals  
Nursing Student Policy & Orientation Guide.pdf  
Syllabus Agreement  
PrepU Class Sign Up  
Assignments  
Mastery Quiz Chapter 1  
Mastery Quiz Chapter 2  
My Entry into Practical Nursing  
Videos  
Nursing Care Plan Video Explanation  
Subjective vs Objective  
Powerpoints  
Fundamentals Chapter 1.pptx  
Fundamentals Chapter 2.pptx  
Participation  
Participation Day 1  
Participation Day 2  
Nursing Care Plan  
Nursing Diagnosis Nurse Labs  
NANDA List examples  
2023 Nurse Together Nursing Diagnosis  
NANDA Nursing Diagnoses 21-23 Sample  
Quiz 1 Chapters 1 & 2 In Class  
Chapter 3 Interactive Case Study-AT HOME  
Measures and Records Blood Pressure  
Bed Bath  
Cleans Upper and Lower Dentures  
Mouth Care  
Perineal Care  
Foot Care  
Dresses Resident  
Feeds a Dependent Resident  
Making occupied bed  
End of Course Survey  
Participation Day 4  
Test  
Test 1 Study Guide.docx  
Chapter 3  
Chapter 4  
Chapter 5  
Ethical Dilemma Final  
Nursing School Ethics Example  
Test 1  
Holism Ted Talk 13  
Holism Ted Talk  
Ticket to class Chapters 7,8,9,10 & 22  
Assignments  
Mastery Quiz Chapter 7  
Mastery Quiz Chapter 8  
Mastery Quiz Chapter 9  
Mastery Quiz Chapter 10  
Mastery Quiz Chapter 22  
Powerpoint  
Chapter 7 Fundies.pptx  
Chapter 8 Fundies.pptx  
Chapter 9 Fundies.pptx  
Chapter 10 fundies.pptx  
Chapter 22 Fundies.pptx  
Videos  
Handwashing  
Surgical Scrub  
CDC Handwashing  
PPE Sequence B  
Participation  
Participation Day 5  
Participation Day 6  
Test  
Test 2 Study Guide.docx  
Precaution Handouts  
Chapter 12  
Abbreviations Worksheet  
Barriers to a Nurse Client Relationship.docx  
Chapter 9 Charting Powerpoint.pptx  
Precautions powerpoint.pdf  
Test 2 Chapters 7,8,9,10 & 22  
Assignments  
Ticket to Class Chapters 12 & 13  
Ticket to Class Chapters 11, 14, 15 & 16  
Mastery Quiz Chapter 12  
Mastery Quiz Chapter 13  
Mastery Quiz Chapter 11  
Mastery Quiz Chapter 14  
Mastery Quiz Chapter 15  
Mastery Quiz Chapter 16  
Powerpoint  
Chapter 11 powerpoint.pptx  
Chapter 12 Fundies.pptx  
Chapter 13 Fundies.pptx  
Chapter 19 Fundies.pptx  
Chapter 14 Powerpoint.pptx  
Participation  
Participation Day 7  
Participation Day 8  
Participation Day 9  
Videos  
Korotkoff sounds  
Radial-Apical Pulse  
Lub Dub  
Understanding Blood Pressure  
How to Measure Blood Pressure Manually  
How to Take a Temperature  
Eye Assessment  
Pupillary Responses  
Weber and Rinne Test

Infant Temperature  
Blood Glucose  
EKG Placement  
Isotonic, Hypotonic, Hypertonic IV Solutions  
Blood Type  
Venipuncture  
Parenteral Nutrition  
Blood Transfusion Procedure  
Test  
Chapter 12 In Class  
Chapter 13 In Class  
swt assessment.docx  
Pain Assessment Powerpoint Slids 13  
Physical Assessment assignment  
Chapter 11 assignment  
Chapter 14 assignment  
Chapter 12  
Pain Assessment  
Chapter 16 Powerpoint.pptx  
Chapter 15 Powerpoint.pptx  
Nutrition Assignment  
Nurse crushed by accident with MRI machine 13  
What happens during an MRI examination? 13  
Pap smear and speculum examinations 13  
In Class- Chapter 12 & 13 Quiz  
Chapter 11-16 Official Study Guide.docx  
In Class Test 3 11-16  
Head to looe Assessment.docx.pdf  
In Class Chapter 11 Critical Thinking Activity  
Ticket to Class Chapters 17-21  
Assignments  
Mastery Quiz Chapter 17  
Mastery Quiz Chapter 18  
Mastery Quiz Chapter 19  
Mastery Quiz Chapter 20  
Mastery Quiz Chapter 21  
Powerpoint  
Chapter 17 Powerpoint.pptx  
Chapter 18 Powerpoint.pptx  
Chapter19.powerpoint  
Chapter 20 Powerpoint.pptx  
Chapter 21 Powerpoint.pptx  
Videos  
Integumentary Overview  
REM and NREM Sleep  
Introduction to Pain  
Managing Surgical Pain  
Oxygen Devices  
Mechanism of Breathing  
How to take an Arterial Blood Gas  
Incentive Spirometer Use  
Pursed Lip Breathing  
Participation  
Participation Day 10

Participation Day 11  
Test 4 Group Test  
Knowledge Check  
Essay Question Test 3  
Shaving and oral hygiene.pdf  
Process of Pain.pdf  
theories of pain.pdf  
Oxygenation.pdf  
Oxygenation PP Chapter 21 13  
Shaving PP Chapter 17 13  
Process of Pain PP Chapter 20 13  
Test 4: Chapters 17-21  
Test 4: Chapters 15-21  
Case Study & End of Chapter questions Chapter 17  
Case Study & End of Chapter questions Chapter 18  
Falls Risk Assessment Tool  
Ticket to Class Chapter 23-26  
Powerpoint  
Chapter 23 powerpoint.pptx  
Chapter 24 Powerpoint.pptx  
Chapter 25 Powerpoint.pptx  
Chapter 26 powerpoint.pptx  
Assignments  
Mastery Quiz Chapter 23  
Mastery Quiz Chapter 24  
Mastery Quiz Chapter 25  
Mastery Quiz Chapter 26  
Participation  
Videos  
Splinting  
Compartment Syndrome  
Nursing Cast Care  
Bucks Traction  
Life with an External Fixator  
CPM  
Flexion and Extension  
Supination vs pronation  
Dorsiflexion and plantar flexion  
Pin site care 13  
How to put on a below knee prosthesis with one-way valve  
and knee sleeve? 13  
Walking With a Prosthetic Limb - Prosthetic Step Training 13  
Test  
Chapter 24 Quiz  
Care Plan  
Participation Day 12  
Care Plan Peer Review Rubric  
Participation Day 13  
Test 5: Chapters 23-26- Requires Respondus LockDown  
Browser  
Ticket to Class Chapters 27-31  
Assignments  
Mastery Quiz Chapter 27  
Mastery Quiz Chapter 28

Mastery Quiz Chapter 29	Chapter34.pptx
Powerpoint	Chapter35.pptx
Chapter 27 Powerpoint.pptx	Participation Day 17
Chapter 28 Wound Care.pptx	Participation Day 18
Chapter 29 Gastrointestinal Intubation.pptx	Insulin Mixing 13
Videos	Chapter 27,28, 32-34 Exam- Requires Respondus LockDown Browser
Preoperative Checklist	Medication Administration Group Assignment
Wound Care	Study Guide Chapters 27,28, 33, 34, & 34.docx
Preoperative Nursing Care	Test 7- Chapters 27, 28, 32-34 March 10th- Requires Respondus LockDown Browser
Postoperative Nursing Care	Mastery Quiz Chapter 36
Wound Care Clinical Skills	Mastery Quiz Chapter 37
Int raoper.ative Nursing Care	Chapter37.pptx
Fecal Occult Blood Test	Chapter36.pptx
NG Insertion	Participation Day 19
Participation	Participation Day 20
Participation Day 14	Trach care 13
Case Study Chapter 29	Test 7- Chapters 27, 28, 32-34 March 10th- Requires Respondus LockDown Browser
Wound Care: In Class Assignment	Airway Management 13
Chapter 27 In Class Pre-operative Assignment	Tracheostomy Care- Lippincott 13
Mastery Quiz Chapter 30	Test 7- Chapters 32-34, 36-37- Reql!lres Respondus LockDown Browser
Mastery Quiz Chapter 31	Ticket to Class Chapters 36 & 37
Provides Catheter Care for Female Resident	Participation Day 21
Assists w,ith Use of Bedpan	Participation Day 22
Measures and Records Urinary Out put	Mastery Quiz Chapter 38
Live Colonoscopy	Chapter38.pptx
Fecal Occult Blood Testing	A Good Death: The inside story of hospice
Ostomy Bag Change	When There is No Cure, Death Offers Cont rol & Comfort
Chapter 30 powerpoint.pptx	Ted Talk Dying with Dignity: The Importance of Choice at End of Life Care
Chapter 31 Powerpoint.pptx	Test 8 - Requires Respondus LockDown Browser
Purewick	Ticket to Class Chapter 38
Kegal Exercises	Final Exam- Requires Respondus LockDown Browser
Female Catheter Insertion	Final Exam- Requires Respondus LockDown Browser
Soup Suds Enema	Beginning and Ending Steps for Skills
Male Catheter insertion	Hand Washing
Enema/Suppository	Weight of Ambulatory Resident
Participation Day 16	Positions on Side
Chapter 30 CAUTI Assignment - Signature Assignment	Transfers from Bed to WC Using Transfer Belt Pivoting to Wh
Test 6 group	Transfers from Bed to Wheelchair Using Transfer Belt
Perform Skin Prep for Surgery	Assists to Ambulate Using Gait Belt
Urinary Incontinence Activity: Matching -In Class Activity	Applies One Knee-High Elastic Stock ing
Test6	Performs Passive Range of Motion Exercises
Test Chapters 23-26, 29-31 Study Guide.docx	Radial Pulse
Test: Chapters 23-26, 29-31	Respirations
Test Chapters 23-26, 29-31 Study Guide-2.docx	Measures and Records Blood Pressure
Chapter 23-26, 29-31 Exam- Requires Respondus LockDown Browser	Bed Bath
Chapter 23-26, 29-31 Remediation Exam- Requires Respondus LockDown Browser	Cleans Upper and Lower Dentures
Ticket to Class Chapters 32-34	Mouth Care
Mastery Quiz Chapter 32	Perinea! Care
Mastery Quiz Chapter 33	Foot Care
Mastery Quiz Chapter 34	
Chapter32.pptx	
Chapter33.pptx	

Dresses Resident  
Feeds a Dependent Resident  
Making occupied bed  
End of Course Survey

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*Subject to change. Please consult your Canvas course for the most current instructions and updates.*

## Classroom Hours

Start: 08-11-2025

End: 10-28-2025

Mo, Tu

9:00 AM - 2:30 PM

For a full list of course hours visit: [Course Schedule](#)

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## Instructor Contact Information

Kylee McBride — [kmcbride@stech.edu](mailto:kmcbride@stech.edu)

Office Hours: By appointment

Email is the preferred method of communication; you will receive a response within 72 hours during regular business hours.

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## Canvas Information

Canvas is the where course content, grades, and communication will reside for this course.

- [stech.instructure.com](https://stech.instructure.com)
  - For Canvas passwords or any other computer-related technical support contact Student Services.
  - For regular Hours and Weekdays call (435) 586 - 2899.
  - For after Hours & Weekends call (435) 865 - 3929 (Leave a message if no response).
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## Course Policies

See Student Policy and Orientation Manual

## Additional Information

InformaCast Statement: Southwest Tech uses InformaCast to ensure the safety and well-being of our students. In times of emergency, such as weather closures and delays, this app allows us to promptly deliver notifications directly to your mobile devices. To stay informed and receive real-time updates, we encourage all students to sign up for notifications. Your safety is our priority, and staying connected ensures a swift response to any unforeseen circumstances. More information and directions for signing up are available at: <https://stech.edu/emergency-notifications/>

Internet Acceptable Use Policy: The student is expected to review and follow the Southwest Technical College Internet Safety Policy at: <https://stech.edu/students/policies/>

Student Code of Conduct Policy: The student is expected to review and follow the Southwest Technical College Student Code of Conduct Policy at: <https://stech.edu/students/policies/>

Accommodations: Students with medical, psychological, learning, or other disabilities desiring accommodations or services under ADA, must contact the Student Services Office. Student Services determines eligibility for and authorizes the provision of these accommodations and services. Students must voluntarily disclose that they have a disability, request an accommodation, and provide documentation of their disability. Students with disabilities may apply for accommodations, based on an eligible disability, through the Student Services office located at 757 W. 800 S., Cedar City, UT 84720, and by phone at (435) 586-2899. No diagnostic services are currently available through Southwest Technical College.

Safety and Building Maintenance: The College has developed and follows a variety of plans to ensure the safe and effective operation of its facilities and programs. The following plans are available online:

1) Facilities Operations and Maintenance Plan; 2) Technical Infrastructure Plan; and 3) Health and Safety Plan.

Withdrawals and Refunds: Please refer to the Southwest Technical College Refund Policy at: <https://stech.edu/students/policies/>

Any high school or adult student, who declares a technical training objective is eligible for admission at Southwest Technical College (Southwest Tech). Program-specific admissions requirements may exist and will be listed on the Southwest Tech website. A high school diploma or equivalent is not required for admission but is mandatory for students seeking Title IV Federal Financial Aid.

Non-Discriminatory Policy: Southwest Technical College affirms its commitment to promote the goals of fairness and equity in all aspects of the educational enterprise, and bases its policies on the idea of global human dignity.

Southwest Tech is committed to a policy of nondiscrimination. No otherwise qualified person may be excluded from participation in or be subjected to discrimination in any course, program or activity because of race, age, color, religion, sex, pregnancy, national origin or disability. Southwest Technical College does not discriminate on the basis of sex in the education programs or activities that it operates, as required by Title IX and 34 CFR part 106. The requirement not to discriminate in education programs or activities extends to admission and employment. Inquiries about Title IX and its regulations to STECH may be referred to the Title IX Coordinator, to the Department of Education, and/or to the Office for Civil rights.

If you believe you have experienced discrimination or harassment on our campus, please contact the Title IX Coordinator, Cory Estes: [cestes@stech.edu](mailto:cestes@stech.edu), (435) 865-3938.

For special accommodations, please contact the ADA Coordinator, Cyndie Tracy: [ctracy@stech.edu](mailto:ctracy@stech.edu), (435) 865-3944.

Southwest Technical College

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