

Dr. Paul's Ultimate Herbal List

1. Golden Seal Root
2. Mullein Leaf
3. Osha Root
4. Usnea
5. Olive Leaf
6. Ashwaganda
7. Astragalus
8. Black Elderberry(Sambucus) syrup
9. Old Indian Wild Cherry Bark syrup
10. Chaparral
11. Black Seed Bitters Tonic/Oil
12. Neem
13. Moringa
14. Wood Root Tonic
15. Vitamin C
16. Thuja
17. L-Lysine
18. Lemon Balm
19. Fennel
20. Basil
21. Sage
22. Licorice
23. Rosemary
24. Peppermint
25. Echinacea
26. Ginger
27. Ginseng
28. Dandelion
29. Sea Moss
30. Oregano
31. Turmeric
32. Dr. Paul's (NGB) Green drink

Thieves Oil Formula

- Clove Bud essential oil- 40 drops
- Lemon Balm essential oil- 35 drops
- Cinnamon essential oil bark/leaf- 20 drops
- Eucalyptus essential oil -15 drops
- Rosemary essential oil- 10 drops

Very important – place in 2oz spray bottle of good water. Spring water bottled at the source. No purified, filtered, reverse osmosis, or distilled waters. Spray over contact areas of hands, body and clothes. Remember this is essential oils and is the highest form of energy from the plant so go gently and test on skin surface first.

If you find you put too much on the skin and it heats up, just take a cool wet cloth and apply to skin. Please share with your family and friends. Essential oils have properties Antibacterial, Antiviral, Antifungal, Antiseptic, and Anti parasitic. It is also excellent for clearing the lungs as an aromatherapy.

Dr. Paul's Herbal Formulas *"Food For Your Soul"*

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*Not intended to diagnosis, treat, cure, or prevent and disease just
"Food For Your Soul"