

SALADS & GRAIN BOWLS

GLUTEN-FREE AVAILABLE
Sous-Vide All Natural Chicken and Grass-Fed Steak



Supergreen Goddess Salad

Super Greens, All Natural Sous-Vide Chicken, Egg, Avocado, Radish, Cucumber, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

Mighty Med Salad

Super Greens, Grass-Fed Sous-Vide Steak, Egg, Grape Tomatoes, Cucumber, Pickled Red Onion, Lemon Tahini Vinaigrette, Feta Cheese, Mint, Superseed Crunch

Green Glow Bowl

Super Greens, All Natural Sous-Vide Chicken, Grains, Avocado, Cucumber, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

Power Pesto Chicken Bowl

Super Greens, All Natural Sous-Vide Chicken, Grains, Grape Tomatoes, Cucumber, Pickled Red Onion, Basil Pesto, Lemon Tahini Vinaigrette, Feta Cheese, Sunflower Seeds

Chimichurri Steak and Roasted Potato Bowl

Super Greens, Grass-Fed Sous-Vide Steak, Grains, Roasted Potato, Roasted Tomato, Radish, Chimichurri, Lemon Tahini Vinaigrette, Pepitas

Hummus with Veggies

Hummus with Celery and Carrots



WRAPS, TOASTS & PANINI

GLUTEN-FREE AVAILABLE
Sous-Vide All Natural Chicken and Grass-Fed Steak

Vitality Wrap

Tomato Basil Tortilla, Hummus, Avocado, Super Greens, Grains, Roasted Potato, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Garlic Aioli, Superseed Crunch **(Add All Natural Sous-Vide)**



Chimichurri Steak Wrap

Tomato Basil Tortilla, Grass-Fed Sous-Vide Steak, Super Greens, Grains, Roasted Tomato, Chimichurri, Garlic Aioli, Sunflower Seeds

Morning Glory Wrap

3 Scrambled Eggs, Roasted Potatoes, Roasted Tomatoes, Seasoned Avocado, Mozzarella Cheese, Pickled Red Onions, Tomato and Basil Tortilla

Power Panini

All Natural Sous-Vide Chicken or Veggie (Veggie includes Avocado), Pesto, Dijon, Roasted Tomato, Super Greens, Mozzarella on Telera Roll



Superseed Avocado Toast

Whole Grain Toast, Avocado, Grape Tomatoes, Feta Cheese, Superseed Crunch, Sea Salt

Wholesome Hummus Toast

Whole Grain Toast, Hummus, Cucumber, Lemon Tahini Vinaigrette, Feta Cheese, Pepitas

PB & Chia Jam Toast

Whole Grain Toast, Peanut Butter, Banana, Strawberry Jam, Chia Seeds, Organic Gluten-Free Granola

FRESH JUICE BAR



The Invigorator

Orange, Kale, Carrot, Apple

The Rehydrator

Kale, Pineapple, Mint, Apple, Coconut Water

The Vitality

Carrot, Apple, Celery, Kale

The Detoxifier

Ginger, Lemon, Cucumber, Coconut

The Rejuvenator

Carrot, Apple, Cucumber, Beet

The Intensifier

Ginger, Beet, Lemon, Celery, Apple



COLD-PRESSED BOTTLED JUICES, SHOTS & SMOOTHIES

Berry Limeade

Water, Lime Juice, Raw Agave, Strawberries, Blueberries

Green Me Up

Fuji Apple, Cucumber, Celery, Romaine, Spinach, Kale, Lemon

C Me Up

Carrot, Orange, Lemon, Ginger

Mango Maca Smoothie

Mango, Fuji Apple Juice, Orange Juice, Carrot, Maca Powder

Vitality Blast Smoothie

Fuji Apple Juice, Mango, Orange Juice, Banana, Spinach, Kale, Moringa

Turmeric Immunity Shot

Orange Juice, Turmeric Juice, Lemon Juice, Black Pepper

Ginger Energy Shot

Pineapple Juice, Ginger Root, Lime Juice, Cayenne Pepper

KIDS MENU



Kids Bowl

BASE: Organic Açaí, Banana, Strawberries, VB Blend**
TOPPINGS: Organic Gluten-Free Granola, Banana, Strawberries

Kids Sunsation Smoothie

Organic Açaí, Strawberries, Banana, Apple Juice

Kids PB & J

Whole Grain Bread, Peanut Butter, Strawberry Jam

Kids Grilled Cheese

Mozzarella, Telera Roll



Side of Fruit

Banana, Strawberries, Pineapple

AÇAÍ BOWLS

GLUTEN-FREE AVAILABLE



Signature Bowls

Superfood Bowl

BASE: Organic Açaí, Graviola*, Pitaya, Banana, Strawberries, Kale, VB Blend**, Almond Milk **TOPPINGS:** Organic Gluten-Free Granola, Banana, Blueberries, Organic Goji Berries, Organic Cacao Nibs, Honey

Warrior Bowl®

BASE: Organic Açaí, Banana, Blueberries, Raspberries, Organic Flax Seeds, Spinach, Multi-Vitamin Boost, VB Blend**, Almond Milk **TOPPINGS:** Organic Gluten-Free Granola, Banana, Strawberries, Almonds, Organic Goji Berries, Honey

Vitality Bowl®

BASE: Organic Açaí, Banana, Strawberries, VB Blend** **TOPPINGS:** Organic Gluten-Free Granola, Banana, Strawberries, Organic Goji Berries, Honey

Tropical Bowl

BASE: Organic Açaí, Banana, Mango, Pineapple, Organic Flax Seeds, Coconut Milk, Apple Juice **TOPPINGS:** Organic Gluten-Free Granola, Banana, Strawberries, Coconut Shavings, Honey

Dragon Bowl

BASE: Pitaya, Banana, Pineapple, Raspberries, Immunity Boost, Coconut Milk, Mango Peach Juice **TOPPINGS:** Strawberries, Kiwi, Almonds, Organic Goji Berries, Bee Pollen, Honey

Nutty Bowl

BASE: Organic Açaí, Banana, Strawberries, VB Blend**, Peanut Butter **TOPPINGS:** Organic Gluten-Free Granola, Banana, Almonds, Honey

CREATE YOUR OWN BOWL

Includes Granola and Honey plus 3 additional toppings of your choice.

1. CHOOSE YOUR SIZE

Small

Pick up to 2 bases

Medium

Pick up to 3 bases

Large

Pick up to 4 bases

2. PICK YOUR BASE

Organic Coconut Blend 140 cal

Organic Coconut, Organic Coconut Milk

Guava and Organic

Acerola Blend 120 cal

Organic Acerola, Pink Guava

Blue Bliss Blend 130 cal

Pineapple, Coconut, Mango, Blue Spirulina

Vitality Bowl Blend 76 cal

Organic Açaí, Banana, Strawberries, VB Blend**

Nutty Blend 123 cal

Organic Açaí, Peanut Butter, Banana, Strawberries, VB Blend

Cacao Chocolate Blend 140 cal

Cacao

House-made Chia Seed Pudding 74 cal

Chia Seeds, Almond Milk, Honey

*Calories reflect 1 base portion
Bases cannot be modified
Base blends are dairy free*

3. PICK YOUR TOPPINGS

Each bowl includes Organic Gluten-Free Granola, Honey and any 3 toppings you choose.

Almond Butter 100 cal • **Bee Pollen** 5 cal • **Cacao Nibs** 14 cal • **Chia Seeds** 34 cal • **Coconut Chips** 55 cal
Fresh Banana 63-141 cal • **Fresh Blueberries** 10 cal • **Fresh Kiwi** 42 cal • **Fresh Pineapple** 47 cal
Fresh Strawberries 13 cal • **Goji Berries** 11 cal • **Ground Flax Seeds** 35 cal • **Hemp Seeds** 11 cal
Honey 40 cal • **Mulberries** 12 cal • **Organic Gluten-Free Granola** 51-200 cal • **Peanut Butter** 86cal
Semisweet Chocolate Chips 70 cal • **Sliced Almonds** 32 cal *Add additional toppings at an extra cost*

100%
DELICIOUS & NUTRITIOUS

OUR SIGNATURE BOWLS AND SMOOTHIES ARE MADE WITH THE
PUREST INGREDIENTS
AVAILABLE
NO FILLERS SUCH AS ICE OR FROZEN YOGURT
GLUTEN-FREE AVAILABLE



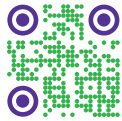
Contact us for catering questions and orders:
1-866-VB-FOODS (1-866-823-6637)

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SMOOTHIES

GLUTEN-FREE AVAILABLE
No Fillers Such as Ice or Frozen Yogurt



Pina Colada

Organic Coconut Blend with Banana, Mango, Pineapple, Mango Peach Juice, Coconut Milk

Purple Passion

Pineapple, Coconut, Mango and Blue Spirulina Blend with Banana, Pitaya, Apple Juice

Groovy Guava

Guava and Organic Acerola Blend with Banana, Strawberries, Mango Peach Juice

Power Protein

Organic Açaí, Banana, Strawberries, Kale, Whey Protein, Organic Spirulina, Organic Guarana, VB Blend**, Almond Milk

Matcha Madness

Organic Açaí, Banana, Kale, Dates, Almond Butter, Organic Matcha, Organic Hemp Seeds, Almond Milk

Açaí Elixir

Organic Açaí, Banana, Strawberries, VB Blend**

Tropical Paradise

Organic Açaí, Banana, Strawberries, Pineapple, Coconut Milk, Mango Peach Juice

The Dragon

Pitaya, Strawberries, Raspberries, Mango, Mango Peach Juice

Chocolate Crush

Cacao Chocolate Blend, Banana, Strawberries, Almond Butter, Almond Milk

Go Green

Graviola*, Banana, Spinach, Kale, Dates, Mint, Organic Spirulina, Almond Milk

Coffee Crunch

Organic Açaí, Banana, Cold Brew Coffee, Date Paste, Honey, Organic Cacao Nibs, Whey Protein, Almond Milk



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. While we take great care in providing a safe kitchen for allergies and food sensitivities, our products may contain milk, soy, tree nuts, peanuts and wheat. Need it gluten-free? Just ask.

*Graviola is not recommended for pregnant women. **VB Blend: Our own superfood blend made from some of the world's leading superfoods including Organic Mangosteen, Organic Aronia Berry, Organic Camu Camu, Organic Moringa, Organic Açaí, Blueberry, Pomegranate, and Strawberry.